

# PM – Midnattsolgaloppen 2025 – Day 3 and 4

Updated 27 June at 21:00 (9:00 pm)

BUL-Tromsø Orienteering and Sørreisa Orienteering Club welcome you to the Midnight Sun Orienteering Festival 2025.

Races 3 and 4 will be held in Sørreisa at Sørfosbog Gård on Saturday 28 and Sunday 29 June.

## Programme

	Race 3 Saturday	Race 4 Sunday
Event Office Opens	14:00	09:00
First Start (Open Classes)	15:00	10:00
First Start (Regular Classes)	16:00	11:00
Last Start (Open Class)	17:30	12:30

## General Race Information

**Registration for Open Classes:** Participants who wish to run in the open class register via this link:

<https://entry.time4o.com/9f2b9877-1455-40bb-bc9f-31d714ec5e14> ,or QR-code to the right.

After registering, collect your bib number at the event office.  
Members of Norwegian orienteering clubs will be invoiced via their club. Other Norwegians and all foreign participants must pay when collecting their bib number.

**Punching System:** All classes use the EMIT chip. Rental chips are available at the event office for NOK 75 per day or NOK 250 for all races. Lost rental chips are charged NOK 700. Foreign participants must pay on-site.

**Bib numbers:** Bibs has printed name, class, and start times for all four races. Use the same bib as for races 1 and 2. For those only running in Sørreisa, individual pick-up is available at the race office.

**Results:** Live results will be continuously updated. A link will be available on Eventor.

**First Aid:** Available on-site both days.

**Café and Sales:** A well-stocked café will be available at the arena. Payments via Vipps or card.

**Wash Facilities:** Wet cloths

**Child Care:** A child activity area will be available near the "Småtroll" tent, with games and adult supervision at all times.

**PÅMELDING**

Midnattsolgaloppen



**Småtroll:** For the youngest children. Register at the “Småtroll” tent. Prizes given at the finish. Price: NOK 30.

**Toilets:** available at the arena and one approx. 300 m before the start.

**Prizes:** For everyone up to and including 12 years old, all participants will receive a prize. These will be handed out continuously once all participants in each class have finished. The prize ceremony will be announced by the speaker in advance. Other classes can collect their prizes at the race office.

On the final day, there will be an awards ceremony for the overall results in the age classes from 13 years and up (not including open classes – these are only awarded for the fourth race, as on the other days)

<b>Classes</b>	<b>Race 1, 2, 3 and 4</b>	<b>Overall</b>
Up to 12 years	Everyone	No overall prizes
Ages 13-16	Top 3 per class	1/3 prize ratio
Age 17 and older	Class winner	1/8 prize ratio
Open classes ≤16 years	Everyone	No overall prizes
Open classes ≥17	One draw prize	No overall prizes

**Escort/Shadow Running:** Allowed in N-classes, D/H 9–10 and C 9-16.

**Maps from race Office:** Maps for the following classes must be collected at the event office: all N-classes, C-open 9–16, D/H 9–10, and D/H 11–12.

**Organizers:**

Race Director Sørreisa, Alvin Fyhn – mobil 92265657

Course planners: Jon Helge Vaeng, Asgaut Løkse, Ivar Helgesen, Bjørn Barkli

Technical Delegate (TD): Anne Kari Bakkland

**Photography:** Photos will be taken during the event and may be published via the organizers’ media channels. The publishing responsible will consider privacy versus publication rights (cf. Norwegian Copyright Act §104). If you wish to have photos of yourself (or minors you’re responsible for) deleted, email: midnattsolgaloppen2025@gmail.com

# Arena - Sørfosbog Gård, Sørreisa

## Arrival, parking and arena

**Arena:** Sørfosbog Gård (Sørforsbogen i Google Maps).



**Arrival:** Marked from the turnoff towards Storli from road FV86. This turnoff is 7.4 km from the centre of Sørreisa in the direction towards Bardufoss, and 16 km from the Bardufoss roundabout towards Sørreisa.

**Parking:** Use the designated parking area – follow directions from event staff! The distance from parking to the arena is 100–300 metres. Free parking.

**Information:** Welcome and practical information will be provided at the arena on Saturday 28 June at 15:00.

## PM – Saturday 28 June – Long distance

Difficulty	Classes	Course length	Scale
<b>A</b>	D21-	9,0	1:12500
	D17-20	6,0	1:10 000
	D15-16	4,9	1:10 000
	D35-	6,0	1:10 000
	D40-	6,0	1:10 000
	D45-	4,9	1:10 000
	D50-	4,9	1:10 000
	D55-	4,8	1:10 000
	D60-	4,4	1:7 500
	D65-	4,2	1:7 500
	D70-	3,5	1:7 500
	D75-	2,7	1:7 500
	D80-	2,7	1:7 500
	D85-	2,1	1:7 500
<b>B</b>	D13-14	3,4	1:7 500
<b>C</b>	D11-12	1,8	1:7 500
<b>N</b>	D9-10	1,7	1:5 000
<b>Men</b>			
<b>A</b>	H21-	11,2	1:12 500
	H17-20	9,0	1:12 500
	H15-16	6,0	1:10 000
	H35-	9,0	1:12 500
	H40-	9,0	1:12 500
	H45-	6,7	1:10 000
	H50-	6,7	1:10 000
	H55-	6,3	1:10 000
	H60-	5,4	1:10 000
	H65-	5,1	1:10 000
	H70-	4,4	1:7 500
	H75-	4,2	1:7 500
	H80-	3,5	1:7 500
	H85-	2,1	1:7 500
<b>B</b>	H13-14	3,4	1:7 500
<b>C</b>	H11-12	1,8	1:7 500
<b>N</b>	H9-10	1,7	1:5 000
<b>Open</b>			
<b>A</b>	AL-open	8,5	1:10 000
	AK-open	4,8	1:10 000
<b>B</b>	B-open 9-16	4,1	1:7 500
	B-open 17-	4,1	1:7 500
<b>C</b>	C-open 9-16	2,0	1:7 500
	C-open 17-	2,0	1:7 500
<b>N</b>	N1-open	1,4	1:5 000
	N2-open 9-16	1,7	1:5 000
	N2-open 17-	1,7	1:5 000

**Maps:**

Heia Sør, 1:12 500 for D/H21, H17-20, H35 og H40.

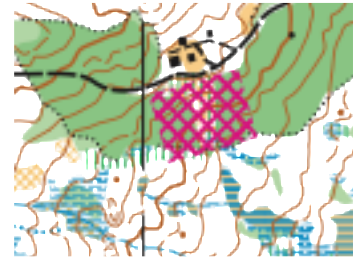
Farfarhaugen 1:10 000 for the middle-length courses.

Sørfosbog Gård 1:7 500 og 1:5 000 for the shortest courses.

**Terrain:** Open birch forest with some marshes. Generally fast and easy runnable.

**Marking in N and C courses:** No course markings on Saturday.

**Forbidden areas:** A small area near the start is marked on the map as a forbidden area (not marked in the terrain).

**Start and Finish:**

The start is located at the arena for classes N1, N2, and D/H 9–10. All these classes have a free start. The marked start is near the "Småtroll" area.

There is a mass start for all other courses. Four start boxes will be used for regular starters. Please follow the signage and instructions. Open classes have a separate start box.

**Start Time:** The first regular start is at 16:00. Open classes have a free start between 15:00 and 17:30.

**EMIT Chip Check:** All competitors must complete an EMIT chip check and registration at the race office at the arena before proceeding to the start. Note that this is different from races 1 and 2, where this took place between the arena and the start.

**Distance to Start:** 1500 metres with 150 metres of elevation gain. Allow up to 30 minutes at a steady walking pace. The route is marked from the arena with signs and tape.

**Startpost:** There is a joint startpost for all courses at the regular start, 100 meters after start marked with red and white markers.

There is no startpost for the classes starting at the arena.

**Clothing from the Start:** Clothing will be transported from the start to the finish at 16:40, 17:20, and 18:00. You are encouraged to bring your own labelled bag. Bags and markers will be available at the start.

**Control Descriptions:** Control descriptions are printed on the map. In addition, loose control descriptions are available at the start.

Backup slips for the EMIT chip are available at the start and at the event office.

**Finish:** There is a common final control/post for all classes. The route from the final control/post to the finish is marked, and all classes must punch at the finish control/post.

Maps will not be collected at the finish. We kindly ask all participants to show good sportsmanship and refrain from sharing maps or course details with competitors who have not yet started.

## PM – Sunday 29 June – Middle length distance

Difficulty	Classes	Course length	Scale
<b>A</b>	D21-	4,6	1:7 500
	D17-20	3,5	1:7 500
	D15-16	3,0	1:7 500
	D35-	3,5	1:7 500
	D40-	3,5	1:7 500
	D45-	3,0	1:7 500
	D50-	3,0	1:7 500
	D55-	2,8	1:7 500
	D60-	2,7	1:7 500
	D65-	2,6	1:7 500
	D70-	2,4	1:7 500
	D75-	2,1	1:7 500
	D80-	2,1	1:7 500
	D85-	1,8	1:7 500
<b>B</b>	D13-14	2,1	1:7 500
<b>C</b>	D11-12	1,8	1:7 500
<b>N</b>	D9-10	1,6	1:5 000
<b>Men</b>			
<b>A</b>	H21-	5,5	1:7 500
	H17-20	4,6	1:7 500
	H15-16	3,5	1:7 500
	H35-	4,6	1:7 500
	H40-	4,6	1:7 500
	H45-	4,0	1:7 500
	H50-	4,0	1:7 500
	H55-	3,7	1:7 500
	H60-	3,2	1:7 500
	H65-	2,9	1:7 500
	H70-	2,7	1:7 500
	H75-	2,6	1:7 500
	H80-	2,4	1:7 500
	H85-	1,8	1:7 500
<b>B</b>	H13-14	2,1	1:7 500
<b>C</b>	H11-12	1,8	1:7 500
<b>N</b>	H9-10	1,6	1:5 000
<b>Open</b>			
<b>A</b>	AL-open	4,1	1:7 500
	AK-open	3,0	1:7 500
<b>B</b>	B-open 9-16	2,3	1:7 500
	B-open 17-	2,3	1:7 500
<b>C</b>	C-open 9-16	1,9	1:7 500
	C-open 17-	1,9	1:7 500
<b>N</b>	N1-open	1,4	1:5 000
	N2-open 9-16	1,6	1:5 000
	N2-open 17-	1,6	1:5 000

**Map:** Sørfosbog Gård, 1:7 500 (1:5 000 for the two shortest courses).

**Middle Distance Terrain:**

A mix of birch and pine forest with relatively good visibility and a detailed hillside.

**Marking in N and C Courses:**

Marked route from the start control/post to the first control/post in classes D/H11–12 and both C classes.

**Forbidden Areas:**

A small area is marked on the map as a forbidden area (not marked in the terrain). Same area as on Saturday.

**Start and finish:** Same as on Saturday.

The start is located at the arena for classes N1, N2, and D/H 9–10. All these classes have a free start. The marked start is near the "Småttroll" area.

There is a mass start for all other courses. Four start boxes will be used for regular starters. Please follow the signage and instructions. Open classes have a separate start box.

**Start Time:** The first regular start is at 11:00. Open classes have a free start between 10:00 and 12:30.

**EMIT Chip Check:** All competitors must complete an EMIT chip check and registration at the race office at the arena before proceeding to the start. Note that this is different from races 1 and 2, where this took place between the arena and the start.

**Distance to Start:** 1500 metres with 150 metres of elevation gain. Allow up to 30 minutes at a steady walking pace. The route is marked from the arena with signs and tape.

**Startpost:** There is a joint startpost for all courses at the regular start. There is no startpost for the classes starting at the arena.

**Clothing from the Start:** Clothing will be transported from the start to the finish at 11:40, 12:20, and 13:00. You are encouraged to bring your own labelled bag. Bags and markers will be available at the start.

**Control Descriptions:** Control descriptions are printed on the map. In addition, loose control descriptions are available at the start.

Backup slips for the EMIT chip are available at the start and at the event office.

**Finish:** There is a common final control/post for all classes. The route from the final control/post to the finish is marked, and all classes must punch at the finish control/post. Maps will not be collected at the finish. We kindly ask all participants to show good sportsmanship and refrain from sharing maps or course details with competitors who have not yet started.