

D 11-12

|                         |       |                   |                   |                   |                   |                   |                   |                    |                    |                    |                    |
|-------------------------|-------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Ronja Götsch Iversen | 13:58 | <b>0:48-1</b>     | <b>2:13-1</b>     | <b>2:24-1</b>     | <b>1:08-1</b>     | <b>0:59-1</b>     | <b>1:09-1</b>     | <b>2:13-1</b>      | <b>1:25-1</b>      | <b>1:07-1</b>      | <b>0:32-1</b>      |
|                         |       | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               |
|                         |       | <del>0:48-1</del> | <del>3:01-1</del> | <del>5:25-1</del> | <del>6:33-1</del> | <del>7:32-1</del> | <del>8:41-1</del> | <del>10:54-1</del> | <del>12:19-1</del> | <del>13:26-1</del> | <del>13:58-1</del> |
|                         |       | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               |

D 13-14

|                      |     |
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| Elisa Götsch Iversen | RUN |
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D 17

|                               |       |                   |                   |                   |                    |                    |                    |                    |                    |                    |                    |                    |
|-------------------------------|-------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Arntraut Götsch            | 24:40 | 2:27-2            | <b>1:32-1</b>     | <b>3:40-1</b>     | <b>3:58-1</b>      | <b>1:20-2</b>      | <b>3:18-1</b>      | <b>2:30-1</b>      | <b>3:10-1</b>      | <b>0:55-1</b>      | <b>1:26-1</b>      | <b>0:24-1</b>      |
|                               |       | 0:01              | 0:00              | 0:00              | 0:00               | 0:01               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               |
|                               |       | 2:27-2            | <del>3:59-1</del> | <del>7:39-1</del> | <del>11:37-1</del> | <del>12:57-1</del> | <del>16:15-1</del> | <del>18:45-1</del> | <del>21:55-1</del> | <del>22:50-1</del> | <del>24:16-1</del> | <del>24:40-1</del> |
|                               |       | 0:01              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               |
| 2. Ragnhild Flåten Andreassen | 28:14 | 2:40-3            | 1:41-2            | 3:50-2            | 4:28-4             | 1:32-4             | 4:25-3             | 2:44-2             | 3:39-3             | 1:01-2             | 1:43-4             | 0:31-4             |
|                               |       | 0:14              | 0:09              | 0:10              | 0:30               | 0:13               | 1:07               | 0:14               | 0:29               | 0:06               | 0:17               | 0:07               |
|                               |       | 2:40-3            | 4:21-2            | 8:11-2            | 12:39-2            | 14:11-2            | 18:36-2            | 21:20-2            | 24:59-2            | 26:00-2            | 27:43-2            | 28:14-2            |
|                               |       | 0:14              | 0:22              | 0:32              | 1:02               | 1:14               | 2:21               | 2:35               | 3:04               | 3:10               | 3:27               | 3:34               |
| 3. Tora Indregard             | 29:47 | <b>2:26-1</b>     | 1:57-3            | 6:03-4            | 4:26-3             | 1:27-3             | 4:04-2             | 2:47-3             | 3:34-2             | 1:04-3             | 1:33-2             | 0:26-2             |
|                               |       | 0:00              | 0:25              | 2:23              | 0:28               | 0:08               | 0:46               | 0:17               | 0:24               | 0:09               | 0:07               | 0:02               |
|                               |       | <del>2:26-1</del> | 4:23-3            | 10:26-4           | 14:52-4            | 16:19-4            | 20:23-4            | 23:10-3            | 26:44-3            | 27:48-3            | 29:21-3            | 29:47-3            |
|                               |       | 0:00              | 0:24              | 2:47              | 3:15               | 3:22               | 4:08               | 4:25               | 4:49               | 4:58               | 5:05               | 5:07               |
| 4. Inga Waage Mikalsen        | 31:08 | 3:27-4            | 2:04-4            | 4:02-3            | 4:17-2             | <b>1:19-1</b>      | 5:09-4             | 3:45-4             | 3:51-4             | 1:13-4             | 1:34-3             | 0:27-3             |
|                               |       | 1:01              | 0:32              | 0:22              | 0:19               | 0:00               | 1:51               | 1:15               | 0:41               | 0:18               | 0:08               | 0:03               |
|                               |       | 3:27-4            | 5:31-4            | 9:33-3            | 13:50-3            | 15:09-3            | 20:18-3            | 24:03-4            | 27:54-4            | 29:07-4            | 30:41-4            | 31:08-4            |
|                               |       | 1:01              | 1:32              | 1:54              | 2:13               | 2:12               | 4:03               | 5:18               | 5:59               | 6:17               | 6:25               | 6:28               |
| Torun Ankjell                 | RUN   |                   |                   |                   |                    |                    |                    |                    |                    |                    |                    |                    |

D 50

|               |     |       |       |       |       |       |       |       |       |
|---------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|
| Sissel Molund | DSQ | 17:11 | 6:27  | 5:53  | 5:12  | 2:23  | 4:51  | 0:00  | 0:00  |
|               |     | 17:11 | 23:38 | 29:31 | 34:43 | 37:06 | 41:57 | 23:57 | 21:25 |
|               |     | 160   | 41    | 52    | 48    | 47    | 46    | 83    | 5     |

H -10

|                  |       |                   |                   |                   |                   |                   |                   |                    |                    |                    |                    |
|------------------|-------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Magnus Molund | 13:42 | <b>1:00-1</b>     | <b>1:50-1</b>     | <b>2:18-1</b>     | <b>1:10-1</b>     | <b>1:00-1</b>     | <b>1:23-1</b>     | <b>2:05-1</b>      | <b>1:24-1</b>      | <b>0:58-1</b>      | <b>0:34-1</b>      |
|                  |       | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               |
|                  |       | <del>1:00-1</del> | <del>2:50-1</del> | <del>5:08-1</del> | <del>6:18-1</del> | <del>7:18-1</del> | <del>8:41-1</del> | <del>10:46-1</del> | <del>12:10-1</del> | <del>13:08-1</del> | <del>13:42-1</del> |
|                  |       | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               |

H 17

|                              |       |                   |                   |                   |                   |                    |                    |                    |                    |                    |                    |                    |
|------------------------------|-------|-------------------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Thomas Frost              | 21:40 | <b>1:54-1</b>     | 1:19-5            | 2:45-2            | 3:32-3            | 1:12-5             | 3:02-3             | <b>1:55-1</b>      | 3:13-7             | 0:53-4             | 1:28-4             | 0:27-4             |
|                              |       | 0:00              | 0:08              | 0:19              | 0:09              | 0:04               | 0:07               | 0:00               | 0:27               | 0:06               | 0:08               | 0:04               |
|                              |       | <del>1:54-1</del> | <del>3:13-1</del> | 5:58-2            | 9:30-2            | <del>10:42-2</del> | <del>13:44-1</del> | <del>15:39-1</del> | <del>18:52-1</del> | <del>19:45-1</del> | <del>21:13-1</del> | <del>21:40-1</del> |
|                              |       | 0:00              | 0:00              | 0:14              | 0:23              | 0:27               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               |
| 2. Håvard Krey Hansen        | 21:55 | 2:36-5            | 1:18-4            | 2:46-3            | 3:30-2            | 1:11-3             | <b>2:55-1</b>      | 2:08-3             | <b>2:46-1</b>      | 0:56-5             | 1:25-3             | 0:24-3             |
|                              |       | 0:42              | 0:07              | 0:20              | 0:07              | 0:03               | 0:00               | 0:13               | 0:00               | 0:09               | 0:05               | 0:01               |
|                              |       | 2:36-5            | 3:54-5            | 6:40-4            | 10:10-3           | 11:21-3            | 14:16-2            | 16:24-3            | 19:10-2            | 20:06-2            | 21:31-2            | 21:55-2            |
|                              |       | 0:42              | 0:41              | 0:56              | 1:03              | 1:06               | 0:32               | 0:45               | 0:18               | 0:21               | 0:18               | 0:15               |
| 3. Karl-Gunnar Skjønsvjell   | 22:07 | 2:03-2            | 1:15-3            | <b>2:26-1</b>     | <b>3:23-1</b>     | <b>1:08-1</b>      | 4:06-7             | 1:59-2             | 3:00-3             | 1:04-7             | <b>1:20-1</b>      | <b>0:23-1</b>      |
|                              |       | 0:09              | 0:04              | 0:00              | 0:00              | 0:00               | 1:11               | 0:04               | 0:14               | 0:17               | 0:00               | 0:00               |
|                              |       | 2:03-2            | 3:18-2            | <del>5:44-1</del> | <del>9:07-1</del> | <del>10:15-1</del> | 14:21-3            | 16:20-2            | 19:20-3            | 20:24-3            | 21:44-3            | 22:07-3            |
|                              |       | 0:09              | 0:05              | 0:00              | 0:00              | 0:00               | 0:37               | 0:41               | 0:28               | 0:39               | 0:31               | 0:27               |
| 4. Daniel Carloy Skjønsvjell | 23:31 | 2:05-3            | 1:13-2            | 3:44-7            | 3:49-4            | <b>1:08-1</b>      | 3:01-2             | 2:50-5             | 3:03-4             | <b>0:47-1</b>      | 1:24-2             | 0:27-4             |
|                              |       | 0:11              | 0:02              | 1:18              | 0:26              | 0:00               | 0:06               | 0:55               | 0:17               | 0:00               | 0:04               | 0:04               |
|                              |       | 2:05-3            | 3:18-2            | 7:02-5            | 10:51-5           | 11:59-5            | 15:00-5            | 17:50-4            | 20:53-4            | 21:40-4            | 23:04-4            | 23:31-4            |
|                              |       | 0:11              | 0:05              | 1:18              | 1:44              | 1:44               | 1:16               | 2:11               | 2:01               | 1:55               | 1:51               | 1:51               |
| 5. Preben Nystu              | 26:19 | 3:09-7            | 1:42-6            | 3:14-6            | 3:55-5            | 1:26-7             | 3:12-4             | 3:42-7             | 3:09-5             | 0:52-2             | 1:30-5             | 0:28-6             |
|                              |       | 1:15              | 0:31              | 0:48              | 0:32              | 0:18               | 0:17               | 1:47               | 0:23               | 0:05               | 0:10               | 0:05               |
|                              |       | 3:09-7            | 4:51-6            | 8:05-7            | 12:00-6           | 13:26-6            | 16:38-6            | 20:20-5            | 23:29-5            | 24:21-5            | 25:51-5            | 26:19-5            |
|                              |       | 1:15              | 1:38              | 2:21              | 2:53              | 3:11               | 2:54               | 4:41               | 4:37               | 4:36               | 4:38               | 4:39               |
| 6. Gard Frost                | 27:29 | 2:08-4            | <b>1:11-1</b>     | 3:02-4            | 3:55-5            | 1:11-3             | 3:22-5             | 6:46-8             | 2:51-2             | 0:52-2             | 1:48-7             | <b>0:23-1</b>      |
|                              |       | 0:14              | 0:00              | 0:36              | 0:32              | 0:03               | 0:27               | 4:51               | 0:05               | 0:05               | 0:28               | 0:00               |
|                              |       | 2:08-4            | 3:19-4            | 6:21-3            | 10:16-4           | 11:27-4            | 14:49-4            | 21:35-6            | 24:26-6            | 25:18-6            | 27:06-6            | 27:29-6            |
|                              |       | 0:14              | 0:06              | 0:37              | 1:09              | 1:12               | 1:05               | 5:56               | 5:34               | 5:33               | 5:53               | 5:49               |
| 7. Børge Harvey              | 30:10 | 2:51-6            | 2:02-7            | 3:09-5            | 8:02-8            | 1:22-6             | 3:44-6             | 2:45-4             | 3:12-6             | 0:58-6             | 1:36-6             | 0:29-7             |
|                              |       | 0:57              | 0:51              | 0:43              | 4:39              | 0:14               | 0:49               | 0:50               | 0:26               | 0:11               | 0:16               | 0:06               |
|                              |       | 2:51-6            | 4:53-7            | 8:02-6            | 16:04-7           | 17:26-7            | 21:10-7            | 23:55-7            | 27:07-7            | 28:05-7            | 29:41-7            | 30:10-7            |
|                              |       | 0:57              | 1:40              | 2:18              | 6:57              | 7:11               | 7:26               | 8:16               | 8:15               | 8:20               | 8:28               | 8:30               |
| 8. Kasper Ankjell Holmöy     | 38:01 | 4:44-8            | 2:18-8            | 4:40-8            | 5:40-7            | 2:18-8             | 5:05-8             | 3:37-6             | 5:58-8             | 1:17-8             | 1:54-8             | 0:30-8             |
|                              |       | 2:50              | 1:07              | 2:14              | 2:17              | 1:10               | 2:10               | 1:42               | 3:12               | 0:30               | 0:34               | 0:07               |
|                              |       | 4:44-8            | 7:02-8            | 11:42-8           | 17:22-8           | 19:40-8            | 24:45-8            | 28:22-8            | 34:20-8            | 35:37-8            | 37:31-8            | 38:01-8            |
|                              |       | 2:50              | 3:49              | 5:58              | 8:15              | 9:25               | 11:01              | 12:43              | 15:28              | 15:52              | 16:18              | 16:21              |

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|                        |       |                   |                   |                   |                    |                    |                    |                    |                    |                    |                    |                    |
|------------------------|-------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Kjetil Molund       | 26:43 | <b>3:20-1</b>     | 1:47-4            | <b>3:05-1</b>     | 3:56-2             | 1:41-2             | 3:54-3             | 2:43-2             | <b>3:15-1</b>      | <b>1:01-1</b>      | <b>1:34-1</b>      | 0:27-2             |
|                        |       | 0:00              | 0:10              | 0:00              | 0:09               | 0:02               | 0:14               | 0:16               | 0:00               | 0:00               | 0:00               | 0:01               |
|                        |       | <del>3:20-1</del> | 5:07-2            | <del>8:12-1</del> | <del>12:08-1</del> | <del>13:49-1</del> | 17:43-2            | 20:26-2            | <del>23:41-1</del> | <del>24:42-1</del> | <del>26:16-1</del> | <del>26:43-1</del> |
|                        |       | 0:00              | 0:04              | 0:00              | 0:00               | 0:00               | 0:14               | 0:30               | 0:00               | 0:00               | 0:00               | 0:00               |
| 2. Axel Juell Theisen  | 27:42 | 3:25-3            | 1:45-3            | 3:13-2            | <b>3:47-1</b>      | <b>1:39-1</b>      | <b>3:40-1</b>      | <b>2:27-1</b>      | 4:29-3             | 1:15-4             | <b>1:34-1</b>      | 0:28-3             |
|                        |       | 0:05              | 0:08              | 0:08              | 0:00               | 0:00               | 0:00               | 0:00               | 1:14               | 0:14               | 0:00               | 0:02               |
|                        |       | 3:25-3            | 5:10-3            | 8:23-2            | 12:10-2            | <del>13:49-1</del> | <del>17:29-1</del> | <del>19:56-1</del> | 24:25-2            | 25:40-2            | 27:14-2            | 27:42-2            |
|                        |       | 0:05              | 0:07              | 0:11              | 0:02               | 0:00               | 0:00               | 0:00               | 0:44               | 0:58               | 0:58               | 0:59               |
| 3. Atle Iversen        | 33:19 | 5:43-4            | <b>1:37-1</b>     | 3:29-3            | 4:37-4             | 1:46-3             | 4:32-4             | 3:14-3             | 4:46-4             | 1:11-3             | 1:50-4             | 0:34-4             |
|                        |       | 2:23              | 0:00              | 0:24              | 0:50               | 0:07               | 0:52               | 0:47               | 1:31               | 0:10               | 0:16               | 0:08               |
|                        |       | 5:43-4            | 7:20-4            | 10:49-4           | 15:26-4            | 17:12-3            | 21:44-3            | 24:58-3            | 29:44-3            | 30:55-3            | 32:45-3            | 33:19-3            |
|                        |       | 2:23              | 2:17              | 2:37              | 3:18               | 3:23               | 4:15               | 5:02               | 6:03               | 6:13               | 6:29               | 6:36               |
| 4. Svein Harald Hansen | 33:31 | <b>3:20-1</b>     | 1:43-2            | 5:33-4            | 4:22-3             | 3:21-4             | 3:53-2             | 3:42-4             | 4:24-2             | 1:04-2             | 1:43-3             | <b>0:26-1</b>      |
|                        |       | 0:00              | 0:06              | 2:28              | 0:35               | 1:42               | 0:13               | 1:15               | 1:09               | 0:03               | 0:09               | 0:00               |
|                        |       | <del>3:20-1</del> | <del>5:03-1</del> | 10:36-3           | 14:58-3            | 18:19-4            | 22:12-4            | 25:54-4            | 30:18-4            | 31:22-4            | 33:05-4            | 33:31-4            |
|                        |       | 0:00              | 0:00              | 2:24              | 2:50               | 4:30               | 4:43               | 5:58               | 6:37               | 6:40               | 6:49               | 6:48               |

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|                      |       |                   |                   |                   |                    |                    |                    |                    |                    |                    |                    |
|----------------------|-------|-------------------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| 1. Hans-Martin Vaeng | 28:28 | <b>2:55-1</b>     | <b>1:47-1</b>     | <b>1:56-1</b>     | <b>5:59-1</b>      | <b>4:21-1</b>      | <b>7:29-1</b>      | <b>1:29-1</b>      | <b>1:02-1</b>      | <b>0:53-1</b>      | <b>0:37-1</b>      |
|                      |       | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               |
|                      |       | <del>2:55-1</del> | <del>4:42-1</del> | <del>6:38-1</del> | <del>12:37-1</del> | <del>16:58-1</del> | <del>24:27-1</del> | <del>25:56-1</del> | <del>26:58-1</del> | <del>27:51-1</del> | <del>28:28-1</del> |
|                      |       | 0:00              | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               |

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|                         |       |                   |                   |                    |                    |                    |                    |                    |                    |                    |                   |
|-------------------------|-------|-------------------|-------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|--------------------|-------------------|
| 1. Nils Tore Andreassen | 31:02 | <b>4:57-1</b>     | <b>3:35-1</b>     | <b>2:41-1</b>      | <b>4:54-1</b>      | <b>4:02-1</b>      | <b>5:48-1</b>      | <b>1:45-1</b>      | <b>1:33-1</b>      | <b>1:09-1</b>      | <b>0:38-1</b>     |
|                         |       | 0:00              | 0:00              | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00               | 0:00              |
|                         |       | <del>4:57-1</del> | <del>8:32-1</del> | <del>11:13-1</del> | <del>16:07-1</del> | <del>20:09-1</del> | <del>25:57-1</del> | <del>27:42-1</del> | <del>29:15-1</del> | <del>30:24-1</del> | <del>31:02-</del> |