

Resultatliste frå treningsløp på Folkestadåsane 19.juni 2019

Antal deltakarar: 15

Arrangør: Bjørn Steen

Brikke	Navn	Tid	Min/km	Klubb	Gull	Sølv	Brns	Disk										
3,0 km C-løype					1/143	2/139	3/95	4/129	5/87	6/133	7/136	8/130	9/131	10/84	11/127	12/138	13/100	
227784	Emre Haugen	1:09:07	23:02	Bø OL	05:27	04:40	06:57	07:05	04:02	07:25	04:31	04:33	07:28	05:07	06:30	03:43	01:39	
245628	Oda Hoftun	Utan tid		Bø OL	03:18	05:40	05:07	04:14	05:05	03:42	12:09	20:27	06:02	02:49	04:35	02:59	00:59	
	Leslie Van der Vorde	Utan tid		Bø OL														
4,4 km A-løype					1/81	2/82	3/94	4/121	5/91	6/140	7/118	8/96	9/84	10/127	11/138	12/100		
203365	Jon Solberg	32:09	7:18	Bø OL	01:53	03:26	05:01	03:04	01:37	02:54	04:41	02:51	02:53	01:30	01:29	00:50		
170925	Jarle Botnen	46:37	10:36	Bø OL	02:09	03:15	05:51	03:59	02:00	03:34	12:09	03:41	03:47	03:19	01:55	00:58		
227677	Steinar Lande	49:58	11:21	Bø OL	02:39	04:24	08:14	05:21	02:31	04:18	07:26	04:24	04:42	02:40	02:10	01:09		
227680	Per Chr. Hagen	55:10	12:32	Bø OL	03:25	04:27	07:27	05:24	02:41	04:26	07:14	04:28	04:42	07:25	02:19	01:12		
227681	Jon Kvisli	55:43	12:40	Bø OL	03:16	05:44	08:28	05:25	02:48	05:33	08:40	05:00	04:46	02:23	02:23	01:17		
1,5 km N-løype					1/97	2/122	3/142	4/131	5/141	6/83	7/135	8/92	9/138	10/100				
208647	Gaute B. Solberg	20:10	13:27	Bø OL	01:58	01:49	02:38	01:50	02:13	03:44	02:10	02:06	00:37	01:05				
2,9 km A-løype					1/81	2/82	3/145	4/118	5/96	6/84	7/127	8/138	9/100					
500241	Jørn Myrland	25:46	8:53	NOL	02:22	03:33	03:44	04:07	03:31	03:23	02:06	01:57	01:03					
209819	Per Dehli	33:40	11:37	Bø OL	03:11	04:17	05:05	04:20	05:01	04:36	02:59	02:58	01:13					
203367	Olav Solberg	47:51	16:30	Bø OL	03:40	05:54	08:57	05:37	08:03	06:07	04:28	03:31	01:34					
80353	Margit Ryen Steen	52:13	18:00	Bø OL	08:59	06:30	06:34	07:07	06:40	06:48	04:47	03:16	01:32					
89661	Gunn Botnen	1:04:08	22:07	Bø OL	07:18	06:28	09:17	16:43	05:54	08:02	06:08	02:51	01:27					
208756	Inger Lise Solberg	1:08:01	23:27	Bø OL	06:37	10:48	09:24	10:46	07:30	09:07	07:40	04:04	02:05					