KM Sprint		Strekktider	
Plass Navn	Klasse	Tid	
D -12			
1 Maria Kostøl	189	10:22	
00:38= 01:38= 02:15= 03:49= 04:43= 06:34= 00:38= 01:00= 00:37= 01:34= 00:54= 01:51=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2 Tina Booth	189	12:15	
00:31- 01:37- 02:28+ 04:15+ 05:41+ 07:29+			
00:31- 01:06+ 00:51+ 01:47+ 01:26+ 01:48- 00:07- 00:06# 00:14& 00:13# 00:32& 00:03-			
B Adeline Slettebøe	189	28:22	
03:13+ 04:57+ 06:34+ 11:59+ 14:33+ 18:15+		ZO.ZZ	
03:13+ 01:44+ 01:37+ 05:25+ 02:34+ 03:42+			
02:35@ 00:44& 01:00@ 03:51@ 01:40@ 01:51&	03:17@ 01:57@ 00:13& 00:17# 00:35@		
3este strekktid for klassen 00:31 01:00 00:37 01:34 00:54 01:48	00:31 01:28 00:21 01:04 00:18		
	_		
= Som klassevinner, - raskere, + senere, # 1	0% tap, & 25% tap, @ 100% tap.		
D 13-14			
3 13-14			
Julie Christiansen	189	11:33	
00:37= 01:24= 02:19= 03:02= 04:27= 05:46=			
00:37= 00:47= 00:55= 00:43= 01:25= 01:19= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
Beste strekktid for klassen			
00:37 00:47 00:55 00:43 01:25 01:19	01:34 01:07 01:40 00:12 00:53	00:21	
Som klassevinner, - raskere, + senere, # 1	0% tap, & 25% tap, @ 100% tap.		
O 17-			
Marianne Andersen	189	14:33	
00:20= 00:44= 01:41= 02:30= 04:15= 04:59= 00:20= 00:24= 00:57= 00:49= 01:45= 00:44=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
Silie Bøen	189	24:02	
00:30+ 01:15+ 02:37+ 04:05+ 06:54+ 08:35+			
00:30+ 00:45+ 01:22+ 01:28+ 02:49+ 01:41+ 00:10& 00:21& 00:25& 00:39& 01:04& 00:57@			
Beste strekktid for klassen	00.27	00.1/4 00.144 00.274 00.474 00.136	00.24% 00.088
00:20 00:24 00:57 00:49 01:45 00:44	01:13 00:58 00:52 01:04 00:39	01:13 00:23 00:54 01:10 00:12	00:39 00:1
Som klassevinner, - raskere, + senere, # 1	_		
D 40-			
D 70			
4 N# 216 1 17 a 4	400	47.40	
Målfrid Konst	189	17:10	

1	Målf	rid Ko	nst			18	89					1	7:10	
00:36=	01:19=	02:38=	04:47=	06:00=	07:43=	09:28=	10:37=	12:07=	12:39=	13:28=	15:13=	15:37=	16:48=	17:10=
00:36=	00:43=	01:19=	02:09=	01:13=	01:43=	01:45=	01:09=	01:30=	00:32=	00:49=	01:45=	00:24=	01:11=	00:22=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Gro	Børte				18	89					2	23:34	
00:35-	01:28+	02:40+	06:50+	08:10+	09:36+	12:41+	14:02+	16:11+	16:42+	17:52+	21:31+	21:49+	23:07+	23:34+
00:35-	00:53+	01:12-	04:10+	01:20+	01:26-	03:05+	01:21+	02:09+	00:31-	01:10+	03:39+	00:18-	01:18+	00:27+
00:01-	00:10#	00:07-	02:01&	00:07+	00:17-	01:20&	00:12#	00:39&	00:01-	00:21&	01:54@	00:06-	00:07+	00:05#

27.09.2016 19.54.09 Side:1

-27.09.2016

ı ıass	ITAVI	•				1,	iasse					•	Iu		
			or klass												
			2 02:09					01:30			01:45	00:18	01:11	00:22	
= Som k	lassevin	ner,	- raskere,	+ ser	nere, #	10% tap	, & 25	% tap,	@ 100%	tap.					
D 50-															
1	Inav	ild Mı	ulen			18	89					1	9:59		
	01:28=	03:34=	= 06:26= = 02:52=	07:34=	08:48=			14:18=	14:53=	16:12=	17:58=			19:59=	
			= 02:52= = 00:00=												
2	_		nhartse		00.00-		89	00.00-	00.00-	00.00-	00.00-	_	20:44	00.00-	
00:35-	01:24-	02:44-	- 03:40-	08:05+		10:25-	12:19+					19:06+	19:25-		
			- 00:56- - 01:56-												
3	_	nhild		03.17@	00.02+	_	89	01.02-	01.04@	00.43=	00.24-	_	21:11	00.22&	00.251
00:42+			- 08:27+	09:36+	11:13+			15:50+	16:23+	17:18+	19:29+			21:11+	
			- 05:03+												
_			- 02:11& or klass		00.23&	00.12-	00.01+	00:42-	00.02-	00.24-	00.25#	00.00=	00.12-	00.07-	
			Л КІАЗЗ 0 00:56		01:14	01:04	01:18	01:14	00:33	00:36	01:22	00:21	00:19	00:25	
			- raskere,				£ 25			tan					
_ 00III N	ia33C v ii	, ,	raskere,	1 301	ισιο, π	10 % tap	, 420	70 tap, \	e 10070	tap.					
D15-1	16														
1	SIIie	Kreq	ines			18	89					1	0:31		
00:40=	01:14=	02:07=	02:39=			06:29=	07:35=					-			
			= 00:32= = 00:00=												
2	_	Stød		00.00	00.00		89	00.00	00.00	00.00	00.00	1	2:51		
_			+ 02:40+	05:32+	06:45+			11:29+	11:45+	12:32+	12:51+		2.51		
			= 00:31-												
3	_			01.30@	00.14#		89	00.38&	00.00=	00.01+	00.01+	4	3:02		
		Hep		04:43+	06:00+			11:10+	11:27+	12:33+	13:02+		3.02		
00:27-	00:36+	00:55+	- 02:40+ + 00:42+	02:03+	01:17+	01:36+	01:20+	02:14+	00:17+	01:06+	00:29+				
00:13-		_	+ 00:10&			_		00:38&	00:01+	00:20&	00:11&	4	3:13		
A 03:20±			e Ruud			-	10:07+	11.51+	12:06+	12.51+	12.12+		3.13		
03:29+	00:29-	00:51-	- 00:29-	01:20-	01:03+	01:22-	01:04-	01:44+	00:15-	00:45-	00:22+				
			- 00:03-		00:04+	00:07-	00:02-	00:08+	00:01-	00:01-	00:04#				
00:26	00:29		or klass 1 00:29	_	00.50	01.22	01.04	01:36	00:15	00:45	00:18				
									_		00.10				
= 50m k	iassevin	пег,	- raskere,	+ ser	iere, #	то% тар	, & 25	% tap, (w 100%	ιap.					
H -12															
1	Vahi	ørn B	Rara			19	89					1	2:11		
-			05:22=	06:20=	08:25=	-		10:48=	11:48=	12:11=					
01:17=						00:52=	01:15=	00:16=	01:00=	00:23=					
01:17=	01:07=				00										
01:17= 00:00=	01:07= 00:00=	00:00=	= 00:00=	00:00=	00:00=	_		00:00=	00:00=	00:00=			E.4.4		
01:17= 00:00=	01:07= 00:00= Jako	₀o:oo b Jol	- 00:00= hannes	00:00= sen		18	89					1	5:14		
01:17= 00:00= 2 00:35- 00:35-	01:07= 00:00= Jako 02:19- 01:44+	00:00= b Jol 03:10- 00:51-	= 00:00=	00:00= Sen 08:16+ 02:16+	10:34+ 02:18+	11:01+ 00:27-	89 13:28+ 02:27+	13:57+ 00:29+	14:50+ 00:53-	15:14+ 00:24+		1	15:14		

Klasse

Plass Navn

Tid

27.09.2016 19.54.09 Side:2

Plass	Navn				K	lasse					Tid
3	Markus Ar	ndreas	sen B	ringsv	or 1	89					16:34
00:35-	01:46- 02:56- 01:11+ 01:10-					14:34+	14:53+	16:07+			
	00:04+ 00:02-										
4	Bent Aaris				_	89					16:56
00:39-											
	01:44+ 01:17+										
5 5	00:37& 00:05+ Kurt Kristi					89	00.21@	00.23&	00.20&		22:34
01:22+				15:31+			20:18+	21:53+	22:34+		22.34
	01:36+ 00:58-								00.11.		
00:05+	00:29& 00:14-	_	01:03@	04:31@				00:35&	00:18&		05.40
6	Aksel Kva		11.11.	16.01.		OTEA		22.40.	24.20.	25.40	25:49
	03:22+ 05:24+ 02:20+ 02:02+										
	01:13@ 00:50&										
7	Isak Selne	s Kavr	sten		1	89					25:55
	03:21+ 05:21+ 02:20+ 02:00+						22:23+		24:57+		
	01:13@ 00:48&							00:25-		00:58+	
_	strekktid fo										
00:35	01:07 00:51		00:58	02:05	00:27	01:15	00:16	00:22	00:23		
- Som k	lassevinner, -	raskara	⊥ cor	nere #	10% tan	8.25	% tan (ര 1 00%	tan		
		raonoro,	. 001	1010, "	1070 tap	, 420	70 tap, \	3 10070	tap.		
H 13-	14										
	Duana Tala	1_			4	00					00-44
1	Brage Tak		03:25-	04:25-	_	89	07:50-	08:04-	08:40-	09:11-	09:11
00:22=	Brage Tak 00:55= 01:48= 00:33= 00:53=	02:18=			05:36=	06:36=					09:11
00:22= 00:22= 00:00=	00:55= 01:48= 00:33= 00:53= 00:00= 00:00=	02:18= 00:30= 00:00=	01:07= 00:00=	01:00= 00:00=	05:36= 01:11= 00:00=	06:36= 01:00= 00:00=	01:14=	00:14=	00:45=	00:22=	
00:22= 00:22= 00:00=	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be	02:18= 00:30= 00:00= ckman	01:07= 00:00= n Kris	01:00= 00:00= tianse	05:36= 01:11= 00:00= n 2 6	06:36= 01:00= 00:00=	01:14= 00:00=	00:14= 00:00=	00:45= 00:00=	00:22= 00:00=	09:11 09:45
00:22= 00:22= 00:00= 2 00:32+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be 01:00+ 01:48=	02:18= 00:30= 00:00= ckman 02:18=	01:07= 00:00= n Kris 03:33+	01:00= 00:00= tianse	05:36= 01:11= 00:00= n 2 06:07+	06:36= 01:00= 00:00= 48 07:03+	01:14= 00:00= 08:26+	00:14= 00:00= 08:38+	00:45= 00:00= 09:26+	00:22= 00:00= 09:45+	
00:22= 00:22= 00:00= 2 00:32+ 00:32+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be 01:00+ 01:48=	02:18= 00:30= 00:00= ckman 02:18= 00:30=	01:07= 00:00= n Kris 03:33+ 01:15+	01:00= 00:00= tianse 04:35+ 01:02+	05:36= 01:11= 00:00= n 2 06:07+ 01:32+	06:36= 01:00= 00:00= 48 07:03+ 00:56-	01:14= 00:00= 08:26+ 01:23+	00:14= 00:00= 08:38+ 00:12-	00:45= 00:00= 09:26+ 00:48+	00:22= 00:00= 09:45+ 00:19-	
00:22= 00:22= 00:00= 2 00:32+ 00:32+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bed 01:00+ 01:48= 00:28- 00:48-	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00=	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08#	01:00= 00:00= tianse 04:35+ 01:02+ 0:02+	05:36= 01:11= 00:00= n 2 0 06:07+ 01:32+ 00:21&	06:36= 01:00= 00:00= 48 07:03+ 00:56-	01:14= 00:00= 08:26+ 01:23+	00:14= 00:00= 08:38+ 00:12-	00:45= 00:00= 09:26+ 00:48+	00:22= 00:00= 09:45+ 00:19-	
00:22= 00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bed 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= irte No 02:42+	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+	05:36= 01:11= 00:00= n 2 06:07+ 01:32+ 00:21& 07:38+	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+	01:14= 00:00= 08:26+ 01:23+ 00:09#	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+	00:45= 00:00= 09:26+ 00:48+ 00:03+	00:22= 00:00= 09:45+ 00:19- 00:03-	09:45
00:22= 00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+ 00:28+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52-	02:18= 00:30= 00:00= Ckman 02:18= 00:30= 00:00= irte No 02:42+ 00:47+	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+	05:36= 01:11= 00:00= n 2 06:07+ 01:32+ 00:21& 1 07:38+ 01:35+	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+	09:45
00:22= 00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+ 00:28+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01-	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= irte No 02:42+ 00:47+ 00:17&	01:07= 00:00= N Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+ 01:00&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+	05:36= 01:11= 00:00= n 2 : 06:07+ 01:32+ 00:21& 1 : 07:38+ 01:35+ 00:24&	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20&	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+	09:45 12:42
00:22= 00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Be 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52-	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= irte No 02:42+ 00:47+ 00:17& d Berg	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+ 01:00&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14#	05:36= 01:11= 00:00= n 2 : 06:07+ 01:32+ 00:21& 10:35+ 01:35+ 00:24&	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20&	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50&	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03#	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14&	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+	09:45
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bet 00:28- 00:48= 00:05- 00:05- Trygve B@ 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= irte No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:41+	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 01:00& le 04:39+ 01:35+	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14#	05:36= 01:11= 00:00=	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 01:48+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+	09:45 12:42
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:26& 4 00:37+ 00:37+ 00:37+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bec 01:00+ 01:48= 00:05- 00:05- Trygve Be 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06#	02:18= 00:30= 00:00= 0ckman 02:18= 00:30= 00:00= irte No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:41+ 00:11&	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 01:00& le 04:39+ 01:35+	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14#	05:36= 01:11= 00:00= n 2:06:07+ 00:21& 1:07:38+ 01:35+ 00:24& 2:08:11+ 01:53+ 00:42&	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 01:20+ 09:46+ 01:35+ 00:35&	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 01:48+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+	09:45 12:42 13:06
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+ 00:37+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bet 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg	02:18= 00:30= 00:00= ckman I 02:18= 00:30= 00:00= irte No 102:42+ 00:47+ 00:17& d Berg 03:04+ 00:41+ 00:11&	01:07= 00:00= n Kris 03:33+ 01:15- 00:08# melan 04:49+ 02:07+ 01:00& e 04:39+ 01:35+ 00:28&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14# 06:18+ 01:39+ 00:39&	05:36= 01:11= 00:00= n	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35&	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 01:48+ 00:34&	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+ 00:03#	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06#	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+ 00:02+	09:45 12:42
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bec 01:00+ 01:48= 00:05- 00:05- Trygve Be 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06#	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= fre No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+	01:07= 00:00= n Kris 03:33+ 01:15+ 00:008# melan 04:49+ 02:07+ 01:00& e 04:39+ 00:28&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 00:14# 06:18+ 01:39+ 00:39& 08:19+	05:36= 01:11= 00:00= n	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 00:50& 11:34+ 00:34& 13:12+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:03# 13:34+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06#	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:24+ 00:24+ 00:02+ 14:44+	09:45 12:42 13:06
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bec 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Be 01:03+ 01:55+ 00:52+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:44+ 00:55+ 00:11& 00:02+	02:18= 00:30= 00:00= ckman 02:18= 00:00= orte Noi 02:42+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:55+ 00:25&	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+ 01:00& e 04:39+ 01:35+ 00:28& 04:34+ 01:38+ 00:31&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 03:45+ 02:45@	05:36= 01:11= 00:00= n 2 06:07+ 00:21& 11 07:38+ 00:21& 20:21* 00:25+ 00:25+ 00:42& 11 09:50+ 01:31+ 00:20&	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 00:07#	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 01:48+ 00:34& 13:12+ 02:15+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+ 00:03# 13:34+ 00:22+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06#	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+ 00:02+ 14:44+ 00:21-	09:45 12:42 13:06 14:44
00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5 00:22= 00:00= 6	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bec 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:50- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:44+ 00:55+ 00:11& 00:02+ Oskar Salt	02:18= 00:30= 00:00= ckman 02:18= 00:00= orte Noi 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:55+ 00:25& chaug I	01:07= 00:00= n Kris 03:33+ 00:08# melan 04:49+ 02:07+ 00:00& e 04:39+ 01:35+ 00:28& 04:34+ 01:38+ 00:31& Messe	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 03:45+ 02:45@ nlien	05:36= 01:11= 00:00= n 2 06:07+ 00:21& 11 07:38+ 00:21& 22 08:11+ 01:53+ 00:42& 11 09:50+ 01:31+ 00:20& 11	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 00:07#	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 00:34& 13:12+ 02:15+ 01:01&	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+ 00:03# 13:34+ 00:22+ 00:08&	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06# 14:23+ 00:49+ 00:04+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+ 00:02+ 14:44+ 00:01-	09:45 12:42 13:06
00:22= 00:00= 2 00:32+ 00:32+ 00:10& 3 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5 00:22= 00:22= 00:00= 6 00:38+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bed 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve BØ 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:11& 00:02+ Oskar Salt 01:18+ 02:27+	02:18= 00:30= 00:00= ckmani 02:18= 00:30= 00:00= irte No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:25& chaug i	01:07= 00:00= n Kris 03:33+ 00:08# melan 04:49+ 02:07+ 01:00& e 04:39+ 01:35+ 00:28& 04:34+ 00:31& Wesse 05:22+	01:00= 00:00= tianse 04:35+ 00:02+ d 06:03+ 01:14+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 02:45@ nlien 07:09+	05:36= 01:11= 00:00= n 2:06:07+ 01:32+ 00:21& 1:07:38+ 01:35+ 00:24& 2:08:11+ 01:53+ 00:42& 1:09:50+ 01:31+ 00:20& 1:08:56+	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 00:07# 89	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 02:04+ 00:50& 11:34+ 01:48+ 00:34& 13:12+ 01:01& 13:16+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:17+ 00:03# 13:34+ 00:22+ 00:08&	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06# 14:23+ 00:04+ 14:43+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:02+ 13:06+ 00:24+ 00:02+ 14:44+ 00:01- 15:10+	09:45 12:42 13:06 14:44
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5 00:22= 00:00= 6 00:38+ 00:38+	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bec 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:50- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:44+ 00:55+ 00:11& 00:02+ Oskar Salt	02:18= 00:30= 02:18= 00:30= 00:00= et No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:25& 00:25& 00:00=	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+ 01:00& e 04:39+ 01:35+ 00:28& 04:34+ 01:38+ 00:31& Messe 05:22+ 02:14+	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 03:45+ 02:45@ nlien 07:09+ 01:47+	05:36= 01:11= 00:00= n	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 01:07+ 00:07# 89 10:18+ 01:22+	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 00:50& 11:34+ 01:48+ 00:34& 13:12+ 02:15+ 01:01& 13:16+ 02:58+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:07+ 00:22+ 00:08& 13:40+ 00:24+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06# 14:23+ 00:49+ 00:04+ 14:43+ 01:03+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:24+ 00:02+ 14:44+ 00:01- 15:10+ 00:27+	09:45 12:42 13:06 14:44
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:06& 4 00:37+ 00:37+ 00:15& 5 00:22= 00:00= 6 00:38+ 00:38+ 00:38+ 00:16&	00:55= 01:48= 00:33= 00:53= 00:00= 00:000= Simon Bed 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:44+ 00:55+ 00:11& 00:02+ Oskar Salt 01:18+ 02:27+ 00:40+ 01:09+	02:18= 00:30= 02:18= 00:30= 00:00= et No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:25& :haug 03:08+ 00:25& 00:00=	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 01:00& e 04:39+ 01:35+ 00:28& 04:34+ 01:38+ 00:31& Messe 05:22+ 05:22+ 01:07&	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 03:45+ 02:45@ nlien 07:09+ 01:47+	05:36= 01:11= 00:00= n	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 01:20+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 01:07+ 00:07# 89 10:18+ 01:22+	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 00:50& 11:34+ 01:48+ 00:34& 13:12+ 02:15+ 01:01& 13:16+ 02:58+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:07+ 00:22+ 00:08& 13:40+ 00:24+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06# 14:23+ 00:49+ 00:04+ 14:43+ 01:03+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:24+ 00:02+ 14:44+ 00:01- 15:10+ 00:27+	09:45 12:42 13:06 14:44
00:22= 00:22= 00:00= 2 00:32+ 00:10& 3 00:28+ 00:28+ 00:37+ 00:37+ 00:37+ 00:37+ 00:37-	00:55= 01:48= 00:33= 00:53= 00:00= 00:00= Simon Bed 01:00+ 01:48= 00:28- 00:48- 00:05- 00:05- Trygve Bø 01:03+ 01:55+ 00:35+ 00:52- 00:02+ 00:01- Erlend Od 01:24+ 02:23+ 00:47+ 00:59+ 00:14& 00:06# Vetle Berg 01:06+ 02:01+ 00:44+ 00:55+ 00:11& 00:02+ Oskar Sali 01:18+ 02:27+ 00:40+ 01:09+ 00:07# 00:16&	02:18= 00:30= 00:00= ckman 02:18= 00:30= 00:00= orte No 02:42+ 00:47+ 00:17& d Berg 03:04+ 00:11& 02:56+ 00:55+ 00:25& chaug I 03:08+ 00:41+ 00:11& orte No 01:41+ 00:11& orte No 01:41+ 01:	01:07= 00:00= n Kris 03:33+ 01:15+ 00:08# melan 04:49+ 02:07+ 01:00& e 04:39+ 01:35+ 00:28& 04:34+ 01:38+ 00:31& Messe 05:22+ 02:14+ 01:07& en	01:00= 00:00= tianse 04:35+ 01:02+ 00:02+ d 06:03+ 01:14+ 00:14# 06:18+ 01:39+ 00:39& 08:19+ 03:45+ 02:45@ nlien 07:09+ 01:47&	05:36= 01:11= 00:00= n	06:36= 01:00= 00:00= 48 07:03+ 00:56- 00:04- 89 08:58+ 00:20& 48 09:46+ 01:35+ 00:35& 89 10:57+ 01:07+ 00:07# 89 10:18+ 01:22&	01:14= 00:00= 08:26+ 01:23+ 00:09# 11:02+ 00:50& 11:34+ 01:48+ 00:34& 13:12+ 02:15+ 01:01& 13:16+ 02:58+	00:14= 00:00= 08:38+ 00:12- 00:02- 11:19+ 00:17+ 00:03# 11:51+ 00:07+ 00:22+ 00:08& 13:40+ 00:24+	00:45= 00:00= 09:26+ 00:48+ 00:03+ 12:18+ 00:59+ 00:14& 12:42+ 00:51+ 00:06# 14:23+ 00:49+ 00:04+ 14:43+ 01:03+	00:22= 00:00= 09:45+ 00:19- 00:03- 12:42+ 00:24+ 00:24+ 00:02+ 14:44+ 00:01- 15:10+ 00:27+	09:45 12:42 13:06 14:44

H 17-

27.09.2016 19.54.09 Side:3

Plass	Navı	า				K	lasse					7	Γid				
1	Ståle	e Gjels	sten			18	89						13:25				
00:18=		01:29=	02:13=				06:32=		08:23=					12:16=	12:26=	13:10=	13:25=
00:18=	00:19=	00:52=	00:44=	01:32=	00:37=	01:15=	00:55=	00:49=	01:02=	00:37=	01:07=	00:18=	00:53=	00:58=	00:10=	00:44=	00:15=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Holg	er Ho	tt			18	89					1	14:00				
00:18=	00:42+	01:33+	02:20+	03:52+	04:30+	05:40+	06:38+	07:24+	08:29+	09:05+	10:14+	10:37+	11:50+	12:54+	13:04+	13:43+	14:00+
00:18=	00:24+	00:51-	00:47+	01:32=	00:38+	01:10-	00:58+	00:46-	01:05+	00:36-	01:09+	00:23+	01:13+	01:04+	00:10=	00:39-	00:17+
00:00=	00:05&	00:01-	00:03+	00:00=	00:01+	00:05-	00:03+	00:03-	00:03+	00:01-	00:02+	00:05&	00:20&	00:06#	00:00=	00:05-	00:02#
3	Davi	d Run	de			18	89					•	14:32				
00:19+			02:25+	03:58+	04:47+	05:58+	07:09+	08:04+	09:19+	09:57+	11:11+	11:34+	12:26+	13:27+	13:38+	14:17+	14:32+
00:19+	00:28+	00:53+	00:45+	01:33+	00:49+	01:11-	01:11+	00:55+	01:15+	00:38+	01:14+	00:23+	00:52-	01:01+	00:11+	00:39-	00:15=
00:01+	00:09&	00:01+	00:01+	00:01+	00:12&	00:04-	00:16&	00:06#	00:13#	00:01+	00:07#	00:05&	00:01-	00:03+	00:01#	00:05-	00:00=
4	Mats	Dahle	én			N	OTEA	М					14:35				
00:26+	00:53+	01:49+	02:35+	04:13+	04:52+	06:28+	07:21+	08:11+	09:14+	09:52+	11:09+	11:30+	12:22+	13:28+	13:41+	14:18+	14:35+
00:26+	00:27+	00:56+	00:46+	01:38+	00:39+	01:36+	00:53-	00:50+	01:03+	00:38+	01:17+	00:21+	00:52-	01:06+	00:13+	00:37-	00:17+
380:00	380:00	00:04+	00:02+	00:06+	00:02+	00:21&	00:02-	00:01+	00:01+	00:01+	00:10#	00:03#	00:01-	00:08#	00:03&	00:07-	00:02#
5	Joha	nnes	Bakke	Aash	amar	18	89					•	14:50				
00:17-			02:19+		05:10+	-	07:24+	08:11+	09:14+	09:50+	11:02+	11:25+	12:29+	13:34+	13:48+	14:32+	14:50+
00:17-	00:25+	00:52=	00:45+	01:37+	01:14+	01:15=	00:59+	00:47-	01:03+	00:36-	01:12+	00:23+	01:04+	01:05+	00:14+	00:44=	00:18+
00:01-	00:06&	00:00=	00:01+	00:05+	00:37&	00:00=	00:04+	00:02-	00:01+	00:01-	00:05+	00:05&	00:11#	00:07#	00:04&	00:00=	00:03#
Beste	strekk	tid for	r klass	en													
00:17	00:19	00:51			00:37	01:10	00:53	00:46	01:02	00:36	01:07	00:18	00:52	00:58	00:10	00:37	00:15

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 40-

1	Bjar	ne Fæ	restra	nd		18	89					1	18:13				
00:23=	00:52=	01:52=	02:46=	04:54=	06:06=	07:48=	08:58=	10:01=	11:23=	12:07=	13:40=	14:11=	14:56=	16:41=	16:57=	17:54=	18:13=
00:23=	00:29=	01:00=	00:54=	02:08=	01:12=	01:42=	01:10=	01:03=	01:22=	00:44=	01:33=	00:31=	00:45=	01:45=	00:16=	00:57=	00:19=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Fred	-Arne	Sivert	sen		18	89					1	8:16				
00:30+	01:03+	02:17+	03:09+	05:02+	06:12+	07:45-	08:59+	10:48+	12:04+	12:49+	14:29+	14:57+	15:51+	16:54+	17:12+	17:58+	18:16+
00:30+	00:33+	01:14+	00:52-	01:53-	01:10-	01:33-	01:14+	01:49+	01:16-	00:45+	01:40+	00:28-	00:54+	01:03-	00:18+	00:46-	00:18-
00:07&	00:04#	00:14#	00:02-	00:15-	00:02-	00:09-	00:04+	00:46&	00:06-	00:01+	00:07+	00:03-	00:09#	00:42-	00:02#	00:11-	00:01-
3	Ulrik	Thist	ed			18	89					1	9:05				
00:51+	01:24+	02:29+	03:37+	05:31+	06:24+	07:52+	09:15+	10:19+	11:35+	12:19+	13:59+	14:27+	15:57+	17:34+	17:51+	18:44+	19:05+
00:51+	00:33+	01:05+	01:08+	01:54-	00:53-	01:28-	01:23+	01:04+	01:16-	00:44=	01:40+	00:28-	01:30+	01:37-	00:17+	00:53-	00:21+
00:28@	00:04#	00:05+	00:14&	00:14-	00:19-	00:14-	00:13#	00:01+	00:06-	00:00=	00:07+	00:03-	00:45&	-80:00	00:01+	00:04-	00:02#
4	Run	e Skog	gerbø			18	89					2	20:46				
00:31+			03:58+	06:05+	07:35+	09:17+	10:43+	11:53+	13:24+	14:13+	16:03+	16:32+	17:58+	19:24+	19:41+	20:29+	20:46+
00:31+	01:16+	01:05+	01:06+	02:07-	01:30+	01:42=	01:26+	01:10+	01:31+	00:49+	01:50+	00:29-	01:26+	01:26-	00:17+	00:48-	00:17-
380:00	00:47@	00:05+	00:12#	00:01-	00:18#	00:00=	00:16#	00:07#	00:09#	00:05#	00:17#	00:02-	00:41&	00:19-	00:01+	00:09-	00:02-
5	Hara	ıld Eik				18	89					2	20:50				
00:26+	00:56+	02:05+	03:11+	05:41+	06:45+	08:29+	10:03+	11:12+	12:43+	13:39+	15:35+	16:12+	17:44+	19:17+	19:33+	20:27+	20:50+
00:26+	00:30+	01:09+	01:06+	02:30+	01:04-	01:44+	01:34+	01:09+	01:31+	00:56+	01:56+	00:37+	01:32+	01:33-	00:16=	00:54-	00:23+
00:03#	00:01+	00:09#	00:12#	00:22#	-80:00	00:02+	00:24&	00:06+	00:09#	00:12&	00:23#	00:06#	00:47@	00:12-	00:00=	00:03-	00:04#
Beste	strekk	tid for	r klass	en													
00:23	00:29	01:00	00:52	01:53	00:53	01:28	01:10	01:03	01:16	00:44	01:33	00:28	00:45	01:03	00:16	00:46	00:1

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

H 50-

1	Arne	Bujor	det			18	89				13:12				
00:26=	01:00=	02:07=	04:12=	05:06=	05:56=	07:21=	08:24=	09:35=	10:03=	10:45=	11:56=	12:10=	12:52=	13:12=	
00:26=	00:34=	01:07=	02:05=	00:54=	00:50=	01:25=	01:03=	01:11=	00:28=	00:42=	01:11=	00:14=	00:42=	00:20=	
00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	00:00-	

27.09.2016 19.54.10 Side:4

Plass	Navı	n				K	lasse					T	īid	
2	Jan	Bland	kjenn			1	89					1	3:36	
00:26=	01:00=	02:03-			05:50-	07:19-			09:59-			12:31+	13:17+	13:36+
00:26=	00:34=	01:03-	01:56-	00:55+	00:56+	01:29+	00:56-	01:17+	00:27-	00:41-	01:33+	00:18+	00:46+	00:19-
00:00=	00:00=	00:04-	00:09-	00:01+	00:06#	00:04+	00:07-	00:06+	00:01-	00:01-	00:22&	00:04&	00:04+	00:01-
3	Jon	Bjørgu	ım			1	89					1	3:50	
00:25-	00:59-	02:00-	03:52-	04:47-	05:36-	07:02-	07:56-	09:10-	10:00-	11:17+	12:33+	12:46+	13:30+	13:50+
00:25-	00:34=	01:01-	01:52-	00:55+	00:49-	01:26+	00:54-	01:14+	00:50+	01:17+	01:16+	00:13-	00:44+	00:20=
00:01-	00:00=	00:06-	00:13-	00:01+	00:01-	00:01+	00:09-	00:03+	00:22&	00:35&	00:05+	00:01-	00:02+	00:00=
4	Hara	ald Vin	gerha	gen		1	89					1	16:10	
00:35+	01:09+			06:01+	06:55+	08:21+	09:30+	12:00+	12:45+	13:28+	14:47+	15:04+	15:50+	16:10+
00:35+	00:34=	01:07=	02:27+	01:18+	00:54+	01:26+	01:09+	02:30+	00:45+	00:43+	01:19+	00:17+	00:46+	00:20=
00:09&	00:00=	00:00=	00:22#	00:24&	00:04+	00:01+	00:06+	01:19@	00:17&	00:01+	00:08#	00:03#	00:04+	00:00=
5	Øvvi	ind To	rgerse	n		18	89					1	8:00	
00:26=				05:58+	08:22+	10:33+	12:05+	13:39+	14:05+	14:49+	16:29+	16:52+	17:40+	18:00+
00:26=	00:46+	01:23+	02:17+	01:06+	02:24+	02:11+	01:32+	01:34+	00:26-	00:44+	01:40+	00:23+	00:48+	00:20=
00:00=	00:12&	00:16#	00:12+	00:12#	01:34@	00:46&	00:29&	00:23&	00:02-	00:02+	00:29&	00:09&	00:06#	00:00=
Beste	strekk	ctid for	r klass	en										
00:25	00:34	01:01	01:52	00:54	00:49	01:25	00:54	01:11	00:26	00:41	01:11	00:13	00:42	00:19
= Som k	lassevin	ner, -	raskere,	+ ser	ere, #	10% tap	, & 25	% tap, @	@ 100%	tap.				

H 60-

Dag Moe 189 00:29= 01:12= 02:22= 04:27= 05:25= 06:22= 08:08= 09:07= 10:25= 10:54= 11:37= 13:10= 13:27= 14:13= 14:36= 00:29 = 00:43 = 01:10 = 02:05 = 00:58 = 00:57 = 01:46 = 00:59 = 01:18 = 00:29 = 00:43 = 01:33 = 00:17 = 00:46 = 00:23 = 00:46 = 00:400:00 = 00:0189 Sigmund Berg 00:49+ 01:51+ 03:29+ 07:08+ 08:37+ 10:19+ 12:28+ 14:08+ 16:18+ 17:09+ 18:28+ 21:59+ 22:23+ 23:50+ 24:21+ $00:49+ \quad 01:02+ \quad 01:38+ \quad 03:39+ \quad 01:29+ \quad 01:42+ \quad 02:09+ \quad 01:40+ \quad 02:10+ \quad 00:51+ \quad 01:19+ \quad 03:31+ \quad 00:24+ \quad 01:27+ \quad 00:31+ \quad 00:40+ \quad 0$ 00:20& 00:19& 00:28& 01:34& 00:31& 00:45& 00:23# 00:41& 00:52& 00:22& 00:36& 01:58@ 00:07& 00:41& 00:08& Magne Reier Jørgensen 189 00:54+ 02:16+ 03:57+ 10:42+ 13:05+ 15:25+ 17:36+ 19:17+ 21:55+ 22:35+ 23:34+ 25:39+ 25:56+ 27:02+ 27:28+ $00:54+ \quad 01:22+ \quad 01:41+ \quad 06:45+ \quad 02:23+ \quad 02:20+ \quad 02:11+ \quad 01:41+ \quad 02:38+ \quad 00:40+ \quad 00:59+ \quad 02:05+ \quad 00:17= \quad 01:06+ \quad 00:26+ \quad 00:17= \quad 01:06+ \quad 0$ $00:25\& \quad 00:39\& \quad 00:31\& \quad 04:40@ \quad 01:25@ \quad 01:23@ \quad 00:25\# \quad 00:42\& \quad 01:20@ \quad 00:11\& \quad 00:16\& \quad 00:32\& \quad 00:00= \quad 00:20\& \quad 00:03\# \quad 00:20\& \quad 00:00= \quad 00:20\& \quad 00:00= \quad 00:20\& \quad 00:00= \quad 00:20\& \quad 00:00= \quad 0$ Oddbjørn Hjetland 189 01:01+ 02:45+ 04:51+ 08:52+ 10:29+ 13:12+ 16:10+ 18:05+ 20:28+ 21:26+ 22:51+ 26:05+ 28:06+ 28:55+ $01:01+ \quad 01:44+ \quad 02:06+ \quad 04:01+ \quad 01:37+ \quad 02:43+ \quad 02:58+ \quad 01:55+ \quad 02:23+ \quad 00:58+ \quad 01:25+ \quad 03:14+ \quad 02:01+ \quad 00:49+ \quad 0$ 00:32@ 01:01@ 00:56& 01:56& 00:39& 01:46@ 01:12& 00:56& 01:05& 00:29& 00:42& 01:41@ 01:44@ 00:03+ Beste strekktid for klassen $00:29 \quad 00:43 \quad 01:10 \quad 02:05 \quad 00:58 \quad 00:57 \quad 01:46 \quad 00:59 \quad 01:18 \quad 00:29 \quad 00:43 \quad 01:33 \quad 00:17 \quad 00:46 \quad 00:23 \quad 00:19 \quad 00:49 \quad 00:23 \quad 00:19 \quad 00:40 \quad 00:23 \quad 00:40 \quad 00:40 \quad 00:23 \quad 00:40 \quad 00:4$

H15-16

1	Krist	tian Py	/tten			18	89					1	2:54	
00:26=	00:53=	01:50=	03:47=	04:39=	05:22=	06:50=	07:56=	08:57=	09:20=	10:21=	11:43=	11:57=	12:37=	12:54=
00:26= 00:00=	00:27= 00:00=	00:57= 00:00=	01:57= 00:00=	00:52= 00:00=	00:43= 00:00=	01:28= 00:00=	01:06= 00:00=	01:01= 00:00=	00:23= 00:00=	01:01= 00:00=	01:22= 00:00=	00:14= 00:00=	00:40= 00:00=	00:17= 00:00=
2	Odd	-Antor	n Herm	nanser	1	18	89					1	4:03	
00:21-	00:52-	01:47-	03:59+	04:53+	06:26+	07:51+	08:45+	10:01+	10:25+	11:25+	12:37+	12:53+	13:49+	14:03+
00:21-	00:31+	00:55-	02:12+	00:54+	01:33+	01:25-	00:54-	01:16+	00:24+	01:00-	01:12-	00:16+	00:56+	00:14-
00:05-	00:04#	00:02-	00:15#	00:02+	00:50@	00:03-	00:12-	00:15#	00:01+	00:01-	00:10-	00:02#	00:16&	00:03-
3	Jona	as Myh	re			18	89					1	4:09	
00:23-	01:01+	02:03+	04:00+	05:08+	06:07+	07:33+	08:29+	09:42+	10:08+	11:16+	12:48+	13:01+	13:49+	14:09+
00:23-	00:38+	01:02+	01:57=	01:08+	00:59+	01:26-	00:56-	01:13+	00:26+	01:08+	01:32+	00:13-	00:48+	00:20+
00:03-	00:11&	00:05+	00:00=	00:16&	00:16&	00:02-	00:10-	00:12#	00:03#	00:07#	00:10#	00:01-	00:08#	00:03#

= Som klassevinner, - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

27.09.2016 19.54.10 Side:5

	Navn				K	lasse					Т	id	
4	Sigrid Eke	land			2	48					1	5:54	
	01:03+ 02:11+ 00:30+ 01:08+	04:31+	05:32+ 01:01+	06:42+ 01:10+	08:46+ 02:04+	09:54+ 01:08+	11:13+ 01:19+	11:39+ 00:26+	12:48+ 01:09+	14:16+ 01:28+	14:34+ 00:18+	15:29+ 00:55+	15:54+ 00:25+
00:07&	00:03# 00:11#	00:23#	00:09#	00:27&	00:36&	00:02+	00:18&	00:03#	00:08#	00:06+	00:04&	00:15&	00:08&
Beste s	strekktid fo	r klasse	en										
00:21	00:27 00:55	01:57	00:52	00:43	01:25	00:54	01:01	00:23	01:00	01:12	00:13	00:40	00:14
Apen													
1	Markus M.	allacta	4		4.9	20					4	0.21	
1	Markus M			00:26	-	89					1	0:31	
00:31=	01:34= 02:23=	04:33=	09:05=		10:11=	10:31=					1	0:31	
00:31= 00:31=	01:34= 02:23= 01:03= 00:49=	04:33=	09:05= 04:32=	00:21=	-	10:31= 00:20=					1	0:31	
00:31= 00:31=	01:34= 02:23= 01:03= 00:49= 00:00= 00:00=	04:33= 02:10= 00:00=	09:05= 04:32=	00:21=	10:11= 00:45= 00:00=	10:31= 00:20= 00:00=							
00:31= 00:31= 00:00=	01:34= 02:23= 01:03= 00:49=	04:33= 02:10= 00:00=	09:05= 04:32= 00:00=	00:21= 00:00=	10:11= 00:45= 00:00=	10:31= 00:20=						0:31 3:10	
00:31= 00:31= 00:00= 2 00:41+	01:34= 02:23= 01:03= 00:49= 00:00= 00:00= Lars Kost	04:33= 02:10= 00:00= Ø	09:05= 04:32= 00:00=	00:21= 00:00=	10:11= 00:45= 00:00=	10:31= 00:20= 00:00=							

⁼ Som klassevinner , $\,$ - raskere, $\,$ + senere, $\,$ # 10% tap, $\,$ & 25% tap, $\,$ @ 100% tap.

00:31 01:03 00:46 02:10 04:32 00:21 00:45 00:20