

Resultatliste Førde IL Nærløp Skilbrei 13.06.2018

ALM

1	Håvard Nummedal Os, Førde IL					41:17	+00:00											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:30-1	02:31-1	03:53-1	04:47-1	06:19-1	09:12-1	14:00-1	17:29-1	19:31-1	20:43-1	32:10-1	33:05-1	34:46-1	36:29-1	37:36-1	39:57-1	40:39-1	41:17-1
Strekktid	00:30	02:01-1	01:22-2	00:54-2	01:32-1	02:53-1	04:48-9	03:29-4	02:02-3	01:12-1	11:27-2	00:55-1	01:41-1	01:43-2	01:07-3	02:21-1	00:42-2	00:38-2
Tid etter	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00	+00:00
2	Torbjørn Os, Førde IL					44:16	+02:59											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:45-6	03:05-4	04:24-2	05:14-2	07:32-2	10:35-2	15:32-4	18:38-2	20:16-2	21:39-2	33:13-2	34:24-2	36:27-2	38:46-2	39:43-2	42:33-2	43:26-2	44:16-2
Strekktid	00:45	02:20-4	01:19-1	00:50-1	02:18-10	03:03-6	04:57-11	03:06-3	01:38-1	01:23-2	11:34-4	01:11-4	02:03-2	02:19-15	00:57-1	02:50-11	00:53-8	00:50-10
Tid etter	+00:15&	+00:19#	-00:03	-00:04	+00:46&	+00:10	+00:09	-00:23	-00:24	+00:11#	+00:07	+00:16&	+00:22#	+00:36&	-00:10	+00:29#	+00:11&	+00:12&
3	Kristian Bråten, Førde IL					46:51	+05:34											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:37-4	03:14-7	04:51-5	06:03-5	07:57-4	10:56-3	14:55-2	18:38-2	21:30-3	23:10-3	36:59-4	38:11-4	40:23-4	41:49-3	42:55-3	45:23-3	46:06-3	46:51-3
Strekktid	00:37	02:37-7	01:37-5	01:12-7	01:54-4	02:59-4	03:59-2	03:43-6	02:52-14	01:40-7	13:49-12	01:12-5	02:12-6	01:26-1	01:06-2	02:28-2	00:43-3	00:45-5
Tid etter	+00:07#	+00:36&	+00:15#	+00:18&	+00:22#	+00:06	-00:49	+00:14	+00:50&	+00:28&	+02:22#	+00:17&	+00:31&	-00:17	-00:01	+00:07	+00:01	+00:07#
4	Arnfinn Kringlen, IL Tambarskjelvar					48:09	+06:52											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:46-8	03:05-4	04:31-3	05:53-4	07:51-3	11:05-4	15:58-6	19:30-4	21:38-4	23:54-5	37:26-6	38:28-5	40:37-5	42:33-5	44:02-5	46:32-4	47:19-4	48:09-4
Strekktid	00:46	02:19-3	01:26-3	01:22-12	01:58-6	03:14-10	04:53-10	03:32-5	02:08-6	02:16-10	13:32-11	01:02-2	02:09-4	01:56-5	01:29-9	02:30-5	00:47-5	00:50-10
Tid etter	+00:16&	+00:18#	+00:04	+00:28&	+00:26&	+00:21#	+00:05	+00:03	+00:06	+01:04&	+02:05#	+00:07#	+00:28&	+00:13#	+00:22&	+00:09	+00:05#	+00:12&
5	Trygve Nummedal Os, Førde IL					48:32	+07:15											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:35-2	03:04-3	05:43-10	06:44-9	08:32-7	11:40-7	16:04-7	19:59-6	22:35-7	24:08-7	37:19-5	38:33-6	40:53-6	42:44-6	44:09-6	46:50-6	47:44-6	48:32-5
Strekktid	00:35	02:29-5	02:39-15	01:01-3	01:48-2	03:08-9	04:24-6	03:55-10	02:36-11	01:33-4	13:11-9	01:14-6	02:20-8	01:51-4	01:25-7	02:41-7	00:54-10	00:48-7
Tid etter	+00:05#	+00:28#	+01:17&	+00:07#	+00:16#	+00:15	-00:24	+00:26#	+00:34&	+00:21&	+01:44#	+00:19&	+00:39&	+00:08	+00:18&	+00:20#	+00:12&	+00:10&
6	Gunnar Gytri, Førde IL					48:45	+07:28											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	01:04-18	03:48-11	05:34-8	06:37-8	08:47-8	11:49-8	15:52-5	19:44-5	21:48-5	23:26-4	36:38-3	37:59-3	40:17-3	42:19-4	43:27-4	46:44-5	47:39-5	48:45-6
Strekktid	01:04	02:44-9	01:46-7	01:03-5	02:10-9	03:02-5	04:03-3	03:52-8	02:04-4	01:38-6	13:12-10	01:21-8	02:18-7	02:02-7	01:08-4	03:17-15	00:55-12	01:06-18
Tid etter	+00:34@	+00:43&	+00:24&	+00:09#	+00:38&	+00:09	-00:45	+00:23#	+00:02	+00:26&	+01:45#	+00:26&	+00:37&	+00:19#	+00:01	+00:56&	+00:13&	+00:28&

7	Asgeir Årdal, Førde IL					51:44	+10:27											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:42-5	03:32-9	05:06-7	06:31-7	08:26-6	11:30-6	15:21-3	20:02-7	22:17-6	24:03-6	38:37-7	40:59-7	43:05-7	45:22-7	47:14-7	49:57-7	50:51-7	51:44-7
Strekktid	00:42	02:50-10	01:34-4	01:25-13	01:55-5	03:04-7	03:51-1	04:41-13	02:15-7	01:46-8	14:34-13	02:22-17	02:06-3	02:17-12	01:52-14	02:43-9	00:54-10	00:53-13
Tid etter	+00:12&	+00:49&	+00:12#	+00:31&	+00:23#	+00:11	-00:57	+01:12&	+00:13#	+00:34&	+03:07&	+01:27@	+00:25#	+00:34&	+00:45&	+00:22#	+00:12&	+00:15&
=	Erik Drageset, Førde IL					51:44	+10:27											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:52-12	05:04-19	08:00-18	09:45-18	11:35-17	15:15-16	23:52-16	28:43-15	31:45-15	34:04-15	45:35-14	47:23-12	50:16-12	52:26-12	54:17-12	56:58-12	57:51-11	58:44-11
Strekktid	00:52	04:12-20	02:56-16	01:45-18	01:50-3	03:40-15	08:37-17	04:51-14	03:02-15	02:19-12	11:31-3	01:48-12	02:53-15	02:10-10	01:51-12	02:41-7	00:53-8	00:53-13
Tid etter	+00:22&	+02:11@	+01:34@	+00:51&	+00:18#	+00:47&	+03:49&	+01:22&	+01:00&	+01:07&	+00:04	+00:53&	+01:12&	+00:27&	+00:44&	+00:20#	+00:11&	+00:15&
9	Daniel Høyer Iversen, Førde IL					52:05	+10:48											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:45-6	03:18-8	05:39-9	08:56-16	11:02-14	16:55-18	23:14-15	26:01-13	27:58-12	29:28-9	40:41-8	41:51-8	44:53-8	46:38-8	48:06-8	50:34-8	51:19-8	52:05-8
Strekktid	00:45	02:33-6	02:21-13	03:17-20	02:06-7	05:53-21	06:19-15	02:47-2	01:57-2	01:30-3	11:13-1	01:10-3	03:02-16	01:45-3	01:28-8	02:28-2	00:45-4	00:46-6
Tid etter	+00:15&	+00:32&	+00:59&	+02:23@	+00:34&	+03:00@	+01:31&	-00:42	-00:05	+00:18#	-00:14	+00:15&	+01:21&	+00:02	+00:21&	+00:07	+00:03	+00:08#
10	Anders Fagerstrøm Slåtten, Sunnfjordfjell					54:53	+13:36											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:48-10	03:46-10	08:18-19	09:20-17	12:20-18	15:27-17	19:33-12	23:27-10	26:12-9	29:49-11	42:19-9	44:24-9	47:06-9	49:11-9	50:34-9	53:19-9	54:10-9	54:53-9
Strekktid	00:48	02:58-12	04:32-19	01:02-4	03:00-14	03:07-8	04:06-4	03:54-9	02:45-13	03:37-18	12:30-6	02:05-16	02:42-12	02:05-8	01:23-5	02:45-10	00:51-7	00:43-4
Tid etter	+00:18&	+00:57&	+03:10@	+00:08#	+01:28&	+00:14	-00:42	+00:25#	+00:43&	+02:25@	+01:03	+01:10@	+01:01&	+00:22#	+00:16#	+00:24#	+00:09#	+00:05#
11	Norvald Ospehaug, IL Tambarskjelvar					58:29	+17:12											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	01:13-20	04:22-16	06:58-14	08:19-13	11:14-15	14:49-14	20:07-13	25:11-12	27:38-11	29:44-10	44:58-12	46:12-10	48:51-10	51:08-10	53:14-11	56:20-10	57:29-10	58:29-10
Strekktid	01:13	03:09-16	02:36-14	01:21-11	02:55-13	03:35-12	05:18-12	05:04-15	02:27-8	02:06-9	15:14-15	01:14-6	02:39-11	02:17-12	02:06-15	03:06-13	01:09-18	01:00-15
Tid etter	+00:43@	+01:08&	+01:14&	+00:27&	+01:23&	+00:42#	+00:30#	+01:35&	+00:25#	+00:54&	+03:47&	+00:19&	+00:58&	+00:34&	+00:59&	+00:45&	+00:27&	+00:22&
12	Edvin Helle, Askvoll & Holmedal IL					59:10	+17:53											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	01:01-16	04:02-14	06:06-12	07:31-11	10:34-11	14:11-11	18:54-10	24:20-11	27:37-10	29:59-12	45:10-13	46:39-11	49:14-11	51:13-11	53:04-10	56:39-11	57:56-12	59:10-12
Strekktid	01:01	03:01-13	02:04-11	01:25-13	03:03-16	03:37-14	04:43-7	05:26-17	03:17-16	02:22-13	15:11-14	01:29-9	02:35-10	01:59-6	01:51-12	03:35-17	01:17-20	01:14-21
Tid etter	+00:31@	+01:00&	+00:42&	+00:31&	+01:31&	+00:44&	-00:05	+01:57&	+01:15&	+01:10&	+03:44&	+00:34&	+00:54&	+00:16#	+00:44&	+01:14&	+00:35&	+00:36&
13	Ola Hegrenes, Førde IL					1:00:52	+19:35											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:46-8	03:02-2	04:43-4	05:52-3	08:11-5	11:06-5	16:45-8	20:50-8	28:30-13	31:38-13	43:51-10	49:25-14	51:36-14	54:15-14	56:02-13	59:08-13	60:11-13	60:52-13
Strekktid	00:46	02:16-2	01:41-6	01:09-6	02:19-11	02:55-3	05:39-13	04:05-11	07:40-20	03:08-16	12:13-5	05:34-20	02:11-5	02:39-19	01:47-11	03:06-13	01:03-15	00:41-3
Tid etter	+00:16&	+00:15#	+00:19#	+00:15&	+00:47&	+00:02	+00:51#	+00:36#	+05:38@	+01:56@	+00:46	+04:39@	+00:30&	+00:56&	+00:40&	+00:45&	+00:21&	+00:03

14	Peter Gogstad, Førde IL					1:02:49	+21:32											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	02:16-21	05:06-20	06:59-15	08:28-15	10:36-12	14:11-11	27:22-17	31:32-17	34:00-17	37:48-17	50:23-15	52:18-15	54:52-15	56:59-15	58:23-15	61:02-14	61:49-14	62:49-14
Strekktid	02:16	02:50-10	01:53-10	01:29-16	02:08-8	03:35-12	13:11-19	04:10-12	02:28-9	03:48-19	12:35-7	01:55-14	02:34-9	02:07-9	01:24-6	02:39-6	00:47-5	01:00-15
Tid etter	+01:46@	+00:49&	+00:31&	+00:35&	+00:36&	+00:42#	+08:23@	+00:41#	+00:26#	+02:36@	+01:08	+01:00@	+00:53&	+00:24#	+00:17&	+00:18#	+00:05#	+00:22&
15	Vegar Hegrenes, Førde IL					1:03:12	+21:55											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:57-15	04:01-13	07:07-16	08:23-14	11:34-16	15:05-15	19:27-11	23:10-9	25:17-8	28:21-8	43:57-11	48:00-13	50:48-13	53:11-13	57:47-14	61:24-15	62:23-15	63:12-15
Strekktid	00:57	03:04-15	03:06-17	01:16-10	03:11-17	03:31-11	04:22-5	03:43-6	02:07-5	03:04-15	15:36-16	04:03-19	02:48-14	02:23-17	04:36-18	03:37-18	00:59-13	00:49-8
Tid etter	+00:27&	+01:03&	+01:44@	+00:22&	+01:39@	+00:38#	-00:26	+00:14	+00:05	+01:52@	+04:09&	+03:08@	+01:07&	+00:40&	+03:29@	+01:16&	+00:17&	+00:11&
16	Marius Dalin, Førde IL					1:04:49	+23:32											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0	00:00-0
Strekktid	00:00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tid etter	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
17	Torodd Os, Førde IL					1:07:37	+26:20											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:54-13	04:14-15	06:22-13	07:37-12	10:48-13	14:46-13	20:52-14	30:08-16	32:41-16	37:17-16	53:49-16	55:29-16	58:31-16	60:43-16	62:14-16	65:39-16	66:48-16	67:37-16
Strekktid	00:54	03:20-17	02:08-12	01:15-9	03:11-17	03:58-18	06:06-14	09:16-18	02:33-10	04:36-20	16:32-18	01:40-11	03:02-16	02:12-11	01:31-10	03:25-16	01:09-18	00:49-8
Tid etter	+00:24&	+01:19&	+00:46&	+00:21&	+01:39@	+01:05&	+01:18&	+05:47@	+00:31&	+03:24@	+05:05&	+00:45&	+01:21&	+00:29&	+00:24&	+01:04&	+00:27&	+00:11&
18	Arthur Hegrenes, Førde IL					1:14:06	+32:49											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:55-14	03:56-12	05:46-11	07:00-10	09:54-10	13:42-10	18:26-9	27:47-14	30:26-14	32:44-14	56:49-17	58:28-17	62:17-17	64:38-17	68:06-17	71:58-17	73:04-17	74:06-17
Strekktid	00:55	03:01-13	01:50-9	01:14-8	02:54-12	03:48-17	04:44-8	09:21-19	02:39-12	02:18-11	24:05-20	01:39-10	03:49-20	02:21-16	03:28-17	03:52-19	01:06-16	01:02-17
Tid etter	+00:25&	+01:00&	+00:28&	+00:20&	+01:22&	+00:55&	-00:04	+05:52@	+00:37&	+01:06&	+12:38@	+00:44&	+02:08@	+00:38&	+02:21@	+01:31&	+00:24&	+00:24&
19	Johan Magerøy, Førde IL					1:32:22	+51:05											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	01:02-17	04:29-17	07:56-17	10:05-19	14:02-19	18:50-19	27:58-18	33:19-18	38:03-18	43:02-18	63:27-18	71:32-19	74:40-18	79:12-18	85:42-18	90:08-18	91:14-18	92:22-18
Strekktid	01:02	03:27-18	03:27-18	02:09-19	03:57-19	04:48-20	09:08-18	05:21-16	04:44-19	04:59-21	20:25-19	08:05-21	03:08-18	04:32-21	06:30-21	04:26-21	01:06-16	01:08-20
Tid etter	+00:32@	+01:26&	+02:05@	+01:15@	+02:25@	+01:55&	+04:20&	+01:52&	+02:42@	+03:47@	+08:58&	+07:10@	+01:27&	+02:49@	+05:23@	+02:05&	+00:24&	+00:30&
20	Andre Haugsbø, Gaular IL					1:33:28	+52:11											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:35-2	03:13-6	05:00-6	06:27-6	09:29-9	12:22-9	42:00-20	44:23-20	53:27-20	55:02-20	67:59-19	69:55-18	84:55-20	87:27-20	89:44-19	92:13-19	92:51-19	93:28-19
Strekktid	00:35	02:38-8	01:47-8	01:27-15	03:02-15	02:53-1	29:38-21	02:23-1	09:04-21	01:35-5	12:57-8	01:56-15	15:00-21	02:32-18	02:17-16	02:29-4	00:38-1	00:37-1
Tid etter	+00:05#	+00:37&	+00:25&	+00:33&	+01:30&	+00:00	+24:50@	-01:06	+07:02@	+00:23&	+01:30#	+01:01@	+13:19@	+00:49&	+01:10@	+00:08	-00:04	-00:01

21	Kurt Grønli, Førde IL					1:36:27	+55:10											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	01:04-18	04:52-18	11:00-20	12:32-20	16:32-20	20:54-20	28:45-19	44:08-19	47:27-19	50:08-19	75:41-20	77:33-20	80:50-19	83:36-19	89:49-20	93:55-20	95:20-20	96:27-20
Strekktid	01:04	03:48-19	06:08-20	01:32-17	04:00-20	04:22-19	07:51-16	15:23-21	03:19-17	02:41-14	25:33-21	01:52-13	03:17-19	02:46-20	06:13-20	04:06-20	01:25-21	01:07-19
Tid etter	+00:34@	+01:47&	+04:46@	+00:38&	+02:28@	+01:29&	+03:03&	+11:54@	+01:17&	+01:29@	+14:06@	+00:57@	+01:36&	+01:03&	+05:06@	+01:45&	+00:43@	+00:29&
22	Kristian Årdal, NOTEAM					1:51:26	+1:10:09											
Post	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Total tid	00:50-11	07:25-21	19:03-21	25:29-21	31:31-21	35:18-21	58:29-21	69:00-21	73:24-21	76:48-21	93:15-21	95:38-21	98:25-21	100:42-21	106:29-21	109:32-21	110:34-21	111:26-21
Strekktid	00:50	06:35-21	11:38-21	06:26-21	06:02-21	03:47-16	23:11-20	10:31-20	04:24-18	03:24-17	16:27-17	02:23-18	02:47-13	02:17-12	05:47-19	03:03-12	01:02-14	00:52-12
Tid etter	+00:20&	+04:34@	+10:16@	+05:32@	+04:30@	+00:54&	+18:23@	+07:02@	+02:22@	+02:12@	+05:00&	+01:28@	+01:06&	+00:34&	+04:40@	+00:42&	+00:20&	+00:14&

13.06.18 22:16:01 eTiming versjon 4.0 [EQ Timing as](#)

Lisensen tilhører: Førde IL