

Harry Lagerts Nattcup 2025				Løp # 121			
Løp #2 8. okt Øvresetertjern				222 startende			
Løypelegger: Ronja Björklund							
Kari 3 330 m, 20 startende							
Plass	Navn	Organisasjon		Løpstime	Bonus	Off. Tid	Bak
1	Kaja Winsnes Nordhagen	Nydalens SK		00:27:48	0:01:00	0:26:48	0:00:00
2	Helena Karlsson	Nydalens SK		00:27:51	0:00:40	0:27:11	0:00:23
3	Emma Arnesen	Nydalens SK		00:29:17	0:00:30	0:28:47	0:01:59
4	Lone Brochmann	Nydalens SK		00:31:10	0:00:20	0:30:28	0:03:40
5	Hanna Wey	Halden SK		00:32:08	0:00:10	0:30:38	0:03:50
6	Tone Bergerud Lye	Nydalens SK		00:34:01		0:30:48	0:04:00
7	Joelle Meister	Nydalens SK		00:34:17		0:30:48	0:04:00
8	Emilie Westin	Nydalens SK		00:35:26		0:30:48	0:04:00
9	Sonja Mellberg	Oppsal Orientering		00:36:14		0:30:48	0:04:00
10	Karoline Brevig Aune	Oppsal Orientering		00:36:17		0:30:48	0:04:00
11	Solveig Blandkjenn	Tyrving IL		00:36:19		0:30:48	0:04:00
12	Marte Narum	Nydalens SK		00:37:59		0:30:48	0:04:00
13	Henni Hattestad Kristensen	Heming Orientering		00:38:24		0:30:48	0:04:00
14	Tilla Farnes Hennum	Nydalens SK		00:41:22		0:30:48	0:04:00
15	Tonje Aasheim Nymark	Nydalens SK		00:42:05		0:30:48	0:04:00
16	Oline Soma Slåstad	Raumar Orientering		00:42:51		0:30:48	0:04:00
17	Cathrine Sandvik	Raumar Orientering		00:43:56		0:30:48	0:04:00
18	Kjersti Adéla Westin	Nydalens SK		00:49:47		0:30:48	0:04:00
19	Katarína Kubinová	Nydalens SK		00:51:29		0:30:48	0:04:00
20	Inka Marte Boldingh Deberna	Nydalens SK		00:55:46		0:30:48	0:04:00
Ikke startet						0:31:48	0:05:00
Legendar 3 500 m, 40 startende							
Plass	Navn	Organisasjon		Løpstime	Bonus	Off. Tid	Bak
1	Vegard Jarvis Westergård	Oppsal Orientering		00:25:04	0:01:00	0:24:04	0:00:00
2	Anders Tiltne Brokstad	Tyrving IL		00:25:11	0:00:40	0:24:31	0:00:27
3	Alastair Thomas	Nydalens SK		00:25:47	0:00:30	0:25:17	0:01:13
4	Anders Vestøl	Tyrving IL		00:26:17	0:00:20	0:25:57	0:01:53
4	Anders Vister	Bækkelaget SK		00:26:25	0:00:20	0:26:05	0:02:01
6	Halvor Tørnqvist Halden	Nydalens SK		00:26:40		0:26:40	0:02:36
7	Karl Oraug Rygh	Nydalens SK		00:26:41		0:26:41	0:02:37
8	Oskar Leinonen	Nydalens SK		00:27:27		0:27:27	0:03:23
9	Herman Ryen Martinsen	Oppsal Orientering		00:27:54		0:27:54	0:03:50
10	Sondre Prytz Hafskjold	Nydalens SK		00:27:58		0:27:58	0:03:54
11	Eirik Kamstrup Hovind	Nydalens SK		00:28:02		0:28:02	0:03:58
12	Tarjei Holo	Fossum IF		00:28:16		0:28:04	0:04:00
13	Espen Jakobsen	Tyrving IL		00:28:27		0:28:04	0:04:00
14	Bojan Blumenstein	Nydalens SK		00:28:28		0:28:04	0:04:00
15	Martin Borge Heir	Fossum IF		00:28:32		0:28:04	0:04:00
16	Sander Arntzen	NTNUI		00:29:03		0:28:04	0:04:00
17	Torgeir Tiltne Nørbech	Tyrving IL		00:29:07		0:28:04	0:04:00
18	Elias Skjolden Sørensen	Lillomarka OL		00:29:15		0:28:04	0:04:00
19	Sigve Nygård Fagervold	Asker Skiklubb		00:29:28		0:28:04	0:04:00
20	Sindre Østgulen Deisz	Nydalens SK		00:29:43		0:28:04	0:04:00
21	Bjørn Anders Flågen	Heming Orientering		00:29:49		0:28:04	0:04:00
22	Alfred Teig	Nydalens SK		00:29:49		0:28:04	0:04:00
23	Are Wigaard	Oppsal Orientering		00:31:23		0:28:04	0:04:00
24	Vegard Blomseth Johnsen	Nydalens SK		00:32:25		0:28:04	0:04:00
25	Eirik Langedal Breivik	NTNUI		00:32:41		0:28:04	0:04:00
26	Eskil Hafskjold	Nydalens SK		00:33:06		0:28:04	0:04:00
27	Ulrik Astrup Arnesen	Heming Orientering		00:33:33		0:28:04	0:04:00
28	Mathias Vold	Lillomarka OL		00:34:11		0:28:04	0:04:00
29	Erik Olsvik Dengerud	Nydalens SK		00:35:59		0:28:04	0:04:00
30	Jacob Finstad Land	Tyrving IL		00:36:28		0:28:04	0:04:00

	31	Filip Kubina	Nydalens SK		00:37:12		0:28:04	0:04:00
	32	Esten Koren	Nydalens SK		00:37:39		0:28:04	0:04:00
	33	Mariann Zernant	Nydalens SK		00:38:45		0:28:04	0:04:00
	34	Mie Fosshaug Weinholdt	Østmarka OK		00:40:03		0:28:04	0:04:00
	35	Rasmus Mackenzie	Nydalens SK		00:41:20		0:28:04	0:04:00
	36	Janne Tjørhom Aasheim	Heming Orientering		00:41:26		0:28:04	0:04:00
	37	Live Robøle Løberg	Nydalens SK		00:42:11		0:28:04	0:04:00
	38	Øystein Tvedt	Stavanger Orienteringsklubb		00:42:26		0:28:04	0:04:00
	39	Sverre Turtur Sandvold	Nydalens SK		00:44:56		0:28:04	0:04:00
		Anders Bjergaard	Nydalens SK		DSQ		0:28:34	0:04:30
	Ikke startet						0:29:04	0:05:00
	Ola 3 800 m, 23 startende							
	Plass	Navn	Organisasjon		Løpstime	Bonus	Off. Tid	Bak
	1	Lars-Christian Unger	Nydalens SK		00:26:22	0:01:00	0:25:22	0:00:00
	2	Anders B. Øksenholt	Nydalens SK		00:27:46	0:00:40	0:27:06	0:01:44
	2	Tobias Tronbøl Lium	Bækkelagets SK		00:27:49	0:00:30	0:27:19	0:01:57
	4	Dag Aalvik	Nydalens SK		00:28:37	0:00:20	0:28:17	0:02:55
	5	Øystein Pettersen	Nydalens SK		00:28:49	0:00:10	0:28:39	0:03:17
	6	Trond Kortner	Østmarka OK		00:29:40		0:29:22	0:04:00
	7	Sveinung Syversen	Oppsal Orientering		00:29:52		0:29:22	0:04:00
	8	Knut Landstad	Nydalens SK		00:30:04		0:29:22	0:04:00
	9	Mathias Benjaminsen	Lillomarka OL		00:30:08		0:29:22	0:04:00
	10	Viktor Meland-Tangen	Bækkelagets SK		00:30:43		0:29:22	0:04:00
	11	Espen Beer Prydz	Heming Orientering		00:33:19		0:29:22	0:04:00
	12	Svein Nygård	Lillomarka OL		00:34:25		0:29:22	0:04:00
	13	Lars-Ivar Aarseth	Nydalens SK		00:34:29		0:29:22	0:04:00
	14	Oliver Benberg	Bækkelagets SK		00:34:47		0:29:22	0:04:00
	15	Bjørn Erik Glomsrud	Indre Østfold OK		00:37:00		0:29:22	0:04:00
	16	Tobias Eriksen Andersgaard	Lillomarka OL		00:37:50		0:29:22	0:04:00
	17	Alfred Holtan Sanderud	Lillomarka OL		00:39:27		0:29:22	0:04:00
	18	Øystein Rodem	Nydalens SK		00:41:29		0:29:22	0:04:00
	19	Kristoffer Jacobsen	Tyrving IL		00:43:22		0:29:22	0:04:00
	20	Frank Åge Kippernes	Kårvåg IL		00:44:10		0:29:22	0:04:00
	21	Haakon Ingvaldsen	Nittedal OL		00:46:52		0:29:22	0:04:00
	22	Rudi B Olsen	Lillomarka OL		00:54:41		0:29:22	0:04:00
		Runar Hafskjold	Nydalens SK		DSQ		0:29:52	0:04:30
	Ikke startet						0:30:22	0:05:00
	Lokal Damer 3 250 m, 28 startende							
	Plass	Navn	Organisasjon		Løpstime	Bonus	Off. Tid	Bak
	1	Silje Egeberg	Tyrving IL		00:34:29	0:01:00	0:33:29	0:00:00
	2	Wilma Stopar	Tyrving IL		00:35:52	0:00:40	0:35:12	0:01:43
	3	Helle S. Boldingh Debernard	Nydalens SK		00:35:59	0:00:30	0:35:29	0:02:00
	4	Heidi Tronbøl	Fet OL		00:36:05	0:00:20	0:35:45	0:02:16
	5	Ingrid Hovdenak Espedal	Asker Skiklubb		00:36:16	0:00:10	0:36:06	0:02:37
	6	Liv Borchgrevink Reinemo	Tyrving IL		00:37:41		0:37:29	0:04:00
	7	Hanne Wærp Hauge	Nydalens SK		00:38:19		0:37:29	0:04:00
	8	Karoline Heidisdatter Sønsterud	Lillomarka OL		00:38:26		0:37:29	0:04:00
	9	Silje Taraldlien	Fet OL		00:39:57		0:37:29	0:04:00
	10	Tiril Jacobsen Myklatun	Tyrving IL		00:40:17		0:37:29	0:04:00
	11	Linda Hanssen	Østmarka OK		00:40:57		0:37:29	0:04:00
	12	Ester Møll Nyiri	Nydalens SK		00:41:20		0:37:29	0:04:00
	13	Ann Elin Flågen	Heming Orientering		00:42:10		0:37:29	0:04:00
	14	Ingeborg Rekkertbø Koren	Nydalens SK		00:42:29		0:37:29	0:04:00
	15	Ingrid Hasaas	Fossum IF		00:42:48		0:37:29	0:04:00
	16	Dana B. Stene	Nydalens SK		00:43:05		0:37:29	0:04:00
	17	Selja Marie Boldingh Debernard	Nydalens SK		00:43:49		0:37:29	0:04:00
	18	Anne Stine Taraldlien	Fet OL		00:44:16		0:37:29	0:04:00
	19	Mathilde Sønsterudbråten	Lillomarka OL		00:47:30		0:37:29	0:04:00
	20	Emma Green	Heming Orientering		00:47:57		0:37:29	0:04:00
	21	Nicole Ragvin	Nydalens SK		00:49:35		0:37:29	0:04:00
	22	Johanne Ragvin Rystad	Nydalens SK		00:49:36		0:37:29	0:04:00

	23	Nora Borchgrevink Reinemo	Tyrving IL		00:49:56		0:37:29	0:04:00
	24	Jenny Mackenzie	Nydalens SK		00:50:45		0:37:29	0:04:00
	25	Ingeborg Øderud	Bækkelagets SK		00:52:36		0:37:29	0:04:00
	26	Eli Berge	Fossum IF		00:54:47		0:37:29	0:04:00
		Celine Kjenseth	Heming Orientering		DSQ		0:37:59	0:04:30
		Christine Teig	Nydalens SK		DSQ		0:37:59	0:04:30
	Ikke startet						0:38:29	0:05:00
	Lokal Herrer 3 250 m, 84 startende							
	Plass	Navn	Organisasjon		Løpstid	Bonus	Off. Tid	Bak
	1	Nils Nikolaisen	Oppsal Orientering		00:27:33	0:01:00	0:26:33	0:00:00
	2	Erlend Stokke Meen	Ås-NMBU Orientering		00:27:43	0:00:40	0:27:03	0:00:30
	3	Dyre Stokke Meen	Ås-NMBU Orientering		00:28:12	0:00:30	0:27:42	0:01:09
	4	Jan Tore Henriksen	Nydalens SK		00:29:44	0:00:20	0:29:24	0:02:51
	5	Harald Bakke	Fossum IF		00:30:45	0:00:10	0:30:23	0:03:50
	6	Aron Bjørke	Fossum IF		00:31:08		0:30:33	0:04:00
	7	Sivert Landrø Grindedal	Oppsal Orientering		00:31:08		0:30:33	0:04:00
	8	Christian Grotnes	Tyrving IL		00:31:10		0:30:33	0:04:00
	9	Karl Joakim Holt-Overå	Fossum IF		00:32:41		0:30:33	0:04:00
	10	Asgeir Lium	Fet OL		00:32:53		0:30:33	0:04:00
	11	Jon Iver Bakken	Nydalens SK		00:32:59		0:30:33	0:04:00
	12	Vidar Benjaminsen	Lillomarka OL		00:33:02		0:30:33	0:04:00
	13	Nicolai Moli	Oppsal Orientering		00:33:14		0:30:33	0:04:00
	14	Ole Kristian Kristensen	Fossum IF		00:33:28		0:30:33	0:04:00
	15	Håkon Fenne Ingierd	Bækkelagets SK		00:34:03		0:30:33	0:04:00
	16	Endre Stokseth	Nydalens SK		00:34:19		0:30:33	0:04:00
	17	Hugo Mackenzie	Nydalens SK		00:34:22		0:30:33	0:04:00
	18	Karl Even Rygh	Heming Orientering		00:34:26		0:30:33	0:04:00
	19	Kjetil Espedal	Nydalens SK		00:34:38		0:30:33	0:04:00
	20	Iver Aarseth	Nydalens SK		00:34:43		0:30:33	0:04:00
	21	Carl Erik Wasberg	Oppsal Orientering		00:34:59		0:30:33	0:04:00
	22	Bjørn Hauge	Nydalens SK		00:35:04		0:30:33	0:04:00
	22	Roger Birkeland	Fossum IF		00:35:12		0:30:33	0:04:00
	24	Erling Melvær Ettestøl	Oppsal Orientering		00:35:17		0:30:33	0:04:00
	25	Per Christian Stenshorne	Nydalens SK		00:35:55		0:30:33	0:04:00
	26	Terje Wiig Mathisen	Fredrikstad SK		00:36:24		0:30:33	0:04:00
	27	Even Angell-Petersen	Nydalens SK		00:36:41		0:30:33	0:04:00
	27	Ulrik Juveli Pedersen	Oppsal Orientering		00:36:45		0:30:33	0:04:00
	29	Audun Berstad	Heming Orientering		00:37:03		0:30:33	0:04:00
	30	Eskil Åsmul	IL GeoForm		00:37:03		0:30:33	0:04:00
	31	Karl Rikard Løvhaug	Koll, IL		00:37:04		0:30:33	0:04:00
	32	Steinar Eastwood	Lillomarka OL		00:37:13		0:30:33	0:04:00
	33	Oskar Stene	Nydalens SK		00:37:14		0:30:33	0:04:00
	34	Henning Bratland Carlsen	OK Moss		00:37:24		0:30:33	0:04:00
	35	Knut Aalde	Nydalens SK		00:37:25		0:30:33	0:04:00
	36	Martin Granly	Lillomarka OL		00:37:46		0:30:33	0:04:00
	37	Sindre Langaas	Nydalens SK		00:37:48		0:30:33	0:04:00
	38	Hallvard Koren	OK Moss		00:38:08		0:30:33	0:04:00
	39	Øystein Rapp	Raumar Orientering		00:38:35		0:30:33	0:04:00
	40	Niklas Norman	Klubbløs		00:38:50		0:30:33	0:04:00
	41	Gaute Skjønhaug	Fet OL		00:38:53		0:30:33	0:04:00
	42	Lasse Arnesen	Heming Orientering		00:38:56		0:30:33	0:04:00
	43	Hallvard Fjær	Lillomarka OL		00:38:58		0:30:33	0:04:00
	44	Guttorm Egge	IL GeoForm		00:38:58		0:30:33	0:04:00
	45	Vidar Gjelstad	Oppsal Orientering		00:39:25		0:30:33	0:04:00
	46	Christian Reusch	Heming Orientering		00:39:44		0:30:33	0:04:00
	47	Jon Kjenseth	Heming Orientering		00:40:56		0:30:33	0:04:00
	48	Henrik Duvaas	Fossum IF		00:41:03		0:30:33	0:04:00
	49	Lars Hjermstad	Fossum IF		00:41:26		0:30:33	0:04:00
	50	Fredrik Saugestad	Nydalens SK		00:41:52		0:30:33	0:04:00
	51	Anders Flågen	Heming Orientering		00:42:06		0:30:33	0:04:00
	52	Morten Rannem	Fossum IF		00:42:18		0:30:33	0:04:00
	53	Are Eriksen	Oslostudentenes IK		00:42:36		0:30:33	0:04:00

	54	Hallvard Berg	Tyrving IL		00:43:08		0:30:33	0:04:00
	55	Olav Hasaas	Fossum IF		00:43:55		0:30:33	0:04:00
	56	Torstein Hole	Nydalens SK		00:44:00		0:30:33	0:04:00
	57	Ottar Wiklund	Nydalens SK		00:44:22		0:30:33	0:04:00
	58	Øystein Bjørke	Fossum IF		00:45:08		0:30:33	0:04:00
	59	Bjørn Christensen	Østmarka OK		00:45:30		0:30:33	0:04:00
	60	Andreas Erichsen	Nydalens SK		00:45:49		0:30:33	0:04:00
	61	Per-Ivar Nikolaisen	Oppsal Orientering		00:46:54		0:30:33	0:04:00
	62	Øystein Flenning	Årvoll IL		00:47:18		0:30:33	0:04:00
	63	Pål Christian Ingierd	Bækkelagets SK		00:47:24		0:30:33	0:04:00
	64	Anders Kløvstad	Nydalens SK		00:47:29		0:30:33	0:04:00
	65	Ståle Sønsterudbråten	Lillomarka OL		00:47:30		0:30:33	0:04:00
	66	Ragnar Maalen-Johansen	NOTEAM		00:47:56		0:30:33	0:04:00
	67	Torsten Hundebøl Hansen	Nydalens SK		00:49:07		0:30:33	0:04:00
	68	Frode Kamsvåg	Tyrving IL		00:49:52		0:30:33	0:04:00
	69	Morten Ødegaard	Lillomarka OL		00:51:05		0:30:33	0:04:00
	70	Hasse Bergstrøm	Tyrving IL		00:51:58		0:30:33	0:04:00
	71	Trond K Nyland	Nydalens SK		00:52:05		0:30:33	0:04:00
	72	Ståle Heitmann	IL GeoForm		00:52:06		0:30:33	0:04:00
	73	Ivar Wergeland	Nydalens SK		00:55:04		0:30:33	0:04:00
	74	Bjørn Bendiktsen	Modum OL		00:55:34		0:30:33	0:04:00
	75	Alasdair Mackenzie	Nydalens SK		00:57:02		0:30:33	0:04:00
	76	Richard Zeiner-Gundersen	Lierbygda OL		00:57:52		0:30:33	0:04:00
	77	Kjell Winther	Oppsal Orientering		01:01:06		0:30:33	0:04:00
	78	Audun Sanderud	Lillomarka OL		01:01:15		0:30:33	0:04:00
	79	Øyvind Grandum	IL GeoForm		01:01:18		0:30:33	0:04:00
	80	Gjermund Weisz	Nydalens SK		01:01:46		0:30:33	0:04:00
	81	Pål Woldstad Hanssen	Eiker OL		01:02:07		0:30:33	0:04:00
	82	Arvid Grøtting	Nydalens SK		01:03:01		0:30:33	0:04:00
		Karl Aasmund Erøy	OK Moss		DSQ		0:31:03	0:04:30
		Espen Lunøe	Nydalens SK		DSQ		0:31:03	0:04:30
	Ikke startet						0:31:33	0:05:00
	Rekrutt 1910 m 27 startende							
	Plass	Navn	Organisasjon		Løpstid			
	1	Lars Mansåker Angelsen	Klubbløs		00:20:49			
	2	Lavrans Kirkhus	Nydalens SK		00:22:46			
	3	Eirik Østebø Andersen	Nydalens SK		00:23:11			
	4	Bjørn Ingemar Green	Heming Orientering		00:23:18			
	5	Ådne Hokseggen	Lillomarka OL		00:23:20			
	6	Jan kristian Lygre	Nydalens SK		00:24:25			
	7	Mikkel Holte	Nydalens SK		00:26:09			
	8	Edrun Andrea Schnell	Fet OL		00:26:25			
	9	Trine Kirkhus	Nydalens SK		00:28:32			
	10	Tora Natås Stokseth	Nydalens SK		00:29:15			
	11	Selma Vilemina Stene	Nydalens SK		00:29:18			
	12	Magnus Thomassen	Nydalens SK		00:30:10			
	13	Åsne Berg-Hekland	Lillomarka OL		00:30:20			
	14	Ingeborg Moldestad	Lillomarka OL		00:30:23			
	15	Hanna Krøger Jemterud	Lillomarka OL		00:30:34			
	16	Ingeborg Nordvold Østrem	Lillomarka OL		00:30:46			
	17	Tonje Haugen	Klubbløs		00:31:41			
	18	Hans Lye	Nydalens SK		00:31:51			
	19	Kristian Eggestad Fiskvik	Lillomarka OL		00:33:55			
	20	Stian Lillegård	Lillomarka OL		00:37:06			
	21	Iben Anjadatter Valstad	Nydalens SK		00:39:18			
	22	Solvor Kirkhus	Nydalens SK		00:39:24			
	23	Maria Kollberg Thomassen	Nydalens SK		00:39:40			
	24	Kari Schjølberg-Henriksen	Nydalens SK		00:39:54			
	25	Helle Hundseid	Tyrving IL		00:42:14			
	26	Dag Haugland	Østmarka OK		00:49:11			
	27	Aina Grymyr	Nordre Follo Orientering		00:56:00			