

KM Sprint

Plass Navn

Klasse

Strekketider

Tid

-30.04.2016

D 13-16 Prolog 2A

1	Sara Nystrøm Olsen					324					
	01:35=	05:17=	06:17=	08:08=	10:06=	12:36=	14:09=	15:59=	17:44=	18:20=	18:44=
	01:35=	03:42=	01:00=	01:51=	01:58=	02:30=	01:33=	01:50=	01:45=	00:36=	00:24=
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Kaya Dirksen					306					
	00:34-	04:21-	05:34-	07:48-	10:01-	13:20+	15:25+	17:57+	20:24+	21:20+	21:49+
	00:34-	03:47+	01:13+	02:14+	02:13+	03:19+	02:05+	02:32+	02:27+	00:56+	00:29+
	01:01-	00:05+	00:13#	00:23#	00:15#	00:49&	00:32&	00:42&	00:42&	00:20&	00:05#

18:44

21:49

Beste strekktid for klassen

00:34 03:42 01:00 01:51 01:58 02:30 01:33 01:50 01:45 00:36 00:24

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
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D 13-16 Prolog 2B

1	Vilde Margrethe Sæbbø									324	16:45
	00:24=	03:37=	06:34=	08:23=	09:29=	11:04=	14:00=	15:39=	16:22=	16:45=	
	00:24=	03:13=	02:57=	01:49=	01:06=	01:35=	02:56=	01:39=	00:43=	00:23=	
	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
2	Ingrid Lamark									88	19:39
	00:27+	04:10+	07:48+	10:31+	11:48+	13:34+	16:58+	18:34+	19:14+	19:39+	
	00:27+	03:43+	03:38+	02:43+	01:17+	01:46+	03:24+	01:36-	00:40-	00:25+	
	00:03#	00:30#	00:41#	00:54&	00:11#	00:11#	00:28#	00:03-	00:03-	00:02+	
3	Sunniva Djupesland									109	41:21
	01:21+	10:34+	17:33+	21:43+	25:21+	27:59+	32:21+	38:41+	40:46+	41:21+	
	01:21+	09:13+	06:59+	04:10+	03:38+	02:38+	04:22+	06:20+	02:05+	00:35+	
	00:57@	06:00@	04:02@	02:21@	02:32@	01:03&	01:26&	04:41@	01:22@	00:12&	

Beste strekktid for klassen

00:24	03:13	02:57	01:49	01:06	01:35	02:56	01:36	00:40	00:23
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
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D 17- Prolog 2A

1	Madli Hjermann	109	19:33
	01:23= 05:11= 06:25= 08:17= 09:37= 12:33= 14:14= 16:13= 18:12= 19:04= 19:33=		
	01:23= 03:48= 01:14= 01:52= 01:20= 02:56= 01:41= 01:59= 01:59= 00:52= 00:29=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Randi Engløkk	109	19:58
	00:33- 04:28- 05:41- 07:42- 09:55+ 12:52+ 14:35+ 16:38+ 18:37+ 19:31+ 19:58+		
	00:33- 03:55+ 01:13- 02:01+ 02:13+ 02:57+ 01:43+ 02:03+ 01:59= 00:54+ 00:27-		
	00:50- 00:07+ 00:01- 00:09+ 00:53& 00:01+ 00:02+ 00:04+ 00:00= 00:02+ 00:02-		
3	Merel Dirksen	306	23:47
	01:58+ 06:10+ 07:39+ 09:45+ 11:59+ 15:48+ 17:37+ 20:04+ 22:20+ 23:16+ 23:47+		
	01:58+ 04:12+ 01:29+ 02:06+ 02:14+ 03:49+ 01:49+ 02:27+ 02:16+ 00:56+ 00:31+		
	00:35& 00:24# 00:15# 00:14# 00:54& 00:53& 00:08+ 00:28# 00:17# 00:04+ 00:02+		
4	Inger K. Haavik	109	24:47
	00:50- 05:29+ 06:58+ 09:24+ 12:48+ 16:11+ 18:12+ 20:58+ 23:20+ 24:11+ 24:47+		
	00:50- 04:39+ 01:29+ 02:26+ 03:24+ 03:23+ 02:01+ 02:46+ 02:22+ 00:51- 00:36+		
	00:33- 00:51# 00:15# 00:34& 02:04@ 00:27# 00:20# 00:47& 00:23# 00:01- 00:07#		
5	Kari Anne B. Ringdal	109	26:44
	01:47+ 06:37+ 08:10+ 11:12+ 14:16+ 17:52+ 19:56+ 22:39+ 25:01+ 26:14+ 26:44+		
	01:47+ 04:50+ 01:33+ 03:02+ 03:04+ 03:36+ 02:04+ 02:43+ 02:22+ 01:13+ 00:30+		
	00:24& 01:02& 00:19& 01:10& 01:44@ 00:40# 00:23# 00:44& 00:23# 00:21& 00:01+		
6	Mari Grønlund	109	31:33
	02:41+ 07:39+ 09:32+ 12:19+ 17:29+ 21:07+ 23:15+ 25:44+ 28:04+ 30:44+ 31:33+		
	02:41+ 04:58+ 01:53+ 02:47+ 05:10+ 03:38+ 02:08+ 02:29+ 02:20+ 02:40+ 00:49+		
	01:18& 01:10& 00:39& 00:55& 03:50@ 00:42# 00:27& 00:30& 00:21# 01:48@ 00:20&		
7	Vanessa Venema	306	33:45
	07:42+ 12:47+ 14:18+ 17:01+ 19:39+ 24:13+ 26:14+ 28:50+ 31:11+ 32:21+ 33:11+ 33:45+		
	07:42+ 05:05+ 01:31+ 02:43+ 02:38+ 04:34+ 02:01+ 02:36+ 02:21+ 01:10+ 00:50+ 00:34+		
	06:19@ 01:17& 00:17# 00:51& 01:18& 01:38& 00:20# 00:37& 00:22# 00:18& 00:21& 00:34+		

Beste strekktid for klassen

00:33 03:48 01:13 01:52 01:20 02:56 01:41 01:59 01:59 00:51 00:27

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
D 17- Prolog 2B			
1	Aud Hognestad Taksdal	88	15:40
	00:25= 03:29= 06:21= 08:10= 09:12= 10:42= 13:27= 14:43= 15:15= 15:40=		
	00:25= 03:04= 02:52= 01:49= 01:02= 01:30= 02:45= 01:16= 00:32= 00:25=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Kristina Voll	109	16:22
	00:27+ 03:43+ 06:36+ 08:30+ 09:35+ 11:07+ 13:52+ 15:20+ 15:56+ 16:22+		
	00:27+ 03:16+ 02:53+ 01:54+ 01:05+ 01:32+ 02:45= 01:28+ 00:36+ 00:26+		
	00:02+ 00:12+ 00:01+ 00:05+ 00:03+ 00:02+ 00:00= 00:12# 00:04# 00:01+		
3	Inger Tone Nygård	59	18:00
	00:28+ 03:52+ 07:11+ 09:19+ 10:33+ 12:19+ 15:22+ 16:53+ 17:33+ 18:00+		
	00:28+ 03:24+ 03:19+ 02:08+ 01:14+ 01:46+ 03:03+ 01:31+ 00:40+ 00:27+		
	00:03# 00:20# 00:27# 00:19# 00:12# 00:16# 00:18# 00:15# 00:08# 00:02+		
4	Tone Cecilie Nystrøm	324	18:49
	00:35+ 04:14+ 07:44+ 09:53+ 11:10+ 12:57+ 16:04+ 17:35+ 18:21+ 18:49+		
	00:35+ 03:39+ 03:30+ 02:09+ 01:17+ 01:47+ 03:07+ 01:31+ 00:46+ 00:28+		
	00:10& 00:35# 00:38# 00:20# 00:15# 00:17# 00:22# 00:15# 00:14& 00:03#		
5	Ann-Cathrin Nybak Urdal	88	19:54
	00:29+ 04:33+ 08:07+ 10:26+ 11:51+ 13:44+ 17:06+ 18:47+ 19:27+ 19:54+		
	00:29+ 04:04+ 03:34+ 02:19+ 01:25+ 01:53+ 03:22+ 01:41+ 00:40+ 00:27+		
	00:04# 01:00& 00:42# 00:30& 00:23& 00:23& 00:37# 00:25& 00:08# 00:02+		
6	Solfrid H. Thuestad	109	19:56
	00:42+ 04:24+ 07:51+ 10:22+ 11:44+ 13:30+ 16:47+ 18:26+ 19:24+ 19:56+		
	00:42+ 03:42+ 03:27+ 02:31+ 01:22+ 01:46+ 03:17+ 01:39+ 00:58+ 00:32+		
	00:17& 00:38# 00:35# 00:42& 00:20& 00:16# 00:32# 00:23& 00:26& 00:07&		
7	Ann Karin Tjørhom	88	20:00
	00:35+ 04:27+ 07:54+ 10:08+ 11:24+ 13:18+ 17:03+ 18:45+ 19:30+ 20:00+		
	00:35+ 03:52+ 03:27+ 02:14+ 01:16+ 01:54+ 03:45+ 01:42+ 00:45+ 00:30+		
	00:10& 00:48& 00:35# 00:25# 00:14# 00:24& 01:00& 00:26& 00:13& 00:05#		
8	Anita Sælevik	109	23:26
	00:31+ 04:47+ 09:00+ 12:13+ 13:46+ 15:55+ 19:45+ 22:04+ 22:53+ 23:26+		
	00:31+ 04:16+ 04:13+ 03:13+ 01:33+ 02:09+ 03:50+ 02:19+ 00:49+ 00:33+		
	00:06# 01:12& 01:21& 01:24& 00:31& 00:39& 01:05& 01:03& 00:17& 00:08&		

Beste strekktid for klassen

00:25 03:04 02:52 01:49 01:02 01:30 02:45 01:16 00:32 00:25

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
D 60- Prolog 2A			
1	Turid Nystrøm	324	25:09
00:37= 05:10= 06:32= 09:09= 12:43= 15:54= 17:59= 20:24= 22:42= 24:30= 25:09=			
00:37= 04:33= 01:22= 02:37= 03:34= 03:11= 02:05= 02:25= 02:18= 01:48= 00:39=			
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=			
2	Haldis Glendrange	324	27:21
00:38+ 05:22+ 06:50+ 10:54+ 14:15+ 17:35+ 19:31+ 22:17+ 25:14+ 26:47+ 27:21+			
00:38+ 04:44+ 01:28+ 04:04+ 03:21- 03:20+ 01:56- 02:46+ 02:57+ 01:33- 00:34-			
00:01+ 00:11+ 00:06+ 01:27& 00:13- 00:09+ 00:09- 00:21# 00:39& 00:15- 00:05-			
Beste strekktid for klassen			
00:37 04:33 01:22 02:37 03:21 03:11 01:56 02:25 02:18 01:33 00:34			
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			

H 13-16 Prolog 2A

1	Henrik Haga Nesse										109	18:34
00:24=	04:05=	05:07=	07:51=	09:23=	11:51=	13:13=	15:07=	17:30=	18:18=	18:34=		
00:24=	03:41=	01:02=	02:44=	01:32=	02:28=	01:22=	01:54=	02:23=	00:48=	00:16=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Vegard Wiig Nystad										109	27:17
01:03+	05:45+	07:15+	11:29+	14:16+	18:09+	20:38+	23:15+	25:32+	26:46+	27:17+		
01:03+	04:42+	01:30+	04:14+	02:47+	03:53+	02:29+	02:37+	02:17-	01:14+	00:31+		
00:39@	01:01&	00:28&	01:30&	01:15&	01:25&	01:07&	00:43&	00:06-	00:26&	00:15&		

Beste strekktid for klassen

00:24	03:41	01:02	02:44	01:32	02:28	01:22	01:54	02:17	00:48	00:16
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
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H 13-16 Prolog 2B

1	Ole Kristian Taksdal									88	18:04
00:29=	03:40=	07:06=	09:14=	10:31=	12:17=	15:16=	16:49=	17:24=	18:04=		
00:29=	03:11=	03:26=	02:08=	01:17=	01:46=	02:59=	01:33=	00:35=	00:40=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Aleksander Jørgensen									109	18:08
00:23-	03:27-	06:42-	08:43-	10:35+	12:15-	15:04-	17:09+	17:46+	18:08+		
00:23-	03:04-	03:15-	02:01-	01:52+	01:40-	02:49-	02:05+	00:37+	00:22-		
00:06-	00:07-	00:11-	00:07-	00:35&	00:06-	00:10-	00:32&	00:02+	00:18-		
3	Andreas Nybak Urdal									88	22:21
00:37+	04:36+	08:25+	11:21+	13:15+	15:22+	18:56+	20:54+	21:50+	22:21+		
00:37+	03:59+	03:49+	02:56+	01:54+	02:07+	03:34+	01:58+	00:56+	00:31-		
00:08&	00:48&	00:23#	00:48&	00:37&	00:21#	00:35#	00:25&	00:21&	00:09-		

Beste strekktid for klassen

00:23	03:04	03:15	02:01	01:17	01:40	02:49	01:33	00:35	00:22
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
H 17- Prolog 1A			
1	Per Ivar Stokland	88	18:16
	00:23= 03:15= 05:02= 06:37= 07:45= 09:56= 11:49= 13:52= 16:20= 17:29= 17:57= 18:16=		
	00:23= 02:52= 01:47= 01:35= 01:08= 02:11= 01:53= 02:03= 02:28= 01:09= 00:28= 00:19=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Morten Sundli	88	18:56
	00:22- 03:20+ 05:24+ 07:24+ 08:29+ 10:40+ 12:33+ 14:29+ 16:53+ 18:05+ 18:35+ 18:56+		
	00:22- 02:58+ 02:04+ 02:00+ 01:05- 02:11= 01:53= 01:56- 02:24- 01:12+ 00:30+ 00:21+		
	00:01- 00:06+ 00:17# 00:25& 00:03- 00:00= 00:00= 00:07- 00:04- 00:03+ 00:02+ 00:02#		
3	Oddvar Taksdal	88	19:19
	00:26+ 03:32+ 05:23+ 07:06+ 08:14+ 10:29+ 12:24+ 14:29+ 17:02+ 18:18+ 18:55+ 19:19+		
	00:26+ 03:06+ 01:51+ 01:43+ 01:08= 02:15+ 01:55+ 02:05+ 02:33+ 01:16+ 00:37+ 00:24+		
	00:03# 00:14+ 00:04+ 00:08+ 00:00= 00:04+ 00:02+ 00:02+ 00:05+ 00:07# 00:09& 00:05&		
4	Jarle Solbakken	306	19:21
	00:28+ 03:29+ 05:21+ 07:06+ 08:14+ 10:32+ 12:24+ 14:27+ 16:58+ 18:23+ 18:58+ 19:21+		
	00:28+ 03:01+ 01:52+ 01:45+ 01:08= 02:18+ 01:52- 02:03= 02:31+ 01:25+ 00:35+ 00:23+		
	00:05# 00:09+ 00:05+ 00:10# 00:00= 00:07+ 00:01- 00:00= 00:03+ 00:16# 00:07# 00:04#		
5	Bjørn Egil Rossebø	306	19:39
	00:24+ 03:24+ 05:19+ 06:58+ 08:32+ 10:46+ 12:44+ 14:51+ 17:29+ 18:44+ 19:15+ 19:39+		
	00:24+ 03:00+ 01:55+ 01:39+ 01:34+ 02:14+ 01:58+ 02:07+ 02:38+ 01:15+ 00:31+ 00:24+		
	00:01+ 00:08+ 00:08+ 00:04+ 00:26& 00:03+ 00:05+ 00:04+ 00:10+ 00:06+ 00:03# 00:05&		
6	Einar Martinsen	377	20:43
	00:22- 04:13+ 06:31+ 08:13+ 09:24+ 11:53+ 13:49+ 15:51+ 18:22+ 19:41+ 20:18+ 20:43+		
	00:22- 03:51+ 02:18+ 01:42+ 01:11+ 02:29+ 01:56+ 02:02- 02:31+ 01:19+ 00:37+ 00:25+		
	00:01- 00:59& 00:31& 00:07+ 00:03+ 00:18# 00:03+ 00:01- 00:03+ 00:10# 00:09& 00:06&		
7	Kjetil Fiskå	339	23:48
	00:34+ 04:20+ 06:50+ 08:45+ 10:06+ 12:57+ 15:06+ 17:26+ 20:39+ 22:31+ 23:20+ 23:48+		
	00:34+ 03:46+ 02:30+ 01:55+ 01:21+ 02:51+ 02:09+ 02:20+ 03:13+ 01:52+ 00:49+ 00:28+		
	00:11& 00:54& 00:43& 00:20# 00:13# 00:40& 00:16# 00:17# 00:45& 00:43& 00:21& 00:09&		
8	Peter Dirksen	306	26:10
	00:42+ 05:00+ 07:54+ 10:27+ 11:53+ 14:57+ 17:05+ 19:46+ 23:12+ 24:50+ 25:41+ 26:10+		
	00:42+ 04:18+ 02:54+ 02:33+ 01:26+ 03:04+ 02:08+ 02:41+ 03:26+ 01:38+ 00:51+ 00:29+		
	00:19& 01:26& 01:07& 00:58& 00:18& 00:53& 00:15# 00:38& 00:58& 00:29& 00:23& 00:10&		
9	Karsten Hervik Hansen	109	
	1447:06+ 1449:13+ 1450:30+ 1453:01+ 1455:24+ 1458:10+ 1461:01+ 1462:26+ 1463:03+ 1463:27+		
	1447:06+ 02:07- 01:17- 02:31+ 02:23+ 02:46+ 02:51+ 01:25- 00:37- 00:24-		
	1446:43@ 00:45- 00:30- 00:56& 01:15@ 00:35& 00:58& 00:38- 01:51- 00:45-		
Beste strekktid for klassen			
	00:22 02:07 01:17 01:35 01:05 02:11 01:52 01:25 00:37 00:24 00:28 00:19		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			

Plass	Navn	Klasse												Tid
H 17- Prolog 1B														
1	Stein Arne Olsen	324												19:00
00:30=	03:19=	05:23=	07:24=	08:31=	10:14=	11:54=	13:20=	15:15=	16:45=	18:07=	18:38=	19:00=		
00:30=	02:49=	02:04=	02:01=	01:07=	01:43=	01:40=	01:26=	01:55=	01:30=	01:22=	00:31=	00:22=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		
2	Alf Johan Walgermo Lima	88												19:16
00:32+	03:36+	05:29+	07:11-	08:18-	09:59-	11:43-	13:12-	15:13-	16:52+	18:17+	18:54+	19:16+		
00:32+	03:04+	01:53-	01:42-	01:07=	01:41-	01:44+	01:29+	02:01+	01:39+	01:25+	00:37+	00:22=		
00:02+	00:15+	00:11-	00:19-	00:00=	00:02-	00:04+	00:03+	00:06+	00:09#	00:03+	00:06#	00:00=		
3	Johannes Djupesland	109												19:44
00:30=	03:23+	05:20-	07:03-	08:13-	10:06-	11:49-	13:20=	15:21+	17:03+	18:42+	19:18+	19:44+		
00:30=	02:53+	01:57-	01:43-	01:10+	01:53+	01:43+	01:31+	02:01+	01:42+	01:39+	00:36+	00:26+		
00:00=	00:04+	00:07-	00:18-	00:03+	00:10+	00:03+	00:05+	00:06+	00:12#	00:17#	00:05#	00:04#		
4	John Arvid Djupesland	109												20:43
00:31+	03:43+	05:57+	08:00+	09:11+	10:59+	12:41+	14:37+	16:37+	18:16+	19:45+	20:18+	20:43+		
00:31+	03:12+	02:14+	02:03+	01:11+	01:48+	01:42+	01:56+	02:00+	01:39+	01:29+	00:33+	00:25+		
00:01+	00:23#	00:10+	00:02+	00:04+	00:05+	00:02+	00:30&	00:05+	00:09#	00:07+	00:02+	00:03#		
5	Knut Steffen Kvala	109												21:07
00:29-	03:31+	05:46+	07:31+	08:46+	10:57+	12:42+	14:18+	16:57+	18:33+	20:08+	20:43+	21:07+		
00:29-	03:02+	02:15+	01:45-	01:15+	02:11+	01:45+	01:36+	02:39+	01:36+	01:35+	00:35+	00:24+		
00:01-	00:13+	00:11+	00:16-	00:08#	00:28&	00:05+	00:10#	00:44&	00:06+	00:13#	00:04#	00:02+		
6	Kristoffer Susort Kvale	109												21:41
00:31+	03:29+	06:04+	07:55+	09:06+	11:11+	14:04+	15:37+	17:39+	19:21+	20:49+	21:20+	21:41+		
00:31+	02:58+	02:35+	01:51-	01:11+	02:05+	02:53+	01:33+	02:02+	01:42+	01:28+	00:31=	00:21-		
00:01+	00:09+	00:31#	00:10-	00:04+	00:22#	01:13&	00:07+	00:07+	00:12#	00:06+	00:00=	00:01-		
7	Jone Sæbbø	324												21:44
00:38+	03:55+	06:19+	08:16+	09:35+	11:32+	13:20+	14:58+	17:10+	18:52+	20:29+	21:12+	21:44+		
00:38+	03:17+	02:24+	01:57-	01:19+	01:57+	01:48+	01:38+	02:12+	01:42+	01:37+	00:43+	00:32+		
00:08&	00:28#	00:20#	00:04-	00:12#	00:14#	00:08+	00:12#	00:17#	00:12#	00:15#	00:12&	00:10&		
8	Jostein Baustad	109												21:45
00:30=	03:36+	05:49+	08:10+	09:23+	11:19+	13:13+	15:22+	17:19+	18:58+	20:45+	21:20+	21:45+		
00:30=	03:06+	02:13+	02:21+	01:13+	01:56+	01:54+	02:09+	01:57+	01:39+	01:47+	00:35+	00:25+		
00:00=	00:17#	00:09+	00:20#	00:06+	00:13#	00:14#	00:43&	00:02+	00:09#	00:25&	00:04#	00:03#		
9	Jan-Einar Øvremo	100												21:49
00:32+	04:24+	06:45+	08:31+	09:41+	11:58+	15:27+	17:29+	19:19+	20:52+	21:26+	21:49+			
00:32+	03:52+	02:21+	01:46-	01:10+	02:17+	03:29+	02:02+	01:50-	01:33+	00:34-	00:23-			
00:02+	01:03&	00:17#	00:15-	00:03+	00:34&	01:49@	00:36&	00:05-	00:03+	00:48-	00:08-			
10	Otte Omdal	88												23:27
00:35+	03:51+	06:11+	08:04+	09:19+	11:22+	13:13+	15:38+	19:04+	20:50+	22:27+	23:01+	23:27+		
00:35+	03:16+	02:20+	01:53-	01:15+	02:03+	01:51+	02:25+	03:26+	01:46+	01:37+	00:34+	00:26+		
00:05#	00:27#	00:16#	00:08-	00:08#	00:20#	00:11#	00:59&	01:31&	00:16#	00:15#	00:03+	00:04#		
11	Ivar Johan Larsen	324												29:51
00:58+	05:45+	08:55+	11:29+	13:15+	15:58+	18:25+	20:41+	23:51+	26:11+	28:24+	29:13+	29:51+		
00:58+	04:47+	03:10+	02:34+	01:46+	02:43+	02:27+	02:16+	03:10+	02:20+	02:13+	00:49+	00:38+		
00:28&	01:58&	01:06&	00:33&	00:39&	01:00&	00:47&	00:50&	01:15&	00:50&	00:51&	00:18&	00:16&		
12	Arild Svihus	88												35:11
01:52+	06:35+	10:42+	13:43+	15:34+	19:11+	21:52+	24:18+	27:36+	30:18+	32:39+	34:32+	35:11+		
01:52+	04:43+	04:07+	03:01+	01:51+	03:37+	02:41+	02:26+	03:18+	02:42+	02:21+	01:53+	00:39+		
01:22@	01:54&	02:03&	01:00&	00:44&	01:54@	01:01&	01:00&	01:23&	01:12&	00:59&	01:22@	00:17&		
Beste strekktid for klassen														
00:29	02:49	01:53	01:42	01:07	01:41	01:40	01:26	01:50	01:30	00:34	00:23	00:21		

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
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H 60- Prolog 2A

1	Bjørn Alsaker										324	17:44
00:23=	03:50=	05:01=	07:03=	08:59=	11:28=	12:57=	14:41=	16:23=	17:12=	17:44=		
00:23=	03:27=	01:11=	02:02=	01:56=	02:29=	01:29=	01:44=	01:42=	00:49=	00:32=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2

Kjell Svihus

88

20:33

00:33+ 04:44+ 06:00+ 08:13+ 10:28+ 13:15+ 15:03+ 17:08+ 19:06+ 20:04+ 20:33+

00:33+ 04:11+ 01:16+ 02:13+ 02:15+ 02:47+ 01:48+ 02:05+ 01:58+ 00:58+ 00:29-

00:10& 00:44# 00:05+ 00:11+ 00:19# 00:18# 00:19# 00:21# 00:16# 00:09# 00:03-

3

Bjarne Gimre

88

20:34

00:35+

04:56+

06:13+

08:30+

10:47+

13:36+

15:20+

17:22+

19:18+

20:09+

20:34+

00:35+

04:21+

01:17+

02:17+

02:17+

02:49+

01:44+

02:02+

01:56+

00:51+

00:25-

00:12&

00:54&

00:06+

00:15#

00:21#

00:20#

00:15#

00:18#

00:14#

00:02+

00:07-

Beste strekktid for klassen

00:23	03:27	01:11	02:02	01:56	02:29	01:29	01:44	01:42	00:49	00:25
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= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

Plass	Navn	Klasse	Tid
H 60- Prolog 2B			
1	Arne Kristian Espedal	324	15:52
00:29=	03:29= 06:21= 08:15= 09:25= 10:54= 13:27= 14:49= 15:25= 15:52=		
00:29=	03:00= 02:52= 01:54= 01:10= 01:29= 02:33= 01:22= 00:36= 00:27=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
2	Svein Glendrange	324	19:48
00:33+	04:13+ 07:53+ 10:13+ 11:38+ 13:30+ 16:44+ 18:27+ 19:18+ 19:48+		
00:33+	03:40+ 03:40+ 02:20+ 01:25+ 01:52+ 03:14+ 01:43+ 00:51+ 00:30+		
00:04#	00:40# 00:48& 00:26# 00:15# 00:23& 00:41& 00:21& 00:15& 00:03#		
3	Erling Haavik	109	21:15
01:17+	05:03+ 09:07+ 11:18+ 13:23+ 15:12+ 18:21+ 19:59+ 20:49+ 21:15+		
01:17+	03:46+ 04:04+ 02:11+ 02:05+ 01:49+ 03:09+ 01:38+ 00:50+ 00:26-		
00:48@	00:46& 01:12& 00:17# 00:55& 00:20# 00:36# 00:16# 00:14& 00:01-		
4	Knut Bendik Kvala	109	25:52
01:47+	06:07+ 09:55+ 13:23+ 16:34+ 18:36+ 22:04+ 24:05+ 24:51+ 25:52+		
01:47+	04:20+ 03:48+ 03:28+ 03:11+ 02:02+ 03:28+ 02:01+ 00:46+ 01:01+		
01:18@	01:20& 00:56& 01:34& 02:01@ 00:33& 00:55& 00:39& 00:10& 00:34@		
Beste strekktid for klassen			
00:29	03:00 02:52 01:54 01:10 01:29 02:33 01:22 00:36 00:26		
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.			