

KM Stafett STOK/NTOK
Nilsbyen Skianlegg
02.09.2012
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
DH11-12							
1	Freidig lag 3			58:56			
	1 Jo Even Kolstad	18:00 3	01:24	18:00 3	01:24		
	2 Jonas Grønli	19:38 1	00:00	37:38 1	00:00	2	
	3 Lars Sandstad	21:18 2	01:20	58:56 1	00:00	0	
2	Freidig lag 2			1:00:50	01:54		
	1 Simen Spets Storhov	20:11 4	03:35	20:11 4	03:35		
	2 Alf Johan Folgerø Emma D Thun	20:41 2	01:03	40:52 3	03:14	1	
	3 Mats Eidsmo	19:58 1	00:00	1:00:50 2	01:54	1	
3	Byåsen IL lag 1			1:01:00	02:04		
	1 Lene Berg Hanssen	16:36 1	00:00	16:36 1	00:00		
	2 Ane B Valås Solveig Sæternes	21:21 3	01:43	37:57 2	00:19	-1	
	3 Hedda Hoff Hagen	23:03 3	03:05	1:01:00 3	02:04	-1	
4	Freidig lag 1			1:14:28	15:32		
	1 Vegard Kittilsen	23:10 6	06:34	23:10 6	06:34		
	2 Martin Selmer	24:56 5	05:18	48:06 6	10:28	0	
	3 Kristian Fredrik Lynum	26:22 4	06:24	1:14:28 4	15:32	2	
5	Steinkjer OK lag 1			1:16:10	17:14		
	1 Ane Marte Vatn	23:03 5	06:27	23:03 5	06:27		
	2 Vibeke Kvistad Dengerud	23:06 4	03:28	46:09 5	08:31	0	
	3 Ragne Munkeby	30:01 5	10:03	1:16:10 5	17:14	0	
6	Verdal OK lag 1			1:22:41	23:45		
	1 Fredrik Vehus Skjerve	17:25 2	00:49	17:25 2	00:49		
	2 Sigrid Vehus Skjerve	27:53 6	08:15	45:18 4	07:40	-2	
	3 Tore Markhus	37:23 6	17:25	1:22:41 6	23:45	-2	
DNF	Wing OK lag 1						
	1 Sarah Brynhildsen	39:16	22:40	39:16	22:40		
	2 Anna Renolen	28:26	08:48	1:07:42	30:04	0	
	3 Sebastian Bjerkan						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
D13-16							
1	Byåsen IL lag 1			1:21:15			
	1 Emma Arnesen	23:09 2	00:20	23:09 2	00:20		
	2 Ida Berg Hanssen	27:46 1	00:00	50:55 1	00:00	1	
	3 Ragnhild Eide	30:20 1	00:00	1:21:15 1	00:00	0	
2	Byåsen IL lag 2			1:24:43	03:28		
	1 Ingeborg Eide	22:49 1	00:00	22:49 1	00:00		
	2 Ane Svegård Bye	30:28 2	02:42	53:17 2	02:22	-1	
	3 Marte Hoff Hagen	31:26 3	01:06	1:24:43 2	03:28	0	
3	Freidig lag 1			1:31:03	09:48		
	1 Frida Sæther	25:28 3	02:39	25:28 3	02:39		
	2 Malin Sandstad	34:16 3	06:30	59:44 3	08:49	0	
	3 Gina Mølnvik	31:19 2	00:59	1:31:03 3	09:48	0	
4	OL Trollelg lag 1			1:38:11	16:56		
	1 Sigrid Merete Moen Pedersli	29:06 4	06:17	29:06 4	06:17		
	2 Malin Opøien	35:45 4	07:59	1:04:51 4	13:56	0	
	3 Line Sølberg	33:20 4	03:00	1:38:11 4	16:56	0	
5	Freidig lag 2			1:50:56	29:41		
	1 Vera Melkild	29:37 5	06:48	29:37 5	06:48		
	2 Pernille Opheim	42:11 6	14:25	1:11:48 5	20:53	0	
	3 Oda Fossum	39:08 6	08:48	1:50:56 5	29:41	0	
6	Byåsen IL lag 3			1:54:24	33:09		
	1 Emilie Liabakk Eriksen	33:33 9	10:44	33:33 9	10:44		
	2 Marte Lien Johnsen	40:46 5	13:00	1:14:19 6	23:24	3	
	3 Helga Stenvik	40:05 7	09:45	1:54:24 6	33:09	0	
7	Stjørdals-Blink Orientering lag 1			1:54:34	33:19		
	1 Sigrid Wanvik Haugen	33:18 8	10:29	33:18 8	10:29		
	2 Ane Nielsen Solberg	44:05 7	16:19	1:17:23 8	26:28	0	
	3 Maiken Økern Hågård	37:11 5	06:51	1:54:34 7	33:19	1	
8	Verdal OK lag 1			1:59:18	38:03		
	1 Maren Grande	29:40 6	06:51	29:40 6	06:51		
	2 Mia Larsen Sveberg	46:38 8	18:52	1:16:18 7	25:23	-1	
	3 Sigrid Hallem Solum	43:00 8	12:40	1:59:18 8	38:03	-1	
9	Steinkjer OK lag 1			3:01:14	1:39:59		
	1 Kjersti Kvistad Dengerud	32:44 7	09:55	32:44 7	09:55		
	2 Lina Kvitvang Benan	1:13:09 9	45:23	1:45:53 9	54:58	-2	
	3 Silje Stavnås Markhus	1:15:21 9	45:01	3:01:14 9	1:39:59	0	
DNF	Wing OK lag 1						
	1 Kristine Kloch Fleten	44:47	21:58	44:47	21:58		
	2						
	3						

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H13-16							
1	Byåsen IL lag 1			1:18:08			
	1 Brage Jørum	27:34 1	00:00	27:34 1	00:00		
	2 Preben Antonsen	26:58 3	05:08	54:32 1	00:00	0	
	3 Øyvind Wiggen	23:36 1	00:00	1:18:08 1	00:00	0	
2	OL Trollelg lag 1			1:21:30	03:22		
	1 Hallvard Seim Grøvlen	32:49 3	05:15	32:49 3	05:15		
	2 Olav Andreas Remmen	21:50 1	00:00	54:39 2	00:07	1	
	3 Brynjar Forseth	26:51 3	03:15	1:21:30 2	03:22	0	
3	Frol IL lag 1			1:24:19	06:11		
	1 Johan Otto Munkeby	35:47 5	08:13	35:47 5	08:13		
	2 Oscar Lyngen	24:48 2	02:58	1:00:35 3	06:03	2	
	3 Stian Sundsvik	23:44 2	00:08	1:24:19 3	06:11	0	
4	Freidig lag 2			1:38:41	20:33		
	1 Håvard Eidsmo	35:08 4	07:34	35:08 4	07:34		
	2 Adrian Opheim	27:18 4	05:28	1:02:26 5	07:54	-1	
	3 Oskar Spets Storhov	36:15 5	12:39	1:38:41 4	20:33	1	
5	Stjørdals-Blink Orientering lag 1			1:48:43	30:35		
	1 Ole Wanvik Haugen	29:38 2	02:04	29:38 2	02:04		
	2 Sondre Korstad	32:45 5	10:55	1:02:23 4	07:51	-2	
	3 Endre Aaen	46:20 7	22:44	1:48:43 5	30:35	-1	
6	Steinkjer OK lag 1			2:04:09	46:01		
	1 Trygve Lægran	36:26 7	08:52	36:26 7	08:52		
	2 Håvard Stavnås Markhus	33:41 6	11:51	1:10:07 6	15:35	1	
	3 Anders Hallem Iversen	54:02 8	30:26	2:04:09 6	46:01	0	
7	Wing OK lag 1			2:07:59	49:51		
	1 Mathias Vindal	36:24 6	08:50	36:24 6	08:50		
	2 Øystein Størdal Martinussen	51:22 7	29:32	1:27:46 7	33:14	-1	
	3	40:13 6	16:37	2:07:59 7	49:51	0	
8	Verdal OK lag 1			2:30:20	1:12:12		
	1 Petter Markhus	48:33 8	20:59	48:33 8	20:59		
	2 Martin Gjødrem Lund	1:09:58 8	48:08	1:58:31 8	1:03:59	0	
	3 Magnus Sivertsen	31:49 4	08:13	2:30:20 8	1:12:12	0	
DNF	Byåsen IL lag 2						
	1 Åsmund Stenvik	47:59	20:25	47:59	20:25		
	2 Even Svegård Bye	43:36	21:46	1:31:35	37:03	0	
	3 NN						
DNF	OL Trollelg lag 2						
	1 Anders Haugskott	42:28	14:54	42:28	14:54		
	2 Ulrik Sellæg	45:17	23:27	1:27:45	33:13	0	
	3 Torgeir Andresen Klevstuen						
DSQ	Freidig lag 1						
	1 Nils Ola Kvam	36:20	08:46	36:20	08:46		
	2 Kjetil Mjølnvik	21:23	-00:27	57:43	03:11	0	DSQ
	3 Rein Helle Mårdalen	26:45	03:09	1:24:28	06:20	0	

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D17-							
1	Freidig lag 1			2:11:03			
	1 Mari Angell-Petersen	46:25 3	03:12	46:25 3	03:12		
	2 Karen Oline Kolstad	45:10 3	01:06	1:31:35 2	02:21 1		
	3 Hanne Sandstad	39:28 1	00:00	2:11:03 1	00:00 1		
2	NTNUI lag 1			2:19:22	08:19		
	1 Silje Uhlen Maurset	45:10 2	01:57	45:10 2	01:57		
	2 Emma Johansson	44:04 1	00:00	1:29:14 1	00:00 1		
	3 Solveig Blandkjenn	50:08 3	10:40	2:19:22 2	08:19 -1		
3	Konnerud/POL/OTO lag 1			2:22:25	11:22		
	1 Maren Janson Haverstad	43:13 1	00:00	43:13 1	00:00		
	2 Maja Fjellstad Knutsen	50:07 6	06:03	1:33:20 3	04:06 -2		
	3 Marta Ulvensøen	49:05 2	09:37	2:22:25 3	11:22 0		
4	Freidig lag 2			2:31:08	20:05		
	1 Katrine Andersen	52:38 4	09:25	52:38 4	09:25		
	2 Torunn Spets Storhov	45:36 4	01:32	1:38:14 4	09:00 0		
	3 Gro Sandstad Eidsmo	52:54 7	13:26	2:31:08 4	20:05 0		
5	NTNUI lag 2			2:32:57	21:54		
	1 Hanne Nøvik	52:38 4	09:25	52:38 4	09:25		
	2 Martine Åstebøl	48:29 5	04:25	1:41:07 5	11:53 -1		
	3 Guro Torpe	51:50 5	12:22	2:32:57 5	21:54 0		
6	Frol IL lag 1			2:53:12	42:09		
	1 Sara Profors	59:08 7	15:55	59:08 7	15:55		
	2 Elen Katrine Skjerve	44:48 2	00:44	1:43:56 6	14:42 1		
	3 Marie Wold Stavrum	1:09:16 11	29:48	2:53:12 6	42:09 0		
7	NTNUI lag 4			2:58:13	47:10		
	1 Maren Mohagen Hansen	1:00:30 8	17:17	1:00:30 8	17:17		
	2 Mai Elin Watson	57:42 9	13:38	1:58:12 7	28:58 1		
	3 Marianne Dæhli	1:00:01 9	20:33	2:58:13 7	47:10 0		
8	NTNUI lag 3			2:58:22	47:19		
	1 Katharina Rogstad	1:12:31 10	29:18	1:12:31 10	29:18		
	2 Hege Holth Johannessen	53:20 8	09:16	2:05:51 9	36:37 1		
	3 Rannveig Jørgensen	52:31 6	13:03	2:58:22 8	47:19 1		
9	NTNUI lag 5			3:00:44	49:41		
	1 Marit Vala	1:19:40 11	36:27	1:19:40 11	36:27		
	2 Mathilde Korvald Skaare	50:36 7	06:32	2:10:16 11	41:02 0		
	3 Ingrid Berge	50:28 4	11:00	3:00:44 9	49:41 2		
10	Byåsen IL lag 1			3:05:57	54:54		
	1 Kristin Høydalsvik	1:08:17 9	25:04	1:08:17 9	25:04		
	2 Rine Hanssen	1:00:28 10	16:24	2:08:45 10	39:31 -1		
	3 Gøril Eide	57:12 8	17:44	3:05:57 10	54:54 0		
11	Steinkjer OK lag 1			3:06:21	55:18		
	1 Eirin Svanøe-Hafstad	58:37 6	15:24	58:37 6	15:24		
	2 Norunn Kvistad Dengerud	1:01:36 11	17:32	2:00:13 8	30:59 -2		
	3 Astrid Lægran	1:06:08 10	26:40	3:06:21 11	55:18 -3		
12	Frol IL lag 2			3:53:32	1:42:29		
	1 Tora Green Matberg	1:27:58 12	44:45	1:27:58 12	44:45		
	2 Kajsa Stina Sandstad	1:09:23 12	25:19	2:37:21 12	1:08:07 0		

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D17-							
	3 Elise Spets	1:16:11 12	36:43	3:53:32 12	1:42:29	0	Restart
DNF	Wing OK lag 1						
	1 Andrea Vindal	1:01:29	18:16	1:01:29	18:16		DSQ
	2 Sigrid Bratsberg	1:07:18	23:14	2:08:47	39:33	0	
	3						
DSQ	Stjørdals-Blink Orientering lag 1						
	1 Birgit Økern Jensen	53:48	10:35	53:48	10:35		
	2 Mette Wanvik	1:01:40	17:36	1:55:28	26:14	0	
	3 Monica Hægstad	1:17:28	38:00	3:12:56	1:01:53	0	DSQ

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H17-							
1	NTNUI lag 2			2:07:13			
	1 Simen Aamodt	43:51 3	00:23	43:51 3	00:23		
	2 Kjetil Okkenhaug	39:47 2	02:51	1:23:38 1	00:00	2	
	3 Anders Einum	43:35 2	00:30	2:07:13 1	00:00	0	
2	Frol IL lag 1			2:07:25	00:12		
	1 Johan Asphjell Bjørnaas	46:44 7	03:16	46:44 7	03:16		
	2 Jonas Ressem	36:56 1	00:00	1:23:40 2	00:02	5	
	3 Håvard Vassenden	43:45 3	00:40	2:07:25 2	00:12	0	
3	Freidig lag 1			2:09:30	02:17		
	1 Pål Kittilsen	44:54 4	01:26	44:54 4	01:26		
	2 Bjørnar Lynum	41:31 4	04:35	1:26:25 5	02:47	-1	
	3 Johan Ivarsson	43:05 1	00:00	2:09:30 3	02:17	2	
4	OL Trollelg lag 1			2:11:39	04:26		
	1 Ove Baardsgaard	43:28 1	00:00	43:28 1	00:00		
	2 Trond Einar Moen Pedersli	42:50 5	05:54	1:26:18 4	02:40	-3	
	3 Andreas Sølberg	45:21 4	02:16	2:11:39 4	04:26	0	
5	Frol IL lag 3			2:13:35	06:22		
	1 Andreas Magerøy	43:39 2	00:11	43:39 2	00:11		
	2 Øystein Haug	40:09 3	03:13	1:23:48 3	00:10	-1	
	3 Jørgen Fiskum	49:47 7	06:42	2:13:35 5	06:22	-2	
6	NTNUI lag 4			2:23:08	15:55		
	1 Knut Sveinung Rekaa	46:34 5	03:06	46:34 5	03:06		
	2 Stian Bergersen	49:46 11	12:50	1:36:20 8	12:42	-3	
	3 Aapo Laiho	46:48 5	03:43	2:23:08 6	15:55	2	
7	Frol IL lag 2			2:26:29	19:16		
	1 Carl Petter Lyngen	46:42 6	03:14	46:42 6	03:14		
	2 Paul Sirum	45:19 8	08:23	1:32:01 6	08:23	0	
	3 Vegard Ressem	54:28 10	11:23	2:26:29 7	19:16	-1	
8	NTNUI lag 3			2:26:38	19:25		
	1 Vegard Blomseth Johnsen	50:47 10	07:19	50:47 10	07:19		
	2 Halvor Eid Nielsen	43:09 6	06:13	1:33:56 7	10:18	3	
	3 Isak Bergset	52:42 9	09:37	2:26:38 8	19:25	-1	
9	Verdal OK lag 1			2:33:30	26:17		
	1 Nick Hann	46:50 8	03:22	46:50 8	03:22		
	2 Svein Inge Ydse	56:53 15	19:57	1:43:43 11	20:05	-3	
	3 Anton Bjartnes	49:47 7	06:42	2:33:30 9	26:17	2	
10	OL Trollelg lag 2			2:34:51	27:38		
	1 Kristian Stensrud	51:54 11	08:26	51:54 11	08:26		
	2 Kristian Øien	53:58 14	17:02	1:45:52 13	22:14	-2	
	3 Roar Skulbørstad	48:59 6	05:54	2:34:51 10	27:38	3	
11	Stjørdals-Blink Orientering lag 1			2:38:21	31:08		
	1 Jon Arne Glomsrud	50:17 9	06:49	50:17 9	06:49		
	2 Eivind Furunes	53:31 13	16:35	1:43:48 12	20:10	-3	
	3 Håvard Hågård	54:33 11	11:28	2:38:21 11	31:08	1	
12	Freidig lag 3			2:38:31	31:18		
	1 Mattis Holt	55:07 13	11:39	55:07 13	11:39		
	2 Håkon Selmer	48:29 9	11:33	1:43:36 10	19:58	3	

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H17-							
	3 Stig Magnar Løvås	54:55 12	11:50	2:38:31 12	31:18	-2	
13	Freidig lag 2			2:40:34	33:21		
	1 Brage Sæther	52:13 12	08:45	52:13 12	08:45		
	2 Lars Owren	48:42 10	11:46	1:40:55 9	17:17	3	
	3 Tomas Eidsmo	59:39 13	16:34	2:40:34 13	33:21	-4	
14	NTNUI lag 5			2:48:00	40:47		
	1 Hallvard Nordbrøden	1:03:02 14	19:34	1:03:02 14	19:34		
	2 Ståle Gjelsten	43:29 7	06:33	1:46:31 14	22:53	0	
	3 Fredrik Omdal	1:01:29 14	18:24	2:48:00 14	40:47	0	
15	NTNUI lag 7			3:37:01	1:29:48		
	1 Julian Engeser	1:19:05 15	35:37	1:19:05 15	35:37		
	2 Brynjar Larssen Bakken	51:40 12	14:44	2:10:45 15	47:07	0	
	3 Einar Hjortås	1:26:16 15	43:11	3:37:01 15	1:29:48	0	
DNF	Byåsen IL lag 2						
	1 Sigurd Stenvik	47:17	03:49	47:17	03:49		
	2						
	3						
DNF	NTNUI lag 8						
	1 Eirik Kamstrup Hovind	43:56	00:28	43:56	00:28		
	2 Bjørn Field						
	3 Asbjørn Bjørgum						
DNF	NTNUI lag 1						
	1 Per Melander Often						
	2 Hans Petter Mathisen	37:57	01:01	1:21:11	-02:27	0	
	3 Thomas Natvig Årstad	43:06	00:01	2:04:17	-02:56	0	
DSQ	NTNUI lag 6						
	1 Henrik Svaland Aas	57:06	13:38	57:06	13:38		
	2 Martin Klicha	51:45	14:49	1:48:51	25:13	0	
	3 Torkil Eide Solstad	51:45	08:40	2:40:36	33:23	0	DSQ
DSQ	IL Leik lag 1						
	1 Runar Krognæs	1:12:08	28:40	1:12:08	28:40		DSQ
	2 Geir Inge Keiserås	52:55	15:59	2:05:03	41:25	0	
	3 Ola Keiserås	59:07	16:02	3:04:10	56:57	0	
DNS	NTNUI lag 9						
	1						
	2						
	3						
DNS	NTNUI lag 10						
	1						
	2						
	3						

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D135							
1	Freidig lag 1			2:17:17			
	1 Grete Berge Owren	43:51 3	09:37	43:51 3	09:37		
	2 Anne Melkild	51:40 2	07:06	1:35:31 2	06:25	1	
	3 Sigrid Melkild	41:46 1	00:00	2:17:17 1	00:00	1	
2	Byåsen IL lag 1			2:33:25		16:08	
	1 Turid Arnesen	43:48 2	09:34	43:48 2	09:34		
	2 Ingrid Lien Johnsen	1:02:04 5	17:30	1:45:52 3	16:46	-1	
	3 Nina-Beate Liabakk	47:33 2	05:47	2:33:25 2	16:08	1	
3	OL Trollelg lag 1			2:42:18		25:01	
	1 Kristin Haugskott	34:14 1	00:00	34:14 1	00:00		
	2 May Toril Moen	54:52 3	10:18	1:29:06 1	00:00	0	
	3 Sonja Irene Tronstadhagen	1:13:12 5	31:26	2:42:18 3	25:01	-2	
4	Verdal OK lag 1			2:47:57		30:40	
	1 Marte Sveberg	56:13 4	21:59	56:13 4	21:59		
	2 Magnhild Kvaal	56:57 4	12:23	1:53:10 4	24:04	0	
	3 Gunhild Bredesen	54:47 3	13:01	2:47:57 4	30:40	0	
5	Steinkjer OK lag 1			3:03:59		46:42	
	1 Kari Grindberg	1:10:00 5	35:46	1:10:00 5	35:46		
	2 Gunhild Kvistad	44:34 1	00:00	1:54:34 5	25:28	0	
	3 Guri Stavnås Markhus	1:09:25 4	27:39	3:03:59 5	46:42	0	
6	IL Leik lag 1			3:13:02		55:45	
	1 Tone Almås	45:02 6	10:48	45:02 6	10:48		
	2 Anne Kari Stubsjøen	1:13:05 6	28:31	1:58:07 6	29:01	0	
	3 Kristin Sølberg	1:14:55 7	33:09	3:13:02 6	55:45	0	Restart
7	Wing OK lag 1			3:43:34		1:26:17	
	1 Siri Drogset	1:09:58 7	35:44	1:09:58 7	35:44		
	2 Lise Martinussen	1:24:53 7	40:19	2:34:51 7	1:05:45	0	
	3 Anne-Lise Bratsberg	1:08:43 6	26:57	3:43:34 7	1:26:17	0	Restart
DNF	Frol IL lag 1						
	1 Randi Jensen	12:19	-21:55	12:19	-21:55		DSQ
	2 Anne Midtbust	2:09:56	1:25:22	2:22:15	53:09	0	
	3						

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Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H135							
1	Freidig lag 1			2:11:50			
	1 Vegard Grønli	40:19 2	01:00	40:19 2	01:00		
	2 Svein Terje Kolstad	48:13 3	03:51	1:28:32 2	00:54	0	
	3 Jostein Mårdalen	43:18 1	00:00	2:11:50 1	00:00	1	
2	Wing OK lag 1			2:20:49	08:59		
	1 Svein Erik Bratsberg	39:19 1	00:00	39:19 1	00:00		
	2 Bernt Brynhildsen	48:19 4	03:57	1:27:38 1	00:00	0	
	3 Agnar Renolen	53:11 3	09:53	2:20:49 2	08:59	-1	
3	Frol IL lag 1			2:32:29	20:39		
	1 Jo Severin Matberg	48:34 4	09:15	48:34 4	09:15		
	2 Gunnar Vatn	44:22 1	00:00	1:32:56 3	05:18	1	
	3 Arild Vassenden	59:33 4	16:15	2:32:29 3	20:39	0	
4	Verdal OK lag 1			2:33:19	21:29		
	1 Per Grande	48:39 5	09:20	48:39 5	09:20		
	2 Stein Markhus	59:31 6	15:09	1:48:10 6	20:32	-1	
	3 Vidar Skjerve	45:09 2	01:51	2:33:19 4	21:29	2	
5	Freidig lag 2			2:44:55	33:05		
	1 Øyvind Schjelderup	44:42 3	05:23	44:42 3	05:23		
	2 Arild Heggeset	58:18 5	13:56	1:43:00 4	15:22	-1	
	3 Geir Owren	1:01:55 5	18:37	2:44:55 5	33:05	-1	
6	Byåsen IL lag 1			2:51:02	39:12		
	1 Jørgen Longva	1:00:17 6	20:58	1:00:17 6	20:58		
	2 Snorre Sæternes	45:59 2	01:37	1:46:16 5	18:38	1	
	3 Bjørn Erik Johnsen	1:04:46 6	21:28	2:51:02 6	39:12	-1	
DSQ	Steinkjer OK lag 1			00:00			
	1 Trond Svanøe-Hafstad	1:02:43	23:24	1:02:43	23:24		
	2 Arve Lægran	52:55	08:33	1:55:38	28:00	0	DSQ
	3 Atle Dengerud	41:10	-02:08	2:36:48	24:58	0	
DSQ	OL Trollelg lag 1			00:00			
	1 Thomas Berge Mjølhus	46:43	07:24	46:43	07:24		
	2 Geir Paulsen	58:14	13:52	1:44:57	17:19	0	
	3 Frode Haugskott	44:10	00:52	2:29:07	17:17	0	DSQ

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
H175							
1	Freidig lag 1			1:54:09			
	1 Knut Lillealtern	36:10 1	00:00	36:10 1	00:00		
	2 Helge Rustad	39:12 1	00:00	1:15:22 1	00:00	0	
	3 Tore Angell-Petersen	38:47 3	04:36	1:54:09 1	00:00	0	
2	OL Trollelg lag 1			2:07:12		13:03	
	1 Øistein Åsmul	41:07 3	04:57	41:07 3	04:57		
	2 Paul Forseth	49:57 6	10:45	1:31:04 4	15:42	-1	
	3 Frode Stensrud	36:08 2	01:57	2:07:12 2	13:03	2	
3	Freidig lag 2			2:08:23		14:14	
	1 Nils Olav Vennevik	43:37 4	07:27	43:37 4	07:27		
	2 Jacob Hygen	41:54 3	02:42	1:25:31 3	10:09	1	
	3 Vemund Jaren	42:52 4	08:41	2:08:23 3	14:14	0	
4	Wing OK lag 1			2:17:07		22:58	
	1 Steinar Aasvang	38:34 2	02:24	38:34 2	02:24		
	2 Jon Vindal	40:06 2	00:54	1:18:40 2	03:18	0	
	3 Robert Strøm	58:27 7	24:16	2:17:07 4	22:58	-2	
5	OK Nidarøst lag 1			2:18:08		23:59	
	1 Leif Engen	45:40 5	09:30	45:40 5	09:30		
	2 Torleif Stephansen	46:38 4	07:26	1:32:18 5	16:56	0	
	3 Dag Stenersen	45:50 5	11:39	2:18:08 5	23:59	0	
6	OL Trollelg lag 2			2:29:33		35:24	
	1 Henry Sundsetvik	57:45 6	21:35	57:45 6	21:35		
	2 Stig Arild Haugskott	57:37 7	18:25	1:55:22 7	40:00	-1	
	3 Håvard Eidnes	34:11 1	00:00	2:29:33 6	35:24	1	
7	Verdal OK lag 1			2:43:27		49:18	
	1 Sverre Kristoffersen	58:52 7	22:42	58:52 7	22:42		
	2 Edvin Sivertsen	47:07 5	07:55	1:45:59 6	30:37	1	
	3 Kristian Midthjell	57:28 6	23:17	2:43:27 7	49:18	-1	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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