Harry Lagerts Nattcup 2015

Sammenlagt -> Startliste Finale

DNS

Løypelegger

Tidene for løp 1-2-3 er 'offisielle tider' inkl bonus-sekunder

Pr 7.10

1+2 - P - B

Sammenlagt

A Legendar - 15 km				**16.9**		**23.9**		**30.9**		**7.10**		**Sum**	**Sum**
Kl	**#**	**Navn**	**Klubb**	**Prolog**	**Bonus**	**Løp 1**	**Bak**	**B.løp**	**Bonus**	**Løp 2**	**Bak**	**1+2+3-P-B**	**Bak**
		BESTETID		**0:29:39**		**0:22:31**		**0:29:31**		**0:23:11**		**0:44:42**	
A	1	Anders Nordberg	Nydalens SK	0:29:39	00:30	0:22:31	00:00	0:29:31	00:30	0:23:11	00:00	0:44:42	00:00
A	2	Elias T. Mølnvik	Fossum IF	0:29:54	00:30	0:24:40	02:09			0:25:34	02:23	0:49:44	05:02
A	3	Borger Melsom	Fossum IF	0:35:24	00:30	0:27:31	05:00	0:29:37	00:30	0:24:41	01:30	0:51:12	06:30
A	4	Sindre Sandven	Fossum IF	0:29:48	00:30	0:24:03	01:32	0:32:24	00:30	0:28:11	05:00	0:51:14	06:32
A	5	Anders Vister	Nydalens SK	0:30:00	00:30	0:25:48	03:17	0:36:00	00:30	0:27:11	04:00	0:51:59	07:17
A	6	Espen Jakobsen	IL Tyrving	0:31:50	00:30	0:25:19	02:48	0:42:17	00:30	0:27:41	04:30	0:52:00	07:18
A	7	Henrik Eijsink	Nydalens SK	0:30:34	00:30	0:26:31	04:00	0:40:00	00:30	0:27:11	04:00	0:52:42	08:00
A	8	Øystein Sørensen	Nydalens SK	0:32:15	00:30	0:25:02	02:31			0:28:11	05:00	0:52:43	08:01
A	9	Eirik Langedal Breivik	Nydalens SK	0:29:42	00:30	0:26:31	04:00			0:27:11	04:00	0:53:12	08:30
A	10	Esten Koren	Nydalens SK			0:26:31	04:00			0:27:11	04:00	0:53:42	09:00
A	11	Olav Johannes Deelstra	NTNUI	0:34:38	00:30	0:26:31	04:00	0:46:49	00:30	0:28:11	05:00	0:53:42	09:00
A	12	Anders Storbråten	IFK Lidingö SOK			0:26:31	04:00			0:27:41	04:30	0:54:12	09:30
A	13	Jostein Andersen	Nydalens SK			0:26:31	04:00	0:37:31	00:30	0:28:11	05:00	0:54:12	09:30
A	14	Markus Glad	NTNUI	0:53:10	00:30	0:26:31	04:00			0:28:11	05:00	0:54:12	09:30
A	15	Mikael Olausson	Oslostudentenes IK			0:27:31	05:00	0:45:41	00:30	0:27:11	04:00	0:54:12	09:30
A	16	Per Wiréhn	Asker Skiklubb			0:26:31	04:00	0:39:48	00:30	0:28:11	05:00	0:54:12	09:30
A	17	Sigurd Melsom	Fossum IF			0:27:01	04:30			0:27:11	04:00	0:54:12	09:30
A	18	Vegard Brun Saga	IL Tyrving	0:29:44	00:30	0:26:31	04:00			0:28:11	05:00	0:54:12	09:30
A	19	Vegard Gulbrandsen	Asker Skiklubb	0:29:46	00:30	0:26:31	04:00			0:28:11	05:00	0:54:12	09:30
A	20	Dag Aalvik	Nydalens SK			0:27:31				0:27:01	03:50	0:54:32	09:50
A	21	Dana B. Stene	Nydalens SK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	22	Egil Johansen	OK Sør			0:27:31				0:27:11	04:00	0:54:42	10:00
A	23	Eirik Jansson Haverstad	Nydalens SK			0:26:31	04:00			0:28:11	05:00	0:54:42	10:00
A	24	Halvor Saunes	Nydalens SK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	25	Niklas Norman	Heming Orientering			0:27:31				0:27:11	04:00	0:54:42	10:00
A	26	Nora Woxholt	Asker Skiklubb			0:26:31	04:00			0:28:11	05:00	0:54:42	10:00
A	27	Rune Rystad	Nydalens SK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	28	Sondre Gullord	Nydalens SK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	29	Stian Bergersen	IL Tyrving			0:26:31	04:00			0:28:11	05:00	0:54:42	10:00
A	30	Thomas Nipen	Nydalens SK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	31	Vegard Line	Oslostudentenes IK			0:27:31				0:27:11	04:00	0:54:42	10:00
A	32	Bjørn Grinde	Oslostudentenes IK			0:27:31	05:00	01:10:58	00:30	0:28:11	05:00	0:55:12	10:30
A	33	Bojan Blumenstein	Nydalens SK	0:29:40	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	34	Dag Blandkjenn	Kristiansand OK	0:29:57	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	35	Håvard Haga	Nydalens SK	0:30:39	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	36	Knut Aasheim	Oppsal Orientering	0:35:33	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	37	Magnus Svingheim	Raumar Orientering	0:33:06	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	38	Ola Marius Pedersen	Oppsal Orientering	0:32:14	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	39	Olai Stensland Lillevold	Fossum IF	0:29:46	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	40	Oskar Størmer	Fossum IF	0:30:51	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	41	Simen A Bjøringsøy	Nydalens SK			0:27:31	05:00	0:49:53	00:30	0:28:11	05:00	0:55:12	10:30
A	42	Sindre Rønning	Fossum IF	0:35:41	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	43	Thomas Jakobsen	Sørbråten IL	0:40:33	00:30	0:27:31	05:00			0:28:11	05:00	0:55:12	10:30
A	**44**	**IKKE STARTET**			**00:00**	**0:27:31**	**05:00**			**0:28:11**	**05:00**	**0:55:42**	**11:00**

Sammenlagt

B Ola og Kari 10 km				**16.9**		**23.9**		**30.9**		**7.10**		**Sum**	**Sum**
Kl	**#**	**Navn**	**Klubb**	**Prolog**	**Bonus**	**Løp 1**	**Bak**	**B.løp**	**Bonus**	**Løp 2**	**Bak**	**1+2+3-P-B**	**Bak**
		BESTETID		**35:32**		**0:27:02**		**34:30**		**0:24:58**		**0:52:00**	
B	1	Kasper Fosser	Heming Orientering			0:27:02	00:00			0:24:58	00:00	0:52:00	00:00
B	2	Sondre Ruud Bråten	Nydalens SK	35:49	00:30	0:27:38	00:36	0:45:34	00:30	0:28:58	04:00	0:55:36	03:36
B	3	Trond Kortner	Østmarka OK			0:27:25	00:23	0:38:31	00:30	0:28:48	03:50	0:55:43	03:43
B	4	Elias Jonsson	Nydalens SK			0:27:57	00:55	0:41:11	00:30	0:29:28	04:30	0:56:55	04:55
B	5	Lars-Christian Unger	Nydalens SK			0:29:10	02:08	0:34:50	00:30	0:28:58	04:00	0:57:38	05:38
B	6	Vidar Benjaminsen	Lillomarka OL			0:28:59	01:57			0:28:58	04:00	0:57:57	05:57
B	7	Einar Melsom	Fossum IF			0:32:02				0:26:10	01:12	0:58:12	06:12
B	8	Are Wigaard	Oppsal Orientering	36:06	00:30	0:30:16	03:14	0:40:18	00:30	0:28:58	04:00	0:58:14	06:14
B	9	Ulrik Astrup Arnesen	Heming Orientering			0:30:04	03:02			0:28:38	03:40	0:58:42	06:42
B		Linus Olhans	Ås-NMBU Orientering	35:56	00:30	0:31:02	04:00	0:43:22	00:30	0:28:58	04:00	0:59:00	07:00
B		Martin Hoset	Nydalens SK	35:39	00:30	0:31:02	04:00	0:35:15	00:30	0:28:58	04:00	0:59:00	07:00
B		Svein Nygård	Lillomarka OL	36:22	00:30	0:31:02	04:00	0:41:17	00:30	0:28:58	04:00	0:59:00	07:00
B		Per Øyvind Stene	Nydalens SK			0:30:02	03:00	0:34:30	00:30	0:29:58	05:00	0:59:30	07:30
B		Audun Bjerknes	Måren OK	DSQ	00:30	0:31:02	04:00			0:28:58	04:00	0:59:30	07:30
B		Hallvard Koren	OK Moss			0:31:02	04:00	0:48:56	00:30	0:28:58	04:00	0:59:30	07:30
B		Ivar Seierstad	IL GeoForm			0:31:02	04:00	0:45:20	00:30	0:28:58	04:00	0:59:30	07:30
B		Jørgen Wulfsberg	Nydalens SK	36:00	00:30	0:31:02	04:00			0:28:58	04:00	0:59:30	07:30
B		Ludvig Rødnes	Oppsal Orientering	35:36	00:30	0:31:02	04:00			0:28:58	04:00	0:59:30	07:30
B		Paul Torvund	Østmarka OK			0:31:02	04:00	DSQ	00:30	0:28:58	04:00	0:59:30	07:30
B		Erling Hjermstad	Fossum IF			0:32:02	05:00	0:35:41	00:30	0:28:15	03:17	0:59:47	07:47
B		Axel Hoveid	Asker Skiklubb			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Christian Vogelsang	Nydalens SK			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Louise Oram	Nydalens SK	40:03	00:30	0:32:02	05:00	1:00:12	00:30	0:28:58	04:00	1:00:00	08:00
B		Lukas Liland	Nydalens SK			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Nils Petter Fremming	Heming Orientering			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Ole Martin Edstrøm	Oppsal Orientering			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Terje Melsom	Fossum IF			0:31:02	04:00			0:28:58	04:00	1:00:00	08:00
B		Åse Bergan	Nydalens SK			0:32:02	05:00	0:52:41	00:30	0:28:58	04:00	1:00:30	08:30
B		Hanne Nøvik	Nydalens SK			0:32:02	05:00	0:44:45	00:30	0:28:58	04:00	1:00:30	08:30
B		Mathias Benjaminsen	Lillomarka OL			0:31:02	04:00	0:37:14	00:30	0:29:58	05:00	1:00:30	08:30
B		Olav Eide	Oslostudentenes IK			0:32:02	05:00	0:37:58	00:30	0:28:58	04:00	1:00:30	08:30
B		Øystein Holo	Fossum IF	35:51	00:30	0:32:02	05:00			0:28:58	04:00	1:00:30	08:30
B		Rudi B Olsen	Lillomarka OL			0:31:02	04:00			0:29:28	04:30	1:00:30	08:30
B		Tarjei Holo	Fossum IF	44:51	00:30	0:32:02	05:00			0:28:58	04:00	1:00:30	08:30
B		Beat Roth	Raumar Orientering			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Bjørn Anders Flågen	Heming Orientering			0:31:02	04:00			0:29:58	05:00	1:01:00	09:00
B		Erlend Slokvik	Nydalens SK			0:31:02	04:00			0:29:58	05:00	1:01:00	09:00
B		Hans Kristian Stubban Hyger	Østmarka OK			0:31:02	04:00			0:29:58	05:00	1:01:00	09:00
B		Helge Weydahl	IL GeoForm			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Jo Inge Fjellstad	Ås-NMBU Orientering			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Jørgen Baklid	Konnerud IL			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Kristoffer Jacobsen	IL Tyrving			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Lars Hjermstad	Fossum IF			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Lasse Arnesen	Heming Orientering			0:31:02	04:00			0:29:58	05:00	1:01:00	09:00
B		Pål Skogedal	Asker Skiklubb			0:31:02	04:00			0:29:58	05:00	1:01:00	09:00
B		Ragnhild Hjermstad	Fossum IF	40:44	00:30	0:32:02	05:00	0:46:06	00:30	0:29:58	05:00	1:01:00	09:00
B		Sam Lunøe	Nydalens SK			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Silje Ekroll Jahren	Raumar Orientering			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Stein Blomseth	Lillomarka OL			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Stian Bergersen	IL Tyrving			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Styrk Kamsvåg	Fossum IF			0:32:02				0:28:58	04:00	1:01:00	09:00
B		Arianna Taufer	Nydalens SK	37:25	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Åsne Skram Trømborg	Kongsberg OL	37:09	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Eivind Øfsthus Gravir	Asker Skiklubb	35:32	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30

B		Emil Størmer	Fossum IF	37:18	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Erik Persson	Oppsal Orientering			0:32:02	05:00	0:42:00	00:30	0:29:58	05:00	1:01:30	09:30
B		Håvard Hågård	Stjørdals-Blink Oriente	40:41	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Jostein F. Tellnes	Asker Skiklubb			0:32:02	05:00	DSQ	00:30	0:29:58	05:00	1:01:30	09:30
B		Karl Even Rygh	Heming Orientering			0:32:02	05:00	0:49:10	00:30	0:29:58	05:00	1:01:30	09:30
B		Kine Gulliksen	Bækkelagets SK	37:47	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Kristian Magnus Gundersen	Legestudentenes IK	51:44	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Magnus Wølneberg	IL Tyrving	36:09	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Maiken Økern Hågård	Stjørdals-Blink Oriente	DSQ	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Martin Borge Heir	Fossum IF	36:03	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Richard Baxter	VBIL			0:32:02				0:29:28	04:30	1:01:30	09:30
B		Runar Hafskjold	Nydalens SK			0:32:02				0:29:28	04:30	1:01:30	09:30
B		Tonje Vassend	Fossum IF	37:19	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B		Trond Lund	IL Tyrving	DSQ	00:30	0:32:02	05:00			0:29:58	05:00	1:01:30	09:30
B	**69**	**IKKE STARTET**			**00:00**	**32:02**	**05:00**		**00:00**	**29:58**	**05:00**	**1:02:00**	**10:00**

C Lokal - 6 km				**16.9**		**24.9**		**1.10**		**8.10**		**Sum**	**Sum**
Kl	**#**	**Navn**	**Klubb**	**Prolog**	**Bonus**	**Løp 1**	**Bak**	**B.løp**	**Bonus**	**Løp 2**	**Bak**	**1+2+3-B**	**Bak**
		BESTETID		**36:48**		**28:08**		**29:36**		**0:30:44**		**0:57:52**	
C	1	Sander Arntzen	Asker Skiklubb	37:49	00:30	0:28:08	00:00	0:29:36	00:30	0:30:44	00:00	0:57:52	0:00:00
C	2	Erik Paulsrud	IL Koll	38:19	00:30	0:29:23	01:15	0:30:24	00:30	0:34:44	04:00	1:03:07	0:05:15
C	3	Halvor Tørnqvist Halden	Nydalens SK			0:32:08	04:00			0:31:19	00:35	1:03:27	0:05:35
C	4	Endre Stokseth	Nydalens SK	38:19	00:30	0:30:05	01:57	0:30:32	00:30	0:34:44	04:00	1:03:49	0:05:57
C	5	Kornelius Kriszat-Løvfald	Nydalens SK	37:41	00:30	0:31:40	03:32	0:39:47	00:30	0:34:44	04:00	1:05:24	0:07:32
C		Bent Sande Kverme	Fossum IF	49:04	00:30	0:32:08	04:00	0:35:29	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Bjørn Hauge	Fet OL	38:23	00:30	0:32:08	04:00	0:31:32	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Claes-H. Unger	Lillomarka OL	47:39	00:30	0:32:08	04:00	0:42:52	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Dag Haugland	Østmarka OK	01:13:12	00:30	0:32:08	04:00	0:53:50	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Frida Bakken Ulseth	Nydalens SK			0:32:08	04:00			0:33:44	03:00	1:05:52	0:08:00
C		Guttorm L Egge	Oslostudentenes IK	42:08	00:30	0:32:08	04:00	0:34:19	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Inge Ramberg	Østmarka OK	42:00	00:30	0:32:08	04:00	0:39:14	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Øystein Kildahl	Østmarka OK	42:50	00:30	0:32:08	04:00	0:35:00	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Richard Zeiner-Gundersen	Fossum IF	01:12:54	00:30	0:32:08	04:00	0:36:01	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Sander Hildebrand Rogndokk	Fet OL	38:12	00:30	0:32:08	04:00	0:29:39	00:30	0:34:44	04:00	1:05:52	0:08:00
C		Tom Bergan	Fet OL	38:06	00:30	0:33:08	05:00	0:29:38	00:30	0:33:57	03:13	1:06:05	0:08:13
C		Petter Astrup Arnesen	Heming Orientering			0:31:07	02:59			0:35:14	04:30	1:06:21	0:08:29
C		Anna Cecilie Linløkken	Østmarka OK	38:23	00:30	0:32:08	04:00			0:34:44	04:00	1:06:22	0:08:30
C		Bjørn Bendiktsen	Konnerud IL	54:08	00:30	0:32:08	04:00			0:34:44	04:00	1:06:22	0:08:30
C		Bjørn Henning Grandal	IL Tyrving	41:14	00:30	0:32:08	04:00			0:34:44	04:00	1:06:22	0:08:30
C		Christian Grotnes	IL Tyrving			0:32:08	04:00	0:32:15	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Egil Huseth	Kamp/Vestheim IF			0:32:08	04:00	0:49:32	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Ellen Marie Ariansen	Lillomarka OL			0:32:08	04:00	0:39:22	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Morten Tangen	Måren OK			0:32:08	04:00	0:41:59	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Nils Bergan	Nydalens SK	01:20:42	00:30	0:32:08	04:00			0:34:44	04:00	1:06:22	0:08:30
C		Oda Scheele	Nydalens SK			0:32:08	04:00	0:42:11	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Rune Scheele	Nydalens SK			0:32:08	04:00	0:33:16	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Sivert Sande Kverme	Fossum IF			0:32:08	04:00	0:36:38	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Sondre Ytterbø	Asker Skiklubb			0:32:08	04:00	DSQ	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Torstein Hole	Nydalens SK	DSQ	00:30	0:32:38	04:30	0:32:01	00:30	0:34:44	04:00	1:06:22	0:08:30
C		Vegard Bendiktsen	Konnerud IL	01:09:21	00:30	0:32:08	04:00			0:34:44	04:00	1:06:22	0:08:30
C		Jan Tore Henriksen	Nydalens SK			0:33:08	05:00			0:33:27	02:43	1:06:35	0:08:43
C		Ada Wulfsberg	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Andreas Erichsen	Nydalens SK	49:09	00:30	0:32:08	04:00	0:43:55	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Andreas Ramberg	Østmarka OK	38:16	00:30	0:32:08	04:00	0:30:10	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Ane Sofie Krogh	Oppsal Orientering	42:21	00:30	0:32:08	04:00	0:42:09	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Arne Fossheim	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Audrun Utskarpen	Oslostudentenes IK	01:05:13	00:30	0:32:08	04:00	0:58:08	00:30	0:35:44	05:00	1:06:52	0:09:00
C		August Syrdal Øen	Heming Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Ea Lunøe	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Eivind Berner Myhre	Fossum IF			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Elena Grand	Nydalens SK			0:32:08	04:00	DNF	00:30	0:35:14	04:30	1:06:52	0:09:00
C		Endre Hallan	Lillomarka OL	49:30	00:30	0:32:08	04:00	0:47:08	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Felix Finsrud	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Ferdinand Fremming	Heming Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Fredrik Dahlberg	Eptir skogssniglar			0:32:08	04:00	0:57:49	00:30	0:35:14	04:30	1:06:52	0:09:00
C		Frikk Alvaro Embergsrud	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Gaute Bergan	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Hallvard Bjørgum	VBIL			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Henrik Hansen	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Henrik Reusch	Heming Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Isak Jonsson	Nydalens SK	38:44	00:30	0:32:08	04:00	0:29:53	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Jon Iver Bakken	Nydalens SK	49:06	00:30	0:33:08	05:00	0:42:58	00:30	0:34:44	04:00	1:06:52	0:09:00
C		Kari-Ann Ånensen	Oppsal Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Karl Aasmund Erøy	OK Moss	47:00	00:30	0:32:08	04:00	0:48:43	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Knut Erling Øen	Heming Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Kyongsa Ri	Nydalens SK			0:32:08	04:00	0:35:46	00:30	0:35:14	04:30	1:06:52	0:09:00
C		Lavran Thorstensen	Oppsal Orientering			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Lotte Jauhojärvi Markussen	Asker Skiklubb			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Marte Madslien Bakken	Nydalens SK	49:02	00:30	0:32:08	04:00	0:42:57	00:30	0:35:44	05:00	1:06:52	0:09:00
C		Morten Kaare Moe	Fet OL			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Paul Koefoed	Eptir skogssniglar			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Sjur Langedal	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Solveig Bergan	Nydalens SK	DSQ	00:30	0:33:08	05:00	0:54:27	00:30	0:34:44	04:00	1:06:52	0:09:00
C		Tobias Mikael Espedal	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Yngvild Langedal Breivik	Nydalens SK			0:32:08	04:00			0:34:44	04:00	1:06:52	0:09:00
C		Bjørnar Løvli	Asker Skiklubb			0:33:08	05:00	0:31:59	00:30	0:34:34	03:50	1:07:12	0:09:20
C		Anders Flågen	Heming Orientering			0:32:08	04:00	0:44:14	00:30	0:35:44	05:00	1:07:22	0:09:30
C		Åsne Holo	Fossum IF	36:52	00:30	0:32:08	04:00			0:35:44	05:00	1:07:22	0:09:30
C		Berit Sofie Wiklund	Nydalens SK	42:03	00:30	0:32:08	04:00			0:35:44	05:00	1:07:22	0:09:30
C		Børge Pedersen	Nydalens SK			0:32:08	04:00	0:47:25	00:30	0:35:44	05:00	1:07:22	0:09:30
C		Egil Rundberget	Nydalens SK	42:13	00:30	0:33:08	05:00			0:34:44	04:00	1:07:22	0:09:30
C		Hallvard Fjær	Lillomarka OL			0:33:08	05:00	0:36:04	00:30	0:34:44	04:00	1:07:22	0:09:30
C		Heidi Tronbøl	Fet OL			0:32:08	04:00	0:35:14	00:30	0:35:44	05:00	1:07:22	0:09:30
C		Helge Bakkehøi	Østmarka OK			0:33:08	05:00	0:37:51	00:30	0:34:44	04:00	1:07:22	0:09:30
C		Ingrid Marie Stubban Hygen	Østmarka OK			0:32:08	04:00			0:35:14	04:30	1:07:22	0:09:30
C		Karen Bjergaard	Nydalens SK	47:09	00:30	0:32:08	04:00			0:35:44	05:00	1:07:22	0:09:30
C		Karoline Andersen	Asker Skiklubb			0:32:08	04:00	0:40:46	00:30	0:35:44	05:00	1:07:22	0:09:30
C		Kristian Østermann	Heming Orientering			0:32:08	04:00			0:35:14	04:30	1:07:22	0:09:30
C		Linda Hanssen	Østmarka OK	52:22	00:30	0:33:08	05:00			0:34:44	04:00	1:07:22	0:09:30
C		Maria Jonsson	Nydalens SK			0:32:08	04:00	0:39:13	00:30	0:35:44	05:00	1:07:22	0:09:30
C		Marie Liland	Nydalens SK			0:33:08	05:00	0:47:24	00:30	0:34:44	04:00	1:07:22	0:09:30

C		Marit Isachsen	Asker Skiklubb				0:32:08	04:00		0:40:42	00:30		0:35:44	05:00		1:07:22	0:09:30
C		Marit Wenseth Kure	Bø OL				0:33:08	05:00		0:51:58	00:30		0:34:44	04:00		1:07:22	0:09:30
C		Martin Andresen Skotte	Fossum IF	41:46	00:30		0:33:08	05:00					0:34:44	04:00		1:07:22	0:09:30
C		Mons Kr. Løvfald	Nydalens SK				0:32:08	04:00					0:35:14	04:30		1:07:22	0:09:30
C		Morten Rannem	Fossum IF	47:34	00:30		0:32:08	04:00					0:35:44	05:00		1:07:22	0:09:30
C		Odd Eide-Fredriksen	Kamp/Vestheim IF				0:33:08	05:00		0:48:06	00:30		0:34:44	04:00		1:07:22	0:09:30
C		Ove Martinsen	Hauketo IF				0:33:08	05:00		0:35:07	00:30		0:34:44	04:00		1:07:22	0:09:30
C		Øyvind Helmersen	Fet OL	47:12	00:30		0:32:08	04:00					0:35:44	05:00		1:07:22	0:09:30
C		Ragne Wiklund	Nydalens SK	36:48	00:30		0:32:08	04:00					0:35:44	05:00		1:07:22	0:09:30
C		Terje Wiig Mathisen	Evry Oslo BIL	41:58	00:30		0:32:08	04:00					0:35:44	05:00		1:07:22	0:09:30
C		Anna Øfsthus Gravir	Asker Skiklubb				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Anne Marit Bjergaard	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Anne-Lene Bakken Ulseth	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Are Eriksen	Oslostudentenes IK	43:41	00:30		0:33:08	05:00		0:39:15	00:30		0:35:44	05:00		1:07:52	0:10:00
C		Arild Andresen	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Audun Uglenes Bergan	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Bent Ove Barmoen Rinden	Løten o-lag				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Christian Reusch	Heming Orientering				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Einar Gisholt	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Einar Lunøe	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Eirik Høst Fossgard	Lillomarka OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Elias Skjolden Sørensen	Lillomarka OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Emma Eithun Paulsen	Nittedal OL				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Erik Gierckssky	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Espen Coward	OK Sør				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Espen Lunøe	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Even Angell-Petersen	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Eyvind Ruth	VBIL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Fredrik Larsen	Indre Østfold OK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Geir O. Rønning	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Hasse Bergstrøm	IL Tyrving				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Ivar Maalen	Ås-NMBU Orientering				0:33:08	05:00		0:38:14	00:30		0:35:14	04:30		1:07:52	0:10:00
C		Jenny Baklid	Konnerud IL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Kimme Arnesen	Heming Orientering				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Kjetil Espedal	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Knut Bårtveit	Bø OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Kyrre Gran	Fet OL				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Lars Krüger	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Lin Marte Andorsen	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Magnus Nordbrøden	Halden SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Magnus Ramberg	Østmarka OK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Malin Eijsink	Ås-NMBU Orientering				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Maria Brodin	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Maria Rørvik Haver	Lillomarka OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Mariann Schei	TIF Viking				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Marianne Njåstein	IL Tyrving				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Maya Jones Arnesen	Heming Orientering				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Nils Hæstad	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Oda Marie Colquhoun	Nittedal OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Ola Halvorsen	DN Aktiv				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Oscar Hæstad Bjørnstad	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Ove Kristian Jødal	Bækkelagets SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Peer Stiansen	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Per Fosser	Indre Østfold OK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Per Sandberg	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Per Stedje	Østmarka OK	01:18:20	00:30		0:33:08	05:00		0:47:58	00:30		0:35:44	05:00		1:07:52	0:10:00
C		Peter Gisholt	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Petter Halvorsen	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Roar Pedersen	Oppsal Orientering	DSQ	00:30		0:33:08	05:00		0:52:07	00:30		0:35:44	05:00		1:07:52	0:10:00
C		Runar Larsen	Nydalens SK				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Sindre Langaas	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Sören Jonsson	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Steinar Eastwood	Lillomarka OL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Stig Hultgreen Karlsen	Oppsal Orientering				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Storm Kleiva	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Synnøve Lyssand Sandberg	Nydalens SK				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Tiril Emilie Ruud Bråten	Raumar Orientering				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Tiril Ruud Bråten	Raumar Orientering				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Tomas Sellgren	Göteborg Majorna				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Tormod Bøe	VBIL				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Vegard Løvli	Asker Skiklubb				0:32:08	04:00					0:35:44	05:00		1:07:52	0:10:00
C		Victoria Hæstad Bjørnstad	Fossum IF				0:33:08	05:00					0:34:44	04:00		1:07:52	0:10:00
C		Anne Elin Flågen	Heming Orientering				0:33:08	05:00		0:53:53	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Anniken Eriksrud Karlsen	Bækkelagets SK	49:33	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Astrid Fiskum	IL Tyrving	41:40	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Audun Bergan	Nydalens SK	01:38	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Carl-Erik Kopseng	Eptir skogssniglar				0:33:08	05:00		DSQ	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Einar Torstensen	Kamp/Vestheim IF				0:33:08	05:00		0:45:09	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Geir Ottar Kvernstuen	Nydalens SK	38:11	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Hanne Eide Rapp	Raumar Orientering	DSQ	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Ingrid Bjørshol Holm	Oppsal Orientering				0:33:08	05:00		0:36:07	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Jo Wiklund	Nydalens SK	42:34	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Karl Erik Kopseng	Eptir skogssniglar				0:33:08	05:00					0:35:14	04:30		1:08:22	0:10:30
C		Karoline Sønsterudbråten	Raumar Orientering	41:53	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Kristine Eide Rapp	Raumar Orientering	DSQ	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Kristine Kravdal	Gjø-Vard OL				0:33:08	05:00		0:47:38	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Martin Granly	Lillomarka OL				0:33:08	05:00		0:35:24	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Niklas Normann	Heming Orientering				0:33:08	05:00		0:30:12	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Nora Woxholt	Asker Skiklubb	DSQ	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Øystein Rapp	Raumar Orientering	42:11	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Øystein Rodem	Nydalens SK				0:33:08	05:00		0:31:02	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Øyvind Grandum	IL GeoForm				0:33:08	05:00		1:00:01	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Sofie Skyttersæter Iversen	Heming Orientering				0:33:08	05:00					0:35:14	04:30		1:08:22	0:10:30
C		Synne Eide Rapp	Raumar Orientering	DSQ	00:30		0:33:08	05:00					0:35:44	05:00		1:08:22	0:10:30
C		Torbjørn Kravdal	Gjø-Vard OL				0:33:08	05:00		0:47:43	00:30		0:35:44	05:00		1:08:22	0:10:30
C		Tove Strand	Måren OK				0:33:08	05:00		0:40:13	00:30		0:35:44	05:00		1:08:22	0:10:30
C	**179**	**IKKE STARTET**			**00:00**		**0:33:08**						**0:35:44**			**1:08:52**	**0:11:00**