

1	Anne Frøisland								366	22:04
02:01=	03:15=	08:57=	14:16=	16:45=	19:03=	20:22=	21:39=	22:04=		
02:01=	01:14=	05:42=	05:19=	02:29=	02:18=	01:19=	01:17=	00:25=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Mina Bleken Rud								366	26:37
02:01=	03:09-	09:01+	16:11+	18:05+	20:37+	24:42+	26:10+	26:37+		
02:01=	01:08-	05:52+	07:10+	01:54-	02:32+	04:05+	01:28+	00:27+		
00:00=	00:06-	00:10+	01:51&	00:35-	00:14#	02:46@	00:11#	00:02+		
3	Nikolai Teslo								98	28:25
03:34+	05:20+	12:19+	18:44+	21:33+	24:33+	26:05+	27:53+	28:25+		
03:34+	01:46+	06:59+	06:25+	02:49+	03:00+	01:32+	01:48+	00:32+		
01:33&	00:32&	01:17#	01:06#	00:20#	00:42&	00:13#	00:31&	00:07&		
4	Madeleine Aaslund Jenack								93	49:45
09:34+	12:51+	22:52+	31:56+	35:45+	40:17+	46:54+	49:21+	49:45+		
09:34+	03:17+	10:01+	09:04+	03:49+	04:32+	06:37+	02:27+	00:24-		
07:33@	02:03@	04:19&	03:45&	01:20&	02:14&	05:18@	01:10&	00:01-		
5	Johanne Berg								212	52:59
12:57+	16:26+	28:09+	35:57+	40:47+	46:49+	50:34+	52:37+	52:59+		
12:57+	03:29+	11:43+	07:48+	04:50+	06:02+	03:45+	02:03+	00:22-		
10:56@	02:15@	06:01@	02:29&	02:21&	03:44@	02:26@	00:46&	00:03-		
6	Sunniva Alm-Kristiansen								366	54:32
27:17+	28:59+	36:17+	42:14+	46:24+	50:13+	52:36+	54:13+	54:32+		
27:17+	01:42+	07:18+	05:57+	04:10+	03:49+	02:23+	01:37+	00:19-		
25:16@	00:28&	01:36&	00:38#	01:41&	01:31&	01:04&	00:20&	00:06-		
7	Ole Petter Visted-Hansen								93	59:18
10:09+	13:10+	26:42+	35:52+	40:44+	49:13+	52:38+	57:50+	59:18+		
10:09+	03:01+	13:32+	09:10+	04:52+	08:29+	03:25+	05:12+	01:28+		
08:08@	01:47@	07:50@	03:51&	02:23&	06:11@	02:06@	03:55@	01:03@		
8	Markus Kvamme								261	59:33
10:53+	15:07+	27:18+	40:34+	46:31+	52:39+	55:09+	59:06+	59:33+		
10:53+	04:14+	12:11+	13:16+	05:57+	06:08+	02:30+	03:57+	00:27+		
08:52@	03:00@	06:29@	07:57@	03:28@	03:50@	01:11&	02:40@	00:02+		

Beste strekktid for klassen

02:01	01:08	05:42	05:19	01:54	02:18	01:19	01:17	00:19
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

D 11-12

1	Marie Kravdal								93	16:57
	01:19=	02:22=	07:02=	10:24=	11:59=	14:05=	15:18=	16:36=	16:57=	
	01:19=	01:03=	04:40=	03:22=	01:35=	02:06=	01:13=	01:18=	00:21=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Mari Ovidia Ranestad								104	20:31
	02:29+	03:46+	08:53+	13:56+	15:44+	17:47+	18:54+	20:08+	20:31+	
	02:29+	01:17+	05:07+	05:03+	01:48+	02:03-	01:07-	01:14-	00:23+	
	01:10&	00:14#	00:27+	01:41&	00:13#	00:03-	00:06-	00:04-	00:02+	
3	Eiril Erlien Solerød								93	24:10
	01:41+	03:29+	10:05+	15:35+	17:54+	20:27+	22:07+	23:45+	24:10+	
	01:41+	01:48+	06:36+	05:30+	02:19+	02:33+	01:40+	01:38+	00:25+	
	00:22&	00:45&	01:56&	02:08&	00:44&	00:27#	00:27&	00:20&	00:04#	
4	Karen Haanes Strandlie								93	30:41
	02:24+	04:41+	13:10+	19:25+	23:55+	26:55+	28:31+	30:09+	30:41+	
	02:24+	02:17+	08:29+	06:15+	04:30+	03:00+	01:36+	01:38+	00:32+	
	01:05&	01:14@	03:49&	02:53&	02:55@	00:54&	00:23&	00:20&	00:11&	

Plass	Navn								Klasse	Tid
5	Therese Holmen								309	41:05
	03:58+	07:04+	17:49+	26:48+	29:10+	34:35+	38:13+	40:36+	41:05+	
	03:58+	03:06+	10:45+	08:59+	02:22+	05:25+	03:38+	02:23+	00:29+	
	02:39@	02:03@	06:05@	05:37@	00:47&	03:19@	02:25@	01:05&	00:08&	
6	Ruth Bratlien								309	41:35
	13:14+	15:08+	21:52+	28:52+	31:59+	35:01+	37:41+	41:11+	41:35+	
	13:14+	01:54+	06:44+	07:00+	03:07+	03:02+	02:40+	03:30+	00:24+	
	11:55@	00:51&	02:04&	03:38@	01:32&	00:56&	01:27@	02:12@	00:03#	
7	Helene Kokslien								309	44:33
	04:40+	07:46+	19:35+	28:52+	33:44+	39:03+	40:58+	44:06+	44:33+	
	04:40+	03:06+	11:49+	09:17+	04:52+	05:19+	01:55+	03:08+	00:27+	
	03:21@	02:03@	07:09@	05:55@	03:17@	03:13@	00:42&	01:50@	00:06&	
8	Vilde Henriksveen								309	45:45
	11:08+	12:55+	21:16+	30:30+	34:43+	40:52+	42:50+	45:25+	45:45+	
	11:08+	01:47+	08:21+	09:14+	04:13+	06:09+	01:58+	02:35+	00:20-	
	09:49@	00:44&	03:41&	05:52@	02:38@	04:03@	00:45&	01:17&	00:01-	
Beste strekktid for klassen										
	01:19	01:03	04:40	03:22	01:35	02:03	01:07	01:14	00:20	
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.										
D 13-14										
1	Martine Skjelsvik								202	33:00
	03:08=	04:46=	10:09=	12:07=	25:00=	27:51=	31:32=	32:35=	33:00=	
	03:08=	01:38=	05:23=	01:58=	12:53=	02:51=	03:41=	01:03=	00:25=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Birgit Kleppa Madslien								202	33:12
	03:09+	04:45-	10:08-	12:03-	24:54-	27:49-	31:37+	32:43+	33:12+	
	03:09+	01:36-	05:23=	01:55-	12:51-	02:55+	03:48+	01:06+	00:29+	
	00:01+	00:02-	00:00=	00:03-	00:02-	00:04+	00:07+	00:03+	00:04#	
3	Emma Visted-Hansen								93	47:26
	05:24+	08:20+	16:05+	19:04+	40:34+	43:00+	45:50+	47:02+	47:26+	
	05:24+	02:56+	07:45+	02:59+	21:30+	02:26-	02:50-	01:12+	00:24-	
	02:16&	01:18&	02:22&	01:01&	08:37&	00:25-	00:51-	00:09#	00:01-	
4	June Rogstad Bekkevold								212	48:43
	04:23+	06:19+	23:15+	25:23+	41:48+	44:26+	47:18+	48:20+	48:43+	
	04:23+	01:56+	16:56+	02:08+	16:25+	02:38-	02:52-	01:02-	00:23-	
	01:15&	00:18#	11:33@	00:10+	03:32&	00:13-	00:49-	00:01-	00:02-	
5	Live Raknes Sogstad								93	50:56
	06:34+	08:19+	25:25+	27:23+	44:01+	46:35+	49:30+	50:33+	50:56+	
	06:34+	01:45+	17:06+	01:58=	16:38+	02:34-	02:55-	01:03=	00:23-	
	03:26@	00:07+	11:43@	00:00=	03:45&	00:17-	00:46-	00:00=	00:02-	
6	Julie Mykleset								366	51:29
	04:40+	06:45+	23:33+	25:36+	41:12+	46:43+	50:01+	51:08+	51:29+	
	04:40+	02:05+	16:48+	02:03+	15:36+	05:31+	03:18-	01:07+	00:21-	
	01:32&	00:27&	11:25@	00:05+	02:43#	02:40&	00:23-	00:04+	00:04-	
7	Emma Bangstad Bergersen								104	51:49
	07:21+	09:38+	26:21+	28:27+	44:54+	47:33+	50:26+	51:29+	51:49+	
	07:21+	02:17+	16:43+	02:06+	16:27+	02:39-	02:53-	01:03=	00:20-	
	04:13@	00:39&	11:20@	00:08+	03:34&	00:12-	00:48-	00:00=	00:05-	
8	Emma Dåsnes								366	51:49
	05:07+	06:55+	23:52+	25:59+	41:34+	47:05+	50:20+	51:28+	51:49+	
	05:07+	01:48+	16:57+	02:07+	15:35+	05:31+	03:15-	01:08+	00:21-	
	01:59&	00:10#	11:34@	00:09+	02:42#	02:40&	00:26-	00:05+	00:04-	
9	Astrid Rognstad								98	53:38
	06:35+	09:05+	25:39+	27:56+	44:52+	47:43+	51:56+	53:15+	53:38+	
	06:35+	02:30+	16:34+	02:17+	16:56+	02:51=	04:13+	01:19+	00:23-	
	03:27@	00:52&	11:11@	00:19#	04:03&	00:00=	00:32#	00:16&	00:02-	

Plass	Navn	Klasse										Tid
10	Henriette Berg	212										59:17
	06:12+ 09:06+ 20:36+ 25:08+ 48:56+ 52:34+ 57:50+ 58:57+ 59:17+ 06:12+ 02:54+ 11:30+ 04:32+ 23:48+ 03:38+ 05:16+ 01:07+ 00:20- 03:04& 01:16& 06:07@ 02:34@ 10:55& 00:47& 01:35& 00:04+ 00:05-											
11	Oline Hyttebakk	212										59:48
	06:12+ 09:34+ 21:09+ 25:48+ 49:29+ 53:11+ 58:23+ 59:28+ 59:48+ 06:12+ 03:22+ 11:35+ 04:39+ 23:41+ 03:42+ 05:12+ 01:05+ 00:20- 03:04& 01:44@ 06:12@ 02:41@ 10:48& 00:51& 01:31& 00:02+ 00:05-											
Beste strekktid for klassen												
	03:08 01:36 05:23 01:55 12:51 02:26 02:50 01:02 00:20											
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.												
D 17-20												
1	Ane Holm Grøneng	202										1:03:53
	03:32= 20:23= 25:27= 26:58= 29:40= 31:52= 41:06= 53:58= 59:00= 62:23= 63:28= 63:53= 03:32= 16:51= 05:04= 01:31= 02:42= 02:12= 09:14= 12:52= 05:02= 03:23= 01:05= 00:25= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=											
2	Agnethe Hasli	93										1:06:35
	05:03+ 22:39+ 27:45+ 29:14+ 31:51+ 34:13+ 43:44+ 56:46+ 62:37+ 65:16+ 66:14+ 66:35+ 05:03+ 17:36+ 05:06+ 01:29- 02:37- 02:22+ 09:31+ 13:02+ 05:51+ 02:39- 00:58- 00:21- 01:31& 00:45+ 00:02+ 00:02- 00:05- 00:10+ 00:17+ 00:10+ 00:49# 00:44- 00:07- 00:04-											
3	Heidi Therese Wiest	366										1:06:37
	05:13+ 22:35+ 27:38+ 29:09+ 32:10+ 34:31+ 43:56+ 56:42+ 62:28+ 65:12+ 66:16+ 66:37+ 05:13+ 17:22+ 05:03- 01:31= 03:01+ 02:21+ 09:25+ 12:46- 05:46+ 02:44- 01:04- 00:21- 01:41& 00:31+ 00:01- 00:00= 00:19# 00:09+ 00:11+ 00:06- 00:44# 00:39- 00:01- 00:04-											
Beste strekktid for klassen												
	03:32 16:51 05:03 01:29 02:37 02:12 09:14 12:46 05:02 02:39 00:58 00:21											
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.												
H 11-12												
1	Emil Tonjer Fingarsen	66										18:27
	04:05= 05:00= 09:37= 12:45= 14:21= 16:04= 16:57= 18:05= 18:27= 04:05= 00:55= 04:37= 03:08= 01:36= 01:43= 00:53= 01:08= 00:22= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=											
2	Ola Dåsnes	366										19:00
	02:08- 03:22- 08:24- 13:27+ 14:58+ 16:42+ 17:36+ 18:39+ 19:00+ 02:08- 01:14+ 05:02+ 05:03+ 01:31- 01:44+ 00:54+ 01:03- 00:21- 01:57- 00:19& 00:25+ 01:55& 00:05- 00:01+ 00:01+ 00:05- 00:01-											
3	Even Lien	93										19:22
	04:19+ 05:17+ 10:05+ 13:26+ 14:59+ 16:41+ 17:35+ 18:53+ 19:22+ 04:19+ 00:58+ 04:48+ 03:21+ 01:33- 01:42- 00:54+ 01:18+ 00:29+ 00:14+ 00:03+ 00:11+ 00:13+ 00:03- 00:01- 00:01+ 00:10# 00:07&											
4	Amund Flaskerud	261										21:12
	01:29- 02:48- 08:16- 12:25- 15:21+ 17:53+ 19:19+ 20:45+ 21:12+ 01:29- 01:19+ 05:28+ 04:09+ 02:56+ 02:32+ 01:26+ 01:26+ 00:27+ 02:36- 00:24& 00:51# 01:01& 01:20& 00:49& 00:33& 00:18& 00:05#											
5	Jørgen Holm Grøneng	202										21:54
	03:40- 04:47- 09:30- 12:50+ 16:54+ 18:48+ 20:18+ 21:33+ 21:54+ 03:40- 01:07+ 04:43+ 03:20+ 04:04+ 01:54+ 01:30+ 01:15+ 00:21- 00:25- 00:12# 00:06+ 00:12+ 02:28@ 00:11# 00:37& 00:07# 00:01-											
6	Johannes Bjørke Sollien	261										29:52
	02:00- 03:25- 12:16+ 18:35+ 21:06+ 25:15+ 27:31+ 29:23+ 29:52+ 02:00- 01:25+ 08:51+ 06:19+ 02:31+ 04:09+ 02:16+ 01:52+ 00:29+ 02:05- 00:30& 04:14& 03:11@ 00:55& 02:26@ 01:23@ 00:44& 00:07&											

Plass	Navn	Klasse	Tid
7	Mathias Engen Boday	309	30:18
02:44-	04:38- 11:30+ 18:04+ 20:31+ 24:10+ 26:54+ 29:58+ 30:18+		
02:44-	01:54+ 06:52+ 06:34+ 02:27+ 03:39+ 02:44+ 03:04+ 00:20-		
01:21-	00:59@ 02:15& 03:26@ 00:51& 01:56@ 01:51@ 01:56@ 00:02-		
8	Erik Wallin	309	31:12
02:43-	03:48- 11:11+ 21:34+ 23:41+ 27:29+ 29:24+ 30:49+ 31:12+		
02:43-	01:05+ 07:23+ 10:23+ 02:07+ 03:48+ 01:55+ 01:25+ 00:23+		
01:22-	00:10# 02:46& 07:15@ 00:31& 02:05@ 01:02@ 00:17# 00:01+		
9	Mats Ligaarden	93	36:50
01:40-	02:58- 10:38+ 16:41+ 21:12+ 29:25+ 32:53+ 36:18+ 36:50+		
01:40-	01:18+ 07:40+ 06:03+ 04:31+ 08:13+ 03:28+ 03:25+ 00:32+		
02:25-	00:23& 03:03& 02:55& 02:55@ 06:30@ 02:35@ 02:17@ 00:10&		
10	Thomas Kalgraff	286	41:23
08:31+	10:52+ 20:04+ 29:22+ 32:46+ 37:26+ 39:12+ 41:01+ 41:23+		
08:31+	02:21+ 09:12+ 09:18+ 03:24+ 04:40+ 01:46+ 01:49+ 00:22=		
04:26@	01:26@ 04:35& 06:10@ 01:48@ 02:57@ 00:53& 00:41& 00:00=		
11	Tage Raknes Sogstad	93	43:01
02:33-	03:58- 15:01+ 24:42+ 29:20+ 35:19+ 39:16+ 42:29+ 43:01+		
02:33-	01:25+ 11:03+ 09:41+ 04:38+ 05:59+ 03:57+ 03:13+ 00:32+		
01:32-	00:30& 06:26@ 06:33@ 03:02@ 04:16@ 03:04@ 02:05@ 00:10&		
Beste strekktid for klassen			
01:29	00:55	04:37	03:08
01:31	01:42	00:53	01:03
00:20			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			
H 13-14			
1	Sindre Grøv Svensen	202	29:14
02:52=	04:19= 08:32= 11:01= 22:51= 24:50= 27:43= 28:51= 29:14=		
02:52=	01:27= 04:13= 02:29= 11:50= 01:59= 02:53= 01:08= 00:23=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Annar Erlie Solerød	93	30:12
03:18+	04:42+ 08:58+ 11:33+ 23:42+ 26:06+ 28:45+ 29:47+ 30:12+		
03:18+	01:24- 04:16+ 02:35+ 12:09+ 02:24+ 02:39- 01:02- 00:25+		
00:26#	00:03- 00:03+ 00:06+ 00:19+ 00:25# 00:14- 00:06- 00:02+		
3	Ole Edvard Snuggerud	93	30:44
02:46-	04:10- 08:26- 11:00- 23:15+ 25:39+ 28:52+ 30:15+ 30:44+		
02:46-	01:24- 04:16+ 02:34+ 12:15+ 02:24+ 03:13+ 01:23+ 00:29+		
00:06-	00:03- 00:03+ 00:05+ 00:25+ 00:25# 00:20# 00:15# 00:06&		
4	Sander Tonjer Fingarsen	66	32:27
03:04+	04:36+ 12:41+ 14:16+ 26:06+ 27:51+ 31:08+ 32:06+ 32:27+		
03:04+	01:32+ 08:05+ 01:35- 11:50= 01:45- 03:17+ 00:58- 00:21-		
00:12+	00:05+ 03:52& 00:54- 00:00= 00:14- 00:24# 00:10- 00:02-		
5	Ole Gunnar Kleppa Madslien	202	40:32
03:00+	04:24+ 14:04+ 16:04+ 32:59+ 35:47+ 38:54+ 40:08+ 40:32+		
03:00+	01:24- 09:40+ 02:00- 16:55+ 02:48+ 03:07+ 01:14+ 00:24+		
00:08+	00:03- 05:27@ 00:29- 05:05& 00:49& 00:14+ 00:06+ 00:01+		
6	Mats Lindaas	66	41:36
03:22+	04:52+ 14:42+ 16:45+ 33:19+ 36:20+ 39:50+ 41:10+ 41:36+		
03:22+	01:30+ 09:50+ 02:03- 16:34+ 03:01+ 03:30+ 01:20+ 00:26+		
00:30#	00:03+ 05:37@ 00:26- 04:44& 01:02& 00:37# 00:12# 00:03#		
7	Lars Wallin	309	41:59
02:46-	04:14- 08:24- 10:50- 28:23+ 36:15+ 39:58+ 41:39+ 41:59+		
02:46-	01:28+ 04:10- 02:26- 17:33+ 07:52+ 03:43+ 01:41+ 00:20-		
00:06-	00:01+ 00:03- 00:03- 05:43& 05:53@ 00:50& 00:33& 00:03-		
8	Gaute Lindaas	66	46:45
02:49-	04:16- 08:30- 11:01= 28:25+ 36:35+ 44:59+ 46:27+ 46:45+		
02:49-	01:27= 04:14+ 02:31+ 17:24+ 08:10+ 08:24+ 01:28+ 00:18-		
00:03-	00:00= 00:01+ 00:02+ 05:34& 06:11@ 05:31@ 00:20& 00:05-		

Plass		Navn										Klasse										Tid																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																													
Beste strekktid for klassen																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																			
		02:46		01:24		04:10		01:35		11:50		01:45		02:39		00:58		00:18																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																	

Plass	Navn	Klasse										Tid
Beste strekktid for klassen												
	02:59	01:25	02:56	01:10	01:48	01:43	04:03	01:31	08:25	10:08	03:56	02:12 00:50 00:18
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.												
N-åpen												
1	Johannes Høie										93	19:34
	01:29=	04:21=	09:49=	12:15=	16:21=	19:09=	19:34=					
	01:29=	02:52=	05:28=	02:26=	04:06=	02:48=	00:25=					
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
2	Sivert Mickelson Standerholen										265	19:46
	01:34+	03:50-	09:13-	12:47+	16:14-	19:19+	19:46+					
	01:34+	02:16-	05:23-	03:34+	03:27-	03:05+	00:27+					
	00:05+	00:36-	00:05-	01:08&	00:39-	00:17#	00:02+					
3	Magnus Svaland Dale										265	13:15
	01:08-	02:44-	06:21-	08:18-	10:59-	12:51-	13:15-					
	01:08-	01:36-	03:37-	01:57-	02:41-	01:52-	00:24-					
	00:21-	01:16-	01:51-	00:29-	01:25-	00:56-	00:01-					
4	Mina Holmen										309	30:22
	02:33+	06:05+	14:00+	18:35+	25:05+	29:43+	30:22+					
	02:33+	03:32+	07:55+	04:35+	06:30+	04:38+	00:39+					
	01:04&	00:40#	02:27&	02:09&	02:24&	01:50&	00:14&					
5	Ivar Kleppa Madslien										202	23:54
	01:34+	04:27+	12:09+	16:05+	21:10+	23:26+	23:54+					
	01:34+	02:53+	07:42+	03:56+	05:05+	02:16-	00:28+					
	00:05+	00:01+	02:14&	01:30&	00:59#	00:32-	00:03#					
6	Magnhild Kleppa Madslien										202	27:27
	01:56+	04:51+	12:22+	15:43+	24:41+	27:05+	27:27+					
	01:56+	02:55+	07:31+	03:21+	08:58+	02:24-	00:22-					
	00:27&	00:03+	02:03&	00:55&	04:52@	00:24-	00:03-					
7	Ville Langgård Munch										202	27:52
	02:04+	04:56+	12:28+	15:52+	24:46+	27:19+	27:52+					
	02:04+	02:52=	07:32+	03:24+	08:54+	02:33-	00:33+					
	00:35&	00:00=	02:04&	00:58&	04:48@	00:15-	00:08&					
8	Aksel Tonjer Fingarsen										66	21:07
	01:23-	04:04-	08:43-	13:17+	18:21+	20:44+	21:07+					
	01:23-	02:41-	04:39-	04:34+	05:04+	02:23-	00:23-					
	00:06-	00:11-	00:49-	02:08&	00:58#	00:25-	00:02-					
9	Tuva Mykleset										366	19:33
	01:29=	04:10-	09:51+	12:02-	15:55-	19:06-	19:33-					
	01:29=	02:41-	05:41+	02:11-	03:53-	03:11+	00:27+					
	00:00=	00:11-	00:13+	00:15-	00:13-	00:23#	00:02+					
10	Niklas Mykleset										366	19:37
	01:34+	04:03-	09:49=	12:08-	15:58-	19:11+	19:37+					
	01:34+	02:29-	05:46+	02:19-	03:50-	03:13+	00:26+					
	00:05+	00:23-	00:18+	00:07-	00:16-	00:25#	00:01+					
11	Ole Solli Kvikstad										261	16:25
	04:30+	06:03+	09:36-	11:51-	14:17-	16:00-	16:25-					
	04:30+	01:33-	03:33-	02:15-	02:26-	01:43-	00:25=					
	03:01@	01:19-	01:55-	00:11-	01:40-	01:05-	00:00=					
12	Eline Kravdal										93	21:41
	01:18-	04:08-	08:35-	13:50+	18:15+	21:05+	21:41+					
	01:18-	02:50-	04:27-	05:15+	04:25+	02:50+	00:36+					
	00:11-	00:02-	01:01-	02:49@	00:19+	00:02+	00:11&					
13	Simen Antonsen										286	18:02
	01:13-	03:26-	08:34-	11:38-	15:17-	17:25-	18:02-					
	01:13-	02:13-	05:08-	03:04+	03:39-	02:08-	00:37+					
	00:16-	00:39-	00:20-	00:38&	00:27-	00:40-	00:12&					

Plass	Navn	Klasse	Tid
14	Lars Flaskerud	261	29:30
02:16+	06:36+	15:19+	20:19+
02:16+	04:20+	08:43+	05:00+
00:47&	01:28&	03:15&	02:34@
	01:45&	00:01-	00:08&
15	Selma Bekkelund	93	18:12
02:26+	04:13-	08:13-	10:22-
02:26+	01:47-	04:00-	02:09-
00:57&	01:05-	01:28-	00:17-
	00:26#	00:04+	00:01+
16	Emilie Kloppbakken Stenbrenden	93	31:52
02:33+	06:07+	16:08+	19:57+
02:33+	03:34+	10:01+	03:49+
01:04&	00:42#	04:33&	01:23&
	01:20&	02:30&	00:46@
17	Marie Kalgraff	286	25:47
02:35+	05:33+	12:54+	15:58+
02:35+	02:58+	07:21+	03:04+
01:06&	00:06+	01:53&	00:38&
	00:41#	01:30&	00:19&
18	Rikke Nordahl Østerhus	93	28:18
02:05+	05:09+	11:58+	17:45+
02:05+	03:04+	06:49+	05:47+
00:36&	00:12+	01:21#	03:21@
	01:39&	01:29&	00:06#
19	Ulrikke Visted-Hansen	93	38:48
02:15+	06:53+	17:52+	22:27+
02:15+	04:38+	10:59+	04:35+
00:46&	01:46&	05:31@	02:09&
	03:46&	03:52@	01:24@
20	Leon Norman-Haavi	93	23:41
01:38+	04:07-	11:21+	13:57+
01:38+	02:29-	07:14+	02:36+
00:09#	00:23-	01:46&	00:10+
	02:37&	00:18-	00:06#
21	Sebastian Welhaven Thorstad	202	21:38
01:39+	04:08-	10:20+	12:55+
01:39+	02:29-	06:12+	02:35+
00:10#	00:23-	00:44#	00:09+
	00:39#	00:36#	00:09&
22	Sivert Dåsnes	366	23:50
01:36+	05:17+	13:41+	15:41+
01:36+	03:41+	08:24+	02:00-
00:07+	00:49&	02:56&	00:26-
	00:15-	01:04&	00:01+
23	Maren Bleken Rud	366	15:59
01:30+	03:39-	07:40-	10:34-
01:30+	02:09-	04:01-	02:54+
00:01+	00:43-	01:27-	00:28#
	01:20-	00:42-	00:08&
24	Hans Axel Brodshaug	265	33:10
03:26+	08:22+	16:38+	21:24+
03:26+	04:56+	08:16+	04:46+
01:57@	02:04&	02:48&	02:20&
	02:25&	01:49&	00:13&
25	Eunice Lundby Korsmo	366	23:19
02:15+	05:28+	13:02+	15:22+
02:15+	03:13+	07:34+	02:20-
00:46&	00:21#	02:06&	00:06-
	00:35-	01:01&	00:12&
26	Sigve Torseth	202	27:32
01:36+	04:34+	13:16+	16:23+
01:36+	02:58+	08:42+	03:07+
00:07+	00:06+	03:14&	00:41&
	03:43&	00:02+	00:05#
27	Milla Ulvesveen Roland	309	26:14
02:28+	06:23+	13:59+	17:13+
02:28+	03:55+	07:36+	03:14+
00:59&	01:03&	02:08&	00:48&
	01:05&	00:31#	00:06#
28	Sindre Alm-Kristiansen	366	26:21
01:56+	05:08+	11:16+	15:05+
01:56+	03:12+	06:08+	03:49+
00:27&	00:20#	00:40#	01:23&
	02:39&	01:12&	00:06#

Plass	Navn						Klasse	Tid
29	Mads Francis Book Bratbak						202	23:47
	01:59+	04:15-	09:09-	12:21+	18:48+	23:11+	23:47+	
	01:59+	02:16-	04:54-	03:12+	06:27+	04:23+	00:36+	
	00:30&	00:36-	00:34-	00:46&	02:21&	01:35&	00:11&	
30	Marina Dagny Book Bratbak						202	24:03
	01:06-	03:03-	08:37-	12:10-	19:14+	23:30+	24:03+	
	01:06-	01:57-	05:34+	03:33+	07:04+	04:16+	00:33+	
	00:23-	00:55-	00:06+	01:07&	02:58&	01:28&	00:08&	
31	Julie Gjessing Skjeset						366	46:30
	03:07+	08:19+	20:52+	27:47+	39:14+	45:49+	46:30+	
	03:07+	05:12+	12:33+	06:55+	11:27+	06:35+	00:41+	
	01:38@	02:20&	07:05@	04:29@	07:21@	03:47@	00:16&	
59	Ane Beitdokken						202	16:10
	01:12-	03:06-	07:10-	10:27-	13:42-	15:41-	16:10-	
	01:12-	01:54-	04:04-	03:17+	03:15-	01:59-	00:29+	
	00:17-	00:58-	01:24-	00:51&	00:51-	00:49-	00:04#	
114	Mats Kalgraff						286	22:38
	01:42+	06:00+	13:01+	15:45+	19:21+	22:12+	22:38+	
	01:42+	04:18+	07:01+	02:44+	03:36-	02:51+	00:26+	
	00:13#	01:26&	01:33&	00:18#	00:30-	00:03+	00:01+	
Beste strekktid for klassen								
	01:06	01:33	03:33	01:57	02:26	01:43	00:22	

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.