

Norwegian Spring - Vårspretten (Middle distance)

Selected runners to run with a GPS-device from the Organizers and some with their own (Swedish team).

Pick-up at Arena INFO tent (about 30 min before own start time). Arena to start is about 800 m.

D 21-E1	Name	Club	Start	GPS-device from
	Lizzie Ingham	Halden SK	12:46	Arena INFO tent
	Ida Marie Næss Bjørgul	Halden SK	12:52	Arena INFO tent
	Karoline Aune	Halden SK	12:56	Arena INFO tent
	Elena Roos	Halden SK	13:08	Arena INFO tent
	Ane Sofie Næss Bjørgul	Halden SK	13:18	Arena INFO tent
	Idun Kristine Felde Olaussen	Halden SK	13:26	Arena INFO tent
	Marie Olaussen	Fredrikstad SK	13:30	Arena INFO tent
	Ingrid Lundanes	NTNUI	13:32	Arena INFO tent
	Charlotte Watson	Lillomarka OL	13:38	Arena INFO tent
	Christiane Trösse	Varegg Fleridrett	13:40	Arena INFO tent
	Jo Shepherd	Halden SK	13:46	Arena INFO tent
	Eveliina Hirvonen	Halden SK	14:00	Arena INFO tent
	Kamilla Olaussen	Fredrikstad SK	14:06	Arena INFO tent
	Kine Hallan Steiwer	Halden SK	14:08	Arena INFO tent
	Ingjerd Myhre	Kongsberg OL	14:12	Arena INFO tent
	Silje Ekroll Jahren	Nydalens SK	14:28	Arena INFO tent
	Bodil Helgerud	Halden SK	14:32	Arena INFO tent
	Sabine Hauswirth	Halden SK	14:34	Arena INFO tent

D 21-E2	Name	Club	Start	GPS-device from
	Karolin Ohlsson	Sverige	12:43	Swedish team
	Sara Hagström	IFK Göteborg Orientering	12:47	Swedish team
	Niina Hulkkonen	IFK Lidingö SOK	12:53	Swedish team
	Natalia Gemperle	Alfta-Ösa OK	12:55	Swedish team
	Anna Bachman	IFK Lidingö SOK	12:59	Swedish team
	Kirsi Nurmi	IFK Göteborg	13:05	Arena INFO tent
	Simona Aebersold	Swiss O-Team	13:07	Swedish team
	Lina Strand	Sverige	13:09	Swedish team
	Venla Harju	Tampereen Pyrintö	13:19	Swedish team
	Catherine Taylor	OK Södertörn	13:25	Arena INFO tent
	Ausrine Kutkaite	IFK Lidingö SOK	13:27	Swedish team
	Hanna Wisniewska	OK Orion	13:37	Arena INFO tent
	Miri Thrane Ødum	Dansk Orienterings-Forbund	13:49	Arena INFO tent
	Maëlle Beauvir	Tampereen Pyrintö	13:57	Arena INFO tent
	Aleksandra Hornik	Paimion Rasti	13:59	Arena INFO tent
	Tove Alexandersson	Sverige	14:03	Swedish team
	Maija Sianoja	MS Parma	14:05	Swedish team
	Sofia Haajanen	SK Pohjantähti	14:07	Arena INFO tent
	Sanna Kauppila	Angeliemen Ankkuri	14:13	Arena INFO tent
	Lisa Risby	Ok Kåre	14:15	Swedish team
	Josefin Tjernlund	OK Tisaren	14:25	Swedish team
	Elin Månsson	IFK Göteborg	14:27	Swedish team
	Alva Olsson	Linköpings OK	14:31	Swedish team
	Denisa Kosová	CZECH O-TEAM	14:33	Arena INFO tent
	Lilian Forsgren	OK Tisaren	14:35	Swedish team
	Saila Kinni	Tampereen Pyrintö	14:39	Arena INFO tent

Tracking and results at: <https://norwegianspring.no/live>

H 21-E1	Name	Club	Start	GPS-device from
	Yngve Skogstad	Frol IL	12:52	Arena INFO tent
	Ralph Street	Bækkelagets SK	12:54	Arena INFO tent
	Jan Kocbach	Fana IL	13:02	Arena INFO tent
	Gaute Hallan Steiwer	Fredrikstad SK	13:50	Arena INFO tent
	Eskil Kinneberg	IFK Göteborg	13:58	Arena INFO tent
	Hans Petter Mathisen	Fredrikstad SK	14:04	Arena INFO tent
	Vetle Ruud Bråten	Raumar Orientering	14:30	Arena INFO tent
	Martin Hubmann	Fredrikstad SK	14:38	Arena INFO tent
	Jo Forseth Indgaard	Frol IL	14:44	Arena INFO tent
	Eirik Kamstrup Hovind	Nydalens SK	14:46	Arena INFO tent

H 21-E2	Name	Club	Start	GPS-device from
	Oskar Sjöberg	OK Linné	12:41	Swedish team
	Martin Regborn	Sverige	12:45	Swedish team
	Johan Runesson	IFK Lidingö SOK	12:49	Swedish team
	Frederic Tranchand	Paimion Rasti	12:51	Swedish team
	Joey Hadorn	OK Linné	13:21	Swedish team
	Florian Howald	Tampereen Pyrintö	14:01	Swedish team
	Daniel Hubmann	Koovee	14:07	Swedish team
	Albin Ridefelt	OK Linné	14:09	Swedish team
	Robert Merl	Turun Metsänkävijät	14:23	Arena INFO tent
	William Lind	Sverige	14:27	Swedish team
	Lucas Basset	OK Linné	14:31	Swedish team
	Jerker Lysell	Sverige	14:35	Swedish team
	Aleksi Niemi	Tampereen Pyrintö	14:37	Arena INFO tent
	Jens Rönnols	Sverige	14:51	Swedish team
	Emil Svensk	Stora Tuna OK	14:53	Swedish team

H 21-E3	Name	Club	Start	GPS-device from
	Guilhem Elias	Halden SK	12:50	Arena INFO tent
	Jørgen Baklid	Konnerud IL	12:56	Arena INFO tent
	Thomas Natvig Årstad	Halden SK	12:58	Arena INFO tent
	Magnus Nordbrøden	Halden SK	13:04	Arena INFO tent
	Audun Heimdal	NTNUI	13:08	Arena INFO tent
	Markus Holter	Halden SK	13:10	Arena INFO tent
	Andreas Kyburz	IL Tyrving	13:26	Arena INFO tent
	Håkon Jarvis Westergård	IL Tyrving	13:36	Arena INFO tent
	Viktor Wassén	Halden SK	13:38	Arena INFO tent
	Jesse Laukkanen	Halden SK	13:42	Arena INFO tent
	Niels Christian Hellerud	Halden SK	13:50	Arena INFO tent
	Magne Dæhli	Halden SK	13:54	Arena INFO tent
	Matthieu Puech	Halden SK	14:02	Arena INFO tent
	Matthias Kyburz	IL Tyrving	14:06	Arena INFO tent
	Elias Bäcklund Ekvall	Halden SK	14:16	Arena INFO tent
	Olle Boström	IL Tyrving	14:20	Arena INFO tent
	Vojtech Král	CZECH O-TEAM	14:32	Arena INFO tent
	Søren Bobach	Dansk Orienterings-Forbund	14:36	Arena INFO tent
	Mats Nordbrøden	Halden SK	14:38	Arena INFO tent
	Vegard Jarvis Westergård	NTNUI	14:40	Arena INFO tent
	Kasper Fosser	Heming Orientering	14:44	Arena INFO tent
	Olav Lundanes	Halden SK	14:54	Arena INFO tent