

Harry Lagerts Nattcup 2023			Løp # 114			
Løp #1 25.9 Dikemark			163 startende			
Løypelegger: Kenneth Buch						
Kari 3 900 m, 8 startende						
Pluss	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
1	Kaja Winsnes Nordhagen	Nydalens SK	00:37:34	0:01:00	0:36:34	0:00:00
2	Lone Brochmann	Nydalens SK	00:38:00	0:00:40	0:37:20	0:00:46
3	Joelle Meister	Nydalens SK	00:43:32	0:00:30	0:40:04	0:03:30
4	Marie Kravdal	Bækkelagets SK	00:43:43	0:00:20	0:40:14	0:03:40
5	Karoline Brevig Aune	Oppsal Orientering	00:44:11	0:00:10	0:40:24	0:03:50
6	Hanna Wey	Halden SK	00:48:01		0:40:34	0:04:00
7	Tone Bergerud Lye	Nydalens SK	00:59:21		0:40:34	0:04:00
	Mathilde Rekkertbø Koren	Nydalens SK	DNF		0:41:04	0:04:30
Ikke startet					0:41:34	0:05:00
Legendar 3 900 m, 29 startende						
Pluss	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak
1	Hans Petter Mathisen	Tyrving IL	00:27:27	0:01:00	0:26:27	0:00:00
2	Emil Ahlbäck	Tyrving IL	00:28:05	0:00:40	0:27:25	0:00:58
3	Olai Stensland Lillevold	Oppsal Orientering	00:29:35	0:00:30	0:29:05	0:02:38
4	Herman Ryen Martinsen	Fredrikstad SK	00:29:35	0:00:20	0:29:15	0:02:48
5	Jonas Madslie Bakken	Nydalens SK	00:30:14	0:00:10	0:30:04	0:03:37
6	Eirik Kamstrup Hovind	Nydalens SK	00:31:09		0:30:27	0:04:00
7	Sindre Østgulen Deisz	Nydalens SK	00:31:21		0:30:27	0:04:00
8	Anders Vister	Bækkelagets SK	00:31:41		0:30:27	0:04:00
9	Torkil Eide Solstad	Nydalens SK	00:31:49		0:30:27	0:04:00
10	Morten Jarvis Westergård	Tyrving IL	00:31:54		0:30:27	0:04:00
11	Kasper Bakken Ulseth	Nydalens SK	00:32:33		0:30:27	0:04:00
12	Espen Jakobsen	Tyrving IL	00:32:44		0:30:27	0:04:00
13	Halvor Eid	Nydalens SK	00:32:57		0:30:27	0:04:00
14	Oskar Størmer	Oppsal Orientering	00:33:06		0:30:27	0:04:00
15	Ludvig Rødnes	Oppsal Orientering	00:33:12		0:30:27	0:04:00
16	Simen Aamodt	Nydalens SK	00:33:37		0:30:27	0:04:00
17	Vegard Ruttenborg	Kamp/Vestheim IF	00:34:22		0:30:27	0:04:00
18	John Kasper Svergja	Nydalens SK	00:34:53		0:30:27	0:04:00
19	Tobias Svarer	Nydalens SK	00:37:45		0:30:27	0:04:00
20	Andreas G Polden	Nydalens SK	00:38:27		0:30:27	0:04:00
21	Elias Skjolden Sørensen	Lillomarka OL	00:41:04		0:30:27	0:04:00
22	Karl Oraug Rygh	Nydalens SK	00:41:32		0:30:27	0:04:00
23	Didrik Bredesen	Lillomarka OL	00:41:35		0:30:27	0:04:00
24	Lavran Thorstensen	Oppsal Orientering	00:42:20		0:30:27	0:04:00
25	Esten Koren	Nydalens SK	00:42:24		0:30:27	0:04:00
26	Markus Hirsch	Bækkelagets SK	00:44:39		0:30:27	0:04:00
27	Ivan Martemyanov	Asker Skiklubb	00:49:27		0:30:27	0:04:00
28	Mikael Olausson	Oslostudentenes IK	00:50:42		0:30:27	0:04:00
29	Mathias Stensland Lillevold	Oppsal Orientering	10:00:00		0:30:27	0:04:00
Ikke startet					0:31:27	0:05:00

Ola 3 900 m 32 startende								
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
	1	Christoffer Ånensen	Oppsal Orientering	00:30:59	0:01:00	0:29:59	0:00:00	
	2	Simen Eid Nielsen	Nydalens SK	00:32:30	0:00:40	0:31:50	0:01:51	
	3	Are Wigaard	Oppsal Orientering	00:33:22	0:00:30	0:32:52	0:02:53	
	4	Øystein Pettersen	Nydalens SK	00:34:23	0:00:20	0:33:39	0:03:40	
	5	Tobias Tronbøl Lium	Bækkelagets SK	00:38:04	0:00:10	0:33:49	0:03:50	
	6	Dag Aalvik	Nydalens SK	00:38:25		0:33:59	0:04:00	
	7	Mathias Benjaminsen	Lillomarka OL	00:38:46		0:33:59	0:04:00	
	8	Bjørn Erik Glomsrud	Indre Østfold OK	00:38:52		0:33:59	0:04:00	
	9	Håkon Bogason	Lillomarka OL	00:39:46		0:33:59	0:04:00	
	10	Espen Beer Prydz	Heming Orientering	00:40:17		0:33:59	0:04:00	
	11	Sigve Vågsnes	Oppsal Orientering	00:40:34		0:33:59	0:04:00	
	12	Anders Bjergaard	Nydalens SK	00:42:53		0:33:59	0:04:00	
	13	Jostein F: Tellnes	Asker Skiklubb	00:43:14		0:33:59	0:04:00	
	14	Anders B: Øksenholt	Nydalens SK	00:44:17		0:33:59	0:04:00	
	15	Svein Nygård	Lillomarka OL	00:44:31		0:33:59	0:04:00	
	16	Eivind Vågsnes	Oppsal Orientering	00:45:00		0:33:59	0:04:00	
	17	Christian Vogelsang	Nydalens SK	00:46:34		0:33:59	0:04:00	
	18	Viktor Meland-Tangen	Bækkelagets SK	00:47:17		0:33:59	0:04:00	
	19	Runar Hafskjold	Nydalens SK	00:48:08		0:33:59	0:04:00	
	20	Jacob Finstad Land	Tyrving IL	00:50:19		0:33:59	0:04:00	
	21	Sondre Hafskjold	Nydalens SK	00:51:12		0:33:59	0:04:00	
	22	Martin Ekholt McAdam	NOTEAM	00:51:33		0:33:59	0:04:00	
	23	Torbjørn Blom-Hagen	Fossum IF	00:51:39		0:33:59	0:04:00	
	24	Rudi B Olsen	Lillomarka OL	00:56:01		0:33:59	0:04:00	
	25	Mats Lindaas	Bækkelagets SK	00:56:41		0:33:59	0:04:00	
	26	Niklas Norman	IL GeoForm	00:58:19		0:33:59	0:04:00	
	27	Sveinung Syversen	Oppsal Orientering	00:58:55		0:33:59	0:04:00	
	28	Frank Åge Kippernes	Kårvåg IL	01:01:47		0:33:59	0:04:00	
	29	Alfred Teig	Nydalens SK	01:03:08		0:33:59	0:04:00	
	30	Mikhail Martemyanov	Asker Skiklubb	01:03:24		0:33:59	0:04:00	
	31	Maximilian Mackenzie	Nydalens SK	01:10:26		0:33:59	0:04:00	
		Kristoffer Jacobsen	Tyrving IL	DSQ		0:34:29	0:04:30	
	Ikke startet						0:34:59	0:05:00
	Lokal Damer 3 800 m, 28 startende							
	Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
	1	Silje Taraldlien	Fet OL	00:41:45	0:01:00	0:40:45	0:00:00	
	2	Kari-Ann Ånensen	Oppsal Orientering	00:44:51	0:00:40	0:44:11	0:03:26	
	3	Linda Hanssen	Østmarka OK	00:47:25	0:00:30	0:44:15	0:03:30	
	4	Kaisu Kolehmainen	Nydalens SK	00:48:51	0:00:20	0:44:25	0:03:40	
	5	Marit Isachsen	Asker Skiklubb	00:53:08	0:00:10	0:44:35	0:03:50	
	6	Silje Egeberg	Tyrving IL	00:53:34		0:44:45	0:04:00	
	7	Wilma Stopar	Tyrving IL	00:53:35		0:44:45	0:04:00	
	8	Julia Malathi Brox Rayamajhi	Oppsal Orientering	00:53:56		0:44:45	0:04:00	
	9	Hanne Wærp Hauge	Nydalens SK	00:54:02		0:44:45	0:04:00	
	10	Josefine Steen-Utheim	Oppsal Orientering	00:54:11		0:44:45	0:04:00	
	11	Marianne Njåstein	Tyrving IL	00:54:46		0:44:45	0:04:00	
	12	Juni Gjedrem	Tyrving IL	00:55:47		0:44:45	0:04:00	
	13	Ingeborg Røhjell	Oppsal Orientering	00:56:15		0:44:45	0:04:00	
	14	Marte Krohn Mørland	Oppsal Orientering	00:56:36		0:44:45	0:04:00	
	15	Tiril Myklatun	Tyrving IL	00:56:39		0:44:45	0:04:00	

16	Kjersti Hov	Fossum IF	00:58:14		0:44:45	0:04:00	
17	Varvara Martemianova	Asker Skiklubb	00:58:56		0:44:45	0:04:00	
18	Maiken Mo	Nydalens SK	00:59:09		0:44:45	0:04:00	
19	Anne Stine Taraldlien	Fet OL	01:03:22		0:44:45	0:04:00	
20	Ann Elin Flågen	Heming Orientering	01:06:18		0:44:45	0:04:00	
21	Synnøve Lyssand Sandberg	Nydalens SK	01:08:10		0:44:45	0:04:00	
22	Leonie Svensvik	Østmarka OK	01:16:05		0:44:45	0:04:00	
23	Boiana Iordanova	Nydalens SK	01:16:39		0:44:45	0:04:00	
24	Ingeborg Lundtveit Eie	Oppsal Orientering	01:17:00		0:44:45	0:04:00	
25	Ylva Smidt Nikolaisen	Nydalens SK	01:17:23		0:44:45	0:04:00	
26	Hedda Roald	Oppsal Orientering	01:29:21		0:44:45	0:04:00	
	Christine Teig	Nydalens SK	DSQ		0:45:15	0:04:30	
	Anne-Lene Bakken Ulseth	Nydalens SK	DSQ		0:45:15	0:04:30	
Ikke startet					0:45:45	0:15:46	
Lokal Herrer 3 800 m, 64 startende							
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
1	Leif Størmer	Fossum IF	00:34:44	0:01:00	0:33:44	0:00:00	
2	Morten Fismen	Fossum IF	00:36:03	0:00:40	0:35:23	0:01:39	
3	Jan Tore Henriksen	Nydalens SK	00:36:35	0:00:30	0:36:05	0:02:21	
4	Harald Bakke	Fossum IF	00:36:48	0:00:20	0:36:28	0:02:44	
5	Björn Widén	Tyrving IL	00:39:26	0:00:10	0:37:34	0:03:50	
6	Tom Bergan	Fet OL	00:39:43		0:37:44	0:04:00	
7	Vidar Benjaminsen	Lillomarka OL	00:40:08		0:37:44	0:04:00	
8	Arne Dybdahl	Lillomarka OL	00:40:33		0:37:44	0:04:00	
9	Jan Richard Eriksen	Asker Skiklubb	00:40:56		0:37:44	0:04:00	
10	Kim Farnes Hansen	Lierbygda OL	00:41:42		0:37:44	0:04:00	
11	Gaute Skjønhaug	Fet OL	00:41:45		0:37:44	0:04:00	
12	Ståle Heitmann	IL GeoForm	00:42:04		0:37:44	0:04:00	
13	Ståle Sønsterudbråten	Lillomarka OL	00:42:31		0:37:44	0:04:00	
14	Jonas Hirsch	Bækkelagets SK	00:42:40		0:37:44	0:04:00	
15	Sindre Langaas	Nydalens SK	00:42:53		0:37:44	0:04:00	
16	Christian Grotnes	Tyrving IL	00:43:01		0:37:44	0:04:00	
17	Nils Nikolaisen	Oppsal Orientering	00:43:27		0:37:44	0:04:00	
18	Einar Lunøe	Nydalens SK	00:44:19		0:37:44	0:04:00	
19	Per-Ivar Nikolaisen	Oppsal Orientering	00:44:19		0:37:44	0:04:00	
20	Hallvard Fjær	Lillomarka OL	00:44:57		0:37:44	0:04:00	
21	Øystein Holo	Fossum IF	00:44:58		0:37:44	0:04:00	
22	Mikhail Martemyanov	Asker Skiklubb	00:45:46		0:37:44	0:04:00	
23	Morten Ødegaard	Lillomarka OL	00:46:29		0:37:44	0:04:00	
24	Øyvind Haugland	Lillomarka OL	00:47:07		0:37:44	0:04:00	
25	Henning Bratland Carlsen	OK Moss	00:47:16		0:37:44	0:04:00	
26	Øyvind Johannessen Linnebo	Asker Skiklubb	00:47:58		0:37:44	0:04:00	
27	Karl Rikard Løvhaug	IL Koll	00:48:07		0:37:44	0:04:00	
28	Kjetil Espedal	Nydalens SK	00:48:10		0:37:44	0:04:00	
29	Håkon Fenne Ingierd	Bækkelagets SK	00:49:15		0:37:44	0:04:00	
30	Andreas N Aspelund	Nydalens SK	00:50:22		0:37:44	0:04:00	
31	Per Sandberg	Nydalens SK	00:50:32		0:37:44	0:04:00	
32	Håkon Løvli	Asker Skiklubb	00:50:42		0:37:44	0:04:00	
33	Terje Wiig Mathisen	Nydalens SK	00:50:49		0:37:44	0:04:00	
34	Oliver Benberg	Bækkelagets SK	00:51:10		0:37:44	0:04:00	
35	Bjørn Hauge	Nydalens SK	00:51:10		0:37:44	0:04:00	
36	Hugo Mackenzie	Nydalens SK	00:51:13		0:37:44	0:04:00	
37	Richard Zeiner-Gundersen	Lierbygda OL	00:52:35		0:37:44	0:04:00	

	38	Erling Melvær Ettestøl	Oppsal Orientering	00:52:43		0:37:44	0:04:00
	39	Per Christian Stenshorne	Nydalens SK	00:52:43		0:37:44	0:04:00
	40	Martin Granly	Lillomarka OL	00:52:54		0:37:44	0:04:00
	41	Are Eriksen	Oslostudentenes IK	00:54:14		0:37:44	0:04:00
	42	Olav Hasaas	Fossum IF	00:54:53		0:37:44	0:04:00
	43	Hans Jevanord	Fossum IF	00:55:46		0:37:44	0:04:00
	44	Amund Saugestad	Nydalens SK	00:56:48		0:37:44	0:04:00
	45	Lavrans Larsen Hirsch	Tyrving IL	00:57:44		0:37:44	0:04:00
	46	Arne Fossheim	Asker Skiklubb	00:58:51		0:37:44	0:04:00
	47	Kjell Winther	Oppsal Orientering	00:58:55		0:37:44	0:04:00
	48	Nils-Erik Hirsch	Tyrving IL	00:59:16		0:37:44	0:04:00
	49	Øystein Flenning	Årvoll IL	01:00:41		0:37:44	0:04:00
	50	Gunnar Halden	Nydalens SK	01:01:40		0:37:44	0:04:00
0	51	Anders Kløvstad	Nydalens SK	01:05:12		0:37:44	0:04:00
	52	Anders Flågen	Heming Orientering	01:05:57		0:37:44	0:04:00
	53	Bjørn Bendiktsen	Modum OL	01:07:35		0:37:44	0:04:00
	54	Ragnar Maalen-Johansen	NOTEAM	01:08:02		0:37:44	0:04:00
	55	Fredrik Saugestad	Nydalens SK	01:09:17		0:37:44	0:04:00
	56	Ove Martinsen	Hauketo IF	01:16:35		0:37:44	0:04:00
	57	Jappe Hjelseth	Nydalens SK	01:16:41		0:37:44	0:04:00
	58	Peer Stiansen	Nydalens SK	01:17:02		0:37:44	0:04:00
	59	Erik Høivold	Nydalens SK	01:18:51		0:37:44	0:04:00
	60	Trond K Nyland	Nydalens SK	01:22:36		0:37:44	0:04:00
	61	Dag Haugland	Østmarka OK	02:20:26		0:37:44	0:04:00
		Endre Hallan	NOTEAM	DSQ		0:38:14	0:04:30
		Hasse Bergstrøm	Tyrving IL	DSQ		0:38:14	0:04:30
		Torstein Hole	Nydalens SK	DSQ		0:38:14	0:04:30
		Ikke startet				0:38:44	0:05:00
		Rekrutt 2 000 m, 22 startende					
	Plass	Navn	Organisasjon	Løpsted			
	1	Abel Maubach	Bækkelagets SK	00:31:23			
	2	Bjørn Sverre Gulheim	Nordre Follo OK	01:12:09			