

# Klubbmesterskap KOK sprint

## Strekktider

-22.09.2015

Plass Navn

Klasse

Tid

D 17-

1	Marianne Andersen	185	25:07																	
00:49=	01:44=	03:58=	04:17=	04:36=	05:06=	06:07=	07:49=	11:58=	14:11=	16:49=	17:32=	18:05=	19:15=	21:04=	21:45=	22:27=	24:00=	24:51=	25:07=	
00:49=	00:55=	02:14=	00:19=	00:19=	00:30=	01:01=	01:42=	04:09=	02:13=	02:38=	00:43=	00:33=	01:10=	01:49=	00:41=	00:42=	01:33=	00:51=	00:16=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Silje Bøen	189	32:52																	
00:59+	02:33+	04:42+	05:08+	05:33+	06:09+	07:28+	09:35+	15:48+	19:06+	22:57+	24:01+	24:54+	26:24+	28:26+	29:25+	30:11+	31:24+	32:32+	32:52+	
00:59+	01:34+	02:09+	00:26+	00:25+	00:36+	01:19+	02:07+	06:13+	03:18+	03:51+	01:04+	00:53+	01:30+	02:02+	00:59+	00:46+	01:13-	01:08+	00:20+	
00:10#	00:39&	00:05-	00:07&	00:06&	00:06#	00:18&	00:25#	02:04&	01:05&	01:13&	00:21&	00:20&	00:20&	00:13#	00:18&	00:04+	00:20-	00:17&	00:04#	
3	Leena Kuusipohja	189	33:20																	
00:52+	01:57+	03:29-	05:12+	05:36+	05:58+	06:47+	08:11+	10:19-	15:41+	18:21+	22:05+	23:04+	23:46+	25:16+	27:35+	28:34+	29:28+	31:54+	33:02+	33:20+
00:52+	01:05+	01:32-	01:43+	00:24+	00:22-	00:49-	01:24-	02:08-	05:22+	02:40+	03:44+	00:59+	00:42-	01:30-	02:19+	00:59+	00:54-	02:26+	01:08+	00:18+
00:03+	00:10#	00:42-	01:24@	00:05&	00:08-	00:12-	00:18-	02:01-	03:09@	00:02+	03:01@	00:26&	00:28-	00:19-	01:38@	00:17&	00:39-	01:35@	00:52@	00:18+
4	Marie Bøen	278	40:05																	
00:46-	02:15+	04:53+	05:28+	05:57+	06:45+	08:31+	11:32+	19:10+	22:05+	26:06+	27:22+	28:24+	30:25+	33:43+	35:03+	36:22+	38:05+	39:42+	40:05+	
00:46-	01:29+	02:38+	00:35+	00:29+	00:48+	01:46+	03:01+	07:38+	02:55+	04:01+	01:16+	01:02+	02:01+	03:18+	01:20+	01:19+	01:43+	01:37+	00:23+	
00:03-	00:34&	00:24#	00:16&	00:10&	00:18&	00:45&	01:19&	03:29&	00:42&	01:23&	00:33&	00:29&	00:51&	01:29&	00:39&	00:37&	00:10#	00:46&	00:07&	

### Beste strekktid for klassen

00:46 00:55 01:32 00:19 00:19 00:22 00:49 01:24 02:08 02:13 02:38 00:43 00:33 00:42 01:30 00:41 00:42 00:54 00:51 00:16

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**-22.09.2015**

Tid

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

**-22.09.2015**

Tid

**27:15**

**27:34**

**29:04**

**30:00**

**31:26**

31:40

**38:28**

00:38	00:50	01:51	00:21	00:18	00:25	00:38	01:23	02:22	02:10	02:49	00:49	00:38	00:45	01:29	00:45	00:41	00:52	00:57	00:16
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.