Resultatliste NM Stafett 2019 15.09.2019

D 17

1	**Anine Lome, Hamar OK**					**34:02**	**+00:00**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	06:54-4	**10:56-1**	14:39-2	**16:06-1**	18:58-3	**20:28-1**	**21:40-1**	**25:14-1**	26:43-2	28:58-2	**30:41-1**	**32:20-1**	**33:39-1**	**34:02-1**
Strekktid	06:54	04:02-2	03:43-17	01:27-2	02:52-54	01:30-28	01:12-5	03:34-108	01:29-9	02:15-90	01:43-7	01:39-22	01:19-8	00:23-3
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00

2	**Ida Lindkvist, NTNUI**					**34:44**	**+00:42**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:51-49	12:24-18	16:36-16	18:05-14	19:25-6	21:59-9	24:16-9	26:13-7	27:50-6	29:40-5	31:24-2	33:00-2	34:21-2	34:44-2
Strekktid	07:51	04:33-7	04:12-52	01:29-7	01:20-4	02:34-95	02:17-66	01:57-6	01:37-33	01:50-9	01:44-9	01:36-16	01:21-14	00:23-3
Tid etter	+00:57#	+00:31#	+00:29#	+00:02	-01:32	+01:04&	+01:05&	-01:37	+00:08	-00:25	+00:01	-00:03	+00:02	+00:00

3	**Maren Jansson Haverstad, Nydalens SK**					**35:02**	**+01:00**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:13-10	11:49-5	15:34-5	17:05-5	20:06-9	21:11-4	23:22-4	26:11-6	27:52-7	29:44-6	31:37-3	33:18-4	34:36-3	35:02-3
Strekktid	07:13	04:36-9	03:45-19	01:31-15	03:01-64	01:05-2	02:11-65	02:49-55	01:41-63	01:52-10	01:53-27	01:41-27	01:18-7	00:26-24
Tid etter	+00:19	+00:34#	+00:02	+00:04	+00:09	-00:25	+00:59&	-00:45	+00:12#	-00:23	+00:10	+00:02	-00:01	+00:03#

4	**Ragnhild Eide, Byåsen IL**					**35:07**	**+01:05**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:38-30	11:51-6	15:40-6	17:12-6	19:35-7	22:15-10	24:36-12	26:30-9	28:12-10	30:01-10	31:38-4	33:16-3	34:42-4	35:07-4
Strekktid	07:38	04:13-4	03:49-23	01:32-24	02:23-42	02:40-100	02:21-71	01:54-5	01:42-67	01:49-4	**01:37-1**	01:38-20	01:26-21	00:25-18
Tid etter	+00:44#	+00:11	+00:06	+00:05	-00:29	+01:10&	+01:09&	-01:40	+00:13#	-00:26	-00:06	-00:01	+00:07	+00:02

5	**Silje Ekroll Jahren, Nydalens SK**					**35:59**	**+01:57**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:13-10	11:43-4	16:02-9	17:35-9	21:32-28	23:11-15	24:22-10	27:26-12	29:09-13	30:58-13	32:35-6	34:09-6	35:36-6	35:59-5
Strekktid	07:13	04:30-6	04:19-62	01:33-34	03:57-125	01:39-45	01:11-3	03:04-68	01:43-71	01:49-4	**01:37-1**	01:34-12	01:27-22	00:23-3
Tid etter	+00:19	+00:28#	+00:36#	+00:06	+01:05&	+00:09#	-00:01	-00:30	+00:14#	-00:26	-00:06	-00:05	+00:08#	+00:00

6	**Andrine Benjaminsen, Lillomarka OL**					**36:21**	**+02:19**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	06:49-2	10:59-2	**14:37-1**	16:10-2	21:47-37	23:25-19	25:21-24	27:59-17	29:29-18	31:14-15	32:56-8	34:32-8	35:56-7	36:21-6

Strek ktid	06:49	04:10-3	03:38-11	01:33-34	05:37-160	01:38-43	01:56-52	02:38-40	01:30-12	01:45-3	01:42-6	01:36-16	01:24-19	00:25-18
Tid etter	-00:05	+00:08	-00:05	+00:06	+02:45&	+00:08	+00:44&	-00:56	+00:01	-00:30	-00:01	-00:03	+00:05	+00:02

7	**Mariann Ulvestad, Bækkelagets SK**					**36:22**	**+02:20**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:16-14	11:54-7	15:43-7	17:17-8	18:53-2	21:50-7	24:55-18	27:19-11	29:02-12	30:51-12	32:47-7	34:29-7	35:59-8	36:22-7
Strek ktid	07:16	04:38-12	03:49-23	01:34-40	01:36-14	02:57-108	03:05-121	02:24-29	01:43-71	01:49-4	01:56-34	01:42-29	01:30-28	00:23-3
Tid etter	+00:22	+00:36#	+00:06	+00:07	-01:16	+01:27&	+01:53@	-01:10	+00:14#	-00:26	+00:13#	+00:03	+00:11#	+00:00

8	**Ane Dyrkorn, NTNUI**					**36:44**	**+02:42**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:42-37	12:18-14	16:08-10	17:40-10	20:42-22	22:24-12	24:32-11	27:42-14	29:25-16	31:14-15	33:06-9	34:51-10	36:21-9	36:44-8
Strek ktid	07:42	04:36-9	03:50-27	01:32-24	03:02-65	01:42-49	02:08-64	03:10-76	01:43-71	01:49-4	01:52-23	01:45-42	01:30-28	00:23-3
Tid etter	+00:48#	+00:34#	+00:07	+00:05	+00:10	+00:12#	+00:56&	-00:24	+00:14#	-00:26	+00:09	+00:06	+00:11#	+00:00

9	**Sigrid Alexandersen, NTNUI**					**36:50**	**+02:48**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	**06:43-1**	12:53-32	17:27-46	18:42-33	21:35-30	23:44-39	25:32-30	28:07-20	29:27-17	31:45-25	33:25-11	35:07-11	36:27-10	36:50-9
Strek ktid	06:43	06:10-90	04:34-79	**01:15-1**	02:53-55	02:09-80	01:48-48	02:35-39	**01:20-1**	02:18-99	01:40-4	01:42-29	01:20-11	00:23-3
Tid etter	-00:11	+02:08&	+00:51#	-00:12	+00:01	+00:39&	+00:36&	-00:59	-00:09	+00:03	-00:03	+00:03	+00:01	+00:00

10	**Tone Bergerud Lye, Nydalens SK**					**36:52**	**+02:50**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	06:51-3	12:15-11	16:37-17	18:09-15	20:39-20	23:39-33	26:26-48	28:12-23	29:46-25	31:43-23	33:22-10	35:10-12	36:29-11	36:52-10
Strek ktid	06:51	05:24-50	04:22-66	01:32-24	02:30-43	03:00-109	02:47-100	**01:46-1**	01:34-24	01:57-30	01:39-3	01:48-54	01:19-8	00:23-3
Tid etter	-00:03	+01:22&	+00:39#	+00:05	-00:22	+01:30&	+01:35@	-01:48	+00:05	-00:18	-00:04	+00:09	+00:00	+00:00

11	**Oda J Sikkeland, Tyrving IL**					**36:53**	**+02:51**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:31-24	12:30-21	16:38-18	18:26-20	20:20-14	23:32-27	26:25-47	28:16-26	29:43-23	31:41-22	33:30-14	35:12-13	36:29-11	36:53-11
Strek ktid	07:31	04:59-25	04:08-47	01:48-88	01:54-31	03:12-119	02:53-106	01:51-2	01:27-4	01:58-34	01:49-15	01:42-29	01:17-4	00:24-14
Tid etter	+00:37	+00:57#	+00:25#	+00:21#	-00:58	+01:42@	+01:41@	-01:43	-00:02	-00:17	+00:06	+00:03	-00:02	+00:01

12	**Eirin Svanøe-Hafstad, Frol IL**					**36:56**	**+02:54**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:06-7	13:08-36	17:07-31	18:34-26	20:19-12	23:33-28	26:27-50	28:18-29	29:48-27	31:44-24	33:34-19	35:16-15	36:31-13	36:56-12
Strek ktid	07:06	06:02-84	03:59-36	01:27-2	01:45-20	03:14-121	02:54-109	01:51-2	01:30-12	01:56-26	01:50-17	01:42-29	01:15-2	00:25-18
Tid etter	+00:12	+02:00&	+00:16	+00:00	-01:07	+01:44@	+01:42@	-01:43	+00:01	-00:19	+00:07	+00:03	-00:04	+00:02

13	**Marthe Gløersen, Bækkelagets SK**					**37:01**	**+02:59**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:15-13	13:12-39	17:10-34	18:37-28	21:41-34	23:23-18	25:27-27	28:13-24	29:51-28	31:46-26	33:38-21	35:27-19	36:38-15	37:01-13
Strek tid	07:15	05:57-82	03:58-34	01:27-2	03:04-71	01:42-49	02:04-59	02:46-50	01:38-38	01:55-23	01:52-23	01:49-55	**01:11-1**	00:23-3
Tid etter	+00:21	+01:55&	+00:15	+00:00	+00:12	+00:12#	+00:52&	-00:48	+00:09#	-00:20	+00:09	+00:10#	-00:08	+00:00

14	**Hanne Sandstad, Freidig**					**37:04**	**+03:02**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:07-8	13:10-38	16:39-19	18:10-16	21:20-24	23:37-32	24:52-16	28:08-21	29:39-21	31:37-19	33:28-13	35:14-14	36:35-14	37:04-14
Strek tid	07:07	06:03-86	03:29-5	01:31-15	03:10-80	02:17-86	01:15-9	03:16-84	01:31-16	01:58-34	01:51-18	01:46-47	01:21-14	00:29-56
Tid etter	+00:13	+02:01&	-00:14	+00:04	+00:18#	+00:47&	+00:03	-00:18	+00:02	-00:17	+00:08	+00:07	+00:02	+00:06&

15	**Andrea Ranvik, Konnerud IL**					**37:08**	**+03:06**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:30-22	13:19-48	16:43-20	18:16-17	20:23-16	23:43-38	26:20-43	28:17-27	29:47-26	31:48-27	33:37-20	35:27-19	36:48-19	37:08-15
Strek tid	07:30	05:49-67	03:24-2	01:33-34	02:07-38	03:20-126	02:37-90	01:57-6	01:30-12	02:01-46	01:49-15	01:50-59	01:21-14	**00:20-1**
Tid etter	+00:36	+01:47&	-00:19	+00:06	-00:45	+01:50@	+01:25@	-01:37	+00:01	-00:14	+00:06	+00:11#	+00:02	-00:03

16	**Ingjerd Myhre, Kongsberg OL**					**37:09**	**+03:07**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:29-20	12:23-16	16:57-23	18:33-25	20:27-17	23:36-31	26:17-41	28:14-25	29:45-24	31:40-21	33:33-18	35:23-16	36:43-16	37:09-16
Strek tid	07:29	04:54-22	04:34-79	01:36-51	01:54-31	03:09-116	02:41-91	01:57-6	01:31-16	01:55-23	01:53-27	01:50-59	01:20-11	00:26-24
Tid etter	+00:35	+00:52#	+00:51#	+00:09#	-00:58	+01:39@	+01:29@	-01:37	+00:02	-00:20	+00:10	+00:11#	+00:01	+00:03#

17	**Kine Gulliksen, Bækkelagets SK**					**37:11**	**+03:09**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:13-10	12:23-16	16:54-22	18:23-19	21:40-33	23:20-17	25:19-22	28:03-19	29:32-19	31:35-18	33:30-14	35:23-16	36:43-16	37:11-17
Strek tid	07:13	05:10-37	04:31-75	01:29-7	03:17-88	01:40-46	01:59-55	02:44-46	01:29-9	02:03-51	01:55-32	01:53-71	01:20-11	00:28-46
Tid etter	+00:19	+01:08&	+00:48#	+00:02	+00:25#	+00:10#	+00:47&	-00:50	+00:00	-00:12	+00:12#	+00:14#	+00:01	+00:05#

18	**Mari Fjellbirkeland Johannesen, IL Gular / Nydalens SK**					**37:13**	**+03:11**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:52-52	13:48-65	17:12-36	18:41-32	21:45-36	23:30-26	25:37-34	28:33-36	30:08-34	32:10-35	33:51-24	35:33-22	36:50-21	37:13-18
Strek tid	07:52	05:56-80	03:24-2	01:29-7	03:04-71	01:45-56	02:07-62	02:56-61	01:35-26	02:02-48	01:41-5	01:42-29	01:17-4	00:23-3
Tid etter	+00:58#	+01:54&	-00:19	+00:02	+00:12	+00:15#	+00:55&	-00:38	+00:06	-00:13	-00:02	+00:03	-00:02	+00:00

19	**Marie Liland, Nydalens SK**					**37:14**	**+03:12**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Total tid	07:42-37	13:27-55	17:06-30	18:37-28	21:50-38	23:27-20	25:24-26	28:10-22	29:42-22	31:39-20	33:32-16	35:26-18	36:47-18	37:14-19
Strekktid	07:42	05:45-65	03:39-12	01:31-15	03:13-85	01:37-41	01:57-54	02:46-50	01:32-20	01:57-30	01:53-27	01:54-76	01:21-14	00:27-37
Tid etter	+00:48#	+01:43&	-00:04	+00:04	+00:21#	+00:07	+00:45&	-00:48	+00:03	-00:18	+00:10	+00:15#	+00:02	+00:04#

=	**Kristine Fjeldbo, Tyrving IL**	**37:14**	**+03:12**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:26-18	13:15-45	16:58-24	18:31-23	20:21-15	23:45-40	26:49-54	28:42-37	30:12-36	32:06-32	33:49-23	35:29-21	36:48-19	37:14-19
Strekktid	07:26	05:49-67	03:43-17	01:33-34	01:50-24	03:24-127	03:04-120	01:53-4	01:30-12	01:54-16	01:43-7	01:40-26	01:19-8	00:26-24
Tid etter	+00:32	+01:47&	+00:00	+00:06	-01:02	+01:54@	+01:52@	-01:41	+00:01	-00:21	+00:00	+00:01	+00:00	+00:03#

21	**Pernille Katla, Fossum IF**	**37:27**	**+03:25**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:33-25	12:30-21	17:00-26	18:31-23	21:53-40	23:34-29	25:56-36	28:45-39	30:24-39	32:23-38	34:10-30	35:48-26	37:03-23	37:27-21
Strekktid	07:33	04:57-23	04:30-72	01:31-15	03:22-93	01:41-47	02:22-72	02:49-55	01:39-47	01:59-37	01:47-12	01:38-20	01:15-2	00:24-14
Tid etter	+00:39	+00:55#	+00:47#	+00:04	+00:30#	+00:11#	+01:10&	-00:45	+00:10#	-00:16	+00:04	-00:01	-00:04	+00:01

=	**Oda Scheele, Nydalens SK**	**37:27**	**+03:25**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:01-5	12:46-30	16:35-15	18:21-18	20:12-10	23:29-24	26:23-45	28:23-30	29:57-30	31:58-29	33:58-27	35:45-25	37:02-22	37:27-21
Strekktid	07:01	05:45-65	03:49-23	01:46-82	01:51-26	03:17-124	02:54-109	02:00-10	01:34-24	02:01-46	02:00-45	01:47-50	01:17-4	00:25-18
Tid etter	+00:07	+01:43&	+00:06	+00:19#	-01:01	+01:47@	+01:42@	-01:34	+00:05	-00:14	+00:17#	+00:08	-00:02	+00:02

23	**Jenny Baklid, Konnerud IL**	**37:36**	**+03:34**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:29-20	12:18-14	17:09-33	19:09-46	21:50-38	23:35-30	24:54-17	28:00-18	29:33-20	32:09-34	33:55-26	35:39-23	37:07-25	37:36-23
Strekktid	07:29	04:49-17	04:51-100	02:00-117	02:41-46	01:45-56	01:19-18	03:06-70	01:33-23	02:36-125	01:46-10	01:44-38	01:28-24	00:29-56
Tid etter	+00:35	+00:47#	+01:08&	+00:33&	-00:11	+00:15#	+00:07	-00:28	+00:04	+00:21#	+00:03	+00:05	+00:09#	+00:06&

24	**Ingrid Kronborg Bronebakk, Halden SK**	**37:43**	**+03:41**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:47-45	12:33-25	16:46-21	18:27-21	21:43-35	23:41-36	25:00-20	28:25-31	30:03-31	32:00-30	33:48-22	35:43-24	37:12-26	37:43-24
Strekktid	07:47	04:46-14	04:13-54	01:41-64	03:16-87	01:58-67	01:19-18	03:25-97	01:38-38	01:57-30	01:48-13	01:55-86	01:29-27	00:31-80
Tid etter	+00:53#	+00:44#	+00:30#	+00:14#	+00:24#	+00:28&	+00:07	-00:09	+00:09#	-00:18	+00:05	+00:16#	+00:10#	+00:08&

25	**Evine Westli Andersen, Løten o-lag**	**37:48**	**+03:46**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:25-17	12:29-20	17:13-37	18:46-35	20:38-19	23:40-34	26:22-44	28:28-32	30:07-32	32:06-32	34:00-28	35:53-27	37:20-27	37:48-25
Strekktid	07:25	05:04-31	04:44-91	01:33-34	01:52-27	03:02-112	02:42-93	02:06-15	01:39-47	01:59-37	01:54-31	01:53-71	01:27-22	00:28-46

Tid etter	+00:31	+01:02&	+01:01&	+00:06	-01:00	+01:32@	+01:30@	-01:28	+00:10#	-00:16	+00:11#	+00:14#	+00:08#	+00:05#
26	**Lene Berg Hanssen, Byåsen IL**					**37:50**	**+03:48**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:12-9	12:26-19	17:03-28	18:35-27	21:54-42	23:28-21	25:59-38	28:47-40	30:26-40	32:25-39	34:16-31	36:00-29	37:21-28	37:50-26
Strek ktid	07:12	05:14-41	04:37-83	01:32-24	03:19-90	01:34-36	02:31-82	02:48-54	01:39-47	01:59-37	01:51-18	01:44-38	01:21-14	00:29-56
Tid etter	+00:18	+01:12&	+00:54#	+00:05	+00:27#	+00:04	+01:19@	-00:46	+00:10#	-00:16	+00:08	+00:05	+00:02	+00:06&
27	**Ida Tiltnes, Tyrving IL**					**37:56**	**+03:54**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:40-34	13:47-64	17:21-42	19:10-47	22:09-48	23:53-42	25:10-21	28:29-33	30:07-32	32:10-35	34:08-29	35:58-28	37:28-29	37:56-27
Strek ktid	07:40	06:07-88	03:34-8	01:49-90	02:59-61	01:44-53	01:17-12	03:19-89	01:38-38	02:03-51	01:58-38	01:50-59	01:30-28	00:28-46
Tid etter	+00:46#	+02:05&	-00:09	+00:22&	+00:07	+00:14#	+00:05	-00:15	+00:09#	-00:12	+00:15#	+00:11#	+00:11#	+00:05#
28	**Heidi Østlid Bagstevold, Fredrikstad SK**					**37:57**	**+03:55**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:41-35	13:20-49	17:57-63	19:33-61	21:26-26	24:12-49	27:01-56	29:04-43	30:42-43	32:34-43	34:20-34	36:04-30	37:28-29	37:57-28
Strek ktid	07:41	05:39-61	04:37-83	01:36-51	01:53-29	02:46-103	02:49-103	02:03-11	01:38-38	01:52-10	01:46-10	01:44-38	01:24-19	00:29-56
Tid etter	+00:47#	+01:37&	+00:54#	+00:09#	-00:59	+01:16&	+01:37@	-01:31	+00:09#	-00:23	+00:03	+00:05	+00:05	+00:06&
29	**Eveliina Hirvonen, Halden SK**					**38:10**	**+04:08**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:52-52	13:54-66	17:34-50	19:13-50	22:24-53	23:40-34	25:42-35	29:00-42	30:38-42	32:32-42	34:23-35	36:09-31	37:46-31	38:10-30
Strek ktid	07:52	06:02-84	03:40-13	01:39-59	03:11-83	01:16-12	02:02-58	03:18-86	01:38-38	01:54-16	01:51-18	01:46-47	01:37-47	00:24-14
Tid etter	+00:58#	+02:00&	-00:03	+00:12#	+00:19#	-00:14	+00:50&	-00:16	+00:09#	-00:21	+00:08	+00:07	+00:18#	+00:01
30	**Mari Jevne Arnesen, Tyrving IL**					**38:14**	**+04:12**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:41-35	12:31-24	16:59-25	18:58-41	22:07-46	23:14-16	25:34-31	28:31-34	30:14-37	32:25-39	34:17-32	36:09-31	37:47-32	38:14-31
Strek ktid	07:41	04:50-20	04:28-71	01:59-113	03:09-78	01:07-5	02:20-69	02:57-62	01:43-71	02:11-82	01:52-23	01:52-69	01:38-50	00:27-37
Tid etter	+00:47#	+00:48#	+00:45#	+00:32&	+00:17	-00:23	+01:08&	-00:37	+00:14#	-00:04	+00:09	+00:13#	+00:19#	+00:04#
31	**Tilla Farnes Hennum, NTNUI**					**38:20**	**+04:18**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:20-15	12:09-10	16:28-13	18:56-39	22:34-56	24:15-50	25:29-28	28:42-37	30:21-38	32:21-37	34:17-32	36:12-33	37:51-33	38:20-32
Strek ktid	07:20	04:49-17	04:19-62	02:28-152	03:38-104	01:41-47	01:14-8	03:13-78	01:39-47	02:00-43	01:56-34	01:55-86	01:39-59	00:29-56
Tid etter	+00:26	+00:47#	+00:36#	+01:01&	+00:46&	+00:11#	+00:02	-00:21	+00:10#	-00:15	+00:13#	+00:16#	+00:20&	+00:06&
32	**Lizzie Ingham, Halden SK**					**38:25**	**+04:23**							

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:44-39	13:12-39	17:18-39	18:45-34	22:35-57	24:21-52	25:34-31	29:05-44	30:44-44	32:37-44	34:28-36	36:21-34	37:59-34	38:25-33
Strekktid	07:44	05:28-52	04:06-46	01:27-2	03:50-122	01:46-58	01:13-6	03:31-104	01:39-47	01:53-15	01:51-18	01:53-71	01:38-50	00:26-24
Tid etter	+00:50#	+01:26&	+00:23#	+00:00	+00:58&	+00:16#	+00:01	-00:03	+00:10#	-00:22	+00:08	+00:14#	+00:19#	+00:03#

33	Signe Bredholt Jørgensen, NTNUI	38:28	+04:26

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:56-58	13:00-34	17:15-38	18:47-36	22:08-47	24:09-46	25:31-29	28:49-41	30:27-41	32:30-41	34:35-38	36:29-36	38:02-36	38:28-34
Strekktid	07:56	05:04-31	04:15-58	01:32-24	03:21-92	02:01-68	01:22-22	03:18-86	01:38-38	02:03-51	02:05-52	01:54-76	01:33-36	00:26-24
Tid etter	+01:02#	+01:02&	+00:32#	+00:05	+00:29#	+00:31&	+00:10#	-00:16	+00:09#	-00:12	+00:22#	+00:15#	+00:14#	+00:03#

34	Synne Strand, Asker Skiklubb	38:30	+04:28

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:38-30	13:12-39	17:59-64	19:34-62	22:51-61	24:02-44	26:07-40	29:11-47	30:47-46	32:41-45	34:32-37	36:26-35	38:00-35	38:30-35
Strekktid	07:38	05:34-58	04:47-96	01:35-44	03:17-88	01:11-9	02:05-60	03:04-68	01:36-29	01:54-16	01:51-18	01:54-76	01:34-39	00:30-70
Tid etter	+00:44#	+01:32&	+01:04&	+00:08	+00:25#	-00:19	+00:53&	-00:30	+00:07	-00:21	+00:08	+00:15#	+00:15#	+00:07&

35	Helene Lund-Johansen, Tyrving IL	38:41	+04:39

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:35-28	12:37-27	17:52-59	19:36-64	21:23-25	24:18-51	27:02-57	29:07-45	30:46-45	32:42-46	34:44-39	36:35-37	38:13-37	38:41-36
Strekktid	07:35	05:02-29	05:15-123	01:44-75	01:47-23	02:55-107	02:44-95	02:05-14	01:39-47	01:56-26	02:02-47	01:51-64	01:38-50	00:28-46
Tid etter	+00:41	+01:00#	+01:32&	+00:17#	-01:05	+01:25&	+01:32@	-01:29	+00:10#	-00:19	+00:19#	+00:12#	+00:19#	+00:05#

36	Bodil Helgerud, Halden SK	39:07	+05:05

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:01-60	14:10-72	17:56-62	19:28-56	22:35-57	23:46-41	26:18-42	29:17-48	31:15-50	33:11-49	35:17-40	37:00-40	38:39-38	39:07-37
Strekktid	08:01	06:09-89	03:46-20	01:32-24	03:07-76	01:11-9	02:32-84	02:59-64	01:58-119	01:56-26	02:06-55	01:43-36	01:39-59	00:28-46
Tid etter	+01:07#	+02:07&	+00:03	+00:05	+00:15	-00:19	+01:20@	-00:35	+00:29&	-00:19	+00:23#	+00:04	+00:20&	+00:05#

37	Anne M Hausken Nordberg, Nydalens SK	39:17	+05:15

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:06-65	11:57-8	15:26-4	16:57-3	19:42-8	20:44-2	22:31-2	25:16-2	**26:37-1**	**28:17-1**	32:07-5	33:29-5	35:35-5	37:57-28	38:50-	39:17 -
Strekktid	08:06	**03:51-1**	03:29-5	01:31-15	02:45-47	**01:02-1**	01:47-47	02:45-49	01:21-2	**01:40-1**	03:50-116	01:22-2	02:06-102	02:22-121	00:53-	00:27 -
Tid etter	+01:12#	-00:11	-00:14	+00:04	-00:07	-00:28	+00:35&	-00:49	-00:08	-00:35	+02:07@	-00:17	+00:47&	+01:59@	+00:53	+00:27

38	Tonje Vassend, NTNUI	39:27	+05:25

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:16-75	13:24-51	17:18-39	18:50-37	21:37-32	24:11-48	25:22-25	29:09-46	30:48-47	33:33-50	35:25-43	37:31-42	39:04-39	39:27-39

Strek ktid	08:16	05:08-36	03:54-30	01:32-24	02:47-50	02:34-95	01:11-3	03:47-128	01:39-47	02:45-139	01:52-23	02:06-115	01:33-36	00:23-3
Tid etter	+01:22#	+01:06&	+00:11	+00:05	-00:05	+01:04&	-00:01	+00:13	+00:10#	+00:30#	+00:09	+00:27&	+00:14#	+00:00

39	**Maria Jonsson, Nydalens SK**					**39:34**	**+05:32**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:07-66	13:00-34	17:10-34	19:03-43	22:05-45	23:55-43	25:19-22	29:30-50	31:36-54	33:46-52	35:48-45	37:37-44	39:07-40	39:34-40
Strek ktid	08:07	04:53-21	04:10-49	01:53-98	03:02-65	01:50-60	01:24-25	04:11-146	02:06-143	02:10-78	02:02-47	01:49-55	01:30-28	00:27-37
Tid etter	+01:13#	+00:51#	+00:27#	+00:26&	+00:10	+00:20#	+00:12#	+00:37#	+00:37&	-00:05	+00:19#	+00:10#	+00:11#	+00:04#

40	**Mari Kilskar Grevskott, Frol IL**					**39:51**	**+05:49**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:27-86	13:24-51	17:44-55	19:34-62	22:45-60	24:34-53	25:56-36	29:38-51	31:17-51	34:09-54	36:02-47	37:57-47	39:28-44	39:51-41
Strek ktid	08:27	04:57-23	04:20-65	01:50-95	03:11-83	01:49-59	01:22-22	03:42-119	01:39-47	02:52-143	01:53-27	01:55-86	01:31-33	00:23-3
Tid etter	+01:33#	+00:55#	+00:37#	+00:23&	+00:19#	+00:19#	+00:10#	+00:08	+00:10#	+00:37&	+00:10	+00:16#	+00:12#	+00:00

41	**Janne Tjørhom Aasheim, Ganddal IL**					**40:16**	**+06:14**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:53-56	14:05-71	17:53-60	19:28-56	22:56-63	24:03-45	26:34-52	29:52-55	31:36-54	34:12-55	36:14-49	38:08-48	39:50-45	40:16-42
Strek ktid	07:53	06:12-93	03:48-22	01:35-44	03:28-99	01:07-5	02:31-82	03:18-86	01:44-76	02:36-125	02:02-47	01:54-76	01:42-68	00:26-24
Tid etter	+00:59#	+02:10&	+00:05	+00:08	+00:36#	-00:23	+01:19@	-00:16	+00:15#	+00:21#	+00:19#	+00:15#	+00:23&	+00:03#

42	**Kristine Kravdal, Gjø-Vard OL**					**40:21**	**+06:19**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:08-68	14:36-75	19:00-72	20:35-71	22:12-50	25:16-61	28:12-66	30:25-58	32:10-59	34:14-56	36:29-53	38:23-52	39:55-46	40:21-43
Strek ktid	08:08	06:28-106	04:24-69	01:35-44	01:37-17	03:04-114	02:56-112	02:13-21	01:45-83	02:04-59	02:15-76	01:54-76	01:32-34	00:26-24
Tid etter	+01:14#	+02:26&	+00:41#	+00:08	-01:15	+01:34@	+01:44@	-01:21	+00:16#	-00:11	+00:32&	+00:15#	+00:13#	+00:03#

43	**Malene Teresia Jebsen, Bodø og Omegn/Hadeland/Heming**					**40:26**	**+06:24**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:34-26	13:58-67	17:39-52	19:17-52	22:59-65	25:02-58	26:36-53	29:55-56	31:44-56	34:22-58	36:21-52	38:20-51	39:56-47	40:26-44
Strek ktid	07:34	06:24-101	03:41-14	01:38-56	03:42-108	02:03-71	01:34-40	03:19-89	01:49-93	02:38-131	01:59-41	01:59-98	01:36-44	00:30-70
Tid etter	+00:40	+02:22&	-00:02	+00:11#	+00:50&	+00:33&	+00:22&	-00:15	+00:20#	+00:23#	+00:16#	+00:20#	+00:17#	+00:07&

44	**Marit Kahrs, Fredrikstad SK**					**40:29**	**+06:27**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:08-68	14:02-70	18:07-66	19:43-66	22:52-62	24:09-46	26:26-48	29:42-53	31:19-52	34:44-59	36:40-54	38:26-54	40:02-51	40:29-45
Strek ktid	08:08	05:54-78	04:05-45	01:36-51	03:09-78	01:17-13	02:17-66	03:16-84	01:37-33	03:25-159	01:56-34	01:46-47	01:36-44	00:27-37
Tid etter	+01:14#	+01:52&	+00:22	+00:09#	+00:17	-00:13	+01:05&	-00:18	+00:08	+01:10&	+00:13#	+00:07	+00:17#	+00:04#

=	**Iliana Ilieva, Halden SK**					**40:29**	**+06:27**								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
Total tid	07:58-59	13:16-46	17:24-45	18:56-39	22:37-59	24:50-56	26:29-51	30:19-57	32:03-57	34:06-53	36:18-51	38:18-49	40:03-52	40:29-45	
Strekktid	07:58	05:18-46	04:08-47	01:32-24	03:41-105	02:13-84	01:39-41	03:50-130	01:44-76	02:03-51	02:12-71	02:00-101	01:45-73	00:26-24	
Tid etter	+01:04#	+01:16&	+00:25#	+00:05	+00:49&	+00:43&	+00:27&	+00:16	+00:15#	-00:12	+00:29&	+00:21#	+00:26&	+00:03#	

46	**Victoria Hæstad Bjørnstad, Fossum IF**					**40:31**	**+06:29**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:05-6	11:24-3	15:23-3	16:58-4	**18:34-1**	21:09-3	23:45-6	25:53-3	27:30-4	29:22-3	33:32-16	34:48-9	37:05-24	39:19-38	40:09-	40:31-
Strekktid	07:05	04:19-5	03:59-36	01:35-44	01:36-14	02:35-97	02:36-88	02:08-17	01:37-33	01:52-10	04:10-119	**01:16-1**	02:17-114	02:14-117	00:50-	00:22-
Tid etter	+00:11	+00:17	+00:16	+00:08	-01:16	+01:05&	+01:24@	-01:26	+00:08	-00:23	+02:27@	-00:23	+00:58&	+01:51@	+00:50	+00:22

47	**Thea Dyrkorn, NTNUI**					**41:02**	**+07:00**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:35-119	14:49-80	19:13-77	21:10-83	22:33-55	26:06-67	29:08-77	31:29-67	33:09-66	35:19-65	37:07-57	38:57-58	40:35-54	41:02-47
Strekktid	09:35	05:14-41	04:24-69	01:57-109	01:23-6	03:33-131	03:02-117	02:21-26	01:40-59	02:10-78	01:48-13	01:50-59	01:38-50	00:27-37
Tid etter	+02:41&	+01:12&	+00:41#	+00:30&	-01:29	+02:03@	+01:50@	-01:13	+00:11#	-00:05	+00:05	+00:11#	+00:19#	+00:04#

48	**Emma Arnesen, Byåsen IL**					**41:04**	**+07:02**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:45-42	15:14-91	19:13-77	20:51-75	23:53-72	25:49-64	27:08-58	30:54-60	32:46-60	35:00-60	36:58-56	38:54-57	40:38-55	41:04-48
Strekktid	07:45	07:29-142	03:59-36	01:38-56	03:02-65	01:56-64	01:19-18	03:46-125	01:52-104	02:14-87	01:58-38	01:56-91	01:44-70	00:26-24
Tid etter	+00:51#	+03:27&	+00:16	+00:11#	+00:10	+00:26&	+00:07	+00:12	+00:23&	-00:01	+00:15#	+00:17#	+00:25&	+00:03#

49	**Aurora Moholth, Kongsberg OL**					**41:15**	**+07:13**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:04-64	15:24-99	19:05-73	21:03-81	24:09-76	26:06-67	27:30-60	31:28-66	33:10-68	35:16-63	37:21-59	39:12-60	40:49-56	41:15-49
Strekktid	08:04	07:20-136	03:41-14	01:58-111	03:06-74	01:57-66	01:24-25	03:58-139	01:42-67	02:06-66	02:05-52	01:51-64	01:37-47	00:26-24
Tid etter	+01:10#	+03:18&	-00:02	+00:31&	+00:14	+00:27&	+00:12#	+00:24#	+00:13#	-00:09	+00:22#	+00:12#	+00:18#	+00:03#

50	**Hilde Hovdenak, Eiker OL**					**41:16**	**+07:14**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:08-68	13:25-54	18:13-67	19:49-67	23:31-70	25:15-60	28:28-68	31:43-71	33:24-71	35:28-68	37:27-61	39:17-61	40:52-57	41:16-50
Strekktid	08:08	05:17-44	04:48-99	01:36-51	03:42-108	01:44-53	03:13-130	03:15-83	01:41-63	02:04-59	01:59-41	01:50-59	01:35-42	00:24-14
Tid etter	+01:14#	+01:15&	+01:05&	+00:09#	+00:50&	+00:14#	+02:01@	-00:19	+00:12#	-00:11	+00:16#	+00:11#	+00:16#	+00:01

51	**Andrine Harriet Fremstad, Larvik OK**					**41:22**	**+07:20**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Total tid	08:25-83	14:16-73	19:18-82	21:00-79	24:02-73	26:10-70	27:37-62	31:21-63	33:00-63	35:32-73	37:30-63	39:24-64	40:54-58	41:22-51
Strekktid	08:25	05:51-73	05:02-113	01:42-67	03:02-65	02:08-78	01:27-31	03:44-120	01:39-47	02:32-118	01:58-38	01:54-76	01:30-28	00:28-46
Tid etter	+01:31#	+01:49&	+01:19&	+00:15#	+00:10	+00:38&	+00:15#	+00:10	+00:10#	+00:17#	+00:15#	+00:15#	+00:11#	+00:05#

52	**Margrethe Wisløff, NTNUI**					**41:24**	**+07:22**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:52-52	13:09-37	17:42-53	19:22-54	24:52-86	26:00-66	28:36-72	31:42-70	33:24-71	35:30-69	37:29-62	39:23-63	40:58-59	41:24-52
Strekktid	07:52	05:17-44	04:33-77	01:40-61	05:30-156	01:08-7	02:36-88	03:06-70	01:42-67	02:06-66	01:59-41	01:54-76	01:35-42	00:26-24
Tid etter	+00:58#	+01:15&	+00:50#	+00:13#	+02:38&	-00:22	+01:24@	-00:28	+00:13#	-00:09	+00:16#	+00:15#	+00:16#	+00:03#

53	**Marta Ulvensøen, NTNUI/Emblem**					**41:30**	**+07:28**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:50-47	13:18-47	17:28-47	19:14-51	24:19-78	25:48-63	28:34-71	31:53-75	33:38-75	35:45-75	37:42-67	39:27-65	41:01-60	41:30-54
Strekktid	07:50	05:28-52	04:10-49	01:46-82	05:05-152	01:29-26	02:46-98	03:19-89	01:45-83	02:07-69	01:57-37	01:45-42	01:34-39	00:29-56
Tid etter	+00:56#	+01:26&	+00:27#	+00:19#	+02:13&	-00:01	+01:34@	-00:15	+00:16#	-00:08	+00:14#	+00:06	+00:15#	+00:06&

54	**Ragnhild Hjermstad, Fossum IF**					**41:45**	**+07:43**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:28-87	14:49-80	19:20-83	21:01-80	24:07-75	26:08-69	27:33-61	31:19-62	33:09-66	35:18-64	37:26-60	39:21-62	41:12-63	41:45-55
Strekktid	08:28	06:21-99	04:31-75	01:41-64	03:06-74	02:01-68	01:25-28	03:46-125	01:50-97	02:09-75	02:08-59	01:55-86	01:51-83	00:33-105
Tid etter	+01:34#	+02:19&	+00:48#	+00:14#	+00:14	+00:31&	+00:13#	+00:12	+00:21#	-00:06	+00:25#	+00:16#	+00:32&	+00:10&

55	**Live Bredholt Jørgensen, Tyrving IL**					**41:47**	**+07:45**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:07-66	15:18-95	19:14-79	20:54-77	25:06-93	26:14-73	28:37-74	31:44-73	33:25-73	35:33-74	37:39-66	39:39-66	41:18-65	41:47-56
Strekktid	08:07	07:11-132	03:56-31	01:40-61	04:12-132	01:08-7	02:23-73	03:07-72	01:41-63	02:08-71	02:06-55	02:00-101	01:39-59	00:29-56
Tid etter	+01:13#	+03:09&	+00:13	+00:13#	+01:20&	-00:22	+01:11&	-00:27	+00:12#	-00:07	+00:23#	+00:21#	+00:20&	+00:06&

56	**Thea Sildnes Baklid, Konnerud IL**					**42:03**	**+08:01**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:12-73	13:28-57	17:50-57	19:32-60	23:29-69	26:20-75	27:48-64	31:32-69	33:23-70	35:31-71	37:42-67	39:48-67	41:32-66	42:03-59
Strekktid	08:12	05:16-43	04:22-66	01:42-67	03:57-125	02:51-105	01:28-35	03:44-120	01:51-102	02:08-71	02:11-67	02:06-115	01:44-70	00:31-80
Tid etter	+01:18#	+01:14&	+00:39#	+00:15#	+01:05&	+01:21&	+00:16#	+00:10	+00:22#	-00:07	+00:28&	+00:27&	+00:25&	+00:08&

57	**Kristine Eide Rapp, Raumar Orientering**					**42:12**	**+08:10**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:55-57	13:38-61	19:10-75	20:53-76	24:12-77	26:13-72	27:39-63	31:24-65	33:14-69	35:26-67	37:37-65	39:53-68	41:40-68	42:12-60
Strekktid	07:55	05:43-63	05:32-132	01:43-71	03:19-90	02:01-68	01:26-29	03:45-122	01:50-97	02:12-85	02:11-67	02:16-137	01:47-77	00:32-95

Tid etter	+01:01#	+01:41&	+01:49&	+00:16#	+00:27#	+00:31&	+00:14#	+00:11	+00:21#	-00:03	+00:28&	+00:37&	+00:28&	+00:09&		
58	**Eli Fjellbirkeland Johannesen, IL Gular / Nydalens SK**					**42:18**	**+08:16**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	07:51-49	12:51-31	17:33-49	19:17-52	24:30-80	26:55-82	28:36-72	32:07-76	34:07-77	36:25-78	38:24-69	40:09-69	41:50-69	42:18-62		
Strek ktid	07:51	05:00-28	04:42-89	01:44-75	05:13-153	02:25-91	01:41-43	03:31-104	02:00-127	02:18-99	01:59-41	01:45-42	01:41-66	00:28-46		
Tid etter	+00:57#	+00:58#	+00:59&	+00:17#	+02:21&	+00:55&	+00:29&	-00:03	+00:31&	+00:03	+00:16#	+00:06	+00:22&	+00:05#		
59	**Helene Eger, Kongsberg OL**					**42:19**	**+08:17**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:29-113	15:04-86	19:47-89	21:44-90	23:21-68	27:23-88	30:28-94	32:53-84	34:28-83	36:30-81	38:32-70	40:19-70	41:51-70	42:19-63		
Strek ktid	09:29	05:35-59	04:43-90	01:57-109	01:37-17	04:02-143	03:05-121	02:25-30	01:35-26	02:02-48	02:02-47	01:47-50	01:32-34	00:28-46		
Tid etter	+02:35&	+01:33&	+01:00&	+00:30&	-01:15	+02:32@	+01:53@	-01:09	+00:06	-00:13	+00:19#	+00:08	+00:13#	+00:05#		
60	**Ingrid Lundanes, NTNUI**					**42:45**	**+08:43**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:01-60	13:22-50	17:08-32	18:40-31	21:29-27	22:35-13	24:36-12	27:29-13	28:57-11	30:49-11	35:23-42	36:53-38	39:12-41	41:28-53	42:20-	42:45-
Strek ktid	08:01	05:21-48	03:46-20	01:32-24	02:49-53	01:06-3	02:01-57	02:53-59	01:28-6	01:52-10	04:34-123	01:30-7	02:19-120	02:16-118	00:52-	00:25-
Tid etter	+01:07#	+01:19&	+00:03	+00:05	-00:03	-00:24	+00:49&	-00:41	-00:01	-00:23	+02:51@	-00:09	+01:00&	+01:53@	+00:52	+00:25
61	**Elin Bjerva, Larvik OK**					**43:00**	**+08:58**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:17-110	14:58-82	19:45-88	21:26-86	24:53-87	26:12-71	28:41-75	32:11-77	34:12-79	36:27-79	38:38-71	40:39-72	42:28-71	43:00-66		
Strek ktid	09:17	05:41-62	04:47-96	01:41-64	03:27-96	01:19-14	02:29-79	03:30-102	02:01-131	02:15-90	02:11-67	02:01-103	01:49-79	00:32-95		
Tid etter	+02:23&	+01:39&	+01:04&	+00:14#	+00:35#	-00:11	+01:17@	-00:04	+00:32&	+00:00	+00:28&	+00:22#	+00:30&	+00:09&		
62	**Marion Huber, Nydalens SK**					**43:07**	**+09:05**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:34-26	12:08-9	16:18-12	17:49-12	18:58-3	21:38-5	24:03-7	26:01-5	27:30-4	29:44-6	35:21-41	36:57-39	39:13-42	41:51-57	42:45-	43:07-
Strek ktid	07:34	04:34-8	04:10-49	01:31-15	**01:09-1**	02:40-100	02:25-75	01:58-9	01:29-9	02:14-87	05:37-149	01:36-16	02:16-112	02:38-129	00:54-	00:22-
Tid etter	+00:40	+00:32#	+00:27#	+00:04	-01:43	+01:10&	+01:13@	-01:36	+00:00	-00:01	+03:54@	-00:03	+00:57&	+02:15@	+00:54	+00:22
63	**Kine Hallan Steiwer, Halden SK**					**43:13**	**+09:11**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:39-33	12:15-11	16:28-13	17:57-13	19:08-5	21:41-6	24:15-8	26:18-8	27:55-8	29:55-9	35:33-44	37:07-41	39:25-43	42:02-58	42:52-	43:14-
Strek ktid	07:39	04:36-9	04:13-54	01:29-7	01:11-2	02:33-93	02:34-85	02:03-11	01:37-33	02:00-43	05:38-150	01:34-12	02:18-117	02:37-128	00:50-	00:22-
Tid etter	+00:45#	+00:34#	+00:30#	+00:02	-01:41	+01:03&	+01:22@	-01:31	+00:08	-00:15	+03:55@	-00:05	+00:59&	+02:14@	+00:50	+00:22
64	**Ingunn Egeberg Vári, NTNUI**					**43:18**	**+09:16**									

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:56-101	16:01-112	19:54-91	21:28-87	24:55-90	26:19-74	29:02-76	32:32-81	34:29-84	36:40-82	38:52-73	41:10-74	42:48-72	43:18-67		
Strek ktid	08:56	07:05-126	03:53-29	01:34-40	03:27-96	01:24-20	02:43-94	03:30-102	01:57-112	02:11-82	02:12-71	02:18-140	01:38-50	00:30-70		
Tid etter	+02:02&	+03:03&	+00:10	+00:07	+00:35#	-00:06	+01:31@	-00:04	+00:28&	-00:04	+00:29&	+00:39&	+00:19#	+00:07&		

65	**Marie Olaussen, Fredrikstad SK**					**43:32**	**+09:30**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:36-29	13:27-55	17:03-28	18:38-30	21:35-30	23:28-21	24:44-14	27:47-15	29:15-14	30:59-14	36:09-48	37:34-43	39:57-48	42:16-61	43:05-	43:32 -
Strek ktid	07:36	05:51-73	03:36-10	01:35-44	02:57-59	01:53-61	01:16-11	03:03-66	01:28-6	01:44-2	05:10-137	01:25-3	02:23-122	02:19-119	00:49-	00:27 -
Tid etter	+00:42#	+01:49&	-00:07	+00:08	+00:05	+00:23&	+00:04	-00:31	-00:01	-00:31	+03:27@	-00:14	+01:04&	+01:56@	+00:49	+00:27

66	**Lene Godager Kaas, Bækkelagets SK**					**43:44**	**+09:42**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:51-49	12:58-33	17:50-57	19:27-55	20:46-23	24:59-57	30:00-88	32:26-80	34:20-81	37:04-83	39:28-74	41:24-76	43:15-74	43:44-70
Strek ktid	07:51	05:07-34	04:52-101	01:37-55	01:19-3	04:13-148	05:01-159	02:26-32	01:54-107	02:44-138	02:24-86	01:56-91	01:51-83	00:29-56
Tid etter	+00:57#	+01:05&	+01:09&	+00:10#	-01:33	+02:43@	+03:49@	-01:08	+00:25&	+00:29#	+00:41&	+00:17#	+00:32&	+00:06&

67	**Karen Hoel Jomaas, Fossum IF**					**43:51**	**+09:49**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:38-30	18:52-147	22:18-126	24:03-124	26:56-116	28:31-104	29:58-86	33:21-87	35:00-86	37:18-87	39:29-75	41:47-78	43:23-75	43:51-71
Strek ktid	07:38	11:14-168	03:26-4	01:45-78	02:53-55	01:35-38	01:27-31	03:23-95	01:39-47	02:18-99	02:11-67	02:18-140	01:36-44	00:28-46
Tid etter	+00:44#	+07:12@	-00:17	+00:18#	+00:01	+00:05	+00:15#	-00:11	+00:10#	+00:03	+00:28&	+00:39&	+00:17#	+00:05#

68	**Anu Tuomisto, NTNUI**					**44:00**	**+09:58**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:26-18	12:30-21	17:00-26	18:29-22	20:29-18	23:07-14	25:36-33	27:50-16	29:21-15	31:15-17	35:54-46	37:45-46	40:00-50	42:44-64	43:37-	44:00 -
Strek ktid	07:26	05:04-31	04:30-72	01:29-7	02:00-34	02:38-99	02:29-79	02:14-22	01:31-16	01:54-16	04:39-125	01:51-64	02:15-111	02:44-130	00:53-	00:23 -
Tid etter	+00:32	+01:02&	+00:47#	+00:02	-00:52	+01:08&	+01:17@	-01:20	+00:02	-00:21	+02:56@	+00:12#	+00:56&	+02:21@	+00:53	+00:23

69	**Anette Juveli, Konnerud IL**					**44:06**	**+10:04**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:07-104	14:36-75	20:04-93	21:49-92	25:30-97	26:56-83	29:30-81	33:08-86	35:08-87	37:34-91	39:49-79	41:54-79	43:35-77	44:06-74
Strek ktid	09:07	05:29-56	05:28-130	01:45-78	03:41-105	01:26-24	02:34-85	03:38-116	02:00-127	02:26-111	02:15-76	02:05-109	01:41-66	00:31-80
Tid etter	+02:13&	+01:27&	+01:45&	+00:18#	+00:49&	-00:04	+01:22@	+00:04	+00:31&	+00:11	+00:32&	+00:26&	+00:22&	+00:08&

70	**Triin Jäädmaa, NTNUI**					**44:10**	**+10:08**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:13-74	15:21-97	20:45-105	22:57-113	24:59-91	28:00-95	31:28-103	33:56-94	36:09-103	38:14-101	40:09-82	42:17-83	43:45-78	44:10-75

Strek ktid	08:13	07:08-128	05:24-129	02:12-139	02:02-35	03:01-110	03:28-138	02:28-33	02:13-156	02:05-64	01:55-32	02:08-119	01:28-24	00:25-18		
Tid etter	+01:19#	+03:06&	+01:41&	+00:45&	-00:50	+01:31@	+02:16@	-01:06	+00:44&	-00:10	+00:12#	+00:29&	+00:09#	+00:02		

71	**Charlotte Watson, Lillomarka OL**	**44:17**	**+10:15**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:02-63	12:43-28	17:35-51	19:07-45	21:53-40	23:28-21	24:48-15	28:17-27	29:55-29	31:54-28	36:17-50	37:42-45	39:59-49	42:49-65	43:49-	44:17-
Strek ktid	08:02	04:41-13	04:52-101	01:32-24	02:46-48	01:35-38	01:20-21	03:29-100	01:38-38	01:59-37	04:23-122	01:25-3	02:17-114	02:50-134	01:00-	00:28-
Tid etter	+01:08#	+00:39#	+01:09&	+00:05	-00:06	+00:05	+00:08#	-00:05	+00:09#	-00:16	+02:40@	-00:14	+00:58&	+02:27@	+01:00	+00:28

72	**Christiane Trösse, Varegg Fleridrett**	**44:20**	**+10:18**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:21-79	15:17-94	19:09-74	20:58-78	22:30-54	26:27-78	31:35-104	34:04-98	36:02-99	38:10-99	40:20-87	42:15-82	43:53-80	44:20-76
Strek ktid	08:21	06:56-121	03:52-28	01:49-90	01:32-11	03:57-141	05:08-160	02:29-35	01:58-119	02:08-71	02:10-63	01:55-86	01:38-50	00:27-37
Tid etter	+01:27#	+02:54&	+00:09	+00:22&	-01:20	+02:27@	+03:56@	-01:05	+00:29&	-00:07	+00:27&	+00:16#	+00:19#	+00:04#

=	**Yngvild Langedal Breivik, Nydalens SK**	**44:20**	**+10:18**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:49-46	13:32-59	18:30-70	19:59-69	25:53-103	28:05-96	30:32-95	34:08-101	35:52-95	38:23-103	40:24-88	42:22-84	43:55-81	44:20-76
Strek ktid	07:49	05:43-63	04:58-107	01:29-7	05:54-161	02:12-82	02:27-76	03:36-112	01:44-76	02:31-117	02:01-46	01:58-96	01:33-36	00:25-18
Tid etter	+00:55#	+01:41&	+01:15&	+00:02	+03:02@	+00:42&	+01:15@	+00:02	+00:15#	+00:16#	+00:18#	+00:19#	+00:14#	+00:02

=	**Ine Instanes, Sturla, IF**	**44:20**	**+10:18**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:01-60	13:14-42	17:47-56	19:30-58	21:32-28	25:32-62	31:49-109	34:12-102	36:05-101	38:04-95	40:14-85	42:12-80	43:51-79	44:20-76
Strek ktid	08:01	05:13-40	04:33-77	01:43-71	02:02-35	04:00-142	06:17-165	02:23-28	01:53-105	01:59-37	02:10-63	01:58-96	01:39-59	00:29-56
Tid etter	+01:07#	+01:11&	+00:50#	+00:16#	-00:50	+02:30@	+05:05@	-01:11	+00:24&	-00:16	+00:27&	+00:19#	+00:20&	+00:06&

75	**Kristine Berglia, Eiker OL**	**44:29**	**+10:27**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:46-44	13:14-42	18:28-69	20:02-70	22:10-49	26:21-76	31:43-106	34:17-104	36:06-102	38:09-97	40:18-86	42:25-86	43:59-83	44:29-80
Strek ktid	07:46	05:28-52	05:14-121	01:34-40	02:08-39	04:11-147	05:22-163	02:34-37	01:49-93	02:03-51	02:09-62	02:07-118	01:34-39	00:30-70
Tid etter	+00:52#	+01:26&	+01:31&	+00:07	-00:44	+02:41@	+04:10@	-01:00	+00:20#	-00:12	+00:26&	+00:28&	+00:15#	+00:07&

76	**Hedda Raadal Bjørlo, Halden SK**	**44:38**	**+10:36**	

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:47-96	15:24-99	21:00-114	22:54-112	26:38-114	28:42-108	30:04-89	34:00-96	35:59-98	38:13-100	40:26-89	42:32-88	44:12-85	44:38-81
Strek ktid	08:47	06:37-113	05:36-135	01:54-101	03:44-113	02:04-72	01:22-22	03:56-135	01:59-124	02:14-87	02:13-74	02:06-115	01:40-64	00:26-24
Tid etter	+01:53&	+02:35&	+01:53&	+00:27&	+00:52&	+00:34&	+00:10#	+00:22#	+00:30&	-00:01	+00:30&	+00:27&	+00:21&	+00:03#

77	**Tale Strand, Kongsberg OL**					**44:41**	**+10:39**								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	
Total tid	07:52-52	15:35-106	19:36-86	21:43-89	24:53-87	26:47-80	28:29-70	32:15-78	34:21-82	37:13-86	39:51-80	42:32-88	44:10-84	44:41-82	
Strekktid	07:52	07:43-145	04:01-40	02:07-131	03:10-80	01:54-62	01:42-45	03:46-125	02:06-143	02:52-143	02:38-104	02:41-159	01:38-50	00:31-80	
Tid etter	+00:58#	+03:41&	+00:18	+00:40&	+00:18#	+00:24&	+00:30&	+00:12	+00:37&	+00:37&	+00:55&	+01:02&	+00:19#	+00:08&	

=	**Ingeborg Eide, Byåsen IL**					**44:41**	**+10:39**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:45-42	12:34-26	15:45-8	17:15-7	20:17-11	21:52-8	22:59-3	25:59-4	27:27-3	29:22-3	33:25-11	38:18-49	40:29-53	43:28-68	44:15-	44:41 -
Strekktid	07:45	04:49-17	**03:11-1**	01:30-13	03:02-65	01:35-38	**01:07-1**	03:00-65	01:28-6	01:55-23	04:03-117	04:53-167	02:11-106	02:59-147	00:47-	00:26 -
Tid etter	+00:51#	+00:47#	-00:32	+00:03	+00:10	+00:05	-00:05	-00:34	-00:01	-00:20	+02:20@	+03:14@	+00:52&	+02:36@	+00:47	+00:26

79	**Marte Balchen, IL Koll**					**44:46**	**+10:44**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:40-123	16:33-119	21:10-119	22:59-115	26:26-111	28:46-111	30:15-92	33:52-93	35:53-96	38:01-94	40:09-82	42:14-81	44:12-85	44:46-83
Strekktid	09:40	06:53-120	04:37-83	01:49-90	03:27-96	02:20-88	01:29-36	03:37-115	02:01-131	02:08-71	02:08-59	02:05-109	01:58-96	00:34-108
Tid etter	+02:46&	+02:51&	+00:54#	+00:22&	+00:35#	+00:50&	+00:17#	+00:03	+00:32&	-00:07	+00:25#	+00:26&	+00:39&	+00:11&

80	**Malin Sandstad, NTNUI**					**44:51**	**+10:49**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	07:21-16	15:40-108	19:12-76	20:47-74	27:37-123	28:43-109	31:43-106	35:10-111	36:55-110	39:02-109	41:05-96	42:56-97	44:24-89	44:51-84
Strekktid	07:21	08:19-158	03:32-7	01:35-44	06:50-166	01:06-3	03:00-116	03:27-99	01:45-83	02:07-69	02:03-51	01:51-64	01:28-24	00:27-37
Tid etter	+00:27	+04:17@	-00:11	+00:08	+03:58@	-00:24	+01:48@	-00:07	+00:16#	-00:08	+00:20#	+00:12#	+00:09#	+00:04#

81	**Helen Palmer, Byåsen IL**					**44:54**	**+10:52**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:33-118	15:22-98	20:33-100	22:35-103	26:24-108	27:44-92	30:37-97	34:13-103	36:11-104	38:35-105	40:50-93	42:44-94	44:22-88	44:54-85
Strekktid	09:33	05:49-67	05:11-117	02:02-120	03:49-120	01:20-17	02:53-106	03:36-112	01:58-119	02:24-108	02:15-76	01:54-76	01:38-50	00:32-95
Tid etter	+02:39&	+01:47&	+01:28&	+00:35&	+00:57&	-00:10	+01:41@	+00:02	+00:29&	+00:09	+00:32&	+00:15#	+00:19#	+00:09&

82	**Emilie Westli Andersen, Løten o-lag**					**44:58**	**+10:56**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:50-47	14:01-68	18:02-65	19:30-58	23:15-66	24:34-53	26:53-55	29:40-52	31:12-49	33:01-48	37:20-58	38:48-56	41:12-63	43:40-69	44:35-	44:58 -
Strekktid	07:50	06:11-91	04:01-40	01:28-6	03:45-116	01:19-14	02:19-68	02:47-52	01:32-20	01:49-4	04:19-120	01:28-5	02:24-123	02:28-123	00:55-	00:23 -
Tid etter	+00:56#	+02:09&	+00:18	+00:01	+00:53&	-00:11	+01:07&	-00:47	+00:03	-00:26	+02:36@	-00:11	+01:05&	+02:05@	+00:55	+00:23

83	**Sofie Aarnes, Nydalens SK**					**45:08**	**+11:06**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Total tid	08:23-81	15:32-104	19:36-86	21:22-85	22:58-64	27:24-89	31:22-102	34:01-97	35:58-97	38:08-96	40:43-92	42:52-96	44:36-90	45:08-86		
Strek ktid	08:23	07:09-129	04:04-44	01:46-82	01:36-14	04:26-151	03:58-146	02:39-42	01:57-112	02:10-78	02:35-100	02:09-124	01:44-70	00:32-95		
Tid etter	+01:29#	+03:07&	+00:21	+00:19#	-01:16	+02:56@	+02:46@	-00:55	+00:28&	-00:05	+00:52&	+00:30&	+00:25&	+00:09&		

84 Maren Norderud, Tyrving IL **45:11** **+11:09**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:40-92	15:00-84	20:51-111	22:50-110	26:38-114	28:43-109	30:10-91	34:05-100	36:03-100	38:19-102	40:38-91	42:49-95	44:39-91	45:11-87		
Strek ktid	08:40	06:20-97	05:51-145	01:59-113	03:48-118	02:05-74	01:27-31	03:55-134	01:58-119	02:16-93	02:19-83	02:11-129	01:50-81	00:32-95		
Tid etter	+01:46&	+02:18&	+02:08&	+00:32&	+00:56&	+00:35&	+00:15#	+00:21	+00:29&	+00:01	+00:36&	+00:32&	+00:31&	+00:09&		

85 Marion Aebi, Tyrving IL **45:18** **+11:16**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:42-93	13:30-58	17:42-53	19:12-48	22:00-44	23:42-37	24:57-19	28:32-35	30:11-35	32:05-31	36:52-55	38:25-53	41:09-62	43:56-72	44:55-	45:18-
Strek ktid	08:42	04:48-16	04:12-52	01:30-13	02:48-51	01:42-49	01:15-9	03:35-110	01:39-47	01:54-16	04:47-132	01:33-10	02:44-139	02:47-131	00:59-	00:23-
Tid etter	+01:48&	+00:46#	+00:29#	+00:03	-00:04	+00:12#	+00:03	+00:01	+00:10#	-00:21	+03:04@	-00:06	+01:25@	+02:24@	+00:59	+00:23

86 Karianne Hauge, Halden SK **45:22** **+11:20**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:18-77	14:31-74	19:49-90	21:53-93	25:37-99	26:58-84	29:49-84	33:42-90	35:39-92	38:09-97	40:35-90	42:43-93	44:49-92	45:22-88		
Strek ktid	08:18	06:13-94	05:18-125	02:04-125	03:44-113	01:21-18	02:51-104	03:53-133	01:57-112	02:30-115	02:26-90	02:08-119	02:06-102	00:33-105		
Tid etter	+01:24#	+02:11&	+01:35&	+00:37&	+00:52&	-00:09	+01:39@	+00:19	+00:28&	+00:15#	+00:43&	+00:29&	+00:47&	+00:10&		

87 Anna Ulvensøen, Nydalens SK **45:24** **+11:22**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:30-22	12:17-13	16:13-11	17:44-11	20:39-20	22:22-11	23:29-5	26:32-10	27:59-9	29:51-8	33:54-25	38:43-55	41:01-60	43:57-73	44:53-	45:24-
Strek ktid	07:30	04:47-15	03:56-31	01:31-15	02:55-57	01:43-52	**01:07-1**	03:03-66	01:27-4	01:52-10	04:03-117	04:49-166	02:18-117	02:56-141	00:56-	00:31-
Tid etter	+00:36	+00:45#	+00:13	+00:04	+00:03	+00:13#	-00:05	-00:31	-00:02	-00:23	+02:20@	+03:10@	+00:59&	+02:33@	+00:56	+00:31

88 Ingrid Lamark, Ganddal IL **45:37** **+11:35**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	10:34-137	16:23-116	21:09-118	23:23-120	24:54-89	28:40-107	31:55-111	34:36-107	36:32-108	38:52-107	41:18-99	43:26-99	45:05-95	45:37-89		
Strek ktid	10:34	05:49-67	04:46-95	02:14-143	01:31-10	03:46-137	03:15-132	02:41-44	01:56-109	02:20-104	02:26-90	02:08-119	01:39-59	00:32-95		
Tid etter	+03:40&	+01:47&	+01:03&	+00:47&	-01:21	+02:16@	+02:03@	-00:53	+00:27&	+00:05	+00:43&	+00:29&	+00:20&	+00:09&		

89 Mari Jellum Helgerud, Tyrving IL **45:38** **+11:36**

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:55-100	16:04-113	20:48-108	22:52-111	25:12-95	29:00-114	32:28-115	34:50-109	36:49-109	39:05-110	41:17-98	43:20-98	45:08-97	45:38-90
Strek ktid	08:55	07:09-129	04:44-91	02:04-125	02:20-40	03:48-139	03:28-138	02:22-27	01:59-124	02:16-93	02:12-71	02:03-106	01:48-78	00:30-70

Tid etter	+02:01&	+03:07&	+01:01&	+00:37&	-00:32	+02:18@	+02:16@	-01:12	+00:30&	+00:01	+00:29&	+00:24#	+00:29&	+00:07&		
90	**Therese Haare, Konnerud IL**					**45:49**	**+11:47**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:25-83	13:24-51	17:23-44	19:12-48	22:17-52	23:29-24	25:59-38	29:22-49	31:02-48	32:56-47	37:35-64	39:07-59	41:33-67	44:24-79	45:27-	45:49 -
Strek ktid	08:25	04:59-25	03:59-36	01:49-90	03:05-73	01:12-11	02:30-81	03:23-95	01:40-59	01:54-16	04:39-125	01:32-8	02:26-125	02:51-135	01:03-	00:22 -
Tid etter	+01:31#	+00:57#	+00:16	+00:22&	+00:13	-00:18	+01:18@	-00:11	+00:11#	-00:21	+02:56@	-00:07	+01:07&	+02:28@	+01:03	+00:22
91	**Marit Melby Jacobsen, NTNUI/Emblem**					**46:13**	**+12:11**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:11-107	15:44-110	20:47-107	22:29-101	26:57-117	29:24-116	30:48-100	34:33-106	36:21-106	39:12-111	41:47-101	43:52-101	45:47-99	46:13-92		
Strek ktid	09:11	06:33-110	05:03-114	01:42-67	04:28-139	02:27-92	01:24-25	03:45-122	01:48-91	02:51-142	02:35-100	02:05-109	01:55-89	00:26-24		
Tid etter	+02:17&	+02:31&	+01:20&	+00:15#	+01:36&	+00:57&	+00:12#	+00:11	+00:19#	+00:36&	+00:52&	+00:26&	+00:36&	+00:03#		
92	**Mariann Øren Arvesen, Sandefjord OK**					**46:22**	**+12:20**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:38-91	15:29-102	20:49-110	22:44-105	26:18-106	27:50-93	30:35-96	34:54-110	37:02-112	39:17-112	41:38-100	43:48-100	45:51-100	46:22-93		
Strek ktid	08:38	06:51-119	05:20-127	01:55-102	03:34-102	01:32-31	02:45-96	04:19-150	02:08-148	02:15-90	02:21-85	02:10-127	02:03-100	00:31-80		
Tid etter	+01:44&	+02:49&	+01:37&	+00:28&	+00:42#	+00:02	+01:33@	+00:45#	+00:39&	+00:00	+00:38&	+00:31&	+00:44&	+00:08&		
93	**Johanne Bratland Tjernshaugen, OK Moss**					**47:14**	**+13:12**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:32-116	15:52-111	20:48-108	22:47-108	24:43-84	28:23-102	32:34-116	35:29-114	37:30-114	40:06-114	42:32-105	44:50-107	46:45-103	47:14-97		
Strek ktid	09:32	06:20-97	04:56-105	01:59-113	01:56-33	03:40-135	04:11-150	02:55-60	02:01-131	02:36-125	02:26-90	02:18-140	01:55-89	00:29-56		
Tid etter	+02:38&	+02:18&	+01:13&	+00:32&	-00:56	+02:10@	+02:59@	-00:39	+00:32&	+00:21#	+00:43&	+00:39&	+00:36&	+00:06&		
94	**Vigdis Hobøl, Oppsal Orientering**					**47:15**	**+13:13**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	12:51-159	18:51-146	24:42-146	26:34-144	28:20-129	31:31-132	34:40-131	36:52-122	38:39-120	41:03-121	43:08-112	45:02-111	46:48-105	47:15-98		
Strek ktid	12:51	06:00-83	05:51-145	01:52-96	01:46-22	03:11-118	03:09-123	02:12-19	01:47-90	02:24-108	02:05-52	01:54-76	01:46-75	00:27-37		
Tid etter	+05:57&	+01:58&	+02:08&	+00:25&	-01:06	+01:41@	+01:57@	-01:22	+00:18#	+00:09	+00:22#	+00:15#	+00:27&	+00:04#		
95	**Lone Brochmann, Bækkelagets SK**					**47:20**	**+13:18**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:44-39	13:40-62	17:22-43	19:00-42	21:58-43	25:07-59	26:24-46	29:46-54	31:26-53	33:36-51	38:49-72	40:24-71	42:55-73	45:49-91	46:53-	47:20 -
Strek ktid	07:44	05:56-80	03:42-16	01:38-56	02:58-60	03:09-116	01:17-12	03:22-93	01:40-59	02:10-78	05:13-139	01:35-15	02:31-130	02:54-139	01:04-	00:27 -
Tid etter	+00:50#	+01:54&	-00:01	+00:11#	+00:06	+01:39@	+00:05	-00:12	+00:11#	-00:05	+03:30@	-00:04	+01:12&	+02:31@	+01:04	+00:27
96	**Maren Mohagen Hansen, Tyrving IL**					**47:21**	**+13:19**									

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:29-113	14:48-79	19:35-85	21:47-91	24:47-85	29:19-115	33:24-123	36:08-118	38:01-118	40:31-117	42:51-108	44:55-109	46:51-106	47:21-99
Strekktid	09:29	05:19-47	04:47-96	02:12-139	03:00-63	04:32-154	04:05-149	02:44-46	01:53-105	02:30-115	02:20-84	02:04-108	01:56-91	00:30-70
Tid etter	+02:35&	+01:17&	+01:04&	+00:45&	+00:08	+03:02@	+02:53@	-00:50	+00:24&	+00:15#	+00:37&	+00:25&	+00:37&	+00:07&

97	Tina Kalleson, Oppsal Orientering	47:29	+13:27

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:17-110	16:32-118	21:45-123	23:32-122	27:55-126	30:00-119	33:22-121	37:01-124	39:01-124	41:23-124	43:31-116	45:22-114	47:00-107	47:29-101
Strekktid	09:17	07:15-134	05:13-119	01:47-86	04:23-137	02:05-74	03:22-137	03:39-118	02:00-127	02:22-106	02:08-59	01:51-64	01:38-50	00:29-56
Tid etter	+02:23&	+03:13&	+01:30&	+00:20#	+01:31&	+00:35&	+02:10@	+00:05	+00:31&	+00:07	+00:25#	+00:12#	+00:19#	+00:06&

98	Dina Reitan, Freidig	47:51	+13:49

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:22-80	15:32-104	21:13-120	23:17-119	26:24-108	30:29-121	34:02-127	36:51-121	38:40-121	40:49-119	43:19-114	45:28-117	47:21-111	47:51-103
Strekktid	08:22	07:10-131	05:41-137	02:04-125	03:07-76	04:05-144	03:33-141	02:49-55	01:49-93	02:09-75	02:30-97	02:09-124	01:53-86	00:30-70
Tid etter	+01:28#	+03:08&	+01:58&	+00:37&	+00:15	+02:35@	+02:21@	-00:45	+00:20#	-00:06	+00:47&	+00:30&	+00:34&	+00:07&

99	Isa Heggedal, Konnerud IL	47:53	+13:51

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:53-99	16:28-117	21:04-117	23:04-116	27:03-119	28:34-105	31:51-110	35:38-115	37:49-116	40:32-118	43:07-111	45:25-115	47:19-110	47:53-104
Strekktid	08:53	07:35-144	04:36-81	02:00-117	03:59-127	01:31-29	03:17-134	03:47-128	02:11-153	02:43-137	02:35-100	02:18-140	01:54-88	00:34-108
Tid etter	+01:59&	+03:33&	+00:53#	+00:33&	+01:07&	+00:01	+02:05@	+00:13	+00:42&	+00:28#	+00:52&	+00:39&	+00:35&	+00:11&

100	Ragnhild Helene Løvli, Ås-NMBU Orientering	47:56	+13:54

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:09-105	15:02-85	20:46-106	22:49-109	27:06-121	28:38-106	31:47-108	35:44-116	37:50-117	40:27-116	43:10-113	45:25-115	47:22-112	47:56-105
Strekktid	09:09	05:53-77	05:44-140	02:03-123	04:17-135	01:32-31	03:09-123	03:57-138	02:06-143	02:37-129	02:43-108	02:15-136	01:57-94	00:34-108
Tid etter	+02:15&	+01:51&	+02:01&	+00:36&	+01:25&	+00:02	+01:57@	+00:23#	+00:37&	+00:22#	+01:00&	+00:36&	+00:38&	+00:11&

101	Malin Sørensen, Eiker OL	48:11	+14:09

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:49-127	15:14-91	20:10-95	22:09-95	25:04-92	27:10-86	28:28-68	31:50-74	33:28-74	35:31-71	40:11-84	41:44-77	44:14-87	46:47-94	47:43-	48:11 -
Strekktid	09:49	05:25-51	04:56-105	01:59-113	02:55-57	02:06-77	01:18-16	03:22-93	01:38-38	02:03-51	04:40-128	01:33-10	02:30-129	02:33-126	00:56-	00:28 -
Tid etter	+02:55&	+01:23&	+01:13&	+00:32&	+00:03	+00:36&	+00:06	-00:12	+00:09#	-00:12	+02:57@	-00:06	+01:11&	+02:10@	+00:56	+00:28

=	Jo Shepherd, Halden SK	48:11	+14:09

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:21-112	14:58-82	19:14-79	20:45-73	22:14-51	26:22-77	29:36-83	31:43-71	33:05-64	35:21-66	39:40-77	41:12-75	43:30-76	46:49-95	47:48-	48:11 -

Strek ktid	09:21	05:37-60	04:16-59	01:31-15	01:29-9	04:08-146	03:14-131	02:07-16	01:22-3	02:16-93	04:19-120	01:32-8	02:18-117	03:19-153	00:59-	00:23 -
Tid etter	+02:27&	+01:35&	+00:33#	+00:04	-01:23	+02:38@	+02:02@	-01:27	-00:07	+00:01	+02:36@	-00:07	+00:59&	+02:56@	+00:59	+00:23

103	**Ea Lunøe, Nydalens SK**					**48:14**	**+14:12**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	10:28-135	16:59-125	22:00-124	24:38-128	28:53-133	30:14-120	33:08-118	36:46-120	38:41-122	41:17-122	43:33-118	45:51-120	47:47-115	48:14-107		
Strek ktid	10:28	06:31-108	05:01-112	02:38-157	04:15-133	01:21-18	02:54-109	03:38-116	01:55-108	02:36-125	02:16-80	02:18-140	01:56-91	00:27-37		
Tid etter	+03:34&	+02:29&	+01:18&	+01:11&	+01:23&	-00:09	+01:42@	+00:04	+00:26&	+00:21#	+00:33&	+00:39&	+00:37&	+00:04#		

104	**Tonje Rasmussen, OL Tønsberg og omegn**					**48:19**	**+14:17**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:16-109	15:05-87	20:38-101	23:10-118	27:42-124	31:24-131	32:51-117	37:12-126	39:02-125	41:21-123	43:31-116	45:33-118	47:50-116	48:19-108		
Strek ktid	09:16	05:49-67	05:33-133	02:32-154	04:32-142	03:42-136	01:27-31	04:21-151	01:50-97	02:19-102	02:10-63	02:02-104	02:17-114	00:29-56		
Tid etter	+02:22&	+01:47&	+01:50&	+01:05&	+01:40&	+02:12@	+00:15#	+00:47#	+00:21#	+00:04	+00:27&	+00:23#	+00:58&	+00:06&		

105	**Idun Kristine Felde Olaussen, Halden SK**					**48:40**	**+14:38**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:25-83	13:32-59	17:55-61	19:38-65	23:20-67	24:47-55	27:15-59	30:29-59	32:09-58	34:15-57	39:32-76	41:06-73	43:55-81	46:55-96	48:10-	48:40 -
Strek ktid	08:25	05:07-34	04:23-68	01:43-71	03:42-108	01:27-25	02:28-77	03:14-80	01:40-59	02:06-66	05:17-142	01:34-12	02:49-145	03:00-148	01:15-	00:30 -
Tid etter	+01:31#	+01:05&	+00:40#	+00:16#	+00:50&	-00:03	+01:16@	-00:20	+00:11#	-00:09	+03:34@	-00:05	+01:30@	+02:37@	+01:15	+00:30

106	**Aud Hognestad Taksdal, Ganddal IL**					**48:52**	**+14:50**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:34-89	13:46-63	18:45-71	20:41-72	24:06-74	28:13-99	29:26-80	32:38-82	34:10-78	36:07-77	40:50-93	42:27-87	44:55-93	47:26-100	48:26-	48:52 -
Strek ktid	08:34	05:12-38	04:59-109	01:56-107	03:25-95	04:07-145	01:13-6	03:12-77	01:32-20	01:57-30	04:43-131	01:37-19	02:28-127	02:31-125	01:00-	00:26 -
Tid etter	+01:40#	+01:10&	+01:16&	+00:29&	+00:33#	+02:37@	+00:01	-00:22	+00:03	-00:18	+03:00@	-00:02	+01:09&	+02:08@	+01:00	+00:26

107	**Karen Oline Kolstad, NTNUI**					**49:10**	**+15:08**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	07:44-39	12:43-28	17:19-41	18:54-38	20:19-12	26:50-81	29:18-79	31:22-64	32:53-61	35:30-69	41:12-97	42:41-92	45:05-95	47:39-102	48:46-	49:10 -
Strek ktid	07:44	04:59-25	04:36-81	01:35-44	01:25-8	06:31-167	02:28-77	02:04-13	01:31-16	02:37-129	05:42-153	01:29-6	02:24-123	02:34-127	01:07-	00:24 -
Tid etter	+00:50#	+00:57#	+00:53#	+00:08	-01:27	+05:01@	+01:16@	-01:30	+00:02	+00:22#	+03:59@	-00:10	+01:05&	+02:11@	+01:07	+00:24

108	**Anna Cecilie Linløkken, Østmarka OK**					**49:13**	**+15:11**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	10:06-130	15:37-107	22:49-132	25:14-132	28:50-131	31:12-127	35:01-132	38:57-131	40:36-130	43:08-129	45:14-125	47:08-125	48:45-122	49:13-112		
Strek ktid	10:06	05:31-57	07:12-162	02:25-150	03:36-103	02:22-90	03:49-144	03:56-135	01:39-47	02:32-118	02:06-55	01:54-76	01:37-47	00:28-46		
Tid etter	+03:12&	+01:29&	+03:29&	+00:58&	+00:44&	+00:52&	+02:37@	+00:22#	+00:10#	+00:17#	+00:23#	+00:15#	+00:18#	+00:05#		

109	**Marlin Haavengen, Kongsberg OL**					**49:21**	**+15:19**								
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:11-72	13:14-42	17:30-48	19:03-43	24:34-81	25:59-65	28:22-67	31:31-68	33:07-65	35:03-62	39:43-78	42:34-90	45:03-94	47:57-106	48:56-	49:21 -
Strekktid	08:11	05:03-30	04:16-59	01:33-34	05:31-157	01:25-22	02:23-73	03:09-74	01:36-29	01:56-26	04:40-128	02:51-163	02:29-128	02:54-139	00:59-	00:25 -
Tid etter	+01:17#	+01:01&	+00:33#	+00:06	+02:39&	-00:05	+01:11&	-00:25	+00:07	-00:19	+02:57@	+01:12&	+01:10&	+02:31@	+00:59	+00:25

110	**Anne Line Nydal Berglia, Eiker OL**					**49:22**	**+15:20**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	10:45-140	18:35-142	23:27-135	25:41-135	29:29-135	31:00-125	33:57-126	37:31-127	39:49-129	42:05-127	44:23-122	46:39-122	48:52-123	49:22-113
Strekktid	10:45	07:50-149	04:52-101	02:14-143	03:48-118	01:31-29	02:57-115	03:34-108	02:18-161	02:16-93	02:18-82	02:16-137	02:13-108	00:30-70
Tid etter	+03:51&	+03:48&	+01:09&	+00:47&	+00:56&	+00:01	+01:45@	+00:00	+00:49&	+00:01	+00:35&	+00:37&	+00:54&	+00:07&

111	**Kjersti Adéla Westin, Porsgrunn OL**					**49:41**	**+15:39**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:37-122	17:30-133	22:15-125	24:29-126	28:11-127	30:32-123	32:21-113	37:06-125	39:20-126	41:58-126	44:32-123	46:54-124	49:10-124	49:41-114
Strekktid	09:37	07:53-150	04:45-94	02:14-143	03:42-108	02:21-89	01:49-49	04:45-160	02:14-158	02:38-131	02:34-99	02:22-147	02:16-112	00:31-80
Tid etter	+02:43&	+03:51&	+01:02&	+00:47&	+00:50&	+00:51&	+00:37&	+01:11&	+00:45&	+00:23#	+00:51&	+00:43&	+00:57&	+00:08&

112	**Maiken Økern Hågård, Konnerud IL**					**50:03**	**+16:01**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:24-82	16:40-121	20:38-101	22:17-99	23:41-71	27:14-87	29:59-87	32:15-78	33:57-76	35:57-76	40:57-95	42:36-91	45:35-98	48:24-109	49:35-	50:03 -
Strekktid	08:24	08:16-156	03:58-34	01:39-59	01:24-7	03:33-131	02:45-96	02:16-24	01:42-67	02:00-43	05:00-135	01:39-22	02:59-150	02:49-133	01:11-	00:28 -
Tid etter	+01:30#	+04:14@	+00:15	+00:12#	-01:28	+02:03@	+01:33@	-01:18	+00:13#	-00:15	+03:17@	+00:00	+01:40@	+02:26@	+01:11	+00:28

113	**Aurora Fossøy, NTNUI**					**50:07**	**+16:05**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	08:42-93	18:25-141	23:59-141	26:02-138	27:47-125	31:14-129	34:32-129	37:00-123	38:44-123	43:26-130	45:40-127	47:45-127	49:38-125	50:07-118
Strekktid	08:42	09:43-167	05:34-134	02:03-123	01:45-20	03:27-129	03:18-135	02:28-33	01:44-76	04:42-170	02:14-75	02:05-109	01:53-86	00:29-56
Tid etter	+01:48&	+05:41@	+01:51&	+00:36&	-01:07	+01:57@	+02:06@	-01:06	+00:15#	+02:27@	+00:31&	+00:26&	+00:34&	+00:06&

114	**Ingrid Undstad, Larvik OK**					**50:15**	**+16:13**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:58-129	18:04-137	22:22-127	24:17-125	25:38-100	28:53-113	31:40-105	33:51-92	35:27-90	37:31-89	42:12-103	43:55-102	46:21-102	48:50-110	49:49-	50:15 -
Strekktid	09:58	08:06-154	04:18-61	01:55-102	01:21-5	03:15-123	02:47-100	02:11-18	01:36-29	02:04-59	04:41-130	01:43-36	02:26-125	02:29-124	00:59-	00:26 -
Tid etter	+03:04&	+04:04@	+00:35#	+00:28&	-01:31	+01:45@	+01:35@	-01:23	+00:07	-00:11	+02:58@	+00:04	+01:07&	+02:06@	+00:59	+00:26

115	**Kaja Winsnes Nordhagen, Ås-NMBU Orientering**					**50:34**	**+16:32**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Total tid	08:58-102	15:09-89	19:22-84	21:06-82	24:20-79	26:30-79	27:48-64	31:13-61	32:58-62	35:01-61	40:00-81	42:23-85	46:05-101	48:52-111	50:06-	50:34 -
Strek ktid	08:58	06:11-91	04:13-54	01:44-75	03:14-86	02:10-81	01:18-16	03:25-97	01:45-83	02:03-51	04:59-134	02:23-149	03:42-165	02:47-131	01:14-	00:28 -
Tid etter	+02:04&	+02:09&	+00:30#	+00:17#	+00:22#	+00:40&	+00:06	-00:09	+00:16#	-00:12	+03:16@	+00:44&	+02:23@	+02:24@	+01:14	+00:28

116	**Ane Nielsen Solberg, NTNUI**					**50:56**	**+16:54**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	13:16-161	19:10-150	24:03-142	25:59-137	29:43-137	33:11-138	35:59-136	40:04-137	42:07-135	44:24-133	46:34-130	48:39-130	50:24-128	50:56-122
Strek ktid	13:16	05:54-78	04:53-104	01:56-107	03:44-113	03:28-130	02:48-102	04:05-143	02:03-138	02:17-97	02:10-63	02:05-109	01:45-73	00:32-95
Tid etter	+06:22&	+01:52&	+01:10&	+00:29&	+00:52&	+01:58@	+01:36@	+00:31#	+00:34&	+00:02	+00:27&	+00:26&	+00:26&	+00:09&

117	**Ingvild Wang, NTNUI**					**51:08**	**+17:06**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	11:49-153	20:09-157	24:39-145	26:46-145	30:29-142	32:02-134	35:11-133	39:25-134	41:29-134	44:01-131	46:25-129	48:36-129	50:37-129	51:08-126
Strek ktid	11:49	08:20-159	04:30-72	02:07-131	03:43-112	01:33-34	03:09-123	04:14-148	02:04-140	02:32-118	02:24-86	02:11-129	02:01-97	00:31-80
Tid etter	+04:55&	+04:18@	+00:47#	+00:40&	+00:51&	+00:03	+01:57@	+00:40#	+00:35&	+00:17#	+00:41&	+00:32&	+00:42&	+00:08&

118	**Hannah Malmei, NTNUI**					**51:34**	**+17:32**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:20-78	14:46-78	18:21-68	19:52-68	25:12-95	30:41-124	31:58-112	35:11-112	36:57-111	39:00-108	43:39-119	45:21-113	47:58-118	50:17-119	51:11-	51:34 -
Strek ktid	08:20	06:26-104	03:35-9	01:31-15	05:20-155	05:29-163	01:17-12	03:13-78	01:46-88	02:03-51	04:39-125	01:42-29	02:37-133	02:19-119	00:54-	00:23 -
Tid etter	+01:26#	+02:24&	-00:08	+00:04	+02:28&	+03:59@	+00:05	-00:21	+00:17#	-00:12	+02:56@	+00:03	+01:18&	+01:56@	+00:54	+00:23

=	**Ingvild Maalen-Johansen, Oppsal Orientering**					**51:34**	**+17:32**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:10-106	16:56-124	20:57-113	22:37-104	25:47-102	27:43-91	29:12-78	32:43-83	34:18-80	36:29-80	42:10-102	44:02-104	47:05-109	50:01-115	51:14-	51:34 -
Strek ktid	09:10	07:46-148	04:01-40	01:40-61	03:10-80	01:56-64	01:29-36	03:31-104	01:35-26	02:11-82	05:41-152	01:52-69	03:03-155	02:56-141	01:13-	00:20 -
Tid etter	+02:16&	+03:34&	+00:18	+00:13#	+00:18#	+00:26&	+00:17#	-00:03	+00:06	-00:04	+03:58@	+00:13#	+01:44@	+02:23@	+01:13	+00:20

120	**Nina Smestad, Løten o-lag**					**51:37**	**+17:35**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	12:20-156	18:49-143	24:04-143	26:14-142	30:07-140	32:42-136	34:34-130	39:00-132	41:14-131	44:14-132	46:39-131	48:51-131	51:05-131	51:37-128
Strek ktid	12:20	06:29-107	05:15-123	02:10-136	03:53-123	02:35-97	01:52-50	04:26-155	02:14-158	03:00-149	02:25-88	02:12-131	02:14-110	00:32-95
Tid etter	+05:26&	+02:27&	+01:32&	+00:43&	+01:01&	+01:05&	+00:40&	+00:52#	+00:45&	+00:45&	+00:42&	+00:33&	+00:55&	+00:09&

121	**Solveig Eline Berg, Tyrving IL**					**51:39**	**+17:37**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	10:21-132	17:18-131	23:08-133	24:53-131	26:27-112	33:48-141	37:17-139	39:58-135	42:12-136	44:25-134	46:52-132	49:06-132	51:08-132	51:39-129
Strek ktid	10:21	06:57-122	05:50-144	01:45-78	01:34-12	07:21-168	03:29-140	02:41-44	02:14-158	02:13-86	02:27-95	02:14-135	02:02-99	00:31-80

Tid etter	+03:27&	+02:55&	+02:07&	+00:18#	-01:18	+05:51@	+02:17@	-00:53	+00:45&	-00:02	+00:44&	+00:35&	+00:43&	+00:08&		
122	**Ane Sofie Næss Bjørgul, Halden SK**					**51:42**	**+17:40**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:31-115	16:50-123	21:03-116	22:46-107	28:19-128	33:18-139	37:54-142	40:25-138	42:31-139	45:09-137	47:24-135	49:21-133	51:11-133	51:42-130		
Strek ktid	09:31	07:19-135	04:13-54	01:43-71	05:33-159	04:59-156	04:36-157	02:31-36	02:06-143	02:38-131	02:15-76	01:57-95	01:50-81	00:31-80		
Tid etter	+02:37&	+03:17&	+00:30#	+00:16#	+02:41&	+03:29@	+03:24@	-01:03	+00:37&	+00:23#	+00:32&	+00:18#	+00:31&	+00:08&		
123	**Aurora Gjølsjø, OK Moss**					**51:43**	**+17:41**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:47-96	15:18-95	20:28-98	22:17-99	25:58-104	28:11-98	30:18-93	33:26-88	35:09-88	37:11-85	42:19-104	43:58-103	46:45-103	50:01-115	51:15-	51:43 -
Strek ktid	08:47	06:31-108	05:10-115	01:49-90	03:41-105	02:13-84	02:07-62	03:08-73	01:43-71	02:02-48	05:08-136	01:39-22	02:47-143	03:16-152	01:14-	00:28 -
Tid etter	+01:53&	+02:29&	+01:27&	+00:22&	+00:49&	+00:43&	+00:55&	-00:26	+00:14#	-00:13	+03:25@	+00:00	+01:28@	+02:53@	+01:14	+00:28
124	**Louise Oram, Bækkelagets SK**					**51:48**	**+17:46**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:00-141	16:12-115	20:52-112	22:57-113	27:05-120	28:49-112	30:06-90	33:37-89	35:23-89	37:21-88	42:34-106	44:21-105	47:04-108	50:02-117	51:20-	51:48 -
Strek ktid	11:00	05:12-38	04:40-86	02:05-129	04:08-131	01:44-53	01:17-12	03:31-104	01:46-88	01:58-34	05:13-139	01:47-50	02:43-137	02:58-146	01:18-	00:28 -
Tid etter	+04:06&	+01:10&	+00:57&	+00:38&	+01:16&	+00:14#	+00:05	-00:03	+00:17#	-00:17	+03:30@	+00:08	+01:24@	+02:35@	+01:18	+00:28
125	**Nina Asheim Birkeland, NTNUI**					**51:55**	**+17:53**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	104:35-170	111:19-170	115:38-170	117:25-170	120:53-170	122:31-170	125:12-170	128:33-170	130:30-170	132:24-170	137:40-170	139:29-170	142:24-170	145:20-170	146:33-	600:00-
Strek ktid	104:35	06:44-115	04:19-62	01:47-86	03:28-99	01:38-43	02:41-91	03:21-92	01:57-112	01:54-16	05:16-141	01:49-55	02:55-147	02:56-141	01:13-	453:27-
Tid etter	+1:37:41@	+02:42&	+00:36#	+00:20#	+00:36#	+00:08	+01:29@	-00:13	+00:28&	-00:21	+03:33@	+00:10#	+01:36@	+02:33@	+01:13	+7:33:27
126	**Britta Fismen, Fossum IF**					**52:00**	**+17:58**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	10:13-131	16:47-122	22:34-129	24:38-128	28:23-130	32:40-135	36:54-137	40:03-136	42:14-137	44:47-136	47:12-134	49:29-134	51:25-134	52:00-131		
Strek ktid	10:13	06:34-111	05:47-142	02:04-125	03:45-116	04:17-149	04:14-153	03:09-74	02:11-153	02:33-121	02:25-88	02:17-139	01:56-91	00:35-113		
Tid etter	+03:19&	+02:32&	+02:04&	+00:37&	+00:53&	+02:47@	+03:02@	-00:25	+00:42&	+00:18#	+00:42&	+00:38&	+00:37&	+00:12&		
127	**Ida Aurebekk, Kristiansand OK**					**52:01**	**+17:59**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:34-89	15:40-108	21:18-121	23:06-117	31:28-145	33:40-140	35:13-134	39:16-133	41:22-132	44:33-135	47:06-133	49:29-134	51:30-135	52:01-132		
Strek ktid	08:34	07:06-127	05:38-136	01:48-88	08:22-169	02:12-82	01:33-39	04:03-142	02:06-143	03:11-153	02:33-98	02:23-149	02:01-97	00:31-80		
Tid etter	+01:40#	+03:04&	+01:55&	+00:21#	+05:30@	+00:42&	+00:21&	+00:29#	+00:37&	+00:56&	+00:50&	+00:44&	+00:42&	+00:08&		

128	**Elin-Kristin Hem Olsen, Tyrving IL**					**52:13**	**+18:11**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:05-103	15:28-101	20:38-101	22:12-97	25:34-98	28:07-97	29:33-82	33:56-94	35:40-93	37:39-92	43:02-109	44:43-106	47:45-114	50:38-120	51:48-	52:13 -
Strek tid	09:05	06:23-100	05:10-115	01:34-40	03:22-93	02:33-93	01:26-29	04:23-152	01:44-76	01:59-37	05:23-145	01:41-27	03:02-153	02:53-138	01:10-	00:25 -
Tid etter	+02:11&	+02:21&	+01:27&	+00:07	+00:30#	+01:03&	+00:14#	+00:49#	+00:15#	-00:16	+03:40@	+00:02	+01:43@	+02:30@	+01:10	+00:25

129	**Vera Melkild, Freidig**					**52:34**	**+18:32**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:46-124	15:14-91	19:55-92	21:40-88	26:08-105	28:16-100	30:50-101	34:04-98	35:41-94	37:45-93	43:19-114	45:12-112	48:01-119	50:52-121	52:04-	52:34 -
Strek tid	09:46	05:28-52	04:41-88	01:45-78	04:28-139	02:08-78	02:34-85	03:14-80	01:37-33	02:04-59	05:34-148	01:53-71	02:49-145	02:51-135	01:12-	00:30 -
Tid etter	+02:52&	+01:26&	+00:58&	+00:18#	+01:36&	+00:38&	+01:22@	-00:20	+00:08	-00:11	+03:51@	+00:14#	+01:30@	+02:28@	+01:12	+00:30

130	**Alexandra Linløkken, Østmarka OK**					**52:37**	**+18:35**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:36-121	17:05-129	21:02-115	22:44-105	24:34-81	27:42-90	30:45-99	32:57-85	34:47-85	37:10-84	42:48-107	44:56-110	47:56-117	51:00-124	52:06-	52:37 -
Strek tid	09:36	07:29-142	03:57-33	01:42-67	01:50-24	03:08-115	03:03-119	02:12-19	01:50-97	02:23-107	05:38-150	02:08-119	03:00-152	03:04-150	01:06-	00:31 -
Tid etter	+02:42&	+03:27&	+00:14	+00:15#	-01:02	+01:38@	+01:51@	-01:22	+00:21#	+00:08	+03:55@	+00:29&	+01:41@	+02:41@	+01:06	+00:31

131	**Marie Line Furland, NTNUI**					**52:45**	**+18:43**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:16-75	15:30-103	20:29-99	23:28-121	26:27-112	29:29-117	33:11-120	35:27-113	37:15-113	39:24-113	44:16-121	45:55-121	48:40-121	51:03-125	52:16-	52:45 -
Strek tid	08:16	07:14-133	04:59-109	02:59-165	02:59-61	03:02-112	03:42-143	02:16-24	01:48-91	02:09-75	04:52-133	01:39-22	02:45-140	02:23-122	01:13-	00:29 -
Tid etter	+01:22#	+03:12&	+01:16&	+01:32@	+00:07	+01:32@	+02:30@	-01:18	+00:19#	-00:06	+03:09@	+00:00	+01:26@	+02:00@	+01:13	+00:29

132	**Åsne Haavengen, Kongsberg OL**					**52:51**	**+18:49**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:46-95	15:13-90	20:24-97	22:10-96	25:41-101	27:00-85	29:56-85	33:47-91	35:28-91	37:33-90	43:05-110	44:50-107	47:33-113	50:57-123	52:21-	52:51 -
Strek tid	08:46	06:27-105	05:11-117	01:46-82	03:31-101	01:19-14	02:56-112	03:51-131	01:41-63	02:05-64	05:32-147	01:45-42	02:43-137	03:24-154	01:24-	00:30 -
Tid etter	+01:52&	+02:25&	+01:28&	+00:19#	+00:39#	-00:11	+01:44@	+00:17	+00:12#	-00:10	+03:49@	+00:06	+01:24@	+03:01@	+01:24	+00:30

133	**Vendula Haldin, Halden SK**					**53:01**	**+18:59**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:32-116	16:09-114	20:11-96	22:06-94	25:09-94	28:28-103	32:25-114	34:40-108	36:24-107	38:28-104	43:52-120	45:34-119	48:22-120	51:18-127	52:32-	53:01 -
Strek tid	09:32	06:37-113	04:02-43	01:55-102	03:03-70	03:19-125	03:57-145	02:15-23	01:44-76	02:04-59	05:24-146	01:42-29	02:48-144	02:56-141	01:14-	00:29 -
Tid etter	+02:38&	+02:35&	+00:19	+00:28&	+00:11	+01:49@	+02:45@	-01:19	+00:15#	-00:11	+03:41@	+00:03	+01:29@	+02:23@	+01:14	+00:29

134	**Ingeborg Rognstad, Bodø og Omegn/Hadeland/Heming**					**53:12**	**+19:10**							
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14

Total tid	10:35-138	17:00-127	23:54-139	26:03-139	33:46-154	35:10-147	38:03-143	41:59-143	43:56-140	46:13-140	48:39-139	50:52-137	52:41-136	53:12-135		
Strekktid	10:35	06:25-102	06:54-158	02:09-135	07:43-168	01:24-20	02:53-106	03:56-135	01:57-112	02:17-97	02:26-90	02:13-133	01:49-79	00:31-80		
Tid etter	+03:41&	+02:23&	+03:11&	+00:42&	+04:51@	-00:06	+01:41@	+00:22#	+00:28&	+00:02	+00:43&	+00:34&	+00:30&	+00:08&		

135	**Ingrid Marie Stubban Hygen, Østmarka OK**					**54:06**	**+20:04**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:10-71	14:01-68	19:15-81	21:17-84	27:28-122	30:29-121	33:45-125	38:54-130	41:23-133	45:34-139	48:35-138	51:03-138	53:34-138	54:06-137		
Strekktid	08:10	05:51-73	05:14-121	02:02-120	06:11-163	03:01-110	03:16-133	05:09-164	02:29-165	04:11-168	03:01-112	02:28-154	02:31-130	00:32-95		
Tid etter	+01:16#	+01:49&	+01:31&	+00:35&	+03:19@	+01:31@	+02:04@	+01:35&	+01:00&	+01:56&	+01:18&	+00:49&	+01:12&	+00:09&		

136	**Sølvi Fossøy, Eiker OL**					**54:13**	**+20:11**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:17-145	18:02-136	25:21-149	27:29-147	31:33-146	34:23-143	37:14-138	41:55-141	43:57-141	47:01-143	49:27-141	51:39-139	53:42-139	54:13-138		
Strekktid	11:17	06:45-116	07:19-164	02:08-133	04:04-130	02:50-104	02:51-104	04:41-159	02:02-135	03:04-151	02:26-90	02:12-131	02:03-100	00:31-80		
Tid etter	+04:23&	+02:43&	+03:36&	+00:41&	+01:12&	+01:20&	+01:39@	+01:07&	+00:33&	+00:49&	+00:43&	+00:33&	+00:44&	+00:08&		

137	**Tora Aasheim Nymark, Varegg Fleridrett**					**54:28**	**+20:26**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:18-146	19:25-153	25:44-151	28:06-150	32:43-150	34:37-145	37:48-141	41:49-140	44:09-143	46:42-142	49:25-140	51:46-140	53:56-140	54:28-139		
Strekktid	11:18	08:07-155	06:19-150	02:22-148	04:37-144	01:54-62	03:11-127	04:01-141	02:20-163	02:33-121	02:43-108	02:21-146	02:10-105	00:32-95		
Tid etter	+04:24&	+04:05@	+02:36&	+00:55&	+01:45&	+00:24&	+01:59@	+00:27#	+00:51&	+00:18#	+01:00&	+00:42&	+00:51&	+00:09&		

138	**Silje Arntzen, NTNUI/Emblem**					**54:32**	**+20:30**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:48-126	17:50-135	21:39-122	23:34-123	26:22-107	29:59-118	33:08-118	35:55-117	37:31-115	40:11-115	45:29-126	47:14-126	49:51-127	52:47-133	54:00-	54:32 -
Strekktid	09:48	08:02-152	03:49-23	01:55-102	02:48-51	03:37-134	03:09-123	02:47-52	01:36-29	02:40-134	05:18-143	01:45-42	02:37-133	02:56-141	01:13-	00:32 -
Tid etter	+02:54&	+04:00&	+00:06	+00:28&	-00:04	+02:07@	+01:57@	-00:47	+00:07	+00:25#	+03:35@	+00:06	+01:18&	+02:33@	+01:13	+00:32

139	**Solveig Blandkjenn, Tyrving IL**					**54:50**	**+20:48**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:13-108	14:36-75	20:38-101	22:31-102	26:24-108	27:56-94	30:42-98	34:18-105	36:14-105	38:42-106	44:46-124	46:39-122	49:45-126	53:09-134	54:20-	54:50 -
Strekktid	09:13	05:23-49	06:02-147	01:53-98	03:53-123	01:32-31	02:46-98	03:36-112	01:56-109	02:28-113	06:04-159	01:53-71	03:06-158	03:24-154	01:11-	00:30 -
Tid etter	+02:19&	+01:21&	+02:19&	+00:26&	+01:01&	+00:02	+01:34@	+00:02	+00:27&	+00:13	+04:21@	+00:14#	+01:47@	+03:01@	+01:11	+00:30

140	**Hilde Vassend, Porsgrunn OL**					**55:10**	**+21:08**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	14:39-166	21:04-163	27:36-160	29:47-156	34:11-158	35:45-149	38:56-144	43:04-145	45:17-145	47:42-144	50:18-142	52:27-141	54:39-141	55:10-140		
Strekktid	14:39	06:25-102	06:32-155	02:11-137	04:24-138	01:34-36	03:11-127	04:08-145	02:13-156	02:25-110	02:36-103	02:09-124	02:12-107	00:31-80		

Tid etter	+07:45@	+02:23&	+02:49&	+00:44&	+01:32&	+00:04	+01:59@	+00:34#	+00:44&	+00:10	+00:53&	+00:30&	+00:53&	+00:08&		
141	**Anniken Ranvik, Konnerud IL**					**55:32**	**+21:30**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	13:17-162	19:06-148	25:33-150	28:23-152	30:15-141	34:09-142	40:35-149	43:00-144	44:45-144	48:43-146	51:23-144	53:19-142	55:01-142	55:32-141		
Strekktid	13:17	05:49-67	06:27-152	02:50-164	01:52-27	03:54-140	06:26-168	02:25-30	01:45-83	03:58-167	02:40-106	01:56-91	01:42-68	00:31-80		
Tid etter	+06:23&	+01:47&	+02:44&	+01:23&	-01:00	+02:24@	+05:14@	-01:09	+00:16#	+01:43&	+00:57&	+00:17#	+00:23&	+00:08&		
142	**Gøril Eide, Byåsen IL**					**55:36**	**+21:34**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	08:47-96	15:06-88	20:04-93	22:15-98	24:36-83	28:22-101	33:43-124	36:27-119	38:24-119	40:59-120	46:19-128	48:03-128	51:02-130	53:53-136	55:06-	55:36 -
Strekktid	08:47	06:19-96	04:58-107	02:11-137	02:21-41	03:46-137	05:21-162	02:44-46	01:57-112	02:35-124	05:20-144	01:44-38	02:59-150	02:51-135	01:13-	00:30 -
Tid etter	+01:53&	+02:17&	+01:15&	+00:44&	-00:31	+02:16@	+04:09@	-00:50	+00:28&	+00:20#	+03:37@	+00:05	+01:40@	+02:28@	+01:13	+00:30
143	**Marit Isachsen, Asker Skiklubb**					**56:35**	**+22:33**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:25-149	21:02-162	25:46-152	28:00-148	35:21-161	38:54-158	41:00-155	45:14-153	47:50-155	50:17-150	52:24-145	54:26-143	56:06-143	56:35-142		
Strekktid	11:25	09:37-166	04:44-91	02:14-143	07:21-167	03:33-131	02:06-61	04:14-148	02:36-166	02:27-112	02:07-58	02:02-104	01:40-64	00:29-56		
Tid etter	+04:31&	+05:35@	+01:01&	+00:47&	+04:29@	+02:03@	+00:54&	+00:40#	+01:07&	+00:12	+00:24#	+00:23#	+00:21&	+00:06&		
144	**Emilie Westin, Nydalens SK**					**56:55**	**+22:53**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:35-119	18:50-144	23:30-137	25:22-134	26:57-117	31:16-130	43:16-161	45:54-155	47:32-154	50:17-150	52:34-146	54:47-144	56:33-144	56:55-144		
Strekktid	09:35	09:15-165	04:40-86	01:52-96	01:35-13	04:19-150	12:00-170	02:38-40	01:38-38	02:45-139	02:17-81	02:13-133	01:46-75	00:22-2		
Tid etter	+02:41&	+05:13@	+00:57&	+00:25&	-01:17	+02:49@	+10:48@	-00:56	+00:09#	+00:30#	+00:34&	+00:34&	+00:27&	-00:01		
145	**Sunniva Omdal, NTNUI**					**58:22**	**+24:20**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	10:23-133	16:59-125	22:48-131	24:49-130	28:50-131	31:41-133	33:22-121	37:35-128	39:36-127	41:55-125	47:58-136	50:03-136	53:05-137	56:38-143	57:51-	58:22 -
Strekktid	10:23	06:36-112	05:49-143	02:01-119	04:01-128	02:51-105	01:41-43	04:13-147	02:01-131	02:19-102	06:03-157	02:05-109	03:02-153	03:33-160	01:13-	00:31 -
Tid etter	+03:29&	+02:34&	+02:06&	+00:34&	+01:09&	+01:21&	+00:29&	+00:39#	+00:32&	+00:04	+04:20@	+00:26&	+01:43@	+03:10@	+01:13	+00:31
146	**Nina Jeanette Tollehaug, Eiker OL**					**59:30**	**+25:28**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	09:46-124	16:35-120	23:34-138	26:07-141	28:53-133	34:45-146	41:02-156	44:47-152	47:14-152	50:34-153	53:24-148	56:19-148	58:59-147	59:30-145		
Strekktid	09:46	06:49-118	06:59-159	02:33-156	02:46-48	05:52-165	06:17-165	03:45-122	02:27-164	03:20-158	02:50-110	02:55-164	02:40-135	00:31-80		
Tid etter	+02:52&	+02:47&	+03:16&	+01:06&	-00:06	+04:22@	+05:05@	+00:11	+00:58&	+01:05&	+01:07&	+01:16&	+01:21@	+00:08&		
147	**Christine Hoen, Eiker OL**					**59:35**	**+25:33**									

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:06-143	23:53-166	28:53-164	30:51-162	35:45-163	38:59-160	40:38-151	45:55-156	47:59-156	50:39-154	53:54-149	56:40-150	59:02-148	59:35-146		
Strekktid	11:06	12:47-169	05:00-111	01:58-111	04:54-148	03:14-121	01:39-41	05:17-167	02:04-140	02:40-134	03:15-115	02:46-162	02:22-121	00:33-105		
Tid etter	+04:12&	+08:45@	+01:17&	+00:31&	+02:02&	+01:44@	+00:27&	+01:43&	+00:35&	+00:25#	+01:32&	+01:07&	+01:03&	+00:10&		

148	**Ingrid Eide Rapp, Raumar Orientering**					**59:55**	**+25:53**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	12:20-156	19:40-155	26:09-155	28:22-151	30:58-144	36:00-151	40:35-149	44:04-147	47:05-151	50:50-155	53:59-151	56:39-149	59:13-149	59:55-147		
Strekktid	12:20	07:20-136	06:29-154	02:13-142	02:36-44	05:02-158	04:35-156	03:29-100	03:01-168	03:45-165	03:09-114	02:40-158	02:34-132	00:42-114		
Tid etter	+05:26&	+03:18&	+02:46&	+00:46&	-00:16	+03:32@	+03:23@	-00:05	+01:32@	+01:30&	+01:26&	+01:01&	+01:15&	+00:19&		

149	**Tiri Rebård, Sandefjord OK**					**1:02:02**	**+28:00**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:52-154	20:49-160	27:26-159	29:58-157	32:03-147	37:04-154	42:42-158	46:47-160	49:49-161	52:52-161	55:57-152	58:40-154	61:20-153	62:02-149		
Strekktid	11:52	08:57-164	06:37-156	02:32-154	02:05-37	05:01-157	05:38-164	04:05-143	03:02-169	03:03-150	03:05-113	02:43-161	02:40-135	00:42-114		
Tid etter	+04:58&	+04:55@	+02:54&	+01:05&	-00:47	+03:31@	+04:26@	+00:31#	+01:33@	+00:48&	+01:22&	+01:04&	+01:21@	+00:19&		

150	**Linn Mei Waaler, Ås-NMBU Orientering**					**1:03:16**	**+29:14**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	13:11-160	20:14-158	26:36-157	30:12-158	35:14-160	40:33-162	46:55-165	50:30-164	52:41-163	55:30-163	58:20-158	60:45-158	62:42-156	63:16-150		
Strekktid	13:11	07:03-125	06:22-151	03:36-167	05:02-150	05:19-160	06:22-167	03:35-110	02:11-153	02:49-141	02:50-110	02:25-152	01:57-94	00:34-108		
Tid etter	+06:17&	+03:01&	+02:39&	+02:09@	+02:10&	+03:49@	+05:10@	+00:01	+00:42&	+00:34&	+01:07&	+00:46&	+00:38&	+00:11&		

151	**Malene Instanes, Sturla, IF**					**1:03:18**	**+29:16**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	15:08-167	21:00-161	28:04-162	30:21-159	34:10-157	38:41-157	40:11-148	44:10-150	46:09-147	48:43-146	53:55-150	55:44-146	58:39-146	61:40-148	62:47-	63:18 -
Strekktid	15:08	05:52-76	07:04-161	02:17-147	03:49-120	04:31-153	01:30-38	03:59-140	01:59-124	02:34-123	05:12-138	01:49-55	02:55-147	03:01-149	01:07-	00:31 -
Tid etter	+08:14@	+01:50&	+03:21&	+00:50&	+00:57&	+03:01@	+00:18#	+00:25#	+00:30&	+00:19#	+03:29@	+00:10#	+01:36@	+02:38@	+01:07	+00:31

152	**Marie Lindløv Jensen, OK Moss**					**1:03:56**	**+29:54**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:22-148	19:38-154	30:14-166	32:16-165	41:23-166	44:48-165	46:31-164	51:19-165	53:28-164	56:23-164	59:05-161	61:31-160	63:22-157	63:56-152		
Strekktid	11:22	08:16-156	10:36-170	02:02-120	09:07-170	03:25-128	01:43-46	04:48-161	02:09-151	02:55-146	02:42-107	02:26-153	01:51-83	00:34-108		
Tid etter	+04:28&	+04:14@	+06:53@	+00:35&	+06:15@	+01:55@	+00:31&	+01:14&	+00:40&	+00:40&	+00:59&	+00:47&	+00:32&	+00:11&		

153	**Brita Opheim Sauar, IL Koll**					**1:04:33**	**+30:31**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	08:32-88	17:04-128	22:26-128	24:34-127	29:48-138	31:13-128	40:42-152	46:09-158	53:57-165	57:12-165	59:51-163	61:50-163	64:03-160	64:33-155		

Strek ktid	08:32	08:32-161	05:22-128	02:08-133	05:14-154	01:25-22	09:29-169	05:27-169	07:48-170	03:15-157	02:39-105	01:59-98	02:13-108	00:30-70		
Tid etter	+01:38#	+04:30@	+01:39&	+00:41&	+02:22&	-00:05	+08:17@	+01:53&	+06:19@	+01:00&	+00:56&	+00:20#	+00:54&	+00:07&		
154	**Camilla Hengebøl, Frol IL**					**1:05:19**	**+31:17**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	10:43-139	18:11-139	24:26-144	26:21-143	30:41-143	32:45-137	35:56-135	40:30-139	42:19-138	45:23-138	51:09-143	57:17-151	60:22-151	63:50-151	65:19-	00:00 -
Strek ktid	10:43	07:28-141	06:15-149	01:55-102	04:20-136	02:04-72	03:11-127	04:34-157	01:49-93	03:04-151	05:46-154	06:08-168	03:05-157	03:28-157	01:29-	-
Tid etter	+03:49&	+03:26&	+02:32&	+00:28&	+01:28&	+00:34&	+01:59@	+01:00&	+00:20#	+00:49&	+04:03@	+04:29@	+01:46@	+03:05@	+01:29	-
155	**Ada Wulfsberg, Nydalens SK**					**1:05:41**	**+31:39**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:21-147	17:27-132	22:40-130	25:19-133	29:35-136	31:08-126	34:04-128	37:56-129	39:46-128	42:07-128	48:10-137	56:11-147	59:27-150	63:56-152	65:13-	65:41 -
Strek ktid	11:21	06:06-87	05:13-119	02:39-158	04:16-134	01:33-34	02:56-112	03:52-132	01:50-97	02:21-105	06:03-157	08:01-169	03:16-161	04:29-165	01:17-	00:28 -
Tid etter	+04:27&	+02:04&	+01:30&	+01:12&	+01:24&	+00:03	+01:44@	+00:18	+00:21#	+00:06	+04:20@	+06:22@	+01:57@	+04:06@	+01:17	+00:28
156	**Kaja Samuelsen Skiri, Bodø og Omegn/Hadeland/Heming**					**1:05:42**	**+31:40**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	10:24-134	17:47-134	23:17-134	26:05-140	30:06-139	35:55-150	40:55-154	43:29-146	45:26-146	48:39-145	56:13-153	58:09-152	60:54-152	64:08-154	65:12-	65:42 -
Strek ktid	10:24	07:23-139	05:30-131	02:48-163	04:01-128	05:49-164	05:00-158	02:34-37	01:57-112	03:13-155	07:34-168	01:56-91	02:45-140	03:14-151	01:04-	00:30 -
Tid etter	+03:30&	+03:21&	+01:47&	+01:21&	+01:09&	+04:19@	+03:48@	-01:00	+00:28&	+00:58&	+05:51@	+00:17#	+01:26@	+02:51@	+01:04	+00:30
157	**Trude Fixdal, IL Koll**					**1:08:03**	**+34:01**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:05-142	19:09-149	26:30-156	29:09-154	34:13-159	40:37-163	44:17-162	47:09-161	49:09-159	51:50-157	57:43-157	59:30-156	62:33-154	66:03-156	67:29-	68:03 -
Strek ktid	11:05	08:04-153	07:21-165	02:39-158	05:04-151	06:24-166	03:40-142	02:52-58	02:00-127	02:41-136	05:53-155	01:47-50	03:03-155	03:30-158	01:26-	00:34 -
Tid etter	+04:11&	+04:02&	+03:38&	+01:12&	+02:12&	+04:54@	+02:28@	-00:42	+00:31&	+00:26#	+04:10@	+00:08	+01:44@	+03:07@	+01:26	+00:34
158	**Kårhild Husby Nordstad, Varegg Fleridrett**					**1:08:08**	**+34:06**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:12-144	18:09-138	23:27-135	25:52-136	32:08-148	37:32-156	39:26-147	44:36-151	46:44-149	49:40-149	56:59-155	59:07-155	62:39-155	66:06-157	67:41-	68:08 -
Strek ktid	11:12	06:57-122	05:18-125	02:25-150	06:16-164	05:24-161	01:54-51	05:10-165	02:08-148	02:56-147	07:19-167	02:08-119	03:32-164	03:27-156	01:35-	00:27 -
Tid etter	+04:18&	+02:55&	+01:35&	+00:58&	+03:24@	+03:54@	+00:42&	+01:36&	+00:39&	+00:41&	+05:36@	+00:29&	+02:13@	+03:04@	+01:35	+00:27
159	**Amanda Skyttersæter Saugerud, Konnerud IL**					**1:08:48**	**+34:46**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:28-150	18:13-140	23:54-139	28:51-153	33:20-152	35:38-148	38:59-145	44:09-149	46:11-148	49:24-148	56:15-154	58:39-153	63:28-158	67:02-158	68:19-	68:48 -
Strek ktid	11:28	06:45-116	05:41-137	04:57-168	04:29-141	02:18-87	03:21-136	05:10-165	02:02-135	03:13-155	06:51-163	02:24-151	04:49-169	03:34-161	01:17-	00:29 -
Tid etter	+04:34&	+02:43&	+01:58&	+03:30@	+01:37&	+00:48&	+02:09@	+01:36&	+00:33&	+00:58&	+05:08@	+00:45&	+03:30@	+03:11@	+01:17	+00:29

160	**Synne Skjærstein, Tyrving IL**					**1:09:46**	**+35:44**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	10:28-135	19:13-151	25:55-154	28:00-148	32:56-151	34:25-144	37:27-140	41:57-142	44:05-142	46:33-141	52:51-147	55:13-145	58:24-145	67:45-159	69:17-	69:46 -
Strekktid	10:28	08:45-163	06:42-157	02:05-129	04:56-149	01:29-26	03:02-117	04:30-156	02:08-148	02:28-113	06:18-161	02:22-147	03:11-159	09:21-170	01:32-	00:29 -
Tid etter	+03:34&	+04:43@	+02:59&	+00:38&	+02:04&	-00:01	+01:50@	+00:56&	+00:39&	+00:13	+04:35@	+00:43&	+01:52@	+08:58@	+01:32	+00:29

161	**Stine Frogner Tømmervold, Hamar OK**					**1:10:16**	**+36:14**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	13:25-163	21:48-164	29:12-165	31:05-163	37:08-164	39:13-161	43:11-160	47:34-162	49:36-160	52:30-160	58:36-159	60:46-159	64:08-161	68:13-160	69:52-	70:16 -
Strekktid	13:25	08:23-160	07:24-166	01:53-98	06:03-162	02:05-74	03:58-146	04:23-152	02:02-135	02:54-145	06:06-160	02:10-127	03:22-162	04:05-163	01:39-	00:24 -
Tid etter	+06:31&	+04:21@	+03:41&	+00:26&	+03:11@	+00:35&	+02:46@	+00:49#	+00:33&	+00:39&	+04:23@	+00:31&	+02:03@	+03:42@	+01:39	+00:24

162	**Marianne Dæhli, Nydalens SK**					**1:10:30**	**+36:28**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:48-152	18:50-144	26:54-158	29:23-155	33:57-156	37:10-155	39:10-146	44:06-148	46:59-150	50:33-152	57:06-156	60:12-157	63:40-159	68:26-161	69:59-	70:30 -
Strekktid	11:48	07:02-124	08:04-169	02:29-153	04:34-143	03:13-120	02:00-56	04:56-162	02:53-167	03:34-161	06:33-162	03:06-165	03:28-163	04:46-167	01:33-	00:31 -
Tid etter	+04:54&	+03:00&	+04:21@	+01:02&	+01:42&	+01:43@	+00:48&	+01:22&	+01:24&	+01:19&	+04:50@	+01:27&	+02:09@	+04:23@	+01:33	+00:31

163	**Solveig Moen Letmolie, Eiker OL**					**1:10:56**	**+36:54**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	11:35-151	19:18-152	25:03-147	27:15-146	33:43-153	38:55-159	43:06-159	46:04-157	48:23-157	52:02-159	59:15-162	61:47-162	65:42-162	69:14-162	70:30-	70:56 -
Strekktid	11:35	07:43-145	05:45-141	02:12-139	06:28-165	05:12-159	04:11-150	02:58-63	02:19-162	03:39-162	07:13-166	02:32-157	03:55-166	03:32-159	01:16-	00:26 -
Tid etter	+04:41&	+03:41&	+02:02&	+00:45&	+03:36@	+03:42@	+02:59@	-00:36	+00:50&	+01:24&	+05:30@	+00:53&	+02:36@	+03:09@	+01:16	+00:26

164	**Anne Marthe Peveri, Eiker OL**					**1:12:05**	**+38:03**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	12:46-158	20:40-159	27:54-161	30:35-160	35:23-162	37:00-153	42:15-157	46:39-159	48:48-158	51:59-158	59:02-160	61:32-161	65:48-163	70:04-163	71:34-	719:05-
Strekktid	12:46	07:54-151	07:14-163	02:41-161	04:48-145	01:37-41	05:15-161	04:24-154	02:09-151	03:11-153	07:03-164	02:30-156	04:16-168	04:16-164	01:30-	647:31-
Tid etter	+05:52&	+03:52&	+03:31&	+01:14&	+01:56&	+00:07	+04:03@	+00:50#	+00:40&	+00:56&	+05:20@	+00:51&	+02:57@	+03:53@	+01:30	+10:47:31

165	**Silje Marie Våge, Asker Skiklubb**					**1:14:50**	**+40:48**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	74:50-	00:00 -
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

166	**Julie Christiansen, Kristiansand OK**					**1:16:50**	**+42:48**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

Total tid	14:34-165	22:01-165	28:28-163	31:07-164	33:46-154	41:31-164	45:59-163	49:13-163	51:18-162	55:03-162	62:48-164	65:06-164	69:02-164	75:00-164	76:23-	76:50 -
Strek ktid	14:34	07:27-140	06:27-152	02:39-158	02:39-45	07:45-169	04:28-154	03:14-80	02:05-142	03:45-165	07:45-169	02:18-140	03:56-167	05:58-169	01:23-	00:27 -
Tid etter	+07:40@	+03:25&	+02:44&	+01:12&	-00:13	+06:15@	+03:16@	-00:20	+00:36&	+01:30&	+06:02@	+00:39&	+02:37@	+05:35@	+01:23	+00:27

167	**Ingrid Lund Hovden, Tyrving IL**					**1:16:52**	**+42:50**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	11:58-155	19:43-156	25:47-153	32:59-166	37:48-165	56:43-168	58:39-168	63:44-167	65:47-167	69:17-167	71:46-166	74:14-166	76:22-166	76:52-165		
Strek ktid	11:58	07:45-147	06:04-148	07:12-170	04:49-146	18:55-170	01:56-52	05:05-163	02:03-138	03:30-160	02:29-96	02:28-154	02:08-104	00:30-70		
Tid etter	+05:04&	+03:43&	+02:21&	+05:45@	+01:57&	+17:25@	+00:44&	+01:31&	+00:34&	+01:15&	+00:46&	+00:49&	+00:49&	+00:07&		

168	**Mariell Arntzen, IL Gular / Nydalens SK**					**1:19:02**	**+45:00**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	27:25-169	33:39-167	39:21-167	41:44-167	43:37-167	48:31-166	52:42-166	55:21-166	57:19-166	60:16-166	66:14-165	68:13-165	71:25-165	77:06-166	78:30-	79:02 -
Strek ktid	27:25	06:14-95	05:42-139	02:23-149	01:53-29	04:54-155	04:11-150	02:39-42	01:58-119	02:57-148	05:58-156	01:59-98	03:12-160	05:41-168	01:24-	00:32 -
Tid etter	+20:31@	+02:12&	+01:59&	+00:56&	-00:59	+03:24@	+02:59@	-00:55	+00:29&	+00:42&	+04:15@	+00:20#	+01:53@	+05:18@	+01:24	+00:32

169	**Sara Mathisen, Porsgrunn OL**					**1:25:59**	**+51:57**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	09:55-128	17:16-130	25:11-148	30:38-161	32:18-149	36:47-152	40:45-153	45:24-154	47:15-153	50:55-156	75:35-167	77:38-167	80:23-167	84:07-167	85:26-	85:59 -
Strek ktid	09:55	07:21-138	07:55-168	05:27-169	01:40-19	04:29-152	03:58-146	04:39-158	01:51-102	03:40-163	24:40-170	02:03-106	02:45-140	03:44-162	01:19-	00:33 -
Tid etter	+03:01&	+03:19&	+04:12@	+04:00@	-01:12	+02:59@	+02:46@	+01:05&	+00:22#	+01:25&	+22:57@	+00:24#	+01:26@	+03:21@	+01:19	+00:33

170	**Annette Cecilie Arentz, Sandefjord OK**					**1:29:58**	**+55:56**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	26:21-168	35:00-168	42:41-168	45:27-168	50:16-168	55:41-167	58:01-167	64:14-168	66:10-168	70:21-168	77:30-168	80:12-168	83:07-168	87:46-168	89:17-	89:58 -
Strek ktid	26:21	08:39-162	07:41-167	02:46-162	04:49-146	05:25-162	02:20-69	06:13-170	01:56-109	04:11-168	07:09-165	02:42-160	02:55-147	04:39-166	01:31-	00:41 -
Tid etter	+19:27@	+04:37@	+03:58@	+01:19&	+01:57&	+03:55@	+01:08&	+02:39&	+00:27&	+01:56&	+05:26@	+01:03&	+01:36@	+04:16@	+01:31	+00:41

171	**Anna Sofie Hoff, Kristiansand OK**					**1:38:39**	**+1:04:37**									
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14		
Total tid	13:35-164	40:23-169	47:23-169	50:32-169	56:03-169	58:45-169	63:15-169	68:39-169	70:23-169	74:03-169	78:40-169	90:56-169	97:30-169	98:39-169		
Strek ktid	13:35	26:48-170	07:00-160	03:09-166	05:31-157	02:42-102	04:30-155	05:24-168	01:44-76	03:40-163	04:37-124	12:16-170	06:34-170	01:09-116		
Tid etter	+06:41&	+22:46@	+03:17&	+01:42@	+02:39&	+01:12&	+03:18@	+01:50&	+00:15#	+01:25&	+02:54@	+10:37@	+05:15@	+00:46@		

DNF	**Anny Horge Rogne, OL Tønsberg og omegn**															
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-	00:00 -
Strek ktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

DNF . ., Tyrving IL

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-	00:00 -
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

DNF . ., Fossum IF

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-	00:00 -
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

DNF . ., Raumar Orientering

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-	00:00 -
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-

DSQ Mina Jørgensen, Tyrving IL

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	24:39-0	25:44-0	00:00-0	00:00-0	00:00-0	00:00-0	43:11-0	45:43-0
Strekktid	00:00	-	-	-	-	-	-	01:05-0	-	-	-	-	-	02:32-0
Tid etter	-	-	-	-	-	-	-	-02:29	-	-	-	-	-	+02:09@

DSQ Ingrid Blindheim, Lillomarka OL

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	09:14-0	17:19-0	21:30-0	23:25-0	00:00-0	32:51-0	35:50-0	38:53-0	40:32-0	43:00-0	45:23-0	47:29-0	49:11-0	49:40-0
Strekktid	09:14	08:05-0	04:11-0	01:55-102	-	-	02:59-0	03:03-66	01:39-47	02:28-113	02:23-0	02:06-115	01:42-68	00:29-56
Tid etter	+02:20&	+04:03@	+00:28#	+00:28&	-	-	+01:47@	-00:31	+00:10#	+00:13	+00:40&	+00:27&	+00:23&	+00:06&

DSQ Ingeborg Kvarme, Sturla, IF

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	49:14-0	00:00-0	66:32-0	69:27-0
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	02:55-0
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	+02:32@

DSQ Stella Holmbo, Tyrving IL

Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	60:44-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	62:44-	73:31 -
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	10:47 -

Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	+10:47

DSQ	**Julie Eikeland, OL Tønsberg og omegn**													
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	648:19-0
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-