

Sørlandsgaloppen 2019 Porsgrunn OL og Skien OK			Sammenlagresultat 2 løp teller		Skien Fritidspark	
Plass	Løper	# Totalt	Løp 1	Løp 2		
D 13-14						
1	Synne Sandven	39:24	14:31-1	24:53-1	316	00:00
	Notodden OL	2000	1000	1000		
2	Anna Taksdal	41:55	15:19-2	26:36-2	318	02:31
	Ganddal IL	1949	984	965		
3	Anne Østvold	48:46	17:32-3	31:14-3	317	09:22
	Heming Orientering	1812	939	873		
4	Maren Aure Skogedal	49:59	18:13-4	31:46-4	314	10:35
	Asker Skiklubb	1788	926	862		
5	Vilde Aakre Leistad	51:17	18:54-6	32:23-5	311	11:53
	Skien OK	1762	912	850		
6	Mari Kalleson	54:56	19:03-7	35:53-9	313	15:32
	Oppsal Orientering	1689	909	780		
7	Iselin Høivold	55:05	22:11-11	32:54-7	321	15:41
	Kongsberg OL	1685	846	839		
8	Martine Gjermstad	55:25	19:47-8	35:38-8	310	16:01
	Konnerud IL	1679	894	785		
9	Sofie Solheim Undeberget	56:17	18:25-5	37:52-11	315	16:53
	Oppsal Orientering	1662	922	740		
10	Anna Øvrebø Myrvold	57:50	21:46-10	36:04-10	309	18:26
	Heming Orientering	1631	855	776		
11	Iril Ringheim	1:06:23	23:09-12	43:14-12	305	26:59
	Larvik OK	1460	827	633		
12	Emilie Holtskog-Feremans	1:08:50	24:05-13	44:45-13	319	29:26
	Skien OK	1410	808	602		
13	Ingrid Lesteberg	1:17:24	29:07-14	48:17-15	312	38:00
	Kongsberg OL	1240	708	532		
	Maren Sofie Fremstad	21:40	21:40-9		308	17:44
	Larvik OK	857	857			
	Mari Aarseth	32:45	DSQ	32:45-6	320	06:39
	Nydalens SK	842		842		
	Ingeborg Eikås	31:09	31:09-15		307	08:15
	Sandefjord OK	667	667			
	Agathe Brathagen	47:36		47:36-14	302	08:12
	Larvik OK	545		545		
	Julie Kristensen	00:00		DNS	301	39:24
	Porsgrunn OL	0				
	Nora Christine Hansen	00:00		DNS	306	39:24
	Asker Skiklubb	0				
D 15-16						
1	Une Holtermann	54:46	16:13-3	38:33-1	120	00:00
	Porsgrunn OL	1985	985	1000		
2	Vilde Margrethe Sæbbø	57:59	15:30-1	42:29-2	122	03:13
	Stavanger Orienteringsklubb	1921	1000	921		
3	Mathea Gløersen	59:29	16:10-2	43:19-4	121	04:43
	OL Tønsberg og omegn	1890	986	904		
4	Johanne Rognerud Bøe	1:05:21	18:54-7	46:27-5	109	10:35
	Fossum IF	1774	932	842		
5	Mina Akiko Johnsen	1:05:28	18:29-5	46:59-6	107	10:42
	Sturla, IF	1771	940	831		
EQ Timing system			22.06.2019 17:55:58		Side:1	

Plass	Løper	Totalt	Løp 1	Løp 2		
6	Anine Kjørholt Lie Porsgrunn OL	1:07:12 1737	18:09-4 947	49:03-7 790	110	12:26
7	Gjendine Gjelstad Rebård Sandefjord OK	1:11:59 1640	19:07-8 927	52:52-8 713	115	17:13
8	Marie Saugestad Nydalens SK	1:14:52 1583	18:44-6 935	56:08-10 648	105	20:06
9	Emma Engehult Notodden OL	1:15:05 1578	20:16-14 904	54:49-9 674	112	20:19
10	Ingrid Mobråthen Botne SK	1:16:54 1542	19:19-10 923	57:35-11 619	117	22:08
11	Selma Høivold Kongsberg OL	1:17:55 1522	19:07-8 927	58:48-13 595	119	23:09
12	Ingeborg Hovdejord Notodden OL	1:19:14 1496	20:27-15 901	58:47-12 595	108	24:28
13	Sigrid Nermoen Østmarka OK	1:19:15 1495	19:53-11 912	59:22-14 583	124	24:29
14	Kathinka Zahl Hagen Fossum IF	1:22:29 1431	19:53-11 912	1:02:36-16 519	116	27:43
15	Maria Grovan OL Tønsberg og omegn	1:23:17 1414	20:10-13 906	1:03:07-17 508	104	28:31
16	Helene Bjørkvold Jendal Fossum IF	1:24:06 1398	22:01-16 869	1:02:05-15 529	113	29:20
17	Hannah Syrdal Øen Heming Orientering	1:25:19 1374	22:07-17 867	1:03:12-18 507	123	30:33
18	Lerke Hjelseth OL Tønsberg og omegn	1:35:24 1172	24:52-18 812	1:10:32-20 360	118	40:38
	Kristin Melby Jacobsen Lardal OL	43:10 907		43:10-3 907	101	11:36
	Mina Borgejordet Simones Notodden OL	26:01 789	26:01-19 789		111	28:45
21	Amanda Axelson Eiker OL	2:02:37 695	30:45-20 695	1:31:52-21 0	106	1:07:51
	Astrid White Søgne og Songdalen OK	1:05:08 468	DSQ	1:05:08-19 468	114	10:22
	Lise Strøm Sandefjord OK	00:00 0	DNS		103	54:46

	D 17-AK			-		
1	Anette Fidje Bergan Vegårshei IL	1:14:57 1475	22:40-4 725	52:17-1 750	704	00:00
2	Tone Fidje Gryting Gjerstad IL	1:15:58 1454	22:12-2 734	53:46-2 720	708	01:01
3	Randi Mork Notodden OL	1:19:58 1375	21:26-1 750	58:32-3 625	703	05:01
4	Maria G. Mehammer Porsgrunn OL	1:27:15 1228	22:45-5 723	1:04:30-4 505	705	12:18
5	Jenny Emilie Brenni Østmarka OK	1:51:49 737	24:15-6 693	1:27:34-6 44	706	36:52
	Linn Hege Roso Lardal OL	22:31 728	22:31-3 728		707	52:26
7	Sigrid Melander Vie Fossum IF	1:53:19 707	31:01-7 558	1:22:18-5 149	701	38:22
	Celine Vik Olsen Larvik OK	00:00 0		LPT	700	1:14:57

Plass	Løper	Totalt	Løp 1	Løp 2		
	Silje Bøen	00:00	DNS		702	1:14:57
	Kristiansand OK	0				
	D 17-B			-		
1	Ann-Karin Lesteberg	58:37	20:20-1	38:17-1	833	00:00
	Kongsberg OL	1500	750	750		
2	Elin Bordøy	1:10:16	24:30-4	45:46-4	836	11:39
	Hedrum OL	1266	666	600		
3	Trude Nysæter	1:15:11	21:42-2	53:29-6	835	16:34
	Skien OK	1168	722	446		
4	Heidi Eriksen	1:22:34	27:54-6	54:40-7	831	23:57
	Larvik OK	1020	598	422		
5	Anna Henriette Straume	1:24:04	31:35-8	52:29-5	830	25:27
	Drangedal OL	991	525	466		
6	May Lene Slettebøe	1:32:11	31:48-9	1:00:23-9	838	33:34
	Søgne og Songdalen OK	828	520	308		
	Kirsten Gjermstad	39:05		39:05-2	827	19:32
	Konnerud IL	734		734		
8	Anne Marie Koren	1:38:24	35:38-10	1:02:46-11	834	39:47
	OK Skeidi	704	444	260		
	Veronica Elena Svindseth	24:14	24:14-3	DSQ	832	34:23
	Kolbotn og Skimt OL	672	672			
10	Marianne Skuseth	1:43:41	24:38-5	1:19:03-13	837	45:04
	Bø OL	664	664	0		
	Tone Sølie Lysnes	42:43		42:43-3	824	15:54
	Hedrum OL	661		661		
	Mia Engehult	29:02	29:02-7		839	29:35
	Notodden OL	576	576			
	Elin Slokvik	58:41		58:41-8	826	00:04
	Notodden OL	342		342		
	May-lill Damm	1:01:50		1:01:50-10	825	03:13
	TIF Viking	279		279		
	Emilie Bertelsen	00:00	LPT		829	58:37
	Porsgrunn OL	0				
	Lene Næss Birkeland	1:17:41		1:17:41-12	828	19:04
	Søgne og Songdalen OK	0		0		
	D 17-C			-		
1	Hilde Solli Kvikstad	1:22:14	27:52-2	54:22-2	926	00:00
	OL Toten-Troll	1255	551	704		
	Ingrid Ulveseter Lode	17:57	17:57-1		924	1:04:17
	Skien OK	750	750			
	Kristin Gottfridsson	52:05		52:05-1	919	30:09
	Røyken OL	750		750		
	Åsne Gjelstad Rebård	54:27		54:27-3	922	27:47
	Sandefjord OK	702		702		
	Marit Röhrs	1:09:02		1:09:02-4	923	13:12
	Stokke IL	411		411		
	Ingunn Fjørtoft	1:15:53		1:15:53-5	921	06:21
	Bø OL	274		274		
	Grete Hitreskog	1:33:09	DSQ	1:33:09-6	925	10:55
	Kristiansand OK	0		0		
	Hilde Ekeberg Fliid	1:46:28		1:46:28-7	920	24:14
EQ Timing system			22.06.2019 17:55:58		Side:3	

Plass	Løper	Totalt	Løp 1	Løp 2		
	Skien OK	0		0		
	D 17-N			-		
	Gro Elisabeth Herum	36:27		36:27-1	999	00:00
	OK Skeidi	750		750		
	Nina Irene Guttormsen	00:00		DNF	1000	36:27
	Skien OK	0				
	D 17-20			-		
1	Tina Kalleson	1:12:23	19:51-1	52:32-1	515	00:00
	Oppsal Orientering	2000	1000	1000		
2	Signe Bredholt Jørgensen	1:18:18	20:31-2	57:47-2	514	05:55
	NTNUI	1881	986	895		
3	Elise Ausen	1:21:43	20:34-3	1:01:09-5	511	09:20
	Porsgrunn OL	1812	985	827		
4	Sara Nystrøm Olsen	1:22:02	21:06-4	1:00:56-4	505	09:39
	Stavanger Orienteringsklubb	1807	975	832		
5	Ingrid Marie Stubban	1:29:33	26:39-7	1:02:54-6	512	17:10
	Østmarka OK	1656	864	792		
6	Maya Jones Arnesen	1:34:44	21:19-5	1:13:25-8	510	22:21
	Heming Orientering	1552	970	582		
7	Julie Eikeland	1:50:07	29:13-10	1:20:54-9	506	37:44
	OL Tønsberg og omegn	1244	812	432		
8	Alexandra Linløkken	1:57:23	36:02-12	1:21:21-10	504	45:00
	Østmarka OK	1099	676	423		
9	Celine Ytternes	2:00:22	27:45-8	1:32:37-11	508	47:59
	Kolbotn og Skimt OL	1040	842	198		
	Mathilde Sønsterudbråten	22:53	22:53-6	DSQ	516	49:30
	Lillomarka OL	939	939			
11	Berthe Teslo	2:06:40	31:36-11	1:35:04-12	507	54:17
	Hadeland OL	914	765	149		
	Hanne Vassend	59:58		59:58-3	503	12:25
	Porsgrunn OL	851		851		
	Ingrid Lamark	28:33	28:33-9	DSQ	509	43:50
	Ganddal IL	826	826			
	Ida Sofie Hjortland	1:09:28		1:09:28-7	502	02:55
	Larvik OK	661		661		
	Ingrid Solheim Undeberget	00:00	DNS	DSQ	513	1:12:23
	Oppsal Orientering	0				
	D 21-			-		
1	Marthe Gløersen	1:14:05	21:16-2	52:49-1	474	00:00
	Bækkelagets SK	1987	987	1000		
2	Anne Johanne Lind	1:17:47	20:37-1	57:10-2	471	03:42
	Nydalens SK	1913	1000	913		
3	Tonje Vassend	1:20:20	23:02-3	57:18-3	470	06:15
	NTNUI	1861	951	910		
4	Anne Eiken	1:24:33	23:49-4	1:00:44-5	473	10:28
	NTNUI	1777	936	841		
	Tonje Granne Kvale	57:22		57:22-4	469	16:43
	Notodden OL	909		909		
	Ronja Björklund	1:09:24		1:09:24-6	468	04:41
	NTNUI	668		668		
EQ Timing system			22.06.2019 17:55:58		Side:4	

Plass	Løper	Totalt	Løp 1	Løp 2		
	Ingunn Martinsen	00:00	DNS	DNS	472	1:14:05
	Varegg Fleridrett	0				
	D 35-			-		
1	Kari Aarhus Kinn	1:21:23	22:20-1	59:03-2	518	00:00
	Porsgrunn OL	1978	1000	978		
	Tonje Rasmussen	57:59		57:59-1	521	23:24
	OL Tønsberg og omegn	1000		1000		
	Ellen Strøm Juliussen	22:48	22:48-2		517	58:35
	Sandefjord OK	990	990			
4	Tone Nilsen	2:12:19	34:47-3	1:37:32-4	520	50:56
	Bø OL	960	751	209		
	Anna Lovisa Furuheim	1:06:47		1:06:47-3	522	14:36
	Skien OK	824		824		
	D 40-			-		
1	Karin Skedsmo Danevad	1:16:22	22:18-1	54:04-1	528	00:00
	Fredrikstad SK	2000	1000	1000		
2	Elin Bjerva	1:34:53	31:04-3	1:03:49-5	527	18:31
	Larvik OK	1629	824	805		
3	Heidi Herum	1:57:58	30:55-2	1:27:03-7	529	41:36
	OK Skeidi	1167	827	340		
	Aasne Fenne Hoksrud	55:43		55:43-2	526	20:39
	Bækkelagets SK	967		967		
	Ragnhild Myrvold Skovlyst	58:33		58:33-3	523	17:49
	Kongsberg OL	910		910		
	Mila Zaharinova	1:00:57	DSQ	1:00:57-4	532	15:25
	Oppsal Orientering	862		862		
	Berit Herstad	1:22:36		1:22:36-6	524	06:14
	Bækkelagets SK	429		429		
	Gry Aakre	1:42:16	DSQ	1:42:16-8	531	25:54
	Skien OK	36		36		
	Turid Zagar Nes	00:00		DSQ	525	1:16:22
	Larvik OK	0				
	Linn Carina Daland	00:00	DNS	DNS	530	1:16:22
	Kristiansand OK	0				
	D 45-			-		
1	Aud Hognestad Taksdal	1:06:20	18:59-1	47:21-1	630	00:00
	Ganddal IL	2000	1000	1000		
2	Trude Harstad	1:10:55	21:00-2	49:55-3	618	04:35
	Bø OL	1907	959	948		
3	Ellen Aure Skogedal	1:23:02	26:14-10	56:48-4	626	16:42
	Asker Skiklubb	1666	855	811		
4	Trine Opseth	1:28:42	26:03-9	1:02:39-5	620	22:22
	Ringerike OL	1552	858	694		
5	Audrun Utskarpen	1:29:54	24:28-7	1:05:26-6	632	23:34
	IL GeoForm	1528	890	638		
6	Siri Thortveit Myhre	1:33:23	26:15-11	1:07:08-7	625	27:03
	Kristiansand OK	1458	854	604		
7	Anne Nilsen	1:35:54	24:07-5	1:11:47-8	623	29:34
	Ås-NMBU Orientering	1408	897	511		
8	Wenche Margrethe Sæbbø	1:43:39	24:27-6	1:19:12-10	631	37:19
EQ Timing system			22.06.2019 17:55:58		Side:5	

Plass	Løper	Totalt	Løp 1	Løp 2		
	Stavanger Orienteringsklubb	1253	890	363		
9	Gyri Myhre	1:47:03	24:53-8	1:22:10-13	624	40:43
	Skien OK	1185	882	303		
10	Siv Wiersdalen	1:53:41	28:40-13	1:25:01-14	628	47:21
	Porsgrunn OL	1052	806	246		
11	Hilde Poppe	1:57:00	27:44-12	1:29:16-15	629	50:40
	Fredrikstad SK	986	825	161		
	Ingrid Undstad	49:28		49:28-2	615	16:52
	Larvik OK	957		957		
	Katja Mjøsund	22:18	22:18-3	DNF	627	44:02
	Nydalens SK	933	933			
	Inger Marie Broers	23:34	23:34-4		619	42:46
	Hisøy OK	908	908			
15	Paula Berstad	2:01:35	30:28-14	1:31:07-17	622	55:15
	Heming Orientering	894	770	124		
	Vibeke Lamark	1:12:16	DSQ	1:12:16-9	621	05:56
	Ganddal IL	501		501		
	Kristin Eger	1:19:51		1:19:51-11	616	13:31
	Kongsberg OL	350		350		
	Wenche Eikås	1:20:51		1:20:51-12	612	14:31
	Sandefjord OK	330		330		
	Anette Kjærås Firing	1:29:46		1:29:46-16	613	23:26
	Andebu IL	151		151		
	Mariann Øren Arvesen	00:00		DNF	614	1:06:20
	Sandefjord OK	0				
	Elise Hafskjold	1:39:38		1:39:38-18	617	33:18
	Nydalens SK	0		0		

	D 50-			-		
1	Christina White	1:08:02	20:38-1	47:24-1	688	00:00
	Søgne og Songdalen OK	2000	1000	1000		
2	Kjersti Holt Hanssen	1:12:05	21:05-2	51:00-2	693	04:03
	Måren OK	1919	991	928		
3	Kristin Sandven	1:17:34	21:27-3	56:07-6	681	09:32
	Notodden OL	1808	983	825		
4	Anne Berit Bredholt	1:17:44	21:40-4	56:04-5	679	09:42
	Sandefjord OK	1805	979	826		
5	Tove Heimdal	1:21:28	25:52-10	55:36-4	677	13:26
	Konnerud IL	1731	895	836		
6	Ann-Cathrin Nybak Urdal	1:21:31	21:48-5	59:43-8	683	13:29
	Ganddal IL	1729	976	753		
7	Ingrid Ravnan	1:23:45	24:48-8	58:57-7	692	15:43
	OL Toten-Troll	1685	916	769		
8	Hilde Kristine Rosenvold	1:25:26	22:37-6	1:02:49-9	694	17:24
	Porsgrunn OL	1651	960	691		
9	Emma Smeland	1:36:40	30:01-16	1:06:39-10	695	28:38
	Vegårshei IL	1427	812	615		
10	Barbara Willkommen Eiken	1:37:31	29:57-15	1:07:34-11	697	29:29
	Kongsberg OL	1409	813	596		
11	Astrid Brevik	1:40:07	24:59-9	1:15:08-15	698	32:05
	Stokke IL	1358	913	445		
12	Marianne Omdal	1:40:56	26:51-11	1:14:05-14	699	32:54
	Kongsberg OL	1341	875	466		
13	Ida Syversen	1:50:04	28:40-14	1:21:24-16	686	42:02

Plass	Løper	Totalt	Løp 1	Løp 2		
	Røyken OL	1159	839	320		
14	Merete Undeland	1:53:59	27:48-12	1:26:11-17	696	45:57
	Sturla, IF	1080	856	224		
	Tone Sølie Lysnes	24:15	24:15-7		685	43:47
	Hedrum OL	927	927			
	Signe Astrup Arnesen	53:15		53:15-3	691	14:47
	Heming Orientering	883		883		
	Turid Bertelsen	28:26	28:26-13		680	39:36
	Porsgrunn OL	844	844			
	Elise Gisholt	1:12:00		1:12:00-12	690	03:58
	Fossum IF	508		508		
	Ingunn Schei	1:12:50		1:12:50-13	687	04:48
	Ås-NMBU Orientering	491		491		
	Marianne Reusch	1:31:31	DSQ	1:31:31-18	678	23:29
	Heming Orientering	117		117		
	Anniken Ausen	00:00	DNS		682	1:08:02
	Porsgrunn OL	0				

	D 55-			-		
1	Inger Tone Nygård	49:34	18:03-1	31:31-1	748	00:00
	Egersund OK	2000	1000	1000		
2	Tove Strand	53:23	20:03-3	33:20-2	749	03:49
	Måren OK	1923	960	963		
3	Linda Hanssen	54:51	19:53-2	34:58-3	743	05:17
	Østmarka OK	1894	963	931		
4	Tiri Rebård	59:15	22:48-7	36:27-4	751	09:41
	Sandefjord OK	1806	905	901		
5	Vanja Staff	1:04:32	21:06-4	43:26-7	745	14:58
	OL Toten-Troll	1700	939	761		
6	Eli Marie Wiig	1:04:57	22:17-6	42:40-6	752	15:23
	Porsgrunn OL	1692	915	777		
7	Elisabeth Hetlevik	1:06:24	21:48-5	44:36-8	753	16:50
	Kongsberg OL	1663	925	738		
	Margrete Engzelius	26:13	26:13-8	DSQ	746	23:21
	Asker Skiklubb	836	836			
	Veslemøy Solberg	42:36		42:36-5	738	06:58
	Konnerud IL	778		778		
	Turid Vongraven	29:59	29:59-9		744	19:35
	Skien OK	761	761			
	Gro Pedersen	45:38		45:38-9	739	03:56
	OK Skeidi	717		717		
	Gro Hege Ludvigsen	57:11	DSQ	57:11-10	750	07:37
	Måren OK	486		486		
	Ingrid Nermoen	00:00	DNS	DNS	747	49:34
	Østmarka OK	0				

	D 60-			-		
1	Grete S B Hovi	56:16	20:29-1	35:47-1	798	00:00
	Skien OK	2000	1000	1000		
2	Hanne Herum	1:04:50	22:54-2	41:56-2	792	08:34
	OK Skeidi	1828	951	877		
3	Siri Bjorvand	1:10:11	25:14-5	44:57-3	802	13:55
	Birkenes IL	1721	905	816		

Plass	Løper	Totalt	Løp 1	Løp 2		
4	Siren Greve Bergens TF	1:13:09 1662	25:05-4 908	48:04-6 754	787	16:53
5	Kerstin Elisabeth Aas Porsgrunn OL	1:16:24 1597	29:44-12 815	46:40-4 782	789	20:08
6	Anne Lise Andreassen Sandefjord OK	1:19:48 1529	24:53-3 912	54:55-9 617	803	23:32
7	Trude Bråten Voss IL	1:30:12 1321	40:37-14 597	49:35-8 724	795	33:56
8	Grete Berntsen Måren OK	1:30:54 1307	27:59-10 850	1:02:55-10 457	793	34:38
9	Kristil Kristensen OK Skeidi	1:34:10 1241	26:46-7 874	1:07:24-13 367	794	37:54
10	Lena Hammer Vestre Akers SK	1:35:59 1205	29:39-11 816	1:06:20-11 389	788	39:43
11	Gunn Botnen Bø OL	1:39:02 1144	32:20-13 763	1:06:42-12 381	791	42:46
12	Edel Sofie Nilsen Asker Skiklubb	1:40:05 1123	25:58-6 890	1:14:07-14 233	790	43:49
	Tonny Lindquist OK Skeidi	27:12 865	27:12-8 865	DNS	797	29:04
	Brit Houge Porsgrunn OL	27:35 858	27:35-9 858	DNS	796	28:41
	Turid Ødegård OL Tønsberg og omegn	47:59 756		47:59-5 756	800	08:17
	Marianne Spanli Lierbygda OL	49:28 726		49:28-7 726	801	06:48
	Ruth Wüest OLG St. Gallen/Appenzell	00:00 0	DNS	DNS	799	56:16
	Oddny Jørgensen IK Grane Arendal Orientering	00:00 0	DNS	DNS	804	56:16

	D 65-			-		
1	Margrete Jørandli Gjø-Vard OL	53:56 2000	16:10-1 1000	37:46-1 1000	912	00:00
2	Elle M. Melbye Heming Orientering	1:07:17 1732	21:32-3 892	45:45-2 840	910	13:21
3	Elisabeth Rød Andebu IL	1:26:35 1346	25:56-6 804	1:00:39-3 542	906	32:39
4	Randi Hansen Stokke IL	1:29:02 1297	24:11-5 839	1:04:51-5 458	911	35:06
5	Inger Nergaard Stokke IL	1:47:02 938	20:10-2 920	1:26:52-7 18	909	53:06
6	Else Stordal OL Tønsberg og omegn	1:48:20 911	24:08-4 840	1:24:12-6 71	908	54:24
	Kari Berg Larvik OK	34:10 640	34:10-7 640		907	19:46
	Gjertrud Sandåker IL Imås	1:03:14 490		1:03:14-4 490	905	09:18

	D 70-			-		
1	Ingjerd Sognnæs Bergens TF	1:07:17 2000	21:33-1 1000	45:44-1 1000	897	00:00
2	Margareta Brynhildsen	1:20:30	23:11-3	57:19-3	902	13:13

Plass	Løper	Totalt	Løp 1	Løp 2		
	Stokke IL	1735	967	768		
3	Signe Heivoll	1:22:38	24:59-4	57:39-4	898	15:21
	Søgne og Songdalen OK	1692	931	761		
4	Anne Karin Stigemo	1:24:03	27:21-6	56:42-2	900	16:46
	IL Imås	1664	884	780		
5	Else-Margrethe Bredland	1:33:03	26:48-5	1:06:15-5	895	25:46
	Søgne og Songdalen OK	1484	895	589		
6	Gerd Langseth	1:37:10	22:41-2	1:14:29-7	896	29:53
	Larvik OK	1402	977	425		
	Astrid Gjelstad	36:09	36:09-7		903	31:08
	Sandefjord OK	708	708			
8	Marit Odden	2:55:10	40:24-8	2:14:46-9	901	1:47:53
	Drangedal OL	623	623	0		
	Gunn Kari Hygen	1:07:13	DNS	1:07:13-6	899	00:04
	Freidig	570		570		
	Björg Mostaul	1:46:37		1:46:37-8	894	39:20
	Bø OL	0		0		
	D 75-			-		
	Thorunn Aamodt Ovesen	25:48	25:48-1		893	00:00
	Lardal OL	1000	1000			
	Anne Lise Øfsthus	1:06:06		1:06:06-1	891	40:18
	Asker Skiklubb	1000		1000		
	Inger Lise Solberg	1:19:26		1:19:26-2	890	53:38
	Bø OL	733		733		
4	Henny Helgeland Reinhold	2:58:19	45:27-2	2:12:52-3	892	2:32:31
	Drangedal OL	607	607	0		
	D 80-			-		
1	Unni Dirro Bøhlerengen	1:25:35	26:13-1	59:22-1	869	00:00
	Måren OK	2000	1000	1000		
2	Gudveig Jørundland	1:37:50	27:34-2	1:10:16-2	871	12:15
	OK Sør	1755	973	782		
3	Olaug F. Johansen	1:45:32	31:01-3	1:14:31-3	872	19:57
	Skien OK	1601	904	697		
	Tirill Liby Seip	1:19:33	DSQ	1:19:33-4	870	06:02
	OK Skeidi	596		596		
	D 85-			-		
	Ellen Mathisen	1:00:28	1:00:28-1		859	00:00
	Porsgrunn OL	1000	1000			
	H 13-14			-		
1	Gabriel Gjone	39:35	16:17-5	23:18-1	202	00:00
	Sandefjord OK	1975	975	1000		
2	Andreas Myrvold Skovlyst	43:31	15:56-3	27:35-3	211	03:56
	Kongsberg OL	1896	982	914		
3	Martin Christoffer Borg	44:28	15:02-1	29:26-4	208	04:53
	IL Koll	1877	1000	877		
4	Jonas Fenne Ingierd	45:15	17:44-8	27:31-2	221	05:40
	Bækkelagets SK	1861	946	915		
5	Gaute Nysæter	46:00	15:31-2	30:29-7	210	06:25
	Skien OK	1846	990	856		
EQ Timing system			22.06.2019 17:55:58		Side:9	

Plass	Løper	Totalt	Løp 1	Løp 2		
6	Johannes Salvesen-Lunde	47:17	17:48-9	29:29-5	215	07:42
	IL Koll	1820	944	876		
7	Lukas Jones Arnesen	48:11	16:55-6	31:16-10	222	08:36
	Heming Orientering	1802	962	840		
8	Henrik Kaiser	48:27	17:54-10	30:33-8	227	08:52
	Sturla, IF	1797	942	855		
9	Magnus Skourup	49:25	16:12-4	33:13-12	220	09:50
	Sturla, IF	1777	976	801		
10	Emil Nygård	49:32	18:28-12	31:04-9	223	09:57
	Birkenes IL	1775	931	844		
11	Sindre Mathisen	50:36	18:47-14	31:49-11	219	11:01
	OL Tønsberg og omegn	1754	925	829		
12	Brage Eikås	51:02	17:28-7	33:34-13	205	11:27
	Sandefjord OK	1745	951	794		
13	Linus Mjøsund	54:20	20:04-16	34:16-14	228	14:45
	Nydalens SK	1679	899	780		
14	Ragnar Lande	59:30	20:32-17	38:58-16	229	19:55
	Eidskog OL	1576	890	686		
15	Mathias Linløkken	1:01:24	24:26-20	36:58-15	216	21:49
	Østmarka OK	1538	812	726		
16	Mathias Axelson	1:03:13	19:44-15	43:29-18	230	23:38
	Eiker OL	1502	906	596		
17	Borgar Skjelbred	1:11:37	18:37-13	53:00-22	226	32:02
	Kongsberg OL	1334	928	406		
18	Jens Wold	1:13:28	24:44-21	48:44-21	207	33:53
	Sturla, IF	1297	806	491		
19	Niclas Gunnerød	1:24:59	22:52-19	1:02:07-23	213	45:24
	Stokke IL	1066	843	223		
20	Einar Østvold	1:30:51	27:32-22	1:03:19-24	206	51:16
	Heming Orientering	949	750	199		
	Jonas Hicken	18:22	18:22-11		203	21:13
	IL Koll	933	933			
	Sindre Flatin Erichsen	21:00	21:00-18	DNS	218	18:35
	Skien OK	880	880			
	Kristian Ekeberg Fliid	29:52		29:52-6	201	09:43
	Skien OK	868		868		
	Eskil Hafskjold	42:33		42:33-17	217	02:58
	Nydalens SK	615		615		
	Thomas Myhre	43:49		43:49-19	214	04:14
	Skien OK	589		589		
	Henrik Repstad Storemyr	46:48	DSQ	46:48-20	204	07:13
	IL Hauken	530		530		
	Emil Vierinen	00:00	DNS	DNS	212	39:35
	IL BUL-Tromsø	0				
	Eetu Vierinen	00:00	DNS	DNS	224	39:35
	IL BUL-Tromsø	0				
	H 15-16			-		
1	Tobias Mathisen	59:19	17:20-1	41:59-1	20	00:00
	Porsgrunn OL	2000	1000	1000		
2	Christian Fredrik Borg	1:00:32	17:54-3	42:38-2	22	01:13
	IL Koll	1975	988	987		
3	Mats Lindaas	1:02:33	19:08-6	43:25-3	7	03:14
	Elverum OK	1935	964	971		
EQ Timing system			22.06.2019 17:55:58		Side:10	

Plass	Løper	Totalt	Løp 1	Løp 2		
4	Trygve Børte Nomeland Kristiansand OK	1:04:59 1886	18:06-4 984	46:53-5 902	17	05:40
5	Sindre Vie Strisland Fossum IF	1:06:30 1855	20:27-9 937	46:03-4 918	15	07:11
6	Sivert Poppe Fredrikstad SK	1:06:52 1849	17:53-2 989	48:59-7 860	21	07:33
7	Eirik Vie Strisland Fossum IF	1:07:00 1845	18:33-5 975	48:27-6 870	13	07:41
8	Benjamin Gjone Sandefjord OK	1:11:21 1759	19:44-7 952	51:37-8 807	12	12:02
9	Simen Aure Skogedal Asker Skiklubb	1:14:04 1704	20:03-8 945	54:01-9 759	25	14:45
10	Anders L. Rosenvold Porsgrunn OL	1:17:24 1638	23:17-16 881	54:07-10 757	4	18:05
11	Andreas Nybak Urdal Ganddal IL	1:39:05 1204	25:22-17 839	1:13:43-12 365	16	39:46
12	Martin Kaiser Sturla, IF	1:49:23 998	21:54-13 908	1:27:29-15 90	6	50:04
13	Paul Johan Slungaard Heming Orientering	1:51:31 955	30:18-21 740	1:21:13-13 215	5	52:12
14	Hallgeir Brevik Stokke IL	1:52:01 945	26:15-18 821	1:25:46-14 124	24	52:42
	Gustav Andresen Skotte Fossum IF	20:50 930	20:50-10 930	DSQ	27	38:29
	Per Ingvar Tollehaug Eiker OL	21:01 926	21:01-11 926		11	38:18
17	Oscar Wiersdalen Thunold Porsgrunn OL	2:00:43 914	21:37-12 914	1:39:06-17 0	19	1:01:24
	Magnus Brodin Porsgrunn OL	22:20 900	22:20-14 900	DSQ	10	36:59
	Birk Felland Sætнан Fossum IF	22:27 897	22:27-15 897	DNS	23	36:52
	Børge Nilsen Berg Fossum IF	27:03 805	27:03-19 805	DSQ	8	32:16
	Martin Ausen Porsgrunn OL	29:49 750	29:49-20 750		18	29:30
	Gaute Lindaas Elverum OK	31:46 711	31:46-22 711	DNF	9	27:33
	Øyvind Lamark Ganddal IL	1:00:20 633	DNS	1:00:20-11 633	14	01:01
	Olav Melheim Sturla, IF	1:28:31 69		1:28:31-16 69	1	29:12
	Fridtjof Reusch Heming Orientering	00:00 0	DNS	DNS	26	59:19
	Vegard Wiig Nystad Haugesund IL Orientering	00:00 0	DNS	DNS	3	59:19
	H 17-AK			-		
1	Ola Lesteberg Kongsberg OL	1:11:40 1474	22:03-2 724	49:37-1 750	543	00:00
2	Rune Kristian Mork Notodden OL	1:17:21 1361	20:47-1 750	56:34-3 611	539	05:41
3	Steinar Frøytlog Egersund OK	1:20:46 1292	22:23-4 718	58:23-4 574	537	09:06
EQ Timing system			22.06.2019 17:55:58		Side:11	

Plass	Løper	Totalt	Løp 1	Løp 2		
4	Arild Flaten	1:24:30	23:26-6	1:01:04-5	541	12:50
	Vegårshei IL	1218	697	521		
5	Ole Flaatten	1:27:54	22:08-3	1:05:46-9	542	16:14
	OK Skeidi	1150	723	427		
6	Jørn Bergan	1:32:12	25:33-8	1:06:39-10	535	20:32
	Vegårshei IL	1063	654	409		
7	Jakob Hagelia	1:32:27	23:14-5	1:09:13-11	547	20:47
	Vegårshei IL	1059	701	358		
8	Didrik Bredesen	1:37:43	27:43-10	1:10:00-12	548	26:03
	Lillomarka OL	953	611	342		
9	Thomas Brodin	1:40:29	25:37-9	1:14:52-13	534	28:49
	Porsgrunn OL	898	653	245		
10	Jan Andreas Edstrøm	1:47:38	25:30-7	1:22:08-14	550	35:58
	Oppsal Orientering	754	655	99		
	Åsmund Hasaas	52:19		52:19-2	540	19:21
	OK Skeidi	696		696		
	Jarle Lysnes	1:01:40		1:01:40-6	545	10:00
	Hedrum OL	509		509		
	Ole Grini Johansen	1:04:57		1:04:57-7	538	06:43
	Natthauken IL	443		443		
	Dan Huva Kristensen	1:05:07		1:05:07-8	549	06:33
	Notodden OL	440		440		

H 17-B

				-		
1	Fredrik Axelsson	52:53	17:57-3	34:56-1	814	00:00
	Eiker OL	1486	736	750		
2	Sigurdur Freyr Sigurdsson	54:25	17:17-1	37:08-3	819	01:32
	Stokke IL	1456	750	706		
3	Per Jarle Eikeland	57:05	21:23-4	35:42-2	815	04:12
	OL Tønsberg og omegn	1402	668	734		
4	Tony Halsall	1:15:05	22:58-5	52:07-5	817	22:12
	Otra IL	1042	636	406		
	Johnny Mathisen	17:33	17:33-2	DNF	822	35:20
	OL Tønsberg og omegn	744	744			
	Snorre Slokvik	42:28		42:28-4	820	10:25
	Notodden OL	599		599		
	Steinar Sunde	00:00		DNS	821	52:53
	Søgne og Songdalen OK	0				
	Brede Ekeberg Fliid	00:00	DNS	DNS	818	52:53
	Skien OK	0				
	Lars Øyvind Lode	00:00	DNS	DNS	816	52:53
	Skien OK	0				

H 17-C

				-		
1	Ketil Opland	47:02	15:22-1	31:40-1	915	00:00
	OK Skeidi	1500	750	750		
2	Tore Axelsson	57:15	18:58-2	38:17-2	914	10:13
	Eiker OL	1295	678	617		
3	Stian Lillegård	1:03:47	20:25-3	43:22-3	916	16:45
	Lillomarka OL	1165	649	516		
4	Ole Christian Solli Kvikstad	1:53:09	29:07-4	1:24:02-4	913	1:06:07
	OL Toten-Troll	475	475	0		
	Floke Bredland	37:00	37:00-5		918	10:02

Plass	Løper	Totalt	Løp 1	Løp 2		
	Søgne og Songdalen OK	317	317			
	Øivind Pedersen	00:00		DSQ	917	47:02
	OK Skeidi	0				
	H 17-20			-		
1	Halvor Tørnqvist Halden	1:05:25	19:04-1	46:21-1	453	00:00
	Nydalens SK	2000	1000	1000		
2	Anders Vestøl	1:11:52	20:46-3	51:06-2	444	06:27
	Vegårshei IL	1871	966	905		
3	Even Lindaas	1:14:07	21:00-4	53:07-3	437	08:42
	Vang OL	1825	961	864		
4	Mathias Skourup	1:18:03	22:16-12	55:47-4	431	12:38
	Sturla, IF	1747	936	811		
5	Oliver Østby	1:18:28	21:44-8	56:44-5	434	13:03
	OL Tønsberg og omegn	1738	946	792		
6	Johan Christie Ørke	1:19:20	22:18-13	57:02-6	451	13:55
	Stavanger Orienteringsklubb	1721	935	786		
7	Magnus Eide-Fredriksen	1:20:31	21:06-6	59:25-8	441	15:06
	Heming Orientering	1697	959	738		
8	Peter Gisholt	1:22:00	21:19-7	1:00:41-12	432	16:35
	Fossum IF	1668	955	713		
9	Johan Kristian Undeland	1:22:22	22:09-11	1:00:13-11	433	16:57
	Sturla, IF	1660	938	722		
10	Jakob Hjelseth	1:22:30	22:25-14	1:00:05-10	446	17:05
	OL Tønsberg og omegn	1658	933	725		
11	Sondre Zahl Hagen	1:23:00	22:02-10	1:00:58-13	454	17:35
	Fossum IF	1647	940	707		
12	Cornelius Bjørk	1:24:49	20:11-2	1:04:38-15	435	19:24
	Sandefjord OK	1611	977	634		
13	Skjalg Nysæter	1:26:42	21:01-5	1:05:41-16	440	21:17
	Skien OK	1574	961	613		
14	Vetle Mathisen	1:34:41	24:41-17	1:10:00-17	442	29:16
	OL Tønsberg og omegn	1414	887	527		
15	August Syrdal Øen	1:36:40	23:59-16	1:12:41-19	452	31:15
	Heming Orientering	1374	901	473		
16	Alexander Repstad	1:39:28	27:54-21	1:11:34-18	450	34:03
	Porsgrunn OL	1318	823	495		
17	Ludvig Johnsen	1:40:02	25:39-19	1:14:23-20	448	34:37
	Hedrum OL	1307	868	439		
18	Ole Kristian Taksdal	1:54:38	28:03-22	1:26:35-22	447	49:13
	Ganddal IL	1015	820	195		
	Morten Krona Haflan	21:47	21:47-9		449	43:38
	OL Tønsberg og omegn	945	945			
	Halvard Kornmo	23:30	23:30-15	DSQ	443	41:55
	Porsgrunn OL	911	911			
	Jonas Eikås	25:10	25:10-18	DNF	439	40:15
	Sandefjord OK	878	878			
	Sindre Gisholt	27:02	27:02-20	DNS	436	38:23
	Fossum IF	840	840			
	Ole Jørgen Bogen Arenth	58:34		58:34-7	429	06:51
	NTNUI	755		755		
	Iver Ringheim	1:00:03	DNS	1:00:03-9	438	05:22
	Larvik OK	726		726		
	Gaute Fosstveit	1:04:06		1:04:06-14	430	01:19
EQ Timing system			22.06.2019 17:55:58		Side:13	

Plass	Løper	Totalt	Løp 1	Løp 2		
	Raumar Orientering	645		645		
	Åsmund Slokvik	1:19:00	DSQ	1:19:00-21	445	13:35
	Notodden OL	347		347		
	H 21-			-		
1	Anders Vister	1:10:38	19:57-1	50:41-1	420	00:00
	Nydalens SK	2000	1000	1000		
2	Vegard Brun Saga	1:15:49	20:47-2	55:02-5	425	05:11
	Tyrving IL	1896	983	913		
3	Sigve Vågsnes	1:17:12	22:54-5	54:18-3	415	06:34
	Oppsal Orientering	1868	941	927		
4	Ulrik Astrup Arnesen	1:18:27	22:56-6	55:31-6	414	07:49
	NTNUI	1843	940	903		
5	Tobias Kristensen	1:22:51	21:13-3	1:01:38-10	423	12:13
	NTNUI	1755	974	781		
5	Erling Grammeltvedt	1:22:51	22:26-4	1:00:25-8	426	12:13
	OK Skeidi	1755	950	805		
7	Asgeir Mjøsund	1:23:47	23:31-7	1:00:16-7	428	13:09
	Nydalens SK	1736	928	808		
8	Øyvind Enger	1:27:05	24:32-8	1:02:33-11	418	16:27
	Nydalens SK	1670	908	762		
9	Såmund Botnen	1:35:30	26:20-14	1:09:10-14	424	24:52
	Emblem IL	1502	872	630		
10	Stein H. Hagen	1:39:54	27:31-15	1:12:23-16	422	29:16
	Fossum IF	1414	848	566		
11	John Runde	1:46:06	24:59-10	1:21:07-17	416	35:28
	Kristiansand OK	1290	899	391		
	Håvard Wedege	53:08		53:08-2	405	17:30
	Fredrikstad SK	951		951		
	Christian Bøen	54:42	DNS	54:42-4	411	15:56
	Kristiansand OK	919		919		
	Herman Aarstrand Kirste	24:46	24:46-9		412	45:52
	Skien OK	903	903			
	Martin Aske	25:33	25:33-11		421	45:05
	Andebu IL	888	888			
	Olai Stensland Lillevold	25:34	25:34-12	DNF	419	45:04
	NTNUI	887	887			
17	Robert Fredriksen	2:24:21	26:12-13	1:58:09-19	427	1:13:43
	Notodden OL	875	875	0		
	David Gottfridsson	1:01:11		1:01:11-9	401	09:27
	Lillomarka OL	790		790		
	Stig Alvestad	1:03:51		1:03:51-12	407	06:47
	IK Grane Arendal Orientering	736		736		
	Olav Vestøl	1:04:59		1:04:59-13	408	05:39
	Vegårshei IL	714		714		
	Sigve Botnen	1:10:52	DSQ	1:10:52-15	417	00:14
	Bø OL	596		596		
	Vegard Gulbrandsen	00:00		DSQ	403	1:10:38
	Asker Skiklubb	0				
	Henry McNulty	00:00	DNS	DNS	413	1:10:38
	Bækkelagets SK	0				
	Hans-Petter Eikedalen	1:45:41		1:45:41-18	406	35:03
	Porsgrunn OL	0		0		

Plass	Løper	Totalt	Løp 1	Løp 2		
	Espen Danevad	47:09		47:09-1	489	21:50
	Fredrikstad SK	1000		1000		
	Gisle Nysæter	21:16	21:16-2		494	47:43
	Skien OK	982	982			
	Johs Hjelmsstad	49:27		49:27-5	497	19:32
	Bækkelagets SK	954		954		
	Asgeir Fremstad	24:11	24:11-7		499	44:48
	Larvik OK	923	923			
	Runar Hafskjold	51:18		51:18-6	487	17:41
	Nydalens SK	917		917		
	Sturle Furland	54:10		54:10-7	477	14:49
	Sandefjord OK	859		859		
	Pål Christian Ingierd	55:09		55:09-8	476	13:50
	Bækkelagets SK	840		840		
	Terje W. Pettersen	56:50	DNS	56:50-9	498	12:09
	Berger og Svelvik OL	806		806		
	Vidar Gjelstad	1:03:50	DSQ	1:03:50-12	496	05:09
	Oppsal Orientering	666		666		
	Steinar Lande	1:06:45		1:06:45-17	485	02:14
	Bø OL	608		608		
	Øystein Myrvold	1:12:44		1:12:44-20	480	03:45
	Heming Orientering	488		488		
	Tom Kristensen	1:20:17		1:20:17-22	488	11:18
	Larvik OK	337		337		
	Pål Sommerhein	00:00		DNS	493	1:08:59
	Fossum IF	0				
	H 50-			-		
1	Helge Gisholt	1:00:59	18:35-2	42:24-1	599	00:00
	OK Skeidi	1998	998	1000		
2	Håkon Danevad	1:02:29	18:29-1	44:00-3	605	01:30
	Ås-NMBU Orientering	1968	1000	968		
3	Trond Gjelstad	1:03:41	19:51-5	43:50-2	600	02:42
	Sandefjord OK	1943	972	971		
4	Einar Gisholt	1:07:33	20:26-9	47:07-6	589	06:34
	Fossum IF	1866	961	905		
5	Knut Erling Øen	1:08:24	19:51-5	48:33-7	607	07:25
	Heming Orientering	1849	972	877		
6	Per Olav Gulbrandsen	1:09:34	20:11-8	49:23-9	606	08:35
	Larvik OK	1826	966	860		
7	Kimme Arnesen	1:10:03	20:05-7	49:58-11	591	09:04
	Heming Orientering	1816	968	848		
8	Rune Engehult	1:10:26	21:43-14	48:43-8	575	09:27
	Notodden OL	1808	935	873		
9	Sten Åge Nygårdseter	1:10:53	21:23-12	49:30-10	570	09:54
	Vegårshei IL	1800	942	858		
10	Guttorm Egge	1:16:47	22:44-20	54:03-15	590	15:48
	IL GeoForm	1682	915	767		
11	Geir Bråten	1:16:48	23:09-22	53:39-14	579	15:49
	Vegårshei IL	1681	906	775		
12	Ole Petter Vestøl	1:16:49	22:09-15	54:40-16	595	15:50
	Vegårshei IL	1680	926	754		
13	Arild Andresen	1:17:40	19:28-4	58:12-21	580	16:41
	Fossum IF	1664	980	684		
EQ Timing system			22.06.2019 17:55:58		Side:16	

Plass	Løper	Totalt	Løp 1	Løp 2		
14	Øyvind Flaatten	1:18:18	20:37-10	57:41-19	581	17:19
	OK Skeidi	1651	957	694		
15	Bjørn Idar Sætran	1:19:27	22:41-19	56:46-18	577	18:28
	IF Trauma	1628	916	712		
16	Trond Lamark	1:20:03	22:09-15	57:54-20	598	19:04
	Ganddal IL	1616	926	690		
17	Øystein Skjelbred	1:22:11	23:29-23	58:42-22	593	21:12
	Kongsberg OL	1574	900	674		
18	Harald Eide-Fredriksen	1:28:05	22:16-18	1:05:49-25	584	27:06
	Heming Orientering	1455	924	531		
19	Roger Østvold	1:28:30	22:11-17	1:06:19-26	588	27:31
	Heming Orientering	1447	926	521		
20	Roar Mathisen	1:28:42	21:32-13	1:07:10-27	601	27:43
	OL Tønsberg og omegn	1443	939	504		
21	Aksel Slettebøe	1:29:18	25:23-28	1:03:55-24	596	28:19
	Søgne og Songdalen OK	1431	862	569		
22	Espen Johnsen	1:30:43	22:50-21	1:07:53-28	578	29:44
	Hedrum OL	1403	913	490		
23	Roar Myhre	1:36:22	23:58-24	1:12:24-29	597	35:23
	Kristiansand OK	1290	890	400		
24	Pål Bårdsen	1:37:27	24:43-26	1:12:44-30	582	36:28
	Stavanger Orienteringsklubb	1268	875	393		
	Per Olav Nærestad	19:04	19:04-3		572	41:55
	IF Trauma	988	988			
26	Knut Gjone	1:53:12	24:19-25	1:28:53-36	594	52:13
	Sandefjord OK	953	883	70		
	Bjørn Richard Kirste	21:10	21:10-11		576	39:49
	Skien OK	946	946			
	Frode Strisland	46:48		46:48-4	592	14:11
	Fossum IF	912		912		
	Øyvind Hylleseth	47:06		47:06-5	583	13:53
	Skien OK	906		906		
30	Karl Anton Undeland	1:56:28	29:45-29	1:26:43-35	571	55:29
	Sturla, IF	887	774	113		
	Jon Skriubakken	25:06	25:06-27	DNS	604	35:53
	Porsgrunn OL	867	867			
32	Erik Borg	1:58:37	35:33-30	1:23:04-34	608	57:38
	IL Koll	844	658	186		
	Nils John Vestøl	50:30		50:30-12	574	10:29
	Stavanger Orienteringsklubb	838		838		
	Bjørn Hallan	51:50		51:50-13	586	09:09
	Fossum IF	811		811		
	Roger Lysnes	56:07		56:07-17	603	04:52
	Hedrum OL	725		725		
	Lasse Arnesen	1:00:57		1:00:57-23	573	00:02
	Heming Orientering	629		629		
	Terje Ulla Eiken	1:14:12		1:14:12-31	611	13:13
	Kongsberg OL	364		364		
	Kjetil Damm	1:18:00		1:18:00-32	609	17:01
	TIF Viking	288		288		
	Jostein Mehammer	1:20:15		1:20:15-33	587	19:16
	Porsgrunn OL	243		243		
	Oddvar Taksdal	00:00	DNS	DNS	610	1:00:59
	Ganddal IL	0				

Plass	Løper	Totalt	Løp 1	Løp 2		
	Jan Erik Aalberg	00:00	DNS	DNS	585	1:00:59
	Bækkelagets SK	0				
	H 55-			-		
1	Onno Verberne	1:08:00	19:08-2	48:52-2	643	00:00
	OL Toten-Troll	1957	990	967		
2	Per-Arne Wahlgren	1:12:33	20:52-4	51:41-3	648	04:33
	Sjövalla FK	1866	956	910		
3	Jan-Einar Øvremo	1:12:40	20:40-3	52:00-4	642	04:40
	Ålgård Orientering	1864	960	904		
4	Geir Frøytlog	1:16:32	21:19-6	55:13-5	655	08:32
	Egersund OK	1787	947	840		
5	Roar Bye	1:22:59	22:53-8	1:00:06-6	645	14:59
	Modum OL	1657	915	742		
6	Roger Andre Vanebo	1:25:29	22:14-7	1:03:15-8	654	17:29
	Kongsberg OL	1607	928	679		
7	Tom Slungaard	1:27:19	24:03-9	1:03:16-9	644	19:19
	Heming Orientering	1571	892	679		
8	Espen Raastad	1:31:19	21:11-5	1:10:08-11	647	23:19
	Skien OK	1490	949	541		
9	Lars Peder Vaaje	1:34:34	25:37-11	1:08:57-10	657	26:34
	Marnardal IL	1426	861	565		
10	Per Einar Strøm	1:53:35	30:45-12	1:22:50-14	649	45:35
	Hedrum OL	1045	758	287		
	Jan Richard Eriksen	47:13		47:13-1	638	20:47
	Asker Skiklubb	1000		1000		
	Njål F. Vadla	18:40	18:40-1	DNS	656	49:20
	Sandnes IL (Rogaland)	1000	1000			
13	Thor Inge Tollehaug	1:59:53	32:34-13	1:27:19-15	652	51:53
	Eiker OL	920	722	198		
14	John Ytternes	2:10:06	24:29-10	1:45:37-16	650	1:02:06
	Kolbotn og Skimt OL	883	883	0		
	Sven Ohrvik	1:00:35		1:00:35-7	635	07:25
	Konnerud IL	732		732		
	Roy Birkeland	1:11:58		1:11:58-12	640	03:58
	Søgne og Songdalen OK	505		505		
	Erik Høivold	1:15:42	DNS	1:15:42-13	658	07:42
	Kongsberg OL	430		430		
	Morten Andresen	00:00	DSQ		651	1:08:00
	OK Skeidi	0				
	Inge Ringheim	00:00		DSQ	634	1:08:00
	Larvik OK	0				
	Petter Løe	00:00	DNS	DNS	653	1:08:00
	Notodden OL	0				
	Erlend Slokvik	00:00	DSQ	DSQ	646	1:08:00
	OL Toten-Troll	0				
	H 60-			-		
1	Arve Glittum	59:21	18:01-1	41:20-1	668	00:00
	OK Skeidi	2000	1000	1000		
2	Reidar Heivoll	1:09:09	22:34-5	46:35-2	670	09:48
	Søgne og Songdalen OK	1804	909	895		
3	Geir Holm Gundersen	1:09:19	22:36-6	46:43-3	667	09:58
EQ Timing system			22.06.2019 17:55:59		Side:18	

Plass	Løper	Totalt	Løp 1	Løp 2		
	Konnerud IL	1800	908	892		
4	Morten Karlsen	1:15:40	21:25-4	54:15-6	672	16:19
	Måren OK	1673	932	741		
5	Ketil Berge	1:18:20	23:09-7	55:11-7	674	18:59
	Vestre Akers SK	1620	897	723		
6	Bjørn Christensen	1:24:12	25:26-8	58:46-9	676	24:51
	Østmarka OK	1502	851	651		
7	Per Larsen	1:33:20	27:44-9	1:05:36-11	671	33:59
	Kristiansand OK	1319	805	514		
	Inge Glittum	20:20	20:20-2		666	39:01
	OK Skeidi	953	953			
	Øyvind Roger Hansen	20:45	20:45-3	DNF	665	38:36
	Røyken OL	945	945			
10	Gunnar Bråten	1:52:27	27:57-10	1:24:30-14	675	53:06
	Voss IL	937	801	136		
	Petter Gullikstad	47:51		47:51-4	663	11:30
	Røros IL	869		869		
	Reidar Fossum	49:51	DSQ	49:51-5	669	09:30
	Asker Skiklubb	829		829		
	Jarle Botnen	58:29	DSQ	58:29-8	673	00:52
	Bø OL	657		657		
	Morten Due	1:01:55		1:01:55-10	661	02:34
	Måren OK	588		588		
	Odd Harald Nilsen	1:11:44		1:11:44-12	664	12:23
	OL Tønsberg og omegn	392		392		
	Stein Ødegård	1:13:14		1:13:14-13	660	13:53
	OL Tønsberg og omegn	362		362		
	Tron Solberg	1:34:50		1:34:50-15	659	35:29
	OK Skeidi	0		0		

	H 65-			-		
1	Bjørn Grinde	51:59	20:01-4	31:58-1	726	00:00
	IL GeoForm	1976	976	1000		
2	Øivind Fadum	57:01	20:07-5	36:54-2	733	05:02
	Sande Sportsklubb	1875	974	901		
3	Mikael Tarandi	59:00	20:32-6	38:28-3	728	07:01
	IFK Lidingö SOK	1836	966	870		
4	Dag Kristensen	1:00:29	19:05-2	41:24-7	732	08:30
	OK Skeidi	1806	995	811		
5	Per Chr. Hagen	1:02:28	22:53-8	39:35-5	735	10:29
	Bø OL	1766	919	847		
6	Are Eriksen	1:02:56	19:12-3	43:44-10	736	10:57
	Oslostudentenes IK	1756	992	764		
6	Ragnar Niemi Berg	1:02:58	23:25-11	39:33-4	722	10:59
	Stokke IL	1756	908	848		
8	Bjørn Arnfinn Paulsen	1:03:57	22:56-9	41:01-6	734	11:58
	OK Moss	1737	918	819		
9	Hugo A. Christensen	1:06:39	21:28-7	45:11-11	731	14:40
	Notodden OL	1682	947	735		
10	Elling Aakre	1:06:52	23:59-12	42:53-8	724	14:53
	Andebu IL	1678	897	781		
11	Stein Turtumøygard	1:11:43	24:26-13	47:17-12	737	19:44
	Måren OK	1581	888	693		
12	Sveinung Rekaa	1:12:30	23:17-10	49:13-14	729	20:31

Plass	Løper	Totalt	Løp 1	Løp 2		
	Notodden OL	1566	911	655		
13	Oskar Straume	1:28:00	31:39-16	56:21-15	723	36:01
	Drangedal OL	1255	743	512		
	Bjørn Alsaker	18:50	18:50-1		730	33:09
	Stavanger Orienteringsklubb	1000	1000			
15	Martin Nauf	1:43:50	29:06-15	1:14:44-18	727	51:51
	Hedrum OL	938	794	144		
	Eilef Landsverk	27:03	27:03-14		725	24:56
	Skien OK	835	835			
	Dagfinn Torpe	43:18		43:18-9	719	08:41
	Porsgrunn OL	773		773		
	Jan Bøhle	48:36		48:36-13	720	03:23
	OL Trollo	667		667		
	Olav Smestad	59:50		59:50-16	721	07:51
	Gjerstad IL	442		442		
	Kjell Sandåker	1:09:25		1:09:25-17	718	17:26
	IL Imås	251		251		

	H 70-			-		
1	Helge Revhaug	57:55	20:18-1	37:37-6	769	00:00
	Ringerike OL	1958	1000	958		
2	Runar Kittilsen	58:17	21:09-2	37:08-5	782	00:22
	Stokke IL	1951	983	968		
3	Kjell Audun Sundsdal	1:02:00	26:07-11	35:53-2	761	04:05
	Melum IL	1876	883	993		
4	Atle Remme	1:03:55	23:10-4	40:45-8	754	06:00
	Porsgrunn OL	1838	942	896		
5	Geir Trøan	1:04:31	22:50-3	41:41-11	759	06:36
	Kolbotn og Skimt OL	1826	949	877		
6	Tore Berntsen	1:04:40	23:50-5	40:50-9	779	06:45
	Søgne og Songdalen OK	1823	929	894		
6	Widar Taxth Løland	1:04:40	24:52-8	39:48-7	764	06:45
	Hisøy OK	1823	908	915		
8	Ragnar Hillestad	1:07:41	24:27-7	43:14-14	757	09:46
	Lardal OL	1763	917	846		
9	Jørn Torgersen	1:10:09	24:20-6	45:49-15	781	12:14
	TIF Viking	1713	919	794		
10	Hans Stordal	1:16:43	25:23-9	51:20-17	785	18:48
	OL Tønsberg og omegn	1582	898	684		
11	Helge Fossheim	1:21:48	25:38-10	56:10-23	778	23:53
	Hedrum OL	1480	893	587		
12	Kåre Thorbjørnsen	1:25:55	30:39-12	55:16-21	777	28:00
	Larvik OK	1398	793	605		
13	Magne Moy	1:27:03	31:19-13	55:44-22	767	29:08
	OK Sør	1375	779	596		
	Trygve Løland	35:33		35:33-1	776	22:22
	Birkenes IL	1000		1000		
	Dag Rønning Jensen	36:52		36:52-3	755	21:03
	OL Trollo	973		973		
	Kjell Einar Aadnevik	36:53		36:53-4	770	21:02
	TIF Viking	973		973		
	Øyvin Simonsen	41:27		41:27-10	758	16:28
	IL Imås	882		882		
	John Thomas Petersen	42:24		42:24-12	771	15:31

Plass	Løper	Totalt	Løp 1	Løp 2		
	Nittedal OL	863		863		
	Rolf Gjølberg	42:25		42:25-13	768	15:30
	Larvik OK	862		862		
	Kristen Daland	45:54		45:54-16	765	12:01
	IL Imås	793		793		
	Jørgen Kvilhaug	32:00	32:00-14		784	25:55
	Botne SK	766	766			
	Hallvard Myrvoll	51:38		51:38-18	756	06:17
	Bø OL	678		678		
	Per Kåre Herredsvla	51:58		51:58-19	762	05:57
	Østmarka OK	671		671		
	Øyvind Egeskog	53:48	DSQ	53:48-20	773	04:07
	Stavanger Orienteringsklubb	635		635		
	Hogne Kjærås	57:59		57:59-24	766	00:04
	Andebu IL	551		551		
	Hasse Bergstrøm	1:02:30		1:02:30-25	775	04:35
	Tyrving IL	461		461		
	Arne Lande	48:44	48:44-15	DNS	772	09:11
	Bø OL	431	431			
	Floke Bredland	00:00		DSQ	918	57:55
	Søgne og Songdalen OK	0				
	Jiri Urvalek	00:00	DSQ		786	57:55
	Porsgrunn OL	0				
	Knut G Karlsen	00:00		DNS	763	57:55
	Heming Orientering	0				
	Willi Streuli	00:00	DNS	DNS	780	57:55
	OLG St. Gallen/Appenzell	0				
	Finn Ole Jørgensen	00:00	DNS	DNS	760	57:55
	IK Grane Arendal Orientering	0				

	H 75-			-		
1	Helge Bjaaland	1:01:07	20:10-3	40:57-1	878	00:00
	Heming Orientering	1978	978	1000		
2	Carl Ove Berg	1:06:16	20:51-5	45:25-2	883	05:09
	OK Skeidi	1875	965	910		
3	Bjørn W. Ludvigsen	1:09:01	19:12-2	49:49-9	875	07:54
	Sturla, IF	1820	998	822		
4	Odd Aure	1:09:38	20:10-3	49:28-8	879	08:31
	Drangedal OL	1807	978	829		
5	Ole Jørgen Mjøsund	1:11:23	24:38-7	46:45-4	888	10:16
	Spillum IL	1773	889	884		
6	Kjell Meen	1:11:36	25:25-9	46:11-3	877	10:29
	Porsgrunn OL	1768	873	895		
7	Magnar Øvreås	1:25:10	19:06-1	1:06:04-15	887	24:03
	Botne SK	1497	1000	497		
	Per Øystein Andersen	22:16	22:16-6		874	38:51
	Larvik OK	936	936			
	Frank Eliassen	46:47		46:47-5	876	14:20
	Sandefjord OK	883		883		
	Lars Martin Gjein	46:53		46:53-6	873	14:14
	Stokke IL	881		881		
	Audun Kjøstvedt	25:03	25:03-8		881	36:04
	IL Høvdingen	881	881			
	Kjell Stenstadvold	47:27		47:27-7	885	13:40

Plass	Løper	Totalt	Løp 1	Løp 2		
	Tyrving IL	870		870		
	Arne Kristensen	56:37		56:37-10	889	04:30
	Stokke IL	686		686		
	Olav Solberg	59:39		59:39-11	884	01:28
	Bø OL	626		626		
	Ole Kristoffer Throndsen	1:01:34		1:01:34-12	880	00:27
	Kongsberg OL	587		587		
	Ronald Bjerva	1:02:12		1:02:12-13	882	01:05
	Drangedal OL	575		575		
	Tor Eivind Edvardsen	1:04:07	DNS	1:04:07-14	886	03:00
	Larvik OK	536		536		

	H 80-			-		
1	Oddvar Gjelstad	1:21:34	22:51-1	58:43-3	868	00:00
	Sandefjord OK	1798	1000	798		
2	Magnar Reppesgård	1:34:48	24:58-3	1:09:50-4	866	13:14
	Hedrum OL	1533	957	576		
3	Finn Åge Østern	1:36:37	24:09-2	1:12:28-5	867	15:03
	Kongsberg OL	1497	974	523		
	Svein Solerød	48:39		48:39-1	863	32:55
	OL Toten-Troll	1000		1000		
	Ivar Louis Berg	50:44		50:44-2	864	30:50
	Sturla, IF	958		958		
	Bjørn Gunnerød	00:00		DSQ	860	1:21:34
	Asker Skiklubb	0				
	Olav Mostaul	2:17:06		2:17:06-6	865	55:32
	Høydalsmo IL	0		0		

	H 85-			-		
1	Einar Jørundland	1:48:56	27:11-1	1:21:45-1	857	00:00
	OK Sør	2000	1000	1000		
2	Kjell Gjersdal	1:53:31	28:24-2	1:25:07-2	856	04:35
	Stavanger Orienteringsklubb	1907	975	932		
3	Dagfinn Føllesdal	2:08:52	30:21-3	1:38:31-3	858	19:56
	Oslostudentenes IK	1600	936	664		

	D 45AK			-		
1	Gunn Elin Rudi	1:12:22	25:44-2	46:38-2	812	00:00
	Hadeland OL	1468	747	721		
2	Gro Børte	1:18:19	26:11-3	52:08-3	810	05:57
	Kristiansand OK	1349	738	611		
3	June Herredsvela	1:32:18	27:25-4	1:04:53-4	811	19:56
	Østmarka OK	1069	713	356		
4	Rita Raastad	1:33:40	25:35-1	1:08:05-6	809	21:18
	Skien OK	1042	750	292		
	Elin Kalleson	45:13		45:13-1	806	27:09
	Oppsal Orientering	750		750		
	Hege Gunnerød	1:08:01		1:08:01-5	807	04:21
	Asker Skiklubb	294		294		
	Gerd Karin Vestøl	00:00		DSQ	805	1:12:22
	Vegårshei IL	0				

H 45AK	-
---------------	---

Plass	Løper	Totalt	Løp 1	Løp 2		
1	Jarle Eriksen	1:11:23	20:33-1	50:50-1	717	00:00
	OK Skeidi	1500	750	750		
2	Thorbjørn Værp	1:13:42	21:38-2	52:04-2	711	02:19
	Kristiansand OK	1453	728	725		
3	Arne Håkon Jørgensen	1:23:39	24:31-3	59:08-3	714	12:16
	Sandefjord OK	1254	670	584		
4	Dan Egil Ljådal	1:29:37	29:06-6	1:00:31-4	712	18:14
	IL Hauken	1135	579	556		
5	Jan Ivar Gundersen	1:39:04	28:11-5	1:10:53-5	710	27:41
	Hedrum OL	946	597	349		
	Erik Broers Damsgaard	28:07	28:07-4	DNF	715	43:16
	Hisøy OK	598	598			
7	Tore Lindaas	2:21:53	39:43-7	1:42:10-6	716	1:10:30
	Elverum OK	366	366	0		
	Kristian Vågsnes	00:00	DNS	DNS	713	1:11:23
	IK Grane Arendal Orientering	0				