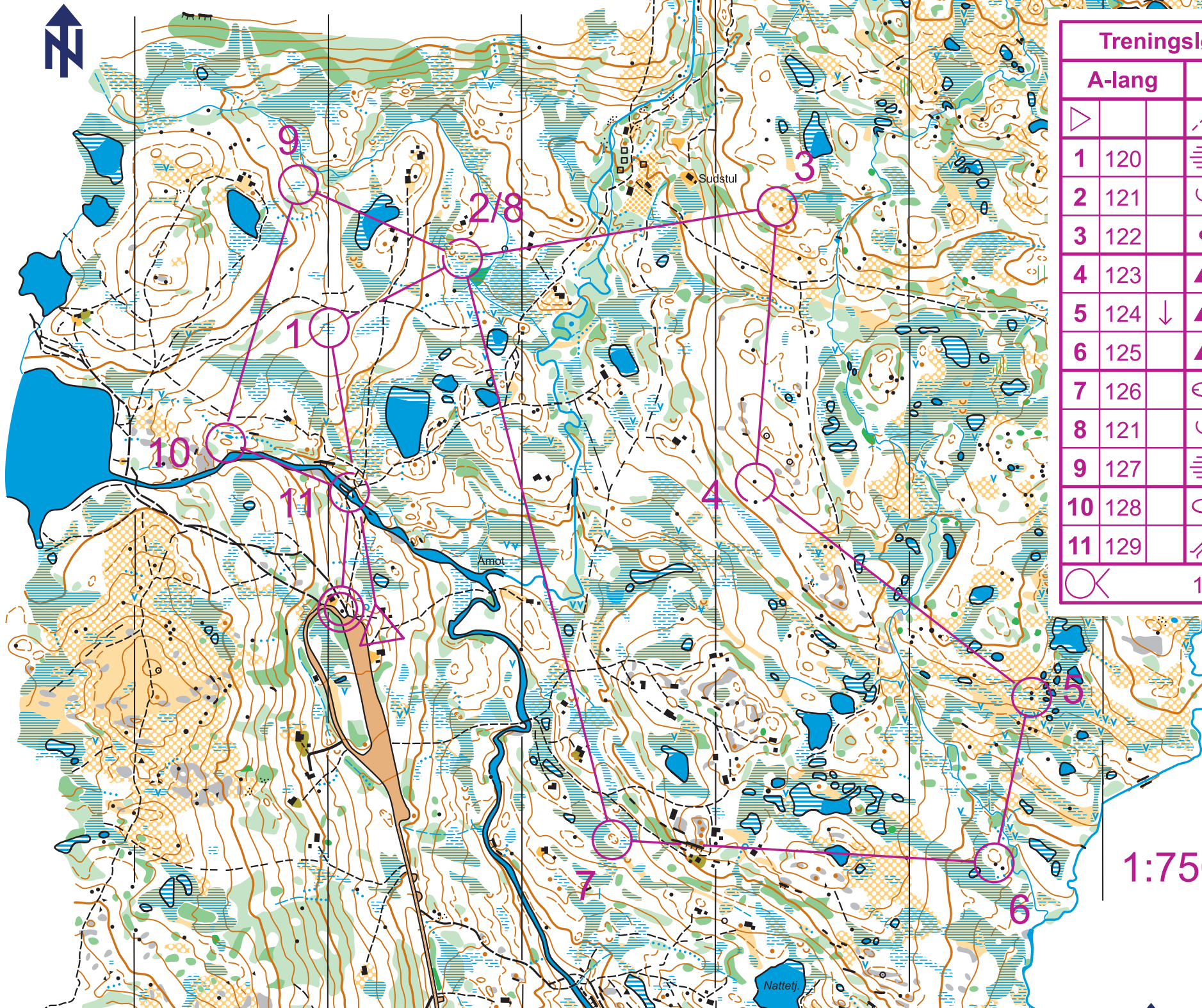




Treningsløp 12.09.2019

A-lang		5,0 km			
▷		/	Y		
1	120	≡			
2	121	∪			
3	122	•			≡
4	123	▲			♀
5	124	↓	▲		♀
6	125	▲			♀
7	126	⊖			
8	121	∪			
9	127	≡			
10	128	○			♀
11	129	∕			
⊗		180 m		⊗	

1:7500