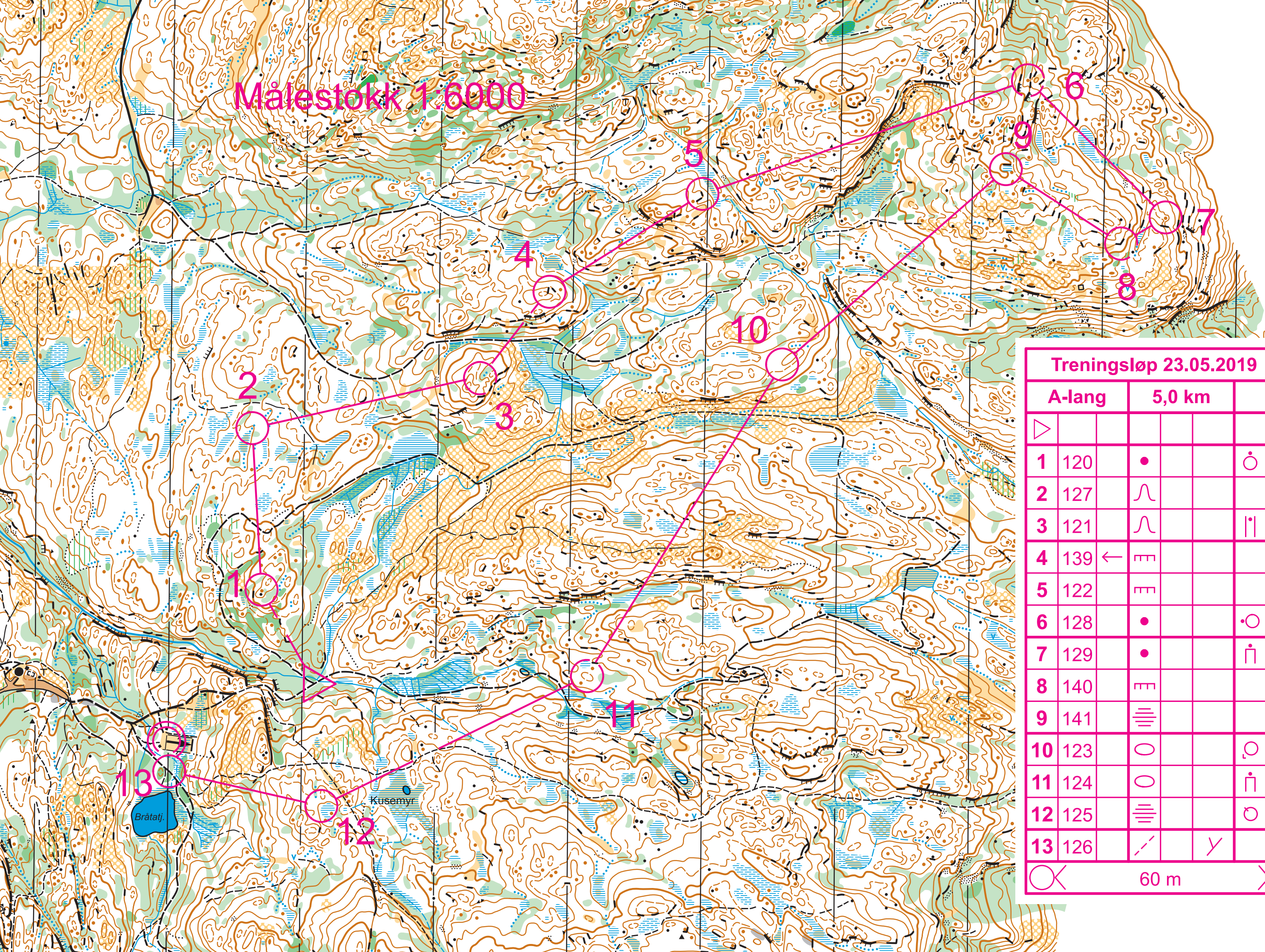


Målestokk 1:6000



Treningsløp 23.05.2019

A-lang		5,0 km			
▷					
1	120	•		◦	
2	127	∩			
3	121	∩			
4	139 ←	≡			
5	122	≡			
6	128	•		◦	
7	129	•		◦	
8	140	≡			
9	141	≡			
10	123	○		◦	
11	124	○		◦	
12	125	≡		◦	
13	126	/	γ		
○		60 m		○	