

Harry Lagerts Nattcup 2016				HarryLagert -løp nr 72			
Løp #2 21.9 Skar i Maridalen							
Løypelegger: Dag Aalvik							
Legendar 3 500 m, 33 startende							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Anders Nordberg	Nydalens SK	24:35	0:01:00	0:23:35	0:00:00	
2	Bjørn Ekeberg	IL Tyrving	25:02	0:00:40	0:24:22	0:00:47	
3	Kasper Fosser	Heming Orientering	25:49	0:00:30	0:25:19	0:01:44	
4	Anders Tiltnes	Natthauken IL	25:57	0:00:20	0:25:37	0:02:02	
5	Mats Nordbrøden	Halden SK	26:58	0:00:10	0:26:48	0:03:13	
6	Borger Melsom	Fossum IF	27:53		0:27:35	0:04:00	
7	Torgeir Nørbech	IL Tyrving	28:15		0:27:35	0:04:00	
8	Anders Vister	Nydalens SK	28:19		0:27:35	0:04:00	
9	Carl Godager Kaas	Bækkelagets SK	29:00		0:27:35	0:04:00	
10	Johan Svedberg	Heming Orientering	29:38		0:27:35	0:04:00	
11	Espen Jakobsen	IL Tyrving	30:06		0:27:35	0:04:00	
12	Lukas Liland	Nydalens SK	30:13		0:27:35	0:04:00	
13	Jørgen Wulfsberg	Nydalens SK	30:14		0:27:35	0:04:00	
14	Ralph Street	Nydalens SK	30:30		0:27:35	0:04:00	
15	Anders Bjergaard	Nydalens SK	30:44		0:27:35	0:04:00	
16	Ulrik Astrup Arnesen	Heming Orientering	31:14		0:27:35	0:04:00	
17	Ragnar Tonjer	Nydalens SK	31:22		0:27:35	0:04:00	
18	Gjermund Tørnqvist Halden	Nydalens SK	31:42		0:27:35	0:04:00	
19	Bojan Blumenstein	Nydalens SK	32:09		0:27:35	0:04:00	
20	Sindre Sandven	Fossum IF	33:22		0:27:35	0:04:00	
21	Ola Marius Pedersen	Oppsal Orientering	34:43		0:27:35	0:04:00	
22	Håvard Myhre	NTNUI	34:59		0:27:35	0:04:00	
23	Aapo Aaltio	Oslostudentenes IK	35:13		0:27:35	0:04:00	
24	Halvor Saunes	Nydalens SK	35:26		0:27:35	0:04:00	
25	Eirik Langedal Breivik	Nydalens SK	36:33		0:27:35	0:04:00	
26	Esten Koren	Nydalens SK	37:38		0:27:35	0:04:00	
27	Sigve Vågsnes	Oppsal Orientering	38:03		0:27:35	0:04:00	
28	Tarjei Holo	Fossum IF	38:10		0:27:35	0:04:00	
29	Erik Sagvolden	Nydalens SK	38:14		0:27:35	0:04:00	
30	Joar Oldernes	Lillomarka OL	44:00		0:27:35	0:04:00	
31	Mikael Olausson	Oslostudentenes IK	44:15		0:27:35	0:04:00	
32	Lars Landmark	Natthauken IL	1:08:12		0:27:35	0:04:00	
	Henrik Eijsink	Nydalens SK	DNF		0:28:05	0:04:30	
Ikke startet					0:28:35	0:05:00	
Kari 3 500 m, 9 startende							
Plass	Navn	Organisasjon	Tid	Bonus	Off. Tid	Bak	
1	Marthe Gløersen	Bækkelagets SK	39:35	0:01:00	0:38:35	0:00:00	
2	Tilla Farnes Hennum	Asker Skiklubb	39:45	0:00:40	0:39:05	0:00:30	
3	Victoria Hæstad Bjørnstad	Fossum IF	39:52	0:00:30	0:39:22	0:00:47	
4	Nora Synnøve Woxholth	Asker Skiklubb	40:03	0:00:20	0:39:43	0:01:08	
5	Kine Gulliksen	Bækkelagets SK	43:28	0:00:10	0:42:25	0:03:50	
6	Åse Bergan	Nydalens SK	45:33		0:42:35	0:04:00	
7	Åsne Naadland Holo	Fossum IF	46:08		0:42:35	0:04:00	
8	Oda Scheele	Nydalens SK	48:44		0:42:35	0:04:00	

	9	Laura Leiboma	Nydalens SK	53:04			0:42:35	0:04:00	
	Ikke startet							0:43:35	0:05:00
Ola 3 500 m, 40 startende									
	Plass	Navn	Organisasjon	Tid		Bonus	Off. Tid	Bak	
	1	Leif Størmer	Fossum IF	31:18		0:01:00	0:30:18	0:00:00	
	2	Trond Kortner	Østmarka OK	31:59		0:00:40	0:31:19	0:01:01	
	3	Pål Skogedal	Asker Skiklubb	32:04		0:00:30	0:31:34	0:01:16	
	4	Ludvig Rødnes	Oppsal Orientering	32:07		0:00:20	0:31:47	0:01:29	
	5	Lars-Christian Unger	Nydalens SK	32:41		0:00:10	0:32:31	0:02:13	
	6	Are Wigaard	Oppsal Orientering	33:44			0:33:44	0:03:26	
	7	Lars Young Vik	Nydalens SK	33:52			0:33:52	0:03:34	
	8	Sander Arntzen	Asker Skiklubb	34:31			0:34:18	0:04:00	
	9	Lars Eid Nielsen	Nydalens SK	34:37			0:34:18	0:04:00	
	10	Mathias Benjaminsen	Lillomarka OL	35:09			0:34:18	0:04:00	
	11	Sondre Ruud Bråten	Nydalens SK	35:23			0:34:18	0:04:00	
	12	Petter Astrup Arnesen	Heming Orientering	35:26			0:34:18	0:04:00	
	13	Sivert Sande Kverme	Fossum IF	36:11			0:34:18	0:04:00	
	14	Elias Skjolden Sørensen	Lillomarka OL	36:14			0:34:18	0:04:00	
	15	Thor Mella	Oppsal Orientering	36:28			0:34:18	0:04:00	
	16	Vidar Benjaminsen	Lillomarka OL	36:55			0:34:18	0:04:00	
	17	Isak Jonsson	Nydalens SK	38:11			0:34:18	0:04:00	
	18	Espen Wigaard	Oppsal Orientering	39:09			0:34:18	0:04:00	
	19	Audun Bergan	Nydalens SK	39:40			0:34:18	0:04:00	
	20	Nils Hæstad	Fossum IF	40:26			0:34:18	0:04:00	
	21	Per Clemet Wisløff	Asker Skiklubb	41:00			0:34:18	0:04:00	
	22	Svein Nygård	Lillomarka OL	41:04			0:34:18	0:04:00	
	23	Oscar Hæstad Bjørnstad	Fossum IF	41:09			0:34:18	0:04:00	
	24	Lavran Thorstensen	Oppsal Orientering	41:36			0:34:18	0:04:00	
	25	Andreas Ramberg	Østmarka OK	41:55			0:34:18	0:04:00	
	26	Hallvard Koren	OK Moss	43:13			0:34:18	0:04:00	
	27	Vegard Løvli	Asker Skiklubb	46:12			0:34:18	0:04:00	
	28	Emil Størmer	Fossum IF	48:37			0:34:18	0:04:00	
	29	Nils Petter Fremming	Heming Orientering	48:44			0:34:18	0:04:00	
	30	Rune Scheele	Nydalens SK	48:45			0:34:18	0:04:00	
	31	Eivind Berner Myhre	Fossum IF	49:14			0:34:18	0:04:00	
	32	Einar Gisholt	Fossum IF	49:46			0:34:18	0:04:00	
	33	Peter Gisholt	Fossum IF	53:12			0:34:18	0:04:00	
	34	Ole Martin Edstrøm	Oppsal Orientering	54:20			0:34:18	0:04:00	
	35	Rudi B Olsen	Lillomarka OL	54:55			0:34:18	0:04:00	
	36	Terje Melsom	Fossum IF	58:23			0:34:18	0:04:00	
	37	Nils Bergan	Nydalens SK	59:35			0:34:18	0:04:00	
	38	Karl Mikkelsen	OL Tønsberg og omegn	1:01:08			0:34:18	0:04:00	
		Skage Grønneberg	Heming Orientering	DSQ			0:34:48	0:04:30	
		Lars Ivar Aarseth	Nydalens SK	DSQ			0:34:48	0:04:30	
	Ikke startet							0:35:18	0:05:00
Lokal 3 410 m, 93 startende									
	Plass	Navn	Organisasjon	Tid		Bonus	Off. Tid	Bak	
	1	Endre Stokseth	Nydalens SK	27:27		0:01:00	0:26:27	0:00:00	
	2	Erik Paulsrud	IL Koll	28:40		0:00:40	0:28:00	0:01:33	
	3	Einar Lunøe	Nydalens SK	28:45		0:00:30	0:28:15	0:01:48	
	4	Rune Rystad	Nydalens SK	29:24		0:00:20	0:29:04	0:02:37	

5	Jan Tore Henriksen	Nydalens SK	31:09		0:00:10	0:30:17	0:03:50
6	Sindre Langaas	Nydalens SK	32:03			0:30:27	0:04:00
7	Geir Ottar Kvernstuen	Nydalens SK	32:07			0:30:27	0:04:00
8	Stein Blomseth	Lillomarka OL	33:38			0:30:27	0:04:00
9	Teodor Mo Hjelseth	Nydalens SK	33:48			0:30:27	0:04:00
10	Knut Jostein Sætnan	Fossum IF	34:04			0:30:27	0:04:00
11	Kornelius Kriszat-Løvfald	Nydalens SK	34:29			0:30:27	0:04:00
12	Tobias Espedal	Nydalens SK	34:40			0:30:27	0:04:00
13	Erik Rosenvold	Østmarka OK	34:58			0:30:27	0:04:00
14	Sondre Ytterbø	Asker Skiklubb	35:30			0:30:27	0:04:00
15	Felix Finsrud	Asker Skiklubb	35:36			0:30:27	0:04:00
16	Tom Bergan	Fet OL	36:04			0:30:27	0:04:00
17	Håkon Løvli	Asker Skiklubb	36:37			0:30:27	0:04:00
18	Delphine Poirot	Halden SK	36:46			0:30:27	0:04:00
19	Hallvard Fjær	Lillomarka OL	36:59			0:30:27	0:04:00
20	Guttorm L Egge	Oslostudentenes IK	37:16			0:30:27	0:04:00
21	Torstein Hole	Nydalens SK	37:45			0:30:27	0:04:00
22	Steinar Låg	Asker Skiklubb	37:55			0:30:27	0:04:00
23	Henrik Reusch	Heming Orientering	37:57			0:30:27	0:04:00
24	Richard Zeiner-Gundersen	Fossum IF	38:09			0:30:27	0:04:00
25	Ellen Marie Ariansen	Lillomarka OL	38:11			0:30:27	0:04:00
26	Ove Martinsen	Hauketo IF	38:43			0:30:27	0:04:00
27	Terje Wiig Mathisen	Open iT	39:06			0:30:27	0:04:00
28	Jon Ivar Juvik	Lillomarka OL	39:27			0:30:27	0:04:00
29	Morten Rannem	Fossum IF	40:12			0:30:27	0:04:00
30	Christian Reusch	Heming Orientering	40:53			0:30:27	0:04:00
31	Gaute Langaas	Nydalens SK	40:53			0:30:27	0:04:00
32	Bjørn Hauge	Nydalens SK	40:56			0:30:27	0:04:00
33	Kjetil Espedal	Nydalens SK	41:11			0:30:27	0:04:00
34	Audrun Utskarpen	Oslostudentenes IK	41:22			0:30:27	0:04:00
35	Helge Stubberud	Nydalens SK	41:44			0:30:27	0:04:00
36	Fredrik Dahlberg	Eptir skogssniglar	42:04			0:30:27	0:04:00
37	Are Eriksen	Oslostudentenes IK	42:28			0:30:27	0:04:00
38	Tormod Bøe	DNV BIL	42:36			0:30:27	0:04:00
39	Bjørn Bendiktsen	Konnerud IL	43:13			0:30:27	0:04:00
40	Synnøve Lyssand Sandberg	Nydalens SK	43:31			0:30:27	0:04:00
41	Sander H. Rogndokken	Nydalens SK	43:47			0:30:27	0:04:00
42	Martin Granly	Lillomarka OL	43:58			0:30:27	0:04:00
42	Arne Fosshiem	Asker Skiklubb	44:10			0:30:27	0:04:00
44	Geir Trøan	Kolbotn og Skimt OL	44:26			0:30:27	0:04:00
45	Bjørn Christensen	Østmarka OK	44:42			0:30:27	0:04:00
46	Ane Sofie Krogh	Oppsal Orientering	44:42			0:30:27	0:04:00
47	Pia Young Vik	Nydalens SK	44:43			0:30:27	0:04:00
48	Ada Wulfsberg	Nydalens SK	44:43			0:30:27	0:04:00
49	Ragnar Maalen-Johansen	Nydalens SK	44:48			0:30:27	0:04:00
50	Jan Fredrik Helgaker	Fossum IF	45:13			0:30:27	0:04:00
51	Knut Erling Øen	Heming Orientering	45:21			0:30:27	0:04:00
52	Kristian Østermann	Heming Orientering	45:35			0:30:27	0:04:00
53	Marte Madslie Bakken	Nydalens SK	45:57			0:30:27	0:04:00
54	Jon Iver Bakken	Nydalens SK	45:58			0:30:27	0:04:00
55	Mons Løvfald	Nydalens SK	46:13			0:30:27	0:04:00
56	Karen Bjergaard	Nydalens SK	46:22			0:30:27	0:04:00
57	Gaute Bergan	Nydalens SK	46:27			0:30:27	0:04:00
58	Ståle Heitmann	Fossum IF	46:35			0:30:27	0:04:00

59	Sigbjørn Modalsli	Fossum IF	47:45			0:30:27	0:04:00
60	Magnus Eide-Fredriksen	Heming Orientering	47:54			0:30:27	0:04:00
61	Kyrre Gran	Fet OL	48:48			0:30:27	0:04:00
62	Alexandra Linløkken	Østmarka OK	48:52			0:30:27	0:04:00
63	Inger Marie Hygen	Østmarka OK	48:56			0:30:27	0:04:00
64	August Syrdal Øen	Heming Orientering	49:01			0:30:27	0:04:00
65	John Eivind Presterud	Fet OL	49:04			0:30:27	0:04:00
66	Ola Nakken	UIO KlinMed	49:46			0:30:27	0:04:00
67	Ferdinand Fremming	Heming Orientering	49:58			0:30:27	0:04:00
67	Bent Sande Kverme	Fossum IF	50:04			0:30:27	0:04:00
69	Per Stedje	Østmarka OK	51:07			0:30:27	0:04:00
70	Christian Grotnes	IL Tyrving	51:11			0:30:27	0:04:00
71	Maiken Sandberg	Nydalens SK	51:24			0:30:27	0:04:00
71	Øyvind Helmersen	Fet OL	51:44			0:30:27	0:04:00
73	Maiken Skirstad Mo	Nydalens SK	52:05			0:30:27	0:04:00
74	Per Sandberg	Nydalens SK	52:08			0:30:27	0:04:00
75	Endre Hallan	Lillomarka OL	52:30			0:30:27	0:04:00
76	Jeppe Hansson	Fossum IF	54:05			0:30:27	0:04:00
77	Evelina Laaksonen	Oslostudentenes IK	54:08			0:30:27	0:04:00
78	Eskil Åsmul	OL Trollelg	54:31			0:30:27	0:04:00
79	Dag Haugland	Østmarka OK	55:16			0:30:27	0:04:00
80	Kasper Bakken Ulseth	Nydalens SK	56:11			0:30:27	0:04:00
81	Anders Flågen	Heming Orientering	57:45			0:30:27	0:04:00
82	Claes-H. Unger	Lillomarka OL	58:15			0:30:27	0:04:00
83	Peer Stiansen	Nydalens SK	58:18			0:30:27	0:04:00
84	Nicolai Nordstrand	UIO KlinMed	1:00:31			0:30:27	0:04:00
85	Elise Wærp Hauge	Nydalens SK	1:02:45			0:30:27	0:04:00
86	Ragnhild Mathea Helmersen	Fet OL	1:02:50			0:30:27	0:04:00
87	Paul Laurentius Koefoed	Eptir skogssniglar	1:02:56			0:30:27	0:04:00
88	Øyvind Grandum	IL GeoForm	1:20:54			0:30:27	0:04:00
89	Solveig Bergan	Nydalens SK	1:23:18			0:30:27	0:04:00
90	Carl-Erik Kopseng	Eptir skogssniglar	1:24:48			0:30:27	0:04:00
91	Rolf Andreas Berg	Nydalens SK	1:30:48			0:30:27	0:04:00
92	Kristian Norum Meløysund	Nydalens SK	1:30:53			0:30:27	0:04:00
93	Elias Stubberud	Nydalens SK	1:31:00			0:30:27	0:04:00
94	Hallvard Bjørgum	VBIL	1:31:13			0:30:27	0:04:00
	Per Ola Ulseth	Nydalens SK	DNF			0:30:57	0:04:30
	Anna Cecilie Linløkken	Østmarka OK	DSQ			0:30:57	0:04:30
	Bjørn Henning Grandal	IL Tyrving	DSQ			0:30:57	0:04:30
	Terje Linløkken	Østmarka OK	DSQ			0:30:57	0:04:30
	Per Fosser	Indre Østfold	DSQ			0:30:57	0:04:30
	Inger Rødnes	Oppsal Orientering	DSQ			0:30:57	0:04:30
	Trine Oldernes	Lillomarka OL	DSQ			0:30:57	0:04:30
	Sigrid Kinck Rannem	Fossum IF	DSQ			0:30:57	0:04:30
	Monica Brevik	Østmarka OK	DSQ			0:30:57	0:04:30
	Ikke startet					0:31:27	0:05:00