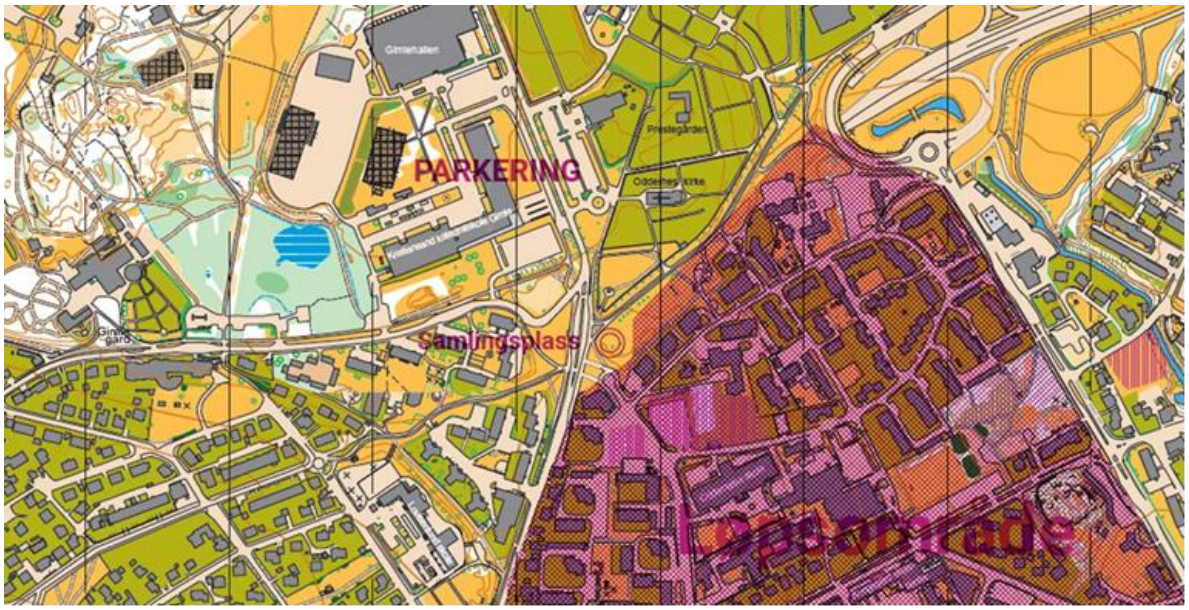
PM for 4. løp KSO våren 2019

Samlingsplass: Denne er flyttet fra UIA til området mellom Oddernes kirke og Tobienborg, jfr. under.



Start: Opprop ca. 3 min før start. Intervallstart hvert 30. sekund. Kartet deles ut 30 sekunder før tidsstart. (Dette er annerledes enn vanlig.)

Løype: Postplukk, dvs. at deltakerne selv velger i hvilken rekkefølge de vil ta postene. Alle postene må oppsøkes før løperne går i mål. Kode 100 er obligatorisk som siste post.

Tips: Det er ingen naturlig vei å ta postene, og det kan derfor for noen være riktig å ta med en tusjpenn for å krysse av poster etterhvert som disse er tatt.

Fair play: KSO har gjennom mange år erfart at de eldre utøverne dessverre ikke overholder reglene for sprintorientering. Veldig ofte er det mange som krysser gjerder, murer, hageområder m.m. som ikke er passerbare iht. til normen og merket på kartet, men som utøveren synes er «grei» snarvei. Vi oppfordrer alle til fair play ved at de setter seg inn i regelverket. Er du i tvil om noe spør du en fra arrangøren.

God tur!

Hilsen løypelegger/JB

ISOM 2017 Orienteering Map Symbols

Land forms

- Contour
- Index contour
- Form line
- Slope line
- Contour value
- Earth bank
- Earth wall
- Ruined earth wall
- Erosion gully
- Small erosion gully
- Knoll
- Small knoll
- Small elongated knoll
- Depression
- Small depression
- Pit
- Broken ground
- Very broken ground
- Prominent landform feature

Water and marsh

- Uncrossable water
- Shallow water
- Waterhole
- Uncrossable river
- Crossable watercourse
- Small crossable watercourse
- Minor/seasonal water channel
- Narrow marsh
- Uncrossable marsh
- Marsh
- Indistinct marsh
- Well, fountain or water tank
- Spring
- Prominent water feature

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Copies of these map symbols and of the IOF pictorial control descriptions can be downloaded from www.maprunner.co.uk

The ISOM 2017 specification can be downloaded from www.orienteering.org



Man-made features

- Paved area
- Wide road
- Road
- Vehicle track
- Footpath
- Small footpath
- Less distinct small path
- Narrow ride
- Visible path junction
- Indistinct junction
- Railway
- Power line, cableway or skilift
- Major power line
- Bridge/tunnel
- Footbridge
- Wall
- Ruined wall
- Impassable wall
- Fence
- Ruined fence
- Impassable fence
- Crossing point
- Area that shall not be entered
- Building
- Canopy
- Ruin
- High tower, Small tower
- Cairn, Fodder rack
- Prominent line feature
- Prominent impassable line feature
- Prominent man-made feature

Rock and boulders

- Impassable cliff
- Cliff
- Rocky pit, Cave
- Boulder, Large boulder
- Gigantic boulder
- Boulder cluster
- Boulder field
- Dense boulder field
- Stony ground: slow
- Stony ground: walk
- Stony ground: fight
- Sandy ground
- Bare rock
- Trench

Vegetation

- Open land
- Open land with scattered trees/bushes
- Rough open land
- Rough open land with scattered trees/bushes
- Forest: easy running
- Vegetation: slow running
- Undergrowth: slow running
- Vegetation: walk
- Undergrowth: walk
- Vegetation: fight
- Vegetation: impassable
- Forest runnable in one direction
- Cultivated land
- Orchard
- Vineyard
- Distinct cultivation boundary
- Distinct vegetation boundary
- Prominent large tree
- Prominent bush or tree
- Prominent vegetation feature

Overprinting symbols

- Start
- Control point
- Control number
- Marked route
- Finish
- Out-of-bounds boundary
- Crossing point
- Out-of-bounds area
- Out-of-bounds route
- First aid post, Refreshment point

Technical symbols

- Magnetic north line
- Registration mark
- Spot height