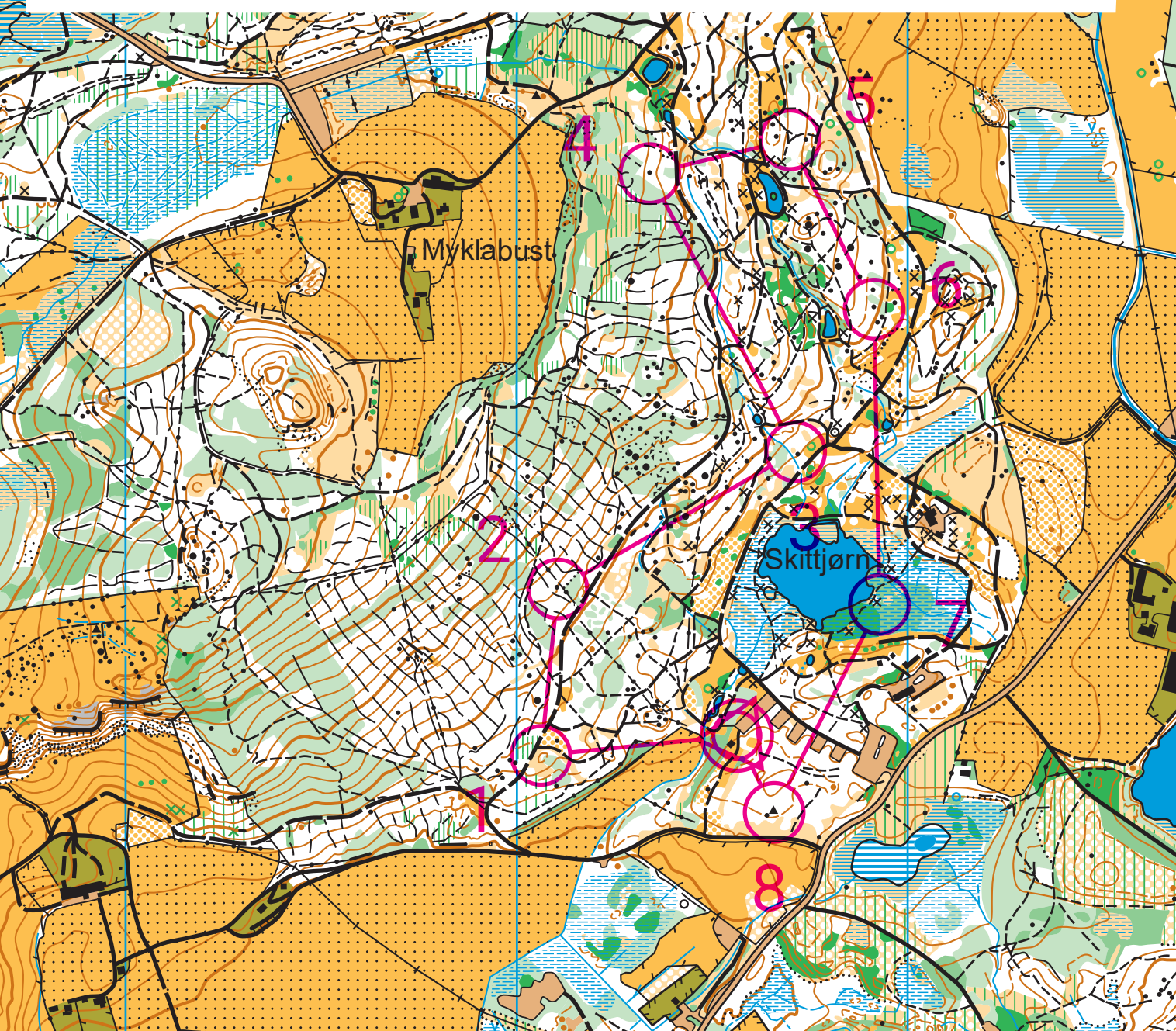


Sommerløype - SI - uke 32



Ukas trening uke 32 2020					
B/C løype		2,4 km			
▶					
1	46	○		○	
2	31	▲		○	
3	32	▲		○	
4	43	▲		○	
5	42	⋈	×		
6	41	▲		○	
7	44	×			
8	45	▲			
○		110 m		○	