NOL Treningsløp 26.04.2018

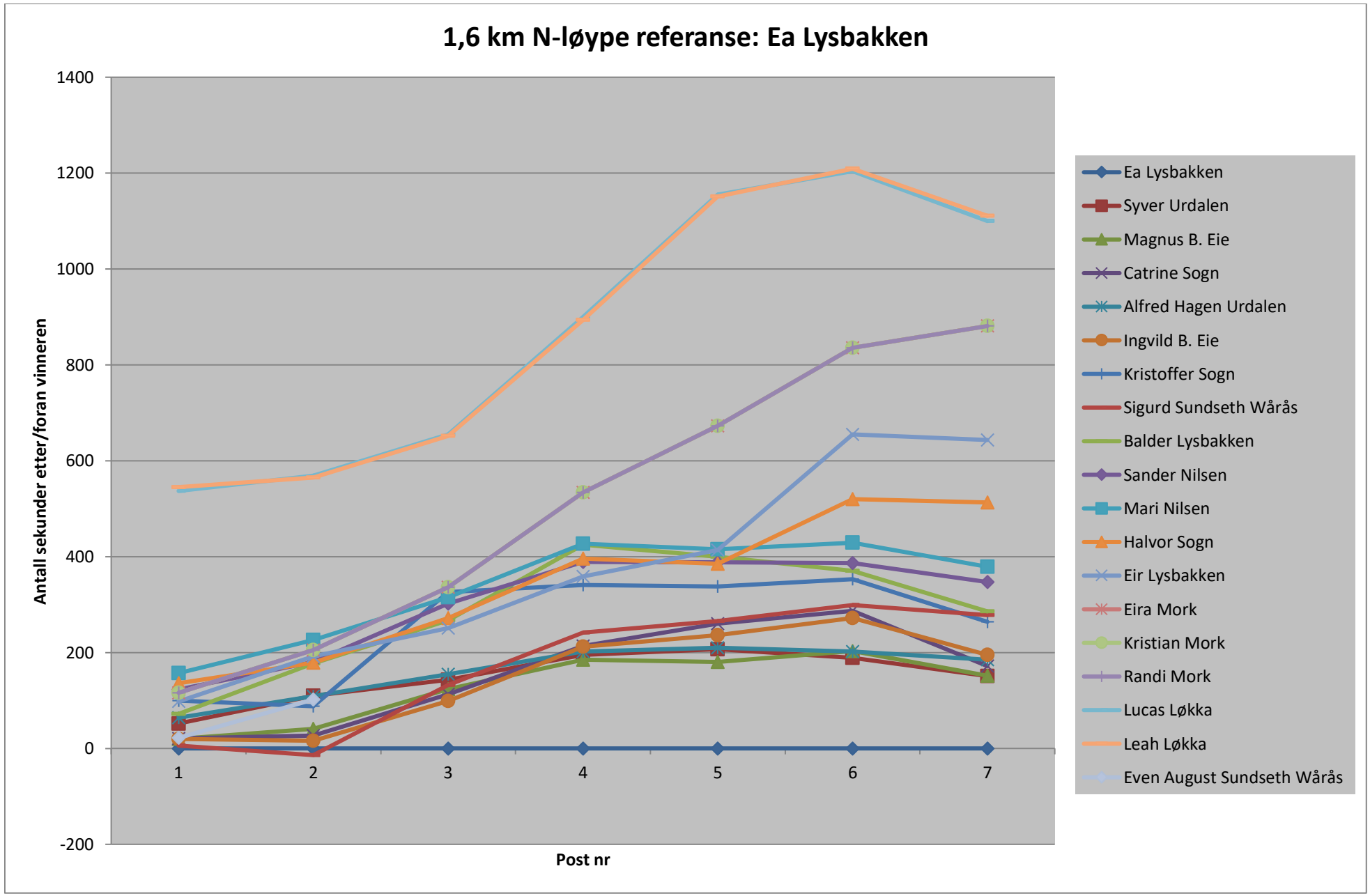
Deltakere: 55

Post 144 var død og tatt ut av listen

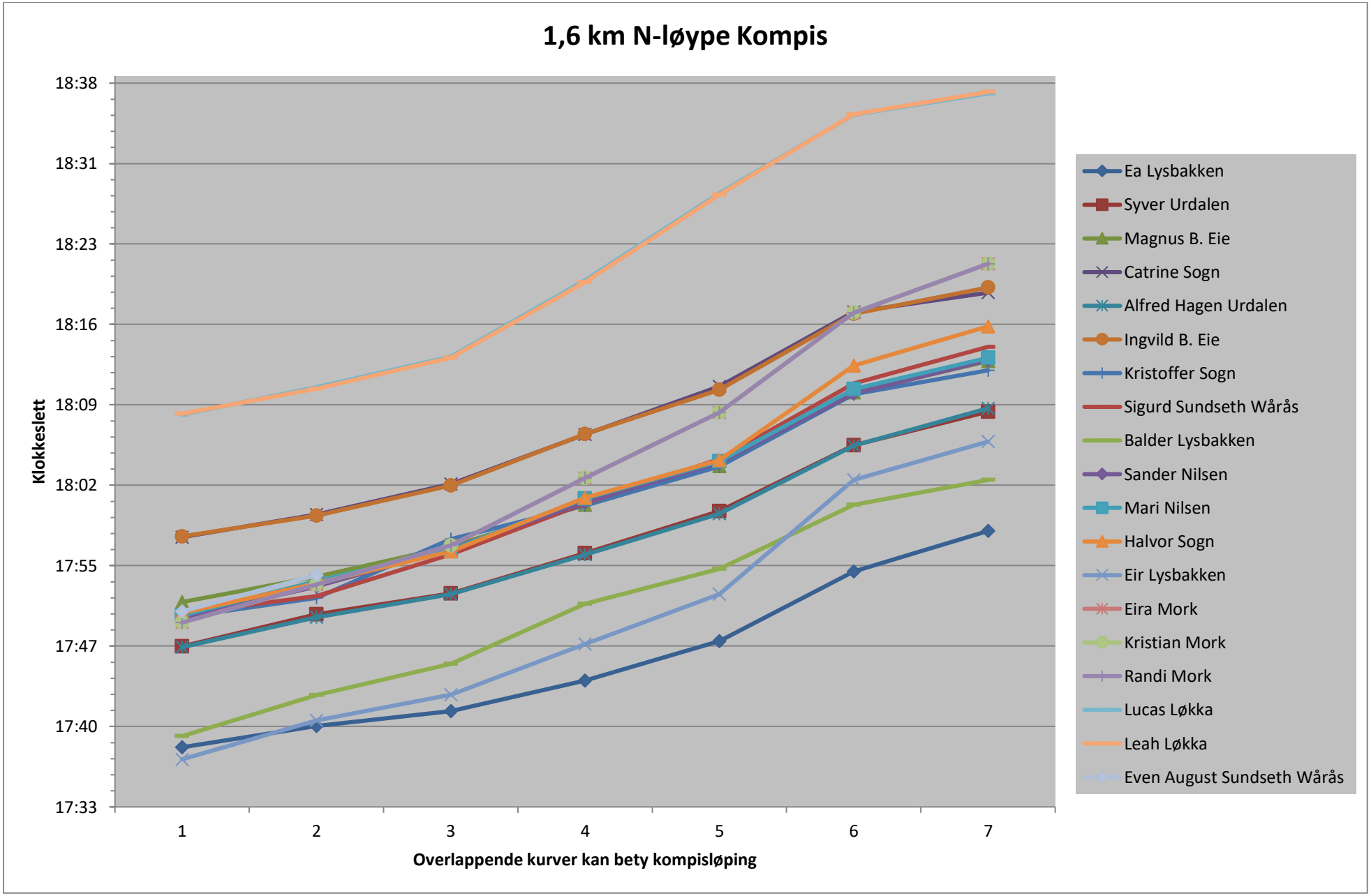
Brikke	Navn	Tid	Løype	Min/km	Klubb		Gull	Sølv	Brns	Disk		Antall:				v2.11.14						
	Post/EKT-kode---->					1/121	2/132	3/133	4/134	5/135	6/136	7/137	8/138	9/139	10/140	11/137	12/141	13/142	14/143	15/148	16/160	
61171	Simen Wästlund	34:40	4,1 km A-lang	8:27	NOL	02:18	05:09	01:03	01:35	01:46	03:01	00:59	00:38	02:18	00:41	01:45	02:49	02:00	03:20	04:42	00:36	
228498	Jon Are Myhrer	41:21	4,1 km A-lang	10:05	NOL	02:21	02:25	02:05	02:22	01:46	04:10	01:22	00:45	03:23	01:09	02:13	03:49	02:27	05:22	05:01	00:41	
207902	Aasmund Slokvik	43:11	4,1 km A-lang	10:32	NOL	02:48	02:36	01:32	02:21	02:30	04:16	02:07	00:37	03:12	01:35	02:12	03:59	02:23	05:18	05:10	00:35	
502352	Robert Fredriksen	51:28	4,1 km A-lang	12:33	NOL	02:30	03:11	01:25	03:17	04:06	06:06	01:38	00:51	04:30	01:09	03:01	04:13	03:05	05:51	05:46	00:49	
505373	Sveinung Rekaa	1:05:51	4,1 km A-lang	16:04	NOL	02:58	05:14	07:28	02:42	02:34	06:24	01:36	00:56	04:27	01:08	05:30	08:47	03:33	05:42	06:11	00:41	
207900	Harald Kvisli	38:19	4,1 km A-lang	9:21	NOL	02:30	02:16	01:17	02:18	02:04	04:07	01:34	06:08			00:41	02:24	01:53	04:24	06:09	00:34	(feil vei i sløyfe)
86890	Anders Fossøy	45:25	4,1 km A-lang	11:05	NOL	02:47	02:44	01:31	02:48	02:08	04:28	01:24	00:49	03:35	01:00	02:24	03:41		08:22	06:55	00:49	
209283	Heidi Schatvet	54:43	4,1 km A-lang	13:21	NOL	03:01	06:29	01:34	02:51	02:44	04:56	01:46		04:18	02:33	03:11	04:32	02:58	06:12	06:51	00:47	
	Petter Løe	Deltatt	4,1 km A-lang		NOL																	
	Post/EKT-kode---->					1/135	2/138	3/137	4/136	5/141	6/143	7/148	8/160									
182001	Kristin Sandven	26:42	2,8 km A-kort	9:32	NOL	05:35	05:02	00:49	00:51	02:51	04:31	06:19	00:44									
207903	Rune Mork	28:04	2,8 km A-kort	10:01	NOL	05:47	05:28	00:38	00:44	03:32	04:19	06:51	00:45									
64748	Britt Fossøy	29:25	2,8 km A-kort	10:30	NOL	06:28	05:47	00:46	00:57	02:50	04:44	07:04	00:49									
505752	Synne Sandven	31:20	2,8 km A-kort	11:11	NOL	05:34	06:49	00:38	01:07	03:31	07:12	05:48	00:41									
213060	Emma Engehult	32:19	2,8 km A-kort	11:33	NOL	06:09	06:54	00:49	01:08	03:33	07:16	05:48	00:42									
480040	Åge-Geir Skatter	45:07	2,8 km A-kort	16:07	NOL	09:02	06:54	01:15	02:51	05:31	06:40	11:55	00:59									
82342	Arnulf Rulnes	46:20	2,8 km A-kort	16:33	NOL	08:47	08:05	01:03	01:36	08:13	07:13	10:30	00:53									
197857	Mia Engehult	49:01	2,8 km A-kort	17:30	NOL	08:45	09:15	01:44	02:13	07:04	08:37	10:02	01:21									
214544	Ingrid Haugen	59:45	2,8 km A-kort	21:20	NOL	09:44	12:06	00:49	01:16	09:57	13:10	11:24	01:19									
212476	Sigrid Buchazc Eie	1:00:00	2,8 km A-kort	21:26	NOL	10:18	11:58	01:20	02:22	08:35	12:51	11:33	01:03									
93987	Evy Ann Buverud	1:05:29	2,8 km A-kort	23:23	NOL	11:01	11:50	01:56	02:12	13:51	11:06	12:09	01:24									
93987	Inger Line Hamre	1:05:29	2,8 km A-kort	23:23	NOL	11:01	11:50	01:56	02:12	13:51	11:06	12:09	01:24									
93987	Elin Slokvik	1:05:29	2,8 km A-kort	23:23	NOL	11:01	11:50	01:56	02:12	13:51	11:06	12:09	01:24									
	Post/EKT-kode---->					1/146	2/147	3/148	4/149	5/150	6/151	7/160										
212095	Ea Lysbakken	20:33	1,6 km N-løype	12:51	NOL	01:11	01:55	01:19	02:44	03:33	06:13	03:38										
228549	Syver Urdalen	23:04	1,6 km N-løype	14:25	NOL	02:03	02:53	01:52	03:36	03:45	05:55	03:00										
503981	Magnus B. Eie	23:05	1,6 km N-løype	14:26	NOL	01:31	02:16	02:42	03:45	03:28	06:36	02:47										
213087	Catrine Sogn	23:25	1,6 km N-løype	14:38	NOL	01:32	02:01	02:45	04:25	04:19	06:40	01:43										
159671	Alfred Hagen Urdalen	23:38	1,6 km N-løype	14:46	NOL	02:15	02:40	02:05	03:31	03:41	06:05	03:21										
228500	Ingvild B. Eie	23:48	1,6 km N-løype	14:52	NOL	01:31	01:51	02:42	04:37	03:57	06:49	02:21										
228490	Kristoffer Sogn	24:57	1,6 km N-løype	15:36	NOL	02:51	01:43	05:17	02:59	03:30	06:28	02:09										
228519	Sigurd Sundseth Wårås	25:11	1,6 km N-løype	15:44	NOL	01:17	01:35	03:45	04:34	03:57	06:46	03:17										
211939	Balder Lysbakken	25:19	1,6 km N-løype	15:49	NOL	02:23	03:40	02:49	05:22	03:08	05:43	02:14										
214539	Sander Nilsen	26:20	1,6 km N-løype	16:27	NOL	03:14	02:52	03:21	04:11	03:32	06:12	02:58										
214508	Mari Nilsen	26:52	1,6 km N-løype	16:47	NOL	03:48	03:04	02:48	04:36	03:21	06:27	02:48										
176740	Halvor Sogn	29:06	1,6 km N-løype	18:11	NOL	03:27	02:38	02:52	04:48	03:22	08:28	03:31										
228489	Eir Lysbakken	31:16	1,6 km N-løype	19:32	NOL	02:49	03:29	02:18	04:32	04:28	10:14	03:26										
228513	Eira Mork	35:14	1,6 km N-løype	22:01	NOL	03:07	03:24	03:30	06:02	05:52	08:56	04:23										
228513	Kristian Mork	35:14	1,6 km N-løype	22:01	NOL	03:07	03:24	03:30	06:02	05:52	08:56	04:23										
228513	Randi Mork	35:14	1,6 km N-løype	22:01	NOL	03:07	03:24	03:30	06:02	05:52	08:56	04:23										
228520	Lucas Løkka	38:53	1,6 km N-løype	24:18	NOL	10:08	02:27	02:45	06:49	07:48	07:02	01:54										
228450	Leah Løkka	39:04	1,6 km N-løype	24:25	NOL	10:16	02:15	02:46	06:46	07:50	07:11	02:00										
176762	Even August Sundseth Wårås	25:29	1,6 km N-løype	15:56	NOL	01:33	03:15		06:46	03:46	06:53	03:16										
	Nils Thomas Lysbakken	Deltatt	1,6 km N-løype		NOL																	
	Silje Lysbakken	Deltatt	1,6 km N-løype		NOL																	
	Knut Urdalen	Deltatt	1,6 km N-løype		NOL																	
	Ragnar Løkka	Deltatt	1,6 km N-løype		NOL																	
	Post/EKT-kode---->					1/135	2/145	3/142	4/143	5/160												
176618	Torgeir Sundseth Wårås	30:47	2,7 km C-løype	11:24	NOL	07:02	02:05	07:26	07:25	06:49												
197971	Bjørn Carlsen	36:03	2,7 km C-løype	13:21	NOl	09:13	02:34	07:58	07:34	08:44												
503982	Joanna Buchazc Eie	37:17	2,7 km C-løype	13:49	NOL	06:12	03:02	07:41	10:16	10:06												
176672	Rosalin Spangelid	59:43	2,7 km C-løype	22:07	NOL	23:35	05:20	11:01	09:30	10:17												
207907	Gunvor Bergskås	1:08:50	2,7 km C-løype	25:30	NOL	22:20	05:30	13:29	13:10	14:21												
215872	Gunnhild Solberg	1:09:02	2,7 km C-løype	25:34	NOL	21:46	06:08	13:06	13:33	14:29												
	Reidar Slokvik	Deltatt	2,7 km C-løype		NOL																	
	Vegar Biseth	Deltatt																				

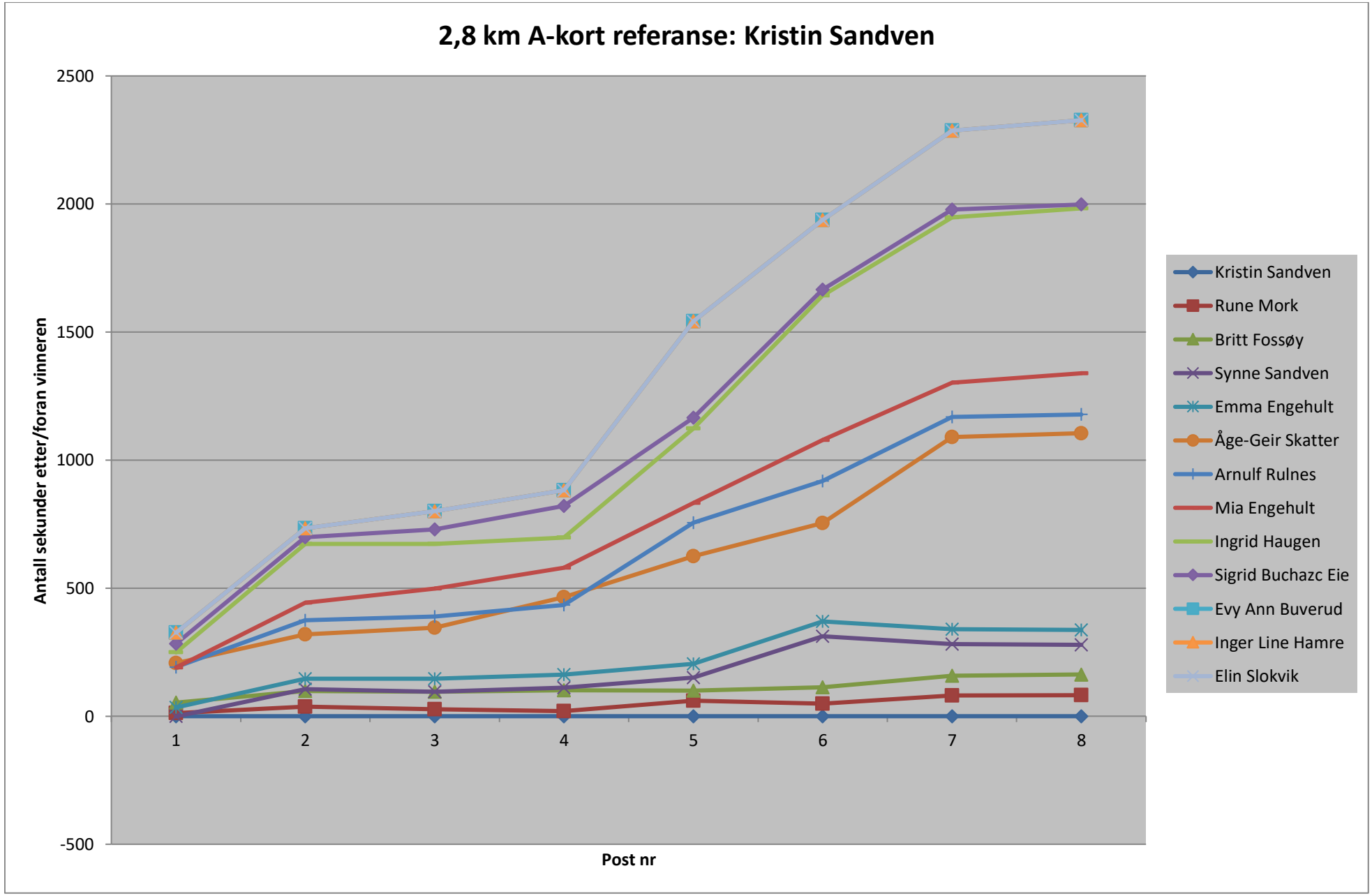
Småtroll
Amalie Biseth
Spencer Strøm
Iver W Sørensen

Arrangører
Arve Paulsen
Jørn Myrland

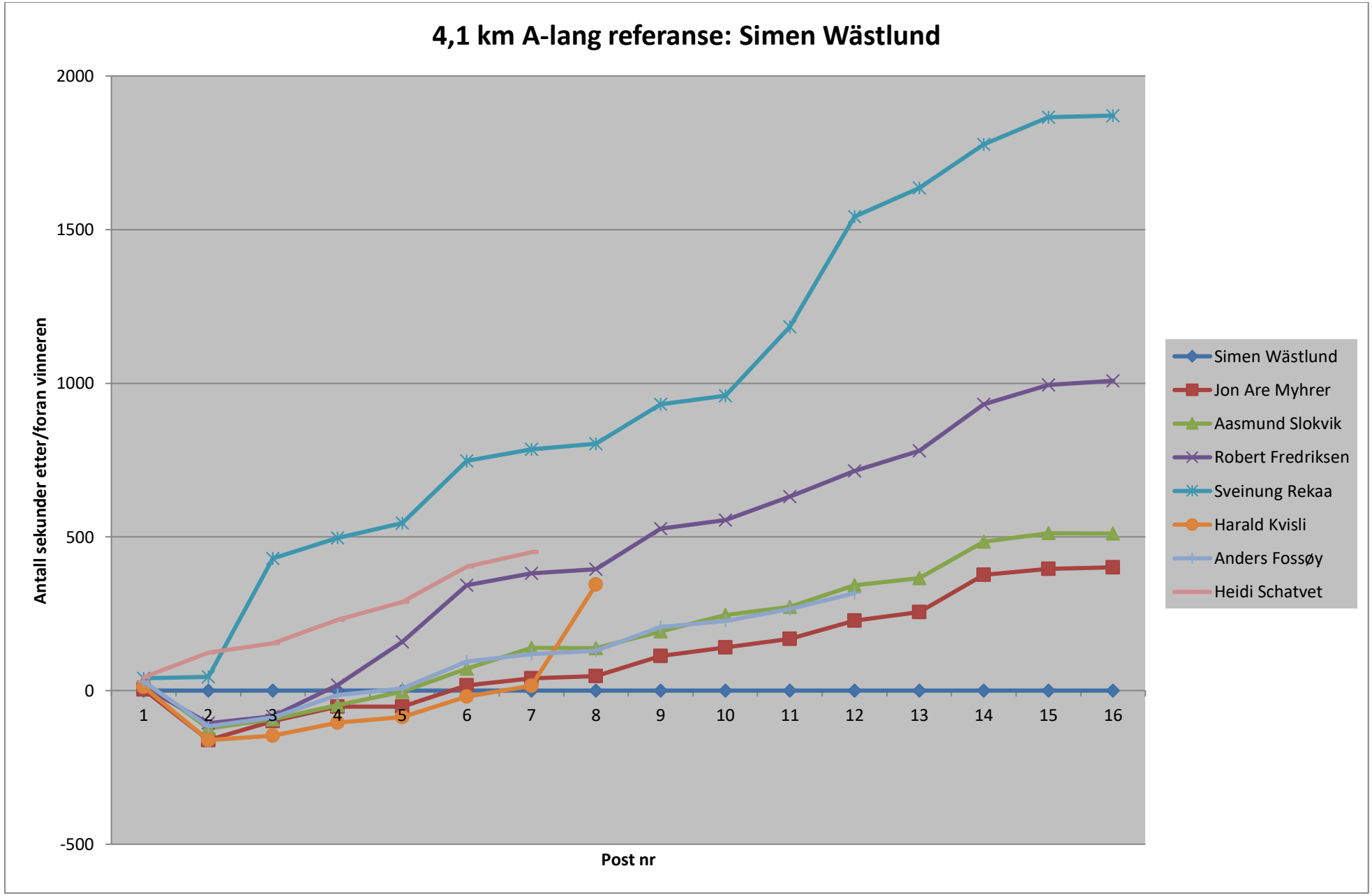

1,6 km N-løype referanse: Ea Lysbakken
Antall sekunder etter/foran vinneren
1400
1200
1000
800
600
400
200
0
-200
1
2
3
4
5
6
7
Post nr
Ea Lysbakken
Syver Urdalen
Magnus B. Eie
Catrine Sogn
Alfred Hagen Urdalen
Ingvild B. Eie
Kristoffer Sogn
Sigurd Sundseth Wårås
Balder Lysbakken
Sander Nilsen
Mari Nilsen
Halvor Sogn
Eir Lysbakken
Eira Mork
Kristian Mork
Randi Mork
Lucas Løkka
Leah Løkka
Even August Sundseth Wårås

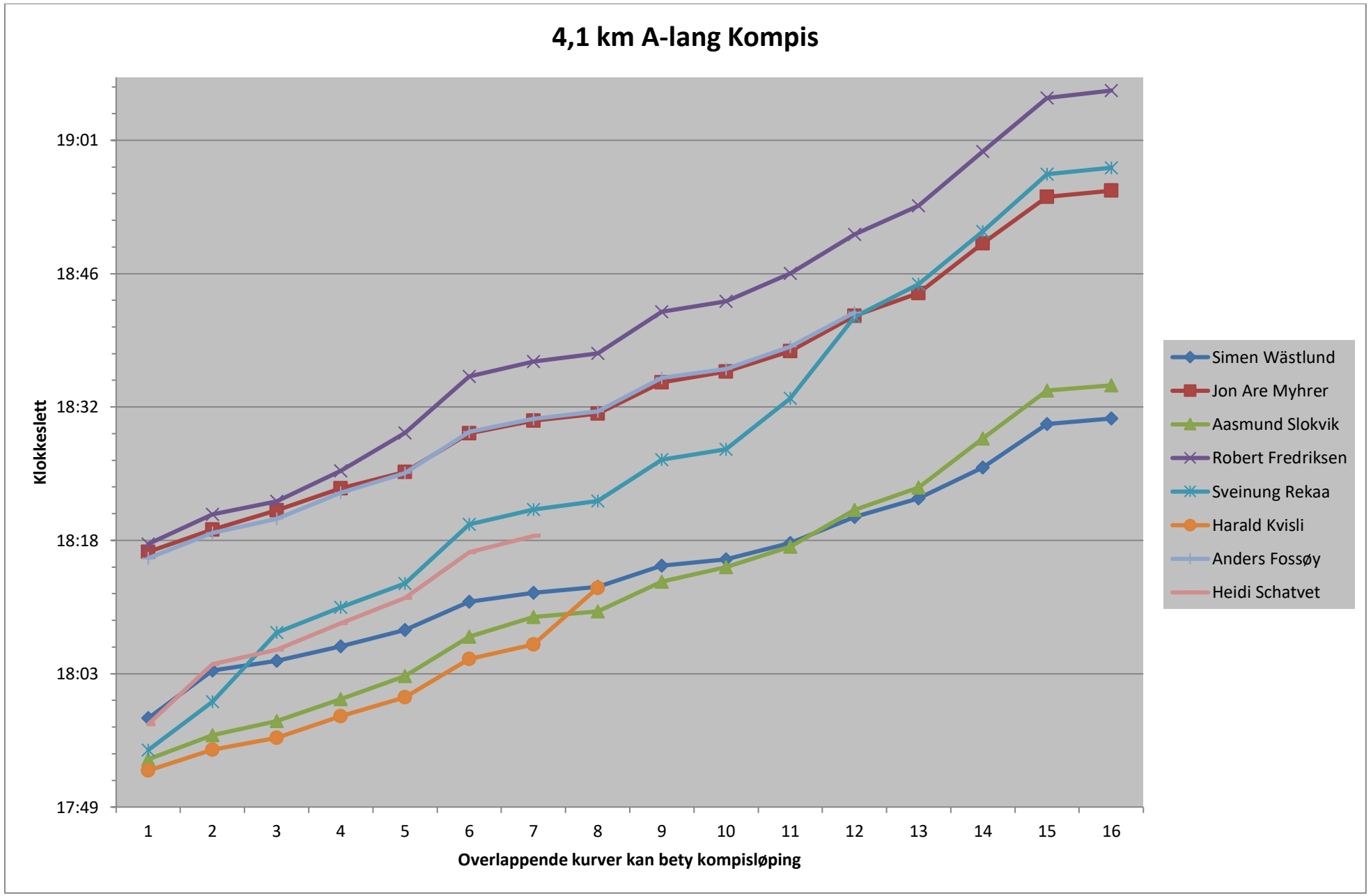
1,6 km N-løype Kompis




2,8 km A-kort referanse: Kristin Sandven
Antall sekunder etter/foran vinneren
2500
2000
1500
1000
500
0
-500
1
2
3
4
5
6
7
8
Post nr
Kristin Sandven
Rune Mork
Britt Fossøy
Synne Sandven
Emma Engehult
Åge-Geir Skatter
Arnulf Rulnes
Mia Engehult
Ingrid Haugen
Sigrid Buchazc Eie
Evy Ann Buverud
Inger Line Hamre
Elin Slokvik


2,8 km A-kort Kompis
19:11
18:57
18:43
18:28
18:14
17:59
17:45
17:31
Klokkeslett
1
2
3
4
5
6
7
8
Overlappende kurver kan bety kompisløping
Kristin Sandven
Rune Mork
Britt Fossøy
Synne Sandven
Emma Engehult
Åge-Geir Skatter
Arnulf Rulnes
Mia Engehult
Ingrid Haugen
Sigrid Buchazc Eie
Evy Ann Buverud
Inger Line Hamre
Elin Slokvik


4,1 km A-lang referanse: Simen Wästlund
Antall sekunder etter/foran vinneren
2000
1500
1000
500
0
-500
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
Post nr
Simen Wästlund
Jon Are Myhrer
Aasmund Slokvik
Robert Fredriksen
Sveinung Rekaa
Harald Kvisli
Anders Fossøy
Heidi Schatvet


4,1 km A-lang Kompis
Klokkeslett
19:01
18:46
18:32
18:18
18:03
17:49
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
Overlappende kurver kan bety kompisløping
Simen Wästlund
Jon Are Myhrer
Aasmund Slokvik
Robert Fredriksen
Sveinung Rekaa
Harald Kvisli
Anders Fossøy
Heidi Schatvet