

	Harry Lagerts Nattcup 2025			Løp # 119			
	Løp #1 24.9 Sognsvann			192 startende			
	Løypelegger: Alastair Thomas						
	Kari 3 400 m, 20 startende						
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
	1	Kaja Winsnes Nordhagen	Nydalens SK	00:26:40	0:01:00	0:25:40	0:00:00
	2	Tone Bergerud Lye	Nydalens SK	00:27:21	0:00:40	0:26:41	0:01:01
	3	Helena Karlsson	Nydalens SK	00:27:44	0:00:30	0:27:14	0:01:34
	4	Emma Arnesen	Nydalens SK	00:28:56	0:00:20	0:28:36	0:02:56
	5	Siri Ulvestad	Nydalens SK	00:30:19	0:00:10	0:29:30	0:03:50
	6	Katarína Kubinová	Nydalens SK	00:31:09		0:29:40	0:04:00
	7	Mie Fosshaug Weinholdt	Østmarka OK	00:31:26		0:29:40	0:04:00
	8	Lone Brochmann	Nydalens SK	00:31:55		0:29:40	0:04:00
	9	Karoline Brevig Aune	Oppsal Orientering	00:32:18		0:29:40	
	10	Live Robøle Løberg	Nydalens SK	00:33:32		0:29:40	
	11	Hanna Wey	Halden SK	00:33:45		0:29:40	
	12	Tina Kalleson	Oppsal Orientering	00:34:02		0:29:40	
	13	Elise Wærp Hauge	Nydalens SK	00:34:07		0:29:40	
	14	Solveig Blandkjenn	Tyrving IL	00:37:51		0:29:40	
	15	Emilie Westin	Nydalens SK	00:37:56		0:29:40	
	16	Sonja Mellberg	Oppsal Orientering	00:41:00		0:29:40	
	17	Idunn Haavengen	Nydalens SK	00:41:51		0:29:40	
	18	Tilla Farnes Hennum	Nydalens SK	00:43:28		0:29:40	
	19	Kjersti Adéla Westin	Nydalens SK	00:49:39		0:29:40	
	20	Cathrine Sandvik	Raumar Orientering	00:53:12		0:29:40	
	Ikke startet					0:30:40	0:05:00
	Legendar 3 600 m, 43 startende						
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
	1	Olai Stensland Lillevold	Oppsal Orientering	00:23:28	0:01:00	0:22:28	0:00:00
	2	Vegard Jarvis Westergård	Oppsal Orientering	00:23:42	0:00:40	0:23:02	0:00:34
	3	Anders Tiltne Brokstad	Tyrving IL	00:23:57	0:00:30	0:23:27	0:00:59
	4	Kornelius Kriszat-Løvfald	Nydalens SK	00:24:21	0:00:20	0:24:01	0:01:33
	5	Herman Ryen Martinsen	Oppsal Orientering	00:24:55	0:00:10	0:24:45	0:02:17
	6	Sindre Østgulen Deisz	Nydalens SK	00:25:09		0:25:09	0:02:41
	7	Hans Petter Mathisen	Tyrving IL	00:25:11		0:25:11	0:02:43
	8	Halvor Eid	Nydalens SK	00:25:22		0:25:22	0:02:54
	9	Mathias Stensland Lillevold	Oppsal Orientering	00:25:42		0:25:42	0:03:14
	10	Oskar Leinonen	Nydalens SK	00:26:22		0:26:22	0:03:54
	11	Anders Vister	Bækkelagets SK	00:26:43		0:26:28	0:04:00
	12	Simen Eid Nielsen	Nydalens SK	00:26:51		0:26:28	0:04:00
	13	Sander Arntzen	NTNUI	00:27:07		0:26:28	0:04:00
	14	Torgeir Tiltne Nørbech	Tyrving IL	00:27:25		0:26:28	0:04:00
	15	Eirik Kamstrup Hovind	Nydalens SK	00:27:28		0:26:28	0:04:00
	16	Alfred Teig	Nydalens SK	00:28:10		0:26:28	0:04:00
	17	Sigurd Størmer-Antonsen	Nydalens SK	00:28:11		0:26:28	0:04:00
	18	Torkil Eide Solstad	Nydalens SK	00:28:18		0:26:28	0:04:00
	19	Sverre Turter Sandvold	Nydalens SK	00:28:28		0:26:28	0:04:00
	20	Karl Oraug Rygh	Nydalens SK	00:28:46		0:26:28	0:04:00
	20	Kasper Bakken Ulseth	Nydalens SK	00:28:46		0:26:28	0:04:00

	22	Are Wigaard	Oppsal Orientering	00:28:56		0:26:28	0:04:00
	23	Espen Jakobsen	Tyrving IL	00:28:57		0:26:28	0:04:00
	24	Håkon Jarvis Drage	Tyrving IL	00:29:11		0:26:28	0:04:00
	25	Håvard Vaadal	Lillomarka OL	00:29:27		0:26:28	0:04:00
	26	Boye Wangensteen	Lillomarka OL	00:30:07		0:26:28	0:04:00
	27	Vegard Ruttenborg	Kamp/Vestheim IF	00:30:30		0:26:28	0:04:00
	28	Mats Lindaas	Bækkelagets SK	00:30:35		0:26:28	0:04:00
	29	Rasmus Mackenzie	Nydalens SK	00:32:06		0:26:28	0:04:00
	30	Vegard Line	Nydalens SK	00:32:26		0:26:28	0:04:00
	31	Sondre Prytz Hafskjold	Nydalens SK	00:32:51		0:26:28	0:04:00
	32	Esten Koren	Nydalens SK	00:32:54		0:26:28	0:04:00
	33	Sindre Vie Strisland	NTNUI	00:33:05		0:26:28	0:04:00
	34	Maximilian Mackenzie	Nydalens SK	00:33:06		0:26:28	0:04:00
	35	Filip Kubina	Nydalens SK	00:33:40		0:26:28	0:04:00
	36	Jacob Finstad Land	Tyrving IL	00:34:01		0:26:28	0:04:00
	37	Mathias Vold	Lillomarka OL	00:34:12		0:26:28	0:04:00
	38	Eskil Hafskjold	Nydalens SK	00:34:24		0:26:28	0:04:00
	39	Sondre Sande Gullord	Bækkelagets SK	00:35:08		0:26:28	0:04:00
	40	Eivind Berner Myhre	NTNUI	00:36:49		0:26:28	0:04:00
	41	Anders Bjergaard	Nydalens SK	00:37:03		0:26:28	0:04:00
	42	Christian Fredrik Borg	Koll, IL	00:37:36		0:26:28	0:04:00
	43	Lavran Thorstensen	Oppsal Orientering	00:39:04		0:26:28	0:04:00
	Ikke startet					0:27:28	0:05:00
	Ola 3 400 m 23 startende						
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
	1	Torbjørn Lundeby	Lillomarka OL	00:26:40	0:01:00	0:25:40	0:00:00
	2	Christian Vogelsang	Nydalens SK	00:27:35	0:00:40	0:26:55	0:01:15
	3	Øystein Pettersen	Nydalens SK	00:28:01	0:00:30	0:27:31	0:01:51
	4	Tobias Tronbøl Lium	Bækkelagets SK	00:28:06	0:00:20	0:27:46	0:02:06
	5	Haakon Ingvaldsen	Nittedal OL	00:28:20	0:00:10	0:28:10	0:02:30
	6	Øystein Rodem	Nydalens SK	00:28:48		0:28:48	0:03:08
	7	Sveinung Syversen	Oppsal Orientering	00:29:05		0:29:05	0:03:25
	8	Anders B. Øksenholt	Nydalens SK	00:29:39		0:29:39	0:03:59
	9	Mathias Benjaminsen	Lillomarka OL	00:29:54		0:29:40	0:04:00
	10	Bjørn Erik Glomsrud	Indre Østfold OK	00:30:06		0:29:40	0:04:00
	11	Oliver Benberg	Bækkelagets SK	00:30:54		0:29:40	0:04:00
	12	Dag Aalvik	Nydalens SK	00:31:17		0:29:40	0:04:00
	13	Espen Beer Prydz	Heming Orientering	00:31:36		0:29:40	0:04:00
	14	Svein Nygård	Lillomarka OL	00:31:39		0:29:40	0:04:00
	15	Sindre Fjogstad	Oppsal Orientering	00:32:25		0:29:40	0:04:00
	16	Alfred Holtan Sanderud	Lillomarka OL	00:33:22		0:29:40	0:04:00
	17	Tobias Eriksen Andersgaard	Lillomarka OL	00:34:35		0:29:40	0:04:00
	18	Lars-Ivar Aarseth	Nydalens SK	00:35:02		0:29:40	0:04:00
	19	Mikko Salonen	Helsingin Suunnistajat	00:36:42		0:29:40	0:04:00
	20	Sondre Ruud Bråten	Nydalens SK	00:36:43		0:29:40	0:04:00
	21	Skage Grønneberg	Heming Orientering	00:37:20		0:29:40	0:04:00
	22	Frank Åge Kippernes	Kårvåg IL	00:43:00		0:29:40	0:04:00
	23	Rudi B Olsen	Lillomarka OL	00:52:00		0:29:40	0:04:00
	Ikke startet					0:30:40	0:05:00

	Lokal Damer 3 100 m, 25 startende						
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
	1	Silje Egeberg	Tyrving IL	00:30:25	0:01:00	0:29:25	0:00:00
	2	Wilma Stopar	Tyrving IL	00:30:36	0:00:40	0:29:56	0:00:31
	3	Ingrid Hovdenak Espedal	Asker Skiklubb	00:31:08	0:00:30	0:30:38	0:01:13
	4	Helle S. Boldingh Debernard	Nydalens SK	00:31:26	0:00:20	0:31:06	0:01:41
	5	Silje Taraldlien	Fet OL	00:32:05	0:00:10	0:31:55	0:02:30
	6	Ester Møll Nyiri	Nydalens SK	00:32:49		0:32:49	0:03:24
	7	Tiril Jacobsen Myklatun	Tyrving IL	00:33:04		0:33:04	0:03:39
	8	Marianne Njåstein	Tyrving IL	00:33:58		0:33:25	0:04:00
	9	Ingeborg Rekkertbø Koren	Nydalens SK	00:34:47		0:33:25	0:04:00
	10	Selja Marie Boldingh Debernard	Nydalens SK	00:35:07		0:33:25	0:04:00
	11	Linda Hanssen	Østmarka OK	00:36:44		0:33:25	0:04:00
	12	Christine Teig	Nydalens SK	00:38:06		0:33:25	0:04:00
	13	Heidi Tronbøl	Fet OL	00:38:23		0:33:25	0:04:00
	14	Celine Kjenseth	Heming Orientering	00:39:29		0:33:25	0:04:00
	15	Ann Elin Flågen	Heming Orientering	00:41:00		0:33:25	0:04:00
	16	Pauline Gudim Valsgård	OK Moss	00:41:01		0:33:25	0:04:00
	17	Johanne Ragvin Rystad	Nydalens SK	00:42:01		0:33:25	0:04:00
	18	Anne Stine Taraldlien	Fet OL	00:42:07		0:33:25	0:04:00
	19	Ingeborg Øderud	Bækkelagets SK	00:42:39		0:33:25	0:04:00
	20	Julia Malathi Brox Rayamajhi	Oppsal Orientering	00:43:11		0:33:25	0:04:00
	21	Jenny Mackenzie	Nydalens SK	00:43:32		0:33:25	0:04:00
	22	Tina Bakkehøi	Nydalens SK	00:46:51		0:33:25	0:04:00
	23	Kaja Tiltnes	Tyrving IL	00:48:34		0:33:25	0:04:00
	24	Marte Krohn Mørland	Oppsal Orientering	00:51:57		0:33:25	0:04:00
	25	Eli Berge	Fossum IF	1:07:37		0:33:25	0:04:00
	Ikke startet					0:34:25	0:05:00
	Lokal Herrer 3 100 m, 69 startende						
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
	1	Nils Nikolaisen	Oppsal Orientering	00:24:05	0:01:00	0:23:05	0:00:00
	2	Erlend Stokke Meen	Ås-NMBU Orientering	00:24:28	0:00:40	0:23:48	0:00:43
	3	Aron Bjørke	Fossum IF	00:24:39	0:00:30	0:24:09	0:01:04
	4	Karl Even Rygh	Heming Orientering	00:27:17	0:00:20	0:26:45	0:03:40
	5	Jan Tore Henriksen	Nydalens SK	00:27:29	0:00:10	0:26:55	0:03:50
	6	Karl Rikard Løvhaug	Koll, IL	00:27:53		0:27:05	0:04:00
	7	Endre Stokseth	Nydalens SK	00:28:08		0:27:05	0:04:00
	8	Ståle Heitmann	IL GeoForm	00:29:05		0:27:05	0:04:00
	9	Vidar Benjaminsen	Lillomarka OL	00:29:18		0:27:05	0:04:00
	10	Jon Kjenseth	Heming Orientering	00:29:24		0:27:05	0:04:00
	11	Asgeir Lium	Fet OL	00:29:33		0:27:05	0:04:00
	12	Morten Fismen	Fossum IF	00:29:38		0:27:05	0:04:00
	13	Alexander Smidt Olsen	Nydalens SK	00:29:42		0:27:05	0:04:00
	14	Christian Grotnes	Tyrving IL	00:30:32		0:27:05	0:04:00
	15	Gaute Skjønhaug	Fet OL	00:31:39		0:27:05	0:04:00
	16	Even Angell-Petersen	Nydalens SK	00:31:48		0:27:05	0:04:00
	17	Steinar Eastwood	Lillomarka OL	00:32:31		0:27:05	0:04:00
	18	Halvor Nilsen	Nydalens SK	00:33:04		0:27:05	0:04:00
	19	Hallvard Koren	OK Moss	00:33:12		0:27:05	0:04:00
	20	Kim Farnes Hansen	Lierbygda OL	00:33:17		0:27:05	0:04:00
	21	Eskil Åsmul	IL GeoForm	00:33:31		0:27:05	0:04:00
	22	Bengt Niklasson	Nydalens SK	00:33:41		0:27:05	0:04:00

	23	Terje Wiig Mathisen	Fredrikstad SK	00:34:14		0:27:05	0:04:00
	24	Hans Jevanord	Fossum IF	00:34:20		0:27:05	0:04:00
	25	Mark Fey	Nydalens SK	00:34:26		0:27:05	0:04:00
	26	Øystein Holo	Fossum IF	00:34:31		0:27:05	0:04:00
	27	Nicolai Moli	Oppsal Orientering	00:34:54		0:27:05	0:04:00
	28	Richard Zeiner-Gundersen	Lierbygda OL	00:35:00		0:27:05	0:04:00
	29	Ulrik Juveli Pedersen	Oppsal Orientering	00:35:04		0:27:05	0:04:00
	30	Olav Hasaas	Fossum IF	00:35:13		0:27:05	0:04:00
	31	Morten Ødegaard	Lillomarka OL	00:35:22		0:27:05	0:04:00
	32	Vidar Gjelstad	Oppsal Orientering	00:35:34		0:27:05	0:04:00
	33	Erling Melvær Ettestøl	Oppsal Orientering	00:35:36		0:27:05	0:04:00
	34	Martin Granly	Lillomarka OL	00:36:01		0:27:05	0:04:00
	35	Pål Christian Ingierd	Bækkelagets SK	00:36:14		0:27:05	0:04:00
	36	Hallvard Fjær	Lillomarka OL	00:36:23		0:27:05	0:04:00
	37	Bjørn Hauge	Nydalens SK	00:36:26		0:27:05	0:04:00
	38	Gunnar Halden	Nydalens SK	00:36:41		0:27:05	0:04:00
	39	Henning Bratland Carlsen	OK Moss	00:36:44		0:27:05	0:04:00
	40	Kjetil Espedal	Nydalens SK	00:36:43	*)	0:27:05	0:04:00
	41	Per-Ivar Nikolaisen	Oppsal Orientering	00:37:20		0:27:05	0:04:00
	42	Bjørn Wangenstein	Lillomarka OL	00:37:28		0:27:05	0:04:00
	43	Bjørn Christensen	Østmarka OK	00:37:39		0:27:05	0:04:00
	44	Fredrik Saugestad	Nydalens SK	00:37:40		0:27:05	0:04:00
	45	Roger Birkeland	Fossum IF	00:38:28		0:27:05	0:04:00
	46	Torstein Hole	Nydalens SK	00:39:11		0:27:05	0:04:00
	47	Morten Rannem	Fossum IF	00:39:30		0:27:05	0:04:00
	48	Are Eriksen	Oslostudentenes IK	00:39:32		0:27:05	0:04:00
	49	Stig Hultgreen Karlsen	IL GeoForm	00:39:57		0:27:05	0:04:00
	50	Eirik Nordbrøden	Halden SK	00:40:09		0:27:05	0:04:00
	51	Anders Flågen	Heming Orientering	00:40:37		0:27:05	0:04:00
	52	Per Ole Dahlsrud	Nydalens SK	00:40:37		0:27:05	0:04:00
	53	Rune Rystad	Nydalens SK	00:42:20		0:27:05	0:04:00
	54	Andreas Erichsen	Nydalens SK	00:42:34		0:27:05	0:04:00
	55	Henrik Duvaas	Fossum IF	00:42:50		0:27:05	0:04:00
	56	Pål Woldstad Hanssen	Eiker OL	00:44:11		0:27:05	0:04:00
	57	Arild Andersen	Oppsal Orientering	00:44:15		0:27:05	0:04:00
	58	Bjørn Bendiktsen	Modum OL	00:45:36		0:27:05	0:04:00
	59	Johan Mygland	IL GeoForm	00:45:46		0:27:05	0:04:00
	60	Håkon Fenne Ingierd	Bækkelagets SK	00:47:04		0:27:05	0:04:00
	61	Frode Bakkehøi	Nydalens SK	00:47:24		0:27:05	0:04:00
	62	Hasse Bergstrøm	Tyrving IL	00:47:57		0:27:05	0:04:00
0	63	Arvid Grøtting	Nydalens SK	00:49:19		0:27:05	0:04:00
	64	Øyvind Grandum	IL GeoForm	00:51:30		0:27:05	0:04:00
	65	Anders Emilsson	Oppsal Orientering	00:52:07		0:27:05	0:04:00
	66	Anders Kløvstad	Nydalens SK	00:52:51		0:27:05	0:04:00
	67	Ketil Åstebøl	Oppsal Orientering	01:10:17		0:27:05	0:04:00
		Guttorm Egge	IL GeoForm	DSQ		0:27:35	0:04:30
		Henning Bragge	Stokke IL	DNF		0:27:35	0:04:30
	Ikke startet					0:28:05	0:05:00
		*) Mangler NULL - manuell tid					

	Rekrutt 2 300 m, 13 startende						
	Plass	Navn	Organisasjon	Løpsti			
	1	Tora Natås Stokseth	Nydalens SK	21:15			
	2	Oskar Hoven Fjogstad	Oppsal Orientering	26:09			
	3	Edrun Andrea Schnell	Fet OL	26:31			
	4	Sigrid Fenne Ingierd	Bækkelagets SK	31:22			
	5	Ådne Hokseggen	Lillomarka OL	35:28			
	6	Henrik Omang Køltzow	Lillomarka OL	35:28			
	7	Kristian Eggestad Fiskvik	Lillomarka OL	35:41			
	8	Ingeborg Moldestad	Lillomarka OL	36:57			
	9	Åsne Berg-Hekland	Lillomarka OL	37:00			
	10	Hanna Krøger Jemterud	Lillomarka OL	37:12			
	11	Ingeborg Nordvold Østrem	Lillomarka OL	37:20			
	12	Laurens De Vries	NOTEAM	42:32			
	13	Dag Haugland	Østmarka OK	52:57			