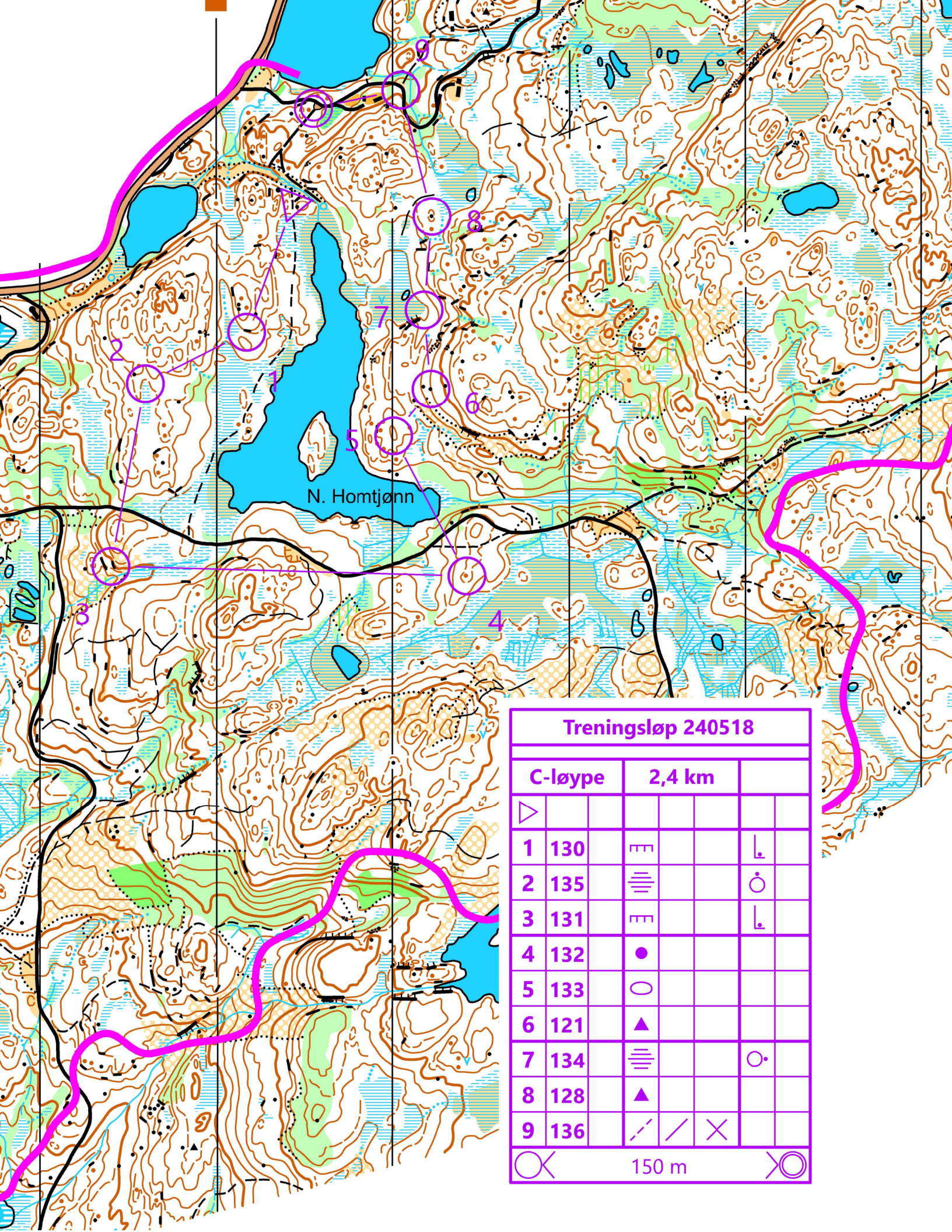




Treningsløp 240518									
C-løype		2,4 km							
▷									
1	130		≡					└	
2	135		≡≡					○	
3	131		≡					└	
4	132		●						
5	133		○						
6	121		▲						
7	134		≡≡					○	
8	128		▲						
9	136		/	/	×				
○		150 m						⊗	