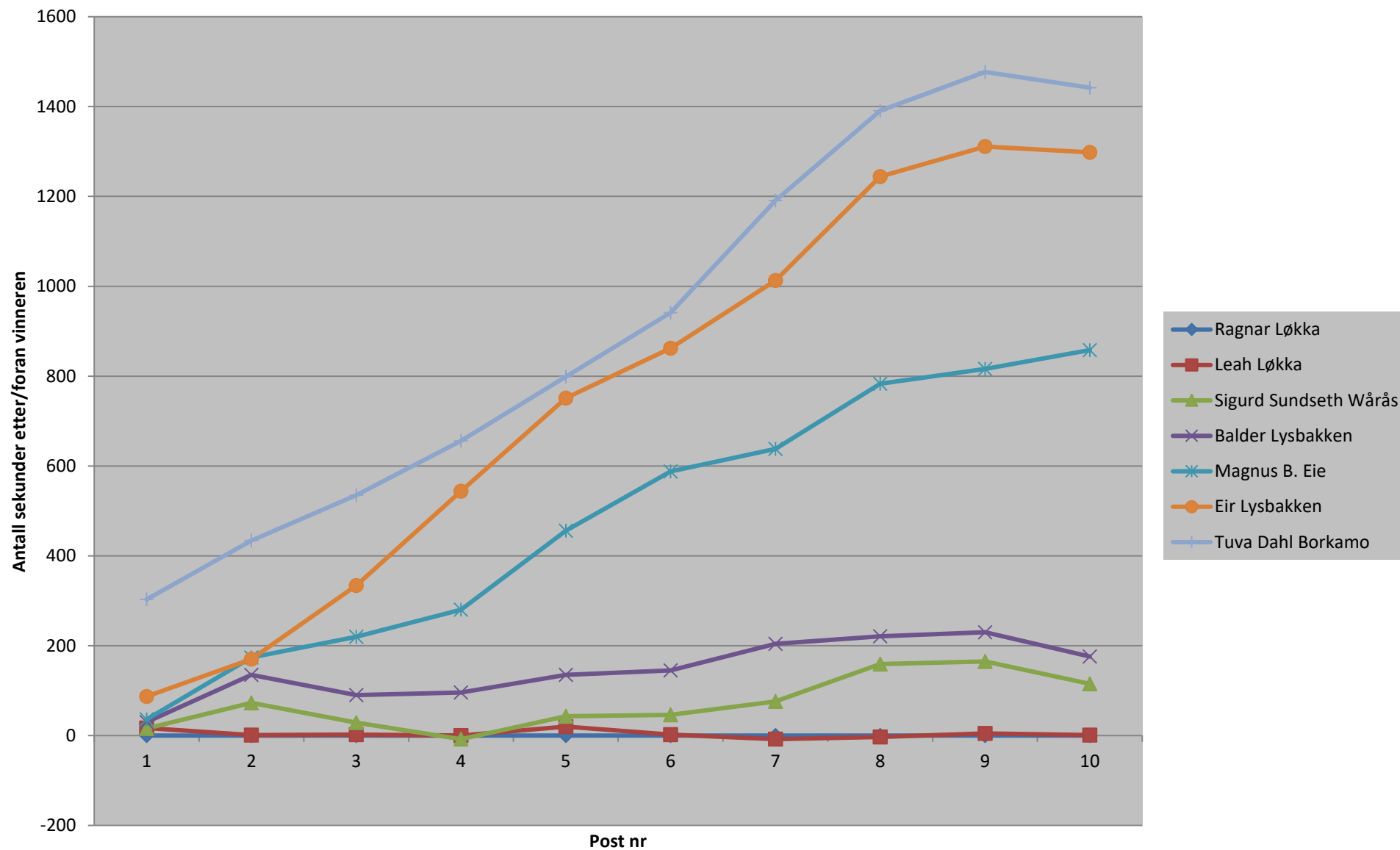


NOL Treningsløp 24.05.2018

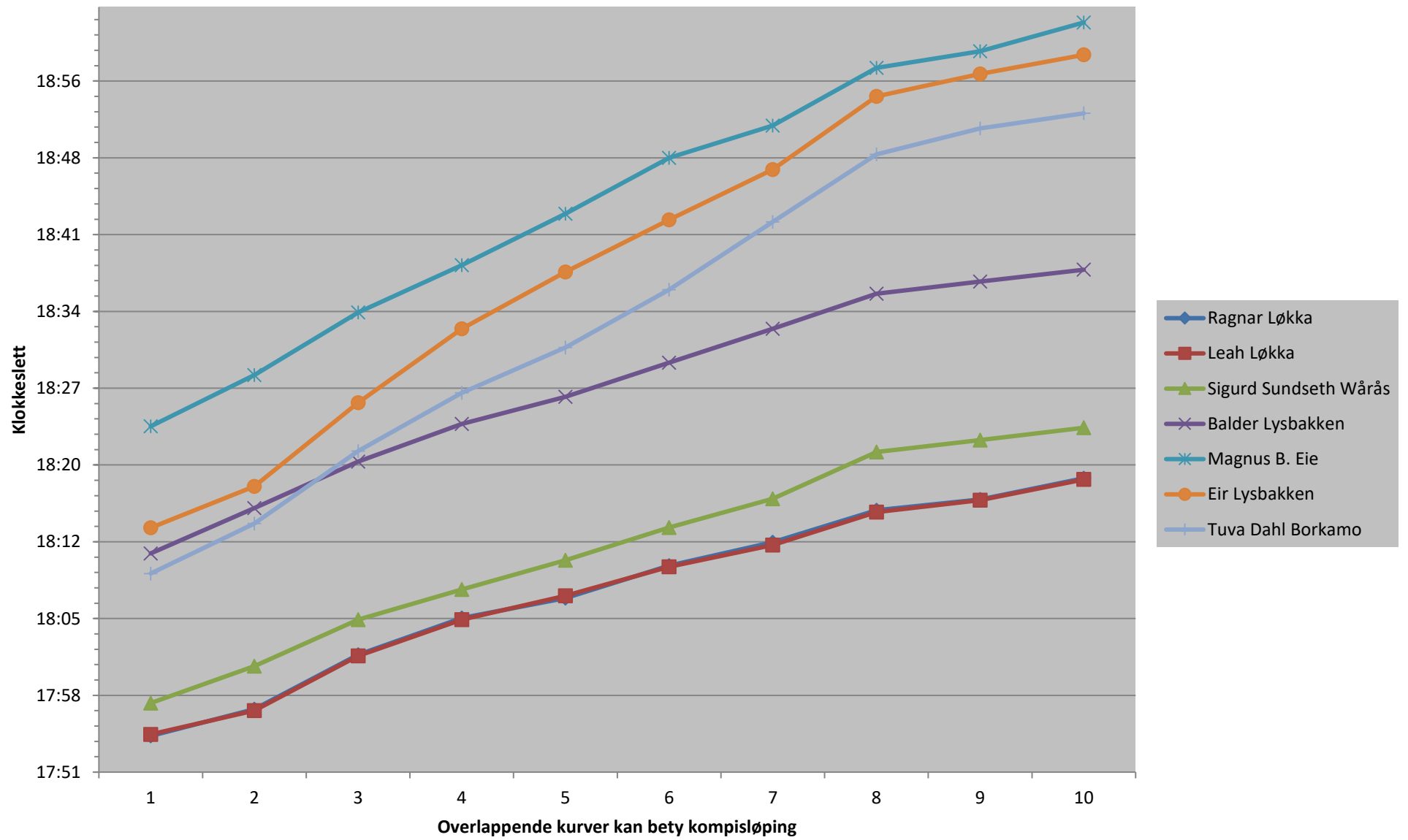
Deltakere: 43

Brikke	Navn	Tid	Løype	Min/km	Klubb	Gull	Sølv	Brns	Disk	Antall:								v2.11.14	
Post/EKT-kode---->						1/129	2/124	3/125	4/123	5/122	6/126	7/127	8/121	9/122	10/120	11/128	12/160		
61171	Simen Wästlund	36:09	4,8 km A-lang	7:32	NOL	03:27	06:02	02:55	02:22	04:33	04:44	02:09	03:03	01:44	02:20	00:52	01:58		
157187	Dag Steinar Ragvin	37:31	4,8 km A-lang	7:49	Bø OL	03:04	04:20	03:23	02:38	05:21	05:38	02:11	03:18	02:00	02:31	00:58	02:09		
173451	Gjermund Røren	47:58	4,8 km A-lang	10:00	Eiker	03:46	05:38	03:49	03:55	05:51	06:40	03:39	04:23	03:13	03:03	01:10	02:51		
86890	Anders Fossøy	52:57	4,8 km A-lang	11:02	NOL	04:10	06:35	04:58	03:37	07:21	07:22	02:54	04:33	03:08	03:40	01:18	03:21		
207900	Harald Kvisli	54:45	4,8 km A-lang	11:24	NOL	04:28	06:27	04:38	03:52	08:05	07:36	03:29	05:02	03:10	03:50	01:22	02:46		
505373	Sveinung Rekaa	56:39	4,8 km A-lang	11:48	NOL	05:27	07:11	04:57	04:19	07:20	07:01	03:13	04:58	03:08	04:18	01:42	03:05		
209283	Heidi Schatvet	1:07:25	4,8 km A-lang	14:03	NOL	04:45	06:54	04:59	03:33	08:06	15:23	03:34	06:44	03:58	04:26	01:39	03:24		
Post/EKT-kode---->						1/130	2/135	3/124	4/125	5/123	6/122	7/121	8/120	9/128	10/160				
207902	Aasmund Sløkvik	29:46	3,3 km A-kort	9:01	NOL	01:38	01:55	04:25	04:19	03:05	05:57	02:20	03:04	01:02	02:01				
64748	Britt Fossøy	40:47	3,3 km A-kort	12:22	NOL	02:20	02:35	05:56	06:22	03:33	08:29	03:08	04:10	01:30	02:44				
188115	Ole Christian Johnsen	44:12	3,3 km A-kort	13:24	NOL	02:24	02:20	06:20	05:44	04:01	09:31	03:22	05:46	01:42	03:02				
82342	Arnulf Rulnes	53:42	3,3 km A-kort	16:16	NOL	02:57	03:33	07:04	08:09	04:27	12:27	03:23	06:12	01:34	03:56				
213060	Emma Engehult	54:49	3,3 km A-kort	16:37	NOL	02:27	04:54	06:16	05:59	07:53	09:35	05:38	06:08	02:01	03:58				
502352	Robert Fredriksen	1:10:08	3,3 km A-kort	21:15	NOL	03:35	04:22	07:56	09:37	08:58	14:07	06:10	08:47	02:49	03:47				
212548	Ada Otlilie Borkamo	1:10:10	3,3 km A-kort	21:16	NOL	03:36	04:22	07:53	09:39	08:57	14:09	06:11	08:43	02:50	03:50				
213054	Line B. Simones	1:28:08	3,3 km A-kort	26:42	NOL	03:50	05:10	11:48	10:59	10:27	20:44	07:41	10:48	02:44	03:57				
	Emil Sten hestvik		3,3 km A-kort	Deltatt	NOL														
	Hugo Christensen		3,3 km A-kort	Deltatt	NOL														
	Rune Engehult		3,3 km A-kort	Deltatt	NOL														
Post/EKT-kode---->						1/130	2/135	3/131	4/132	5/133	6/121	7/134	8/128	9/136	10/160				
215872	John Lars Hovdejord	28:26	2,4 km C-løype	11:51	NOL	02:17	02:43	04:02	05:35	04:49	02:02	01:49	02:36	01:56	00:37				
228516	Ingeborg Hovdejord	32:40	2,4 km C-løype	13:37	NOL	03:44	06:10	03:06	06:29	03:37	02:23	01:39	02:42	02:09	00:41				
241871	Anne Elisabeth Lysbakken	55:36	2,4 km C-løype	23:10	NOL	02:55	06:48	15:53	09:31	05:51	02:36	02:56	04:39	03:11	01:16				
228490	Halvor Sogn	59:36	2,4 km C-løype	24:50	NOL	05:07	05:46	08:56	13:31	07:22	03:21	03:42	05:02	04:54	01:55				
213087	Catrine Sogn	59:44	2,4 km C-løype	24:53	NOL	04:34	05:49	09:13	13:29	07:21	03:14	03:40	05:27	04:15	02:42				
212095	Ea Lysbakken	1:07:13	2,4 km C-løype	28:00	NOL	05:42	21:54	09:42	09:43	06:11	02:32	02:28	04:41	03:17	01:03				
207907	Gunvor Bergskås	1:10:36	2,4 km C-løype	29:25	NOL	05:09	05:38	09:03	14:28	12:42	04:12	05:30	07:22	04:56	01:36				
228465	Maja Kristensen	1:11:01	2,4 km C-løype	29:35	NOL	06:33	07:46	10:46	16:17	09:44	04:02	05:09	03:57	04:57	01:50				
	Tuva Aanjesen		2,4 km C-løype	Deltatt	NOL														
	Sigrid Buchazc Eie		2,4 km C-løype	Deltatt	NOL														
	Dan Kristensen		2,4 km C-løype	Deltatt	NOL														
Post/EKT-kode---->						1/143	2/144	3/128	4/137	5/138	6/139	7/140	8/141	9/136	10/160				
228520	Ragnar Løkka	25:59	1,4 km N-løype	18:34	NOL	01:49	02:30	05:07	03:26	01:53	03:02	02:12	03:00	01:00	02:00				
228450	Leah Løkka	26:00	1,4 km N-løype	18:34	NOL	02:06	02:14	05:08	03:24	02:13	02:44	02:02	03:05	01:08	01:56				
228519	Sigurd Sundseth Wårås	27:54	1,4 km N-løype	19:56	NOL	02:05	03:27	04:23	02:49	02:44	03:05	02:42	04:23	01:06	01:10				
211939	Balder Lysbakken	28:55	1,4 km N-løype	20:39	NOL	02:19	04:15	04:22	03:32	02:32	03:12	03:11	03:17	01:09	01:06				
503981	Magnus B. Eie	40:17	1,4 km N-løype	28:46	NOL	02:25	04:48	05:53	04:26	04:49	05:14	03:02	05:25	01:33	02:42				
228489	Eir Lysbakken	47:37	1,4 km N-løype	34:01	NOL	03:16	03:53	07:51	06:56	05:20	04:53	04:43	06:51	02:07	01:47				
228518	Tuva Dahl Borkamo	50:01	1,4 km N-løype	35:44	NOL	06:52	04:41	06:48	05:27	04:16	05:24	06:22	06:20	02:26	01:25				
	Lillian Sundseth		1,4 km N-løype	Deltatt	NOL														
	Johanna Buchazc Eie		1,4 km N-løype	Deltatt	NOL														
Småtroll																			
	Amalie Biseth		Småtroll		NOL														
	Jarle Biseth		Småtroll		NOL														
	Inger-Line Hamre		Småtroll		NOL														
	Nora Dahl Borkamo		Småtroll		NOL														
Arrangører:																			
	Håvard Sten																		

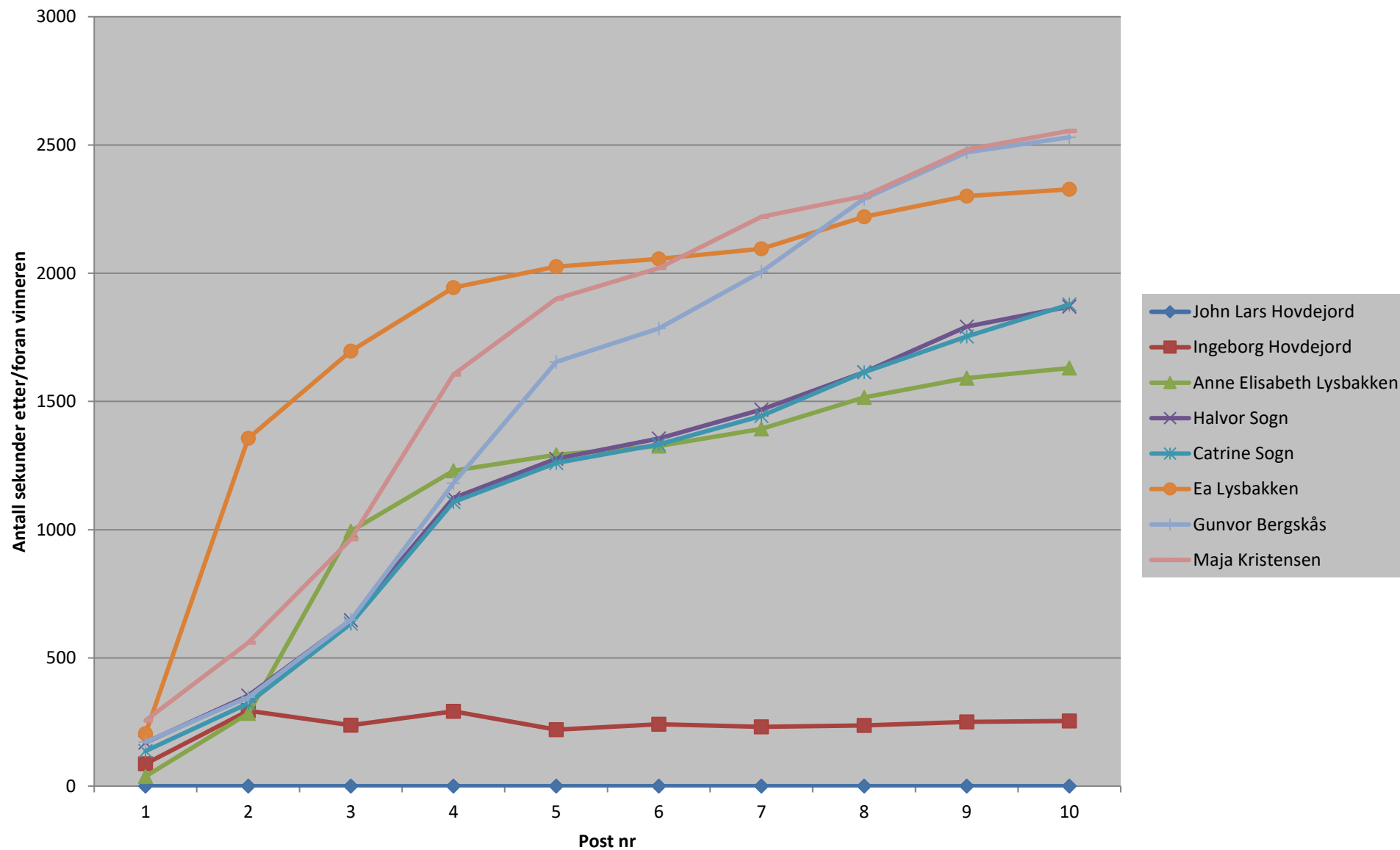
1,4 km N-løype referanse: Ragnar Løkka



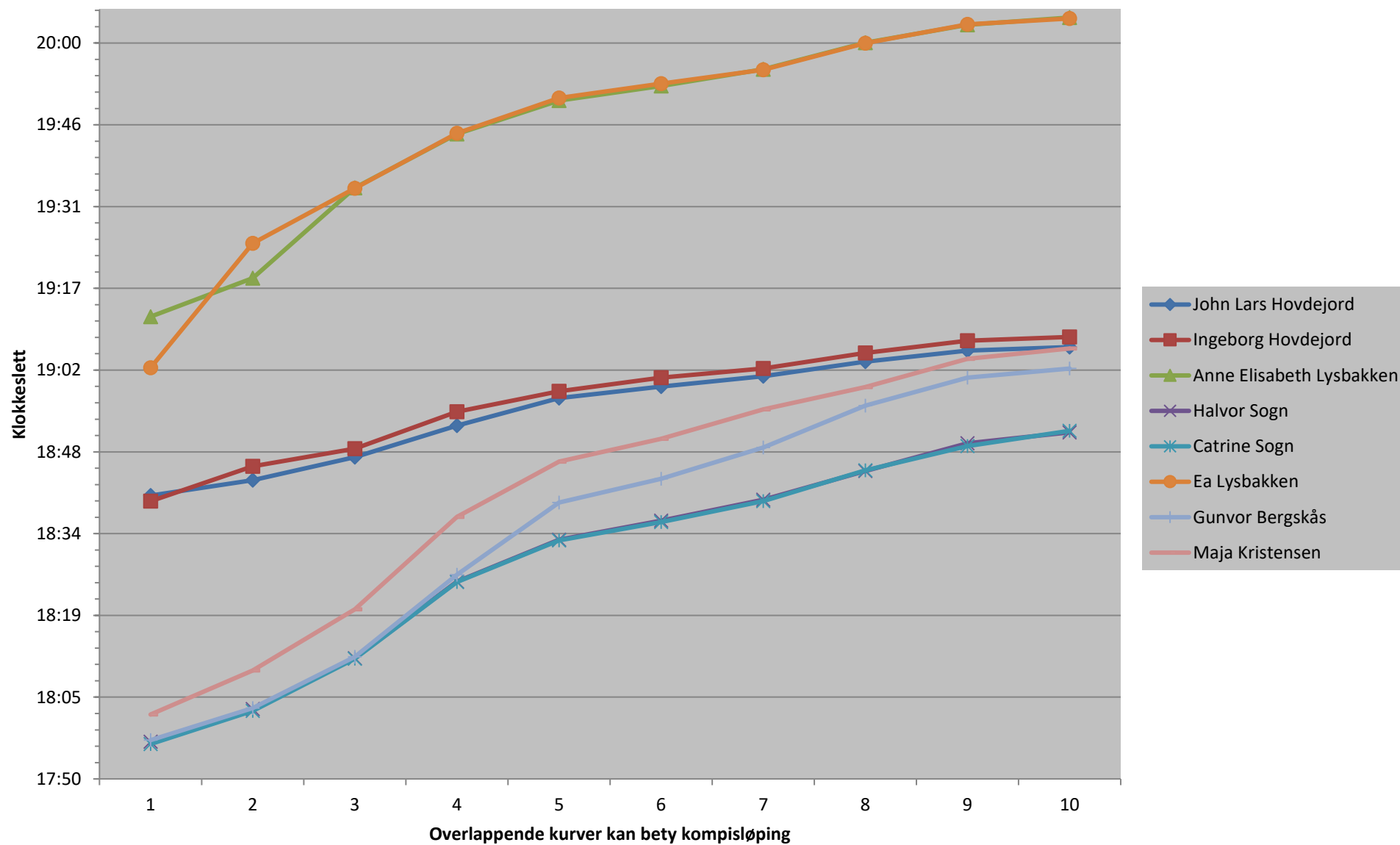
1,4 km N-løype Kompis



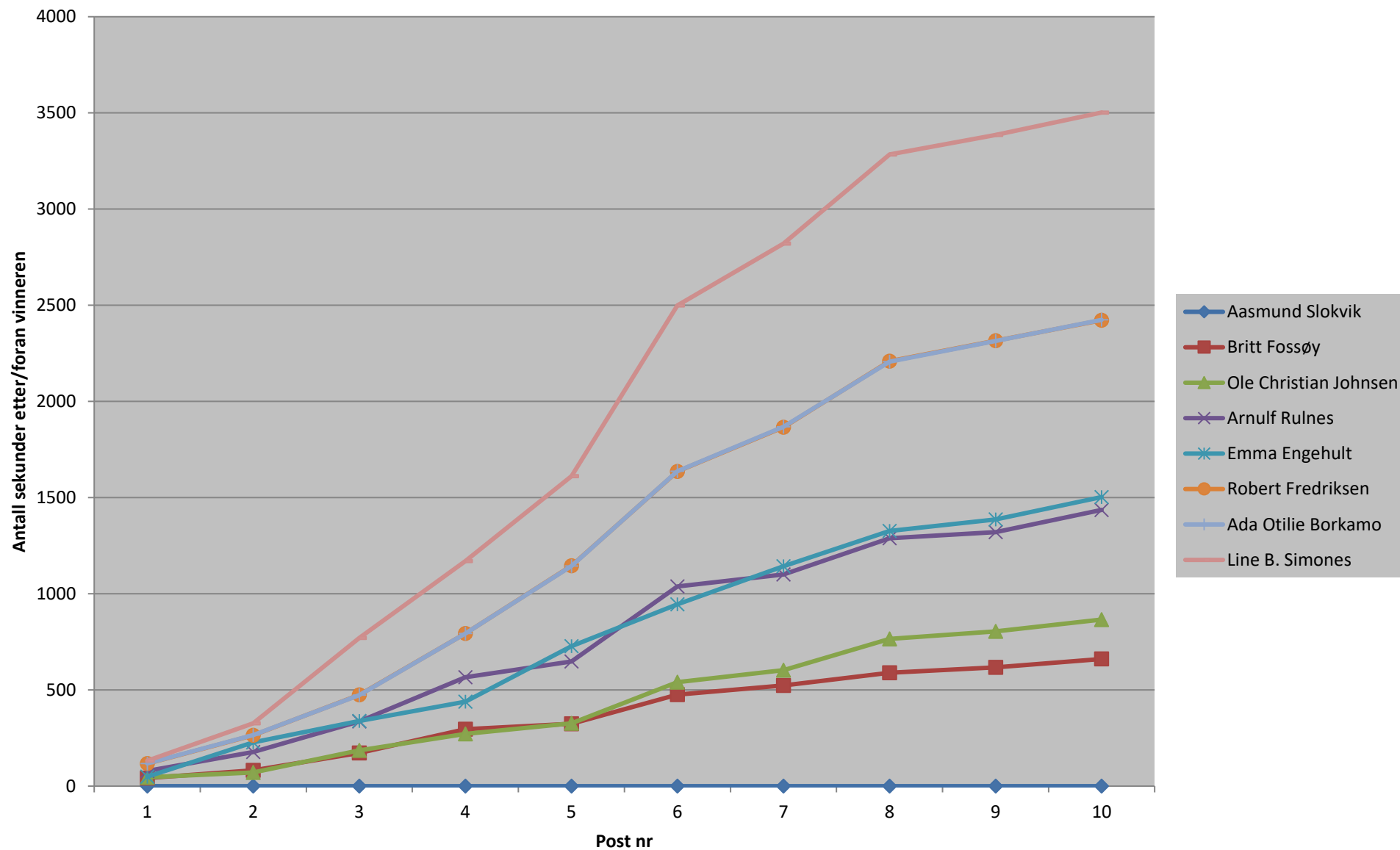
2,4 km C-løype referanse: John Lars Hovdejord



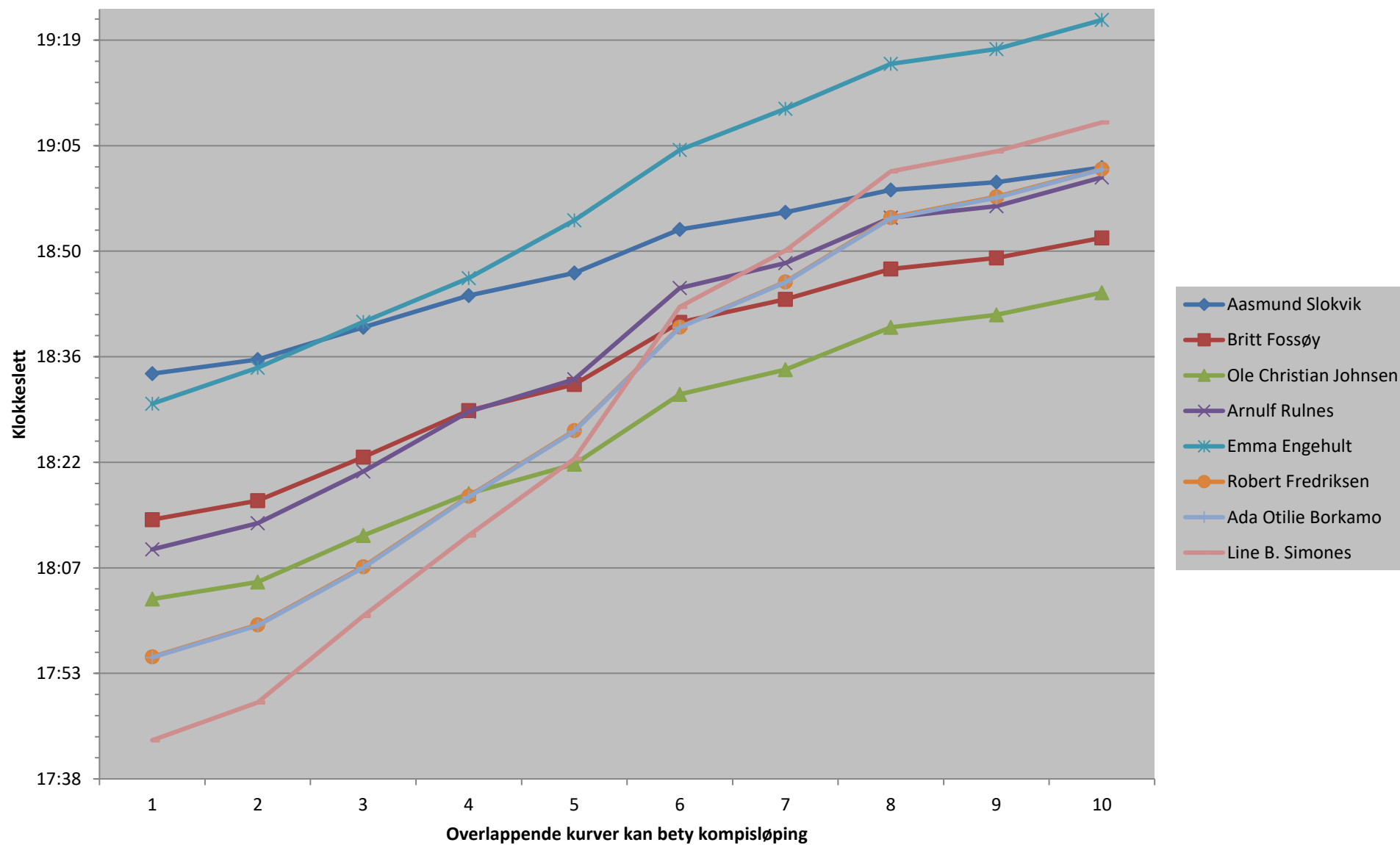
2,4 km C-løype Kompis



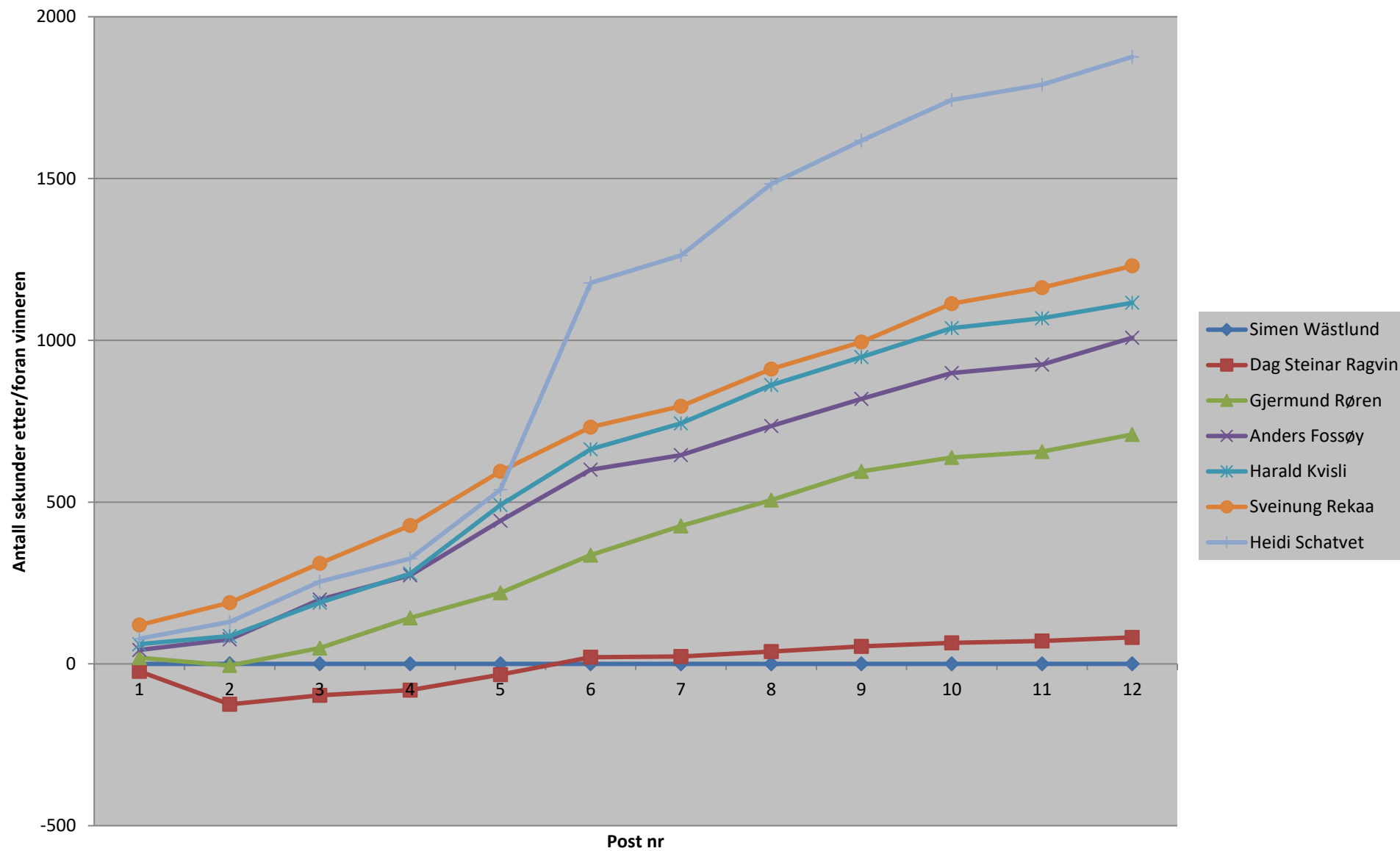
3,3 km A-kort referanse: Aasmund Slokvik



3,3 km A-kort Kompis



4,8 km A-lang referanse: Simen Wästlund



4,8 km A-lang Kompis

