

Class	Navn	Klasse	Tid
30	Anne Johanne Lind Nørbech	245	16:47
03:12+	04:48+ 06:00+ 06:31+ 07:10+ 07:44+	08:06+ 10:31+ 11:48+ 12:14+ 14:22+	14:42+ 15:56+ 16:27+ 16:47+
03:12+	01:36+ 01:12- 00:31+ 00:39+ 00:34+	00:22+ 02:25+ 01:17+ 00:26- 02:08+	00:20- 01:14- 00:31+ 00:20-
00:48&	00:11# 00:15- 00:15& 00:04# 00:16&	00:08& 01:40# 01:02@ 02:02- 01:22@	00:01- 00:31- 00:16@ 00:44-
31	Emil Ahlbäck	80	16:50
02:44+	04:13+ 05:51+ 06:07+ 06:43+ 07:08+	07:31+ 08:24+ 08:38+ 11:18+ 12:13+	12:33+ 14:30+ 14:48+ 15:52+
02:44+	01:29+ 01:38+ 00:16= 00:36+ 00:25+	00:23+ 00:53+ 00:14- 02:40+ 00:55+	00:20- 01:57+ 00:18+ 01:04=
00:20#	00:04+ 00:11# 00:00= 00:01+ 00:07&	00:09& 00:08# 00:01- 00:12+ 00:09#	00:01- 00:12# 00:03# 00:00=
32	Kasper Fosser	114	16:53
02:35+	04:01+ 05:39+ 05:56+ 06:35+ 06:59+	07:20+ 08:06+ 08:20+ 11:01+ 11:56+	12:17+ 14:19+ 14:44+ 15:48+
02:35+	01:26+ 01:38+ 00:17+ 00:39+ 00:24+	00:21+ 00:46+ 00:14- 02:41+ 00:55+	00:21= 02:02+ 00:25+ 01:04=
00:11+	00:01+ 00:11# 00:01+ 00:04# 00:06&	00:07& 00:01+ 00:01- 00:13+ 00:09#	00:00= 00:17# 00:10& 00:00=
33	Sindre Johannessen	320	16:54
02:55+	04:27+ 05:35+ 06:04+ 06:40+ 06:59+	07:15+ 08:02+ 08:17+ 10:56+ 11:45+	12:09+ 14:20+ 14:39+ 15:48+
02:55+	01:32+ 01:08- 00:29+ 00:36+ 00:19+	00:16+ 00:47+ 00:15= 02:39+ 00:49+	00:24+ 02:11+ 00:19+ 01:09+
00:31#	00:07+ 00:19- 00:13& 00:01+ 00:01+	00:02# 00:02+ 00:00= 00:11+ 00:03+	00:03# 00:26# 00:04& 00:05+
34	Henrik Fredriksen Aas	26	16:56
02:35+	04:12+ 05:16= 05:46+ 06:27+ 06:47+	07:03+ 08:00+ 08:16+ 10:46+ 11:40+	12:01+ 14:22+ 14:40+ 15:48+
02:35+	01:37+ 01:04- 00:30+ 00:41+ 00:20+	00:16+ 00:57+ 00:16+ 02:30+ 00:54+	00:21= 02:21+ 00:18+ 01:08+
00:11+	00:12# 00:23- 00:14& 00:06# 00:02#	00:02# 00:12& 00:01+ 00:02+ 00:08#	00:00= 00:36& 00:03# 00:04+
35	Anders Haga	281	16:57
02:36+	04:07+ 05:15- 05:49+ 06:25+ 06:45+	06:59+ 07:48+ 08:03+ 10:44+ 11:38+	12:00+ 14:09+ 14:34+ 15:41+
02:36+	01:31+ 01:08- 00:34+ 00:36+ 00:20+	00:14= 00:49+ 00:15= 02:41+ 00:54+	00:22+ 02:09+ 00:25+ 01:07+
00:12+	00:06+ 00:19- 00:18@ 00:01+ 00:02#	00:00= 00:04+ 00:00= 00:13+ 00:08#	00:01+ 00:24# 00:10& 00:03+
36	Niels Christian Hellerud	101	16:58
02:40+	04:20+ 05:26+ 05:57+ 06:36+ 06:56+	07:13+ 08:08+ 08:25+ 11:03+ 12:00+	12:22+ 14:22+ 14:49+ 15:55+
02:40+	01:40+ 01:06- 00:31+ 00:39+ 00:20+	00:17+ 00:55+ 00:17+ 02:38+ 00:57+	00:22+ 02:00+ 00:27+ 01:06+
00:16#	00:15# 00:21- 00:15& 00:04# 00:02#	00:03# 00:10# 00:02# 00:10+ 00:11#	00:01+ 00:15# 00:12& 00:02+
37	Lukas Liland	245	16:58
02:42+	04:13+ 05:57+ 06:15+ 06:53+ 07:18+	07:38+ 08:00+ 08:24+ 08:38- 11:18+	12:10+ 12:32- 14:33+ 14:57+
02:42+	01:31+ 01:44+ 00:18+ 00:38+ 00:25+	00:20+ 00:22- 00:24+ 00:14- 02:40+	00:52+ 00:22- 02:01+ 00:24-
00:18#	00:06+ 00:17# 00:02# 00:03+ 00:07&	00:06& 00:23- 00:09& 02:14- 01:54@	00:31@ 01:23- 01:46@ 00:40-
38	Ulrik Astrup Arnesen	114	17:00
02:34+	04:09+ 05:12- 05:49+ 06:34+ 06:55+	07:10+ 08:07+ 08:20+ 11:09+ 11:57+	12:20+ 14:23+ 14:42+ 15:54+
02:34+	01:35+ 01:03- 00:37+ 00:45+ 00:21+	00:15+ 00:57+ 00:13- 02:49+ 00:48+	00:23+ 02:03+ 00:19+ 01:12+
00:10+	00:10# 00:24- 00:21@ 00:10& 00:03#	00:01+ 00:12& 00:02- 00:21# 00:02+	00:02+ 00:18# 00:04& 00:08#
39	Mattis Holt	320	17:00
02:53+	04:23+ 05:30+ 06:02+ 06:36+ 07:02+	07:24+ 08:07+ 08:21+ 10:57+ 11:44+	12:11+ 13:13+ 14:34+ 14:51+
02:53+	01:30+ 01:07- 00:32+ 00:34- 00:26+	00:22+ 00:43- 00:14- 02:36+ 00:47+	00:27+ 01:02- 01:21+ 00:17-
00:29#	00:05+ 00:20- 00:16& 00:01- 00:08&	00:08& 00:02- 00:01- 00:08+ 00:01+	00:06& 00:43- 01:06@ 00:47-
40	Eirik Langedal Breivik	245	17:06
02:47+	04:14+ 05:48+ 06:03+ 06:37+ 06:56+	07:09+ 07:56+ 08:09+ 10:50+ 11:41+	12:01+ 14:34+ 14:58+ 16:02+
02:47+	01:27+ 01:34+ 00:15- 00:34- 00:19+	00:13- 00:47+ 00:13- 02:41+ 00:51+	00:20- 02:33+ 00:24+ 01:04=
00:23#	00:02+ 00:07+ 00:01- 00:01- 00:01+	00:01- 00:02+ 00:02- 00:13+ 00:05#	00:01- 00:48& 00:09& 00:00=
41	Oscar Lyngen	320	17:13
02:45+	04:20+ 05:25+ 05:57+ 06:43+ 07:03+	07:18+ 08:08+ 08:24+ 11:09+ 12:00+	12:23+ 14:31+ 14:58+ 16:05+
02:45+	01:35+ 01:05- 00:32+ 00:46+ 00:20+	00:15+ 00:50+ 00:16+ 02:45+ 00:51+	00:23+ 02:08+ 00:27+ 01:07+
00:21#	00:10# 00:22- 00:16& 00:11& 00:02#	00:01+ 00:05# 00:01+ 00:17# 00:05#	00:02+ 00:23# 00:12& 00:03+
42	Dag Blandkjenn	189	17:15
03:20+	04:51+ 06:27+ 06:44+ 07:20+ 07:40+	07:56+ 08:51+ 09:07+ 11:42+ 12:38+	12:59+ 14:48+ 15:06+ 16:14+
03:20+	01:31+ 01:36+ 00:17+ 00:36+ 00:20+	00:16+ 00:55+ 00:16+ 02:35+ 00:56+	00:21= 01:49+ 00:18+ 01:08+
00:56&	00:06+ 00:09# 00:01+ 00:01+ 00:02#	00:02# 00:10# 00:01+ 00:07+ 00:10#	00:00= 00:04+ 00:03# 00:04+
43	Aslak Heimdal	185	17:17
02:42+	04:22+ 06:08+ 06:26+ 07:10+ 07:29+	07:44+ 08:42+ 08:56+ 11:34+ 12:31+	12:54+ 14:43+ 15:03+ 16:10+
02:42+	01:40+ 01:46+ 00:18+ 00:44+ 00:19+	00:15+ 00:58+ 00:14- 02:38+ 00:57+	00:23+ 01:49+ 00:20+ 01:07+
00:18#	00:15# 00:19# 00:02# 00:09& 00:01+	00:01+ 00:13& 00:01- 00:10+ 00:11#	00:02+ 00:04+ 00:05& 00:03+
44	Malin Sandstad	320	17:28
02:50+	04:39+ 06:35+ 06:56+ 07:46+ 08:07+	08:25+ 10:45+ 11:41+ 12:10+ 14:48+	15:08+ 16:32+ 17:08+ 17:28+
02:50+	01:49+ 01:56+ 00:21+ 00:50+ 00:21+	00:18+ 02:20+ 00:56+ 00:29- 02:38+	00:20- 01:24- 00:36+ 00:20-
00:26#	00:24& 00:29& 00:05& 00:15& 00:03#	00:04& 01:35@ 00:41@ 01:59- 01:52@	00:01- 00:21- 00:21@ 00:44-

Class	Navn	Klasse	Tid
60	Sander Arntzen	26	17:54
02:45+	04:25+ 06:08+ 06:27+ 07:06+ 07:37+ 08:00+ 08:57+ 09:11+ 11:59+ 13:01+ 13:25+ 15:19+ 15:39+	16:49+ 17:09+ 17:38+ 17:54+	
02:45+	01:40+ 01:43+ 00:19+ 00:39+ 00:31+ 00:23+ 00:57+ 00:14- 02:48+ 01:02+ 00:24+ 01:54+ 00:20+	01:10+ 00:20+ 00:29+ 00:16+	
00:21#	00:15# 00:16# 00:03# 00:04# 00:13# 00:09# 00:12# 00:01- 00:20# 00:16# 00:03# 00:09+ 00:05# 00:06+ 00:04# 00:02+ 00:01+		
61	Marthe Gløersen	32	17:56
02:55+	04:44+ 06:05+ 06:43+ 07:31+ 08:04+ 08:30+ 11:09+ 12:08+ 12:37+ 15:11+ 15:32+ 16:59+ 17:35+	17:56+	
02:55+	01:49+ 01:21- 00:38+ 00:48+ 00:33+ 00:26+ 02:39+ 00:59+ 00:29- 02:34+ 00:21= 01:27- 00:36+ 00:21-	00:21-	
00:31#	00:24# 00:06- 00:22@ 00:13# 00:15# 00:12# 01:54@ 00:44@ 01:59- 01:48@ 00:00= 00:18- 00:21@ 00:43-		
62	Andreas Sølberg	151	17:57
02:47+	04:26+ 06:17+ 06:37+ 07:25+ 07:46+ 08:01+ 08:50+ 09:05+ 11:53+ 12:42+ 13:05+ 15:18+ 15:44+	16:51+ 17:09+ 17:38+ 17:57+	
02:47+	01:39+ 01:51+ 00:20+ 00:48+ 00:21+ 00:15+ 00:49+ 00:15= 02:48+ 00:49+ 00:23+ 02:13+ 00:26+ 01:07+ 00:18+ 00:29+ 00:19+		
00:23#	00:14# 00:24# 00:04# 00:13# 00:03# 00:01+ 00:04+ 00:00= 00:20# 00:03+ 00:02+ 00:28# 00:11# 00:03+ 00:02# 00:02+ 00:04#		
63	Pernille Katla	80	18:00
02:48+	04:36+ 05:57+ 06:36+ 07:28+ 07:53+ 08:12+ 10:53+ 12:07+ 12:34+ 15:13+ 15:36+ 17:03+ 17:40+	18:00+	
02:48+	01:48+ 01:21- 00:39+ 00:52+ 00:25+ 00:19+ 02:41+ 01:14+ 00:27- 02:39+ 00:23+ 01:27- 00:37+ 00:20-	00:20-	
00:24#	00:23# 00:06- 00:23@ 00:17# 00:07# 00:05# 01:56@ 00:59@ 02:01- 01:53@ 00:02+ 00:18- 00:22@ 00:44-		
64	Simen Spets Storhov	320	18:00
02:43+	04:22+ 05:29+ 06:00+ 06:39+ 07:08+ 07:31+ 08:30+ 08:47+ 11:45+ 12:44+ 13:08+ 15:16+ 15:42+	16:53+ 17:11+ 17:42+ 18:00+	
02:43+	01:39+ 01:07- 00:31+ 00:39+ 00:29+ 00:23+ 00:59+ 00:17+ 02:58+ 00:59+ 00:24+ 02:08+ 00:26+ 01:11+ 00:18+ 00:31+ 00:18+		
00:19#	00:14# 00:20- 00:15# 00:04# 00:11# 00:09# 00:14# 00:02# 00:30# 00:13# 00:03# 00:23# 00:11# 00:07# 00:02# 00:04# 00:03#		
65	Lene Berg Hanssen	BTR	18:01
03:05+	04:52+ 06:13+ 06:49+ 07:39+ 08:01+ 08:18+ 10:44+ 12:11+ 12:37+ 15:14+ 15:36+ 17:04+ 17:41+	18:01+	
03:05+	01:47+ 01:21- 00:36+ 00:50+ 00:22+ 00:17+ 02:26+ 01:27+ 00:26- 02:37+ 00:22+ 01:28- 00:37+ 00:20-	00:20-	
00:41#	00:22# 00:06- 00:20@ 00:15# 00:04# 00:03# 01:41@ 01:12@ 02:02- 01:51@ 00:01+ 00:17- 00:22@ 00:44-		
66	Ove Baardsgaard	262	18:04
02:45+	04:21+ 05:30+ 06:01+ 06:39+ 07:00+ 07:17+ 08:17+ 08:33+ 11:32+ 12:21+ 12:46+ 15:11+ 15:38+	16:50+ 17:11+ 17:44+ 18:04+	
02:45+	01:36+ 01:09- 00:31+ 00:38+ 00:21+ 00:17+ 01:00+ 00:16+ 02:59+ 00:49+ 00:25+ 02:25+ 00:27+ 01:12+ 00:21+ 00:33+ 00:20+		
00:21#	00:11# 00:18- 00:15# 00:03+ 00:03# 00:03# 00:15# 00:01+ 00:31# 00:03+ 00:04# 00:40# 00:12# 00:08# 00:05# 00:06# 00:05#		
67	Jens Johan Brekke	203	18:06
02:50+	04:25+ 05:34+ 06:05+ 06:42+ 07:16+ 07:38+ 08:43+ 09:05+ 12:01+ 12:58+ 13:21+ 15:30+ 15:49+	17:00+ 17:20+ 17:49+ 18:06+	
02:50+	01:35+ 01:09- 00:31+ 00:37+ 00:34+ 00:22+ 01:05+ 00:22+ 02:56+ 00:57+ 00:23+ 02:09+ 00:19+ 01:11+ 00:20+ 00:29+ 00:17+		
00:26#	00:10# 00:18- 00:15# 00:02+ 00:16# 00:08# 00:20# 00:07# 00:28# 00:11# 00:02+ 00:24# 00:04# 00:07# 00:04# 00:02+ 00:02#		
68	Anders Horvei	281	18:08
02:49+	04:27+ 05:39+ 06:12+ 06:52+ 07:12+ 07:29+ 08:31+ 08:46+ 11:50+ 12:40+ 13:05+ 15:17+ 15:38+	16:55+ 17:15+ 17:49+ 18:08+	
02:49+	01:38+ 01:12- 00:33+ 00:40+ 00:20+ 00:17+ 01:02+ 00:15= 03:04+ 00:50+ 00:25+ 02:12+ 00:21+ 01:17+ 00:20+ 00:34+ 00:19+		
00:25#	00:13# 00:15- 00:17@ 00:05# 00:02# 00:03# 00:17# 00:00= 00:36# 00:04+ 00:04# 00:27# 00:06# 00:13# 00:04# 00:07# 00:04#		
69	Øyvind Hjermsstad	80	18:08
02:52+	04:27+ 05:37+ 06:17+ 06:58+ 07:28+ 07:52+ 08:42+ 09:02+ 11:53+ 12:50+ 13:10+ 15:27+ 15:55+	17:02+ 17:20+ 17:50+ 18:08+	
02:52+	01:35+ 01:10- 00:40+ 00:41+ 00:30+ 00:24+ 00:50+ 00:20+ 02:51+ 00:57+ 00:20- 02:17+ 00:28+ 01:07+ 00:18+ 00:30+ 00:18+		
00:28#	00:10# 00:17- 00:24@ 00:06# 00:12# 00:10# 00:05# 00:05# 00:02# 00:23# 00:11# 00:01- 00:32# 00:13# 00:03+ 00:02# 00:03# 00:03#		
70	Oda J Sikkeland	163	18:16
03:15+	05:10+ 07:17+ 07:38+ 08:32+ 08:55+ 09:13+ 11:59+ 12:56+ 13:23+ 15:37+ 16:01+ 17:25+ 18:00+	18:16+	
03:15+	01:55+ 02:07+ 00:21+ 00:54+ 00:23+ 00:18+ 02:46+ 00:57+ 00:27- 02:14+ 00:24+ 01:24- 00:35+ 00:16-	00:16-	
00:51#	00:30# 00:40# 00:05# 00:19# 00:05# 00:04# 02:01@ 00:42@ 02:01- 01:28@ 00:03# 00:21- 00:20@ 00:48-		
71	Marie Liland	245	18:16
03:26+	05:22+ 06:50+ 07:27+ 08:20+ 08:43+ 09:02+ 11:41+ 12:40+ 13:08+ 15:37+ 15:59+ 17:23+ 17:57+	18:16+	
03:26+	01:56+ 01:28+ 00:37+ 00:53+ 00:23+ 00:19+ 02:39+ 00:59+ 00:28- 02:29+ 00:22+ 01:24- 00:34+ 00:19-	00:19-	
01:02#	00:31# 00:01+ 00:21@ 00:18# 00:05# 00:05# 01:54@ 00:44@ 02:00- 01:43@ 00:01+ 00:21- 00:19@ 00:45-		
72	Vegard Gulbrandsen	26	18:17
03:07+	04:41+ 06:23+ 06:42+ 07:19+ 07:52+ 08:14+ 09:03+ 09:19+ 12:07+ 12:56+ 13:20+ 15:31+ 15:58+	17:06+ 17:27+ 17:59+ 18:17+	
03:07+	01:34+ 01:42+ 00:19+ 00:37+ 00:33+ 00:22+ 00:49+ 00:16+ 02:48+ 00:49+ 00:24+ 02:11+ 00:27+ 01:08+ 00:21+ 00:32+ 00:18+		
00:43#	00:09# 00:15# 00:03# 00:02+ 00:15# 00:08# 00:04+ 00:01+ 00:20# 00:03+ 00:03# 00:26# 00:12# 00:04+ 00:05# 00:05# 00:03#		
73	Isak Jonsson	245	18:20
03:08+	04:46+ 06:26+ 06:42+ 07:24+ 07:51+ 08:12+ 09:14+ 09:29+ 12:19+ 13:19+ 13:42+ 15:47+ 16:05+	17:13+ 17:32+ 18:02+ 18:20+	
03:08+	01:38+ 01:40+ 00:16+ 00:42+ 00:27+ 00:21+ 01:02+ 00:15= 02:50+ 01:00+ 00:23+ 02:05+ 00:18+ 01:08+ 00:19+ 00:30+ 00:18+		
00:44#	00:13# 00:13# 00:00= 00:07# 00:09# 00:07# 00:17# 00:00= 00:22# 00:14# 00:02+ 00:20# 00:03# 00:04+ 00:03# 00:03# 00:03#		
74	Tonje Vassend	244	18:22
02:59+	04:46+ 06:45+ 07:06+ 07:51+ 08:23+ 08:49+ 11:27+ 12:42+ 13:10+ 15:38+ 15:59+ 17:28+ 18:03+	18:22+	
02:59+	01:47+ 01:59+ 00:21+ 00:45+ 00:32+ 00:26+ 02:38+ 01:15+ 00:28- 02:28+ 00:21= 01:29- 00:35+ 00:19-	00:19-	
00:35#	00:22# 00:32# 00:05# 00:10# 00:14# 00:12# 01:53@ 01:00@ 02:00- 01:42@ 00:00= 00:16- 00:20@ 00:45-		

Class	Navn	Klasse	Tid
75	Hanne Vassend	278	18:22
03:06+	05:05+	06:29+	07:08+
03:06+	01:59+	01:24-	00:39+
00:42&	00:34&	00:03-	00:23@
	00:14&	00:15&	00:14&
	01:52@	00:48@	01:59-
	01:39@	00:04#	00:13-
	00:20@		00:46-
76	Clemens Sundby Øxnevad	88	18:22
02:56+	04:32+	05:37+	06:08+
02:56+	01:36+	01:05-	00:31+
00:32#	00:11#	00:22-	00:15&
	00:08#	00:26@	00:09&
	00:17&	00:02-	00:13+
	00:15&	00:02+	00:30&
	00:11&	00:03+	00:14&
	00:03#	00:03#	00:01+
77	Scott Juvik	142	18:23
02:43+	04:19+	05:28+	05:57+
02:43+	01:36+	01:09-	00:29+
00:19#	00:11#	00:18-	00:10&
	00:02#	00:01+	00:17&
	00:04&	00:03#	00:02+
	00:01+	00:57&	00:13&
	00:08#	00:06&	00:05#
	00:05&	00:05#	00:05&
78	Oskar Spets Storhov	320	18:26
02:54+	04:26+	06:13+	06:33+
02:54+	01:32+	01:47+	00:20+
00:30#	00:07+	00:20#	00:04#
	00:09&	00:14&	00:12&
	00:14&	00:02#	00:12+
	00:04+	00:02+	00:02+
	00:32&	00:13&	00:05+
	00:03#	00:04#	00:03#
	00:03#	00:04#	00:03#
79	Sofie Skyttersæter Iversen	114	18:30
03:02+	05:15+	06:42+	07:20+
03:02+	02:13+	01:27=	00:38+
00:38&	00:48&	00:00=	00:22@
	00:19&	00:06&	00:05&
	01:55@	00:47@	02:02-
	01:44@	00:04#	00:15-
	00:22@		00:41-
80	Jon Duncan	303	18:30
02:56+	04:36+	06:24+	06:43+
02:56+	01:40+	01:48+	00:19+
00:32#	00:15#	00:21#	00:03#
	00:13&	00:09&	00:02#
	00:04+	00:04+	00:04&
	00:04&	00:03#	00:04+
	00:02+	00:02+	00:02+
	00:25#	00:11&	00:05+
	00:03#	00:03#	00:03#
	00:03#	00:03#	00:03#
81	Jostein Tandberg	222	18:30
02:48+	04:37+	06:17+	06:33+
02:48+	01:49+	01:40+	00:16=
00:24#	00:24&	00:13#	00:00=
	00:07#	00:12&	00:09&
	00:04+	00:02#	00:02#
	00:24#	00:02+	00:01+
	00:56&	00:04&	00:05+
	00:01+	00:01+	00:01+
	00:05&	00:01+	00:01+
	00:05&	00:01+	00:05&
82	Andreas G. Polden	141	18:32
02:50+	04:22+	06:14+	06:39+
02:50+	01:32+	01:52+	00:25+
00:26#	00:07+	00:25&	00:09&
	00:09&	00:11&	00:11&
	00:11&	00:11#	00:00=
	01:58-	01:34@	00:39@
	01:22-	01:55@	00:36-
	00:54@	00:09-	00:13&
	00:17+	00:28+	00:15+
	00:18+	00:28+	00:17+
	00:13&	00:13&	00:17+
83	Henrik Eijsink	245	18:33
03:03+	04:42+	06:30+	06:48+
03:03+	01:39+	01:48+	00:18+
00:39&	00:14#	00:21#	00:02#
	00:10&	00:00=	00:02#
	00:13&	00:02#	00:13&
	00:02#	00:02#	00:02#
	00:23#	00:04+	00:02+
	00:35&	00:12&	00:06+
	00:04#	00:05#	00:03#
	00:03#	00:05#	00:03#
84	Runa Fremstad	198	18:35
03:24+	05:09+	07:05+	07:26+
03:24+	01:45+	01:56+	00:21+
01:00&	00:20#	00:29&	00:05&
	00:12&	00:13&	00:12&
	01:41@	01:00@	02:00-
	01:39@	00:03#	00:17-
	00:22@		00:42-
85	Lars Young Vik	245	18:35
02:54+	04:45+	05:54+	06:24+
02:54+	01:51+	01:09-	00:30+
00:30#	00:26&	00:18-	00:14&
	00:01+	00:02#	00:04+
	00:06&	01:37-	01:21@
	00:29@	01:22-	02:15@
	00:35-	00:57@	00:06-
	00:18@	00:18@	00:17+
	00:17+	00:18@	00:17+
86	Lone Brochmann	32	18:36
03:37+	05:24+	07:22+	07:43+
03:37+	01:47+	01:58+	00:21+
01:13&	00:22&	00:31&	00:05&
	00:15&	00:04&	01:47@
	01:00@	02:00-	01:42@
	00:01-	00:14-	00:17@
	00:48-		
87	Idun Kristine Felde Olausen	101	18:39
03:33+	05:22+	06:45+	07:26+
03:33+	01:49+	01:23-	00:41+
01:09&	00:24&	00:04-	00:25@
	00:11&	00:20@	00:18@
	01:40@	00:44@	01:57-
	01:45@	00:01+	00:14-
	00:22@		00:43-
88	Vilde Malmei	244	18:44
03:18+	05:05+	07:05+	07:26+
03:18+	01:47+	02:00+	00:21+
00:54&	00:22&	00:33&	00:05&
	00:16&	00:17&	00:12&
	01:46@	00:55@	01:58-
	01:46@	00:02+	00:20-
	00:22@		00:46-
89	Maren Grande	84	18:45
03:25+	05:16+	06:36+	07:13+
03:25+	01:51+	01:20-	00:37+
01:01&	00:26&	00:07-	00:21@
	00:09&	00:18&	00:17@
	02:04@	00:59@	01:59-
	01:34@	00:01+	00:15-
	00:23@		00:45-

Class	Navn	Klasse	Tid
105	Lone Malmgren	101	19:13
03:43+	05:35+ 07:46+ 08:07+ 08:54+ 09:31+	09:59+ 12:34+ 13:38+ 14:07+ 16:36+ 17:00+	18:23+ 18:56+ 19:13+
03:43+	01:52+ 02:11+ 00:21+ 00:47+ 00:28+ 02:35+ 01:04+ 00:29- 02:29+ 00:24+	01:23- 00:33+ 00:17-	
01:19&	00:27& 00:44& 00:05& 00:12& 00:19@	00:14& 01:50@ 00:49@ 01:59- 01:43@ 00:03#	00:22- 00:18@ 00:47-
106	Hannah Malmei	303	19:15
03:36+	05:23+ 07:25+ 07:48+ 08:45+ 09:08+	09:27+ 12:02+ 13:22+ 13:49+ 16:26+ 16:50+	18:22+ 18:57+ 19:15+
03:36+	01:47+ 02:02+ 00:23+ 00:57+ 00:23+ 00:19+ 02:35+ 01:20+ 00:27- 02:37+ 00:24+	01:32- 00:35+ 00:18-	
01:12&	00:22& 00:35& 00:07& 00:22& 00:05& 00:05& 01:50@ 01:05@ 02:01- 01:51@ 00:03#	00:13- 00:20@ 00:46-	
107	Hedda Skatvedt	281	19:16
03:21+	05:14+ 06:37+ 07:14+ 08:07+ 08:30+	08:47+ 12:10+ 13:12+ 13:38+ 15:58+ 16:19+	18:24+ 18:57+ 19:16+
03:21+	01:53+ 01:23- 00:37+ 00:53+ 00:23+ 00:17+ 03:23+ 01:02+ 00:26- 02:20+ 00:21=	02:05+ 00:33+ 00:19-	
00:57&	00:28& 00:04- 00:21@ 00:18& 00:05& 00:03# 02:38@ 00:47@ 02:02- 01:34@ 00:00=	00:20# 00:18@ 00:45-	
108	Elias Skjolden Sørensen	203	19:16
02:56+	04:35+ 06:18+ 06:38+ 07:29+ 07:49+	08:11+ 09:16+ 09:31+ 12:21+ 13:13+ 13:38+	16:09+ 16:42+ 17:58+ 18:22+ 18:58+ 19:16+
02:56+	01:39+ 01:43+ 00:20+ 00:51+ 00:20+ 00:22+ 01:05+ 00:15= 02:50+ 00:52+ 00:25+	02:31+ 00:33+ 01:16+ 00:24+ 00:36+ 00:18+	
00:32#	00:14# 00:16# 00:04# 00:16& 00:02# 00:08& 00:20& 00:00= 00:22# 00:06# 00:04#	00:46& 00:18@ 00:12# 00:08& 00:09& 00:03#	
109	Mari Angell-Petersen	320	19:20
03:19+	05:21+ 06:49+ 07:29+ 08:28+ 08:52+	09:12+ 11:52+ 13:14+ 13:45+ 16:25+ 16:49+	18:23+ 19:00+ 19:20+
03:19+	02:02+ 01:28+ 00:40+ 00:59+ 00:24+ 00:20+ 02:40+ 01:22+ 00:31- 02:40+ 00:24+	01:34- 00:37+ 00:20-	
00:55&	00:37& 00:01+ 00:24@ 00:06& 00:06& 01:55@ 01:07@ 01:57- 01:54@ 00:03#	00:11- 00:22@ 00:44-	
110	Andrea Ranvik	185	19:22
02:48+	04:36+ 05:57+ 06:35+ 07:25+ 08:02+	08:27+ 12:20+ 13:44+ 14:08+ 16:29+ 16:51+	18:23+ 19:00+ 19:22+
02:48+	01:48+ 01:21- 00:38+ 00:50+ 00:37+ 00:25+ 03:53+ 01:24+ 00:24- 02:21+ 00:22+	01:32- 00:37+ 00:22-	
00:24#	00:23& 00:06- 00:22@ 00:15& 00:19@	00:11& 03:08@ 01:09@ 02:04- 01:35@ 00:01+	00:13- 00:22@ 00:42-
111	Eli Fjellbirkeland Johannesen	142	19:22
03:11+	05:12+ 06:39+ 07:19+ 08:22+ 08:48+	09:08+ 12:08+ 13:14+ 13:44+ 16:25+ 16:49+	18:25+ 19:01+ 19:22+
03:11+	02:01+ 01:27= 00:40+ 01:03+ 00:26+ 00:20+ 03:00+ 01:06+ 00:30- 02:41+ 00:24+	01:36- 00:36+ 00:21-	
00:47&	00:36& 00:00= 00:24@ 00:28& 00:08& 00:06& 02:15@ 00:51@ 01:58- 01:55@ 00:03#	00:09- 00:21@ 00:43-	
112	Janne Tjørhom Aasheim	88	19:23
03:31+	05:28+ 07:00+ 07:40+ 08:37+ 09:17+	09:47+ 12:30+ 13:31+ 13:58+ 16:40+ 17:03+	18:30+ 19:03+ 19:23+
03:31+	01:57+ 01:32+ 00:40+ 00:57+ 00:40+ 00:30+ 02:43+ 01:01+ 00:27- 02:42+ 00:23+	01:27- 00:33+ 00:20-	
01:07&	00:32& 00:05+ 00:24@ 00:22& 00:22@ 00:16@ 01:58@ 00:46@ 02:01- 01:56@ 00:02+	00:18- 00:18@ 00:44-	
113	Thea Sildnes Baklid	185	19:25
03:11+	05:13+ 06:40+ 07:20+ 08:09+ 08:47+	09:16+ 11:58+ 13:22+ 13:52+ 16:35+ 16:58+	18:30+ 19:04+ 19:25+
03:11+	02:02+ 01:27= 00:40+ 00:49+ 00:38+ 00:29+ 02:42+ 01:24+ 00:30- 02:43+ 00:23+	01:32- 00:34+ 00:21-	
00:47&	00:37& 00:00= 00:24@ 00:14& 00:20@ 00:15@ 01:57@ 01:09@ 01:58- 01:57@ 00:02+	00:13- 00:19@ 00:43-	
114	Evine Westli Andersen	LV	19:27
03:32+	05:31+ 07:01+ 07:40+ 08:28+ 09:06+	09:35+ 12:02+ 13:24+ 13:53+ 16:31+ 16:54+	18:29+ 19:09+ 19:27+
03:32+	01:59+ 01:30+ 00:39+ 00:48+ 00:38+ 00:29+ 02:27+ 01:22+ 00:29- 02:38+ 00:23+	01:35- 00:40+ 00:18-	
01:08&	00:34& 00:03+ 00:23@ 00:13& 00:20@ 00:15@ 01:42@ 01:07@ 01:59- 01:52@ 00:02+	00:10- 00:25@ 00:46-	
115	Anne Wilkommen Eiken	244	19:31
03:06+	05:11+ 06:41+ 07:22+ 08:21+ 08:46+	09:05+ 11:46+ 13:13+ 13:41+ 16:23+ 16:53+	18:29+ 19:09+ 19:31+
03:06+	02:05+ 01:30+ 00:41+ 00:59+ 00:25+ 00:19+ 02:41+ 01:27+ 00:28- 02:42+ 00:30+	01:36- 00:40+ 00:22-	
00:42&	00:40& 00:03+ 00:25@ 00:24& 00:07& 00:05& 01:56@ 01:12@ 02:00- 01:56@ 00:09& 00:09-	00:25@ 00:42-	
116	Kristian Fredrik Lynum	320	19:31
03:06+	04:52+ 06:00+ 06:34+ 07:22+ 07:45+	08:02+ 09:05+ 09:20+ 12:39+ 13:42+ 14:14+	16:31+ 17:01+ 18:15+ 18:37+ 19:13+ 19:31+
03:06+	01:46+ 01:08- 00:34+ 00:48+ 00:23+ 00:17+ 01:03+ 00:15= 03:19+ 01:03+ 00:32+	02:17+ 00:30+ 01:14+ 00:22+ 00:36+ 00:18+	
00:42&	00:21# 00:19- 00:18@ 00:13& 00:05& 00:03# 00:18& 00:00= 00:51& 00:17& 00:11& 00:32& 00:15&	00:03# 00:15& 00:10# 00:06& 00:09& 00:03#	
117	Hanne Sandstad	320	19:31
03:28+	05:20+ 07:49+ 08:10+ 09:00+ 09:34+	10:00+ 12:39+ 13:38+ 14:09+ 16:36+ 17:05+	18:35+ 19:13+ 19:30+
03:28+	01:52+ 02:29+ 00:21+ 00:50+ 00:34+ 00:26+ 02:39+ 00:59+ 00:31- 02:27+ 00:29+	01:30- 00:38+ 00:17-	
01:04&	00:27& 01:02& 00:05& 00:15& 00:16& 00:12& 01:54@ 00:44@ 01:57- 01:41@ 00:08&	00:15- 00:23@ 00:47-	
118	Ingrid G. Kvålsgard	80	19:32
03:42+	05:30+ 07:31+ 07:50+ 08:35+ 09:09+	09:36+ 12:48+ 13:50+ 14:20+ 16:46+ 17:11+	18:35+ 19:11+ 19:32+
03:42+	01:48+ 02:01+ 00:19+ 00:45+ 00:34+ 00:27+ 03:12+ 01:02+ 00:30- 02:26+ 00:25+	01:24- 00:36+ 00:21-	
01:18&	00:23& 00:34& 00:03# 00:10& 00:16& 00:13& 02:27@ 00:47@ 01:58- 01:40@ 00:04#	00:21- 00:21@ 00:43-	
119	Synne Baklid	185	19:33
03:25+	05:26+ 06:55+ 07:36+ 08:27+ 09:04+	09:31+ 12:15+ 13:30+ 13:56+ 16:32+ 16:58+	18:31+ 19:10+ 19:33+
03:25+	02:01+ 01:29+ 00:41+ 00:51+ 00:37+ 00:27+ 02:44+ 01:15+ 00:26- 02:36+ 00:26+	01:33- 00:39+ 00:23-	
01:01&	00:36& 00:02+ 00:25@ 00:16& 00:19@ 00:13& 01:59@ 01:00@ 02:02- 01:50@ 00:05#	00:12- 00:24@ 00:41-	

Class	Navn	Klasse										Tid				
135	Christiane Trösse	368										19:55				
03:38+	05:35+	07:46+	08:08+	08:59+	09:32+	10:00+	12:51+	14:11+	14:40+	17:06+	17:30+	18:57+	19:33+	19:55+		
03:38+	01:57+	02:11+	00:22+	00:51+	00:33+	00:28+	02:51+	01:20+	00:29-	02:26+	00:24+	01:27-	00:36+	00:22-		
01:14&	00:32&	00:44&	00:06&	00:16&	00:15&	00:14&	02:06@	01:05@	01:59-	01:40@	00:03#	00:18-	00:21@	00:42-		
136	Øystein Fruseth Christiansen	244										19:55				
03:10+	05:05+	06:19+	06:52+	07:36+	08:04+	08:32+	09:30+	09:46+	12:56+	13:52+	14:22+	16:51+	17:22+	18:39+		
03:10+	01:55+	01:14-	00:33+	00:44+	00:28+	00:28+	00:58+	00:16+	03:10+	00:56+	00:30+	02:29+	00:31+	01:17+		
00:46&	00:30&	00:13-	00:17@	00:09&	00:10&	00:14&	00:13&	00:01+	00:42&	00:10#	00:09&	00:44&	00:16@	00:13#		
137	Ragne Wiklund	245										19:56				
02:44+	04:24+	05:37+	06:11+	06:57+	07:28+	07:49+	10:12+	11:15+	11:43+	14:10+	14:24+	15:40+	17:18+	17:39+		
02:44+	01:40+	01:13-	00:34+	00:46+	00:31+	00:21+	02:23+	01:03+	00:28-	02:27+	00:14-	01:16-	01:38+	00:21-		
00:20#	00:15#	00:14-	00:18@	00:11&	00:13&	00:07&	01:38@	00:48@	02:00-	01:41@	00:07-	00:29-	01:23@	00:43-		
138	Øistein Fagerli Næss	281										19:56				
03:02+	04:48+	06:43+	07:02+	07:46+	08:17+	08:42+	09:52+	10:09+	13:20+	14:22+	14:47+	16:55+	17:18+	18:40+		
03:02+	01:46+	01:55+	00:19+	00:44+	00:31+	00:25+	01:10+	00:17+	03:11+	01:02+	00:25+	02:08+	00:23+	01:22+		
00:38&	00:21#	00:28&	00:03#	00:09&	00:13&	00:11&	00:25&	00:02#	00:43&	00:16&	00:04#	00:23#	00:08&	00:18&		
139	Line Sølberg	151										19:57				
03:14+	05:20+	06:50+	07:32+	08:26+	09:03+	09:33+	12:35+	13:41+	14:09+	16:48+	17:13+	18:51+	19:32+	19:57+		
03:14+	02:06+	01:30+	00:42+	00:54+	00:37+	00:30+	03:02+	01:06+	00:28-	02:39+	00:25+	01:38-	00:41+	00:25-		
00:50&	00:41&	00:03+	00:26@	00:19&	00:19@	00:16@	02:17@	00:51@	02:00-	01:53@	00:04#	00:07-	00:26@	00:39-		
140	Mina Jørgensen	BT										20:00				
03:37+	05:45+	07:17+	07:58+	08:54+	09:28+	09:57+	12:51+	13:57+	14:24+	17:00+	17:26+	19:02+	19:41+	20:00+		
03:37+	02:08+	01:32+	00:41+	00:56+	00:34+	00:29+	02:54+	01:06+	00:27-	02:36+	00:26+	01:36-	00:39+	00:19-		
01:13&	00:43&	00:05+	00:25@	00:21&	00:16&	00:15@	02:09@	00:51@	02:01-	01:50@	00:05#	00:09-	00:24@	00:45-		
141	Silje Marie Våge	26										20:00				
03:50+	05:48+	07:57+	08:18+	09:11+	09:50+	10:19+	12:55+	14:17+	14:48+	17:17+	17:40+	19:04+	19:40+	20:00+		
03:50+	01:58+	02:09+	00:21+	00:53+	00:39+	00:29+	02:36+	01:22+	00:31-	02:29+	00:23+	01:24-	00:36+	00:20-		
01:26&	00:33&	00:42&	00:05&	00:18&	00:21@	00:15@	01:51@	01:07@	01:57-	01:43@	00:02+	00:21-	00:21@	00:44-		
142	Eivind Berner Myhre	80										20:08				
03:17+	05:07+	06:25+	07:04+	07:52+	08:15+	08:35+	09:46+	10:06+	13:24+	14:22+	14:50+	17:10+	17:32+	18:50+		
03:17+	01:50+	01:18-	00:39+	00:48+	00:23+	00:20+	01:11+	00:20+	03:18+	00:58+	00:28+	02:20+	00:22+	01:18+		
00:53&	00:25&	00:09-	00:23@	00:13&	00:05&	00:06&	00:26&	00:05&	00:50&	00:12&	00:07&	00:35&	00:07&	00:14#		
143	Simen Ballangrud	261										20:09				
03:03+	04:48+	06:42+	07:02+	07:51+	08:37+	09:03+	09:56+	10:16+	13:24+	14:33+	14:57+	17:23+	17:44+	18:59+		
03:03+	01:45+	01:54+	00:20+	00:49+	00:46+	00:26+	00:53+	00:20+	03:08+	01:09+	00:24+	02:26+	00:21+	01:15+		
00:39&	00:20#	00:27&	00:04#	00:14&	00:28@	00:12&	00:08#	00:05&	00:40&	00:23&	00:03#	00:41&	00:06&	00:11#		
144	Lacho Iliev	101										20:10				
02:59+	04:53+	06:29+	07:06+	07:57+	08:20+	08:39+	09:44+	10:05+	13:12+	14:20+	14:46+	17:10+	17:33+	18:52+		
02:59+	01:54+	01:36+	00:37+	00:51+	00:23+	00:19+	01:05+	00:21+	03:07+	01:08+	00:26+	02:24+	00:23+	01:19+		
00:35#	00:29&	00:09#	00:21@	00:16&	00:05&	00:05&	00:20&	00:06&	00:39&	00:22&	00:05#	00:39&	00:08&	00:15#		
145	Mari Strømme Lid	368										20:11				
03:32+	05:34+	07:05+	07:48+	08:45+	09:20+	09:51+	12:43+	14:09+	14:41+	17:17+	17:40+	19:10+	19:49+	20:11+		
03:32+	02:02+	01:31+	00:43+	00:57+	00:35+	00:31+	02:52+	01:26+	00:32-	02:36+	00:23+	01:30-	00:39+	00:22-		
01:08&	00:37&	00:04+	00:27@	00:22&	00:17&	00:17@	02:07@	01:11@	01:56-	01:50@	00:02+	00:15-	00:24@	00:42-		
146	Sigurd Paulsen Vie	109										20:11				
03:12+	04:59+	06:11+	06:48+	07:33+	08:07+	08:32+	09:38+	09:56+	13:13+	14:21+	14:46+	16:57+	17:19+	18:54+		
03:12+	01:47+	01:12-	00:37+	00:45+	00:34+	00:25+	01:06+	00:18+	03:17+	01:08+	00:25+	02:11+	00:22+	01:35+		
00:48&	00:22&	00:15-	00:21@	00:10&	00:16&	00:11&	00:21&	00:03#	00:49&	00:22&	00:07+	00:26#	00:07&	00:31&		
147	Sigurd R. Oftedal	303										20:13				
03:11+	05:03+	06:18+	06:54+	07:52+	08:24+	08:49+	09:55+	10:12+	13:28+	14:22+	14:47+	17:15+	17:39+	18:59+		
03:11+	01:52+	01:15-	00:36+	00:58+	00:32+	00:25+	01:06+	00:17+	03:16+	00:54+	00:25+	02:28+	00:24+	01:20+		
00:47&	00:27&	00:12-	00:20@	00:23&	00:14&	00:11&	00:21&	00:02#	00:48&	00:08#	00:04#	00:43&	00:09&	00:16#		
148	Lars Sandstad	320										20:15				
03:14+	05:00+	06:53+	07:13+	08:01+	08:22+	08:39+	09:55+	10:14+	13:17+	14:12+	14:46+	17:14+	17:39+	18:56+		
03:14+	01:46+	01:53+	00:20+	00:48+	00:21+	00:17+	01:16+	00:19+	03:03+	00:55+	00:34+	02:28+	00:25+	01:17+		
00:50&	00:21#	00:26&	00:04#	00:13&	00:03#	00:03#	00:31&	00:04&	00:35#	00:09#	00:13&	00:43&	00:10&	00:13#		
149	Morten Bjerga Sundli	88										20:16				
03:29+	05:18+	07:17+	07:38+	08:26+	08:51+	09:10+	10:12+	10:28+	13:38+	14:40+	15:04+	17:28+	17:47+	19:05+		
03:29+	01:49+	01:59+	00:21+	00:48+	00:25+	00:19+	01:02+	00:16+	03:10+	01:02+	00:24+	02:24+	00:19+	01:18+		
01:05&	00:24&	00:32&	00:05&	00:13&	00:07&	00:05&	00:17&	00:01+	00:42&	00:16&	00:03#	00:39&	00:04&	00:14#		

Class	Navn	Klasse	Tid
150	Tora Aasheim Nymark	368	20:19
03:30+	05:31+ 07:03+ 07:45+ 08:42+	09:19+ 09:49+ 12:29+	14:06+ 14:39+ 17:16+ 17:42+
03:30+	02:01+ 01:32+ 00:42+ 00:57+	00:30+ 02:40+	01:37+ 00:33- 02:37+ 00:26+
01:06&	00:36& 00:05+ 00:26@ 00:22&	00:19@ 00:16@ 01:55@ 01:22@	01:55- 01:51@ 00:05# 00:08- 00:27@ 00:46-
151	Tore Nymark	368	20:20
03:15+	05:17+ 06:41+ 07:20+ 08:06+	08:32+ 08:52+ 09:49+	10:07+ 13:30+ 14:28+ 14:57+
03:15+	02:02+ 01:24- 00:39+ 00:46+	00:26+ 00:20+ 00:57+	00:18+ 03:23+ 00:58+ 00:29+
00:51&	00:37& 00:03- 00:23@ 00:11&	00:08& 00:06& 00:12& 00:03#	00:55& 00:12& 00:08& 00:36& 00:09&
152	Kaja Samuelsen Skiri	45	20:27
03:32+	05:38+ 07:10+ 07:54+ 08:59+	09:27+ 09:48+ 12:55+	14:17+ 14:49+ 17:30+ 17:55+
03:32+	02:06+ 01:32+ 00:44+ 01:05+	00:28+ 00:21+ 03:07+	01:22+ 00:32- 02:41+ 00:25+
01:08&	00:41& 00:05+ 00:28@ 00:30&	00:07& 02:22@ 01:07@ 01:56-	01:55@ 00:04# 00:09- 00:21@ 00:44-
153	Christiane Ruud Bøckman	189	20:27
03:34+	05:29+ 07:40+ 08:02+ 09:01+	09:27+ 09:45+ 13:11+	14:19+ 14:51+ 17:26+ 17:51+
03:34+	01:55+ 02:11+ 00:22+ 00:59+	00:26+ 00:18+ 03:26+	01:08+ 00:32- 02:35+ 00:25+
01:10&	00:30& 00:44& 00:06& 00:24&	00:08& 00:04& 02:41@ 00:53@	01:56- 01:49@ 00:04# 00:10- 00:24@ 00:42-
154	Agnethe Hasli	93	20:30
03:34+	05:40+ 07:12+ 07:56+ 08:59+	09:25+ 09:48+ 12:59+	14:10+ 14:48+ 17:28+ 17:53+
03:34+	02:06+ 01:32+ 00:44+ 01:03+	00:26+ 00:23+ 03:11+	01:11+ 00:38- 02:40+ 00:25+
01:10&	00:41& 00:05+ 00:28@ 00:08&	00:09& 00:09& 02:26@ 00:56@	01:50- 01:54@ 00:04# 00:06- 00:23@ 00:44-
155	Jostein Svaland Dale	LV	20:30
03:06+	04:52+ 06:13+ 06:49+ 07:33+	08:20+ 08:48+ 09:43+	10:00+ 13:20+ 14:31+ 14:58+
03:06+	01:46+ 01:21- 00:36+ 00:44+	00:47+ 00:28+ 00:55+	00:17+ 03:20+ 01:11+ 00:27+
00:42&	00:21# 00:06- 00:20@ 00:09&	00:29@ 00:14& 00:10# 00:02#	00:52& 00:25& 00:06& 00:44& 00:17@ 00:19&
156	Eirik Høst Fossgard	203	20:34
03:04+	04:50+ 07:10+ 07:31+ 08:16+	08:39+ 08:59+ 09:54+	10:11+ 13:25+ 14:34+ 15:01+
03:04+	01:46+ 02:20+ 00:21+ 00:45+	00:23+ 00:20+ 00:55+	00:17+ 03:14+ 01:09+ 00:27+
00:40&	00:21# 00:53& 00:05& 00:10&	00:05& 00:06& 00:10# 00:02#	00:46& 00:23& 00:06& 00:37& 00:09&
157	Ola Keiserås	BTR	20:44
03:01+	04:45+ 06:47+ 07:09+ 07:56+	08:25+ 08:51+ 09:55+	10:13+ 13:37+ 14:36+ 15:03+
03:01+	01:44+ 02:02+ 00:22+ 00:47+	00:29+ 00:26+ 01:04+	00:18+ 03:24+ 00:59+ 00:27+
00:37&	00:19# 00:35& 00:06& 00:12&	00:11& 00:12& 00:19& 00:03#	00:56& 00:13& 00:06& 00:41& 00:19@ 00:20&
158	Mathias Hermstad	320	20:45
03:07+	04:47+ 06:00+ 06:39+ 07:25+	08:06+ 08:32+ 09:23+	09:40+ 12:54+ 13:53+ 14:23+
03:07+	01:40+ 01:13- 00:39+ 00:46+	00:41+ 00:26+ 00:51+	00:17+ 03:14+ 00:59+ 00:30+
00:43&	00:15# 00:14- 00:23@ 00:11&	00:23@ 00:12& 00:06# 00:02#	00:46& 00:13& 00:09& 01:30& 00:13&
159	Andreas Ramberg	388	20:48
03:14+	05:22+ 06:41+ 07:21+ 08:15+	08:39+ 08:56+ 09:54+	10:12+ 13:41+ 14:55+ 15:24+
03:14+	02:08+ 01:19- 00:40+ 00:54+	00:24+ 00:17+ 00:58+	00:18+ 03:29+ 01:14+ 00:29+
00:50&	00:43& 00:08- 00:24@ 00:19&	00:06& 00:03# 00:13& 00:03#	01:01& 00:28& 00:08& 00:45& 00:08&
160	Synne Marie Kvamme	379	20:50
03:16+	05:20+ 07:35+ 07:59+ 08:55+	09:33+ 10:02+ 12:58+	14:25+ 14:54+ 17:43+ 18:08+
03:16+	02:04+ 02:15+ 00:24+ 00:56+	00:38+ 00:29+ 02:56+	01:27+ 00:29- 02:49+ 00:25+
00:52&	00:39& 00:48& 00:08& 00:21&	00:15@ 02:11@ 01:12@ 01:59-	02:03@ 00:04# 00:07- 00:26@ 00:41-
161	Alexander Repstad Storemyr	278	20:51
03:07+	04:56+ 06:54+ 07:13+ 08:08+	08:32+ 08:49+ 09:47+	10:05+ 13:26+ 14:24+ 15:01+
03:07+	01:49+ 01:58+ 00:19+ 00:55+	00:24+ 00:17+ 00:58+	00:18+ 03:21+ 00:58+ 00:37+
00:43&	00:24& 00:31& 00:03# 00:20&	00:06& 00:03# 00:13& 00:03#	00:53& 00:12& 00:16& 00:49& 00:19@ 00:18&
162	Mathias Benjaminsen	203	20:51
03:32+	05:19+ 06:37+ 07:12+ 08:01+	08:36+ 09:03+ 10:10+	10:28+ 13:31+ 14:38+ 15:05+
03:32+	01:47+ 01:18- 00:35+ 00:49+	00:35+ 00:27+ 01:07+	00:18+ 03:03+ 01:07+ 00:27+
01:08&	00:22& 00:09- 00:19@ 00:14&	00:17& 00:13& 00:22& 00:03#	00:35# 00:21& 00:06& 00:48& 00:18@ 00:17&
163	Maria Rørvik Haver	203	20:54
03:31+	05:32+ 07:44+ 08:08+ 09:08+	09:34+ 09:55+ 12:46+	14:27+ 14:57+ 17:37+ 18:05+
03:31+	02:01+ 02:12+ 00:24+ 01:00+	00:26+ 00:21+ 02:51+	01:41+ 00:30- 02:40+ 00:28+
01:07&	00:36& 00:45& 00:08& 00:25&	00:08& 00:07& 02:06@ 01:26@	01:58- 01:54@ 00:07& 00:02- 00:27@ 00:40-
164	Sunniva Omdal	303	21:03
03:29+	05:35+ 07:56+ 08:21+ 09:29+	09:56+ 10:17+ 13:17+	14:28+ 14:59+ 17:40+ 18:08+
03:29+	02:06+ 02:21+ 00:25+ 01:08+	00:27+ 00:21+ 03:00+	01:11+ 00:31- 02:41+ 00:28+
01:05&	00:41& 00:54& 00:09& 00:33&	00:09& 00:07& 02:15@ 00:56@	01:57- 01:55@ 00:07& 00:02- 00:34@ 00:41-

Class	Navn	Klasse	Tid
165	Inger Tone Nygård	59	21:04
01:17-	03:32-	07:00+	07:24+
01:17-	02:15+	03:28+	00:24+
01:07-	00:50&	02:01@	00:08&
	00:28&	00:32@	00:17@
	02:08@	01:16@	01:49-
	02:10@	00:08&	00:00=
	00:25@	00:41-	
166	Joar Gjerdahl	185	21:09
02:59+	04:52+	06:17+	06:55+
02:59+	01:53+	01:25-	00:38+
00:35#	00:28&	00:02-	00:22@
	00:10&	00:16&	00:14&
	00:16-	00:18@	02:10-
	02:41@	00:52@	01:21-
	02:33@	00:31-	01:08@
	00:05-	00:23@	00:18+
167	Ragnhild Eide	51	21:11
03:05+	04:58+	06:17+	06:58+
03:05+	01:53+	01:19-	00:41+
00:41&	00:28&	00:08-	00:25@
	00:20&	00:07&	00:03#
	00:33&	00:02#	00:05&
	00:24&	00:08&	00:53&
	00:17@	00:21&	00:08&
	00:12&	00:06&	
168	Mathias Gløersen	BT	21:14
03:09+	04:47+	08:47+	09:04+
03:09+	01:38+	04:00+	00:17+
00:45&	00:13#	02:33@	00:01+
	00:13&	00:00=	00:01+
	00:09#	00:00=	00:30#
	00:06#	00:06#	00:03#
	00:51&	00:08&	00:13#
	00:05&	00:04#	00:03#
169	Åsne Naadland Holo	80	21:15
03:29+	05:39+	07:22+	08:05+
03:29+	02:10+	01:43+	00:43+
01:05&	00:45&	00:16#	00:27@
	00:34&	00:09&	00:07&
	02:10@	01:13@	01:56-
	02:15@	00:06&	00:02-
	00:27@	00:39-	
170	Mari Landro Svingheim	185	21:17
03:45+	05:54+	08:08+	08:29+
03:45+	02:09+	02:14+	00:21+
01:21&	00:44&	00:47&	00:05&
	00:10&	00:24@	01:22@
	01:56-	01:51@	00:05#
	00:08-	00:23@	00:46-
171	Marjo Liikanen	88	21:20
03:38+	05:33+	09:40+	09:58+
03:38+	01:55+	04:07+	00:18+
01:14&	00:30&	02:40@	00:02#
	00:22&	00:06&	00:04&
	01:39@	01:04@	01:58-
	01:56@	00:03#	00:18-
	00:23@	00:45-	
172	Solveig Eline Berg	BTOTO	21:22
03:35+	05:47+	07:26+	08:09+
03:35+	02:12+	01:39+	00:43+
01:11&	00:47&	00:12#	00:27@
	00:32&	00:08&	00:08&
	02:11@	01:27@	01:58-
	02:03@	00:07&	00:02+
	00:27@	00:40-	
173	Mathias Vindal	320	21:23
03:06+	04:53+	06:51+	07:12+
03:06+	01:47+	01:58+	00:21+
00:42&	00:22&	00:31&	00:05&
	00:14&	00:18&	00:13&
	00:18-	00:17@	02:12-
	02:34@	01:07@	01:18-
	02:21@	00:42-	01:10@
	00:00=	00:22@	00:21+
174	Anna Øfsthus Gravir	26	21:24
03:35+	06:02+	07:36+	08:22+
03:35+	02:27+	01:34+	00:46+
01:11&	01:02&	00:07+	00:30@
	00:24&	00:06&	00:09&
	02:30@	01:12@	01:57-
	02:09@	00:06&	00:00=
	00:21@	00:44-	
175	Karoline Sønsterudbråten	203	21:24
03:47+	05:54+	07:25+	08:09+
03:47+	02:07+	01:31+	00:44+
01:23&	00:42&	00:04+	00:28@
	00:19&	00:17&	00:21@
	02:43@	01:11@	01:57-
	01:58@	00:04#	00:09-
	00:24@	00:42-	
176	Kristine Berglia	64	21:25
03:28+	05:22+	07:24+	07:46+
03:28+	01:54+	02:02+	00:22+
01:04&	00:29&	00:35&	00:06&
	00:15&	00:07&	00:04&
	00:20&	00:04&	00:44&
	00:23&	00:11&	00:54&
	00:09&	00:11&	00:07&
177	Andrea Vanebo	KK	21:30
04:07+	06:20+	07:53+	08:40+
04:07+	02:13+	01:33+	00:47+
01:43&	00:48&	00:06+	00:31@
	00:23&	00:09&	00:07&
	02:12@	01:15@	01:47-
	01:56@	00:07&	00:01-
	00:25@	00:42-	
178	Per Ivar Stokland	88	21:38
03:07+	04:53+	06:56+	07:18+
03:07+	01:46+	02:03+	00:22+
00:43&	00:21#	00:36&	00:06&
	00:11&	00:23@	00:15@
	00:18&	00:02#	00:52&
	00:27&	00:04#	01:02&
	00:18&	00:08&	00:09&
	00:05&	00:05&	00:04&
179	Ruben Kobbeltvedt	109	21:39
03:12+	05:07+	07:04+	07:24+
03:12+	01:55+	01:57+	00:20+
00:48&	00:30&	00:30&	00:04#
	00:27&	00:05&	00:05&
	00:13&	00:02#	01:12&
	00:14&	00:04#	01:03&
	00:17@	00:25&	02:48+
	00:32+	01:29+	00:26+
	00:37+	00:10&	00:10&
	00:04&		

Class	Navn	Klasse	Tid
195	Trine Bolstad	88	22:09
04:16+	06:26+	07:57+	08:44+
04:16+	02:10+	01:31+	00:47+
01:52&	00:45&	00:04+	00:31@
		00:22&	00:09&
		00:10&	02:51@
		00:52@	01:54-
		02:29@	00:02+
		00:07-	00:26@
			00:41-
196	Tale Strand	KK	22:11
04:02+	06:16+	08:44+	09:07+
04:02+	02:14+	02:28+	00:23+
01:38&	00:49&	01:01&	00:07&
		00:18&	00:20@
		00:16@	02:20@
		00:56@	01:53-
		02:07@	00:08&
		00:02-	00:29@
			00:41-
197	Eyvind Kjellevold Malde	142	22:18
03:17+	05:10+	07:07+	07:29+
03:17+	01:53+	01:57+	00:22+
00:53&	00:28&	00:30&	00:06&
		00:13&	00:26@
		00:13&	00:16&
		00:03#	01:12&
		00:38&	00:08&
		00:53&	00:12&
		00:22&	00:11&
		00:13&	00:05&
198	Annette Bjørnås Krogstie	185	22:19
04:12+	06:20+	08:39+	09:02+
04:12+	02:08+	02:19+	00:23+
01:48&	00:43&	00:52&	00:07&
		00:29&	00:13&
		00:10&	02:08@
		01:27@	01:52-
		02:07@	00:07&
		00:01-	00:28@
			00:45-
199	Jakob Mo	TG	22:23
03:34+	05:23+	07:29+	07:50+
03:34+	01:49+	02:06+	00:21+
01:10&	00:24&	00:39&	00:05&
		00:20&	00:24@
		00:11&	00:12&
		00:03#	01:19&
		00:14&	00:09&
		00:56&	00:21@
		00:24&	00:05&
		00:10&	00:01&
200	Elise Ausen	278	22:29
04:07+	06:24+	08:50+	09:16+
04:07+	02:17+	02:26+	00:26+
01:43&	00:52&	00:59&	00:10&
		00:32&	00:10&
		00:07&	02:17@
		01:17@	01:53-
		02:12@	00:06&
		00:00=	00:25@
			00:46-
201	Mari Kilskar Grevskott	84	22:36
03:55+	06:05+	08:25+	08:45+
03:55+	02:10+	02:20+	00:20+
01:31&	00:45&	00:53&	00:04#
		00:16&	00:21@
		00:15@	01:58@
		01:07@	01:59-
		01:57@	00:00=
		01:27&	00:26@
			00:43-
202	Jonas Grønli	320	22:41
04:00+	05:55+	08:05+	08:28+
04:00+	01:55+	02:10+	00:23+
01:36&	00:30&	00:43&	00:07&
		00:09&	00:08&
		00:05&	00:25&
		00:03#	00:51&
		00:30&	00:09&
		00:56&	00:22@
		00:26&	00:08&
		00:08&	00:14&
		00:03#	00:03#
203	Ragnhild Vrålstad Løvås	368	22:42
04:27+	06:46+	09:13+	09:39+
04:27+	02:19+	02:27+	00:26+
02:03&	00:54&	01:00&	00:10&
		00:09&	00:07&
		02:21@	01:10@
		01:51-	02:05@
		00:08&	00:06&
		00:06-	00:24@
			00:41-
204	Martin Øhman	TG	22:42
03:22+	05:26+	06:55+	07:36+
03:22+	02:04+	01:29+	00:41+
00:58&	00:39&	00:02+	00:25@
		00:16&	00:09&
		00:08&	00:30&
		00:04&	01:43&
		00:31&	00:11&
		00:55&	00:09&
		00:21&	00:06&
		00:12&	00:07&
205	Hanne Raadal	101	22:45
04:14+	06:31+	08:09+	09:12+
04:14+	02:17+	01:38+	01:03+
01:50&	00:52&	00:11#	00:47@
		00:21&	00:10&
		00:07&	02:30@
		01:20@	01:52-
		02:12@	00:07&
		00:04+	00:28@
			00:40-
206	Johanne Bratland Tjernshaugen	252	22:53
04:05+	06:17+	08:04+	08:50+
04:05+	02:12+	01:47+	00:46+
01:41&	00:47&	00:20#	00:30@
		00:33&	00:23@
		00:09&	02:48@
		01:17@	01:55-
		02:13@	00:06&
		00:05-	00:27@
			00:39-
207	Vibeke Øye	142	22:57
03:47+	05:54+	08:15+	08:37+
03:47+	02:07+	02:21+	00:22+
01:23&	00:42&	00:54&	00:06&
		00:18&	00:36@
		00:33@	02:19@
		01:28@	01:51-
		02:18@	00:05#
		00:13#	00:22@
			00:47-
208	Mathias Rosenlund	368	23:06
03:21+	05:27+	07:40+	07:59+
03:21+	02:06+	02:13+	00:19+
00:57&	00:41&	00:46&	00:03#
		00:17&	00:05&
		00:05&	00:33&
		00:06&	01:23&
		00:18&	00:05#
		00:26-	01:36@
		00:35-	01:16@
		00:04-	00:25@
			00:19+
209	Ådne Skjæveland Jøssing	379	23:08
03:10+	05:05+	06:54+	07:38+
03:10+	01:55+	01:49+	00:44+
00:46&	00:30&	00:22&	00:28@
		00:22&	00:05&
		00:07&	00:24&
		00:01+	01:17&
		00:15&	00:07&
		00:58&	00:24@
		01:19@	00:09&
		00:10&	00:08&

Class	Navn	Klasse												Tid			
240	Kenneth Mydland	59												28:27			
03:10+	05:13+	06:35+	10:48+	11:49+	12:13+	12:36+	13:47+	14:04+	19:54+	21:21+	21:57+	24:44+	25:18+	26:55+	27:23+	28:05+	28:27+
03:10+	02:03+	01:22-	04:13+	01:01+	00:24+	00:23+	01:11+	00:17+	05:50+	01:27+	00:36+	02:47+	00:34+	01:37+	00:28+	00:42+	00:22+
00:46&	00:38&	00:05-	03:57@	00:26&	00:06&	00:09&	00:26&	00:02#	03:22@	00:41&	00:15&	01:02&	00:19@	00:33&	00:12&	00:15&	00:07&
241	Randi Engløkk	109												29:16			
07:21+	09:56+	11:58+	12:44+	13:57+	14:45+	15:36+	19:15+	20:58+	21:37+	25:20+	25:57+	27:57+	28:47+	29:16+			
07:21+	02:35+	02:02+	00:46+	01:13+	00:48+	00:51+	03:39+	01:43+	00:39-	03:43+	00:37+	02:00+	00:50+	00:29-			
04:57@	01:10&	00:35&	00:30@	00:38@	00:30@	00:37@	02:54@	01:28@	01:49-	02:57@	00:16&	00:15#	00:35@	00:35-			
242	Asbjørn Hegdal	59												29:49			
04:45+	07:04+	11:37+	12:07+	12:59+	13:46+	14:14+	15:43+	16:05+	20:13+	21:46+	22:18+	25:42+	26:11+	28:07+	28:39+	29:27+	29:49+
04:45+	02:19+	04:33+	00:30+	00:52+	00:47+	00:28+	01:29+	00:22+	04:08+	01:33+	00:32+	03:24+	00:29+	01:56+	00:32+	00:48+	00:22+
02:21&	00:54&	03:06@	00:14&	00:17&	00:29@	00:14&	00:44&	00:07&	01:40&	00:47@	00:11&	01:39&	00:14&	00:52&	00:16&	00:21&	00:07&
243	Inga Vestøl Stødle	189												29:55			
04:25+	06:59+	09:03+	09:53+	11:23+	12:05+	16:09+	19:41+	21:50+	22:28+	25:55+	26:33+	28:46+	29:37+	29:55+			
04:25+	02:34+	02:04+	00:50+	01:30+	00:42+	04:04+	03:32+	02:09+	00:38-	03:27+	00:38+	02:13+	00:51+	00:18-			
02:01&	01:09&	00:37&	00:34@	00:55@	00:24@	03:50@	02:47@	01:54@	01:50-	02:41@	00:17&	00:28&	00:36@	00:46-			
244	Pernille Ronæss Melleby	324												34:27			
05:35+	09:01+	13:30+	14:09+	15:36+	16:43+	17:25+	22:26+	24:42+	25:28+	29:42+	30:20+	32:58+	34:05+	34:27+			
05:35+	03:26+	04:29+	00:39+	01:27+	01:07+	00:42+	05:01+	02:16+	00:46-	04:14+	00:38+	02:38+	01:07+	00:22-			
03:11@	02:01@	03:02@	00:23@	00:52@	00:49@	00:28@	04:16@	02:01@	01:42-	03:28@	00:17&	00:53&	00:52@	00:42-			
245	Irene Skiri	222												37:04			
05:59+	08:42+	14:20+	14:47+	16:24+	17:19+	18:07+	22:43+	25:39+	26:45+	30:26+	31:02+	35:33+	36:33+	37:04+			
05:59+	02:43+	05:38+	00:27+	01:37+	00:55+	00:48+	04:36+	02:56+	01:06-	03:41+	00:36+	04:31+	01:00+	00:31-			
03:35@	01:18&	04:11@	00:11&	01:02@	00:37@	00:34@	03:51@	02:41@	01:22-	02:55@	00:15&	02:46@	00:45@	00:33-			
Beste strekktid for klassen																	
01:17	01:22	00:59	00:15	00:33	00:18	00:13	00:22	00:12	00:14	00:45	00:14	00:22	00:15	00:16	00:16	00:17	00:14

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.