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Navn	Klubb	00:16:00								Totalt
		Tid dag 1	Dag 1	Tid dag 2	Dag 2	Tid dag 3	Dag 3	Tid dag 4	Dag 4	
Audun Heimdal	Konnerud IL	00:15:07	1000	00:19:06	888	00:14:40	1000			2888
Vegard Myklemyr	Eiker OL	00:19:45	693	00:17:11	1000	00:16:40	864	00:18:12	863	2727
Sturla Frydenlund	IF Sturla	00:25:44	298	00:20:08	828	00:19:13	690	00:16:29	970	2488
Håvard Landro Svingheim	Konnerud IL	00:20:25	649	00:24:19	585	00:18:17	753	00:17:59	876	2278
Erik Saugerud	Konnerud IL	00:21:32	576	00:20:51	787	00:18:03	769			2132
Lars Baklid	Konnerud IL	00:19:50	688	00:20:43	794	00:19:56	641			2123
Ole Myklemyr	Eiker OL	00:28:32	112	00:21:21	758	00:21:02	566	00:25:23	414	1738
Peter Carlsen	Røyken OL	00:25:36	307	00:21:21	758		0	00:21:33	653	1718
Njål Svingheim	Konnerud IL	00:22:44	496	00:24:24	580	00:20:58	570		0	1646
Anders Juveli	Konnerud IL	00:20:24	650	00:21:44	735		0		0	1385
Harald Thon	IF Sturla		0	00:21:23	756	00:21:06	561		0	1317
Tibor Vári	IF Sturla		0	00:22:57	664	00:20:25	608		0	1272
Øystein Rognebakke	IF Sturla	00:26:29	0	00:22:58	663	00:21:34	530		0	1193
Anton Plaian	Asker Skiklubb		0	00:24:47	558	00:21:42	520		0	1078
Nils-Inge Brurberg	IF Sturla	00:25:03	343	00:21:54	726		0		0	1069
Bjørn Sverre Gulheim	Kolbotn og Skimt OL	00:27:57	151	00:27:51	379	00:22:46	448		0	978
Henrik Drange Ruud	Røyken OL		0	00:18:37	917		0		0	917
Per Arne Arnesen	Kolbotn og Skimt OL	00:25:24	320	00:25:31	515		0		0	835
Henrik Eijsink	Ås-NMBU Orientering	00:17:49	821		0		0		0	821
Jonas Sommerstad Juveli	Konnerud IL	00:17:49	821		0		0		0	821
Trond Rønneberg	Asker Skiklubb		0	00:21:08	770		0		0	770
Lars Henrik Thon	Konnerud IL		0		0	00:18:22	748	00:17:49	886	1634
Mathias Drage	Kongsberg OL	00:19:00	743		0		0		0	743
Arno Grønhovd	Modum OL	00:26:55	219	00:25:23	523		0		0	742
Helge Gisholt	OK Skeidi	00:19:53	685		0		0		0	685
Morten Tangen	Måren OK		0	00:24:12	592		0		0	592
Jan Morten Andersen	IF Sturla		0	00:24:30	574		0		0	574
Geir Holm Gundersen	IF Sturla		0	00:26:02	485		0		0	485
Mads Dahl	NOTEAM	00:23:23	453		0		0		0	453
Rune Sørensen	IF Sturla	00:31:51	0	00:36:00	0	00:23:45	381		0	381
Bjørn Bakli	Konnerud IL	00:24:39	369		0		0		0	369

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Snorre Frydenlund	IF Sturla		0		0	00:24:09	353		0	353
Marius Strandseter	IL Tyrving		0		0	00:24:14	348		0	348
Evind Heiebråten	Røyken OL		0	00:28:47	325		0		0	325
Eirik Holth Johannessen	Røyken OL		0	00:28:56	316		0		0	316
Kjell Petter Småge	Konnerud IL		0		0	00:25:39	251		0	251
Alf Pettersen	IL Tyrving	00:26:57	217		0		0		0	217
Bjørn Nordvik	Kolbotn og Skimt OL		0		0	00:26:17	208		0	208
Atle Wøllo	Kongsberg OL	00:27:17	195		0		0		0	195
Kjetil Kjernsmo	Røyken OL		0	00:31:20	177		0		0	177
Arild Moen	Konnerud IL	00:34:51	0	00:32:04	134	00:28:46	39		0	173
Trond Smemo	IF Sturla		0	00:36:25	0	00:26:50	170		0	170
Stig Hultgreen Karlsen	Oppsal Orientering	00:27:55	153		0		0		0	153
Roar Tønnessen	Kongsberg OL	00:29:06	75		0		0		0	75
Petter F. Johannessen	IF Sturla	00:29:14	66		0		0		0	66
Georg Horvati	IL Tyrving		0		0	00:28:53	31		0	31
Iver Sørensen	IF Sturla	00:30:27	0		0	00:32:22	0		0	0
Tom Sletner	Røyken OL		0	00:56:25	0		0		0	0
Per Kristian Ekeberg	IL Tyrving		0		0		0		0	0
Thom Jambak	IF Sturla		0		0		0		0	0
Vegard Bendiktsen	Konnerud IL		0		0		0		0	0
Bjørn Bendiktsen	Konnerud IL		0		0		0		0	0
Knut Bjerknes	Røyken OL		0	00:36:20	0		0		0	0
Karl Anton Undeland	IF Sturla		0		0		0		0	0
Geir Egil Norbom	Konnerud IL		0		0		0		0	0
Pål Espen Nordhaug	Konnerud IL		0		0		0		0	0
Hans Lyder Haare	Konnerud IL	00:33:49	0		0		0		0	0
Yngvar Høimyr Solberg	IF Sturla						00:16:00	1000		1000
Jørgen Madslien	Nydalens SK						00:16:57	941		941

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Navn	Klubb	Tid dag 1	Dag 1	Tid dag 2	Dag 2	Tid dag 3	Dag 3	00:15:06	Tid dag 4	Dag 4	Totalt
Ingunn Egeberg Vári	IF Sturla	00:20:03	1000	00:21:07	998	00:15:25	1000		00:18:43	760	2998
Ingrid Kvistad	Kongsberg OL	00:24:38	771	00:23:25	888	00:17:28	867				2526
Isa Heggedal	Konnerud IL	00:22:22	884	00:26:16	753	00:17:29	866				2503
Anne Willkommen Eiken	Kongsberg OL	00:25:46	715	00:25:09	806	00:16:27	933		00:18:03	805	2544
Amalie Fjæstad Amundsen	Konnerud IL	00:26:27	681	00:28:03	669	00:18:40	789				2139
Ina Cecilie Landro	Konnerud IL	00:29:11	544	00:28:35	643	00:18:16	815				2002
Siri Moholth	Kongsberg OL	00:23:07	847		0	00:18:21	810		00:18:57	745	2402
Kristin Sagosen Smeby	Kongsberg OL	00:22:25	882	00:21:04	1000		0				1882
Maren Kopland	Modum	00:25:20	736	00:24:05	857		0			0	1593
Tove Heimdal	Konnerud IL	00:27:36	623		0	00:21:15	622			0	1245
Trude Hansen	Berger og Svelvik OL	00:30:25	483	00:39:37	119	00:23:38	467			0	1069
Caroline Bergman	Konnerud IL	00:32:17	390	00:28:04	668		0			0	1058
Idunn Haavengen	Kongsberg OL	00:28:17	589	00:32:28	459		0			0	1048
Therese Haare	Konnerud IL	00:20:57	955		0		0			0	955
Aud Ellen Brevik	IF Sturla		0		0	00:17:48	845			0	845
Eirin Lodgaard	Raufoss IL Orientering		0		0	00:18:01	831			0	831
Kristin Sørensen	IF Sturla		0		0	00:18:31	799			0	799
Ida Kirksæther	NOTEAM	00:45:18	0		0		799			0	799
Ole Jørgen Bogen Arenth	IF Sturla		0		0	00:18:43	786			0	786
Gunhild Hennum	Lierbygda OL		0	00:26:08	759		0			0	759
Sølve Drage	Kongsberg OL	00:18:07	752		0		0			0	752
Enikø Bertalan	Asker Skiklubb		0	00:36:23	273	00:23:51	453			0	726
Tine Hansen	Modum OL	00:25:39	721		0		0			0	721
Berit Danielsen	IL Tyrving		0		0	00:20:12	690			0	690
Fride Sørensen	IF Sturla	00:45:15	0	00:29:22	606		0			0	606
Marita Lilja Grønhovd	Modum OL	00:35:58	206	00:33:39	390		0			0	596
Line Drange Ruud	Røyken OL		206	00:33:55	390		0			0	596
Heidi Myklemyr	Eiker OL		0		0	00:21:45	589			0	589
Helga Haverstad	Lierbygda OL	00:28:39	571		0		0			0	571
Linda Verde	IF Sturla		0		0	00:22:06	566			0	566
Emma Haare	Konnerud IL	00:29:02	552		0		0			0	552

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Tone Skram	Røyken OL	0	00:30:43	542	0	0	542
Inger-Helene Carlsen	Røyken OL	0	00:31:27	507	0	0	507
Marianne Strandseter	IL Tyrving	0		0	00:24:20	422	422
Marit Gano	Røyken OL	0	00:34:30	362	0	0	362
Marianne Strandseter	IL Tyrving	0		0		348	348
Hilde Moholth	Kongsberg OL	00:38:16	91	0	00:27:33	213	304
Annemarie Ranvik	Konnerud IL	0	00:37:16	231	0	0	231
Toini Skyttersæter	Konnerud IL	0	00:41:23	36	0	0	36
Line Nordhaug	Konnerud IL	0	00:41:27	32	0	0	32
Tanja Instanes	IF Sturla	00:42:08	0	0	0	0	0
Ingunn Lysaker Norbom	Konnerud IL	0		0	0	0	0
Birgitte Bekkelund	Røyken OL	0	00:44:35	0	0	0	0
Marianne Hope Abel	Røyken OL	0	00:43:57	0	0	0	0
Hanne Vig	IF Sturla	0		0	0	0	0
Jane Rødder	Kongsberg OL	00:58:34	0	0	0	0	0
Lone Brochman	Bækkelagets SK				00:15:06	1000	1000
Åsne Skram Trømborg	Kongsberg OL				00:17:37	833	833
Runa Fremstad	Larvik OL				00:15:39	964	964
						2000	2000

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Navn	Klubb	Tid dag 1	Dag 1	Tid dag 2	Dag 2	Tid dag 3	Dag 3	00:14:56	Tid dag 4	Dag 4	Totalt
Aslak Heimdal	Konnerud IL	00:16:41	851	00:17:03	1000		0		00:15:08	987	2838
Jørgen Baklid	Konnerud IL	00:14:31	1000	00:20:02	825	00:16:37	1000				2825
Joar Gjerdahl	Konnerud IL	00:19:11	679	00:18:01	943	00:18:01	916		00:16:41	883	2742
Håkon Lund	Kongsberg OL	00:16:21	874		0	00:18:13	904		00:16:09	919	2697
Nikolai Nordhaug	Konnerud IL	00:25:20	255	00:19:55	832	00:25:33	462		00:22:53	468	1762
Sigurd Smemo	IF Sturla	00:30:18	0	00:28:10	348	00:23:41	575		00:25:54	266	1189
Nicolai Hübschle	IF Sturla	00:18:34	721	00:20:52	776		0			0	1497
Johan Kristian Undeland	IF Sturla		0	00:26:56	420	00:20:56	740			0	1160
Mathias Skourup Rognebakke	IF Sturla	00:29:04	0	00:28:47	312	00:25:50	445			0	757
Vetle Lysaker Norbom	Konnerud IL		0	00:22:13	697		0			0	697
Nicolai Harvik	Konnerud IL	00:22:10	473		0		0			0	473
Sindre Lysaker Norbom	Konnerud IL	00:22:20	462		0		0	00:17:40	817		1279
Atle Nikolai Wøllo	Kongsberg OL	00:24:48	292		0		0			0	292
Egil Frydenlund	IF Sturla	00:25:14	262		0		0			0	262
Jon Argie Gabrillo	Røyken OLLag		0	00:32:43	81		0			0	81
Lukas Klausen	IF Sturla	00:30:15	0		0		0			0	0
Jens Normann Eidsten	IF Sturla	00:43:12	0		0		0			0	0
Tord Strand	Kongsberg OL							00:14:56	1000		1000
Henrik Reusch	Heming Orientering							00:18:13	780		780
Herman Brunborg	Nittedal OL							00:19:01	727		727
Sivert Sande Kverme	Fossum IF							00:19:26	699		699
Vetle Drage	Kongsberg OL									0	0
Eirik Hæstad Bjørnstad	Fossum IF							00:16:35	890		890
Henrik Haug	Kongsberg OL							00:19:37	686		686
Vegard Øverli Berg	Kongsberg OL							00:20:01	660		660
Patrik Thomassen	Modum OL							00:20:55	599		599

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Navn	Klubb									00:13:47		Totalt
		Tid dag 1	Dag 1	Tid dag 2	Dag 2	Tid dag 3	Dag 3	Tid dag 4	Dag 4			
Jenny Baklid	Konnerud IL	00:16:58	1000	00:18:11	1000		0	00:13:52	994			2994
Helene Eger	Kongsberg OL	00:18:52	0	00:21:14	832	00:15:14	1000	00:13:57	988			2820
Mathilde Sæter Flesseberg	Kongsberg OL	00:23:32	613	00:20:54	851	00:17:20	862	00:16:50	779			2492
Åsne Haavengen	Kongsberg OL	00:21:46	717	00:23:54	686	00:18:46	768	00:14:49	925			2410
Mari Landro Svingheim	Konnerud IL	00:27:04	405	00:23:04	731	00:19:36	713	00:14:39	937			2381
Rikke Hjelseth Larsen	Kongsberg OL	00:21:02	760	00:23:21	716	00:17:33	848	00:17:51	705			2324
Thea Sildnes Baklid	Konnerud IL	00:18:48	892		0	00:16:50	895	00:14:45	930			2717
Aurora Moholth	Kongsberg OL	00:19:57	824		0	00:15:59	951	00:14:58	914			2689
Kjersti Tønnessen Bergstøl	Kongsberg OL	00:20:46	776	00:20:19	883		0	00:14:55	918			2577
Andrea Ranvik	Konnerud IL	00:22:20	684	00:22:42	752		0	00:15:41	862			2298
Lotte Myklemyr	Eiker OL	00:28:04	346		0	00:17:25	857		0			1203
Anni Saarela	Konnerud IL	00:27:16	393	00:31:24	273	00:22:22	532		0			1198
Mari Kjelle	Røyken OL	00:33:15	40	00:33:25	162	00:16:48	897	00:16:29	804			1903
Ingvild Marie Haug	Konnerud IL	00:21:52	711	00:29:59	351		0		0			1062
Kornelia Brurberg	IF Sturla	00:23:34	611	00:28:28	434		0		0			1045
Sarah Wøllo	Kongsberg OL	00:20:56	766		0		0		0			766
Tale Strand	Kongsberg OL	00:22:08	695		0		0	00:15:18	890			1585
Anniken Ranvik	Konnerud IL	00:23:15	630		0		0		0			630
Ingeborg Kvarme	Røyken OL	00:37:18	0	00:26:47	527		0		0			527
Nora Småge Hilsen	Konnerud IL	00:47:23	0		0	00:22:58	492		0			492
Silje Carlsen	Røyken OL		0	00:27:49	470		0		0			470
Amanda Skyttersæter Saugerud	Konnerud IL	00:33:19	36	00:28:57	408		0		0			444
Konstanse Moholth	Kongsberg OL	00:31:07	166		0	00:26:42	247	00:18:05	688			1101
Thea Land	Konnerud IL	00:35:48	0	00:29:24	383		0	00:19:59	550			933
Vera Gano Mønnich	Røyken OL		0	00:31:22	275		0		0			275
Tonje Malin Rhrich	Konnerud IL	00:31:46	128		0		0		0			128
Malene Instanes	IF Sturla	00:42:04	0		0		0		0			0
Ine Instanes	IF Sturla	00:42:04	0		0		0		0			0
Iselin Sørensen	IF Sturla		0		0		0	00:22:19	381			381
Oda Gjerdahl	Berger og Svelvik OL		0	00:37:45	0		0		0			0
Sandra Hope Haugan	Røyken OL		0	00:38:34	0		0		0			0

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Åshild Egeberg Vari	IF Sturla	00:53:45	0	0	0	0	0	0
Alvilde Lysaker Sanden	Eiker OL					00:19:05	615	615
Victoria Hæstad Bjørnstad	Fossum IF					00:13:47	1000	1000
Marlin Haavengen	Kongsberg OL					00:14:24	955	955
							0	0