

IL BUL TROMSØ INVITES TO

## SKI-O WEEKEND IN THE ARCTIC

SATURDAY and SUNDAY 16-17 MARCH 2019

- Location:** Storelva ski arena on Kvaløya island, 10 km from the city of Tromsø. ([www.visittromso.no/en](http://www.visittromso.no/en)). Parking at the arena (NOK 50,- pr day).
- Terrain:** Open birch forest with a complex network of ski tracks. Spectacular mountain scenery.
- Accommodation /transport:** Special hotel prices will be offered, see next page. City bus 42 can be used to events, city center and airport. (Bus 42 direction «Eidkjosen» to the arena and direction «Stakkevollan» to city center.)
- Electronic punching:** Emit Touchfree for all classes. EmitTag can be rented upon entry (50 NOK).
- Entry and fees:** Online at [eventor.orientering.no](http://eventor.orientering.no) within Sunday 10. March (200 NOK/day).
- Prize giving ceremony:** Sunday. Based on results of both days. NOF guidelines.

**PERFECT WARM-UP FOR WSOC/WMSOC IN PITEÅ 19-24 MARCH!**





<b>HOTEL PRICES PR NIGHT</b>	Single room	Double room	Comments
<b>Clarion Hotel the Edge</b> <a href="http://www.nordicchoicehotels.com">www.nordicchoicehotels.com</a>	NOK 1390,-	NOK 1490,-	Breakfast and WiFi included. Trippel room NOK 1590,-. Booking code: ski2019
<b>Comfort Hotel Xpress</b> <a href="http://www.nordicchoicehotels.com">www.nordicchoicehotels.com</a>	NOK 1090,-	NOK 1190,-	Breakfast not included. Can be purchased at the Edge. NOK 150,- adult / 75,- children up to 12 years. Booking code: ski2019
<b>Quality Hotel Saga</b> Booking: 77 60 70 00 or <a href="mailto:q.saga@choice.no">q.saga@choice.no</a>	NOK 815,-	NOK 1015,-	Breakfast included. Book direct at the hotel. Reference "Norges Cup i ski-orientering".





Classes	Sat, sprint	Sun, middle distance
<b>First start</b>	<b>15:00</b>	<b>09:00</b>
W10, M10, W11-12, M11-12	2 km	3 km
W13-14, M13-14, W15-16	2,5 km	5 km
W17K, W50, W60, W70, M60, M70	2,5 km	5 km
W40, M15-16, M17K, M50	3 km	6 km
W17-20*, W21*, M40	3,5 km	7 km
M17-20*, M21*	4 km	8 km
<b>* Final events of SPORT-8 Norwegian Ski-o Cup 2019</b>		

Course planner: Geir Moholdt, geirmoholdt@gmail.com, 991 02 900  
Ski tracks: Jonny I Hansen, byggmjih@online.no, 908 78 709  
Timing: Øyvind Undstad, undstad@gmail.com, 916 31 268  
Event director: Marthe Lise Thomasjord, marthe.lise.thomasjord@gmail.com, 948 22 668








BUL-TROMSØ  
o-gruppa

**MIDT-TROMSØYA**

målestokk: 1: 6000  
ekvidistans: 5 m  
utgitt: 2011



-  >3m
-  1.5-3m
-  0.8-1.2m
-  0.8-1m



**Tromsø ski-o 2018, sprint**

Løype 6, 4.0 km  
H17-20  
H21

