

Harry Lagerts Nattcup 2016				HarryLagert -løp nr 73			
Løp #3 28.9 Sognsvann							
Løypelegger: Eirik Langedal Breivik							
Legendar 3500 m							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Anders Tiltnes	IL Tyrving	24:32	0:01:00	0:23:32	0:00:00	
2	Bjørn Ekeberg	IL Tyrving	24:54	0:00:40	0:24:14	0:00:42	
3	Johan Svedberg	Heming Orientering	25:54	0:00:30	0:25:24	0:01:52	
4	Sindre Sandven	Fossum IF	25:58	0:00:20	0:25:38	0:02:06	
5	Anders Vister	Nydalens SK	26:24	0:00:10	0:26:14	0:02:42	
6	Ulrik Astrup Arnesen	Heming Orientering	26:37		0:26:37	0:03:05	
7	Ralph Street	Nydalens SK	26:46		0:26:46	0:03:14	
8	Sigve Vågsnes	Oppsal Orientering	26:46		0:26:46	0:03:14	
9	Espen Jakobsen	IL Tyrving	26:55		0:26:55	0:03:23	
10	Erik Sagvolden	Nydalens SK	27:10		0:27:10	0:03:38	
11	Henrik Eijsink	Nydalens SK	27:17		0:27:17	0:03:45	
12	Anders Bjergaard	Nydalens SK	28:31		0:27:32	0:04:00	
13	Torgeir Nørbech	IL Tyrving	28:55		0:27:32	0:04:00	
14	Erik Torsson	Turun S.	29:55		0:27:32	0:04:00	
15	Esten Koren	Nydalens SK	30:43		0:27:32	0:04:00	
16	Jørgen Wulfsberg	Nydalens SK	30:49		0:27:32	0:04:00	
17	Øystein Pettersen	Nydalens SK	31:31		0:27:32	0:04:00	
18	Ragnar Tonjer	Nydalens SK	31:43		0:27:32	0:04:00	
19	Vegard Brun Saga	IL Tyrving	31:46		0:27:32	0:04:00	
20	Øystein Sørensen	Nydalens SK	31:54		0:27:32	0:04:00	
21	Håvard Myhre	NTNUI	31:57		0:27:32	0:04:00	
22	Tarjei Holo	Fossum IF	33:14		0:27:32	0:04:00	
23	Halvor Saunes	Nydalens SK	34:14		0:27:32	0:04:00	
24	Oskar Størmer	Fossum IF	34:29		0:27:32	0:04:00	
25	Mikael Olausson	Oslostudentenes IK	36:07		0:27:32	0:04:00	
26	Karl Even Rygh	Heming Orientering	36:44		0:27:32	0:04:00	
27	Lukas Liland	Nydalens SK	37:57		0:27:32	0:04:00	
28	Hans Kristian Stubban Hygen	Østmarka OK	38:52		0:27:32	0:04:00	
29	Ola Marius Pedersen	Oppsal Orientering	39:11		0:27:32	0:04:00	
30	Margrethe Wisløff	Asker Skiklubb	41:00		0:27:32	0:04:00	
31	Endre Hagelund	Lillomarka OL	1:34:16		0:27:32	0:04:00	
Ikke startet					0:28:32	0:05:00	
Kari 3500 m							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Malin Sørensen	Nydalens SK	32:39	0:01:00	0:31:39	0:00:00	
2	Marte Narum	Nydalens SK	35:44	0:00:40	0:34:59	0:03:20	
3	Delphine Poirot	Halden SK	37:17	0:00:30	0:35:09	0:03:30	
4	Åsne Naadland Holo	Fossum IF	39:00	0:00:20	0:35:19	0:03:40	
5	Agnes Leo	Göteborg Majorna OK	40:26	0:00:10	0:35:29	0:03:50	
6	Malin Eijsink	Ås-NMBU Orientering	41:37		0:35:39	0:04:00	
7	Laura Leiboma	Nydalens SK	42:57		0:35:39	0:04:00	
8	Anna Cecilie Linløkken	Østmarka OK	43:13		0:35:39	0:04:00	
9	Maria Haver	Lillomarka OL	43:28		0:35:39	0:04:00	
10	Marthe Gløersen	Bækkelagets SK	44:50		0:35:39	0:04:00	

11	Oda Scheele	Nydalens SK	45:22			0:35:39	0:04:00
12	Karoline Andersen	Asker Skiklubb	46:38			0:35:39	0:04:00
	Anette Kleppestø	NTNUI	DSQ			0:36:09	0:04:30
Ikke startet						0:36:39	0:05:00
Ola 3500 m							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Isak Jonsson	Nydalens SK	27:20	0:01:00	0:26:20	0:00:00	
2	Sander Arntzen	Asker Skiklubb	28:36	0:00:40	0:27:56	0:01:36	
3	Lars-Christian Unger	Nydalens SK	28:48	0:00:30	0:28:18	0:01:58	
4	Henrik Fredriksen Aas	Asker Skiklubb	28:51	0:00:20	0:28:31	0:02:11	
5	Ludvig Rødnes	Oppsal Orientering	29:37	0:00:10	0:29:27	0:03:07	
6	Pål Skogedal	Asker Skiklubb	29:57		0:29:57	0:03:37	
7	Erik Hæstad Bjørnstad	Fossum IF	30:06		0:30:06	0:03:46	
8	Dag Aalvik	Nydalens SK	30:48		0:30:20	0:04:00	
9	Mathias Benjaminsen	Lillomarka OL	30:49		0:30:20	0:04:00	
10	Trond Kortner	Østmarka OK	31:18		0:30:20	0:04:00	
11	Are Wigaard	Oppsal Orientering	31:46		0:30:20	0:04:00	
12	Per Øyvind Stene	Nydalens SK	32:52		0:30:20	0:04:00	
13	Elias Skjolden Sørensen	Lillomarka OL	33:08		0:30:20	0:04:00	
14	Audun Bergan	Nydalens SK	33:42		0:30:20	0:04:00	
15	Skage Grønneberg	Heming Orientering	33:46		0:30:20	0:04:00	
16	Vidar Benjaminsen	Lillomarka OL	34:20		0:30:20	0:04:00	
17	Eirik Høst Fossgard	Lillomarka OL	34:34		0:30:20	0:04:00	
18	Øystein Holo	Fossum IF	34:52		0:30:20	0:04:00	
19	Oscar Hæstad Bjørnstad	Fossum IF	34:58		0:30:20	0:04:00	
20	Lars Eid Nielsen	Nydalens SK	36:43		0:30:20	0:04:00	
21	Magnus Mellbye Larsen	Asker Skiklubb	37:14		0:30:20	0:04:00	
22	Eivind Berner Myhre	Fossum IF	37:38		0:30:20	0:04:00	
23	Even Angell-Petersen	Nydalens SK	37:46		0:30:20	0:04:00	
24	Svein Nygård	Lillomarka OL	38:06		0:30:20	0:04:00	
25	Jostein Tellnes	Asker Skiklubb	38:15		0:30:20	0:04:00	
26	Bjørnar Løvli	Asker Skiklubb	38:29		0:30:20	0:04:00	
27	Ole Martin Edstrøm	Oppsal Orientering	42:36		0:30:20	0:04:00	
28	Emil Størmer	Fossum IF	43:22		0:30:20	0:04:00	
29	Sivert Sande Kverme	Fossum IF	43:35		0:30:20	0:04:00	
30	Hallvard Koren	OK Moss	43:52		0:30:20	0:04:00	
31	Rune Scheele	Nydalens SK	45:32		0:30:20	0:04:00	
32	Espen Wigaard	Oppsal Orientering	46:41		0:30:20	0:04:00	
33	Kristian Markhus Brekke	Lillomarka OL	48:49		0:30:20	0:04:00	
34	Fredrik Larsen	Indre Østfold OK	50:09		0:30:20	0:04:00	
35	Mats Haugen	Multiconsult BIL	52:30		0:30:20	0:04:00	
36	Torbjørn Vala	NOTEAM	58:11		0:30:20	0:04:00	
37	Odd Eide-Fredriksen	Kamp/Vestheim IF	1:13:58		0:30:20	0:04:00	
	Lars-Ivar Aarseth	Nydalens SK	DSQ		0:30:50	0:04:30	
	Rudi B Olsen	Lillomarka OL	DSQ		0:30:50	0:04:30	
	Lavran Thorstensen	Oppsal Orientering	DSQ		0:30:50	0:04:30	
Ikke startet						0:31:20	0:05:00
Lokal 3500 m							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Teodor Mo Hjelseth	Nydalens SK	29:28	0:01:00	0:28:28	0:00:00	
2	Sondre Ytterbø	Asker Skiklubb	30:28	0:00:40	0:29:48	0:01:20	

3	Erik Paulsrud	IL Koll	30:30	0:00:30	0:30:00	0:01:32
4	Felix Finsrud	Asker Skiklubb	30:35	0:00:20	0:30:15	0:01:47
5	Arild Andresen	Fossum IF	31:37	0:00:10	0:31:27	0:02:59
6	Jan Tore Henriksen	Nydalens SK	31:46		0:31:46	0:03:18
7	Gaute Bergan	Nydalens SK	31:50		0:31:50	0:03:22
8	Tom Bergan	Fet OL	31:53		0:31:53	0:03:25
9	Magnus Nordbrøden	Halden SK	32:13		0:32:13	0:03:45
10	Henrik Reusch	Heming Orientering	32:48		0:32:28	0:04:00
11	Knut Aalde	Nydalens SK	32:51		0:32:28	0:04:00
12	Rune Rystad	Nydalens SK	33:05		0:32:28	0:04:00
13	Erik Rosenvold	Østmarka OK	33:32		0:32:28	0:04:00
14	Geir Ottar Kvernstuen	Nydalens SK	33:38		0:32:28	0:04:00
15	Magnus Eide-Fredriksen	Heming Orientering	33:51		0:32:28	0:04:00
16	Ferdinand Fremming	Heming Orientering	33:54		0:32:28	0:04:00
17	Bjørn Hauge	Nydalens SK	33:54		0:32:28	0:04:00
18	Kristian Østermann	Heming Orientering	33:57		0:32:28	0:04:00
19	Tobias Espedal	Nydalens SK	34:00		0:32:28	0:04:00
20	Sindre Langaas	Nydalens SK	34:06		0:32:28	0:04:00
21	Lars Fremstad	Larvik OK	34:22		0:32:28	0:04:00
22	Stein Blomseth	Lillomarka OL	34:30		0:32:28	0:04:00
23	Bjørn Henning Grandal	IL Tyrving	34:33		0:32:28	0:04:00
24	Torstein Hole	Nydalens SK	35:22		0:32:28	0:04:00
25	Trond Hegna	Asker Skiklubb	35:45		0:32:28	0:04:00
26	Knut Erling Øen	Heming Orientering	35:56		0:32:28	0:04:00
27	Egge Guttorm	Oslostudentenes IK	36:14		0:32:28	0:04:00
28	Håkon Løvli	Asker Skiklubb	36:21		0:32:28	0:04:00
29	Ane Sofie Krogh	Oppsal Orientering	36:22		0:32:28	0:04:00
30	Kyrre Gran	Fet OL	36:41		0:32:28	0:04:00
31	Einar Lunøe	Nydalens SK	36:41		0:32:28	0:04:00
32	Ellen Marie Ariansen	Lillomarka OL	37:03		0:32:28	0:04:00
33	Øystein Rodem	Nydalens SK	37:03		0:32:28	0:04:00
34	Hallvard Fjær	Lillomarka OL	37:13		0:32:28	0:04:00
35	Are Eriksen	Oslostudentenes IK	37:26		0:32:28	0:04:00
36	Terje Wiig Mathisen	Open iT	37:37		0:32:28	0:04:00
37	Richard Zeiner-Gundersen	Fossum IF	38:03		0:32:28	0:04:00
38	Ståle Heitmann	Fossum IF	38:16		0:32:28	0:04:00
39	Christian Reusch	Heming Orientering	38:38		0:32:28	0:04:00
40	Gaute Langaas	Nydalens SK	38:40		0:32:28	0:04:00
41	Morten Moe	Fet OL	39:43		0:32:28	0:04:00
42	Trond Lund	IL Tyrving	39:46		0:32:28	0:04:00
43	Morten Rannem	Fossum IF	40:09		0:32:28	0:04:00
44	Olav Hasaas	Fossum IF	40:18		0:32:28	0:04:00
45	Kjetil Espedal	Nydalens SK	40:28		0:32:28	0:04:00
46	Christian Grotnes	IL Tyrving	40:29		0:32:28	0:04:00
47	Morten Tangen	Måren OK	40:38		0:32:28	0:04:00
48	Claus Frimann Clasen	NOTEAM	40:48		0:32:28	0:04:00
49	Heidi Tronbøl	Fet OL	40:58		0:32:28	0:04:00
50	Martin Granly	Lillomarka OL	41:53		0:32:28	0:04:00
51	Ingrid Hasaas	Fossum IF	42:09		0:32:28	0:04:00
52	Jan Fredrik Helgaker	Fossum IF	42:29		0:32:28	0:04:00
53	Audrun Utskarpen	Oslostudentenes IK	42:30		0:32:28	0:04:00
54	Tor Ringstad	Hedrum OL	43:07		0:32:28	0:04:00
55	Arne Fossheim	Asker Skiklubb	43:19		0:32:28	0:04:00
56	John Eivind Presterud	Fet OL	43:50		0:32:28	0:04:00

57	Sander H. Rogndokken	Nydalens SK	43:59			0:32:28	0:04:00
58	Ragnar Maalen-Johansen	NOTEAM	44:19			0:32:28	0:04:00
59	Bent Sande Kverme	Fossum IF	44:26			0:32:28	0:04:00
60	Alexandra Linløkken	Østmarka OK	44:28			0:32:28	0:04:00
61	Bjørn Bendiktsen	Konnerud IL	44:31			0:32:28	0:04:00
62	Pia Young Vik	Nydalens SK	44:46			0:32:28	0:04:00
63	Jon Ivar Juvik	Lillomarka OL	45:06			0:32:28	0:04:00
64	Bårtveit Knut	Bø O-lag	45:12			0:32:28	0:04:00
65	Hanna Andersen	Heming Orientering	45:31			0:32:28	0:04:00
66	Ove Martinsen	Hauketo IF	45:39			0:32:28	0:04:00
67	Anders Flågen	Heming Orientering	46:13			0:32:28	0:04:00
68	Malene Jensen	Heming Orientering	46:13			0:32:28	0:04:00
69	Fredrik Dahlberg	Eptir skogssniglar	47:15			0:32:28	0:04:00
70	Marie Liland	Nydalens SK	47:43			0:32:28	0:04:00
71	Ada Wulfsberg	Nydalens SK	47:43			0:32:28	0:04:00
72	Elise Wærp Hauge	Nydalens SK	47:46			0:32:28	0:04:00
73	Sigbjørn Modalsli	Fossum IF	47:52			0:32:28	0:04:00
74	Cristina Luis	Nydalens SK	48:11			0:32:28	0:04:00
75	Maiken Sandberg	Nydalens SK	48:21			0:32:28	0:04:00
76	Kristian Norum Meløysund	Nydalens SK	48:23			0:32:28	0:04:00
77	Per Sandberg	Nydalens SK	48:33			0:32:28	0:04:00
78	Per Stedje	Østmarka OK	49:11			0:32:28	0:04:00
79	Claes-H. Unger	Lillomarka OL	49:41			0:32:28	0:04:00
80	Peer Stiansen	Nydalens SK	49:42			0:32:28	0:04:00
81	Egil Huseeth	Kamp/Vestheim IF	49:43			0:32:28	0:04:00
82	Tormod Bøe	VBIL	50:02			0:32:28	0:04:00
83	Maren Norderud	IL Tyrving	50:36			0:32:28	0:04:00
84	Marianne Njåstein	IL Tyrving	51:17			0:32:28	0:04:00
85	Elias Stubberud	Nydalens SK	51:28			0:32:28	0:04:00
86	Stig Hultgreen Karlsen	Oppsal Orientering	53:31			0:32:28	0:04:00
87	Paul Laurentius Koefoed	Eptir skogssniglar	54:45			0:32:28	0:04:00
88	Håkon Nergaard Berg	Stokke IL	54:51			0:32:28	0:04:00
89	Geir Trøan	Kolbotn og Skimt OL	55:52			0:32:28	0:04:00
90	Ingrid Marie Stubban Hygen	Østmarka OK	59:09			0:32:28	0:04:00
91	Nicolai Nordstrand	Havfonn BIL	1:00:01			0:32:28	0:04:00
92	Hallvard Bjørgum	VBIL	1:00:09			0:32:28	0:04:00
93	Øyvind Grandum	IL GeoForm	1:12:55			0:32:28	0:04:00
94	Dag Haugland	Østmarka OK	1:14:01			0:32:28	0:04:00
95	Solveig Bergan	Nydalens SK	1:21:41			0:32:28	0:04:00
	Jonas Aarseth	Nydalens SK	DSQ			0:32:58	0:04:30
	Maya Arnesen	Heming Orientering	DSQ			0:32:58	0:04:30
	Endre Hallan	Lillomarka OL	DSQ			0:32:58	0:04:30
	Steinar Låg	Asker Skiklubb	DSQ			0:32:58	0:04:30
	Endre Stokseth	Nydalens SK	DSQ			0:32:58	0:04:30
	Helge Stubberud	Nydalens SK	DSQ			0:32:58	0:04:30
	August Syrdal Øen	Heming Orientering	DSQ			0:32:58	0:04:30
Ikke startet						0:33:28	0:05:00