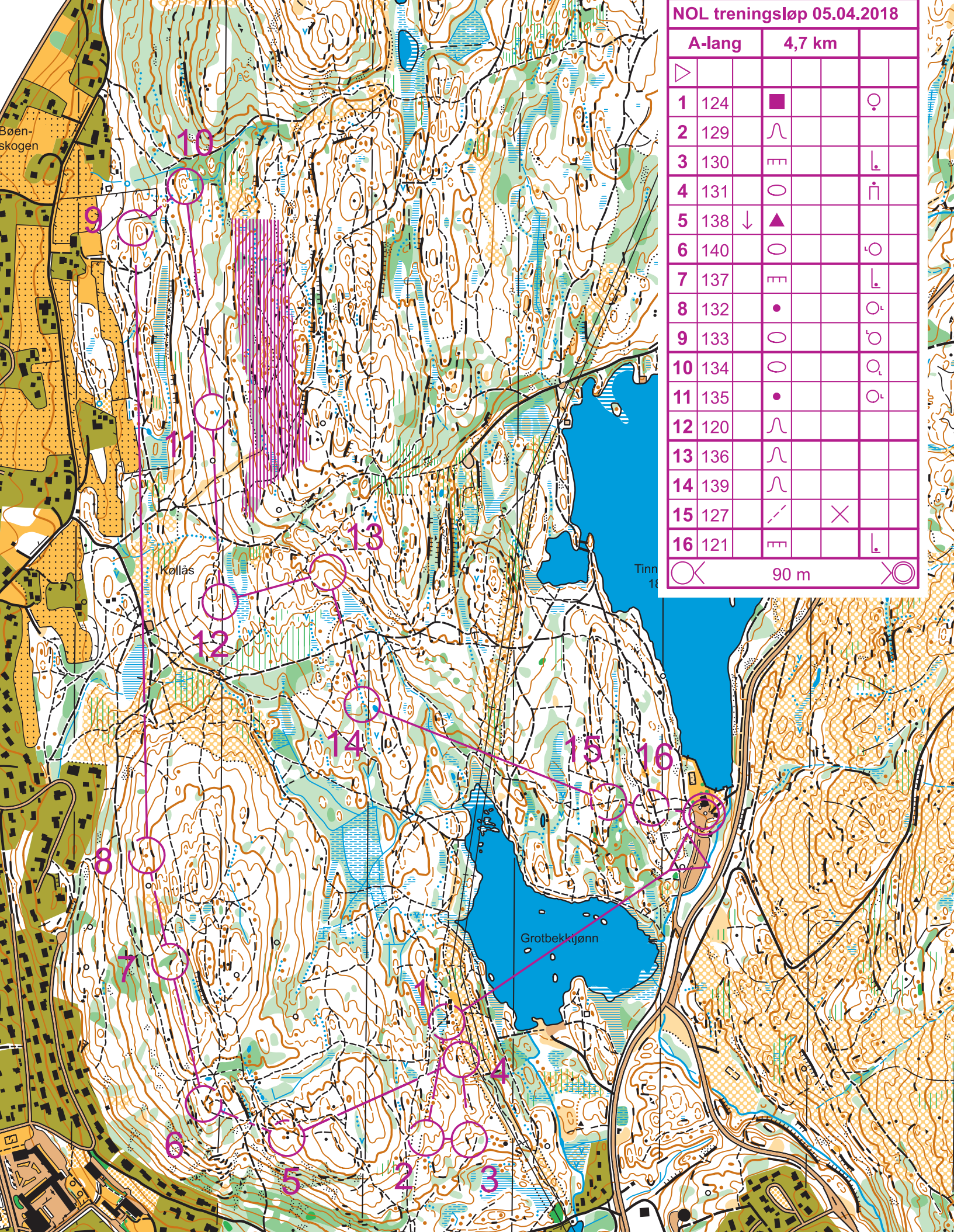




NOL treningsløp 05.04.2018

A-lang		4,7 km		
▷				
1	124	■		♀
2	129	∩		
3	130	≡		⊥
4	131	○		ñ
5	138	↓ ▲		
6	140	○		○
7	137	≡		⊥
8	132	•		○
9	133	○		○
10	134	○		Q
11	135	•		○
12	120	∩		
13	136	∩		
14	139	∩		
15	127	/	×	
16	121	≡		⊥
✕		90 m		✕