

Harry Lagerts Nattcup 2020			Løp # 94				
Løp #2 23.9 Låkeberget			176 startende				
Løypelegger: Sören Jonsson							
Legendar 3 800 m, 25 startende							
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
1	Alan Cherry	Nydalens SK	0:26:14	0:01:00	0:25:14	0:00:00	
2	Jon Aukrust Osmoen	Nydalens SK	0:26:28	0:00:40	0:25:48	0:00:34	
3	Eirik Kamstrup Hovind	Nydalens SK	0:26:48	0:00:30	0:26:18	0:01:04	
4	Kornelius Kriszat-Løvfald	Nydalens SK	0:28:11	0:00:20	0:27:51	0:02:37	
5	Torgeir Nørbech	Tyrving IL	0:28:30	0:00:10	0:28:20	0:03:06	
6	Vegard Blomseth Johnsen	Nydalens SK	0:29:59		0:29:14	0:04:00	
6	Håvard Myhre	Bækkelagets SK	0:30:00		0:29:14	0:04:00	
8	Ove Baardsgaard	OL Trollelg	0:30:15		0:29:14	0:04:00	
9	Henrik Eijsink	Nydalens SK	0:30:43		0:29:14	0:04:00	
10	Magne Jutulstad	Bækkelagets SK	0:30:53		0:29:14	0:04:00	
11	Ivar Lundanes	Tyrving IL	0:31:03		0:29:14	0:04:00	
12	Anders Bjergaard	Nydalens SK	0:31:50		0:29:14	0:04:00	
13	Gaute Friestad	Nydalens SK	0:32:06		0:29:14	0:04:00	
14	Espen Jakobsen	Tyrving IL	0:32:40		0:29:14	0:04:00	
15	Esten Koren	Nydalens SK	0:33:01		0:29:14	0:04:00	
16	Sindre Østgulen Deisz	Nydalens SK	0:33:03		0:29:14	0:04:00	
17	Torkil Eide Solstad	Tyrving IL	0:33:39		0:29:14	0:04:00	
18	Simen Eid Nielsen	Nydalens SK	0:34:17		0:29:14	0:04:00	
19	Magnus Eide-Fredriksen	Heming Orientering	0:34:29		0:29:14	0:04:00	
20	Haakon Ingvaldsen	Nittedal OL	0:36:05		0:29:14	0:04:00	
21	Mathias Pedersen Vold	Lillomarka OL	0:37:27		0:29:14	0:04:00	
22	Elias Skjolden Sørensen	Lillomarka OL	0:38:00		0:29:14	0:04:00	
23	John Kasper Svergja	Nydalens SK	0:38:44		0:29:14	0:04:00	
	Einar Melsom	Helsingin Suunistajat	DNF		0:29:44	0:04:30	
	Mats Nordbrøden	Halden SK	DNF		0:29:44	0:04:30	
Ikke startet					0:30:14	0:05:00	
Kari 3 800 m, 15 startende							
Plass	Navn	Organisasjon	Løpstid	Bonus	Off. Tid	Bak	
1	Kaja Winsnes Nordhagen	Ås-NMBU Orientering	0:34:43	0:01:00	0:33:43	0:00:00	
2	Kari-Ann Ånensen	Oppsal Orientering	0:42:52	0:00:40	0:37:03	0:03:20	
3	Solveig Blandkjenn	Tyrving IL	0:44:48	0:00:30	0:37:13	0:03:30	
4	Maria Jonsson	Nydalens SK	0:45:17	0:00:20	0:37:23	0:03:40	
5	Rannveig Winsnes Nordhagen	Ås-NMBU Orientering	0:45:57	0:00:10	0:37:33	0:03:50	
6	Ida Marie Flågen	Heming Orientering	0:46:57		0:37:43	0:04:00	
7	Marie Scheele	Nydalens SK	0:49:05		0:37:43	0:04:00	
8	Inga Skaarer Wiklund	Nydalens SK	0:49:52		0:37:43	0:04:00	
9	Marie Saugestad	Nydalens SK	0:50:11		0:37:43	0:04:00	
10	Karoline Sønsterudbråten	Lillomarka OL	0:51:49		0:37:43	0:04:00	
11	Elise Wærp Hauge	Nydalens SK	0:53:29		0:37:43	0:04:00	
11	Britta Fismen	Fossum IF	0:56:11		0:37:43	0:04:00	
13	Emilie Westin	Nydalens SK	0:57:16		0:37:43	0:04:00	
	Rikke Blakkestad Ingesen	Fredrikstad SK	1:00:42		0:37:43	0:04:00	
	Anne-Lene Bakken Ulseth	Nydalens SK	1:06:05		0:37:43	0:04:00	
Ikke startet					0:38:43	0:05:00	

Ola 3 800 m, 26 startende							
Plass	Navn	Organisasjon	Løpsti	Bonus	Off. Tid	Bak	
1	Øystein Pettersen	Nydalens SK	0:29:03	0:01:00	0:28:03	0:00:00	
2	Dag Aalvik	Nydalens SK	0:32:14	0:00:40	0:31:23	0:03:20	
2	Philip Lehmann Romøren	Fossum IF	0:32:37	0:00:40	0:31:33	0:03:30	
4	Jarl Magnus Berge	IL Koll	0:34:49	0:00:20	0:31:43	0:03:40	
5	Sveinung Syversen	Oppsal Orientering	0:35:17	0:00:10	0:31:53	0:03:50	
6	Lars-Christian Unger	Nydalens SK	0:36:40		0:32:03	0:04:00	
7	Eirik Vie Strisland	Fossum IF	0:37:02		0:32:03	0:04:00	
8	Steinar Kollerud	Lillomarka OL	0:37:08		0:32:03	0:04:00	
9	Nils Anders Niklasson	Nydalens SK	0:37:22		0:32:03	0:04:00	
10	Svein Nygård	Lillomarka OL	0:37:44		0:32:03	0:04:00	
11	Kristoffer Jacobsen	Tyrving IL	0:38:17		0:32:03	0:04:00	
12	Per-Ivar Nikolaisen	Oppsal Orientering	0:39:21		0:32:03	0:04:00	
13	Sindre Vie Strisland	Fossum IF	0:40:16		0:32:03	0:04:00	
14	Christian Fredrik Borg	IL Koll	0:41:26		0:32:03	0:04:00	
15	Rune Rystad	Nydalens SK	0:42:32		0:32:03	0:04:00	
15	Axel Aalde	Nydalens SK	0:43:49		0:32:03	0:04:00	
17	Espen Beer Prydz	Heming Orientering	0:45:33		0:32:03	0:04:00	
18	Morten Heir	Fossum IF	0:46:02		0:32:03	0:04:00	
19	Sigurd Rødnes	Oppsal Orientering	0:46:03		0:32:03	0:04:00	
20	Fredrik Larsen	Indre Østfold OK	0:49:49		0:32:03	0:04:00	
21	Stig Heir	Asker Skiklubb	0:52:10		0:32:03	0:04:00	
22	Rudi B Olsen	Lillomarka OL	0:59:46		0:32:03	0:04:00	
23	Didrik Bredesen	Lillomarka OL	1:00:38		0:32:03	0:04:00	
24	Per Ole Dahlsrud	Nydalens SK	1:07:28		0:32:03	0:04:00	
	Mathias Benjaminsen	diskvalifisert	DSQ		0:32:33	0:04:30	
	Sigve Vågsnes	brutt	DNF		0:32:33	0:04:30	
	Ikke startet				0:33:03	0:05:00	
Lokal 3 400 m, 97 startende							
Plass	Navn	Organisasjon	Løpsti	Bonus	Off. Tid	Bak	
1	Einar Lunøe	Nydalens SK	0:30:19	0:01:00	0:29:19	0:00:00	
2	Björn Mo Östgren	IL GeoForm	0:30:22	0:00:40	0:29:42	0:00:23	
3	Erik Paulsrud	IL Koll	0:32:11	0:00:30	0:31:41	0:02:22	
4	Bengt Niklasson	Nydalens SK	0:32:32	0:00:20	0:32:12	0:02:53	
5	Øystein Holo	Fossum IF	0:32:46	0:00:10	0:32:36	0:03:17	
6	Arne Dybdahl	Lillomarka OL	0:33:55		0:33:19	0:04:00	
7	Vebjørn Emil Blindheim	Lillomarka OL	0:34:04		0:33:19	0:04:00	
8	Per Noah Sommerhein	Nydalens SK	0:34:12		0:33:19	0:04:00	
9	Even Angell-Petersen	Nydalens SK	0:34:44		0:33:19	0:04:00	
10	Asgeir Lium	Fet OL	0:35:07		0:33:19	0:04:00	
11	Guttorm Egge	IL GeoForm	0:35:35		0:33:19	0:04:00	
12	Eira Skaarer Wiklund	Nydalens SK	0:35:36		0:33:19	0:04:00	
13	Bjørn Hauge	Nydalens SK	0:36:15		0:33:19	0:04:00	
14	Christoffer Ånensen	Oppsal Orientering	0:36:19		0:33:19	0:04:00	
15	Vidar Benjaminsen	Lillomarka OL	0:36:44		0:33:19	0:04:00	
16	Georg A: Bugge	NOTEAM	0:37:07		0:33:19	0:04:00	
17	Tor Helge Gundersen	NOTEAM	0:37:32		0:33:19	0:04:00	
18	Torstein Hole	Telenor BIL	0:37:33		0:33:19	0:04:00	
19	Hanne Wærp Hauge	Nydalens SK	0:37:39		0:33:19	0:04:00	
20	Kjetil Espedal	Nydalens SK	0:38:07		0:33:19	0:04:00	

21	Alexander Smidt Olsen	Nydalens SK	0:38:25	0:33:19	0:04:00
22	Torbjørn Lundeby	Lillomarka OL	0:38:59	0:33:19	0:04:00
22	Peder Natvig	IL Koll	0:39:34	0:33:19	0:04:00
24	Tobias Tronbøl Lium	IL Koll	0:40:27	0:33:19	0:04:00
25	Tom Bergan	Fet OL	0:40:42	0:33:19	0:04:00
26	Einar Gisholt	Fossum IF	0:40:52	0:33:19	0:04:00
27	Carl Erik Wasberg	Oppsal Orientering	0:40:57	0:33:19	0:04:00
27	Fredrik Saugestad	Nydalens SK	0:40:59	0:33:19	0:04:00
29	Øystein Rapp	Raumar Orientering	0:41:00	0:33:19	0:04:00
30	Kevin Rommetvedt	Raumar Orientering	0:41:23	0:33:19	0:04:00
31	Jan Tore Henriksen	Norges Bank BIL	0:41:29	0:33:19	0:04:00
32	Terje Wiig Mathisen	Nydalens SK	0:41:46	0:33:19	0:04:00
33	Christian Reusch	Heming Orientering	0:42:22	0:33:19	0:04:00
34	Eivind Ruth	VBIL	0:43:22	0:33:19	0:04:00
35	Eskil Brænden	Lillomarka OL	0:43:32	0:33:19	0:04:00
36	Hallvard Koren	OK Moss	0:43:51	0:33:19	0:04:00
37	Håkon Bogason	Lillomarka OL	0:44:02	0:33:19	0:04:00
38	Jonas Fenne Ingierd	Bækkelagets SK	0:45:09	0:33:19	0:04:00
39	Nils-Erik Hirsch	Tyrving IL	0:45:20	0:33:19	0:04:00
40	Linda Hanssen	Østmarka OK	0:45:42	0:33:19	0:04:00
41	Steinar Låg	Asker Skiklubb	0:46:10	0:33:19	0:04:00
42	Ståle Heitmann	Fossum IF	0:46:15	0:33:19	0:04:00
43	Knut Erling Øen	Heming Orientering	0:46:29	0:33:19	0:04:00
44	Are Eriksen	Oslostudentenes IK	0:46:50	0:33:19	0:04:00
45	Jon Iver Bakken	Nydalens SK	0:47:02	0:33:19	0:04:00
46	Tor Ringstad	Hedrum OL	0:47:13	0:33:19	0:04:00
47	Trude Fixdal	IL Koll	0:47:17	0:33:19	0:04:00
48	Endre Stokseth	Nydalens SK	0:47:21	0:33:19	0:04:00
49	Anton Håggström	IL GeoForm	0:47:24	0:33:19	0:04:00
50	Anders Flågen	Heming Orientering	0:47:27	0:33:19	0:04:00
51	Frode Bakkehøi	Østmarka OK	0:48:08	0:33:19	0:04:00
52	Øystein Kildahl	Østmarka OK	0:48:11	0:33:19	0:04:00
53	Bjørn Christensen	Østmarka OK	0:48:22	0:33:19	0:04:00
54	Ole Ingesen	Sarpsborg OL	0:48:44	0:33:19	0:04:00
55	Helene Bjørkvold Jendal	Fossum IF	0:49:25	0:33:19	0:04:00
56	Hallvar Fjær	Lillomarka OL	0:49:28	0:33:19	0:04:00
57	Helge Stubberud	Nydalens SK	0:50:13	0:33:19	0:04:00
58	Gunde Tumelionis	Fossum IF	0:50:26	0:33:19	0:04:00
59	Marianne Njåstein	Tyrving IL	0:50:27	0:33:19	0:04:00
60	Hans Jevanord	Fossum IF	0:50:28	0:33:19	0:04:00
61	Martin Granly	Lillomarka OL	0:51:09	0:33:19	0:04:00
62	Vetle Frydenlund Norling	Nydalens SK	0:51:11	0:33:19	0:04:00
63	Jon Gunnar Henriksen	Rudsbygd IL	0:51:14	0:33:19	0:04:00
64	Jakob A: Gjedebo	Oppsal Orientering	0:52:32	0:33:19	0:04:00
65	Silje Syversen	Oppsal Orientering	0:52:55	0:33:19	0:04:00
66	Gunnar Halden	Nydalens SK	0:53:04	0:33:19	0:04:00
67	Ragnar Maalen-Johansen	NOTEAM	0:53:32	0:33:19	0:04:00
68	Richard Zeiner-Gundersen	Lierbygda OL	0:53:43	0:33:19	0:04:00
69	Bjørn Bendiktsen	Modum OL	0:54:23	0:33:19	0:04:00
70	Pål Woldstad Hanssen	Eiker OL	0:55:09	0:33:19	0:04:00
71	Tormod Bøe	VBIL	0:55:39	0:33:19	0:04:00
72	Ove Martinsen	Hauketo IF	0:56:08	0:33:19	0:04:00
73	Hannah Syrdal Øen	Heming Orientering	0:56:22	0:33:19	0:04:00
74	Heidi Tronbøl	Fet OL	0:56:56	0:33:19	0:04:00

75	Tormod Øvergaard	Vestre Akers SK	0:56:58		0:33:19	0:04:00	
76	Max Skjerpen Huseby	Nydalens SK	0:57:29		0:33:19	0:04:00	
77	Egil Wickstrand Iversen	Heming Orientering	0:58:02		0:33:19	0:04:00	
78	Aksel Eide	Bækkelagets SK	0:58:26		0:33:19	0:04:00	
79	Eskil Hafskjold	Nydalens SK	0:58:39		0:33:19	0:04:00	
80	Erik Thorstensen	IL GeoForm	0:59:16		0:33:19	0:04:00	
81	Tale Nordby Hvenekilde	Oppsal Orientering	1:00:04		0:33:19	0:04:00	
82	Øyvind Grandum	IL GeoForm	1:00:08		0:33:19	0:04:00	
83	Stig Hultgreen Karlsen	IL GeoForm	1:00:08		0:33:19	0:04:00	
84	Andreas Erichsen	Nydalens SK	1:01:59		0:33:19	0:04:00	
85	Hasse Bergstrøm	Tyrving IL	1:05:30		0:33:19	0:04:00	
86	Ketil Åstebøl	Oppsal Orientering	1:06:50		0:33:19	0:04:00	
87	Ingrid Nermoen	Østmarka OK	1:15:13		0:33:19	0:04:00	
88	Dag Haugland	Østmarka OK	1:16:09		0:33:19	0:04:00	
89	Trond K Nyland	Nydalens SK	1:17:28		0:33:19	0:04:00	
90	Gjermund Weisz	Nydalens SK	1:18:04		0:33:19	0:04:00	
	Thor Mella	Oppsal Orientering	DSQ		0:33:49	0:04:30	
	Sigurd Hobøl	Oppsal Orientering	DSQ		0:33:49	0:04:30	
	Toril Hallan	Lillomarka OL	DSQ		0:33:49	0:04:30	
	Jonathan Woodhouse	Lillomarka OL	DSQ		0:33:49	0:04:30	
	Steinar Eastwood	Lillomarka OL	DSQ		0:33:49	0:04:30	
	Audrun Utskarpen	IL GeoForm	DSQ		0:33:49	0:04:30	
	Runar Hafskjold	Nydalens SK	DSQ		0:33:49	0:04:30	
	Ikke startet				0:34:19	0:05:00	