

1	Bjarte Lindstad					261										1:03:34
07:48=	10:39=	13:47=	20:56=	31:03=	33:07=	43:43=	50:16=	55:25=	58:56=	62:01=	63:13=	63:34=				
07:48=	02:51=	03:08=	07:09=	10:07=	02:04=	10:36=	06:33=	05:09=	03:31=	03:05=	01:12=	00:21=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				
2	Terje Gudbrandsen					104										1:05:46
08:29+	10:58+	14:12+	20:59+	30:59-	32:31-	45:50+	52:04+	57:46+	60:46+	64:03+	65:26+	65:46+				
08:29+	02:29-	03:14+	06:47-	10:00-	01:32-	13:19+	06:14-	05:42+	03:00-	03:17+	01:23+	00:20-				
00:41+	00:22-	00:06+	00:22-	00:07-	00:32-	02:43&	00:19-	00:33#	00:31-	00:12+	00:11#	00:01-				
3	Knut Engen					281										1:05:53
08:03+	10:54+	14:07+	21:22+	26:13-	27:50-	41:18-	51:48+	57:09+	60:10+	64:09+	65:32+	65:53+				
08:03+	02:51=	03:13+	07:15+	04:51-	01:37-	13:28+	10:30+	05:21+	03:01-	03:59+	01:23+	00:21=				
00:15+	00:00=	00:05+	00:06+	05:16-	00:27-	02:52&	03:57&	00:12+	00:30-	00:54&	00:11#	00:00=				
4	Unn Mette Klopbakken					309										1:10:13
07:57+	10:47+	13:50+	21:08+	31:09+	32:44-	43:57+	52:25+	58:32+	65:50+	68:43+	69:54+	70:13+				
07:57+	02:50-	03:03-	07:18+	10:01-	01:35-	11:13+	08:28+	06:07+	07:18+	02:53-	01:11-	00:19-				
00:09+	00:01-	00:05-	00:09+	00:06-	00:29-	00:37+	01:55&	00:58#	03:47@	00:12-	00:01-	00:02-				
5	Henning Wernøe					104										1:10:26
07:41-	10:25-	13:41-	23:15+	29:26-	45:32+	53:06+	58:48+	65:40+	68:57+	70:08+	70:26+					
07:41-	02:44-	03:16+	09:34+	06:11-	16:06+	07:34-	05:42-	06:52+	03:17-	01:11-	00:18-					
00:07-	00:07-	00:08+	02:25&	03:56-	14:02@	03:02-	00:51-	01:43&	00:14-	01:54-	00:54-					
6	Vanja Staff					261										1:11:16
10:13+	13:07+	16:52+	24:39+	31:07+	33:00-	46:17+	53:21+	60:56+	65:49+	69:07+	70:54+	71:16+				
10:13+	02:54+	03:45+	07:47+	06:28-	01:53-	13:17+	07:04+	07:35+	04:53+	03:18+	01:47+	00:22+				
02:25&	00:03+	00:37#	00:38+	03:39-	00:11-	02:41&	00:31+	02:26&	01:22&	00:13+	00:35&	00:01+				
7	Lis Dæhli					212										1:11:59
08:16+	10:49+	14:03+	21:18+	30:33-	32:51-	45:55+	53:24+	60:50+	66:10+	69:41+	71:35+	71:59+				
08:16+	02:33-	03:14+	07:15+	09:15-	02:18+	13:04+	07:29+	07:26+	05:20+	03:31+	01:54+	00:24+				
00:28+	00:18-	00:06+	00:06+	00:52-	00:14#	02:28#	00:56#	02:17&	01:49&	00:26#	00:42&	00:03#				
8	Jan Åsmund Sætaberget					366										1:27:13
12:03+	15:27+	20:32+	30:04+	36:09+	39:14+	54:45+	64:08+	71:40+	80:53+	85:08+	86:50+	87:13+				
12:03+	03:24+	05:05+	09:32+	06:05-	03:05+	15:31+	09:23+	07:32+	09:13+	04:15+	01:42+	00:23+				
04:15&	00:33#	01:57&	02:23&	04:02-	01:01&	04:55&	02:50&	02:23&	05:42@	01:10&	00:30&	00:02+				
9	Knut Vidar Lund					NOTEAM										1:32:14
09:17+	18:47+	25:07+	33:38+	42:20+	44:18+	62:52+	72:26+	81:07+	85:16+	89:57+	91:48+	92:14+				
09:17+	09:30+	06:20+	08:31+	08:42-	01:58-	18:34+	09:34+	08:41+	04:09+	04:41+	01:51+	00:26+				
01:29#	06:39@	03:12@	01:22#	01:25-	00:06-	07:58&	03:01&	03:32&	00:38#	01:36&	00:39&	00:05#				
10	Margrete Jørandli					93										1:49:31
08:07+	10:44+	13:56+	21:05+	39:46+	41:23+	77:31+	85:51+	96:21+	101:55+	106:38+	109:04+	109:31+				
08:07+	02:37-	03:12+	07:09=	18:41+	01:37-	36:08+	08:20+	10:30+	05:34+	04:43+	02:26+	00:27+				
00:19+	00:14-	00:04+	00:00=	08:34&	00:27-	25:32@	01:47&	05:21@	02:03&	01:38&	01:14@	00:06&				
11	Linda Fredh					252										2:02:37
08:42+	15:29+	24:35+	33:26+	42:45+	45:09+	86:55+	98:19+	111:06+	122:37+							
08:42+	06:47+	09:06+	08:51+	09:19-	02:24+	41:46+	11:24+	12:47+	11:31+							
00:54#	03:56@	05:58@	01:42#	00:48-	00:20#	31:10@	04:51&	07:38@	08:00@							

Beste strekktid for klassen

07:41	02:29	03:03	06:47	04:51	01:32	07:34	05:42	05:09	03:00	01:11	00:18	00:19
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Mininisse

1	Julie Gjessing Skjeset										366	50:45
09:48=	16:01=	24:34=	27:53=	32:43=	37:14=	40:28=	44:07=	49:22=	50:45=			
09:48=	06:13=	08:33=	03:19=	04:50=	04:31=	03:14=	03:39=	05:15=	01:23=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			

Plass	Navn	Klasse	Tid
-------	------	--------	-----

Beste strekktid for klassen

09:48 06:13 08:33 03:19 04:50 04:31 03:14 03:39 05:15 01:23

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

NOCLAS

1	412987	U1	Ukjent løper	412987	NOTEAM	05:52
01:01=	02:45=	04:46=	05:32=	05:52=		
01:01=	01:44=	02:01=	00:46=	00:20=		
00:00=	00:00=	00:00=	00:00=	00:00=		
2	501416	U1	Ukjent løper	501416	NOTEAM	54:29
13:34+	19:49+	28:11+	31:24+	36:34+	40:41+	43:53+
13:34+	06:15+	08:22+	03:13+	05:10+	04:07+	03:12+
12:33@	04:31@	06:21@	02:27@	04:50@	04:07+	03:12+
3	483346	U1	Ukjent løper	483346	NOTEAM	23:58:37

Beste strekktid for klassen

01:01 01:44 02:01 00:46 00:20

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Smånisse

1	Erik Haugen											286	28:05
01:47=	04:08=	07:13=	08:32=	11:16=	13:38=	17:37=	20:13=	22:17=	26:20=	27:45=	28:05=		
01:47=	02:21=	03:05=	01:19=	02:44=	02:22=	03:59=	02:36=	02:04=	04:03=	02:30=	02:20=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	John Tangen											104	28:09
01:18-	03:50-	07:03-	08:18-	11:04-	13:18-	17:19-	19:51-	22:05-	26:20=	27:49+	28:09+		
01:18-	02:32+	03:13+	01:15-	02:46+	02:14-	04:01+	02:32-	02:14+	04:15+	01:29+	00:20=		
00:29-	00:11+	00:08+	00:04-	00:02+	00:08-	00:02+	00:04-	00:10+	00:12+	00:04+	00:00=		
3	Trond Feiring											104	29:50
01:14-	03:45-	08:03+	09:02+	12:02+	14:55+	18:22+	20:54+	23:32+	28:04+	29:26+	29:50+		
01:14-	02:31+	04:18+	00:59-	03:00+	02:53+	03:27-	02:32-	02:38+	04:32+	01:22-	00:24+		
00:33-	00:10+	01:13&	00:20-	00:16+	00:31#	00:32-	00:04-	00:34&	00:29#	00:03-	00:04#		
4	Jan Sveen											281	29:56
01:39-	04:29+	08:50+	10:09+	12:51+	15:13+	19:10+	22:10+	24:23+	28:31+	29:41+	29:56+		
01:39-	02:50+	04:21+	01:19-	02:42-	02:22=	03:57-	03:00+	02:13+	04:08+	01:10-	00:15-		
00:08-	00:29#	01:16&	00:00=	00:02-	00:00=	00:02-	00:24#	00:09+	00:05+	00:15-	00:05-		
5	Anne-Grete Austad											281	30:07
01:52+	04:22+	08:21+	09:45+	12:35+	15:06+	19:18+	22:12+	24:25+	28:41+	29:49+	30:07+		
01:52+	02:30+	03:59+	01:24+	02:50+	02:31+	04:12+	02:54+	02:13+	04:16+	01:08-	00:18-		
00:05+	00:09+	00:54&	00:05+	00:06+	00:09+	00:13+	00:18#	00:09+	00:13+	00:17-	00:02-		
6	Ida Engen											281	30:10
01:54+	04:12+	08:17+	09:41+	12:32+	15:15+	19:12+	22:07+	24:31+	28:45+	29:54+	30:10+		
01:54+	02:18-	04:05+	01:24+	02:51+	02:43+	03:57-	02:55+	02:24+	04:14+	01:09-	00:16-		
00:07+	00:03-	01:00&	00:05+	00:07+	00:21#	00:02-	00:19#	00:20#	00:11+	00:16-	00:04-		
7	John Mikalsen											104	30:16
01:29-	03:55-	08:08+	09:22+	12:15+	14:58+	18:32+	21:55+	24:10+	28:50+	30:00+	30:16+		
01:29-	02:26+	04:13+	01:14-	02:53+	02:43+	03:34-	03:23+	02:15+	04:40+	01:10-	00:16-		
00:18-	00:05+	01:08&	00:05-	00:09+	00:21#	00:25-	00:47&	00:11+	00:37#	00:15-	00:04-		
8	Hans A. Tingvold											280	30:20
01:32-	04:19+	08:44+	10:03+	12:46+	15:27+	19:05+	22:16+	24:29+	28:55+	30:03+	30:20+		
01:32-	02:47+	04:25+	01:19=	02:43-	02:41+	03:38-	03:11+	02:13+	04:26+	01:08-	00:17-		
00:15-	00:26#	01:20&	00:00=	00:01-	00:19#	00:21-	00:35#	00:09+	00:23+	00:17-	00:03-		
9	Anita Stenseth											309	30:25
01:47=	04:16+	08:13+	09:31+	12:57+	15:31+	19:30+	22:19+	24:38+	28:58+	30:06+	30:25+		
01:47=	02:29+	03:57+	01:18-	03:26+	02:34+	03:59=	02:49+	02:19+	04:20+	01:08-	00:19-		
00:00=	00:08+	00:52&	00:01-	00:42&	00:12+	00:00=	00:13+	00:15#	00:17+	00:17-	00:01-		

Plass	Navn			Klasse								Tid			
10	Trine Marit Justad Raaen			184								30:44			
	01:46-	04:38+	08:24+	09:50+	12:40+	15:19+	19:35+	22:22+	24:42+	29:06+	30:23+	30:44+			
	01:46-	02:52+	03:46+	01:26+	02:50+	02:39+	04:16+	02:47+	02:20+	04:24+	01:17-	00:21+			
	00:01-	00:31#	00:41#	00:07+	00:06+	00:17#	00:17+	00:11+	00:16#	00:21+	00:08-	00:01+			
11	Terje Malm			104								48:58			
	01:23-	04:10+	07:51+	09:12+	12:44+	15:41+	20:56+	29:13+	35:08+	45:15+	48:21+	48:58+			
	01:23-	02:47+	03:41+	01:21+	03:32+	02:57+	05:15+	08:17+	05:55+	10:07+	03:06+	00:37+			
	00:24-	00:26#	00:36#	00:02+	00:48&	00:35#	01:16&	05:41@	03:51@	06:04@	01:41@	00:17&			
12	Stine Austad			281								52:10			
	01:36-	04:32+	16:46+	18:04+	21:42+	29:25+	34:39+	39:21+	43:09+	48:59+	51:38+	52:10+			
	01:36-	02:56+	12:14+	01:18-	03:38+	07:43+	05:14+	04:42+	03:48+	05:50+	02:39+	00:32+			
	00:11-	00:35#	09:09@	00:01-	00:54&	05:21@	01:15&	02:06&	01:44&	01:47&	01:14&	00:12&			
Beste strekktid for klassen															
	01:14	02:18	03:05	00:59	02:42	02:14	03:27	02:32	02:04	04:03	01:08	00:15			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.															
Stornisse															
1	Kenneth Bilstad			366								57:50			
	06:55=	09:31=	13:53=	17:29=	18:48=	28:59=	30:05=	31:34=	34:24=	39:06=	47:04=	51:27=	54:12=	56:42=	57:36=
	06:55=	02:36=	04:22=	03:36=	01:19=	10:11=	01:06=	01:29=	02:50=	04:42=	07:58=	04:23=	02:45=	02:30=	00:54=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jostein Svaland Dale			366								1:01:53			
	07:10+	09:33+	13:58+	17:32+	18:55+	29:43+	31:08+	32:59+	35:47+	43:22+	50:58+	55:45+	58:21+	60:47+	61:40+
	07:10+	02:23-	04:25+	03:34-	01:23+	10:48+	01:25+	01:51+	02:48-	07:35+	07:36-	04:47+	02:36-	02:26-	00:53-
	00:15+	00:13-	00:03+	00:02-	00:04+	00:37+	00:19&	00:22#	00:02-	02:53&	00:22-	00:24+	00:09-	00:04-	00:01-
3	Pål Stenberg			366								1:02:06			
	07:05+	09:35+	14:16+	17:35+	18:51+	29:41+	31:08+	33:12+	36:06+	43:19+	50:56+	55:49+	58:17+	60:50+	61:50+
	07:05+	02:30-	04:41+	03:19-	01:16-	10:50+	01:27+	02:04+	02:54+	07:13+	07:37-	04:53+	02:28-	02:33+	01:00+
	00:10+	00:06-	00:19+	00:17-	00:03-	00:39+	00:21&	00:35&	00:04+	02:31&	00:21-	00:30#	00:17-	00:03+	00:06#
4	Jan Ola Pedersen			366								1:02:31			
	07:18+	09:43+	14:21+	17:27-	18:43-	29:38+	31:14+	32:54+	35:43+	42:42+	50:26+	55:15+	58:42+	61:14+	62:14+
	07:18+	02:25-	04:38+	03:06-	01:16-	10:55+	01:36+	01:40+	02:49-	06:59+	07:44-	04:49+	03:27+	02:32+	01:00+
	00:23+	00:11-	00:16+	00:30-	00:03-	00:44+	00:30&	00:11#	00:01-	02:17&	00:14-	00:26+	00:42&	00:02+	00:06#
5	Sverre Berg Lutnæs			104								1:04:27			
	07:15+	09:45+	14:23+	17:41+	19:06+	29:52+	31:22+	33:46+	37:03+	42:19+	50:47+	56:42+	59:53+	62:55+	64:13+
	07:15+	02:30-	04:38+	03:18-	01:25+	10:46+	01:30+	02:24+	03:17+	05:16+	08:28+	05:55+	03:11+	03:02+	01:18+
	00:20+	00:06-	00:16+	00:18-	00:06+	00:35+	00:24&	00:55&	00:27#	00:34#	00:30+	01:32&	00:26#	00:32#	00:24&
6	Sander Tonjer Fingarsen			66								1:05:34			
	07:08+	09:39+	14:08+	17:44+	18:59+	29:47+	31:18+	33:05+	36:03+	43:24+	51:32+	58:05+	60:40+	64:23+	65:17+
	07:08+	02:31-	04:29+	03:36=	01:15-	10:48+	01:31+	01:47+	02:58+	07:21+	08:08+	06:33+	02:35-	03:43+	00:54=
	00:13+	00:05-	00:07+	00:00=	00:04-	00:37+	00:25&	00:18#	00:08+	02:39&	00:10+	02:10&	00:10-	01:13&	00:00=
7	Sofie Johansson			212								1:07:12			
	08:15+	11:23+	17:02+	20:29+	21:38+	34:20+	35:39+	38:24+	41:34+	47:15+	55:03+	60:24+	63:12+	65:55+	66:55+
	08:15+	03:08+	05:39+	03:27-	01:09-	12:42+	01:19+	02:45+	03:10+	05:41+	07:48-	05:21+	02:48+	02:43+	01:00+
	01:20#	00:32#	01:17&	00:09-	00:10-	02:31#	00:13#	01:16&	00:20#	00:59#	00:10-	00:58#	00:03+	00:13+	00:06#
8	Geir Myhr Øien			286								1:09:19			
	08:15+	11:02+	16:22+	20:39+	21:47+	34:31+	35:55+	38:34+	41:42+	47:09+	57:37+	61:50+	65:47+	68:11+	69:07+
	08:15+	02:47+	05:20+	04:17+	01:08-	12:44+	01:24+	02:39+	03:08+	05:27+	10:28+	04:13-	02:24-	00:56+	00:12-
	01:20#	00:11+	00:58#	00:41#	00:11-	02:33&	00:18&	01:10&	00:18#	00:45#	02:30&	00:10-	01:12&	00:06-	00:02+
9	Emilie Westli Andersen			212								1:09:23			
	08:34+	11:19+	16:22+	20:24+	21:26+	32:54+	34:35+	36:29+	42:25+	48:06+	55:54+	61:46+	65:55+	68:21+	69:10+
	08:34+	02:45+	05:03+	04:02+	01:02-	11:28+	01:41+	01:54+	05:56+	05:41+	07:48-	05:52+	04:09+	02:26-	00:49-
	01:39#	00:09+	00:41#	00:26#	00:17-	01:17#	00:35&	00:25&	03:06@	00:59#	00:10-	01:29&	01:24&	00:04-	00:05-
10	Sigurd Dæhli			212								1:09:25			
	09:18+	12:40+	17:51+	23:18+	24:47+	37:01+	38:08+	40:10+	43:26+	48:10+	56:07+	60:27+	65:58+	68:17+	69:11+
	09:18+	03:22+	05:11+	05:27+	01:29+	12:14+	01:07+	02:02+	03:16+	04:44+	07:57-	04:20-	05:31+	02:19-	00:54=
	02:23&	00:46&	00:49#	01:51&	00:10#	02:03#	00:01+	00:33&	00:26#	00:02+	00:01-	00:03-	02:46@	00:11-	00:00=

Plass	Navn			Klasse								Tid				
11	Mats Lindaas			66								1:09:26				
08:42+	12:00+	17:58+	22:06+	23:22+	36:58+	38:11+	40:14+	43:29+	48:16+	56:14+	61:58+	66:02+	68:23+	69:13+	69:26+	
08:42+	03:18+	05:58+	04:08+	01:16-	13:36+	01:13+	02:03+	03:15+	04:47+	07:58=	05:44+	04:04+	02:21-	00:50-	00:13-	
01:47&	00:42&	01:36&	00:32#	00:03-	03:25&	00:07#	00:34&	00:25#	00:05+	00:00=	01:21&	01:19&	00:09-	00:04-	00:01-	
12	Nils Harald Staff			261								1:09:42				
07:25+	09:55+	14:49+	18:08+	19:40+	31:32+	33:49+	36:37+	39:50+	45:24+	54:50+	60:29+	65:48+	68:28+	69:23+	69:42+	
07:25+	02:30-	04:54+	03:19-	01:32+	11:52+	02:17+	02:48+	03:13+	05:34+	09:26+	05:39+	05:19+	02:40+	00:55+	00:19+	
00:30+	00:06-	00:32#	00:17-	00:13#	01:41#	01:11@	01:19&	00:23#	00:52#	01:28#	01:16&	02:34&	00:10+	00:01+	00:05&	
13	Morten Tangen			252								1:09:43				
07:21+	09:51+	14:38+	17:55+	19:14+	30:26+	32:27+	36:46+	39:53+	45:18+	54:57+	60:34+	66:09+	68:36+	69:31+	69:43+	
07:21+	02:30-	04:47+	03:17-	01:19=	11:12+	02:01+	04:19+	03:07+	05:25+	09:39+	05:37+	05:35+	02:27-	00:55+	00:12-	
00:26+	00:06-	00:25+	00:19-	00:00=	01:01+	00:55&	02:50@	00:17+	00:43#	01:41#	01:14&	02:50@	00:03-	00:01+	00:02-	
14	Onno Verberne			261								1:09:46				
07:02+	09:47+	14:30+	17:52+	19:10+	33:00+	34:42+	36:41+	39:45+	44:57+	52:55+	58:40+	66:06+	68:32+	69:29+	69:46+	
07:02+	02:45+	04:43+	03:22-	01:18-	13:50+	01:42+	01:59+	03:04+	05:12+	07:58=	05:45+	07:26+	02:26-	00:57+	00:17+	
00:07+	00:09+	00:21+	00:14-	00:01-	03:39&	00:36&	00:30&	00:14+	00:30#	00:00=	01:22&	04:41@	00:04-	00:03+	00:03#	
15	Andreas Meyer			NOTEAM								1:14:55				
08:20+	11:19+	16:27+	20:24+	21:31+	37:50+	38:57+	41:50+	44:58+	50:58+	59:05+	67:38+	69:50+	73:01+	74:30+	74:55+	
08:20+	02:59+	05:08+	03:57+	01:07-	16:19+	01:07+	02:53+	03:08+	06:00+	08:07+	08:33+	02:12-	03:11+	01:29+	00:25+	
01:25#	00:23#	00:46#	00:21+	00:12-	06:08&	00:01+	01:24&	00:18#	01:18&	00:09+	04:10&	00:33-	00:41&	00:35&	00:11&	
16	Richard Zeiner-Gundersen			80								1:14:57				
08:30+	11:41+	18:05+	22:18+	23:37+	37:11+	38:20+	40:41+	44:21+	51:40+	60:44+	66:54+	70:01+	73:29+	74:37+	74:57+	
08:30+	03:11+	06:24+	04:13+	01:19=	13:34+	01:09+	02:21+	03:40+	07:19+	09:04+	06:10+	03:07+	03:28+	01:08+	00:20+	
01:35#	00:35#	02:02&	00:37#	00:00=	03:23&	00:03+	00:52&	00:50&	02:37&	01:06#	01:47&	00:22#	00:58&	00:14&	00:06&	
17	Kristian Storsveen			212								1:15:06				
08:27+	11:47+	18:14+	22:38+	23:50+	37:07+	38:17+	40:19+	43:33+	48:30+	57:36+	66:50+	70:07+	73:44+	74:51+	75:06+	
08:27+	03:20+	06:27+	04:24+	01:12-	13:17+	01:10+	02:02+	03:14+	04:57+	09:06+	09:14+	03:17+	03:37+	01:07+	00:15+	
01:32#	00:44&	02:05&	00:48#	00:07-	03:06&	00:04+	00:33&	00:24#	00:15+	01:08#	04:51@	00:32#	01:07&	00:13#	00:01+	
18	Marius Staff			261								1:15:12				
07:35+	10:31+	16:10+	20:06+	21:48+	37:38+	39:00+	41:45+	45:10+	51:05+	60:20+	71:34+	74:05+	75:00+	75:12+		
07:35+	02:56+	05:39+	03:56+	01:42+	15:50+	01:22+	02:45+	03:25+	05:55+	09:15+	11:14+	02:31-	00:55-	00:12-		
00:40+	00:20#	01:17&	00:20+	00:23&	05:39&	00:16#	01:16&	00:35#	01:13&	01:17#	06:51@	00:14-	01:35-	00:42-		
19	Stein Arne Negård			366								1:16:04				
08:50+	11:51+	18:17+	22:07+	23:33+	37:47+	39:08+	41:39+	45:06+	51:01+	60:22+	71:38+	74:41+	75:49+	76:04+		
08:50+	03:01+	06:26+	03:50+	01:26+	14:14+	01:21+	02:31+	03:27+	05:55+	09:21+	11:16+	03:03+	01:08-	00:15-		
01:55&	00:25#	02:04&	00:14+	00:07+	04:03&	00:15#	01:02&	00:37#	01:13&	01:23#	06:53@	00:18#	01:22-	00:39-		
20	Ingvild Gjessing			366								1:28:42				
10:28+	13:37+	21:11+	25:34+	27:04+	43:55+	45:23+	47:50+	51:43+	57:35+	67:10+	79:47+	84:04+	87:23+	88:26+	88:42+	
10:28+	03:09+	07:34+	04:23+	01:30+	16:51+	01:28+	02:27+	03:53+	05:52+	09:35+	12:37+	04:17+	03:19+	01:03+	00:16+	
03:33&	00:33#	03:12&	00:47#	00:11#	06:40&	00:22&	00:58&	01:03&	01:10#	01:37#	08:14@	01:32&	00:49&	00:09#	00:02#	
21	Tore Borchgrevink Alu			104								1:29:40				
09:48+	13:31+	23:14+	28:30+	30:19+	46:21+	47:56+	50:27+	54:52+	62:10+	72:24+	79:28+	84:23+	87:37+	89:15+	89:40+	
09:48+	03:43+	09:43+	05:16+	01:49+	16:02+	01:35+	02:31+	04:25+	07:18+	10:14+	07:04+	04:55+	03:14+	01:38+	00:25+	
02:53&	01:07&	05:21@	01:40&	00:30&	05:51&	00:29&	01:02&	01:35&	02:36&	02:16&	02:41&	02:10&	00:44&	00:44&	00:11&	
22	Håkon Beitnes			104								1:29:47				
09:56+	13:36+	23:10+	28:38+	30:27+	46:31+	48:03+	50:35+	54:58+	62:01+	72:30+	79:38+	84:35+	88:02+	89:22+	89:47+	
09:56+	03:40+	09:34+	05:28+	01:49+	16:04+	01:32+	02:32+	04:23+	07:03+	10:29+	07:08+	04:57+	03:27+	01:20+	00:25+	
03:01&	01:04&	05:12@	01:52&	00:30&	05:53&	00:26&	01:03&	01:33&	02:21&	02:31&	02:45&	02:12&	00:57&	00:26&	00:11&	
Beste strekktid for klassen																
06:55	02:23	04:22	03:06	01:02	10:11	01:06	01:29	02:48	04:42	07:36	04:13	02:12	00:55	00:12	00:12	

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.