

SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

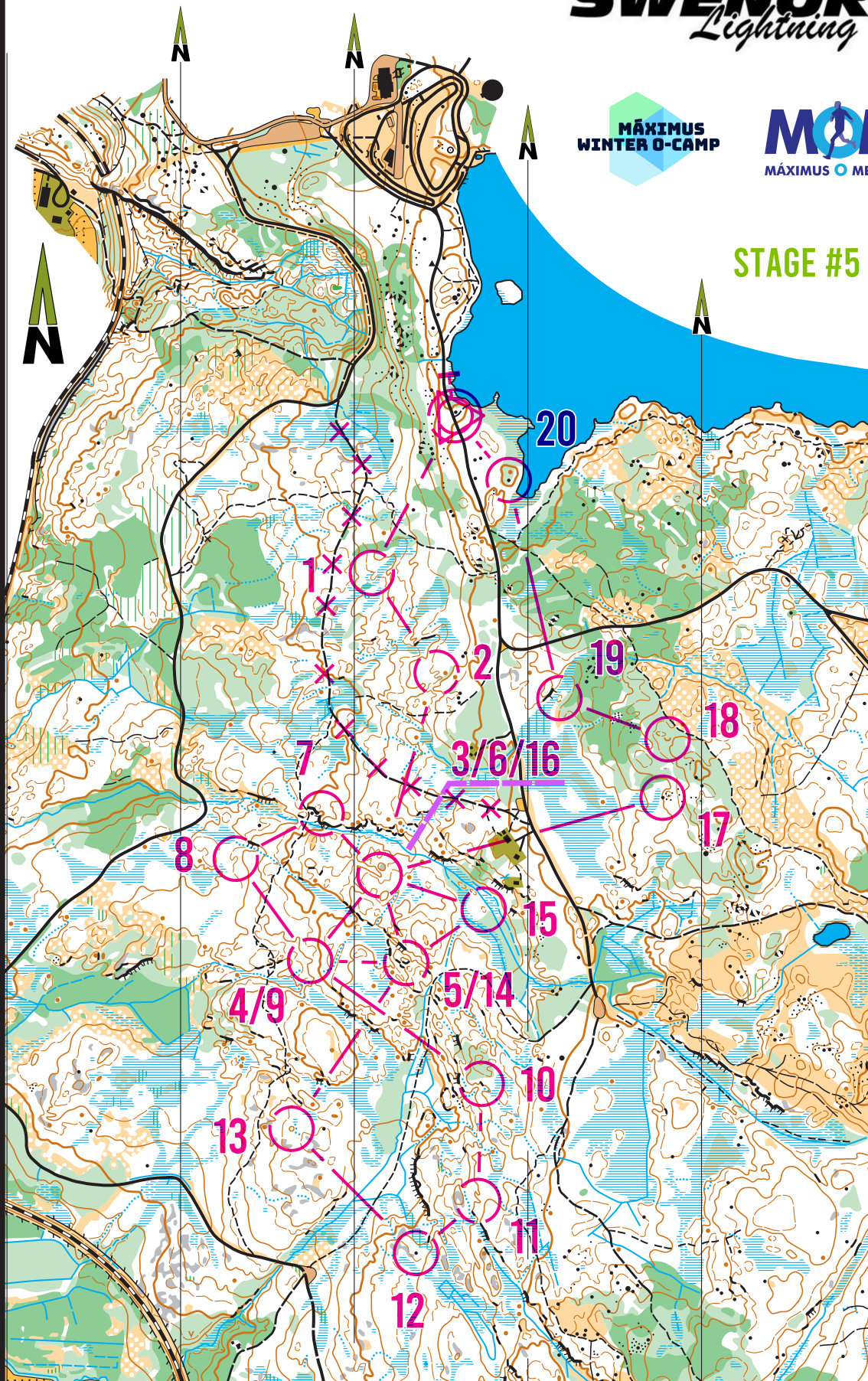


SILVA

SWENOR Lightning



STAGE #5



Variation: A (0)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	119	↗				
5	122	→	↖		○ _L	
6	124	↗				
7	142	↗				
8	133	↗				
9	119	↗				
10	105	↖			○ _L	
11	104	↓	↗			
12	101	▲			○ _L	
13	116	○			○ _L	
14	122	→	↖		○ _L	
15	140	○			○ _L	
16	124	↗				
17	143	▲			○ _L	
18	144	○				
19	145	○			○ _L	
20	149	▲			○ _L	

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H17-20, HERRER

A (0)

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SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

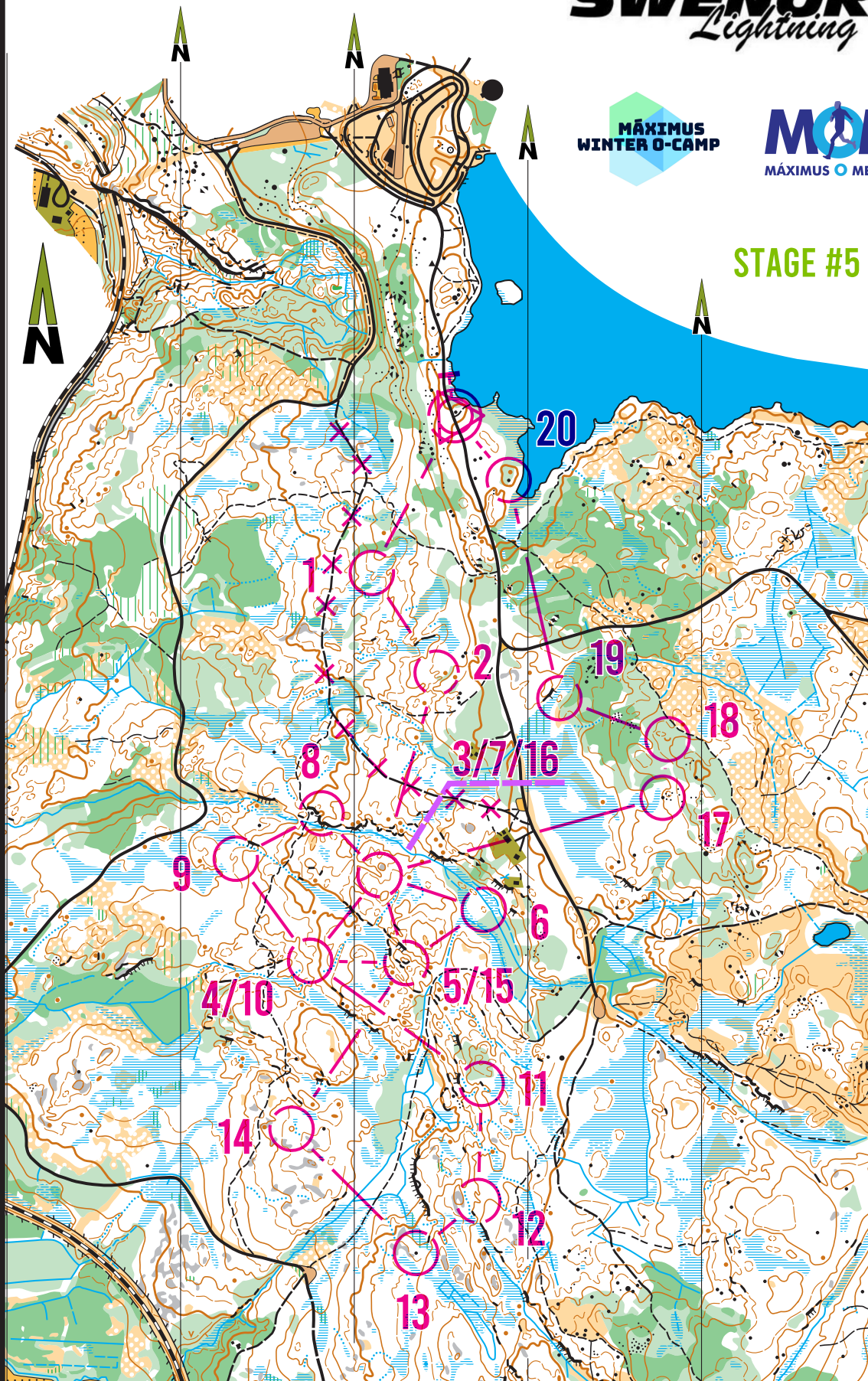


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SWENOR Lightning



STAGE #5



Variation: B (1)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	119	↗				
5	122	→	↖		○ _L	
6	140	○			○ _L	
7	124	↗				
8	142	↗				
9	133	↗				
10	119	↗				
11	105	↖			○ _L	
12	104	↓	↗			
13	101	▲			○ _L	
14	116	○			○ _L	
15	122	→	↖		○ _L	
16	124	↗				
17	143	▲			○ _L	
18	144	○				
19	145	○			○ _L	
20	149	▲			○ _L	

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H17-20, HERRER

B (1)

COURSE: RAUL FERRA

SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

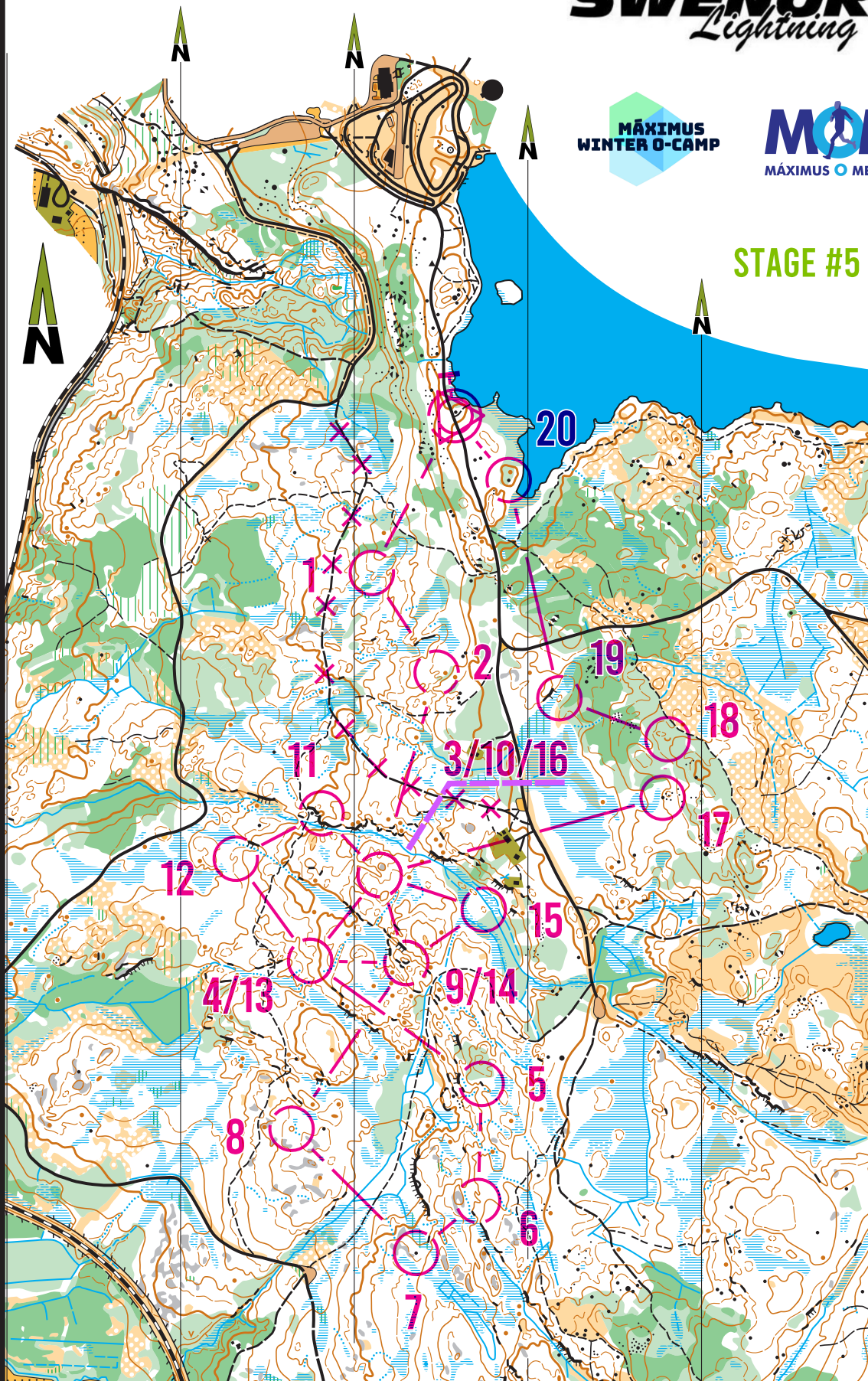


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SWENOR Lightning



STAGE #5



Variation: C (2)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	119	↗				
5	105	↗				↘
6	104	↓	↗			
7	101	▲				○
8	116	○				○
9	122	→	↗			○ _L
10	124	↗				
11	142	↗				
12	133	↗				
13	119	↗				
14	122	→	↗			○ _L
15	140	○				○ _L
16	124	↗				
17	143	▲				○
18	144	U				
19	145	○				○ _L
20	149	▲				○

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H17-20, HERRER

C (2)

COURSE: RAUL FERRA

SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

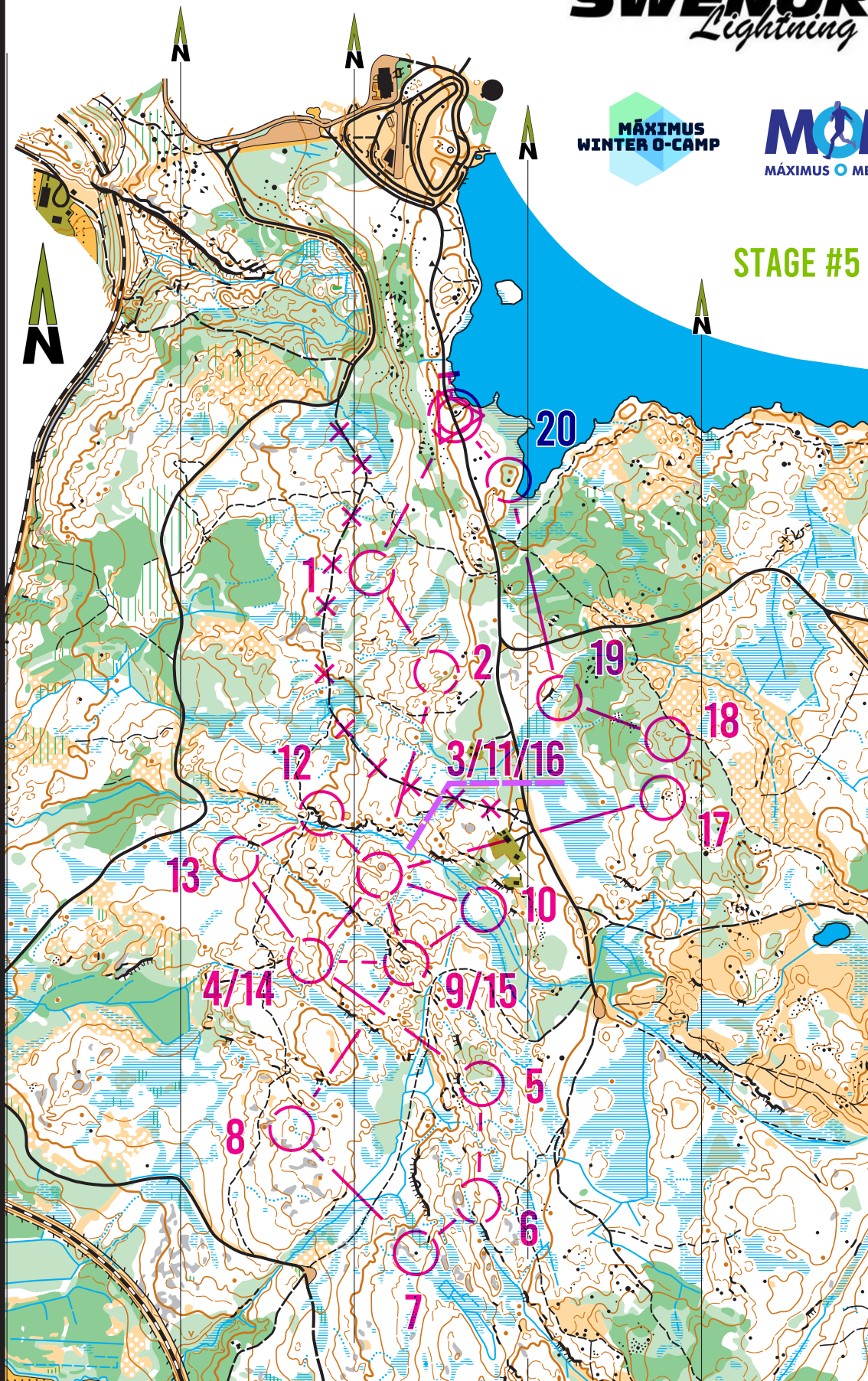


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SWENOR Lightning



STAGE #5



Variation: D (3)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	119	↗				
5	105	↗				↘
6	104	↓	↗			
7	101	▲				○
8	116	○				○
9	122	→	↗			○ _L
10	140	○				○ _L
11	124	↗				
12	142	↗				
13	133	↗				
14	119	↗				
15	122	→	↗			○ _L
16	124	↗				
17	143	▲				○
18	144	○				
19	145	○				○ _L
20	149	▲				○

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H17-20, HERRER

D (3)

COURSE: RAUL FERRA

SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

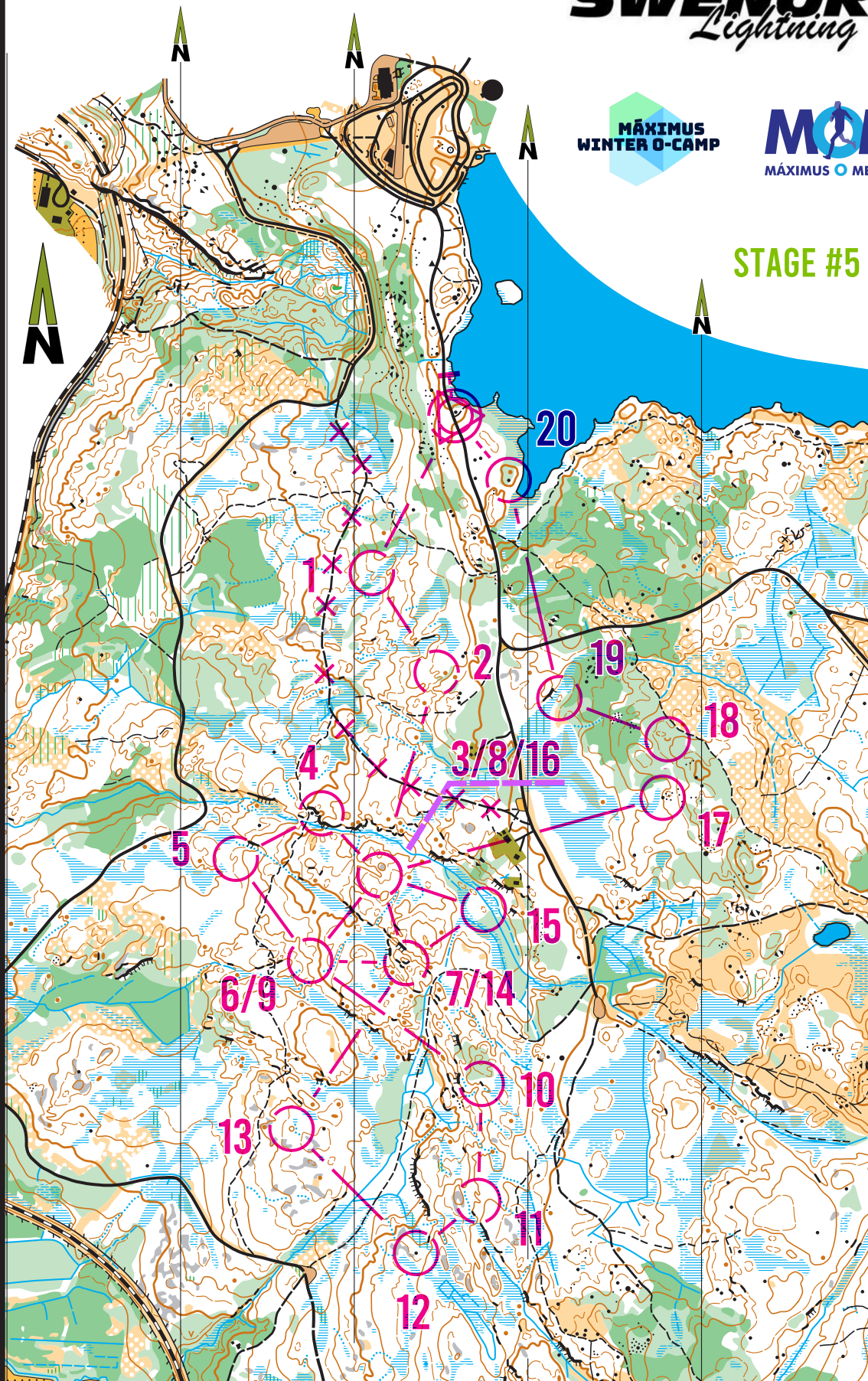


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SWENOR Lightning



STAGE #5



Variation: E (4)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	142	↗				
5	133	↗				
6	119	↗				
7	122	→	↘		○ _L	
8	124	↗				
9	119	↗				
10	105	↘			○ _L	
11	104	↓	↗			
12	101	▲			○ _L	
13	116	○			○ _L	
14	122	→	↘		○ _L	
15	140	○			○ _L	
16	124	↗				
17	143	▲			○ _L	
18	144	○				
19	145	○			○ _L	
20	149	▲			○ _L	

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H17-20, HERRER

E (4)

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SKÅREFJELL

SCALE 1/10000
CONTOUR 5M



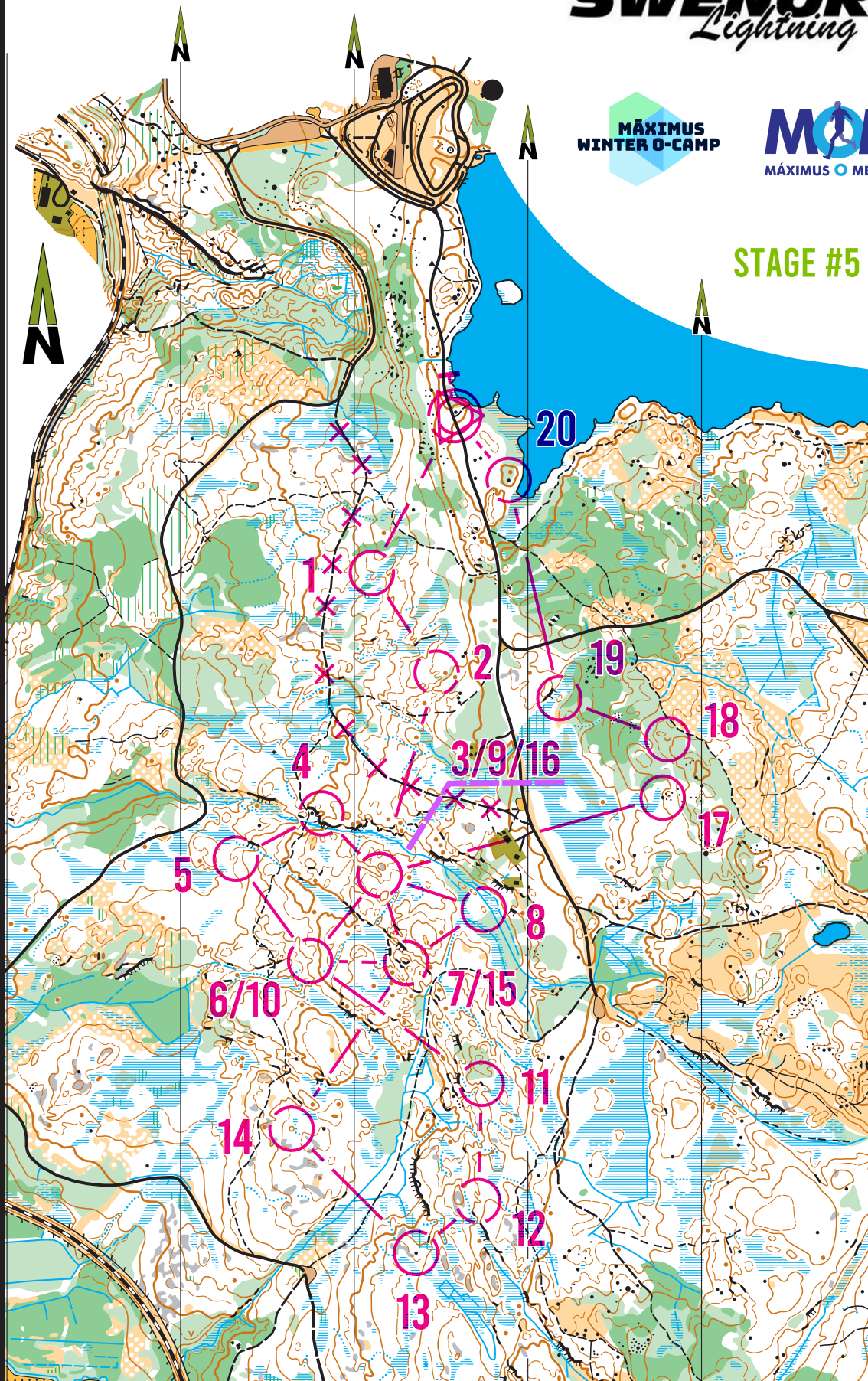
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SWENOR Lightning



STAGE #5



Variation: F (5)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘		
1	148	↖	↗			
2	146	↖	↗			
3	124	↗				
4	142	↗				
5	133	↗				
6	119	↗				
7	122	→	↘		○ _L	
8	140	○			○ _L	
9	124	↗				
10	119	↗				
11	105	↘			○ _L	
12	104	↓	↗			
13	101	▲			○ _L	
14	116	○			○ _L	
15	122	→	↘		○ _L	
16	124	↗				
17	143	▲			○ _L	
18	144	○				
19	145	○			○ _L	
20	149	▲			○ _L	

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○ ---- 150 m ----> ⊙

H17-20, HERRER

F (5)

COURSE: RAUL FERRA

SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

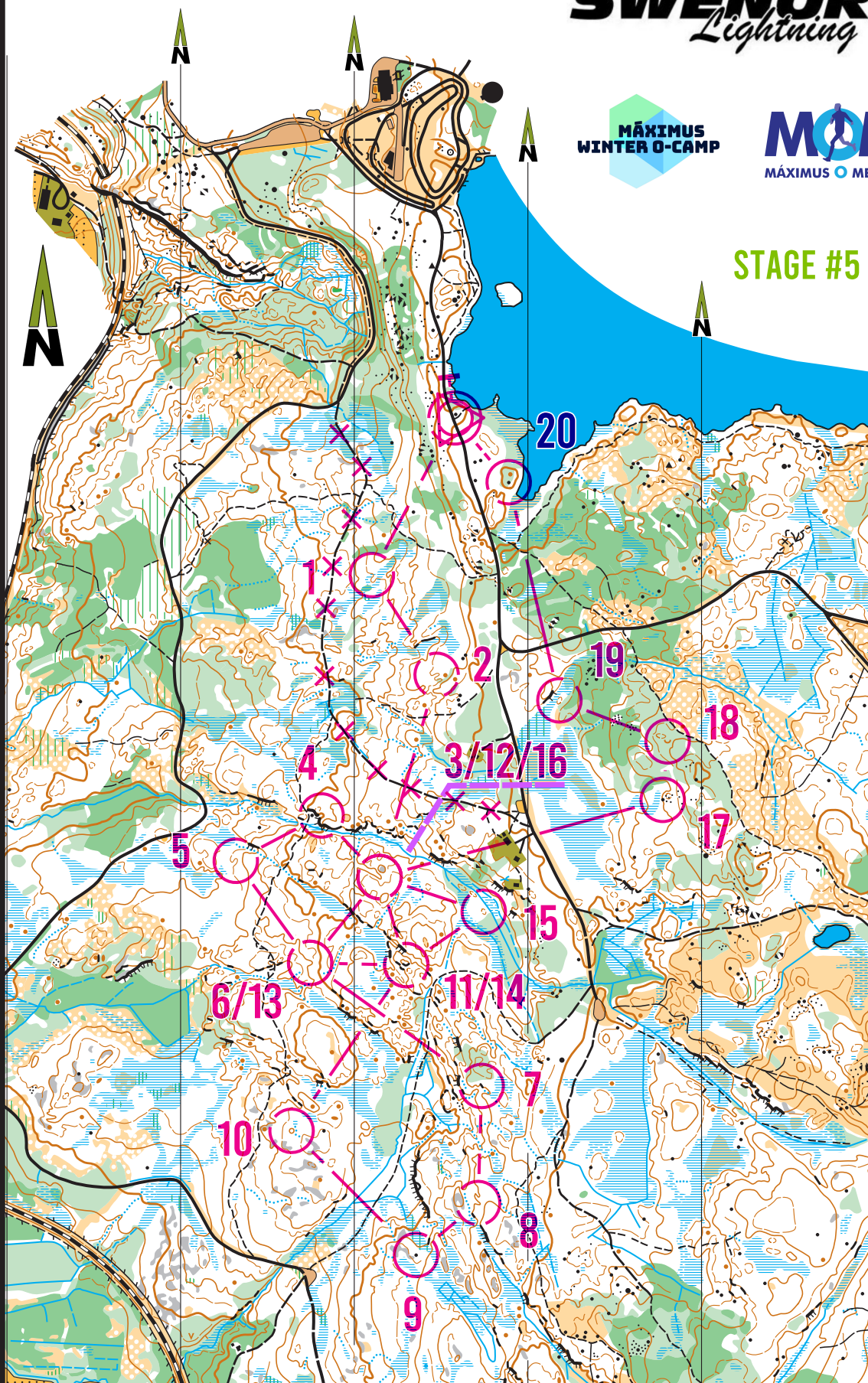


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SWENOR Lightning



STAGE #5



Variation: G (6)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang | 5,1 km | 150

---- 75 m ----> Δ

▷			↖	↗	↘		
1	148	↖	↗				
2	146	↖	↗				
3	124		↗				
4	142		↗				
5	133		↗				
6	119		↗				
7	105		↗				↘
8	104	↓	↗				
9	101		▲				↘
10	116		○				↘
11	122	→	↗				↘
12	124		↗				
13	119		↗				
14	122	→	↗				↘
15	140		○				↘
16	124		↗				
17	143		▲				↘
18	144		↘				
19	145		○				↘
20	149		▲				↘

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H17-20, HERRER

G (6)

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SKÅREFJELL

SCALE 1/10000
CONTOUR 5M

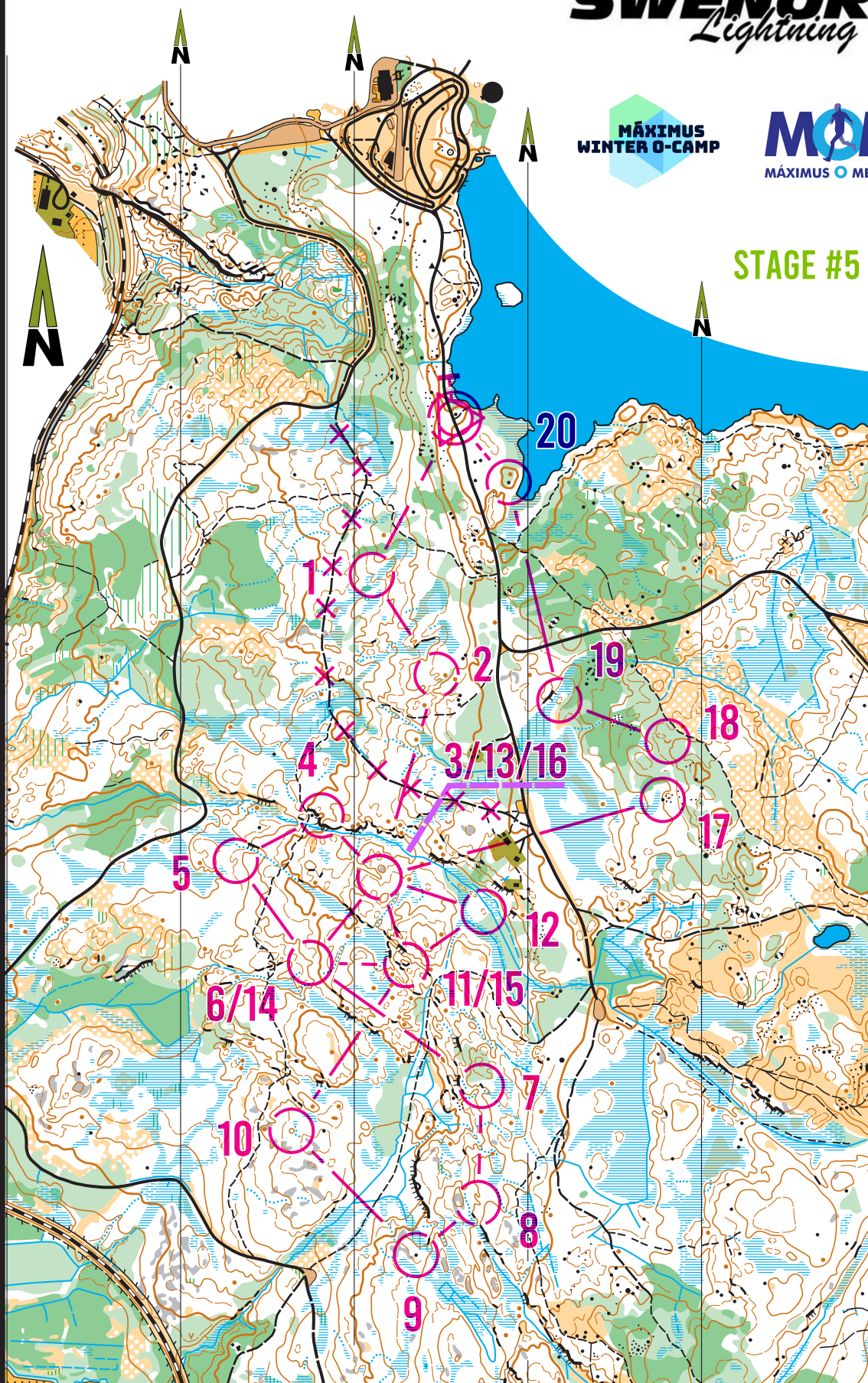


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STAGE #5



Variation: H (7)

Østfold Cup 5
16/01/2021

H17-20, Herrer

A-Lang 5,1 km 150

---- 75 m ----> Δ

▷		↖	↗	↘	
1	148	↖	↗		
2	146	↖	↗		
3	124	↗			
4	142	↗			
5	133	↗			
6	119	↗			
7	105	↗			↘
8	104	↓	↗		
9	101	▲			○
10	116	○			○
11	122	→	↗		○
12	140	○			○
13	124	↗			
14	119	↗			
15	122	→	↗		○
16	124	↗			
17	143	▲			○
18	144	○			
19	145	○			○
20	149	▲			○

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H17-20, HERRER

H (7)

COURSE: RAUL FERRA