

Harry Lagerts Nattcup 2025				# HL-Løp nr 122		
Løp #3 15.10 Skullerud				197 Startende		
Løypelegger: Elise Wærp Hauge						
Kari 3300 m						
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
1	Helena Karlsson	Nydalens SK	00:33:02	0:01:00	0:32:02	0:00:00
2	Ane Dyrkorn	NTNUI	00:33:33	0:00:40	0:32:53	0:00:51
3	Tone Bergerud Lye	Nydalens SK	00:33:43	0:00:30	0:33:13	0:01:11
4	Kaja Winsnes Nordhagen	Nydalens SK	00:34:40	0:00:20	0:34:20	0:02:18
5	Lone Brochmann	Nydalens SK	00:36:13	0:00:10	0:35:52	0:03:50
6	Tina Kalleson	Oppsal Orientering	00:37:29		0:36:02	0:04:00
7	Helene Scheele	Nydalens SK	00:41:28		0:36:02	0:04:00
8	Marte Narum	Nydalens SK	00:41:53		0:36:02	0:04:00
9	Oline Soma Slåstad	Raumar Orientering	00:42:14		0:36:02	0:04:00
10	Katja Mjøsund	Nydalens SK	00:42:48		0:36:02	0:04:00
11	Joelle Meister	Nydalens SK	00:43:28		0:36:02	0:04:00
12	Tuva Berger Gjelstad	Oppsal Orientering	00:45:08		0:36:02	0:04:00
13	Mathilde Rekkertbø Koren	Nydalens SK	00:45:39		0:36:02	0:04:00
14	Karoline Brevig Aune	Oppsal Orientering	00:45:41		0:36:02	0:04:00
15	Solveig Blandkjenn	Tyrving IL	00:48:09		0:36:02	0:04:00
16	Cathrine Sandvik	Raumar Orientering	00:48:44		0:36:02	0:04:00
17	Emilie Westin	Nydalens SK	00:49:05		0:36:02	0:04:00
18	Sunniva Omdal	Nydalens SK	1:00:07		0:36:02	0:04:00
19	Kjersti Adéla Westin	Nydalens SK	1:10:43		0:36:02	0:04:00
Ikke startet					0:37:02	0:05:00
Legendar 3600 m						
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
1	Vegard Jarvis Westergård	Oppsal Orientering	00:26:56	0:01:00	0:25:56	0:00:00
2	Hans Petter Mathisen	Tyrving IL	00:27:09	0:00:40	0:26:29	0:00:33
3	Anders Tiltnes Brokstad	Tyrving IL	00:27:17	0:00:30	0:26:47	0:00:51
4	Anders Vestøl	Tyrving IL	00:27:25	0:00:20	0:27:05	0:01:09
5	Herman Ryen Martinsen	Oppsal Orientering	00:27:34	0:00:10	0:27:24	0:01:28
6	Torgeir Tiltnes Nørbech	Tyrving IL	00:28:52		0:28:52	0:02:56
7	Bojan Blumenstein	Nydalens SK	00:29:42		0:29:42	0:03:46
8	Eirik Kamstrup Hovind	Nydalens SK	00:30:25		0:29:56	0:04:00
9	Kasper Bakken Ulseth	Nydalens SK	00:30:41		0:29:56	0:04:00
10	Halvor Tørnqvist Halden	Nydalens SK	00:30:53		0:29:56	0:04:00
11	Karl Oraug Rygh	Nydalens SK	00:31:16		0:29:56	0:04:00
12	Tarjei Holo	Fossum IF	00:31:17		0:29:56	0:04:00
13	Håvard Funkqvist Haga	Nydalens SK	00:32:01		0:29:56	0:04:00
14	Sverre Turtur Sandvold	Nydalens SK	00:32:17		0:29:56	0:04:00
15	Asgeir Mjøsund	Nydalens SK	00:34:47		0:29:56	0:04:00
16	Are Wigaard	Oppsal Orientering	00:34:51		0:29:56	0:04:00
17	Espen Jakobsen	Tyrving IL	00:35:12		0:29:56	0:04:00
18	Elias Skjolden Sørensen	Lillomarka OL	00:35:34		0:29:56	0:04:00
19	Øystein Garsrud Tvedt	Stavanger Orientering	00:36:24		0:29:56	0:04:00
20	Sondre Prytz Hafskjold	Nydalens SK	00:36:39		0:29:56	0:04:00
21	Martin Borge Heir	Fossum IF	00:36:50		0:29:56	0:04:00
22	Sigurd Størmer-Antonsen	Nydalens SK	00:37:01		0:29:56	0:04:00

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	Lokal Damer 3300 m							
	Plass Navn		Organisasjon	Løpstid		Bonus	Off. Tid	Bak
	1	Silje Egeberg	Tyrving IL	0:35:16		0:01:00	0:34:16	0:00:00
	2	Ingrid Hovdenak Espedal	Asker Skiklubb	0:41:16		0:00:40	0:37:36	0:03:20
	3	Pauline Gudim Valsgård	OK Moss	0:41:21		0:00:30	0:37:46	0:03:30
	4	Wilma Stopar	Tyrving IL	0:41:42		0:00:20	0:37:56	0:03:40
	5	Liv Borchgrevink Reinemo	Tyrving IL	0:43:35		0:00:10	0:38:06	0:03:50
	6	Helle S. Boldingh Debernard	Nydalens SK	0:43:48			0:38:16	0:04:00
	7	Emma Green	Heming Orientering	0:44:07			0:38:16	0:04:00
	8	Ingvild Rud Skjærstad	Nydalens SK	0:44:22			0:38:16	0:04:00
	9	Ingeborg Rekkertbø Koren	Nydalens SK	0:47:48			0:38:16	0:04:00
	10	Ester Møll Nyiri	Nydalens SK	0:49:32			0:38:16	0:04:00
	11	Helena Åsberg	Sarpsborg OL	0:49:42			0:38:16	0:04:00
	12	Ellen Moen	Nydalens SK	0:50:08			0:38:16	0:04:00
	13	Heidi Tronbøl	Fet OL	0:50:29			0:38:16	0:04:00
	14	Nora Borchgrevink Reinemo	Tyrving IL	0:51:19			0:38:16	0:04:00
	15	Linda Hanssen	Østmarka OK	0:52:20			0:38:16	0:04:00
	16	Tiril Jacobsen Myklatun	Tyrving IL	0:53:31			0:38:16	0:04:00
	17	Klara Soma Slåstad	Raumar Orientering	0:55:26			0:38:16	0:04:00
	18	Mathilde Sønsterudbråten	Lillomarka OL	0:58:22			0:38:16	0:04:00
	19	Natalia Fey	Nydalens SK	0:58:50			0:38:16	0:04:00
	20	Juni Gjedrem	Tyrving IL	1:01:03			0:38:16	0:04:00
	21	Hanne Wærp Hauge	Nydalens SK	1:04:12			0:38:16	0:04:00
	22	Kaja Tiltnes	Tyrving IL	1:04:18			0:38:16	0:04:00
	23	Eli Fjellbirkeland Johannesen	NTNUI	1:05:44			0:38:16	0:04:00
	24	Maiken Skirstad Mo	Nydalens SK	1:09:37			0:38:16	0:04:00
	Ikke startet						0:39:16	0:05:00
	Lokal Herrer 3300 m							
	Plass Navn		Organisasjon	Løpstid		Bonus	Off. Tid	Bak
	1	Erik Paulsrud	Koll, IL	0:34:27		0:01:00	0:33:27	0:00:00
	2	Harald Bakke	Fossum IF	0:35:08		0:00:40	0:34:28	0:01:01
	3	Håkon Fenne Ingierd	Bækkelagets SK	0:35:48		0:00:30	0:35:18	0:01:51
	4	Iver Aarseth	Nydalens SK	0:37:13		0:00:20	0:36:53	0:03:26
	5	Nils Nikolaisen	Oppsal Orientering	0:37:30		0:00:10	0:37:17	0:03:50
	6	Endre Stokseth	Nydalens SK	0:37:40			0:37:27	0:04:00
	7	Erlend Stokke Meen	Ås-NMBU Orientering	0:37:44			0:37:27	0:04:00
	8	Aron Bjørke	Fossum IF	0:38:23			0:37:27	0:04:00
	9	Mark Fey	Nydalens SK	0:38:29			0:37:27	0:04:00
	10	Asgeir Lium	Fet OL	0:39:18			0:37:27	0:04:00
	11	Jan Tore Henriksen	Nydalens SK	0:40:02			0:37:27	0:04:00
	12	Ole Kjell Langmyren	Lillomarka OL	0:40:27			0:37:27	0:04:00
	13	Bengt Niklasson	Nydalens SK	0:40:53			0:37:27	0:04:00
	14	Vidar Benjaminsen	Lillomarka OL	0:41:06			0:37:27	0:04:00
	15	Jon Kjenseth	Heming Orientering	0:41:42			0:37:27	0:04:00
	16	Karl Rikard Løvhaug	Koll, IL	0:41:53			0:37:27	0:04:00
	17	Eskil Åsmul	IL GeoForm	0:42:05			0:37:27	0:04:00
	18	Steinar Eastwood	Lillomarka OL	0:42:35			0:37:27	0:04:00
	19	Torstein Hole	Nydalens SK	0:42:48			0:37:27	0:04:00
	20	Nicolai Moli	Oppsal Orientering	0:42:59			0:37:27	0:04:00
	21	Even Angell-Petersen	Nydalens SK	0:43:01			0:37:27	0:04:00
	22	Henning Bratland Carlsen	OK Moss	0:43:21			0:37:27	0:04:00
	23	Bjørn Hauge	Nydalens SK	0:43:29			0:37:27	0:04:00

24	Per Christian Stenshorne	Nydalens SK	0:43:43			0:37:27	0:04:00
25	Morten Ødegaard	Lillomarka OL	0:44:31			0:37:27	0:04:00
26	Hallvard Fjær	Lillomarka OL	0:44:42			0:37:27	0:04:00
27	Kjetil Espedal	Nydalens SK	0:45:50			0:37:27	0:04:00
28	Niklas Norman	IL GeoForm	0:45:52			0:37:27	0:04:00
29	Terje Wiig Mathisen	Fredrikstad SK	0:45:56			0:37:27	0:04:00
30	Fredrik Saugestad	Nydalens SK	0:46:03			0:37:27	0:04:00
31	Richard Zeiner-Gundersen	Lierbygda OL	0:47:08			0:37:27	0:04:00
32	Øyvind Haugland	Lillomarka OL	0:47:30			0:37:27	0:04:00
33	Jon Iver Bakken	Nydalens SK	0:47:51			0:37:27	0:04:00
34	Ståle Heitmann	IL GeoForm	0:47:57			0:37:27	0:04:00
35	Henrik Duvaas	Fossum IF	0:48:40			0:37:27	0:04:00
36	Knut Aalde	Nydalens SK	0:48:56			0:37:27	0:04:00
37	Are Eriksen	Oslostudentenes IK	0:49:35			0:37:27	0:04:00
38	Trond K Nyland	Nydalens SK	0:50:07			0:37:27	0:04:00
39	Carl Erik Wasberg	Oppsal Orientering	0:50:51			0:37:27	0:04:00
40	Martin Granly	Lillomarka OL	0:51:16			0:37:27	0:04:00
40	Karl Joakim Holt-Overå	Fossum IF	0:51:36			0:37:27	0:04:00
42	Ole Kristian Kristensen	Fossum IF	0:51:41			0:37:27	0:04:00
43	Hallvard Koren	OK Moss	0:52:18			0:37:27	0:04:00
44	Guttorm Egge	IL GeoForm	0:53:23			0:37:27	0:04:00
45	Lars Hjermstad	Fossum IF	0:53:30			0:37:27	0:04:00
46	Pål Christian Ingierd	Bækkelagets SK	0:53:35			0:37:27	0:04:00
47	Karl Arne Lein Kjølberg	Oppsal Orientering	0:54:05			0:37:27	0:04:00
48	Alasdair Mackenzie	Nydalens SK	0:54:47			0:37:27	0:04:00
49	Øystein Flenning	Årvoll IL	0:55:54			0:37:27	0:04:00
50	Ottar Wiklund	Nydalens SK	0:57:42			0:37:27	0:04:00
51	Ståle Sønsterudbråten	Lillomarka OL	0:58:26			0:37:27	0:04:00
52	Kjell Winther	Oppsal Orientering	0:59:47			0:37:27	0:04:00
53	Ivar Maalen	Ås-NMBU Orientering	1:00:39			0:37:27	0:04:00
54	Bjørn Bendiktsen	Modum OL	1:03:57			0:37:27	0:04:00
55	Ragnar Maalen-Johansen	Klubbløs	1:04:30			0:37:27	0:04:00
56	Hasse Bergstrøm	Tyrving IL	1:05:56			0:37:27	0:04:00
57	Anders Emilsson	Oppsal Orientering	1:06:11			0:37:27	0:04:00
58	Peer Stiansen	Nydalens SK	1:06:23			0:37:27	0:04:00
59	Anders Kløvstad	Nydalens SK	1:10:58			0:37:27	0:04:00
60	Gjermund Weisz	Nydalens SK	1:12:25			0:37:27	0:04:00
61	Ketil Åstebøl	Oppsal Orientering	1:14:40			0:37:27	0:04:00
62	Andreas Erichsen	Nydalens SK	1:14:47			0:37:27	0:04:00
63	Oskar Hoven Fjogstad	Oppsal Orientering	1:17:12			0:37:27	0:04:00
64	Sindre Fjogstad	Oppsal Orientering	1:17:32			0:37:27	0:04:00
65	Henning Bragge	Stokke IL	1:20:40			0:37:27	0:04:00
66	Øyvind Grandum	IL GeoForm	1:23:42			0:37:27	0:04:00
67	Ivar Wergeland	Nydalens SK	1:24:14			0:37:27	0:04:00
68	Bjørn Ivar Nielsen Åstebøl	Lillehammer OK	1:24:42			0:37:27	0:04:00
69	Øystein Sæther	Lillomarka OL	1:27:51			0:37:27	0:04:00
70	Arvid Grøtting	Nydalens SK	1:34:27			0:37:27	0:04:00
	Hugo Mackenzie	Nydalens SK	DSQ			0:37:57	0:04:30
Ikke startet						0:34:16	0:00:49

	Rekrutt 2100 m						
	Plass	Navn	Organisasjon	Løpstad			
	1	Lavrans Kirkhus	Nydalens SK	0:23:55			
	2	Mikkel Holte	Nydalens SK	0:27:44			
	3	Edrun Andrea Schnell	Fet OL	0:27:48			
	4	Brigt Møll Nyiri	Nydalens SK	0:27:49			
	5	Ada Rodem	Nydalens SK	0:29:14			
	6	Magnus Thomassen	Nydalens SK	0:35:17			
	7	Adrian Moen Gilgien	Nydalens SK	0:36:19			
	8	Lavrans Løkke Tørklep	Nydalens SK	0:36:33			
	9	Sigrid Fenne Ingierd	Bækkelagets SK	0:40:55			
	10	Solvor Kirkhus	Nydalens SK	0:40:58			
	11	Jan kristian Lygre	Nydalens SK	0:41:36			
	12	Tora Natås Stokseth	Nydalens SK	0:44:41			
	13	Liv Boldingh Debernard	Nydalens SK	0:47:14			
	13	Kristine Rekkertbø Koren	Nydalens SK	0:47:14			
	15	Amelie Moen Gilgien	Nydalens SK	0:48:27			
	16	Benjamin Hoven Fjogstad	Oppsal Orientering	0:59:26			
	17	Kari Schjølberg-Henriksen	Nydalens SK	1:05:42			
	18	Aina Grymyr	Nordre Follo Orientering	1:06:14			
	19	Andreas Ljønes	Oppsal Orientering	1:12:16			