

Gimle 2 dagers

Gimle IF

Sammenlagtresultat

2 løp teller

Pluss	Løper	# Totalt	Løp 1	Løp 2
D 13-14				
1	Johanne Bratland Tjernshaugen,	51:50	25:03-1	26:47-1
2	Idun Kristine Felde Olausen,	56:57	27:36-4	29:21-4
3	Rikke Ingesen, Sarpsborg OL	57:20	27:05-3	30:15-5
4	Synne Malene Brække, Halden SK	1:07:12	26:05-2	41:07-17
4	Marie Bergstrøm, Gimle IF	1:07:12	29:11-5	38:01-13
6	Helena Åsberg, Sarpsborg OL	1:15:58	35:55-7	40:03-15
7	Ingvild Benum Vestre, Fossum IF	26:49		26:49-2
8	Sofie Skyttersæter Iversen,	27:21		27:21-3
9	Kristin Ottesen, Fredrikstad SK	30:14	30:14-6	DNS
10	Nora Graffer, Østmarka OK	30:23		30:23-6
11	Line Wegner Hodt, Fossum IF	31:52		31:52-7
12	Fanni Jauhojärvi Markussen, Asker	31:56		31:56-8
13	Emma Eithun Paulsen, Nittedal OL	32:45		32:45-9
14	Nora Synnøve Woxholth, Asker	32:58		32:58-10
15	Johanne Øderud Vatne,	36:03	36:03-8	
16	Hanne Grandal, IL Tyrving	36:47		36:47-11
17	Mina Haver, Lillomarka OL	37:06		37:06-12
18	Åse Bergan, Nydalens SK	38:48		38:48-14
19	Isolde Kobernus, Lillomarka OL	40:41		40:41-16
20	Ingrid Puck, Gimle IF	41:59	41:59-9	DSQ
21	Ylva Horten, Lillomarka OL	42:55		42:55-18
22	Marie Treekrem, Ås-UMB	46:23		46:23-19
23	Maiken Sandberg, Nydalens SK	48:27		48:27-20
24	Thea Feiring Haltia, IL Tyrving	48:40	DNS	48:40-21
25	Julie Bakke, Fossum IF	50:00		50:00-22
26	Synne Eide Rapp, Raumar	51:52		51:52-23
27	Emilie Sommerstad Vee, IL Tyrving	52:13		52:13-24
28	Maria Olsbø, Østmarka OK	52:29		52:29-25
29	Synne Skjærstein, IL Tyrving	53:48		53:48-26
30	Marthe Ramstad, Fet OL	54:23		54:23-27
31	Victoria Hæstad Bjørnstad,	54:47		54:47-28
32	Ingrid Aaslund, Fet OL	55:57		55:57-29
32	Margrethe Wisløff, Asker Skiklubb	55:57		55:57-29
34	Vilde Frydenlund Norling, Nydalens	1:02:08		1:02:08-31
	Oda Sikkeland, IL Tyrving	00:00		DNS
	Mathilde Sønsterudbråten, Raumar	00:00		DSQ
	Ingvild C. Fleisje, Nittedal OL	00:00		DNS

D 15-16

1	Anneli Grindstad, Sarpsborg OL	1:14:22	32:46-1	41:36-11
2	Marie Olausen, Fredrikstad SK	1:14:36	41:43-2	32:53-2
3	Tuva Bjerketvedt, OK Moss	1:30:44	45:21-5	45:23-17
4	Martine Løwengreen, Sarpsborg	1:34:21	44:35-3	49:46-24
5	Maren Roll Paulsen, Fredrikstad SK	1:35:25	49:21-9	46:04-19
6	Oda Frøshaug, Indre Østfold OK	1:37:38	49:20-8	48:18-23
7	Benedicte Pedersen, Sarpsborg OL	1:41:43	46:26-6	55:17-27
8	Alexandria Jensen, Indre Østfold	1:57:52	49:33-10	1:08:19-31
9	Anine Ahlsand, Nydalens SK	31:56		31:56-1
10	Kristin Brekke, Lillomarka OL	35:52		35:52-3
11	Ragnhild Hjørnstad, Fossum IF	36:51		36:51-4

Plass	Løper	Totalt	Løp 1	Løp 2
12	Kristin Blindheim, Lillomarka OL	37:58		37:58-5
13	Selma Øfsthus Gravir, Asker	38:24		38:24-6
14	Stine Madslie Bakken, Nydalens	38:59		38:59-7
15	Kaja Bråten Løvald, Asker Skiklubb	39:13	DNS	39:13-8
16	Tiril Ruud Bråten, Raumar	39:40		39:40-9
17	Marit Nersten, Fossum IF	40:21		40:21-10
18	Nina Asheim Birkeland, Halden SK	41:48		41:48-12
19	Oda Lægran, Nydalens SK	41:53		41:53-13
20	Thea-Elise Ødegaard, Fossum IF	43:52		43:52-14
21	Siri Grandal, IL Tyrving	43:57		43:57-15
22	Marthe Kristensen, Sarpsborg OL	44:35	44:35-3	
23	Astrid Fiskum, IL Tyrving	44:39		44:39-16
24	Johanne Lægran, Nydalens SK	45:28		45:28-18
25	Stina Sandberg, Nydalens SK	46:34		46:34-20
26	Julia Plaian, Asker Skiklubb	47:02		47:02-21
27	Astrid Næss Bjørgul, Halden SK	47:23	47:23-7	
28	Karen Bjergaard, Nydalens SK	47:33		47:33-22
29	Ingvild Wang, Lillomarka OL	50:02		50:02-25
30	Christine Williksen Høiland, Fossum	51:37		51:37-26
31	Ingrid Nytun Nergård, Nittedal OL	59:09		59:09-28
32	Oda Eithun Paulsen, Nittedal OL	1:02:39		1:02:39-29
33	Ida Feiring Haltia, IL Tyrving	1:05:52		1:05:52-30
34	Synne Nesheim Flatebakken, IL	1:10:21		1:10:21-32
	Karoline Sønsterudbråten, Raumar	00:00		DSQ
	Sunniva Eik Haave, Oppsal IF	00:00		DSQ

D 17-18

1	Sigrid Alexandersen, Fredrikstad	1:11:37	34:48-1	36:49-1
2	Jenny Andreassen Moe, Ås-UMB	40:20	40:20-2	
3	Ingrid Gulbrandsen, Asker Skiklubb	48:52		48:52-2
4	Jenny Braseth, Gimle IF	1:07:25	DNS	1:07:25-3
5	Reidun Haarr Johansen, Oppsal IF	1:12:42		1:12:42-4
	Sofie Lillestrand, Fredrikstad SK	00:00		DNS
	Maria Dahl Fosby, Gimle IF	00:00	DNS	
	Sigrid Ottestad Hansen, Gimle IF	00:00		DSQ

D 19-20

1	Malin Eijsink, Ås-UMB Orientering	34:45	34:45-1	DNS
2	Karoline Dahl Fosby, Gimle IF	56:27	56:27-2	DSQ

D 21-

1	Berit Sofie Wiklund, Nydalens SK	1:16:19	30:42-3	45:37-1
2	Ellen Cathrine Svendsen, Halden	1:17:41	28:57-1	48:44-3
3	Ingrid Kronborg Bronebakk, Halden	1:22:11	31:41-5	50:30-4
4	Heidi Stokseth, Halden SK	1:31:08	34:27-7	56:41-5
5	Susanne Tveterås, Nydalens SK	2:04:38	46:01-9	1:18:37-6
6	Tonje Granne Kvale, Ås-UMB	29:33	29:33-2	
7	Ingunn Fristad, Halden SK	30:59	30:59-4	
8	Elin Cathrine Hagen-Tafjord,	33:36	33:36-6	
9	Line Drange Ruud, Asker Skiklubb	43:44	43:44-8	
10	Maria Jonsson, Nydalens SK	48:34		48:34-2

D 35-

Plass	Løper	Totalt	Løp 1	Løp 2
1	Hanne Kobernus, Lillomarka OL	1:07:40		1:07:40-1
D 40-				
1	Hilde Tellesbø, Nittedal OL	1:22:32	35:32-1	47:00-8
2	Kristin Damsgaard Grindstad,	1:36:19	45:53-3	50:26-10
3	Anne Margrete Hammer, Østmarka	2:03:59	1:03:06-8	1:00:53-12
4	Heidi Børstad, Sarpsborg OL	2:04:09	52:42-6	1:11:27-14
5	Eva Lill Kvisle, Asker Skiklubb	38:26		38:26-1
6	Hege H Feiring, IL Tyrving	40:21	DNS	40:21-2
7	Hilda Øfsthus, Asker Skiklubb	42:38		42:38-3
8	Hanne Lerche Raadal, Halden SK	44:35		44:35-4
9	Kjersti Holt Hanssen, Måren OK	44:45		44:45-5
10	May Bente Brurberg, Ås-UMB	44:46	44:46-2	
11	Gry Ahlsand, Nydalens SK	45:06		45:06-6
12	Grethe K. Løvald, Asker Skiklubb	46:41	DNS	46:41-7
13	Marit B. Eithun, Nittedal OL	47:20		47:20-9
14	Hanne Narvestad, Halden SK	49:20	49:20-4	
15	Wenche Lindløv, Sarpsborg OL	52:26	52:26-5	DNS
16	Ingrid Hernes, Asker Skiklubb	57:11	57:11-7	DNS
17	Ann Katrin Olsen, Asker Skiklubb	59:10		59:10-11
18	Anne Marit Bjergaard, Nydalens SK	1:02:23		1:02:23-13
	Synnøve Lyssand Sandberg,	00:00		DNS
	Ingvild Tandberg, Asker Skiklubb	00:00	DSQ	
	Marianne Arnesen, Asker Skiklubb	00:00	DNS	DNS
D 50-				
1	Anne Marie Solheim Haugerud,	1:09:09	29:25-1	39:44-1
2	Anne Elisabeth Ramtvedt,	1:16:33	34:35-2	41:58-2
3	Bente Line, Skaukameratene OL	1:25:42	39:43-3	45:59-4
4	Gabriella Axelsson, Idefjordens SK	1:27:07	41:57-5	45:10-3
5	Gunn Astrid Jakobsen, Fredrikstad	1:48:10	55:11-7	52:59-5
6	Berit Danielsen, IL Tyrving	40:15	40:15-4	
7	Hege Næss Bjørgul, Halden SK	42:22	42:22-6	
8	Aase Løvland, Kolbotn og Skimt OL	1:00:46	1:00:46-8	
9	Grete Berntsen, Måren OK	1:05:49		1:05:49-6
10	Enikø Bertalan, Asker Skiklubb	1:20:31		1:20:31-7
	Hanne Svaröd Jensen, Eds SK	00:00	DSQ	DNS
D 60-				
1	Marit Bokerød Hansen, Idd	1:19:37	36:29-1	43:08-1
2	Inger Lindløv, OK Moss	1:28:15	40:53-2	47:22-2
3	Inger Lise Bjordal, Oppsal IF	2:43:00	1:17:23-6	1:25:37-4
4	Sigrun Svartedal, Trøsken IL	41:52	41:52-3	DNS
5	Kari Hommeren, Trøsken IL	46:09	46:09-4	DNS
6	Bodil Berby, Trøsken IL	49:25	49:25-5	DNS
7	Tordis Rytter Jakobsen, OK Moss	1:08:07		1:08:07-3
8	Marit Sørensen, Skaukameratene	1:24:02	1:24:02-7	DNS
9	Torill Lund, Skaukameratene OL	1:37:54	1:37:54-8	DNS
D 70-				
1	Grete Brustad Nilsen, Marker OL	1:20:29	DSQ	1:20:29-1
H 13-14				

Plass	Løper	Totalt	Løp 1	Løp 2
1	Håkon Østraat Sævareid, Halden	47:41	22:17-1	25:24-5
2	Olav Schmitt Gran, Halden SK	47:50	22:17-1	25:33-7
3	Herman Ryen Martinsen,	49:22	23:19-3	26:03-9
4	Guttorm Snemyr Holtet, Indre	49:28	24:32-4	24:56-3
5	August Asheim Birkeland, Halden	50:23	25:24-5	24:59-4
6	Jørgen Vister, Indre Østfold OK	1:01:31	26:10-6	35:21-19
7	Kasper Fosser, Heming Orientering	1:04:36	35:02-8	29:34-13
8	Børge Brenås, Varteig OL	1:10:27	28:39-7	41:48-26
9	Alexander Skaug Ytterbøl, Halden	1:17:24	37:05-9	40:19-23
10	Vegard Gulbrandsen, Asker	18:52		18:52-1
11	Erling Hjermstad, Fossum IF	23:38		23:38-2
12	Tarjei Holo, Fossum IF	25:30		25:30-6
13	Jørgen Wulfsberg, Nydalens SK	25:45		25:45-8
14	Fredrik Ramstad Hoff, Fossum IF	26:25		26:25-10
15	Martin Borge Heir, Fossum IF	26:38		26:38-11
16	Gjermund Tørnqvist Halden,	26:54		26:54-12
17	Elias Jonsson, Nydalens SK	30:36		30:36-14
18	Jørgen Kjos Barkenæs, Fet OL	31:24		31:24-15
19	Magnus Ramberg, Østmarka OK	31:57		31:57-16
20	Espen Hegstad Krüger, Nydalens	32:43		32:43-17
21	Einar Melsom, Fossum IF	35:16		35:16-18
22	Emil Løwengreen, Sarpsborg OL	36:07	DSQ	36:07-20
23	Styrk Hundseid Kamsvåg, IL	38:43		38:43-21
24	Hans Kristian Stubban Hygen,	40:13		40:13-22
25	Johannes Finne Reinseth,	40:22		40:22-24
26	Oscar Hæstad Bjørnstad, Fossum	41:17		41:17-25
27	Lukas Liland, Nydalens SK	44:16		44:16-27
28	Morten Kristian Vikerhaug, Fet OL	44:42		44:42-28
29	Ole Martin Edstrøm, Oppsal IF	50:23	DNS	50:23-29
	Alexander Skeppland Hole,	00:00		DNS
	Øyvind Hjermstad, Fossum IF	00:00		DSQ
	Eirik Langedal Breivik, Nydalens SK	00:00		DSQ
	Sjur Kvisle, Asker Skiklubb	00:00		DSQ
	Anders Langaas, Nydalens SK	00:00		DSQ
	Anders Rogne, Nittedal OL	00:00		DNS
	Axel Hoveid, Asker Skiklubb	00:00	DNS	DNS

H 15-16

1	Håkon Raadal Bjørlo, Halden SK	54:08	24:28-1	29:40-2
2	Peter Nordbrøden, Halden SK	1:08:41	32:50-3	35:51-6
3	Odd Kasper Ekre, Indre Østfold OK	1:25:48	31:46-2	54:02-20
4	Oskar Størmer, Fossum IF	29:20		29:20-1
5	Steinar Kollerud, Lillomarka OL	30:50		30:50-3
6	Erland Kvisle, Asker Skiklubb	31:24		31:24-4
7	Olai Stensland Lillevold, Ås-UMB	32:41		32:41-5
8	Eilif Tandberg Swensen, Asker	38:25	38:25-4	
9	Elias T. Mølnvik, Fossum IF	38:45	DNS	38:45-7
10	Tobias Thowsen, Halden SK	38:48	38:48-5	
11	Henrik Eijsink, Ås-UMB Orientering	39:13		39:13-8
12	Håkon Blågestad, Indre Østfold OK	39:50	39:50-6	DNS
13	Ola Brende, Fossum IF	40:21		40:21-9
14	Knut Aasheim, Oppsal IF	40:46	40:46-7	DNS
15	Elias Wiklund, Nydalens SK	42:43		42:43-10
16	Endre Wigaard, Oppsal IF	43:04		43:04-11

Plass	Løper	Totalt	Løp 1	Løp 2
17	Vebjørn Tandberg, Nydalens SK	43:47		43:47-12
18	Magnus Rokne Vågen, Nydalens	45:21		45:21-13
19	Anders Stiansen Nygaard, Ås-	46:44		46:44-14
20	Skjalg Hundseid Kamsvåg, IL	48:19		48:19-15
21	Andreas Marcussen, Asker	50:39		50:39-16
22	Lars Gustav Rogne, Nittedal OL	51:09		51:09-17
23	Bjørn André Aaslund, Fet OL	52:33		52:33-18
24	Are Wigaard, Oppsal IF Orientering	52:36		52:36-19
25	Helge Nikolai Helmersen, Fet OL	59:16		59:16-21
26	Halvor Granerud, Asker Skiklubb	1:12:41		1:12:41-22
	Sigurd Melsom, Fossum IF	00:00		DNS
	Erik Wegner Hodt, Fossum IF	00:00		DNS
	Ludvig Andreas Baugstø Rødnes,	00:00		DSQ
	Petter Norsted Kildebo, Halden SK	00:00	DNS	DNS
	Asgeir Ristesund, Fredrikstad SK	00:00	DNS	DNS

H 17-18

1	Markus Holter, Indre Østfold OK	1:11:45	33:47-1	37:58-1
2	Sander Kirkebøen, Halden SK	1:37:37	47:29-2	50:08-3
3	Anders Emilsson, Oppsal IF	49:20		49:20-2
4	Lars Harald Aasheim, Bækkelaget	50:35	50:35-3	DNS
5	Lars Bredalen, Nittedal OL	58:27		58:27-4
	Jacob Lilljeqvist, Stigsökarna	00:00	DNS	

H 19-20

1	Petter Næss Bjørgul, Halden SK	1:31:32	33:48-1	57:44-1
2	Albin Lilljeqvist, Stigsökarna	44:09	44:09-2	
3	Jens-Olaf Breivik Lingaas, Team 1	45:23	45:23-3	

H 21-

1	Øyvind Stokseth, Halden SK	1:32:27	32:06-2	1:00:21-1
2	Per Olaussen, Fredrikstad SK	1:34:21	32:03-1	1:02:18-2
3	Sindre Godager, Gjø-Vard OL	32:42	32:42-3	
4	Andreas Johansson, Halden SK	32:45	32:45-4	DNS
5	Sigurd Hynne, Ås-UMB Orientering	38:55	38:55-5	
6	Henrik Drange Ruud, Asker	40:37	40:37-6	
7	Stian Overskeid, Indre Østfold OK	41:05	41:05-7	
8	Audun Strandlie, Gjø-Vard OL	41:29	41:29-8	
9	Even Skårholen, Nydalens SK	1:07:23		1:07:23-3
10	Eirik Jansson Haverstad, Ås-UMB	1:08:07	DNS	1:08:07-4
11	Frode Konst, IL Tyrving	2:00:56		2:00:56-5

H 35-

1	Torstein Hole, Nydalens SK	1:12:14		1:12:14-1
2	Robert Banfi, Ås-UMB Orientering	1:32:33		1:32:33-2

H 40-

1	Tore Bjørnerød, OK Moss	1:28:53	34:43-1	54:10-2
2	Jim Olaussen, Halden SK	1:32:07	37:47-4	54:20-3
3	Geir Torgersen, Halden SK	1:34:55	37:07-3	57:48-6
4	Jo Wiklund, Nydalens SK	1:35:18	39:16-7	56:02-4
5	Gerrit Rode, Fet OL	1:37:06	38:22-5	58:44-8
6	Sigmund Vister, Indre Østfold OK	1:39:17	39:04-6	1:00:13-9

Plass	Løper	Totalt	Løp 1	Løp 2
7	Svend Arne Ytterbøl, Halden SK	1:48:15	42:48-12	1:05:27-10
8	Hallvard Koren, OK Moss	1:48:22	41:34-10	1:06:48-12
9	Rune Blågestad, Indre Østfold OK	1:48:54	41:23-9	1:07:31-14
10	Jan Tore Henriksen, Nydalens SK	1:49:52	40:18-8	1:09:34-18
11	Frank Svarød, Idd Sportsklubb	1:53:20	44:52-13	1:08:28-15
12	Dag Brenås, Varteig OL	1:54:19	47:57-17	1:06:22-11
13	Bjørn Axel Gran, Halden SK	1:55:12	45:53-14	1:09:19-17
14	Kyrre Gran, Fet OL	1:56:57	42:18-11	1:14:39-22
15	Gaute Langaas, Nydalens SK	2:01:21	46:16-15	1:15:05-23
16	Bjørn Tore Thoresen, Sarpsborg	2:07:47	49:16-18	1:18:31-25
17	Øyvind Thømt, Indre Østfold OK	2:12:16	54:37-21	1:17:39-24
18	Svend Saxe Frøshaug, Indre	2:16:37	54:54-22	1:21:43-26
19	Henrik Ottesen, Fredrikstad SK	37:06	37:06-2	DNS
20	Henning Martinsen, Fredrikstad SK	47:50	47:50-16	
21	Johan Lilljeqvist, Stigsökarna	50:53	50:53-19	
22	Morten Kildebo, Halden SK	52:03	52:03-20	DNS
23	Kjetil Bjørlo, Halden SK	52:26		52:26-1
24	Tore Bredalen, Nittedal OL	57:11		57:11-5
25	Bjørn Gulbrandsen, Asker Skiklubb	58:27		58:27-7
26	Pål Angvoll, Fredrikstad SK	1:03:43	1:03:43-23	
27	Børge Pedersen, Nydalens SK	1:07:24		1:07:24-13
28	Lars Krüger, Nydalens SK	1:08:55		1:08:55-16
29	Kjetil Karlsen, OK Moss	1:10:39		1:10:39-19
30	Finn Henry Lillestrand, Trøsken IL	1:11:11	DNS	1:11:11-20
31	Øystein Rapp, Raumar Orientering	1:13:07		1:13:07-21
	Inge Ramberg, Østmarka OK	00:00		DSQ
	Jan Richard Eriksen, Asker Skiklubb	00:00		DNS
	Pål Backstrøm, Halden SK	00:00	DNS	
	Kent Vidar Kopperud, Indre Østfold	00:00	DNS	DNS

H 50-

1	Terje Mathisen, Nydalens SK	1:02:40	28:12-3	34:28-1
2	Jan Bjerketvedt, OK Moss	1:06:38	28:04-2	38:34-4
3	Sture Ottesen, Skaukameratene OL	1:07:36	29:56-5	37:40-2
4	Bent Galborg, Skaukameratene	1:20:55	34:37-8	46:18-8
5	Karl Aasmund Erøy, OK Moss	1:21:57	31:07-6	50:50-13
6	Tore Rambøl, Indre Østfold OK	1:24:06	37:05-11	47:01-10
7	Roy Gjerding, OK Moss	1:38:51	46:02-15	52:49-14
8	Trygve Tveterås, Fredrikstad SK	2:46:20	1:11:54-16	1:34:26-17
9	Per Kristian Ekeberg, IL Tyrving	27:02	27:02-1	
10	Øystein Ruud, Fredrikstad SK	29:03	29:03-4	
11	Bjørn Heidenstrøm, Fredrikstad SK	32:25	32:25-7	DNS
12	Frank Johannes Bjøringsøy, Indre	35:13	35:13-9	
13	Per Arne Arnesen, Kolbotn og	36:21	36:21-10	
14	Morten Due, Måren OK	38:24		38:24-3
15	Bernt O. Myrvold, Sarpsborg OL	39:27	39:27-12	DSQ
16	Per Arne Andresen, Kolbotn og	39:28	39:28-13	DNS
17	Morten Karlsen, Måren OK	40:26		40:26-5
18	Bjørn Henning Grandal, IL Tyrving	40:37		40:37-6
19	Clas Svanteson, Kolbotn og Skimt	42:46	42:46-14	
20	Ove Martinsen, Hauketo IF	45:29		45:29-7
21	Bjørn Åstorp, Sarpsborg OL	46:55		46:55-9
22	Per Sandberg, Nydalens SK	47:41		47:41-11
23	Frode Kamsvåg, IL Tyrving	49:27		49:27-12

Plass	Løper	Totalt	Løp 1	Løp 2
24	Einar Kristian Lunde, Varteig OL	53:01		53:01-15
25	Anton Plaian, Asker Skiklubb	58:25		58:25-16
	Nils Hæstad, Fossum IF	00:00		DSQ
	Jens Hetland, Nydalens SK	00:00		DNS
	Egil W Iversen, Heming Orientering	00:00		DSQ

H 60-

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1	Leif Bokerød, Idd Sportsklubb	1:11:10	31:50-2	39:20-1
2	Jimmy Nordli, Trøsken IL	1:12:23	31:37-1	40:46-2
3	Per Fosser, Indre Østfold OK	1:24:55	34:48-4	50:07-5
4	Roar Bjordal, Oppsal IF Orientering	1:29:31	43:32-8	45:59-4
5	Øivind Holt, Halden SK	1:55:26	50:19-10	1:05:07-6
6	Harald Aasheim, Oppsal IF	33:59	33:59-3	DNS
7	Tore Aaberg, Indre Østfold OK	36:05	36:05-5	
8	Per Oskar Larsen, Indre Østfold OK	37:49	37:49-6	
9	Trond Wettergreen, Driv IL	38:37	38:37-7	DNS
10	Per Reidulf Holm, OK Moss	44:59		44:59-3
11	Knut Lindløv, OK Moss	45:57	45:57-9	DSQ
12	Kristen Lund, Skaukameratene OL	1:05:08	1:05:08-11	DNS
	Olav Frode Bråten, Asker Skiklubb	00:00		DSQ
	Ole Jørgen Hommeren, Trøsken IL	00:00	DNS	DNS

H 70-

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1	Harald Lundhaug, OK Moss	1:04:48	28:10-1	36:38-1
2	Harald Wibye, OK Moss	1:33:34	43:15-3	50:19-3
3	Kjell Andersen, Varteig OL	1:54:29	54:13-4	1:00:16-6
4	Sveinung Fristad, Askvoll og	39:05	39:05-2	
5	Øivind Nielsen, Halden SK	48:24	DSQ	48:24-2
6	Roger Torper, Skaukameratene OL	53:02		53:02-4
7	Bjørn Jakobsen, OK Moss	57:46		57:46-5
	Tor Kaurin, Måren OK	00:00	DNS	