

Harry Lagerts Nattcup 2015														DNS		Antall løpere før final				A		52					
Sammenlagt -> Startliste Finale														Løypelegger				B		79							
Tidene for løp 1-2-3 er 'offisielle tider' inkl bonus-sekunder														Finner du feil ? Meld fra !				C		189							
														Sum		320		Etter alle innledende løp :									
Sammenlagt														16.9		23.9		30.9		7.10		14.10		Sum		Sum	
A Legendar - 15 km														Prolog		Løp 1		B.løp		Løp 2		Løp 3		1+2+3-P-B		Sum	
Kl	#	Navn	Klubb	Bonus	Bak	Bonus	Bonus	Bak	Bonus	Bak	Bak	Bak	Bak	Bak	Bak	Bak											
<b>BESTETID</b>				<b>0:29:39</b>		<b>0:22:31</b>		<b>0:29:31</b>		<b>0:23:11</b>		<b>0:23:16</b>		<b>1:09:40</b>													
A	1	Anders Nordberg	Nydalens SK	0:29:39	00:30	0:22:31	00:00	0:29:31	00:30	0:23:11	00:00	0:24:58	01:42	1:09:40	00:00												
A	2	Elias T. Mølnvik	Fossum IF	0:29:54	00:30	0:24:40	02:09			0:25:34	02:23	0:24:30	01:14	1:14:14	04:34												
A	3	Sigve Vågsnes	Oppsal Orientering			0:27:31	05:00			0:28:11	05:00	0:23:16	00:00	1:18:58	09:18												
A	4	Espen Jakobsen	IL Tryvning	0:31:50	00:30	0:25:19	02:48	0:42:17	00:30	0:27:41	04:30	0:27:16	04:00	1:19:16	09:36												
A	5	Borger Melsom	Fossum IF	0:35:24	00:30	0:27:31	05:00	0:29:37	00:30	0:24:41	01:30	0:28:16	05:00	1:19:28	09:48												
A	6	Sindre Sandven	Fossum IF	0:29:48	00:30	0:24:03	01:32	0:32:24	00:30	0:28:11	05:00	0:28:16	05:00	1:19:30	09:50												
A	7	Henrik Eijšink	Nydalens SK	0:30:34	00:30	0:26:31	04:00	0:40:00	00:30	0:27:11	04:00	0:27:16	04:00	1:19:58	10:18												
A	8	Anders Vister	Nydalens SK	0:30:00	00:30	0:25:48	03:17	0:36:00	00:30	0:27:11	04:00	0:28:16	05:00	1:20:15	10:35												
A	9	Eirik Langedal Breivik	Nydalens SK	0:29:42	00:30	0:26:31	04:00			0:27:11	04:00	0:27:16	04:00	1:20:28	10:48												
A		Esten Koren	Nydalens SK			0:26:31	04:00			0:27:11	04:00	0:27:16	04:00	1:20:58	11:18												
A		Olav Johannes Deelstra	NTNU	0:34:38	00:30	0:26:31	04:00	0:46:49	00:30	0:28:11	05:00	0:27:16	04:00	1:20:58	11:18												
A		Rune Rystad	Nydalens SK			0:27:31	05:00			0:27:11	04:00	0:26:16	03:00	1:20:58	11:18												
A		Øystein Sørensen	Nydalens SK	0:32:15	00:30	0:25:02	02:31			0:28:11	05:00	0:28:16	05:00	1:20:59	11:19												
A		Anders Storbråten	IFK Lidingö SOK			0:26:31	04:00			0:27:41	04:30	0:27:16	04:00	1:21:28	11:48												
A		Markus Glad	NTNU	0:53:10	00:30	0:26:31	04:00			0:28:11	05:00	0:27:16	04:00	1:21:28	11:48												
A		Mikael Olausson	Oslostudentenes IK			0:27:31	05:00	0:45:41	00:30	0:27:11	04:00	0:27:16	04:00	1:21:28	11:48												
A		Sigurd Melsom	Fossum IF			0:27:01	04:30			0:27:11	04:00	0:27:16	04:00	1:21:28	11:48												
A		Vegard Gulbrandsen	Asker Skiklubb	0:29:46	00:30	0:26:31	04:00			0:28:11	05:00	0:27:16	04:00	1:21:28	11:48												
A		Halvor Saunes	Nydalens SK			0:27:31	05:00			0:27:11	04:00	0:27:16	04:00	1:21:58	12:18												
A		Niklas Norman	Heming Orientering			0:27:31	05:00			0:27:11	04:00	0:27:16	04:00	1:21:58	12:18												
A		Sondre Gullord	Nydalens SK			0:27:31	05:00			0:27:11	04:00	0:27:16	04:00	1:21:58	12:18												
A		Vegard Line	Oslostudentenes IK			0:27:31	05:00			0:27:11	04:00	0:27:16	04:00	1:21:58	12:18												
A		Ola Marius Pedersen	Oppsal Orientering	0:32:14	00:30	0:27:31	05:00			0:28:11	05:00	0:26:56	03:40	1:22:08	12:28												
A		Bojan Blumenstein	Nydalens SK	0:29:40	00:30	0:27:31	05:00			0:28:11	05:00	0:27:16	04:00	1:22:28	12:48												
A		Simen A Bjøringsøy	Nydalens SK			0:27:31	05:00	0:49:53	00:30	0:28:11	05:00	0:27:16	04:00	1:22:28	12:48												
A		Jostein Andersen	Nydalens SK			0:26:31	04:00	0:37:31	00:30	0:28:11	05:00	0:28:16	05:00	1:22:28	12:48												
A		Per Wiréhn	Asker Skiklubb			0:26:31	04:00	0:39:48	00:30	0:28:11	05:00	0:28:16	05:00	1:22:28	12:48												
A		Vegard Brun Saga	IL Tryvning	0:29:44	00:30	0:26:31	04:00			0:28:11	05:00	0:28:16	05:00	1:22:28	12:48												
A		Dag Aalvik	Nydalens SK			0:27:31	05:00			0:27:01	03:50	0:28:16	05:00	1:22:48	13:08												
A		Eirik Watterdal	Bækkelagets SK			0:27:31	05:00			0:28:11	05:00	0:27:06	03:50	1:22:48	13:08												
A		Felix Breitschädel	Bækkelagets SK			0:27:31	05:00			0:28:11	05:00	0:27:16	04:00	1:22:58	13:18												
A		Helge Tøvsli	NOTEAM			0:27:31	05:00			0:28:11	05:00	0:27:16	04:00	1:22:58	13:18												
A		Jo Forseth Indgaard	Frol IL			0:27:31	05:00			0:28:11	05:00	0:27:16	04:00	1:22:58	13:18												
A		Dana B. Stene	Nydalens SK			0:27:31	05:00			0:27:11	04:00	0:28:16	05:00	1:22:58	13:18												
A		Egil Johansen	OK Sør			0:27:31	05:00			0:27:11	04:00	0:28:16	05:00	1:22:58	13:18												
A		Eirik Jansson Haverstad	Nydalens SK			0:26:31	04:00			0:28:11	05:00	0:28:16	05:00	1:22:58	13:18												
A		Nora Woxholt	Asker Skiklubb			0:26:31	04:00			0:28:11	05:00	0:28:16	05:00	1:22:58	13:18												
A		Stian Bergersen	IL Tryvning			0:26:31	04:00			0:28:11	05:00	0:28:16	05:00	1:22:58	13:18												
A		Thomas Nipen	Nydalens SK			0:27:31	05:00			0:27:11	04:00	0:28:16	05:00	1:22:58	13:18												
A		Bjørn Grinde	Oslostudentenes IK			0:27:31	05:00	01:10:58	00:30	0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Dag Blandkjenn	Kristiansand OK	0:29:57	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Eduard Gulzian	Fossum IF			0:27:31	05:00			0:28:11	05:00	0:27:46	04:30	1:23:28	13:48												
A		Fredrik Rosenberg	Nittedal OL			0:27:31	05:00			0:28:11	05:00	0:27:46	04:30	1:23:28	13:48												
A		Håvard Haga	Nydalens SK	0:30:39	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Håvard Myhre	Kongsberg OL			0:27:31	05:00			0:28:11	05:00	0:27:46	04:30	1:23:28	13:48												
A		Knut Aasheim	Oppsal Orientering	0:35:33	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Magnus Svingheim	Raumar Orientering	0:33:06	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Ola Stensland Lillevold	Fossum IF	0:29:46	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Oskar Stormer	Fossum IF	0:30:51	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Sindre Ronning	Fossum IF	0:35:41	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Thomas Jakobsen	Sørbråten IL	0:40:33	00:30	0:27:31	05:00			0:28:11	05:00	0:28:16	05:00	1:23:28	13:48												
A		Torbjørn Vala	NOTEAM			0:27:31	05:00			0:28:11	05:00	0:27:46	04:30	1:23:28	13:48												
<b>A 53 IKKE STARTET</b>				<b>00:00</b>		<b>0:27:31</b>	<b>05:00</b>		<b>00:00</b>	<b>0:28:11</b>	<b>05:00</b>	<b>0:28:16</b>	<b>05:00</b>	<b>1:23:58</b>	<b>14:18</b>												
														Finner du feil ? Meld fra !				Etter alle innledende løp :									
Sammenlagt														16.9		23.9		30.9		7.10		14.10		Sum		Sum	
B Ola og Kari 10 km														Prolog		Løp 1		B.løp		Løp 2		Løp 3		1+2+3-P-B		Sum	
Kl	#	Navn	Klubb	Bonus	Bak	Bonus	Bonus	Bak	Bonus	Bak	Bak	Bak	Bak	Bak	Bak												
<b>BESTETID</b>				<b>35:32</b>		<b>0:27:02</b>		<b>34:30</b>		<b>0:24:58</b>		<b>0:24:46</b>		<b>1:20:46</b>													
B	1	Kasper Fossen	Heming Orientering			0:27:02	00:00			0:24:58	00:00	0:28:46	04:00	1:20:46	00:00												
B	2	Elias Jonsson	Nydalens SK			0:27:57	00:55	0:41:11	00:30	0:29:28	04:30	0:24:46	00:00	1:21:41	00:55												
B	3	Trond Kortner	Østmarka OK	36:32	00:30	0:27:25	00:23	0:38:31	00:30	0:28:48	03:50	0:27:15	02:29	1:22:28	01:42												
B	4	Sondre Ruud Bråten	Nydalens SK	35:49	00:30	0:27:38	00:36	0:45:34	00:30	0:28:58	04:00	0:28:46	04:00	1:24:22	03:36												
B	5	Lars-Christian Unger	Nydalens SK			0:29:10	02:08	0:34:50	00:30	0:28:58	04:00	0:27:52	03:06	1:25:30	04:44												
B	6	Einar Melsom	Fossum IF			0:32:02	05:00			0:26:10	01:12	0:28:46	04:00	1:26:58	06:12												
B	7	Are Wigaard	Oppsal Orientering	36:06	00:30	0:30:16	03:14	0:40:18	00:30	0:28:58	04:00	0:28:46	04:00	1:27:00	06:14												
B	8	Vidar Benjaminsen	Lillomarka OL			0:28:59	01:57			0:28:58	04:00	0:29:16	04:30	1:27:13	06:27												
B	9	Ulrik Åstrup Arnesen	Heming Orientering			0:30:04	03:02			0:28:38	03:40	0:28:46	04:00	1:27:28	06:42												
B		Svein Nygård	Lillomarka OL	36:22	00:30	0:31:02	04:00	0:41:17	00:30	0:28:58	04:00	0:28:46	04:00	1:27:46	07:00												
B		Audun Bjerknes	Måren OK	DSQ	00:30	0:31:02	04:00			0:28:58	04:00	0:28:46	04:00	1:28:16	07:30												
B		Hallvard Koren	OK Moss			0:31:02	04:00	0:48:56	00:30	0:28:58	04:00	0:28:46	04:00	1:28:16	07:30												
B		Jørgen Wulfsberg	Nydalens SK	36:00	00:30	0:31:02	04:00			0:28:58	04:00	0:28:46	04:00	1:28:16	07:30												
B		Ludvig Rødnes	Oppsal Orientering	35:36	00:30	0:31:02	0																				

B	Jørgen Baklid	Konnerud IL			0:32:02	05:00				0:28:58	04:00	0:29:46	05:00	1:30:46	10:00
B	Julie Hjortland	Larvik OK			0:32:02	05:00				0:29:58	05:00	0:28:46	04:00	1:30:46	10:00
B	Ketil Astebal	Oppsal Orientering			0:32:02	05:00				0:29:58	05:00	0:28:46	04:00	1:30:46	10:00
B	Kristoffer Jacobsen	IL Tyrving			0:32:02	05:00				0:28:58	04:00	0:29:46	05:00	1:30:46	10:00
B	Lasse Arnesen	Heming Orientering			0:31:02	04:00				0:29:58	05:00	0:29:46	05:00	1:30:46	10:00
B	Linus Olhans	Ås-NMBU Orientering			0:32:02	05:00				0:29:58	05:00	0:28:46	04:00	1:30:46	10:00
B	Per Martin Rørvik	NOTEAM			0:32:02	05:00				0:29:58	05:00	0:28:46	04:00	1:30:46	10:00
B	Ragnhild Hjermstad	Fossum IF	40:44	00:30	0:32:02	05:00	0:46:06	00:30		0:29:58	05:00	0:29:46	05:00	1:30:46	10:00
B	Sam Lunøe	Nydalens SK			0:32:02	05:00				0:28:58	04:00	0:29:46	05:00	1:30:46	10:00
B	Silje Ekroll Jahren	Raumar Orientering			0:32:02	05:00				0:28:58	04:00	0:29:46	05:00	1:30:46	10:00
B	Stian Bergersen	IL Tyrving			0:32:02	05:00				0:28:58	04:00	0:29:46	05:00	1:30:46	10:00
B	Vigdis Hobøl	Oppsal Orientering			0:32:02	05:00				0:29:58	05:00	0:28:46	04:00	1:30:46	10:00
B	Eivind Øfsthus Gravir	Asker Skiklubb	35:32	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Emil Størmer	Fossum IF	37:18	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Erik Persson	Oppsal Orientering			0:32:02	05:00	0:42:00	00:30		0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Finn Gjerull Rygh	Heming Orientering			0:32:02	05:00				0:29:58	05:00	0:29:16	04:30	1:31:16	10:30
B	Håvard Hågård	Stjørdals-Blink Orientering	40:41	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Jostein F. Tellnes	Asker Skiklubb			0:32:02	05:00	DSQ	00:30		0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Kine Gulliksen	Bækkelaget SK	37:47	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Kristian Magnus Gundersen	Legestudentenes IK	51:44	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Lars Klyve	Oppsal Orientering			0:32:02	05:00				0:29:58	05:00	0:29:16	04:30	1:31:16	10:30
B	Magnus Wølneberg	IL Tyrving	36:09	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Maiken Økern Hågård	Stjørdals-Blink Orientering	DSQ	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Martin Borge Heir	Fossum IF	36:03	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Richard Baxter	VBIL			0:32:02	05:00				0:29:28	04:30	0:29:46	05:00	1:31:16	10:30
B	Runar Hafskjold	Nydalens SK			0:32:02	05:00				0:29:28	04:30	0:29:46	05:00	1:31:16	10:30
B	Tonje Vassend	Fossum IF	37:19	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
B	Trond Lund	IL Tyrving	DSQ	00:30	0:32:02	05:00				0:29:58	05:00	0:29:46	05:00	1:31:16	10:30
<b>B</b>	<b>80 IKKE STARTET</b>			<b>00:00</b>	<b>32:02</b>	<b>05:00</b>		<b>00:00</b>		<b>29:58</b>	<b>05:00</b>	<b>29:46</b>	<b>05:00</b>	<b>1:31:46</b>	<b>11:00</b>

Etter alle innledende løp :

Finner du feil ? Meld fra !

**C Lokal - 6 km**

KL #	Navn	Klubb	16.9	Bonus	24.9	Bak	1.10	Bonus	8.10	Bak	15.10	Bak	Sum	Sum	
			Prolog	Bonus	Løp 1	Bak	B.løp	Bonus	Løp 2	Bak	Løp 3	Bak	1+2+3-B	Bak	
<b>BESTETID</b>			<b>36:48</b>		<b>28:08</b>		<b>29:36</b>		<b>0:30:44</b>		<b>0:28:08</b>		<b>1:30:00</b>		
C	1	Sander Arntzen	Asker Skiklubb	37:49	00:30	0:28:08	00:00	0:29:36	00:30	0:30:44	00:00	0:32:08	04:00	1:30:00	00:00
C	2	Erik Paulsrud	IL Koll	38:19	00:30	0:29:23	01:15	0:30:24	00:30	0:34:44	04:00	0:28:08	00:00	1:31:15	01:15
C	3	Halvor Tørnqvist Halden	Nydalens SK			0:32:08	04:00			0:31:19	00:35	0:28:50	00:42	1:32:17	02:17
C	4	Kornelius Kriszat-Løvfald	Nydalens SK	37:41	00:30	0:31:40	03:32	0:39:47	00:30	0:34:44	04:00	0:29:09	01:01	1:34:33	04:33
C	5	Tom Bergan	Fet OL	38:06	00:30	0:33:08	05:00	0:29:38	00:30	0:33:57	03:13	0:29:51	01:43	1:35:56	05:56
C	6	Endre Stokseth	Nydalens SK	38:19	00:30	0:30:05	01:57	0:30:32	00:30	0:34:44	04:00	0:33:08	05:00	1:36:57	06:57
C	7	Petter Astrup Arnesen	Heming Orientering			0:31:07	02:59			0:35:14	04:30	0:31:03	02:55	1:37:24	07:24
C		Bent Sande Kverme	Fossum IF	49:04	00:30	0:32:08	04:00	0:35:29	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Bjørn Hauge	Fet OL	38:23	00:30	0:32:08	04:00	0:31:32	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Claes-H. Unger	Lillomarka OL	47:39	00:30	0:32:08	04:00	0:42:52	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Dag Haugland	Østmarka OK	01:13:12	00:30	0:32:08	04:00	0:53:50	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Guttorm L. Egge	Oslostudentenes IK			0:32:08	04:00	0:34:19	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Inge Ramberg	Østmarka OK	42:00	00:30	0:32:08	04:00	0:39:14	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Sander Hildebrand Rogndal	Fet OL	38:12	00:30	0:32:08	04:00	0:29:39	00:30	0:34:44	04:00	0:32:08	04:00	1:38:00	08:00
C		Rune Scheele	Nydalens SK			0:32:08	04:00	0:33:16	00:30	0:34:44	04:00	0:32:05	03:57	1:38:27	08:27
C		Anna Cecilie Linløkken	Østmarka OK	38:23	00:30	0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Bjørn Bendiktsen	Konnerud IL	54:08	00:30	0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Christian Grotnes	IL Tyrving			0:32:08	04:00	0:32:15	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Ellen Marie Ariansen	Lillomarka OL			0:32:08	04:00	0:39:22	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Morten Tangen	Måren OK			0:32:08	04:00	0:41:59	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Nils Bergan	Nydalens SK	01:20:42	00:30	0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Oda Scheele	Nydalens SK			0:32:08	04:00	0:42:11	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Sivert Sande Kverme	Fossum IF			0:32:08	04:00	0:36:38	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Sondre Ytterbø	Asker Skiklubb			0:32:08	04:00	DSQ	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Torstein Hole	Nydalens SK	DSQ	00:30	0:32:38	04:30	0:32:01	00:30	0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Vegard Bendiktsen	Konnerud IL	01:09:21	00:30	0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:38:30	08:30
C		Ada Wulfsberg	Nydalens SK			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Andreas Erichsen	Nydalens SK	49:09	00:30	0:32:08	04:00	0:43:55	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Andreas Ramberg	Østmarka OK	38:16	00:30	0:32:08	04:00	0:30:10	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Ane Sofie Krogh	Oppsal Orientering	42:21	00:30	0:32:08	04:00	0:42:09	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Arne Fosshelm	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Audrun Utskarpen	Oslostudentenes IK	01:05:13	00:30	0:32:08	04:00	0:58:08	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		August Syrdal Øen	Heming Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Ea Lunøe	Nydalens SK			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Eivind Berner Myhre	Fossum IF			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Felix Finsrud	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Ferdinand Fremming	Heming Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Frida Bakken Ulseth	Nydalens SK			0:32:08	04:00			0:33:44	03:00	0:33:08	05:00	1:39:00	09:00
C		Frikk Alvaro Embergsrud	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Gaute Bergan	Nydalens SK			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Hallvard Bjørqum	VBIL			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Henrik Reusch	Heming Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Isak Jonsson	Nydalens SK	38:44	00:30	0:32:08	04:00	0:29:53	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Jon Iver Bakken	Nydalens SK	49:06	00:30	0:33:08	05:00	0:42:58	00:30	0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Kari-Ann Anensen	Oppsal Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Karl Aasmund Erøy	OK Moss	47:00	00:30	0:32:08	04:00	0:48:43	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Knut Erling Øen	Heming Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Lavran Thorstensen	Oppsal Orientering			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Lotte Jauhojärvi Markusen	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	0:32:08	04:00	1:39:00	09:00
C		Marte Madslien Bakken	Nydalens SK	49:02	00:30	0:32:08	04:00	0:42:57	00:30	0:35:44	05:00	0:32:08	04:00	1:39:00	09:00
C		Øystein Kildahl	Østmarka OK	42:50	00:30	0:32:08	04:00</								

C	Magnus Nordbrøden	Halden SK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Malin Eijsink	Ås-NMBU Orientering				0:32:08	04:00				0:35:44	05:00	0:32:08	04:00	1:40:00	10:00
C	Maria Rørvik Haver	Lillomarka OL				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Marianne Njåstein	IL Tyrving				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Morten Kaare Moe	Fet OL				0:32:08	04:00				0:34:44	04:00	0:33:08	05:00	1:40:00	10:00
C	Nils Hæstad	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Oscar Hæstad Bjørnstad	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Ove Kristian Jødal	Bækkelagets SK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Paul Koefoed	Eptir skogssniqlar				0:32:08	04:00				0:34:44	04:00	0:33:08	05:00	1:40:00	10:00
C	Peer Stjansen	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Per Fosser	Indre Østfold OK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Runar Hafskjold	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:32:08	04:00	1:40:00	10:00
C	Solveig Bergan	Nydalens SK	DSQ	00:30		0:33:08	05:00	0:54:27	00:30		0:34:44	04:00	0:33:08	05:00	1:40:00	10:00
C	Storm Kleiva	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Synnøve Lyssand Sandberg	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Thomas Sellgren	Göteborg Majorna				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Tiril Rud Bråten	Raumar Orientering				0:32:08	04:00				0:34:44	04:00	0:33:08	05:00	1:40:00	10:00
C	Tobias Mikael Espedal	Nydalens SK				0:32:08	04:00				0:34:44	04:00	0:33:08	05:00	1:40:00	10:00
C	Tormod Bøe	VBIL				0:33:08	05:00				0:34:44	04:00	0:32:08	04:00	1:40:00	10:00
C	Audun Uglenes Bergan	Nydalens SK	01:38	00:30		0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:40:30	10:30
C	Berit Sofie Wiklund	Nydalens SK	42:03	00:30		0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Børge Pedersen	Nydalens SK			0:47:25	00:30					0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Egil Rundberget	Nydalens SK	42:13	00:30		0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:40:30	10:30
C	Espen Lunøe	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:32:38	04:30	1:40:30	10:30
C	Ivar Maalen	Ås-NMBU Orientering			0:38:14	00:30					0:35:14	04:30	0:32:38	04:30	1:40:30	10:30
C	Karen Bjergaard	Nydalens SK	47:09	00:30		0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Karoline Andersen	Asker Skiklubb			0:40:46	00:30					0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Kristian Østermann	Heming Orientering									0:35:14	04:30	0:33:08	05:00	1:40:30	10:30
C	Marie Liland	Nydalens SK			0:47:24	00:30					0:34:44	04:00	0:33:08	05:00	1:40:30	10:30
C	Marit Isachsen	Asker Skiklubb			0:40:42	00:30					0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Marit Wenseth Kure	Bø OL			0:51:58	00:30					0:34:44	04:00	0:33:08	05:00	1:40:30	10:30
C	Martin Granly	Lillomarka OL			0:35:24	00:30					0:35:44	05:00	0:32:08	04:00	1:40:30	10:30
C	Mons Kr. Løvfald	Nydalens SK									0:35:14	04:30	0:33:08	05:00	1:40:30	10:30
C	Morten Rannem	Fossum IF	47:34	00:30		0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Ragne Wiklund	Nydalens SK	36:48	00:30		0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:40:30	10:30
C	Stig Hultgreen Karlsen	Oppsal Orientering									0:35:44	05:00	0:32:38	04:30	1:40:30	10:30
C	Amélie Aamodt	Oppsal Orientering				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Anne Marit Bjergaard	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Anne-Lene Bakken Ulseth	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Bent Ove Barmoen Rinden	Løten o-lag				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Bjarte Frøysnes	Otra IL				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Christian Reusch	Heming Orientering				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Einar Gisholt	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Einar Lunøe	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Eirik Høst Fossgard	Lillomarka OL				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Emma Eithun Paulsen	Nittedal OL				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Erik Giercksky	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Espen Coward	OK Sør				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Eyvind Ruth	VBIL				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Fredrik Larsen	Indre Østfold OK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Geir O. Rønning	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Håkon Løvli	Asker Skiklubb				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Hasse Bergstrøm	IL Tyrving				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Jenny Baklid	Konnerud IL				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Kimme Arnesen	Heming Orientering				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Kjetil Espedal	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Kyrre Gran	Fet OL				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Lars Krüger	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Lin Marte Andorsen	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Line Hagmann	Bækkelagets SK				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Magnus Ramberg	Østmarka OK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Maria Brodin	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Mariann Schei	TIF Viking				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Marie Rygh Holten	Nydalens SK				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Martha Nesheim Køber	Nydalens SK				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Maya Jones Arnesen	Heming Orientering				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Nicolai Nordstrand	NOTEAM				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Oda Marie Colquhoun	Nittedal OL				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Ola Halvorsen	DN Aktiv				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Ola Nakken	UIO BIL				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Per Sandberg	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Per Stedje	Østmarka OK	01:18:20	00:30		0:33:08	05:00	0:47:58	00:30		0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Peter Gisholt	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Petter Halvorsen	Nydalens SK				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Roar Pedersen	Oppsal Orientering	DSQ	00:30		0:33:08	05:00	0:52:07	00:30		0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Runar Bjørhovde	Bækkelagets SK				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Sindre Langaas	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Sören Jonsson	Nydalens SK				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Steinar Eastwood	Lillomarka OL				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Terje Nilsen Abusland	Otra IL				0:33:08	05:00				0:35:44	05:00	0:32:08	04:00	1:41:00	11:00
C	Vegard Løvli	Asker Skiklubb				0:32:08	04:00				0:35:44	05:00	0:33:08	05:00	1:41:00	11:00
C	Victoria Hæstad Bjørnstad	Fossum IF				0:33:08	05:00				0:34:44	04:00	0:33:08	05:00	1:41:00	11:00
C	Anne Elin Flågen	Heming Orientering			0:53:53	00:30					0:35:44	05:00	0:33:08	05:00	1:41:30	11:30
C	Anniken Eriksrud Karlsen	Bækkelagets SK	49:33	00:30		0:33:08	05:00				0:35:44	05:00	0:33:08	05:00	1:41:30	11:30
C	Astrid Fiskum	IL Tyrving	41:40	00:30		0:33:08	05:00				0:35:44	05:00	0:33:08	05:00	1:41:30	11:30
C	Carl-Erik Kopseng	Eptir skogssniqlar			DSQ	00:30					0:35:44	05:00	0:33:08	05:00	1:41:30	11:30
C	Einar Torstensen	Kamp/Vestheim IF			0:45:09	00:30					0:35:44	05:00				