

Romerikssprinten Runde 2

Strekktider

-24.08.2013

Plass Navn

Klasse

Tid

D -10 Fellesstart

1 Pia Young Vik

Nydalens SK

11:17

00:47= 02:09= 04:30= 05:40= 06:37= 07:19= 07:40= 09:50= 10:52= 11:17=
00:47= 01:22= 02:21= 01:10= 00:57= 00:42= 00:21= 02:10= 01:02= 00:25=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Marie Kravdal

Gjø-Vard OL

13:58

00:53+ 02:23+ 05:21+ 07:41+ 08:48+ 09:45+ 10:17+ 12:27+ 13:27+ 13:58+
00:53+ 01:30+ 02:58+ 02:20+ 01:07+ 00:57+ 00:32+ 02:10= 01:00- 00:31+
00:06# 00:08+ 00:37& 01:10& 00:10# 00:15& 00:11& 00:00= 00:02- 00:06#

Beste strekktid for klassen

00:47 01:22 02:21 01:10 00:57 00:42 00:21 02:10 01:00 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 11-12 Fellesstart

1	Kristine Eide Rapp	Raumar Orientering	08:45						
01:02=	02:03=	03:29=	04:21=	05:03=	05:24=	05:39=	07:13=	08:07=	08:45=
01:02=	01:01=	01:26=	00:52=	00:42=	00:21=	00:15=	01:34=	00:54=	00:38=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Hanne Eide Rapp	Raumar Orientering	08:53						
00:40-	02:00-	03:28-	04:22+	05:06+	05:27+	05:43+	07:23+	08:22+	08:53+
00:40-	01:20+	01:28+	00:54+	00:44+	00:21=	00:16+	01:40+	00:59+	00:31-
00:22-	00:19&	00:02+	00:02+	00:02+	00:00=	00:01+	00:06+	00:05+	00:07-
3	Kristine Kravdal	Gjø-Vard OL	09:04						
01:10+	02:03=	03:36+	04:32+	05:20+	05:42+	06:00+	07:38+	08:37+	09:04+
01:10+	00:53-	01:33+	00:56+	00:48+	00:22+	00:18+	01:38+	00:59+	00:27-
00:08#	00:08-	00:07+	00:04+	00:06#	00:01+	00:03#	00:04+	00:05+	00:11-
4	Alexandra Linløkken	Østmarka OK	09:48						
00:42-	01:45-	03:59+	05:08+	05:58+	06:21+	06:38+	08:19+	09:21+	09:48+
00:42-	01:03+	02:14+	01:09+	00:50+	00:23+	00:17+	01:41+	01:02+	00:27-
00:20-	00:02+	00:48&	00:17&	00:08#	00:02+	00:02#	00:07+	00:08#	00:11-
5	Ingrid Marie Stubban Hygen	Østmarka OK	11:48						
00:43-	01:49-	03:34+	05:11+	06:19+	06:50+	07:13+	09:48+	11:19+	11:48+
00:43-	01:06+	01:45+	01:37+	01:08+	00:31+	00:23+	02:35+	01:31+	00:29-
00:19-	00:05+	00:19#	00:45&	00:26&	00:10&	00:08&	01:01&	00:37&	00:09-
6	Torill Oldernes	Lillomarka OL	14:33						
01:08+	02:15+	04:15+	06:44+	07:51+	08:21+	08:46+	12:52+	14:11+	14:33+
01:08+	01:07+	02:00+	02:29+	01:07+	00:30+	00:25+	04:06+	01:19+	00:22-
00:06+	00:06+	00:34&	01:37@	00:25&	00:09&	00:10&	02:32@	00:25&	00:16-
7	Pernille Sønsterudbråten	Raumar Orientering	16:38						
03:35+	04:55+	06:29+	07:54+	08:49+	09:23+	09:52+	13:05+	16:03+	16:38+
03:35+	01:20+	01:34+	01:25+	00:55+	00:34+	00:29+	03:13+	02:58+	00:35-
02:33@	00:19&	00:08+	00:33&	00:13&	00:13&	00:14&	01:39@	02:04@	00:03-

Beste strekktid for klassen

00:40 00:53 01:26 00:52 00:42 00:21 00:15 01:34 00:54 00:22

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
H -10 Fellesstart			
1	Teodor Mo Hjelseth	Nydalens SK	09:05
	00:48= 01:55= 03:55= 04:50= 05:41= 06:03= 06:19= 07:53= 08:43= 09:05=		
	00:48= 01:07= 02:00= 00:55= 00:51= 00:22= 00:16= 01:34= 00:50= 00:22=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Kasper Bakken Ulseth	Nydalens SK	09:10
	00:46- 01:54- 03:57+ 04:48- 05:43+ 06:05+ 06:21+ 07:54+ 08:45+ 09:10+		
	00:46- 01:08+ 02:03+ 00:51- 00:55+ 00:22= 00:16= 01:33- 00:51+ 00:25+		
	00:02- 00:01+ 00:03+ 00:04- 00:04= 00:00= 00:00= 00:01- 00:01+ 00:03#		
3	Arthur Brunborg	Nittedal OL	09:41
	00:50+ 01:56+ 03:36- 04:41- 05:27- 05:52- 06:10- 07:56+ 08:52+ 09:41+		
	00:50+ 01:06- 01:40- 01:05+ 00:46- 00:25+ 00:18+ 01:46+ 00:56+ 00:49+		
	00:02+ 00:01- 00:20- 00:10# 00:05- 00:03# 00:02# 00:12# 00:06# 00:27@		
4	Trond Oldernes	Lillomarka OL	09:46
	00:51+ 01:58+ 03:53- 04:51+ 05:45+ 06:09+ 06:28+ 08:12+ 09:14+ 09:46+		
	00:51+ 01:07= 01:55- 00:58+ 00:54+ 00:24+ 00:19+ 01:44+ 01:02+ 00:32+		
	00:03+ 00:00= 00:05- 00:03+ 00:03+ 00:02+ 00:03# 00:10# 00:12# 00:10&		
5	Kristian Fredriksen Aas	Asker Skiklubb	09:57
	00:54+ 01:58+ 03:40- 04:44- 05:36- 06:04+ 06:24+ 08:08+ 09:15+ 09:57+		
	00:54+ 01:04- 01:42- 01:04+ 00:52+ 00:28+ 00:20+ 01:44+ 01:07+ 00:42+		
	00:06# 00:03- 00:18- 00:09# 00:01+ 00:06& 00:04# 00:10# 00:17& 00:20&		
6	Birk Thorstensen	Oppsal Orientering	12:21
	00:56+ 02:09+ 04:26+ 06:29+ 07:22+ 07:53+ 08:13+ 10:40+ 11:50+ 12:21+		
	00:56+ 01:13+ 02:17+ 02:03+ 00:53+ 00:31+ 00:20+ 02:27+ 01:10+ 00:31+		
	00:08# 00:06+ 00:17# 01:08@ 00:02+ 00:09& 00:04# 00:53& 00:20& 00:09&		
7	Henrik Linløkken	Østmarka OK	12:48
	00:57+ 02:06+ 04:04+ 06:36+ 07:37+ 08:09+ 08:28+ 10:58+ 12:11+ 12:48+		
	00:57+ 01:09+ 01:58- 02:32+ 01:01+ 00:32+ 00:19+ 02:30+ 01:13+ 00:37+		
	00:09# 00:02+ 00:02- 01:37@ 00:10# 00:10& 00:03# 00:56& 00:23& 00:15&		
8	Axel Aalde	Nydalens SK	12:51
	00:51+ 02:01+ 04:00+ 05:17+ 07:11+ 08:31+ 09:09+ 09:35+ 11:09+ 12:13+ 12:51+		
	00:51+ 01:10+ 01:59- 01:17+ 01:54+ 01:20+ 00:38+ 00:26- 01:34+ 01:04+ 00:38+		
	00:03+ 00:03+ 00:01- 00:22& 01:03@ 00:58@ 00:22@ 01:08- 00:44& 00:42@ 00:38+		

Beste strekktid for klassen

00:46 01:04 01:40 00:51 00:46 00:22 00:16 00:26 00:50 00:22

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 11-12 Fellesstart

1	Lars Young Vik			Nydalens SK						08:16
00:41=	01:33=	03:16=	04:15=	04:55=	05:14=	05:28=	06:55=	07:40=	08:16=	
00:41=	00:52=	01:43=	00:59=	00:40=	00:19=	00:14=	01:27=	00:45=	00:36=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	

2	Alexander Smeby				Nydalens SK					08:18
00:39-	01:37+	03:19+	04:13-	04:57+	05:16+	05:31+	06:58+	07:44+	08:18+	
00:39-	00:58+	01:42-	00:54-	00:44+	00:19=	00:15+	01:27=	00:46+	00:34-	
00:02-	00:06#	00:01-	00:05-	00:04#	00:00=	00:01+	00:00=	00:01+	00:02-	

3

Isak Jonsson

Nydalens SK

08:24

00:38-01:35+03:18+04:12-04:57+05:15+05:29+06:57+07:46+08:24+

00:38-00:57+01:43=00:54-00:45+00:18-00:14=01:28+00:49+00:38+

00:03-00:05+00:00=00:05-00:05#00:01-00:00=00:01+00:04+00:02+

4	John Otterlei				Østmarka OK						27:34
01:44+	07:46+	08:59+	17:24+	19:34+	20:36+	21:08+	23:09+	25:20+	27:01+	27:34+	
01:44+	06:02+	01:13-	08:25+	02:10+	01:02+	00:32+	02:01+	02:11+	01:41+	00:33+	
01:03@	05:10@	00:30-	07:26@	01:30@	00:43@	00:18@	00:34&	01:26@	01:05@	00:33+	

Beste strekktid for klassen

00:38	00:52	01:13	00:54	00:40	00:18	00:14	01:27	00:45	00:34
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.