

# Nordic Junior Meeting

Hamar OK, Løten OL, Vang OL and Nordmarka Ski Orienteering Club in partnership with the Norwegian Orienteering Federation invite you to Ski-O-treff and Nordic Junior Meeting

## Organizers:

Chairman of the Organizing Committee: Kåre Kirkevik

Event Director : Lars Lystad

Course Setters: Vidar Benjaminsen, Jan Ola

Pedersen Anders Hauge, Erlend Slokvik

Event Secretary: Jan Arild Johnsen

Address: Ski-O-World cup 2014, Norwegian Orienteering Federation, 0840 Oslo, Norway

E-mail : [janarildjohnsen@gmail.com](mailto:janarildjohnsen@gmail.com)

Homepage : [www.skio2015.no](http://www.skio2015.no)

Event Adviser: Yngve Mobråten

Coordinator Nordic Junior Meeting : Jon H Ulvensøen [jon@polight.no](mailto:jon@polight.no)

## Venue.

All competitions will be at Gåsbu Ski Arena, 15 km from Hamar. Competition office at the arena. GPS coordinates: 60.900543, 11.206011



## Program

### Fri 17th Jan

9.30-14 Competition office open at Gåsbu

10-14 Model event at Gåsbu

### Sat 18th Jan

9-15 Competition office open at the arena

10-12 World Cup, Middle distance, mass start

12.30-15.00 Ski-O-treff, middle distance

12.30-15.00 Nordic Junior Meeting, middle distance

15.00 Prize giving ceremony at the arena, Ski-O-treff and Junior Meeting.

### Sun 19th Jan

9-15 Competition office open at the arena

10-12 World Cup Sprint distance

12.30-15.00 Ski-O-treff, Sprint distance

12.30-15.00 Nordic Junior Meeting, Sprint distance

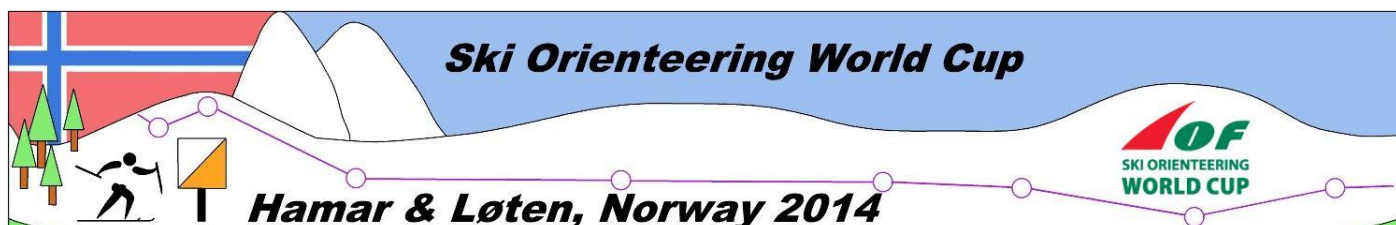
15.00 Prize giving ceremony at the arena, Ski-O-treff and Nordic Junior Meeting



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## Terrain, climate

Mixed forest with open marshes. Moderately hilly. Altitude 500-600m

The climate is normally wintry with weather ranging from sun to cloudy and snowfall. Average temperature for Gåsbu in January is -5--20°C. Average snow depth is 50-100 cm.

See: <http://www.vangski.no/index.php/Vaeret-paa-Gaasbu> for weather at Gåsbu

## Training possibilities

A training in the JWSOC-2015 terrain at Budor Ski Arena will be organized on Mon 20th January. No ski orienteering courses, only XC-tracks. It is permitted to bring old maps

Events relevant for JWSOC 2015:

14-15.dec 2013, Norwegian cup, Sjusjøen/Lillehammer, 60km from Hamar  
11-12.jan 2014, Norwegian cup, Ringebru, 130 km from Hamar

## Classes and Course lengths

### Saturday, middle distance:

W 17-18	5 km
W 19-20	6 km
M 17-18	7 km
M 19-20	8 km

### Sunday, sprint:

W 17-18	2,5 km
W 19-20	3 km
M 17-18	3,5 km
M 19-20	4 km

O-treff offer courses for all other classes see separate invitation on

[www.eventor.orienteering.no](http://www.eventor.orienteering.no)



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## Map scale, contour interval

Middle Distance: 1:10000, 5 m

Sprint: 1:5000, 5 m

## Punching system

Emit touch free punching system will be used. Private emiTags can be used. Others can rent emiTag from the organizer.

## Entry

On attached template by 5th Jan 2014 at the latest

After that at the competition office or email: [janarildjohnsen@gmail.com](mailto:janarildjohnsen@gmail.com)

## Entry fee

NOK 200,- Late entry 50% extra

## Payment

All entry fees have to be paid by 5th Jan 2014 at the latest

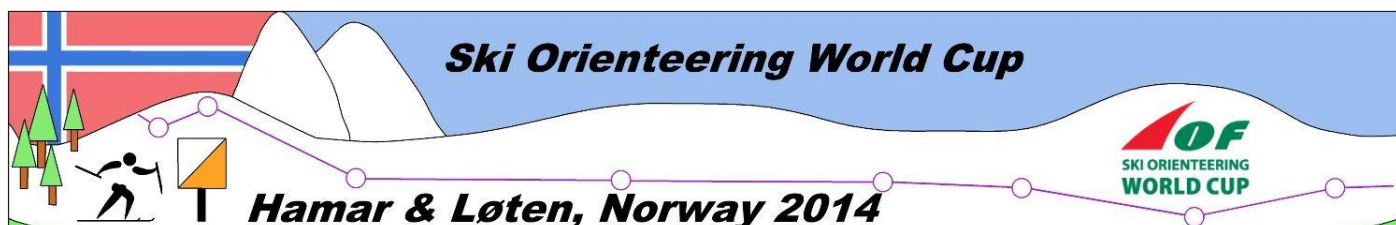
Payment info:

IBAN: NO91 1800 1461 229

SWIFT: SHEDNO22

Account owner:

Hamar Orienteringsklubb,  
Haakon Beitnes  
Torggt.145 B  
2317 Hamar Norway



## Transport

Oslo Airport Gardermoen has frequent flights from all parts of Europe. The airport is situated about 90 km south of the event centre. There is a train connection from the airport to Hamar every hour. We will pick you up at the train station. Transport is ordered together with registration

We can also organize transport from the Rosenlund Park (accommodation) to the competition centre (Gåsbu)

## Accommodation

We will accommodate all participants and team leaders at Rosenlund Park ([www.rosenlundpark.no](http://www.rosenlundpark.no)). This is an old school that is converted to a conference hotel with very reasonable prices. We can offer the following pr person:

- 2 nights (Friday to Sunday) with breakfast, lunch packet and dinner: NOK 1000
- 3 nights (Thursday to Sunday) with breakfast, lunch packet and dinner: NOK 1500
- Additional nights NOK 500

Accommodation is ordered together with registration.

## Information and questions:

If you have any questions or need more information please contact:

- Jon H.Ulvensøen, [jon@polight.com](mailto:jon@polight.com) or phone +47 91391974

## Rules for Nordic Junior Meeting

Each country can nominate up to 3 men and 3 women to each competition class (H/D18 and H/D20).

Only the two best athletes in each class get points. Scores for each class are calculated as follows:

1. Place 7 points
2. Place 5 points
3. Place 4 points
4. Place 3 points
5. Place 2 points
6. Place 1 point

Team with highest scores after two-day competitions is awarded a challenge trophy.



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