

HØIÅSMARKA - DEMMA EAST

Scale 1/10.000 Contour 5M

Fokusløp Østfold 2021

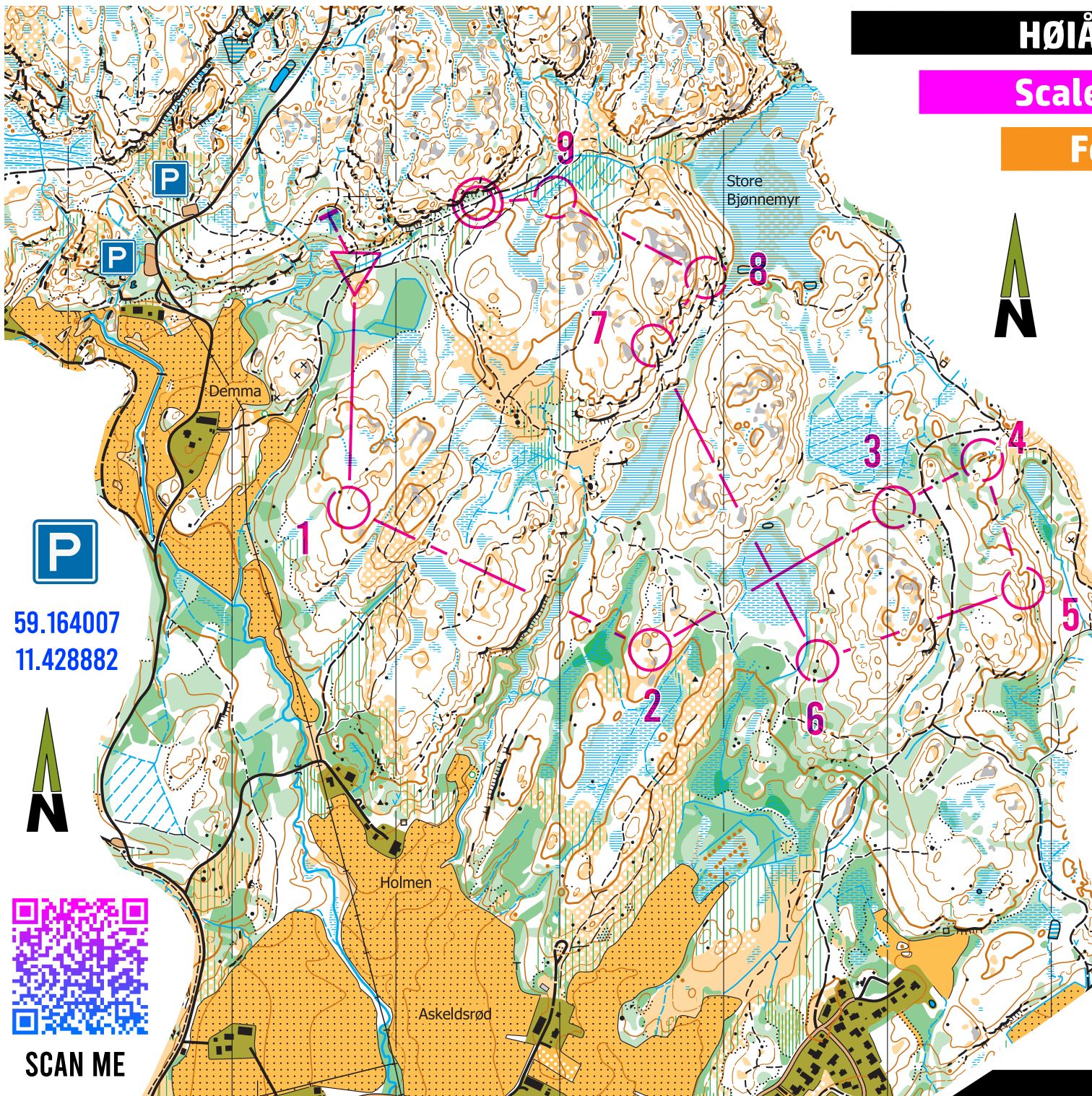
A4

D15-16



FOKUSLØP - Stage2											
A4			3,8 km								
----- 110 m ----->△											
▷		↑	↘	100%	↙						
1	115	↘	▲			1	○				
2	122		■			1.5	└				
3	116	↑↓	▲			1.5	○				
4	118		■	■	■	2	└				
5	124	↓	∩		⤿						
6	123	↑	▲			1.5	○				
7	105	→	■			4	○	└			
8	104	↖	■			1.5	└				
9	103		▲			1.5	○				
○<			140 m			>○					

www.cordis.net 10.2.4 Raul Ferra
2021-06 Stage2



SCAN ME