

Harry Lagerts Nattcup 2023				Løp # 110			
Løp #2 20.9 Grønmo			174 startende				
Løypelegger: Sören Jonsson							
Kari 3 800 m, 13 startende							
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
1	Tilla Farnes Hennum	NTNUI	0:34:28	0:01:00	0:33:28	0:00:00	
2	Helena Karlsson	Nydalens SK	0:34:39	0:00:40	0:33:59	0:00:31	
3	Alice Hugosson	Nydalens SK	0:35:53	0:00:30	0:35:23	0:01:55	
4	Mathea Gløersen	Bækkelagets SK	0:36:23	0:00:20	0:36:03	0:02:35	
5	Ingeborg Roll Mosland	Oppsal Orientering	0:37:55	0:00:10	0:37:18	0:03:50	
6	Tone Bergerud Lye	Nydalens SK	0:38:59		0:37:28	0:04:00	
7	Ida Tiltnes Nørbech	Tyrving IL	0:42:44		0:37:28	0:04:00	
8	Kerstin Ullmann	Bækkelagets SK	0:43:29		0:37:28	0:04:00	
9	Eline Drage	Tyrving IL	0:48:09		0:37:28	0:04:00	
10	Cathrine Sandvik	Raumar Orientering	0:55:40		0:37:28	0:04:00	
11	Sunniva Omdal	NTNUI	0:57:34		0:37:28	0:04:00	
12	Gunhild Rogne Halland	Nydalens SK	0:57:57		0:37:28	0:04:00	
13	Henni Hattestad Kristensen	Heming Orientering	1:07:13		0:37:28	0:04:00	
Ikke startet					0:38:28	0:05:00	
Legendar 3 900 m, 31 startende							
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
1	Olai Stensland Lillevold	Oppsal Orientering	0:27:15	0:01:00	0:26:15	0:00:00	
2	Sindre Østgulen Deisz	Nydalens SK	0:27:29	0:00:40	0:26:49	0:00:34	
3	Torgeir Tiltnes Nørbech	Tyrving IL	0:27:55	0:00:30	0:27:25	0:01:10	
4	Håkon Raadal Bjørlo	Oppsal Orientering	0:28:02	0:00:20	0:27:42	0:01:27	
5	Bojan Blumenstein	Nydalens SK	0:28:04	0:00:10	0:27:54	0:01:39	
6	Håkon Jarvis Drage	Tyrving IL	0:29:01		0:29:01	0:02:46	
7	Eirik Kamstrup Hovind	Nydalens SK	0:29:06		0:29:06	0:02:51	
8	Anders Brokstad	Tyrving IL	0:29:20		0:29:20	0:03:05	
9	Sven Hellmüller	Bækkelagets SK	0:29:31		0:29:31	0:03:16	
10	Vegard Jarvis Westergård	Oppsal Orientering	0:29:53		0:29:53	0:03:38	
11	Oskar Leinonen	OK Kolmården	0:30:49		0:30:15	0:04:00	
12	Einar Melsom	Fossum IF	0:31:30		0:30:15	0:04:00	
13	Endre Wigaard	Oppsal Orientering	0:32:01		0:30:15	0:04:00	
14	Oskar Stormer	Oppsal Orientering	0:32:02		0:30:15	0:04:00	
15	Jonas Fenne Ingierd	Bækkelagets SK	0:32:28		0:30:15	0:04:00	
16	Henrik Eijsink	Nydalens SK	0:33:19		0:30:15	0:04:00	
17	Mikael Olausson	Oslostudentenes IK	0:33:37		0:30:15	0:04:00	
18	Tarjei Holo	NTNUI	0:34:49		0:30:15	0:04:00	
19	Håkon Frusest Christiansen	Nydalens SK	0:35:03		0:30:15	0:04:00	
20	Simen Aamodt	Nydalens SK	0:36:11		0:30:15	0:04:00	
21	Ludvig Rødnes	Oppsal Orientering	0:36:17		0:30:15	0:04:00	
22	Elias Skjolden Sørensen	Lillomarka OL	0:37:00		0:30:15	0:04:00	
23	Håvard Eik	Lillomarka OL	0:38:23		0:30:15	0:04:00	
24	Eskil Sande Gullord	Bækkelagets SK	0:40:11		0:30:15	0:04:00	
25	Esten Koren	Nydalens SK	0:40:49		0:30:15	0:04:00	

26	Simen Ballangrud	Bækkelagets SK		0:42:06		0:30:15	0:04:00
27	Martin Borge Heir	NTNUI		0:43:55		0:30:15	0:04:00
28	Serhii Kiziov	Oppsal Orientering		0:45:40		0:30:15	0:04:00
29	Sverre Turter Sandvold	Nydalens SK		0:46:41		0:30:15	0:04:00
30	Espen Jakobsen	Tyrving IL		0:48:07		0:30:15	0:04:00
	Nicolas Simonin	Bækkelagets SK		DSQ		0:30:45	0:04:30
Ikke startet						0:31:15	0:05:00
Ola 3 800 m, 23 startende							
Plass	Navn	Organisasjon		Løpstid	Bonus	Off. Tid	Bak
1	Ola Marius Pedersen	Oppsal Orientering		0:32:45	0:01:00	0:31:45	0:00:00
2	Øystein Pettersen	Nydalens SK		0:33:14	0:00:40	0:32:34	0:00:49
2	Bjørn Erik Glomsrud	Indre Østfold OK		0:33:22	0:00:30	0:32:52	0:01:07
4	Sondre Olaussen	Oppsal Orientering		0:33:41	0:00:20	0:33:21	0:01:36
5	Christoffer Ånensen	Oppsal Orientering		0:33:47	0:00:10	0:33:37	0:01:52
6	Peter Nordbrøden	Oppsal Orientering		0:34:33		0:34:33	0:02:48
7	Mathias Benjaminsen	Lillomarka OL		0:34:39		0:34:39	0:02:54
8	Marius E: Aamodt	Oppsal Orientering		0:35:05		0:35:05	0:03:20
9	Erik Persson	Oppsal Orientering		0:36:49		0:35:45	0:04:00
10	Didrik Bredesen	Lillomarka OL		0:37:09		0:35:45	0:04:00
11	Markus Hirsch	Bækkelagets SK		0:38:45		0:35:45	0:04:00
12	Sondre Ruud Bråten	Nydalens SK		0:39:09		0:35:45	0:04:00
13	Runar Hafskjold	Nydalens SK		0:39:55		0:35:45	0:04:00
14	Karl Oraug Rygh	IL Koll		0:40:56		0:35:45	0:04:00
15	Svein Nygård	Lillomarka OL		0:47:00		0:35:45	0:04:00
16	Rune Rystad	Nydalens SK		0:49:50		0:35:45	0:04:00
17	Ole Kjell Langmyren	Lillomarka OL		0:51:18		0:35:45	0:04:00
18	Pål Christian Ingierd	Bækkelagets SK		0:52:00		0:35:45	0:04:00
19	Knut Landstad	Nydalens SK		0:52:58		0:35:45	0:04:00
20	Frank Åge Kippernes	Kårvåg IL		0:57:47		0:35:45	0:04:00
21	Per Ole Dahlsrud	Nydalens SK		1:01:01		0:35:45	0:04:00
	Per-Ivar Nikolaisen	Oppsal Orientering		DSQ		0:36:15	0:04:30
	Rudi B Olsen	Lillomarka OL		DSQ		0:36:15	0:04:30
Ikke startet						0:36:45	0:05:00
Lokal Damer 3 500 m, 24 startende							
Plass	Navn	Organisasjon		Løpstid	Bonus	Off. Tid	
1	Heidi Tronbøl	Fet OL		0:38:30	0:01:00	0:37:30	0:00:00
2	Silje Taraldlien	Fet OL		0:40:24	0:00:40	0:39:44	0:02:14
3	Live R: Løberg	Nydalens SK		0:40:54	0:00:30	0:40:24	0:02:54
4	Tonje Aasheim Nymark	Nydalens SK		0:41:30	0:00:20	0:41:10	0:03:40
5	Maria Jonsson	Nydalens SK		0:43:21	0:00:10	0:41:20	0:03:50
6	Kari-Ann Ånensen	Oppsal Orientering		0:45:46		0:41:30	0:04:00
7	Stine Njåstein	Tyrving IL		0:45:52		0:41:30	0:04:00
8	Mathilde Rekkertbø Koren	Nydalens SK		0:46:02		0:41:30	0:04:00
9	Marianne Njåstein	Tyrving IL		0:46:06		0:41:30	0:04:00
10	Mie Fosshaug Weinholdt	Østmarka OK		0:46:23		0:41:30	0:04:00
11	Audrun Utskarpen	IL GeoForm		0:46:55		0:41:30	0:04:00
12	Kjersti Hov	Fossum IF		0:47:08		0:41:30	0:04:00
13	Mari Aarseth	Nydalens SK		0:47:34		0:41:30	0:04:00

14	Linda Hanssen	Østmarka OK		0:49:28		0:41:30	0:04:00
15	Hege Feiring	Tyrving IL		0:49:55		0:41:30	0:04:00
16	Ann Elin Flågen	Heming Orientering		0:52:38		0:41:30	0:04:00
17	Helle Debernard	Nydalens SK		0:54:03		0:41:30	0:04:00
18	Natalia Fey	Nydalens SK		0:55:30		0:41:30	0:04:00
19	Silje Syversen	Oppsal Orientering		0:57:00		0:41:30	0:04:00
20	Anne Stine Taraldlien	Fet OL		0:59:56		0:41:30	0:04:00
21	Josefine Steen-Utheim	Oppsal Orientering		1:00:01		0:41:30	0:04:00
22	Ingeborg Øderud	Bækkelagets SK		1:14:54		0:41:30	0:04:00
	Synne Syversen Gihle	Oppsal Orientering		DSQ		0:42:00	0:04:30
	Christine Teig	Nydalens SK		DSQ		0:42:00	0:04:30
Ikke startet						0:42:30	0:05:00
Lokal Herrer 3 500 m, 68 startende							
Plass	Navn	Organisasjon		Løpsti	Bonus	Off. Tid	18
1	Christian Grotnes	Tyrving IL		0:32:41	0:01:00	0:31:41	0:00:00
2	Even Angell-Petersen	Nydalens SK		0:35:27	0:00:40	0:34:47	0:03:06
3	Endre Stokseth	Nydalens SK		0:35:50	0:00:30	0:35:11	0:03:30
4	Alfred Teig	Nydalens SK		0:36:27	0:00:20	0:35:21	0:03:40
5	Asgeir Lium	Fet OL		0:36:54	0:00:10	0:35:31	0:03:50
6	Torstein Hole	Nydalens SK		0:37:12		0:35:41	0:04:00
7	Tom Bergan	Fet OL		0:38:12		0:35:41	0:04:00
8	Terje Wiig Mathisen	Nydalens SK		0:38:31		0:35:41	0:04:00
9	Vidar Benjaminsen	Lillomarka OL		0:38:51		0:35:41	0:04:00
10	Jon Iver Bakken	Nydalens SK		0:39:25		0:35:41	0:04:00
11	Carl Erik Wasberg	Oppsal Orientering		0:39:31		0:35:41	0:04:00
12	Jan Tore Henriksen	Norges Bank BIL		0:39:40		0:35:41	0:04:00
13	Gaute Skjønhaug	Fet OL		0:39:43		0:35:41	0:04:00
14	Jøran Kristensen	Heming Orientering		0:40:40		0:35:41	0:04:00
15	Espen Lunøe	Nydalens SK		0:40:56		0:35:41	0:04:00
16	Sigurd Dæhli	Løten o-lag		0:41:09		0:35:41	0:04:00
17	Jonas Hirsch	Bækkelagets SK		0:41:17		0:35:41	0:04:00
18	Gunnar Halden	Nydalens SK		0:41:23		0:35:41	0:04:00
19	Erik Rosenvold	Østmarka OK		0:41:27		0:35:41	0:04:00
20	Fredrik Saugestad	Nydalens SK		0:42:10		0:35:41	0:04:00
21	Andreas N Aspelund	Nydalens SK		0:42:12		0:35:41	0:04:00
22	Arne Johannes Løkken	Oppsal Orientering		0:42:37		0:35:41	0:04:00
22	Otto Schjøberg-Henriksen	Nydalens SK		0:42:47		0:35:41	0:04:00
24	Harald Iwe	IL GeoForm		0:42:49		0:35:41	0:04:00
25	Steinar Eastwood	Lillomarka OL		0:42:49		0:35:41	0:04:00
26	Erik Fey	Nydalens SK		0:42:59		0:35:41	0:04:00
27	Amund Saugestad	Nydalens SK		0:43:22		0:35:41	0:04:00
27	Kjetil Espedal	Nydalens SK		0:43:29		0:35:41	0:04:00
29	Lars Hjermstad	Fossum IF		0:43:50		0:35:41	0:04:00
30	Peder Natvig	IL Koll		0:44:16		0:35:41	0:04:00
31	Hallvard Koren	OK Moss		0:44:29		0:35:41	0:04:00
32	Olav Hasaas	Fossum IF		0:44:37		0:35:41	0:04:00
33	Stepan Skvirsky	Oppsal Orientering		0:44:58		0:35:41	0:04:00
34	Alexander Smidt Olsen	Nydalens SK		0:45:43		0:35:41	0:04:00
35	Jan Sverre Edstrøm	Bækkelagets SK		0:46:12		0:35:41	0:04:00
36	Per Christian Stenshorne	Nydalens SK		0:46:30		0:35:41	0:04:00

