NOL Treningsløp 19.04.2018

Antall deltakere: 69

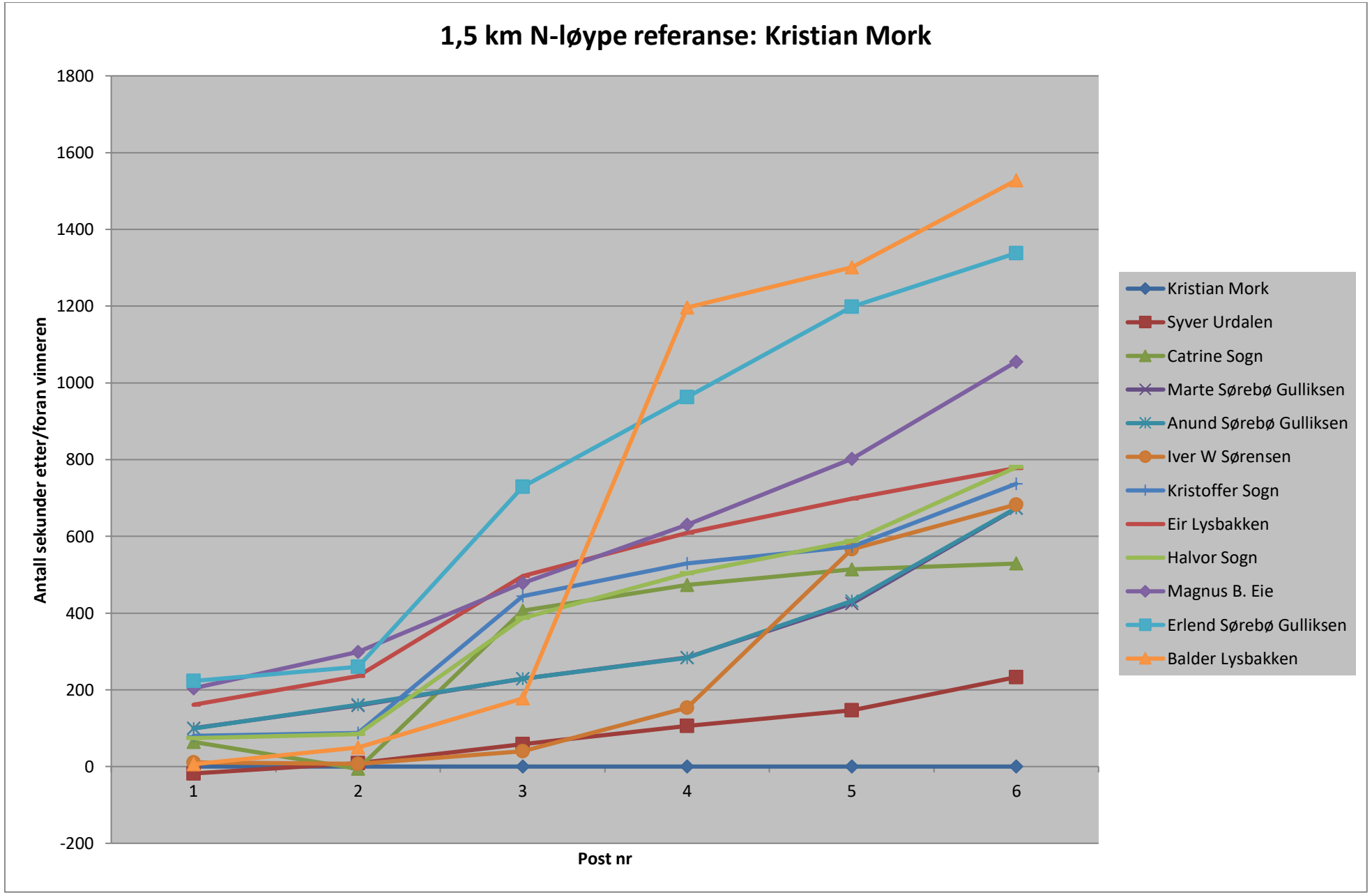
Brikke	Navn	Tid	Løype	Min/km	Klubb		Gull	Sølv	Brns	Disk		Antall:	52			v2.11.14
	Post/EKT-kode---->					1/138	2/139	3/132	4/137	5/129	6/133	7/134	8/136	9/135	10/130	11/160
61171	Simen Wästlund	44:04	4,7 km A-lang	9:23	NOL	04:22	03:34	03:36	05:23	04:29	06:06	02:13	02:17	02:37	05:32	03:55
182003	Svein-Erik Søgård	49:50	4,7 km A-lang	10:36	Kongsberg OL	02:44	04:41	03:40	04:30	05:45	03:45	03:03	03:04	03:32	09:06	06:00
207900	Harald Kvisli	50:33	4,7 km A-lang	10:45	NOL	05:21	04:01	03:34	04:22	05:51	04:31	02:20	02:50	03:11	07:38	06:54
500241	Jørn Myrland	53:51	4,7 km A-lang	11:27	NOL	02:52	04:00	04:33	05:21	06:57	04:54	03:01	03:25	03:40	09:06	06:02
228498	Jon Are Myhrer	56:16	4,7 km A-lang	11:58	NOL	04:01	05:33	05:20	05:07	06:49	04:25	03:51	03:17	05:31	07:51	04:31
197939	Even Andrè Thorbjørnsen	1:06:42	4,7 km A-lang	14:11	NOL	03:27	06:06	06:39	05:32	08:59	07:12	04:19	03:22	04:24	09:57	06:45
216985	Hilde Storløkken	1:07:45	4,7 km A-lang	14:25	Kongsberg OL	03:34	04:54	05:35	05:13	08:37	05:32	04:46	04:12	04:48	12:57	07:37
176569	Bastien Pierre	1:07:59	4,7 km A-lang	14:28	HSN/Vecoux	03:46	10:10	04:54	06:09	08:24	07:25	03:49	03:06	04:12	10:54	05:10
500244	Kjersti Tønnesen	1:08:30	4,7 km A-lang	14:34	Kongsberg OL	04:09	05:34	05:59	04:51	08:48	06:11	04:10	03:50	04:31	12:19	08:08
502352	Robert Fredriksen	1:13:34	4,7 km A-lang	15:39	NOL	04:35	12:09	05:21	05:26	08:10	05:32	03:43	04:43	06:30	10:27	06:58
207902	Aasmund Slokvik	1:13:53	4,7 km A-lang	15:43	NOL	02:34	11:34	04:40	04:49	11:09	07:48	04:33	04:31	04:55	12:16	05:04
82342	Arnulf Rulnes	1:21:18	4,7 km A-lang	17:18	NOL	04:08	06:38	05:51	06:09	12:45	07:25	04:27	04:25	06:39	12:59	09:52
189080	Arild Finstad	1:22:50	4,7 km A-lang	17:37	Kongsberg OL	03:29	09:13	11:38	05:51	10:09	05:42	07:13	04:17	05:48	13:39	05:51
500592	Arild Storheim	29:17	4,7 km A-lang	6:14	Kongsberg OL	03:59	07:32		09:41	08:05						
157187	Dag Steinar Ragvin	1:03:02	4,7 km A-lang	13:25	Bø OL	02:44	04:23	03:49	04:14	06:05		12:13	03:13		18:39	07:42
	Heidi Schatvet	Deltatt	4,7 km A-lang		NOL											
	Sanna Finstad	Deltatt	4,7 km A-lang		Kongsberg OL											
	Post/EKT-kode---->					1/138	2/139	3/132	4/137	5/136	6/135	7/130	8/160			
192814	Petter Reinemo	38:16	3,2 km A-kort	11:57	Kongsberg OL	02:46	05:28	03:30	04:00	01:28	03:24	08:35	09:05			
182001	Kristin Sandven	43:13	3,2 km A-kort	13:30	NOL	04:03	06:43	05:07	05:32	02:02	04:27	09:06	06:13			
505752	Synne Sandven	53:08	3,2 km A-kort	16:36	NOL	09:29	06:18	06:28	05:21	02:43	04:34	12:25	05:50			
61804	Børge Brubæk	56:45	3,2 km A-kort	17:44	Kongsberg OL	05:08	06:10	03:47	04:19	17:35	05:53	08:37	05:16			
197736	Silje Lysbakken	1:00:33	3,2 km A-kort	18:55	NOL	03:36	07:49	08:22	08:17	03:20	07:04	14:01	08:04			
89009	Bendik Løe	1:12:38	3,2 km A-kort	22:42	NOL	08:47	11:07	08:29	13:02	02:59	06:40	13:21	08:13			
214544	Ingrid Haugen	1:31:56	3,2 km A-kort	28:44	NOL	06:25	14:13	09:01	10:17	04:26	20:36	19:19	07:39			
480044	Hugo Christensen	07:06	3,2 km A-kort	2:13	NOL	07:06										
198916	Roar Tønnesen	50:40	3,2 km A-kort	15:50	Kongsberg OL	06:13	06:50		09:54	03:38	05:00	11:08	07:57			
209640	Emil Sten Hestvik	55:22	3,2 km A-kort	17:18	NOL	04:18	07:06		13:54	03:24	05:02	12:24	09:14			
214551	Håvard Sten	1:17:02	3,2 km A-kort	24:04	NOL	12:44	09:34		15:11	03:47	06:43		29:03			
	Åge Geir Skatter	Deltatt	3,2 km A-kort		NOL											
	Petter Løe	Deltatt	3,2 km A-kort		NOL											
	Anja Heggem	Deltatt	3,2 km A-kort		Kongsberg OL											
	Pirjo Luchsinger	Deltatt	3,2 km A-kort		Kongsberg OL											
	Post/EKT-kode---->					1/121	2/123	3/55	4/122	5/120	6/130	7/127	8/160			
159671	Knut Urdalen	22:51	2,0 km C-løype	11:26	NOL	03:29	01:54	02:35	02:35	03:47	02:57	02:43	02:51			
212066	Rasmus Engehult	46:58	2,0 km C-løype	23:29	NOL	08:18	04:36	07:37	04:59	06:06	06:22	05:17	03:43			
197857	Emma Engehult	50:03	2,0 km C-løype	25:01	NOL	08:25	04:48	07:01	05:44	06:56	07:18	05:38	04:13			
212095	Ea Lysbakken	58:06	2,0 km C-løype	29:03	NOL	07:41	02:54	07:59	04:23	09:13	08:13	12:13	05:30			
207907	Gunvor Bergskås	1:06:17	2,0 km C-løype	33:08	NOL	13:28	03:28	15:39	04:24	07:54	07:48	07:41	05:55			
215872	Gunnhild Solberg	1:06:28	2,0 km C-løype	33:14	NOL	12:46	03:59	15:37	04:17	08:04	07:48	07:41	06:16			
213013	Line B. Simones	50:41	2,0 km C-løype		NOL					32:02	06:11	07:35	04:53			
212476	Sigrid Buchazc Eie	1:43:24	2,0 km C-løype	51:42	NOL	27:41	15:15	06:33	05:49	08:19		27:24	12:23			
	Mia Engehult	Deltatt	2,0 km C-løype		NOL											
	Rune Engehult	Deltatt	2,0 km C-løype		NOL											
	Bjørn Carlsen	Deltatt	2,0 km C-løype		NOL											
	Post/EKT-kode---->					1/128	2/123	3/120	4/125	5/127	6/160					
212631	Kristian Mork	24:18	1,5 km N-løype	16:12	NOL	04:40	04:21	05:07	03:45	02:50	03:35					
228549	Syver Urdalen	28:11	1,5 km N-løype	18:47	NOL	04:22	04:48	05:56	04:33	03:31	05:01					
213087	Catrine Sogn	33:07	1,5 km N-løype	22:05	NOL	05:44	03:11	11:59	04:52	03:31	03:50					
207906	Marte Sørebø Gulliksen	35:31	1,5 km N-løype	23:41	NOL	06:20	05:20	06:17	04:40	05:11	07:43					
212652	Anund Sørebø Gulliksen	35:32	1,5 km N-løype	23:41	NOL	06:19	05:23	06:15	04:39	05:19	07:37					
214611	Iver W Sørensen	35:41	1,5 km N-løype	23:47	NOL	04:51	04:17	05:40	05:38	09:43	05:32					
228490	Kristoffer Sogn	36:35	1,5 km N-løype	24:23	NOL	06:00	04:28	11:04	05:10	03:34	06:19					
228489	Eir Lysbakken	37:16	1,5 km N-løype	24:51	NOL	07:21	05:36	09:27	05:38	04:19	04:55					
176740	Halvor Sogn	37:18	1,5 km N-løype	24:52	NOL	05:54	04:32	10:09	05:41	04:15	06:47					
503981	Magnus B. Eie	41:53	1,5 km N-løype	27:55	NOL	08:04	05:56	08:06	06:17	05:42	07:48					
213180	Erlend Sørebø Gulliksen	46:36	1,5 km N-løype	31:04	NOL	08:23	04:58	12:56	07:39	06:45	05:55					
211939	Balder Lysbakken	49:46	1,5 km N-løype	33:11	NOL	04:46	05:05	07:15	20:43	04:35	07:22					
214508	Spencer Strøm	31:08	1,5 km N-løype		NOL	ok	04:51	12:02	04:56	04:31	04:48	(Alle poster OK, men nullet ikke brikke på start)				
228513	Eira Mork	28:13	1,5 km N-løype		NOL				12:18	06:32	09:23					
228500	Ingvild B. Eie	51:43	1,5 km N-løype	34:29	NOL	07:54	06:51		25:12	05:11	06:35					
176618	Anita Enger	51:51	1,5 km N-løype	34:34	NOL	08:11	06:47		25:37	04:42	06:34					
11776	Marte Roe	51:56	1,5 km N-løype	34:37	NOL	08:24	06:30		25:33	04:32	06:57					
	Joanna Buchazc Eie	Deltatt	1,5 km N-løype		NOL											
	Anette Hagen	Deltatt	1,5 km N-løype		NOL											
	Anne Elisabeth Lysbakken	Deltatt	1,5 km N-løype		NOL											
	Nils Thomas Lysbakken	Deltatt	1,5 km N-løype		NOL											
	Randi Mork	Deltatt	1,5 km N-løype		NOL											
	Rune Mork	Deltatt	1,5 km N-løype		NOL											
	Inger Line Hamre	Deltatt	1,5 km N-løype		NOL											
	Per Øyvind Sørebø Gullikse	Deltatt	1,5 km N-løype		NOL											

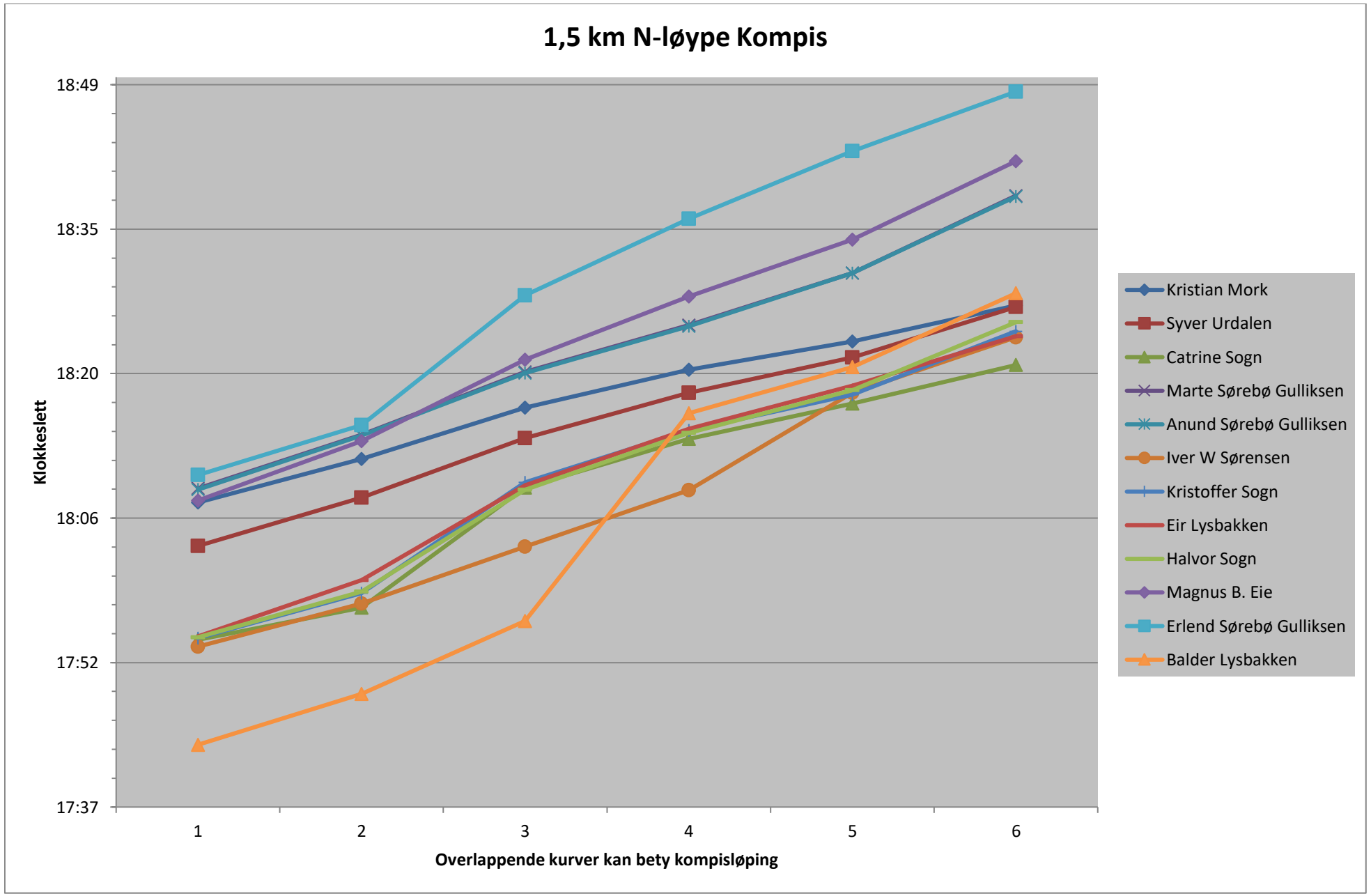
Småtroll

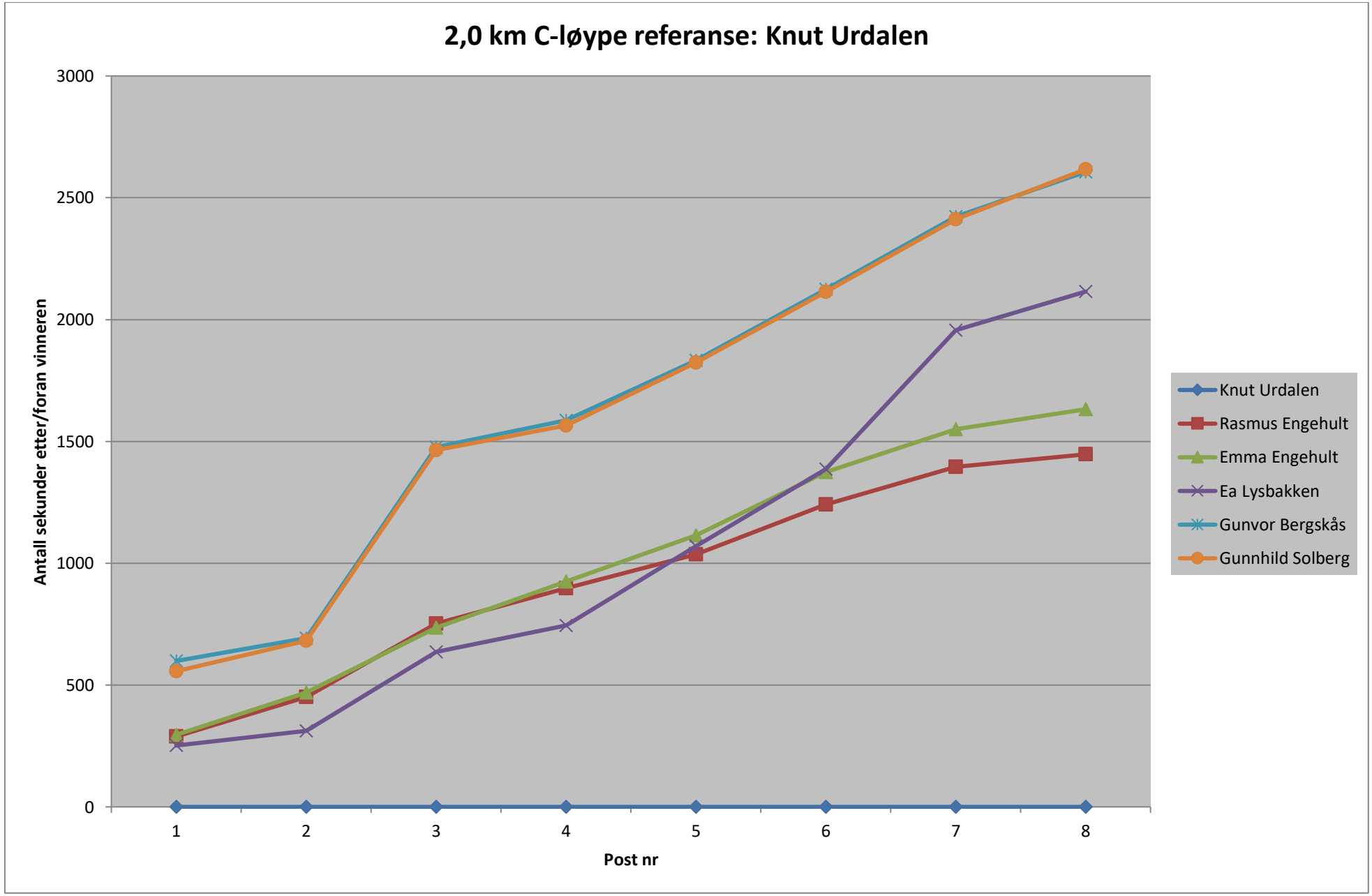
	Amalie Biseth	NOL

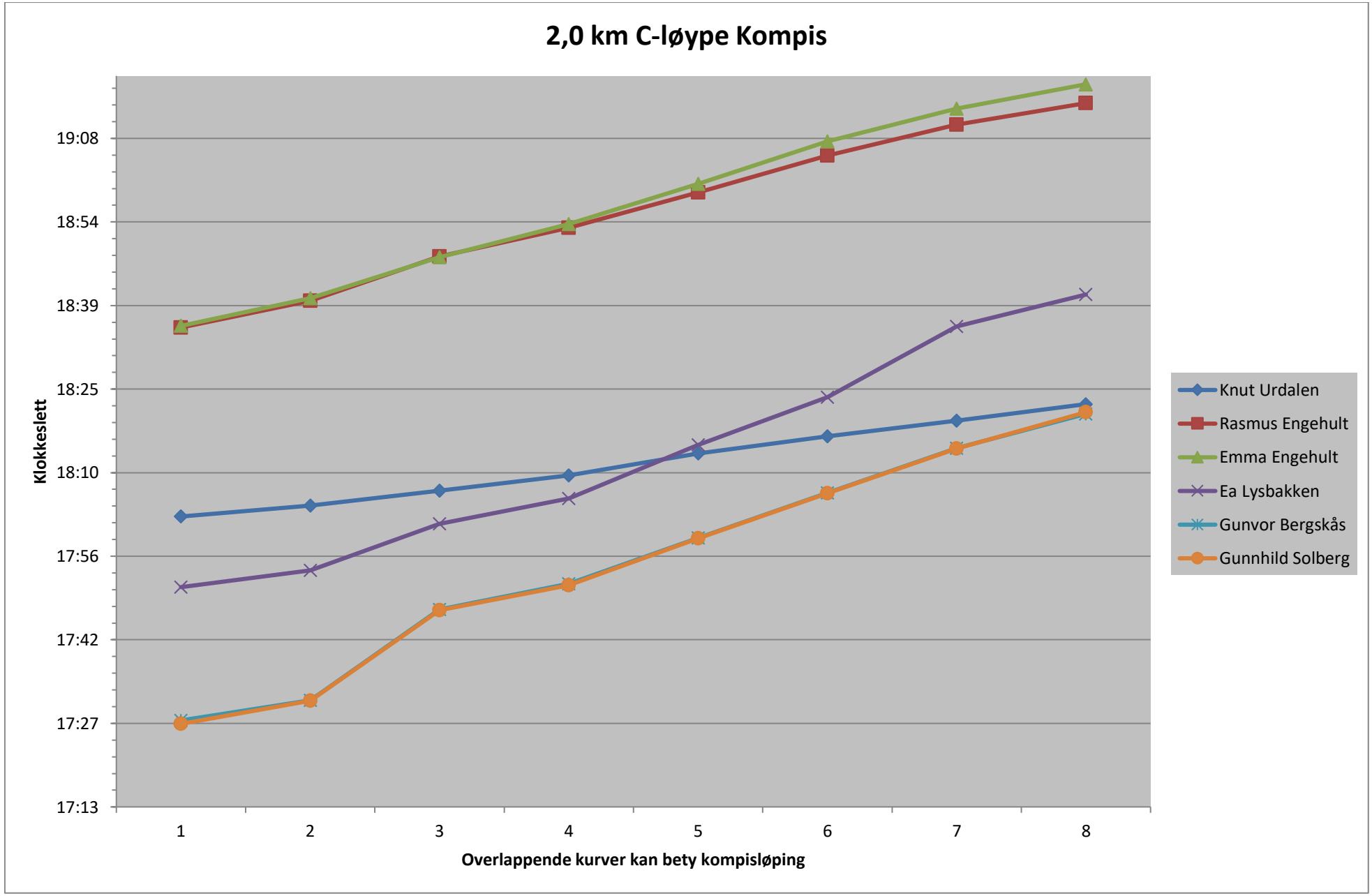
Løypeleggere

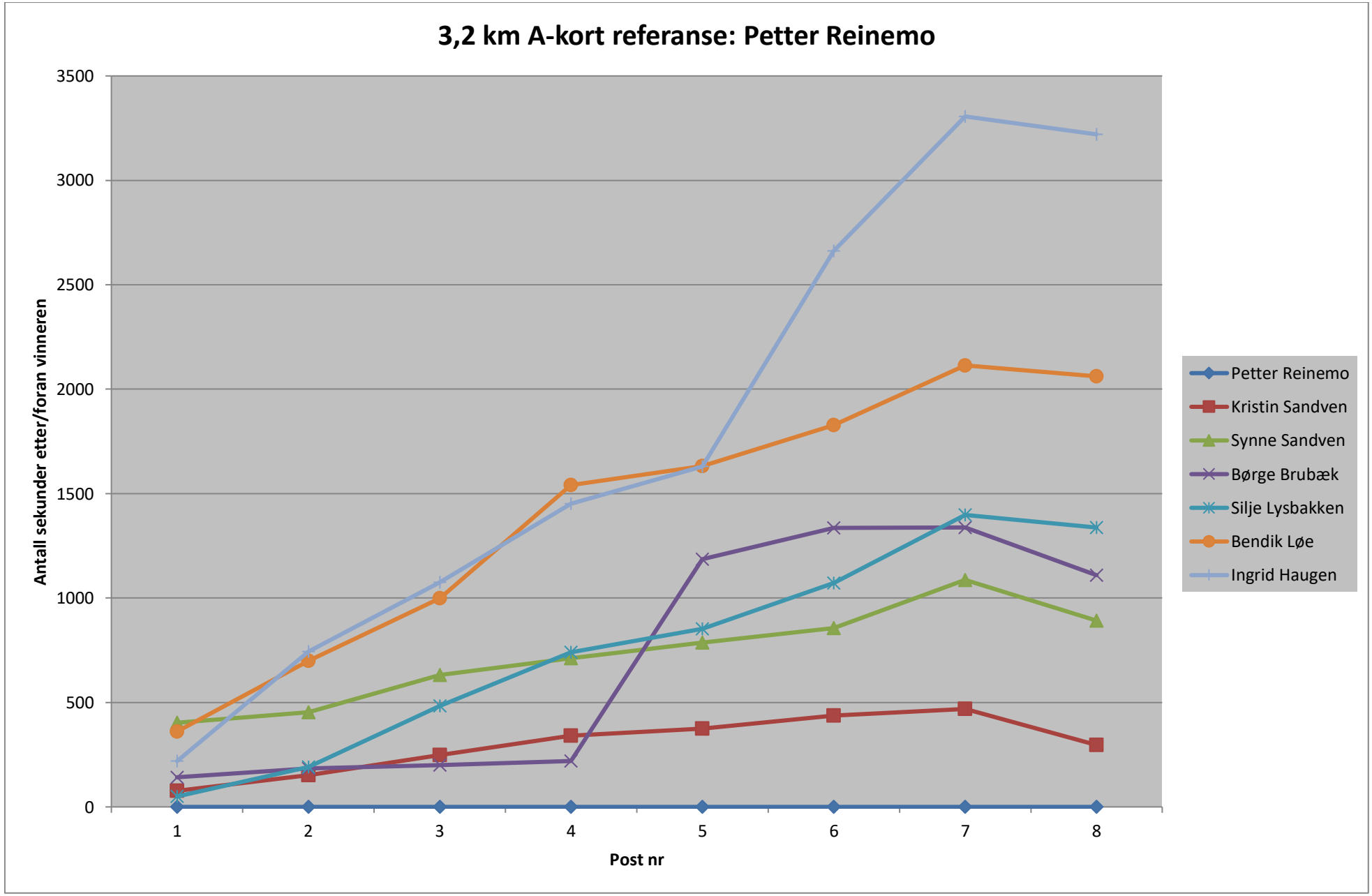
	Sveinung Rekaa
	Egil Simones

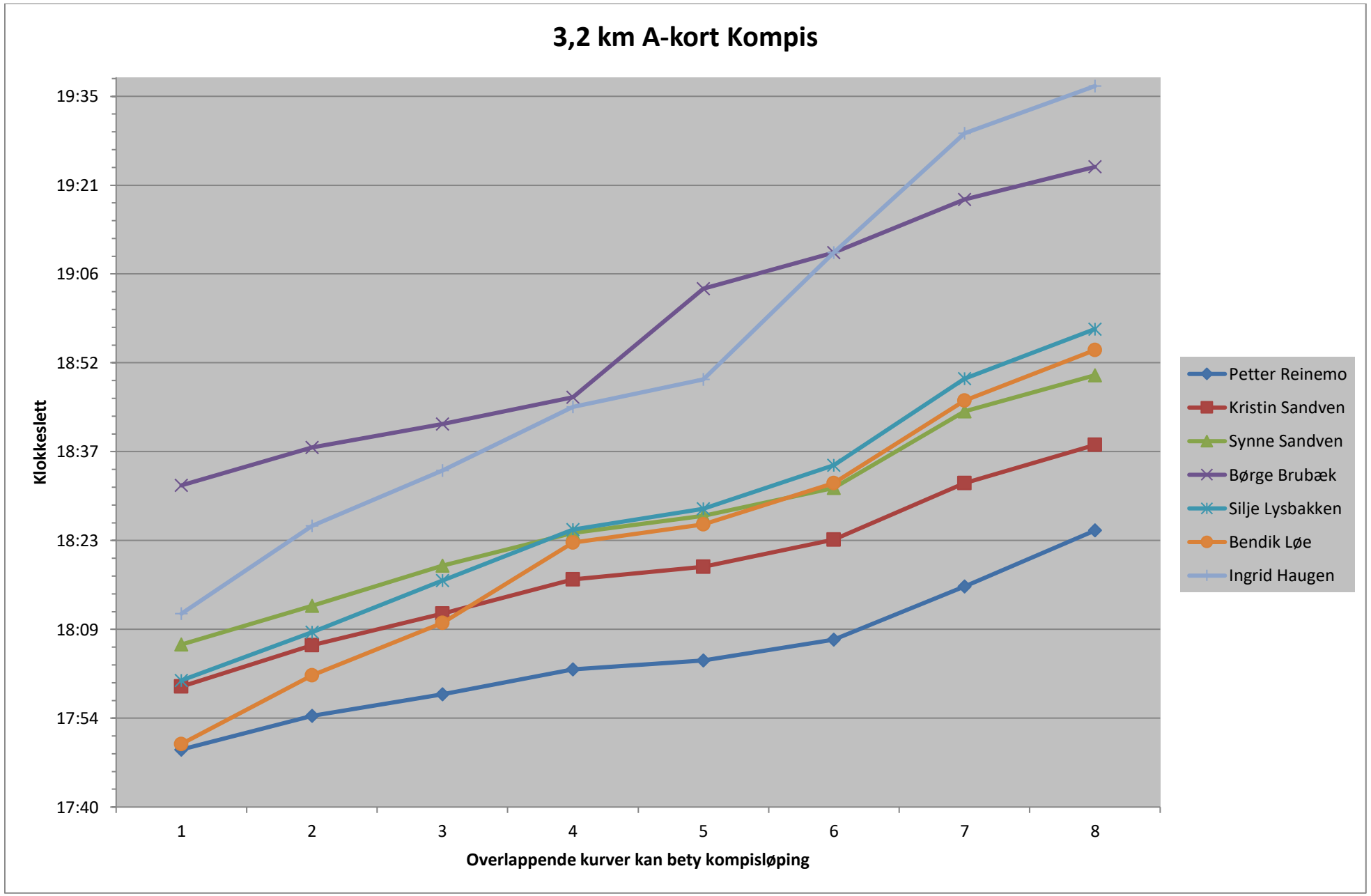

1,5 km N-løype referanse: Kristian Mork
Antall sekunder etter/foran vinneren
1800
1600
1400
1200
1000
800
600
400
200
0
-200
1
2
3
4
5
6
Post nr
Kristian Mork
Syver Urdalen
Catrine Sogn
Marte Sørebø Gulliksen
Anund Sørebø Gulliksen
Iver W Sørensen
Kristoffer Sogn
Eir Lysbakken
Halvor Sogn
Magnus B. Eie
Erlend Sørebø Gulliksen
Balder Lysbakken

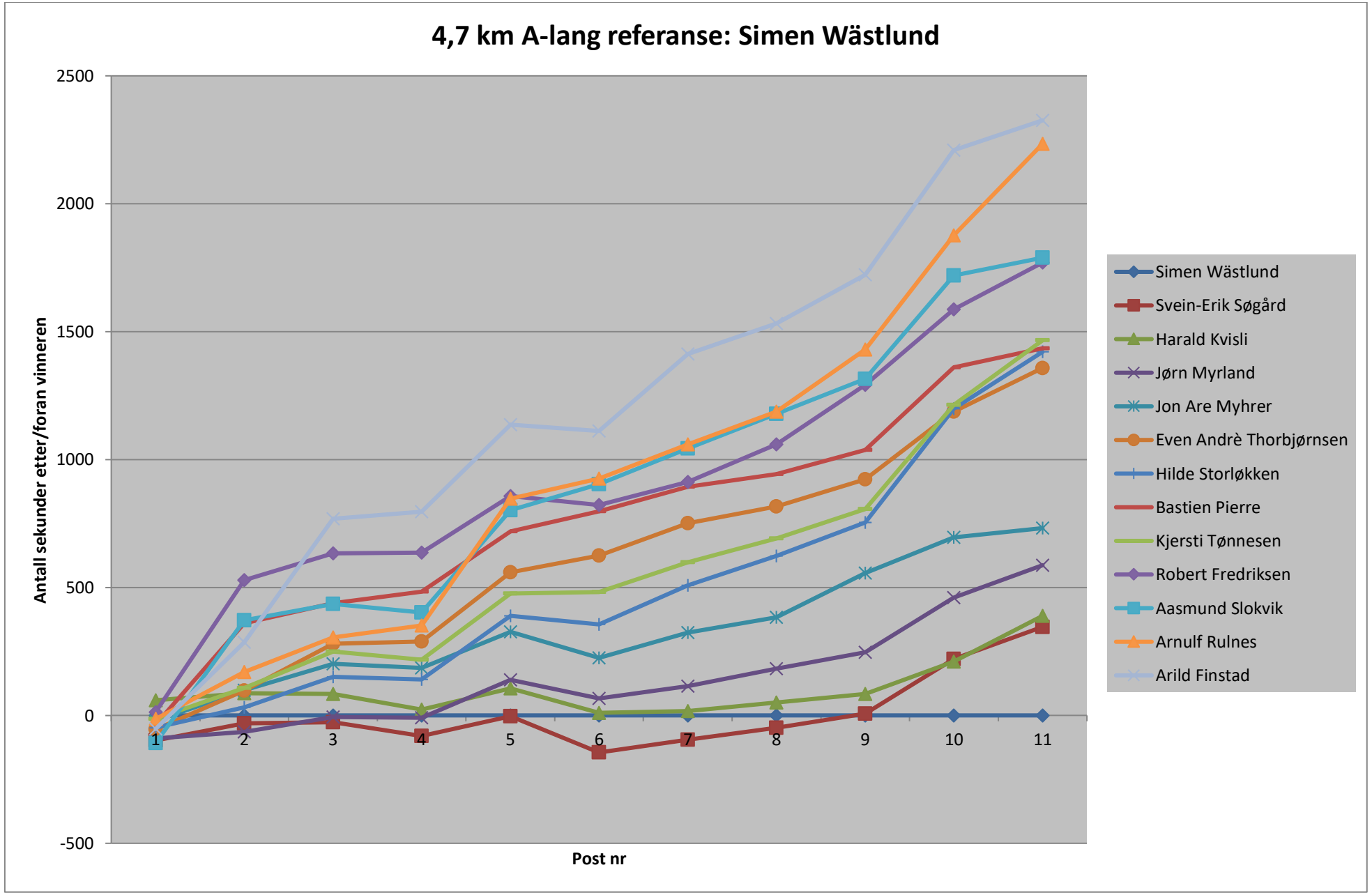

1,5 km N-løype Kompis
18:49
18:35
18:20
18:06
17:52
17:37
Klokkeslett
1
2
3
4
5
6
Overlappende kurver kan bety kompisløping
Kristian Mork
Syver Urdalen
Catrine Sogn
Marte Sørebø Gulliksen
Anund Sørebø Gulliksen
Iver W Sørensen
Kristoffer Sogn
Eir Lysbakken
Halvor Sogn
Magnus B. Eie
Erlend Sørebø Gulliksen
Balder Lysbakken

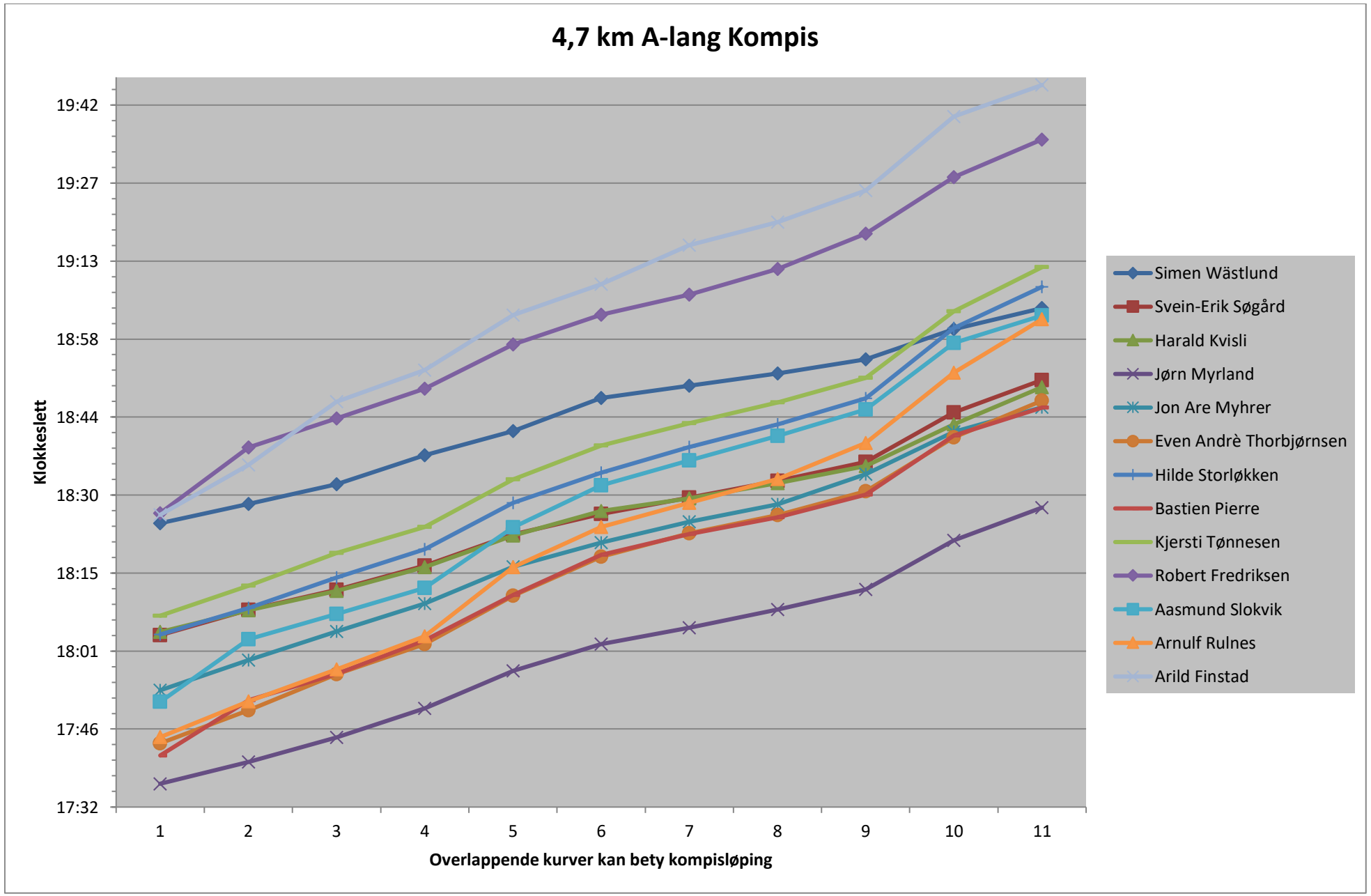

2,0 km C-løype referanse: Knut Urdalen
Antall sekunder etter/foran vinneren
3000
2500
2000
1500
1000
500
0
1
2
3
4
5
6
7
8
Post nr
Knut Urdalen
Rasmus Engehult
Emma Engehult
Ea Lysbakken
Gunvor Bergskås
Gunnhild Solberg


2,0 km C-løype Kompis
Klokkeslett
19:08
18:54
18:39
18:25
18:10
17:56
17:42
17:27
17:13
1
2
3
4
5
6
7
8
Overlappende kurver kan bety kompisløping
Knut Urdalen
Rasmus Engehult
Emma Engehult
Ea Lysbakken
Gunvor Bergskås
Gunnhild Solberg


3,2 km A-kort referanse: Petter Reinemo
Antall sekunder etter/foran vinneren
3500
3000
2500
2000
1500
1000
500
0
1
2
3
4
5
6
7
8
Post nr
Petter Reinemo
Kristin Sandven
Synne Sandven
Børge Brubæk
Silje Lysbakken
Bendik Løe
Ingrid Haugen


3,2 km A-kort Kompis
19:35
19:21
19:06
18:52
18:37
18:23
18:09
17:54
17:40
Klokkeslett
1
2
3
4
5
6
7
8
Overlappende kurver kan bety kompisløping
Petter Reinemo
Kristin Sandven
Synne Sandven
Børge Brubæk
Silje Lysbakken
Bendik Løe
Ingrid Haugen


4,7 km A-lang referanse: Simen Wästlund
Antall sekunder etter/foran vinneren
2500
2000
1500
1000
500
0
-500
1
2
3
4
5
6
7
8
9
10
11
Post nr
Simen Wästlund
Svein-Erik Søgård
Harald Kvisli
Jørn Myrland
Jon Are Myhrer
Even Andrè Thorbjørnsen
Hilde Storløkken
Bastien Pierre
Kjersti Tønnesen
Robert Fredriksen
Aasmund Slokvik
Arnulf Rulnes
Arild Finstad


4,7 km A-lang Kompis
Klokkeslett
19:42
19:27
19:13
18:58
18:44
18:30
18:15
18:01
17:46
17:32
1
2
3
4
5
6
7
8
9
10
11
Overlappende kurver kan bety kompisløping
Simen Wästlund
Svein-Erik Søgård
Harald Kvisli
Jørn Myrland
Jon Are Myhrer
Even Andrè Thorbjørnsen
Hilde Storløkken
Bastien Pierre
Kjersti Tønnesen
Robert Fredriksen
Aasmund Slokvik
Arnulf Rulnes
Arild Finstad