

Bulletin 1

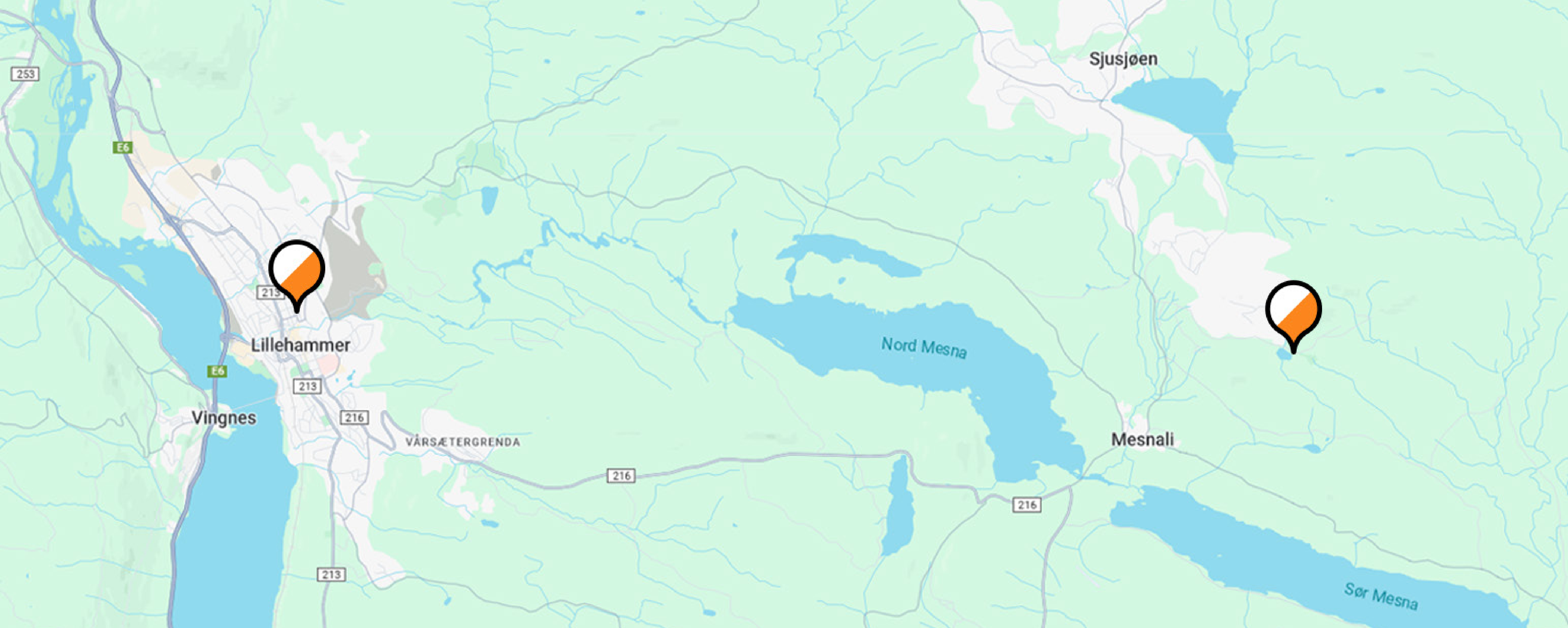
O-Festivalen 2024 - 21.-23. June, Sjusjøen and Lillehammer

Welcome to a city sprint in downtown Lillehammer, and middle and long distance races at Natrudstilen! Experience the best of the terrain we have to offer, and celebrate the Midsummer weekend with orienteering friends at the o-camp!



Programme

Friday 21st June: Sprint. Arena Lillehammer downtown
Saturday 22nd June: Middle distance. Arena Natrudstilen ski stadium
Sunday 23rd June: Long distance. Arena Natrudstilen ski stadium



World Ranking Event (WRE) and Norgescup for junior and senior every day. Chasing start for junior and D/H15-16 on Sunday. We offer courses for all regular classes as well as direct courses with the possibility of registration on the race day.

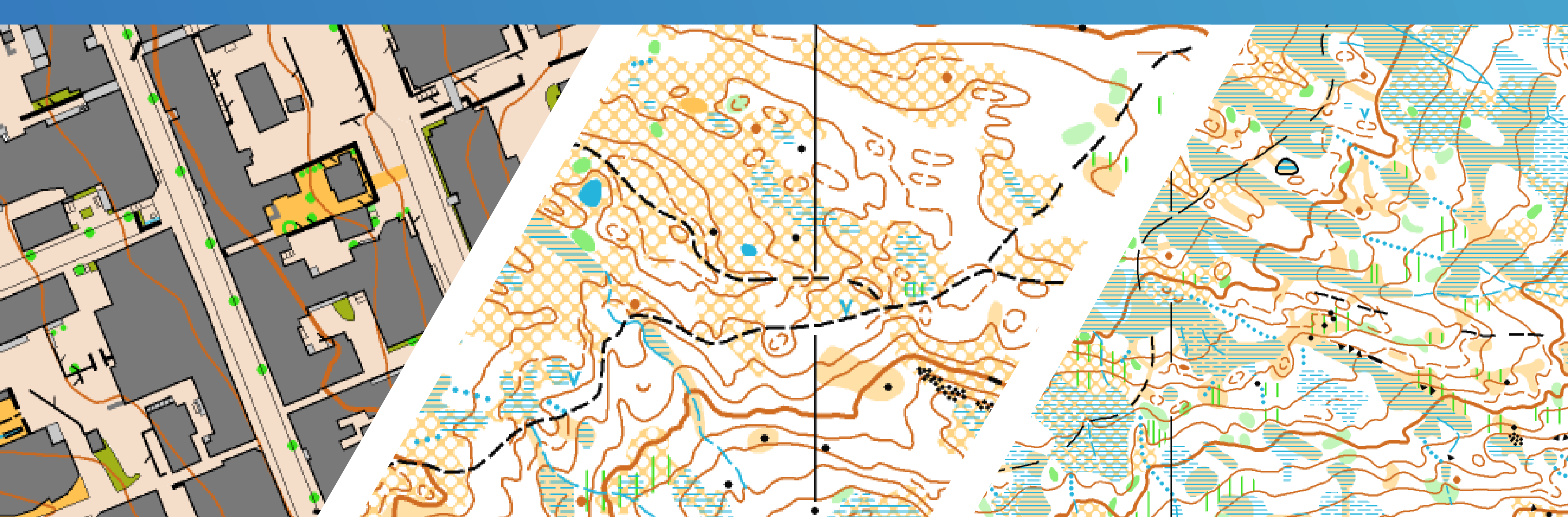
Maps and Terrain

Sprint

Explore downtown Lillehammer; a small town with squares, alleys, and courtyards that offer entertaining and challenging sprint experiences for all runners. The town is situated on a west-facing slope with moderate elevation differences. The terrain includes some gravel and park areas.

Middle and Long Distance

Discover exciting terrain, with forests and bare mountains, good runnability, and unforgettable experiences! The terrain is varied, mostly rugged, ranging from typical Eastern Norwegian spruce forests to bare mountains. Lower-lying areas have sections of spruce forest with less defined features and limited visibility. Higher up, there are large areas of marshland and mixed forest, some detailed areas, and varied hillsides. The terrain mostly has low undergrowth and generally good runnable areas, except for some sections with rocky ground. The terrain has relatively few paths and roads except in the areas near the ski resort, and around the arena where there are both ski tracks and roller ski tracks.



O-Festivalen 2024 will use brand new maps of Lillehammer and Natrudstilen. The sprint map is made by Agnar Renolen, and the middle and long distance map is made by Yngve Skogstad.

Terrain Restrictions

The competition areas are restricted to participants, see NOF's overview of current terrain restrictions: <http://orientering.no/arrangement/nof-aktivitet/terrengsperringer/>. Note that for elite classes and ages 15-16, it is only permitted to travel on 'permitted roads' in downtown Lillehammer (without a map!). Skiing is allowed on groomed trails at Natrudstilen and Sjusjøen.

Team Competition and Children's O-Festival

There will be a team competition for all participants between 8 and 12 years old, as well as a Children's O-Festival with fun activities!



Pre-O and MTBO

O-Festivalen 2024 aims to promote other orienteering activities. Therefore, we collaborate with other partners to arrange both Pre-O and MTBO, which everyone can participate in during the weekend! More information is forthcoming!

O-Camp

O-Festivalen 2024 aims to gather as many people as possible for a common O-Camp. Therefore, we are partnering with Sjusjøen Hytteutleie AS and Camp Sjusjøen, for O-Festivalen's social accommodations. Please use the reference 'O-festival24' when booking accommodation with Sjusjøen Hytteutleie AS. On Saturday, we will gather for a Midsummer celebration at Natrudstilen with prize-giving and dedicated events for children and youth!

Information about Sjusjøen Hytteutleie AS can be found at <https://www.visitsjusjoen.no/overnatting/sjusjoen-hytteutleie/>. They can also be contacted via email at info@sjusjoen.no and by phone at +47 960 05 006.

Training

There will be opportunities to purchase training maps. More information will be posted on www.ofestivalen.no.

Registration

Registration through Eventor. Registration opens on March 15, 2024.

For the sprint, emiTag (touchfree) will be used for all classes. Middle and long distance races will use EMIT eCards. Elite classes will use emiTag for timing, in addition to the EMIT eCards.

Foreign participants must pay using the Stripe solution in Eventor.

Key Organisers

Race Directors

Øystein Bakken (sprint), Ernst Fristad Nilsen (middle distance), and Harald Bakke (long distance)

Course Planners

Maria Brodin (responsible), Andreas Magerøy (sprint), Kari Svingheim (sprint), Karianne Ruud (sprint), Øyvind Bakken Rognstad (sprint), Tarjei Holo (middle distance), and Oskar Størmer (long distance)

Technical Delegates (TD)

Jan Arild Johnsen, Anders Skjeset, Ingvild Gjessing, Sofie Johansson, and Ove Haugereid

Thanks to our collaborators and sponsors:



Further Information

If you have any questions, feel free to contact us via email at ofestivalen24@gmail.com. For more information, stay tuned to our website (www.ofestivalen.no), and follow us on Facebook and Instagram! Who knows? Perhaps there will be some sneak peeks of the maps, competition terrain, or the activities at O-Festivalen 2024 ;)

We look forward to seeing you at Sjusjøen on June 21st-23rd, 2024!

Best regards

O-festivalen 2024

