

Plass	Klubb	1. etappe	tid	2.etappe	tid	3. etappe	tid	Totalt
1	Frol 1	Carl Petter Lyngen	00:24:03	Mari Kilskar Grevskott	00:12:21	Tobias Alstad	00:22:22	00:58:46
2	Verdal OK 1	Jon Sivertsen	00:29:13	Martin Vehus Skjerve	00:11:27	Fredrik Vehus Skjerve	00:20:20	01:01:00
3	Steinkjer OK 2	Sigurd Landsem Melhus	00:30:18	Niklas Landsem Melhus	00:10:46	Marius Møller	00:21:05	01:02:09
4	Freidig 2	Vegard Kittelsen	00:28:55	Ane Malene Kolstad	00:13:45	Jonas Grønli	00:21:02	01:03:42
5	Steinkjer OK 3	Svein Anders Melhus	00:28:48	Vegard Jermstad	00:12:05	Trond Svanøe-Hafstad	00:23:43	01:04:36
6	Freidig 5	Vegard Grønli	00:29:51	Mikkel Holt	00:10:53	Dina Reitan	00:23:57	01:04:41
7	Verdal OK 2	Kurt Ove Melby	00:29:16	Sigrid Vehus Skjerve	00:13:25	Tore Markhus	00:23:44	01:06:25
8	Steinkjer OK 1	Jørgen Rannem Halse	00:30:24	Vibeke Kvistad Dengerud	00:14:26	Simen Eliassen Kvarme	00:21:59	01:06:49
9	Byåsen 1	Petter Liabakk Eriksen	00:31:49	Einar Eide/Erlend Aune	00:13:55	Are Lodgård	00:21:16	01:07:00
10	Frol 2	Oscar Lyngen	00:24:31	June Munkeby	00:13:21	Ane Marte Vatn	00:29:37	01:07:29
11	Frol 5	Stian Sundsvik	00:23:56	Iselina Imsland	00:14:04	Mette K. Kilskar	00:30:05	01:08:05
12	OK Skøyenar 3	Erling Andreas Ronglan	00:32:41	Louise Ronglan	00:12:56	Andreas Ronglan	00:23:48	01:09:25
13	Steinkjer OK 4	Atle Dengerud	00:30:31	Fredrik Møller/Sindre Tuset	00:14:20	Mari Ann Landsem Melhus	00:25:54	01:10:45
14	Freidig 3	Lars Sandstad	00:29:00	Heidi Arnesen	00:14:04	Vilde Lereim Storli	00:27:46	01:10:50
15	Frol 3	Paul Sirum	00:25:31	Magnus Alstad/Sigurd Vatn	00:15:13	Ragne Munkeby	00:30:08	01:10:52
16	Frol 6	Ulf Forseth Indgaard	00:22:34	Linnea Munkeby/Linnea Sandvik	00:18:10	Randi Jensen	00:30:48	01:11:32
17	OK Skøyenar 4	Terje Rønning	00:32:40	Hege Hallan	00:17:44	Trym Nergård Rønning	00:21:52	01:12:16
18	OL Trollelg	Anders Haugskott	00:29:36	Stig Arild Haugskott	00:19:42	Frode Haugskott	00:23:43	01:13:01
19	Freidig 4	Kristian Fredrik Lynum	00:34:22	Jostein Rø	00:12:04	Jo Even Kolstad	00:26:46	01:13:12
20	Verdal OK 3	Svein Inge Ydse	00:32:27	Sofie Hallem	00:14:42	Arne Okkenhaug	00:26:16	01:13:25
21	Verdal OK 4	Vidar Skjerve	00:29:20	Liva-Mari Løvstad	00:13:16	Edvin Sivertsen	00:31:13	01:13:49
22	OK Skøyenar 1	Joar Svendgård	00:34:26	Olav Magne Svendgård	00:18:37	Morten Svendgård	00:23:44	01:16:47
23	OK Skøyenar 2	John-Ola Hovdal	00:37:34	Hallvar Hallan	00:14:02	Håvard Veie	00:25:43	01:17:19
24	Byåsen 2	Lene Berg Hanssen	00:36:52	Maren Viken	00:15:57	Gøril Eide	00:25:46	01:18:35
25	Steinkjer OK 6	Sivert Sem	00:34:24	Kari Grindberg	00:12:11	Sigve Bremseth	00:32:11	01:18:46
26	Wing OK	Jonas Vindal	00:36:20	Petter Andreas Lona	00:13:52	Synne Kvamme	00:28:35	01:18:47
27	Malvik IL	Ludvig Williams Strømsnes	00:32:36	Jens Husby	00:18:04	Kenneth Kjelaas	00:28:20	01:19:00
28	Stjørdal-Blink 3	Ane Nielsen Solberg	00:35:16	Andreas Korstad/Oliver Andreas Gjærum	00:16:35	Monica Hægstad	00:27:16	01:19:07
29	Steinkjer OK 5	Noah Henderson	00:36:24	Kristel Haltbrekken	00:16:09	Pål Wærum	00:30:27	01:23:00
30	Stjørdal-Blink 1	Audun Wanvik Haugen	00:30:20	Randi Marie Glomsrud	00:15:39	Øystein Vidarsson Haukaas	00:39:28	01:25:27
31	Stjørdal-Blink 2	Henrik Kraft	00:30:20	Marie Nielsen Solberg	00:15:35	Yngve Aaen	00:39:32	01:25:27
32	Verdal OK 5	Tor Ove Hallem	00:37:38	Trude Markhus	00:16:29	Gunhild Bredesen	00:31:55	01:26:02
33	Steinkjer OK 7	Eirik Schønberg	00:36:38	Gunhild Kvistad	00:16:15	Tanja Henderson	00:33:21	01:26:14
34	Steinkjer OK 8	Terje Skrattalsrud	00:37:18	Rolf Karset	00:20:06	Geir Gilde	00:40:00	01:37:24
35	Verdal OK 6	Inge Hafstad	00:38:43	Einar Gustad	00:29:03	Sverre Kristoffersen	00:49:51	01:57:37
36	Freidig 1	Bjørnar Lynum	00:31:52	August Maske	00:13:58	Matias Nissen	00:23:27	disk
37	Frol 4	Sara Profors	00:41:41	Matilde Munkeby	00:16:30	Torbjørn Sirum	00:33:06	disk
38	Verdal OK 7	Sigve Lundsauet	00:39:59	Kristian Midthjell	00:28:34	Asgeir Brustad	00:39:42	disk