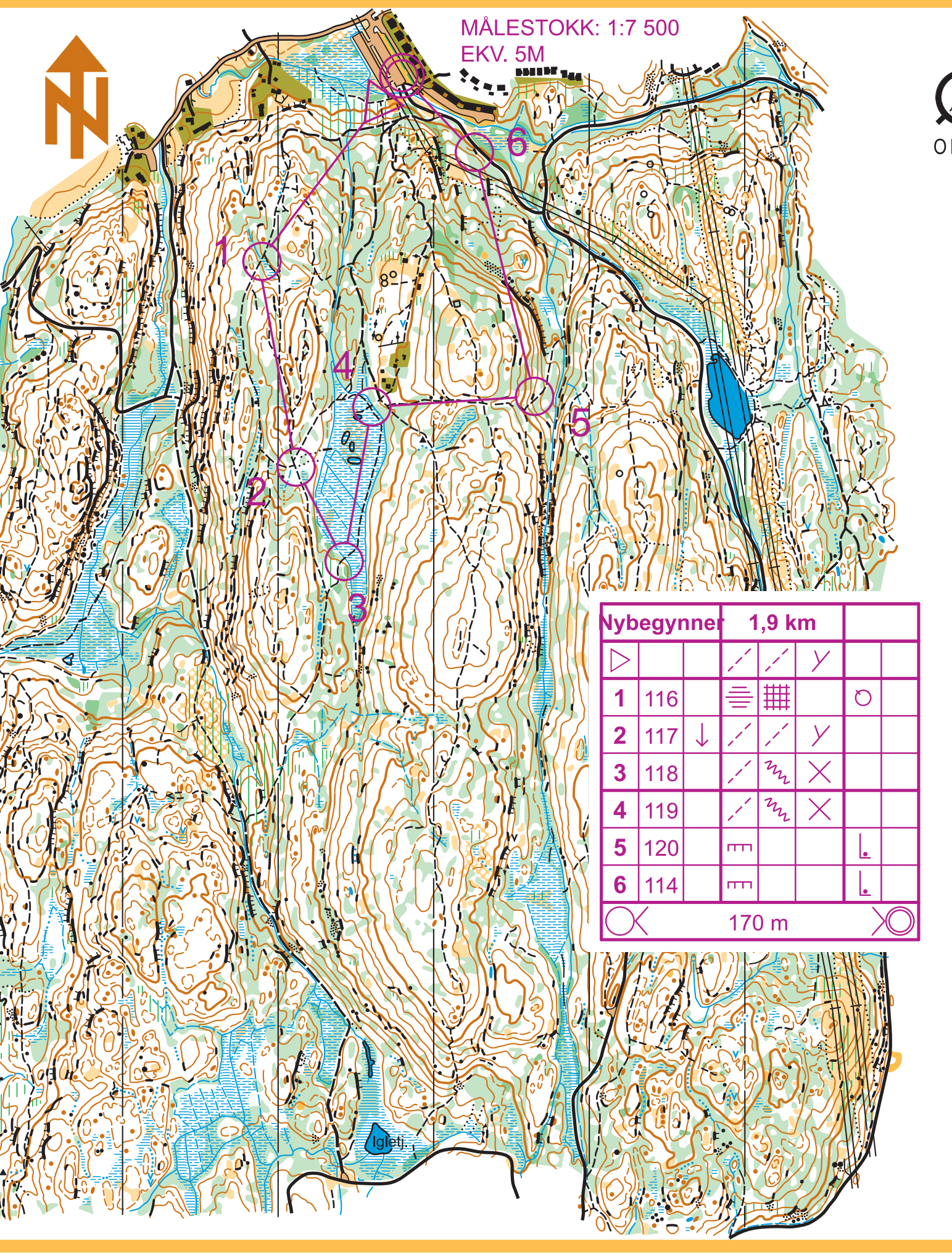


Nybegynner			1,9 km				
▷							
1	116						
2	117	↓					
3	118						
4	119						
5	120						
6	114						
			170 m				

P26 OBIK, P13 ABIK, Østmarka o-karusell 4.
13.september 2016.
Østmarka o-kart Seteråsen (2016).