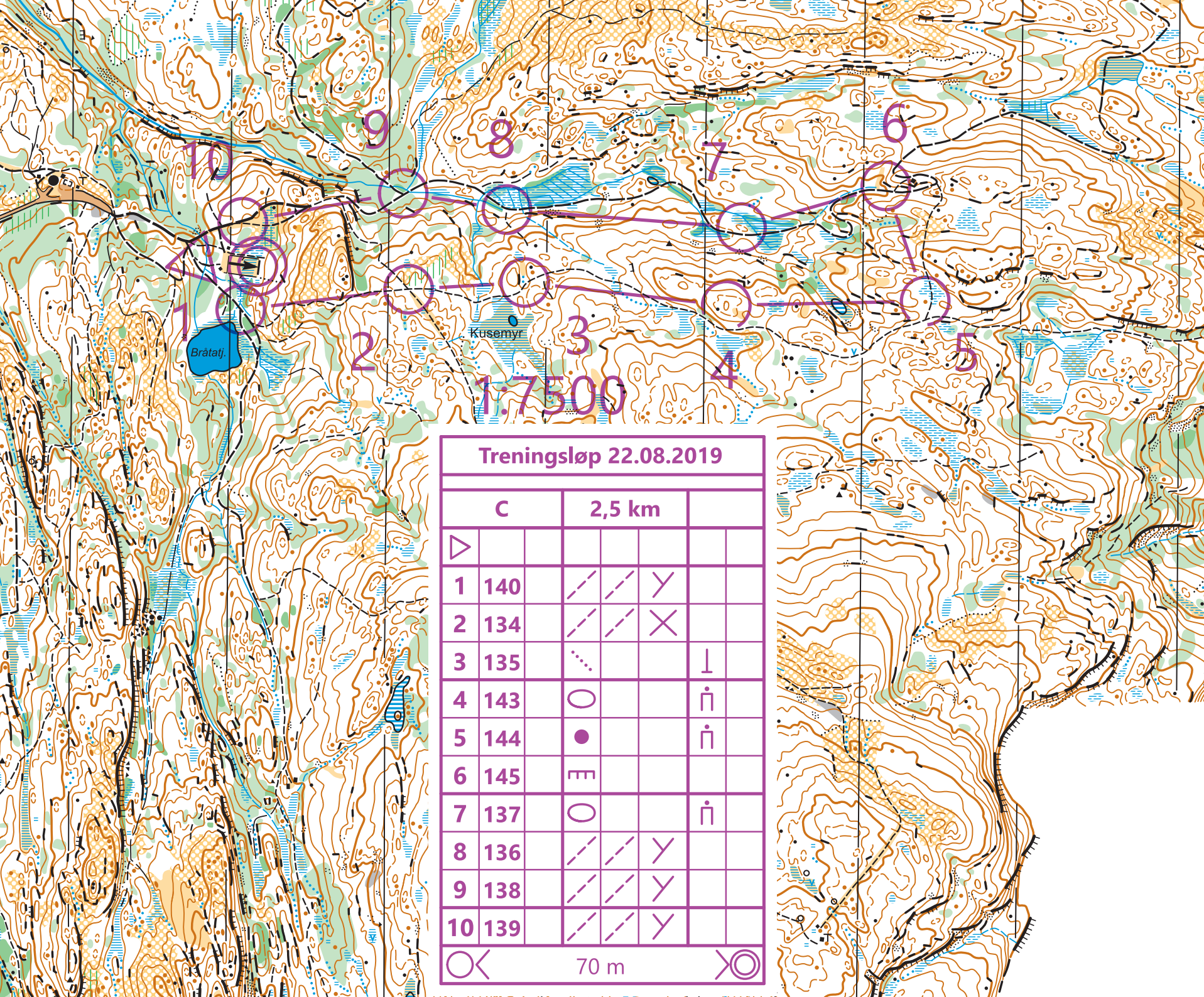


Treningsløp 22.08.2019

C			2,5 km				
▷							
1	140						
2	134						
3	135					⊥	
4	143						
5	144						
6	145						
7	137						
8	136						
9	138						
10	139						
			70 m				