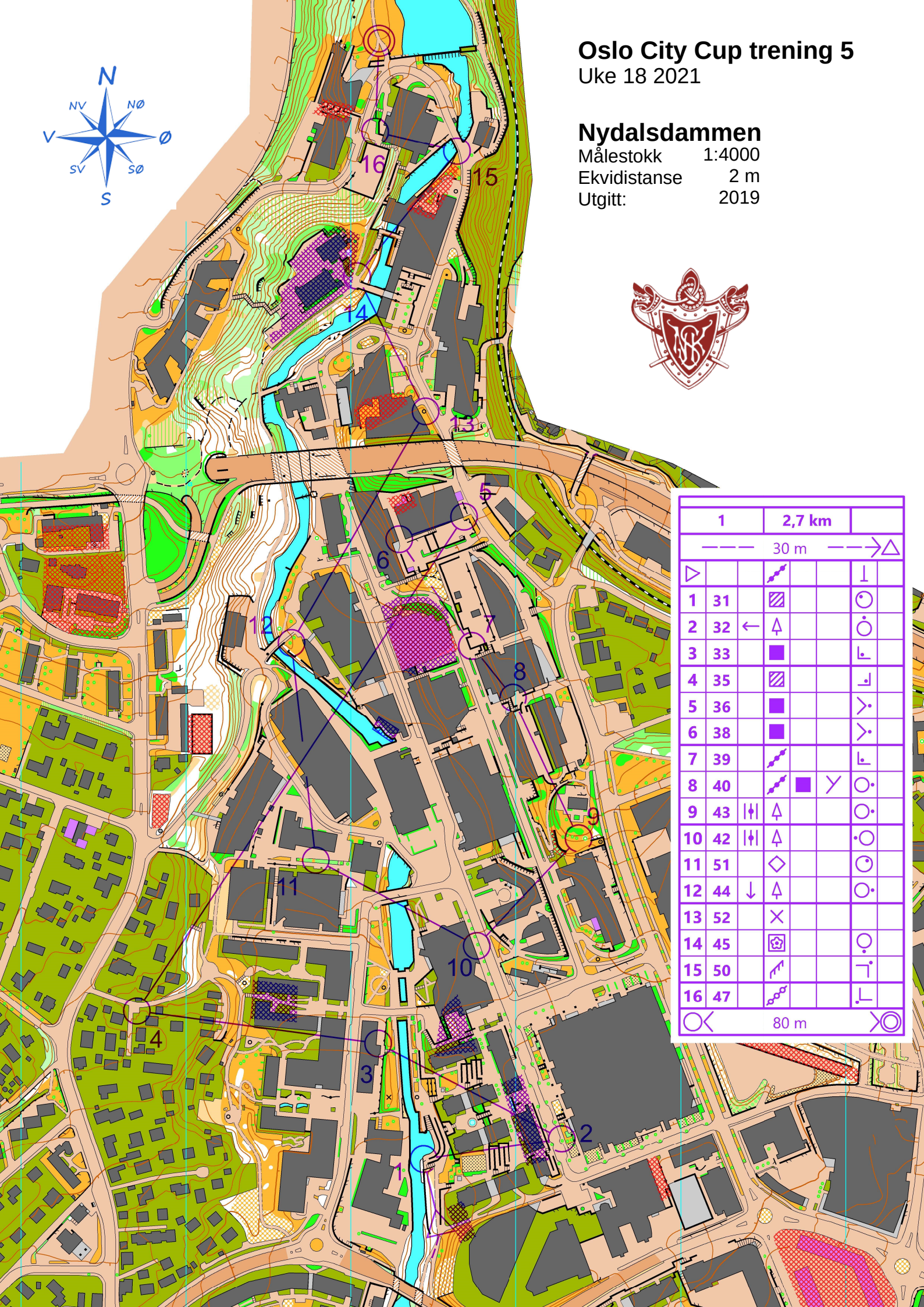
Oslo City Cup trening 5

Uke 18 2021

Nydalsdammen

Målestokk	1:4000
Ekvidistanse	2 m
Utgitt:	2019



1			2,7 km			
			30 m			
▷						⊥
1	31		▨			○
2	32	←	▲			○
3	33		■			⌞
4	35		▨			⌟
5	36		■			⟩•
6	38		■			⟩•
7	39					⌞
8	40			■	⟩	○•
9	43	⫴	▲			○•
10	42	⫴	▲			•○
11	51		◇			○
12	44	↓	▲			○•
13	52		×			
14	45		✿			○
15	50		⌒			⌐•
16	47		⌒			⌞
			80 m			