

| Harry Lagerst Nattcup 2022 - Finale | | | Offisielle resultater og løpstider | | | |
|-------------------------------------|--------------------------|--------------------------|------------------------------------|-------------------|-----------------------|---------------------|
| Legendar | | | Finale Starttid | Finale Mål | Finale Løpstid | Løpstid Rank |
| # | Navn | Klubb | | | | |
| <i>Minimum</i> | | | 18:30:00 | | | |
| 1 | Bojan Blumenstein | Nydalens SK | 18:30:00 | 2:17:17 | 2:17:17 | 3 |
| 2 | Jonas Madslie Bakken | Nydalens SK | 18:32:49 | 2:19:59 | 2:17:10 | 1 |
| 3 | Eirik Kamstrup Hovind | Nydalens SK | 18:35:22 | 2:22:47 | 2:17:25 | 4 |
| 4 | Vegard Jarvis Westergård | Oppsal Orientering | 18:38:13 | 2:25:27 | 2:17:14 | 2 |
| 5 | Filip Kubina | Nydalens SK | 18:38:09 | 2:40:36 | 2:32:27 | 7 |
| 6 | Ralph Street | Bækkelagets SK | 18:42:39 | 2:44:15 | 2:31:36 | 5 |
| 7 | Tim Robertson | Koovee | 18:42:39 | 2:44:15 | 2:31:36 | 5 |
| 8 | Sverre Turtur Sandvold | Nydalens SK | 18:39:39 | 2:46:10 | 2:36:31 | 8 |
| 9 | Emil Ahlbäck | Fossum IF | 18:41:39 | 2:50:56 | 2:39:17 | 9 |
| 10 | Anton Kamolz | Nydalens SK | 18:39:39 | 2:54:22 | 2:44:43 | 10 |
| 11 | Esten Koren | Nydalens SK | 18:40:39 | 3:33:27 | 3:22:48 | 11 |
| 12 | Mikael Olausson | Oslostudentenes IK | 18:41:39 | 4:08:09 | 3:56:30 | 12 |
| | Anders Tiltne Brokstad | Tyrving IL | 18:35:46 | DNF | | |
| | Elias Skjolden Sørensen | Lillomarka OL | 18:39:09 | DNF | | |
| | Jo Forseth Indgaard | Bækkelagets SK | 18:41:39 | DNF | | |
| | Mathias Vold | Lillomarka OL | 18:40:09 | DNF | | |
| | Simen Aamodt | Nydalens SK | 18:37:41 | DNF | | |
| Kari | | | Finale Starttid | Finale Mål | Finale Løpstid | Løpstid Rank |
| # | Navn | Klubb | | | | |
| <i>Minimum</i> | | | 18:45:00 | | | |
| 1 | Kaja Winsnes Nordhagen | Ås-NMBU Orientering | 18:51:20 | 2:05:45 | 1:59:25 | 1 |
| 2 | Siri Ulvestad | Nydalens SK | 18:51:55 | 2:07:48 | 2:00:53 | 2 |
| 3 | Ingeborg Roll Mosland | Oppsal Orientering | 18:53:40 | 2:31:11 | 2:22:31 | 3 |
| 4 | Katarína Kubinová | Nydalens SK | 18:52:00 | 3:03:34 | 2:56:34 | 5 |
| 5 | Inga Skaarer Wiklund | Nydalens SK | 18:55:50 | 3:03:44 | 2:52:54 | 4 |
| 6 | Henriette Apenæs Smeby | Nydalens SK | 18:53:50 | 3:07:16 | 2:58:26 | 6 |
| 7 | Cathrine Sandvik | Raumar Orientering | 18:53:20 | 3:31:52 | 3:23:32 | 7 |
| Ola | | | Finale Starttid | Finale Mål | Finale Løpstid | Løpstid Rank |
| # | Navn | Klubb | | | | |
| | | | 19:00:00 | | | |
| 1 | Jonas Fenne Ingierd | Bækkelagets SK | 19:00:00 | 1:49:15 | 1:49:15 | 3 |
| 2 | Øystein Pettersen | Nydalens SK | 19:02:06 | 1:50:31 | 1:48:25 | 2 |
| 3 | Christoffer Ånensen | Oppsal Orientering | 19:06:20 | 1:54:23 | 1:48:03 | 1 |
| 4 | Tobias Tronbøl Lium | IL Koll | 19:06:37 | 2:02:19 | 1:55:42 | 4 |
| 5 | Dag Aalvik | Nydalens SK | 19:08:03 | 2:11:33 | 2:03:30 | 6 |
| 6 | Jostein F Tellnes | Asker Skiklubb | 19:10:43 | 2:12:15 | 2:01:32 | 5 |
| 7 | Marius E. Aamodt | Oppsal Orientering | 19:07:26 | 2:17:53 | 2:10:27 | 8 |
| 8 | Håvard Eik | Lillomarka OL | 19:08:13 | 2:17:56 | 2:09:43 | 7 |
| 9 | Svein Nygård | Lillomarka OL | 19:07:43 | 2:21:36 | 2:13:53 | 9 |
| 10 | Amund Beitnes | Varanger Orienteringslag | 19:10:13 | 2:32:05 | 2:21:52 | 10 |
| 11 | Olav Eide | Bækkelagets SK | 19:09:13 | 2:47:59 | 2:38:46 | 12 |

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| 12 | Aksel Eide | Bækkelagets SK | 19:09:43 | 2:48:13 | 2:38:30 | 11 |
| 13 | Pål Christian Ingjerd | Bækkelagets SK | 19:08:13 | 2:49:02 | 2:40:49 | 13 |
| | Didrik Bredesen | Lillomarka OL | 19:08:43 | DNF | | |
| | Eskil Sande Gullford | Bækkelagets SK | 19:06:57 | DNF | | |
| | Markus Hirsch | Bækkelagets SK | 19:08:43 | DNF | | |
| | Mathias Benjaminsen | Lillomarka OL | 19:07:13 | DNF | | |
| | Per Ole Dahlsrud | Nydalens SK | 19:10:13 | DNF | | |
| Lokal Damer | | | Finale | Finale | Finale | Løpstime |
| # | Navn | Klubb | Starttid | Mål | Løpstime | Rank |
| <i>Minimum</i> | | | 19:00:00 | | | |
| 1 | Anja Berge Gjellestad | Nydalens SK | 19:11:00 | 1:33:01 | 1:22:01 | 1 |
| 2 | Mathilde Rekkertbø Koren | Nydalens SK | 19:09:00 | 1:35:27 | 1:26:27 | 2 |
| 3 | Silje Taraldlien | Fet OL | 19:07:50 | 1:37:38 | 1:29:48 | 5 |
| 4 | Maria Jonsson | Nydalens SK | 19:00:00 | 1:37:40 | 1:37:40 | 9 |
| 5 | Ingrid Merete Jepsen | Heming Orientering | 19:11:00 | 1:39:20 | 1:28:20 | 3 |
| 6 | Astrid Reusch | Heming Orientering | 19:10:30 | 1:39:24 | 1:28:54 | 4 |
| 7 | Hege Feiring | Tyrving IL | 19:06:10 | 1:40:00 | 1:33:50 | 7 |
| 8 | Linda Hanssen | Østmarka OK | 19:07:30 | 1:41:09 | 1:33:39 | 6 |
| 9 | Signe Astrup Arnesen | Heming Orientering | 19:11:00 | 1:45:39 | 1:34:39 | 8 |
| 10 | Marianne Njåstein | Tyrving IL | 19:05:22 | 1:46:55 | 1:41:33 | 12 |
| 11 | Hanne Wærp Hauge | Nydalens SK | 19:07:07 | 1:48:19 | 1:41:12 | 11 |
| 12 | Henni Hattestad Kristensen | Heming Orientering | 19:09:00 | 1:48:22 | 1:39:22 | 10 |
| 13 | Elise Wærp Hauge | Nydalens SK | 19:11:00 | 1:53:59 | 1:42:59 | 13 |
| 14 | Trude Fixdal | Heming Orientering | 19:08:30 | 2:34:14 | 2:25:44 | 14 |
| | Britta Fismen | Fossum IF | 19:11:00 | DSQ | | |
| | Christine Teig | Nydalens SK | 19:07:30 | DSQ | | |
| | Live R. Løberg | Nydalens SK | 19:09:00 | DSQ | | |
| Lokal Herrer | | | Finale | Finale | Finale | Løpstime |
| # | Navn | Klubb | Starttid | Mål | Løpstime | Rank |
| <i>Minimum</i> | | | 19:15:00 | | | |
| 1 | Torbjørn Lundeby | Lillomarka OL | 19:25:40 | 1:14:49 | 1:04:09 | 1 |
| 2 | Axel Aalde | Nydalens SK | 19:25:10 | 1:15:35 | 1:05:25 | 2 |
| 3 | Christian Grotnes | Tyrving IL | 19:23:10 | 1:15:45 | 1:07:35 | 4 |
| 4 | Per Øyvind Stene | Nydalens SK | 19:25:40 | 1:17:06 | 1:06:26 | 3 |
| 5 | Bjørn Erik Glomsrud | Indre Østfold OK | 19:26:40 | 1:19:16 | 1:07:36 | 5 |
| 6 | Jo Inge Fjellstad | Ås-NMBU Orientering | 19:20:45 | 1:19:17 | 1:13:32 | 9 |
| 7 | Jan Tore Henriksen | Nydalens SK | 19:15:00 | 1:19:19 | 1:19:19 | 22 |
| 8 | Lacho Iliev | Halden SK | 19:26:40 | 1:20:45 | 1:09:05 | 6 |
| 9 | Erik Paulsrud | IL Koll | 19:19:08 | 1:22:03 | 1:17:55 | 20 |
| 10 | Alfred Teig | Nydalens SK | 19:24:10 | 1:22:13 | 1:13:03 | 8 |
| 11 | Gaute Skjønhaug | Fet OL | 19:23:40 | 1:22:31 | 1:13:51 | 10 |
| 12 | Morten Severin Saue | Nordre Follo Orientering | 19:25:04 | 1:22:33 | 1:12:29 | 7 |
| 13 | Kjetil Espedal | Nydalens SK | 19:23:40 | 1:24:23 | 1:15:43 | 13 |
| 14 | Christian Reusch | Heming Orientering | 19:25:10 | 1:24:25 | 1:14:15 | 11 |
| 15 | Arne Johannes Løkken | Oppsal Orientering | 19:24:40 | 1:24:30 | 1:14:50 | 12 |
| 16 | Torstein Hole | Nydalens SK | 19:23:10 | 1:24:37 | 1:16:27 | 16 |

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| 17 | Asgeir Lium | Fet OL | 19:22:14 | 1:24:50 | 1:17:36 | 19 |
| 18 | Ole Kristian Kristensen | Bodø og Omegn IF Orientering | 19:24:10 | 1:25:32 | 1:16:22 | 15 |
| 19 | Bjørn Hauge | Nydalens SK | 19:23:10 | 1:25:36 | 1:17:26 | 18 |
| 20 | Vidar Benjaminsen | Lillomarka OL | 19:22:14 | 1:26:04 | 1:18:50 | 21 |
| 21 | Frode Bakkehøi | Østmarka OK | 19:25:10 | 1:26:07 | 1:15:57 | 14 |
| 22 | Halvor Aurmo | Heming Orientering | 19:25:10 | 1:27:30 | 1:17:20 | 17 |
| 23 | Hallvard Fjær | Lillomarka OL | 19:23:10 | 1:29:05 | 1:20:55 | 23 |
| 24 | Guttorm Egge | IL GeoForm | 19:23:10 | 1:30:19 | 1:22:09 | 25 |
| 25 | Terje Wiig Mathisen | Nydalens SK | 19:24:40 | 1:31:18 | 1:21:38 | 24 |
| 26 | Knut Aalde | Nydalens SK | 19:25:40 | 1:34:23 | 1:23:43 | 26 |
| 27 | Trond K Nyland | Nydalens SK | 19:23:10 | 1:38:40 | 1:30:30 | 27 |
| 28 | Martin Granly | Lillomarka OL | 19:24:10 | 1:39:41 | 1:30:31 | 28 |
| 29 | Lasse Arnesen | Heming Orientering | 19:26:40 | 1:42:47 | 1:31:07 | 29 |
| 30 | Claes-Tommy Herland | Indre Østfold OK | 19:25:40 | 1:42:58 | 1:32:18 | 31 |
| 31 | Kjell Winther | Oppsal Orientering | 19:26:40 | 1:43:04 | 1:31:24 | 30 |
| 32 | Sondre Hafskjold | Nydalens SK | 19:26:40 | 1:53:11 | 1:41:31 | 32 |
| 33 | Audun Sanderud | Lillomarka OL | 19:23:10 | 2:01:48 | 1:53:38 | 33 |
| 34 | Magnus Thomassen | Nydalens SK | 19:23:40 | 2:09:52 | 2:01:12 | 34 |
| 35 | Peer Stiansen | Nydalens SK | 19:23:40 | 2:10:10 | 2:01:30 | 35 |
| 36 | Bjørn Bendiktsen | Modum OL | 19:23:10 | 2:10:21 | 2:02:11 | 36 |
| 37 | Andreas N Aspelund | Nydalens SK | 19:23:40 | 2:11:15 | 2:02:35 | 37 |
| 38 | Buzzer Bear Wangensteen | Lillomarka OL | 19:25:40 | 2:14:44 | 2:04:04 | 38 |
| 39 | Jo Half Cent Lian | Lillomarka OL | 19:26:40 | 2:15:47 | 2:04:07 | 39 |
| 40 | Harald Aulie | Heming Orientering | 19:24:40 | 2:19:10 | 2:09:30 | 40 |
| 41 | Morten Ødegaard | Lillomarka OL | 19:25:40 | 2:36:31 | 2:25:51 | 41 |
| 42 | Dag Haugland | Østmarka OK | 19:23:10 | 2:59:47 | 2:51:37 | 42 |
| 43 | Øyvind Grandum | IL GeoForm | 19:23:40 | 3:07:40 | 2:59:00 | 43 |
| | Christian Schive | OK Moss | 19:26:10 | DNF | | |
| | Eilert Aamodt | Oppsal Orientering | 19:26:40 | DNF | | |
| | Eirik Tandrevold | Fossum IF | 19:23:40 | DNF | | |
| | Serhii Kiziov | Oppsal Orientering | 19:24:40 | DNF | | |
| | Sondre Hafskjold | Nydalens SK | 19:25:40 | DNF | | |