

HØIÅSMARKA - DEMMA EAST

Scale 1/10.000 Contour 5M

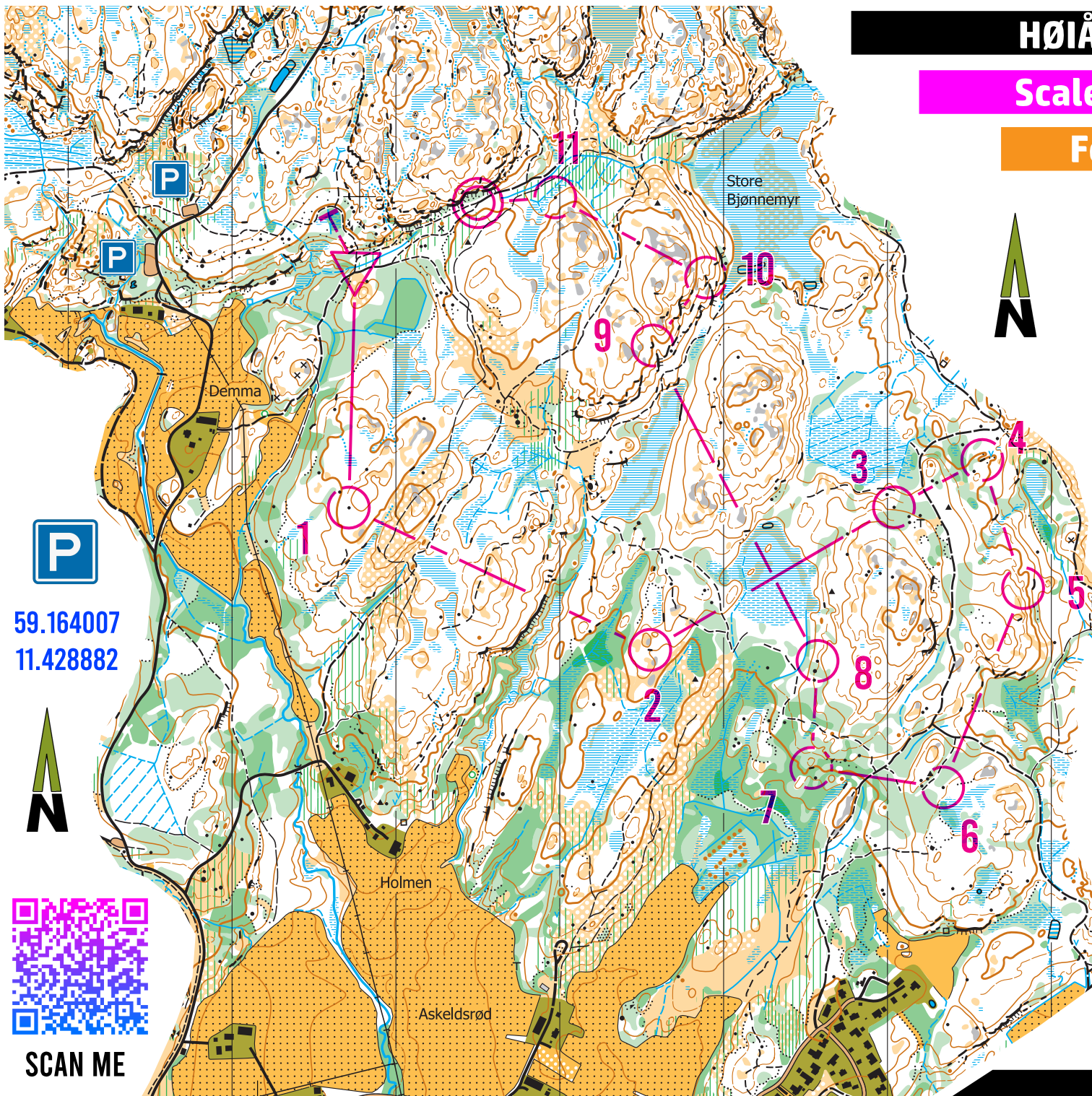
Fokusløp Østfold 2021

A3 D17-20 H15-16



FOKUSLØP - Stage2									
A3		4,2 km							
----- 110 m ----->△									
▷		↑	↘	0000	↘				
1	115	↘	▲		1	○			
2	122		≡		1.5	⌋			
3	116	↑↓	▲		1.5	○			
4	118		≡	≡	2	⌋			
5	124	↓	∩	—					
6	126		▲		1	○			
7	125		≡		2	⌋			
8	123	↑	▲		1.5	○			
9	105	≡	≡		4	○	⌋		
10	104	↘	≡		1.5	⌋			
11	103		▲		1.5	○			
		○	140 m		>○				

www.cordis.net 10.2.4 Raul Ferra
2021-06 Stage2



59.164007
11.428882



SCAN ME