

Pluss	Løper	#	Totalt	Løp 1	Løp 2	Løp 3
D 11-12						
1	Åsne Haavengen, Kongsberg OL	51:45	10:47-1	19:18-2	21:40-1	
2	Alexandra Linløkken, Østmarka OK	52:36	11:16-3	19:00-1	22:20-2	
3	Kristine Kravdal, Gjø-Vard OL	54:35	11:18-4	19:54-4	23:23-5	
4	Pia Young Vik, Nydalens SK	55:08	12:14-6	20:09-6	22:45-4	
5	Mathilde Sæter Flesseberg,	57:33	12:43-8	22:09-13	22:41-3	
6	Marte Madslien Bakken, Nydalens	58:18	11:36-5	23:10-19	23:32-6	
7	Marielise Schmitt Gran, Halden SK	1:01:39	14:46-19	20:06-5	26:47-12	
8	Mari Eidsmo, Freidig	1:01:51	13:59-15	22:39-15	25:13-9	
9	Kristin Melby Jacobsen, Lardal OL	1:01:56	13:10-10	23:14-20	25:32-10	
10	Mari Fjellbirkeland Johannesen, IL	1:01:58	13:59-15	22:48-17	25:11-8	
11	Kristin Lundanes, Emblem IL	1:02:40	12:28-7	21:45-8	28:27-18	
12	Maya Jones Arnesen, Heming	1:02:44	13:30-11	21:53-9	27:21-14	
13	Ina Martini, Asker Skiklubb	1:04:08	15:33-25	19:50-3	28:45-23	
14	June Munkeby, Frol IL	1:05:05	13:57-14	23:46-23	27:22-15	
15	Konstanse Moholth, Kongsberg OL	1:05:25	13:04-9	25:17-29	27:04-13	
16	Dina Marie Salvesen, Asker	1:06:32	14:04-17	23:53-24	28:35-21	
17	Noor Dirro, Måren OK	1:08:38	19:42-42	21:09-7	27:47-17	
18	Mia Hirsch, IF Trauma	1:09:34	15:24-23	21:57-10	32:13-33	
19	Eline Schjerven, Lardal OL	1:10:20	13:51-13	22:06-12	34:23-37	
20	Trude Markhus, Verdal OK	1:11:49	18:01-38	27:15-40	26:33-11	
21	Ida Sofie Hjortland, Larvik OK	1:11:50	17:45-35	22:16-14	31:49-30	
22	Birgit Kleppa Madslien, Lillehammer	1:13:19	15:45-28	29:01-41	28:33-20	
23	Sofie Bergstrøm, Halden SK	1:14:45	16:09-29	27:03-37	31:33-29	
24	Yngvild Langedal Breivik, Nydalens	1:14:47	17:58-37	23:56-25	32:53-35	
25	Pernille Sønsterudbråten, Raumar	1:15:05	17:37-34	27:10-38	30:18-27	
26	Petra Hoveid, Asker Skiklubb	1:15:50	15:20-22	24:39-27	35:51-39	
27	Ingrid Lamark, Ganddal IL	1:16:08	17:35-33	26:24-35	32:09-32	
28	Hedda Spangberg, Konnerud IL	1:16:40	15:36-27	24:54-28	36:10-41	
29	Ingrid Kristine Hansen, Sarpsborg	1:16:44	13:38-12	26:14-33	36:52-43	
30	Mina Schjerven, Lardal OL	1:16:53	14:19-18	25:18-30	37:16-44	
31	Diane Ninauve-Jutulstad,	1:17:47	18:45-39	26:14-33	32:48-34	
32	Johanna Sofie Longfjeld, Modum	1:19:26	19:03-41	24:26-26	35:57-40	
33	Iselin Sørensen, Sturla, IF	1:23:05	15:18-21	25:44-31	42:03-50	
34	Ane Malene Kolstad, Freidig	1:24:52	15:08-20	27:10-38	42:34-51	
35	Anna Nærby, Skaukameratene OL	1:25:42	17:03-31	33:48-45	34:51-38	
36	Berthe Teslo, Hadeland OL	1:27:21	15:29-24	33:52-46	38:00-46	
37	Nora Marie Enerhaugen, Ringerike	1:28:48	17:24-32	31:12-42	40:12-47	
38	Adine Blakkestad Ingesen,	1:31:02	15:33-25	32:40-44	42:49-52	
39	Amalie Ludvigsen, Sarpsborg OL	1:33:40	18:47-40	34:29-47	40:24-48	
40	Marie Nielsen Solberg, Stjørdals-	1:38:09	28:07-44	39:31-49	30:31-28	
41	Maria Gammelsæter Mehammer,	1:39:09	16:33-30	44:38-50	37:58-45	
42	Alexandra Angvoll, Fredrikstad SK	1:54:42	22:02-43	34:45-48	57:55-53	
43	Alina Niggli, O'Jura	35:22	11:11-2	DSQ	24:11-7	
44	Serine Skogeng Reiten, Emblem IL	50:31	DSQ	21:59-11	28:32-19	
45	Thea Fagerhaug, Raumar	52:13	DNF	23:34-22	28:39-22	
46	Ingrid Bogen Arenth, Sturla, IF	52:42		22:39-15	30:03-26	
47	Amalie H. Bjørnsgaard, Lillehammer	53:04		23:22-21	29:42-24	
48	Hulda M. Backer Tellnes, Asker	53:40		26:06-32	27:34-16	
49	Malene Nysæter, Skien OK	55:12		23:05-18	32:07-31	
50	Marie Aadland, Samnanger IL	56:36		26:45-36	29:51-25	

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
51	Eirunn Husby Nordstad, Varegg	32:58			32:58-36
52	Silje Slungaard, IL Tyrving	36:40			36:40-42
53	Ida Marie Flågen, Heming	41:25			41:25-49
	Ea Lunøe, Nydalens SK	00:00		DNS	DNS

D 11-12N

				-	
1	Elina Laurila, Saloisten Reipas	45:39	09:44-1	14:57-1	20:58-2
2	Alvilde Lysaker Sanden, Eiker OL	57:10	11:58-2	16:55-3	28:17-7
3	Miriam Abrahamsen, Hemsedal IL	59:02	16:03-5	17:39-4	25:20-6
4	Sofie Gammelsæter, Kolbotn og	1:00:06	16:33-6	19:29-6	24:04-4
5	Marte Ulven Jørgensen, Asker	1:12:57	14:27-4	20:41-7	37:49-8
6	Eline Andersen, Konnerud IL	38:02		16:21-2	21:41-3
7	Lotta Daler, Stokke IL	45:12	DSQ	26:24-9	18:48-1
8	Selma Karlsen, Hemsedal IL	25:19		DNS	25:19-5

D 13-16C

				-	
1	Sigrud Snuggerud, Gjø-Vard OL	1:05:30	11:33-1	23:56-3	30:01-1
2	Anna Isnes Tyse, Eiker OL	1:11:43	14:27-6	22:32-1	34:44-3
3	Tonje Malin Rhrich, Konnerud IL	1:21:43	15:42-9	28:11-11	37:50-7
4	Silje Carlsen, Røyken OL	1:22:52	21:35-13	25:21-4	35:56-5
5	Merel Dirksen, Sauda	1:24:08	16:01-10	28:52-12	39:15-9
6	Torill Oldernes, Lillomarka OL	1:27:03	21:48-14	26:56-8	38:19-8
7	Ida Bolette Enerhaugen, Ringerike	1:27:10	15:34-8	34:00-15	37:36-6
8	Matilde Holen, Østmarka OK	1:32:22	22:54-15	34:39-16	34:49-4
9	Björg Synnøve Nigardsøy,	1:37:57	16:15-11	38:21-20	43:21-11
10	Ingrid Lund Hovden, IL Tyrving	1:38:37	24:04-17	26:51-7	47:42-12
11	Thea Land, Konnerud IL	1:51:05	20:02-12	36:33-19	54:30-13
12	Hanna Hølleland, Fana IL	2:33:31	30:04-18	35:25-18	1:28:02-17
13	Ida Therese Guttormsen Sørums,	38:46	13:08-2	25:38-6	DNS
14	Torli Dybdahl, Lillomarka OL	51:05	22:56-16	28:09-10	DNS
15	Elise Hvidsten, Fredrikstad SK	1:17:38		35:23-17	42:15-10
16	Berit Horvei, Raumar Orientering	1:31:34	DSQ	31:14-14	1:00:20-15
17	Ragnhild Marie Kristensen, Stokke	1:46:00		41:45-21	1:04:15-16
18	Ingrid Bredalen, Nittedal OL	34:16			34:16-2
19	Olivia Kjølstad, Røyken OL	57:12			57:12-14
	Kamilla Studsrud, Hisøy OK	00:00		DNS	DNS
	Helene Krokfoss, Østmarka OK	00:00		DNS	DNS
	Emilie Høgås, Lillehammer OK	00:00		DNS	DNS

D 13-16N

				-	
1	Anna Austad Sveen, Raumar	1:11:58	11:47-1	25:52-3	34:19-2
2	Frida Daler, Stokke IL	1:30:27	31:21-4	25:40-2	33:26-1
3	Anne Haug, Stokke IL	1:31:22	12:18-2	26:28-4	52:36-3
4	Helene Ramstad, Fet OL	2:54:13	53:01-5	48:28-5	1:12:44-4
5	Vera Gano Mønnich, Røyken OL	18:57	18:57-3		DSQ
6	Andrine Bergan, Fet OL	25:11		25:11-1	DNS

D 17-B

				-	
1	Ann-Karin Lesteberg, Kongsberg	1:20:49	16:20-6	24:17-1	40:12-1
2	Taika Kangas, SK Pohjantähti	1:37:46	16:25-7	28:54-5	52:27-4
3	Thea Jondum, OL Trollelg	1:42:49	17:49-13	34:46-11	50:14-2
4	Eldri Holo, Fossum IF	1:43:25	17:04-11	28:26-3	57:55-11
5	Ingrid Løset, Ringerike OL	1:43:30	16:40-8	34:52-12	51:58-3

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
6	Heidi Myklemyr, Eiker OL	1:45:05	16:10-4	35:16-16	53:39-5
7	Eli Ringstad Lien, Gjø-Vard OL	1:47:39	19:11-19	28:44-4	59:44-15
8	Kristin Sletner, Røyken OL	1:51:29	16:44-9	39:35-26	55:10-6
9	Marit Gano, Røyken OL	1:55:03	22:23-28	33:17-8	59:23-13
10	Eli Sæterdal, Skien OK	1:56:23	18:14-15	29:39-7	1:08:30-21
11	Liv Bente H Friestad, Kristiansand	1:58:56	17:07-12	42:13-33	59:36-14
12	Irene Mathilde Skiri, Bodø og	2:00:33	19:02-17	43:41-35	57:50-9
13	Line Telje Høydal, Nydalens SK	2:02:41	20:50-24	36:19-18	1:05:32-18
14	Reidun O. Karlsen, Lillehammer OK	2:02:50	16:19-5	37:41-20	1:08:50-23
15	Eli Tufte Hanssen, Eiker OL	2:03:54	22:17-27	40:31-30	1:01:06-16
16	Susanna Brynhildsen, Wing OK	2:16:38	24:11-30	50:12-40	1:02:15-17
17	Torill Hynne Fjære, Hedrum OL	2:21:18	23:54-29	44:51-36	1:12:33-25
18	Torunn Laugaland, Ålgård	2:22:38	17:02-10	40:49-31	1:24:47-30
19	Janne Fossum Malmring, Freidig	2:29:47	29:25-36	40:18-29	1:20:04-29
20	Marit Bjørnevik, Bodø og Omegn IF	2:39:48	21:19-25	1:09:56-47	1:08:33-22
21	Inger Schibsted, Røyken OL	2:44:55	32:19-38	58:48-44	1:13:48-27
22	Inger Bjerga, Varegg Fleridrett	2:59:07	27:38-34	38:38-25	1:52:51-36
23	Yolanda Dirksen, Sauda	3:08:04	21:50-26	1:12:44-48	1:33:30-31
24	Gudrun Lillekroken, OK Moss	3:08:19	28:58-35	48:32-38	1:50:49-35
25	Aagot Hartmann, Røyken OL	3:15:12	33:33-39	1:07:26-46	1:34:13-32
26	Linda Fredh, Hamar OK	3:15:40	26:19-33	55:24-43	1:53:57-37
27	Gunvor T. Abrahamsen, Hemsedal	40:23	14:35-2	25:48-2	DNS
28	Solveig Sæl, Fossum IF	53:16	15:23-3	37:53-22	DNS
29	Carina Bringedal, BSI - Orientering	53:32	19:38-22	33:54-9	DSQ
30	Anne Marie Ekeland, Oddersjaa	54:31	19:28-21	35:03-14	DSQ
31	Henriette Nesset, Ålgård	1:00:12	19:59-23	40:13-28	DSQ
32	Oda Eithun Paulsen, Nittedal OL	1:00:33	19:21-20	41:12-32	DNS
33	Helga M. Backer, Asker Skiklubb	1:05:59	31:24-37	34:35-10	DSQ
34	Hilde Moholth, Kongsberg OL	1:14:14	24:39-32	49:35-39	DSQ
35	Linn-Mari Kaspersen, Trøsken IL	1:21:07	19:04-18	1:02:03-45	DSQ
36	Kari Helene Bjertnes, Sturla, IF	1:30:32		35:11-15	55:21-7
37	Kristin Viken, Eiker OL	1:33:20		37:04-19	56:16-8
38	Nina Birkelund, Asker Skiklubb	1:36:04		38:10-23	57:54-10
39	Maren Elise Rognerud, BSI -	1:38:08	DSQ	28:55-6	1:09:13-24
40	Elin Gravningen, Stokke IL	1:41:12		34:57-13	1:06:15-19
41	Ragnhild Skogsrud, OL	1:48:31		35:23-17	1:13:08-26
42	Hege Norstad Maribo, Raumar	1:58:43		43:30-34	1:15:13-28
43	Ingunn Saur Modahl, Fredrikstad SK	1:59:22		52:21-42	1:07:01-20
44	Gunhild Oftedal, Ålgård Orientering	2:07:47	17:55-14	DSQ	1:49:52-34
45	Inger Isnes Tyse, Eiker OL	2:27:04		37:48-21	1:49:16-33
46	Marianne Myklebust, Hamar OK	14:30	14:30-1	DNS	DNS
47	Anne Nilsen, Ås-NMBU Orientering	18:16	18:16-16	DSQ	DSQ
48	Unn Disch Kihle, Ringerike OL	38:30		38:30-24	DNS
49	Liv Berit Arenth, Sturla, IF	52:12		52:12-41	DSQ
50	Gunhild Myhr, Asker Skiklubb	57:55			57:55-11
	Ingunn Blom-Hagen, Hemsedal IL	00:00			DNS
	Cecilie Bergan, Fet OL	00:00		DNS	DNS
	Lene Næss Birkeland, Søgne og	00:00		DNS	DNS
	Irene Langeggen, Kongsberg OL	00:00		DSQ	DSQ

D 17-C

1	Lise-Berith Lian, Røyken OL	1:25:56	14:43-1	27:28-3	43:45-2
2	Katrine Klyve, OK Moss	1:29:06	16:08-2	32:07-7	40:51-1
3	Sølvi Skilbrei Martini, Asker Skiklubb	2:01:05	19:01-5	37:19-9	1:04:45-7

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
4	Inger K. Brøndbo, OL	2:12:19	29:37-15	50:20-24	52:22-4
5	Hilde Poppe, Fredrikstad SK	2:14:34	19:23-7	48:57-22	1:06:14-9
6	Anne Berit Ulsaker, Hemsedal IL	2:15:28	17:10-3	49:47-23	1:08:31-13
7	Marit Eggen Nyaas, Tynset IF	2:17:42	28:24-13	39:23-11	1:09:55-14
8	Snezana Vukovic, Tynset IF	2:17:45	28:21-12	39:20-10	1:10:04-15
9	Solveig Bergan, Nydalens SK	2:19:10	17:59-4	30:02-5	1:31:09-25
10	Marit Helene Øderud, Fredrikstad	2:21:08	20:15-8	50:41-26	1:10:12-16
11	Bente Aaslund, Fet OL	2:28:08	26:23-11	42:49-15	1:18:56-22
12	Kirsten Helen Myren, Vegårshei IL	2:40:17	33:03-17	55:02-29	1:12:12-19
13	Hege Øverli, Kongsberg OL	2:46:53	25:35-10	57:01-30	1:24:17-24
14	Malene Langvik-Hansen,	2:49:50	45:03-20	53:59-28	1:10:48-17
15	Ann Mari Studsrud, Hisøy OK	3:02:45	29:43-16	1:01:11-31	1:31:51-26
16	Ragnhild Brenås, Varteig OL	3:06:46	33:31-18	51:02-27	1:42:13-28
17	Unni Land, Konnerud IL	3:49:46	41:35-19	1:10:03-33	1:58:08-29
18	Ingrid Robøle, Hamar OK	47:21	19:08-6	28:13-4	DSQ
19	Randi Budahl, Fet OL	1:23:02		31:11-6	51:51-3
20	Kristin Alexandersen, Fredrikstad	1:36:08		41:16-14	54:52-5
21	Åse Marit Hansen, Nittedal OL	1:41:47		36:20-8	1:05:27-8
22	Tonje Røberg, Nittedal OL	1:42:46		44:43-18	58:03-6
23	Guro Ingvaldsen, Gjø-Vard OL	1:46:17		39:54-12	1:06:23-10
24	Anne Marie Stenberg, Hamar OK	1:48:45		41:12-13	1:07:33-12
25	Torunn Hoel, Raumar Orientering	1:55:25		48:34-21	1:06:51-11
26	Elin Slokvik, Notodden OL	1:58:05		44:01-17	1:14:04-20
27	Heidi Berner, Fossum IF	2:02:32		50:22-25	1:12:10-18
28	Elin Svihus, Ganddal IL	2:06:33		43:09-16	1:23:24-23
29	Jennifer Jones Arnesen, Heming	26:08	DSQ	26:08-1	DSQ
30	Monica Syrdal, Heming Orientering	28:37	28:37-14		
31	Linn-Cathrin Almeland, Varegg	1:02:54		1:02:54-32	
32	Helle Hundseid, IL Tyrving	1:16:28		DSQ	1:16:28-21
33	Beathe Edstrøm, Oppsal Orientering	1:36:27			1:36:27-27
	Hilde Gunn Hellenes, OK Skeidi	00:00		DNS	DNS
	Monica Eggen, Nydalens SK	00:00		DNS	DNS

D 17-N

1	Ane Klepsvik Vinsjansen, Ganddal	1:05:20	09:55-2	21:26-1	33:59-2
2	Sara Linvåg Næss, Fossum IF	1:06:40	09:18-1	25:20-2	32:02-1
3	Sonja Snuggerud, Gjø-Vard OL	1:31:12	13:54-3	33:07-10	44:11-6
4	Toril Berg-Domaas, Kolbotn og	1:32:26	17:56-5	29:17-7	45:13-7
5	Kristin Johansson, Hedrum OL	1:32:28	19:38-7	30:32-8	42:18-4
6	Mona Dalegård Løken, Kongsberg	1:43:08	16:17-4	38:30-13	48:21-8
7	Lene Spilde Hasaas, Fossum IF	2:11:14	23:47-8	53:50-16	53:37-10
8	Nina Irene Guttormsen Sørums,	55:13	19:15-6	35:58-12	DNS
9	Anne-Marthe Hansen, Fet OL	1:04:01		29:04-6	34:57-3
10	Lill Birkelund, Porsgrunn OL	1:14:39	32:41-10	41:58-14	DSQ
11	Hilde Salvesen, IL Koll	1:18:03		27:00-5	51:03-9
12	Linnea Evensen, OL Tønsberg og	1:18:32		35:39-11	42:53-5
13	Tina Bjørnstad, Raumar Orientering	1:19:16	31:41-9	47:35-15	DSQ
14	Torill Finkirken, Sarpsborg OL	26:29		26:29-3	DNS
15	Heidi Jahr, Fet OL	26:58		26:58-4	DSQ
16	Ina Blågestad, Indre Østfold OK	1:38:33			1:38:33-11

D 17-20

1	Mathea Gjeitnes, Molde og Omegn	1:54:22	15:04-2	36:34-2	1:02:44-2
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Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
2	Ingvild Ramtvedt Næsset,	1:57:21	15:01-1	36:16-1	1:06:04-3
3	Ane Svegård Bye, Byåsen IL	2:16:09	23:22-6	43:29-3	1:09:18-4
4	Vibeke Rykkje, Varegg Fleridrett	2:26:21	17:33-3	46:26-4	1:22:22-5
5	Sunniva Eik Haave, Oppsal	2:46:36	23:14-5	49:05-6	1:34:17-6
6	Nora Skyttersæter Saugerud,	2:54:30	30:44-8	48:19-5	1:35:27-7
7	Vilde Bredholt Jørgensen,	1:13:31	19:56-4	53:35-8	DSQ
8	Kristine Grønlund, BSI - Orientering	1:17:22	27:16-7	50:06-7	DSQ
9	Martine Løwengreen, Sarpsborg	1:32:17	31:42-9	1:00:35-9	DNS
10	Kristine Fjeld, Ringsaker OK	56:50			56:50-1

D 21-

1	Julie Bøbel, Nydalens SK	2:02:20	14:06-2	43:45-3	1:04:29-1
2	Vigdis Høbbøl, Oppsal Orientering	2:03:44	13:54-1	41:04-1	1:08:46-2
3	Ine Hovi, Ås-NMBU Orientering	2:14:55	15:19-5	41:30-2	1:18:06-6
4	Ane Baldishol Brevig, Røyken OL	2:15:26	16:00-11	44:28-4	1:14:58-3
5	Tone Aamli Sundtjønn, Lillomarka	2:19:09	15:22-6	47:05-8	1:16:42-5
6	Bjørgr Granly, NTNUI	2:21:23	16:24-13	45:35-5	1:19:24-7
7	Nina Jeanette Tollehaug, Eiker OL	2:25:53	15:40-9	49:43-12	1:20:30-9
8	Ida Katrine Børstad Thoresen,	2:30:27	15:38-8	58:40-23	1:16:09-4
9	Julie Størmer, NTNUI	2:32:38	15:40-9	55:37-18	1:21:21-11
10	Camilla Vikingsen, TIF Viking	2:42:45	18:14-18	48:43-9	1:35:48-16
11	Trine Bolstad, Ganddal IL	2:52:10	17:36-16	55:54-19	1:38:40-17
12	Ida Svanberg, Røyken OL	2:59:26	15:32-7	52:20-15	1:51:34-19
13	Linda Sjøgren, Røyken OL	1:01:17	14:15-3	47:02-7	DSQ
14	Ida Olsson, OK Orion	1:07:49	16:56-14	50:53-13	DNS
15	Linda Engen, Raumar Orientering	1:14:22	17:14-15	57:08-21	DSQ
16	Elin Ekeberg, IL Tyrving	1:15:01	17:54-17	57:07-20	DNS
17	Marianne Bakken, Måren OK	2:09:21		49:33-11	1:19:48-8
18	Undis Ellevog, Oslostudentenes IK	2:24:21		55:32-17	1:28:49-13
19	Marie Hammer Håversen, Raumar	2:25:07		51:53-14	1:33:14-14
20	Alexandra Devik, Oslostudentenes	2:30:27		57:10-22	1:33:17-15
21	Selma Næss-Ulseth, Nydalens SK	2:38:42		59:53-24	1:38:49-18
22	Katja Zwiker, OLG Galgenen	15:09	15:09-4	DSQ	DSQ
23	Rikke Iversen, Heming Orientering	16:02	16:02-12	DSQ	DSQ
24	Kaisa Svergja, Raumar Orientering	46:09		46:09-6	DNS
25	Celine Renard, Kongsberg OL	49:00		49:00-10	DSQ
26	Ida Hope, Oslostudentenes IK	55:31		55:31-16	DSQ
27	Guro Alexandersen, Fredrikstad SK	1:20:54			1:20:54-10
28	Irene Bakken, Måren OK	1:22:03		1:22:03-25	DSQ
29	Anne Kamstrup Hovind, Raumar	1:26:02			1:26:02-12
	Maren Mohagen Hansen, NTNUI	00:00			DSQ
	Tone E Lye, IL Tyrving	00:00		DNS	DNS

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1	Stine Olsen Kirkevik, Hamar OK	2:17:14	13:49-1	39:41-1	1:23:44-4
2	Heidi Tronbøl, Fet OL	2:21:11	19:35-7	49:08-6	1:12:28-2
3	Monica Berglund, Ringerike OL	2:24:26	17:53-4	46:49-4	1:19:44-3
4	Kari Strand, Kongsberg OL	2:29:13	16:02-3	48:49-5	1:24:22-5
5	Kari Strand, Liebygda OL	2:37:04	19:04-6	50:36-7	1:27:24-6
6	Daria Niggli, O'Jura	3:37:08	18:02-5	57:04-10	2:22:02-7
7	Karin Skedsmo Danevad,	57:25	14:19-2	43:06-3	DNS
8	Trude Hansen, Berger og Svelvik	1:27:15	20:18-8	1:06:57-12	DSQ
9	Mari Angell-Petersen, Freidig	1:49:51	DSQ	40:54-2	1:08:57-1

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
10	Kristin Nergaard Berg, Fossum IF	3:19:37		57:34-11	2:22:03-8
11	Randi Lilleengen Beitdokken,	3:46:57		53:58-8	2:52:59-9
12	Svenja Kernstock,	56:40		56:40-9	DNS
13	Kari Rød Aakre, Andebu IL	1:33:34		1:33:34-13	DSQ
	Astrid Kravdal, Gjø-Vard OL	00:00		DNS	DNS

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1	Hanne Sandstad, Freidig	1:21:25	13:00-3	27:49-1	40:36-1
2	Hilde Grøneng, Lillehammer OK	1:32:20	13:30-5	32:03-3	46:47-2
3	Berit Sofie Wiklund, Nydalens SK	1:33:06	14:01-7	31:26-2	47:39-3
4	Aud Hognestad Taksdal, Ganddal IL	1:33:08	12:10-1	32:16-4	48:42-4
5	Mari Gullbrekken Schjøberg,	1:36:25	12:57-2	33:03-6	50:25-5
6	Karianne Strømme, TIF Viking	1:41:12	14:58-11	34:21-7	51:53-8
7	Grethe B Clausen, Larvik OK	1:44:16	15:57-15	34:49-8	53:30-10
8	Anne Guro Nøkleby, Ringerike OL	1:46:40	16:10-16	39:22-19	51:08-6
9	Kari Ulseth, Freidig	1:47:45	14:05-8	40:06-21	53:34-11
10	Milda Øhlckers, IL Tyrving	1:48:43	16:49-18	39:27-20	52:27-9
11	Liv Schjerven, Lardal OL	1:48:52	18:12-21	35:48-11	54:52-14
12	Toril Fougner Wisløff, Asker	1:48:57	15:27-13	37:30-14	56:00-15
13	Mari Rintanen, Kangasala SK	1:49:40	14:22-9	44:06-23	51:12-7
14	Ingunn Vangen Lunåsmo, Tynset IF	1:50:03	14:45-10	36:49-13	58:29-19
15	Kristine Sollien Flaskerud, OL	1:52:37	16:43-17	36:29-12	59:25-20
16	Doris Stien Kaspersen, Mo OK	2:00:25	17:16-19	38:59-17	1:04:10-22
17	Audrun Utskarpen,	2:01:07	15:22-12	39:14-18	1:06:31-24
18	Vibeke Lamark, Ganddal IL	2:09:10	19:53-24	42:36-22	1:06:41-25
19	Kristin Eger, Kongsberg OL	2:12:22	17:33-20	48:25-25	1:06:24-23
20	Katrine Bakke, Fossum IF	2:17:12	18:32-22	58:25-30	1:00:15-21
21	Valborg Madslie, Lillehammer OK	46:39	13:56-6	32:43-5	DNS
22	Marianne Hauge, Hisøy OK	1:07:00	19:14-23	47:46-24	DSQ
23	Randi Brevig Aune, Halden SK	1:13:10	22:59-25	50:11-26	DNS
24	Marit Inngjerdingen, Nydalens SK	1:23:41	15:27-13	DSQ	1:08:14-26
25	Kine Odden, Østmarka OK	1:28:41		35:05-9	53:36-12
26	Gøril Eide, Byåsen IL	1:32:20		37:49-15	54:31-13
27	Ellen Aure Skogedal, Asker	1:33:12	DSQ	35:45-10	57:27-18
28	Runa Lien Backstrøm, Halden SK	1:34:41		38:02-16	56:39-16
29	Toril Wiig, IL Tyrving	2:17:11		57:31-29	1:19:40-28
30	Trude Nysæter, Skien OK	2:20:21		53:36-27	1:26:45-29
31	Kristin Falk, Fossum IF	3:46:05		1:54:40-31	1:51:25-30
32	Line Nybakken, Ås-NMBU	56:54			56:54-17
33	Trine Kirkhus, Nydalens SK	57:10		57:10-28	DNS
34	Ann Elin Flågen, Heming Orientering	1:17:24			1:17:24-27
	Annette Cecilie Arentz, Sandefjord	00:00			DNS

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				-	
1	Gro Sandstad Eidsmo, Freidig	1:35:12	13:31-3	34:17-5	47:24-1
2	Maria Jonsson, Nydalens SK	1:37:54	13:51-4	32:33-1	51:30-5
3	Anne-Lene Bakken Ulseth,	1:38:09	14:58-13	34:13-4	48:58-2
4	Ingrid Kvistad, Kongsberg OL	1:39:53	13:57-7	34:52-6	51:04-4
5	Hilda Øfsthus, Asker Skiklubb	1:39:58	13:12-1	33:14-3	53:32-11
6	Isa Heggedal, Konnerud IL	1:41:57	13:53-6	36:09-10	51:55-7
7	Hanne Lerche Raadal, Halden SK	1:42:16	16:05-26	35:47-9	50:24-3
8	Signe Astrup Arnesen, Heming	1:43:30	14:26-8	35:28-7	53:36-12
9	Kirsti Kringhaug, Ringerike OL	1:46:14	14:57-12	38:38-20	52:39-8

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
10	Alix Young Vik, Nydalens SK	1:46:27	15:37-19	36:34-11	54:16-14
11	Eva Lill Kvisle, Asker Skiklubb	1:47:32	13:20-2	36:46-13	57:26-22
12	Anne Marit Bordal, Ringsaker OK	1:47:47	13:51-4	38:37-19	55:19-16
13	Marit Haavardsholm, Sandnes IL	1:49:16	16:04-25	39:49-25	53:23-9
14	Marianne Njåstein, IL Tyrving	1:49:56	15:03-14	41:23-37	53:30-10
15	Anita Sørensen Drage, Kongsberg	1:50:28	17:23-35	38:26-18	54:39-15
16	Trine Olaussen, Fredrikstad SK	1:50:34	15:23-17	39:30-23	55:41-17
17	Kristin Sandven, Notodden OL	1:51:35	17:29-37	40:15-28	53:51-13
18	Anne Marit Bjergaard, Nydalens SK	1:52:28	15:44-20	38:47-21	57:57-24
19	Astrid Ruud, Nittedal OL	1:52:56	17:12-34	40:02-26	55:42-18
20	Britt Vangen Sandvold, Tynset IF	1:52:58	15:30-18	37:46-16	59:42-30
21	Marit B. Eithun, Nittedal OL	1:54:01	16:16-28	39:04-22	58:41-27
22	Monica Tørnqvist Halden, Nydalens	1:54:53	16:37-30	40:43-33	57:33-23
23	Beth Nicolaysen, Kongsberg OL	1:55:29	19:05-48	37:26-15	58:58-28
24	Sigrun Hernes Ytterbø, Asker	1:55:30	15:16-15	40:08-27	1:00:06-32
25	Hilde Kristine Rosenvold,	1:56:16	16:55-32	42:03-40	57:18-21
26	Marianne Nummedal, Fana IL	1:56:38	15:56-22	40:19-29	1:00:23-35
27	Rine Hanssen, Byåsen IL	1:57:02	14:43-10	37:46-16	1:04:33-48
28	Anne Madslien, Nydalens SK	1:57:05	18:10-42	40:41-32	58:14-25
29	Frauke Schmitt Gran, Halden SK	2:00:00	14:55-11	49:23-63	55:42-18
30	Arnhild U. Bråten, Vegårshei IL	2:00:20	17:52-41	41:27-38	1:01:01-38
31	Tove Aasheim, Askøy OL	2:00:33	18:51-46	43:22-43	58:20-26
32	Eirin Lodgaard, Raufoss IL	2:01:34	15:58-23	43:40-45	1:01:56-41
33	Toril Hovdenak, Molde og Omegn IF	2:02:41	18:36-44	43:48-46	1:00:17-33
34	Aud Ellen Brevik, Sturla, IF	2:04:36	19:05-48	41:03-35	1:04:28-47
35	Anne-Kari Bakkland, Sørreisa OL	2:04:44	39:57-73	32:55-2	51:52-6
36	Synnøve Lyssand Sandberg,	2:05:34	15:51-21	44:31-51	1:05:12-51
37	Elisabet Kongsbakk, Bodø og	2:06:26	26:27-66	39:34-24	1:00:25-36
38	Kari Madslien, Nydalens SK	2:07:11	21:01-59	35:32-8	1:10:38-57
39	Trine Oldernes, Lillomarka OL	2:08:13	17:25-36	44:10-48	1:06:38-54
40	Janita Skogeng, Emblem IL	2:09:11	16:36-29	44:17-50	1:08:18-55
41	Anita Stenseth, Synnfjell OK	2:09:12	19:21-50	44:46-52	1:05:05-50
42	Anne Sofie Korsveien, Asker	2:10:06	16:10-27	47:49-58	1:06:07-53
43	Christine Roll Paulsen, Fredrikstad	2:10:59	21:43-62	44:12-49	1:05:04-49
44	Trine Ruud Bråten, Raumar	2:11:42	17:31-39	48:11-59	1:06:00-52
45	Wenche Lindløv, Sarpsborg OL	2:12:31	19:29-51	53:54-66	59:08-29
46	Ann-Cathrin Nybak Urdal, Ganddal	2:14:38	21:22-60	40:32-30	1:12:44-60
47	Mette Eline Heimstad, Ringerike OL	2:16:01	15:59-24	59:40-70	1:00:22-34
48	Unn Mette Klopbakken, Synnfjell OK	2:16:21	17:48-40	40:38-31	1:17:55-62
49	Hildegunn Mikkelsplass, Nesbyen IL	2:18:09	17:30-38	48:20-60	1:12:19-59
50	Ida Syversen, Røyken OL	2:18:36	19:41-53	49:48-65	1:09:07-56
51	Mette Wanvik, Stjørdals-Blink	2:19:59	30:39-71	45:04-54	1:04:16-46
52	Stine Arntzen, Sandefjord OK	2:21:27	20:10-55	43:17-41	1:18:00-63
53	Marit Egner, Asker Skiklubb	2:21:43	16:47-31	41:49-39	1:23:07-66
54	Tone Karina Ingesen, Sarpsborg	2:23:15	26:58-67	45:29-55	1:10:48-58
55	Åshild Flatebakken, IL Tyrving	2:23:36	28:29-69	55:10-68	59:57-31
56	Hanne-Kristin Bjerknes Kvarme,	2:28:08	17:09-33	54:57-67	1:16:02-61
57	Hilde Nyttun Martinsen, Nittedal OL	2:30:55	20:06-54	48:51-62	1:21:58-65
58	Nina Hansen-Møllerud, Kongsberg	2:36:30	21:23-61	44:52-53	1:30:15-68
59	Maria Torgersen, Bækkelagets SK	2:42:06	20:45-58	49:23-63	1:31:58-69
60	Barbara Willkommen Eiken,	2:47:28	23:21-64	1:05:00-72	1:19:07-64
61	Eli Bonden Kjørsvik, Kongsberg OL	2:50:29	23:04-63	1:00:04-71	1:27:21-67
62	Annemarie Ranvik, Konnerud IL	2:54:38	27:54-68	48:41-61	1:38:03-71
63	Jane Rødder, Kongsberg OL	3:15:43	33:23-72	1:10:13-74	1:32:07-70

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
64	Anne-Kristin Kvamme, Ringerike OL	55:25	18:46-45	36:39-12	DNS
65	Hege Feiring, IL Tyrving	58:52	15:18-16	43:34-44	DSQ
66	Sigrid Melkild, Freidig	1:02:53	19:03-47	43:50-47	DNS
67	Åse Reidun Kregnes, Kristiansand	1:06:23	20:12-56	46:11-56	DNS
68	Irene Felde Olaussen, Halden SK	1:06:46	19:37-52	47:09-57	DNS
69	Anne Borgen Sturød, Nydalens SK	1:11:15	14:41-9	DSQ	56:34-20
70	Marianne Lykke, Emblem IL	1:19:14	18:31-43	DSQ	1:00:43-37
71	Ane Bjørnsgaard, Lillehammer OK	1:38:05		36:51-14	1:01:14-39
72	Silvia Schneider-Schiess, LG	1:44:01		40:51-34	1:03:10-43
73	Sissel Skovly, Ringerike OL	1:44:04		41:14-36	1:02:50-42
74	Gry Ahlsand, Nydalens SK	1:46:35	DSQ	43:21-42	1:03:14-44
75	Inger Styrvold, Porsgrunn OL	56:20		56:20-69	DSQ
76	Torunn Ø. Jensen, Ringerike OL	1:01:14			1:01:14-39
77	Hilde Vassend, Porsgrunn OL	1:03:49		DNS	1:03:49-45
	Heidi Arnesen, Freidig	00:00		DNS	DNS
	Torill Vister, Indre Østfold OK	00:00		DNS	DNS
	Ingjerd Vestengen, Lillomarka OL	00:00		DNS	DNS

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1	Kari Christiansen, Sandefjord OK	1:31:33	12:59-2	33:10-3	45:24-1
2	Kjersti Rønning, Hamar OK	1:35:55	15:04-6	32:44-2	48:07-3
3	Inger Tone Nygård, Egersund OK	1:37:29	12:48-1	38:18-8	46:23-2
4	Linda Hanssen, Østmarka OK	1:43:10	18:48-24	32:39-1	51:43-4
5	Dagrun Melkild, Heming Orientering	1:44:25	15:00-5	37:19-5	52:06-5
6	Unn Hilde Heggedal, Kongsberg OL	1:46:45	15:50-10	36:31-4	54:24-6
7	Anne Grethe Rustad, Raumar	1:50:08	16:23-12	38:57-10	54:48-7
8	Kjersti Hov, Fossum IF	1:52:02	15:08-7	37:58-6	58:56-12
9	Grethe K. Løvald, Asker Skiklubb	1:54:26	17:23-18	39:12-11	57:51-9
10	Hilde Storløkken, Kongsberg OL	1:56:32	19:43-32	38:20-9	58:29-11
11	Mona Høiås Sæther, Freidig	1:56:46	16:49-13	40:59-17	58:58-13
12	Nina-Beate Liabakk, Byåsen IL	1:58:20	17:13-17	43:00-23	58:07-10
13	Kristin D Selvig, Nydalens SK	1:58:53	15:37-8	39:52-14	1:03:24-22
14	Vanja Staff, OL Toten-Troll	1:59:18	17:03-16	39:41-13	1:02:34-17
15	Heidi Schatvet, Notodden OL	2:02:05	18:17-22	41:08-18	1:02:40-19
16	May Bente Brurberg, Ås-NMBU	2:02:31	19:05-27	40:31-16	1:02:55-21
17	Kjersti Skantze, IL Tyrving	2:04:37	18:13-20	42:09-22	1:04:15-23
18	Runa Skyttersæter, Heming	2:04:57	16:04-11	48:31-43	1:00:22-14
19	Ragnhild Hald, Kristiansand OK	2:05:30	18:53-26	42:02-21	1:04:35-24
20	Anne-Guri Jevne, Hamar OK	2:06:09	17:43-19	46:21-35	1:02:05-16
21	Claudia Greiner, OK MuenchenDK	2:08:49	18:49-25	43:45-25	1:06:15-25
22	Sille Winsnes, Ås-NMBU	2:09:12	24:21-46	41:58-20	1:02:53-20
23	Hege Fjellbirkeland, IL Gular	2:09:40	16:59-15	43:46-26	1:08:55-30
24	Ragnhild Dåsnes, Os IL	2:11:07	19:51-34	43:53-27	1:07:23-28
25	Anne C Turter, Nydalens SK	2:13:29	27:21-53	43:34-24	1:02:34-17
26	Unni Rye, Asker Skiklubb	2:16:41	22:51-43	46:04-33	1:07:46-29
27	Ida Engen, Raumar Orientering	2:17:22	19:49-33	46:46-37	1:10:47-32
28	Kjersti Narum, OL Vallset/Stange	2:20:45	21:15-36	46:59-38	1:12:31-34
29	Eldbjørg G. Kalbækken, Tynset IF	2:24:22	20:52-35	49:28-46	1:14:02-35
30	Kristin Damsgaard Grindstad,	2:24:38	18:31-23	46:36-36	1:19:31-40
31	Helen Gåsvik, Lierbygda OL	2:25:39	19:36-31	45:12-30	1:20:51-43
32	Ragnhild Auglænd, Ganddal IL	2:26:07	18:15-21	48:17-42	1:19:35-41
33	Mette M Nødland, Ålgård	2:26:09	28:30-56	46:10-34	1:11:29-33
34	Marianne Arnesen, Asker Skiklubb	2:32:03	21:58-39	51:30-49	1:18:35-37
35	Kristin Fleisje, Nittedal OL	2:34:46	21:58-39	47:32-39	1:25:16-45

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
36	Sigrun Nygård, Asker Skiklubb	2:35:47	27:46-54	50:35-48	1:17:26-36
37	Kari Smeby, Kongsberg OL	2:42:31	26:23-50	51:42-51	1:24:26-44
38	Ellen-Christine Koren, Ås-NMBU	2:44:08	22:27-41	53:51-55	1:27:50-49
39	Helen Margrethe Schjelderup, Nord-	2:44:13	26:09-48	50:34-47	1:27:30-47
40	Björg Marit Sollie, OL Trollo	2:45:32	22:59-44	55:32-56	1:27:01-46
41	Elisabeth Hetlevik, Kongsberg OL	2:45:58	21:46-37	49:25-45	1:34:47-51
42	Gro Hege Ludvigsen, Måren OK	2:50:09	19:11-28	57:17-58	1:33:41-50
43	Eva Syversen, Røyken OL	2:52:03	34:33-58	57:15-57	1:20:15-42
44	Heidi Børstad, Sarpsborg OL	2:54:50	24:27-47	52:20-54	1:38:03-52
45	Sabine Schweiger, Byåsen IL	3:31:20	23:47-45	1:02:21-63	2:05:12-54
46	Hege Heiberg, Hadeland OL	3:34:21	27:20-52	1:12:57-68	1:54:04-53
47	Kirsti Rogstad, Kongsberg OL	3:46:15	28:05-55	1:03:58-65	2:14:12-55
48	Anne Line Nydal Berglia, Eiker OL	59:45	13:48-3	45:57-32	DNS
49	Marit Sylte Lundanes, Emblem IL	1:01:45	16:50-14	44:55-29	DNS
50	Solveig Sikkeland, IL Tyrving	1:04:44	19:16-29	45:28-31	DNS
51	Torun Dyrkorn, Eiker OL	1:04:52	15:42-9	49:10-44	DSQ
52	Gunhild Aamli Sundtjønn, Årvoll IL	1:11:34	19:17-30	52:17-53	DNS
53	Marianne Hjemstad, Fossum IF	1:14:08	13:51-4	1:00:17-61	DNS
54	Elsie Brenne, Varteig OL	1:23:16	21:52-38	1:01:24-62	DNS
55	Ingrid Tveite, Ås-NMBU Orientering	1:26:14	22:50-42	1:03:24-64	DSQ
56	Tove Evensen Mathisen,	1:33:12	26:20-49	1:06:52-67	DSQ
57	Else Grandal, IL Tyrving	1:40:51	DSQ	40:04-15	1:00:47-15
58	Ingrid Opsahl Bredesen, Fossum IF	1:54:14		44:08-28	1:10:06-31
59	Åshild Bergstøl, Kongsberg OL	1:58:49		52:00-52	1:06:49-27
60	Åshild Stuve Strandlie, Gjø-Vard	2:00:32		41:16-19	1:19:16-39
61	Katrine Hjelsteh Larsen,	27:11	27:11-51	DSQ	DNS
62	Gro Ellegaard, Hamar OK	31:38	31:38-57		DNS
63	Helle Egeberg Våri, Sturla, IF	39:16		39:16-12	DNS
64	Kristin Tandberg, Asker Skiklubb	47:36		47:36-40	DNS
65	Anne Dahl, Nydalens SK	47:41		47:41-41	DNS
66	Turid Vongraven, Skien OK	51:41	DSQ	51:41-50	DSQ
67	Gunn-Torill Hokholt, Kolbotn og	57:04			57:04-8
68	Kjersti sommerstad Juveli,	57:55		57:55-59	DSQ
69	Marit Sophie Berger, Raumar	58:17		58:17-60	DNS
70	Ann Katrin Olsen, Asker Skiklubb	1:06:31			1:06:31-26
71	Margrete Engzelius, Asker Skiklubb	1:18:53			1:18:53-38
72	Evy Meisingseth, Molde og Omegn	1:27:39			1:27:39-48
	Randi Jensen, Frol IL	00:00		DNS	DNS
	Turid Arnesen, Byåsen IL	00:00		DNS	DNS
	Marie Tschudi Madsen, TIF Viking	00:00		DNS	DNS
	Hilde Tellesbø, Nittedal OL	00:00		DNS	DNS

D 55-

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1	Helga Haverstad, Lierbygda OL	1:36:56	15:24-5	34:19-1	47:13-1
2	Grete Synnøve Hovi, Skien OK	1:39:00	14:11-1	36:09-2	48:40-2
3	Mette Hallén, Nydalens SK	1:45:48	16:03-6	39:09-7	50:36-4
4	Ingeborg Lobben Gjennestad,	1:45:53	15:02-3	40:04-10	50:47-5
5	Ragnhild Elsrud Hultgreen,	1:46:48	15:22-4	38:20-6	53:06-6
6	Mona Bugge Haug, OL	1:51:22	17:35-10	37:17-5	56:30-7
7	Berit Danielsen, IL Tyrving	1:52:22	14:55-2	40:29-11	56:58-8
8	Ellen Marie Turter, Nydalens SK	1:57:01	18:51-15	36:13-3	1:01:57-12
9	Eli Blomseth Helgesen, Sørreisa OL	2:00:28	22:20-16	40:34-12	57:34-9
10	Berit Oppedal Tokheim, Lierbygda	2:02:55	18:19-13	43:00-17	1:01:36-11
11	Berit Berge, IL Tyrving	2:03:31	18:21-14	39:11-8	1:05:59-16

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
12	Guri Larssen, Lillehammer OK	2:10:45	18:13-12	47:26-22	1:05:06-15
13	Rita Forsström, OK Raseborg	2:11:26	16:14-7	42:21-16	1:12:51-19
14	Lisa Annersand, OK Tyr	2:13:39	16:19-8	40:01-9	1:17:19-21
15	Tove Iren Lunde, Fredrikstad SK	2:51:22	36:01-20	1:00:19-30	1:15:02-20
16	Kristil Kristensen, OK Skeidi	3:32:36	26:44-19	57:57-29	2:07:55-27
17	Gunilla Lärfars, Leksands OK	1:01:40	17:37-11	44:03-19	DNS
18	Cathrine Norvik, Røyken OL	1:13:11	23:27-17	49:44-23	DNS
19	Gertraud Leonhardt, OC	1:31:22	23:56-18	1:07:26-33	DNS
20	Kirsti Aas Olsen, Eiker OL	1:35:21		46:19-21	49:02-3
21	Anne Kjersti Daltveit, Fana IL	1:39:26	DSQ	41:07-14	58:19-10
22	Wenche Hultgreen, IL Tyrving	1:40:17		36:28-4	1:03:49-13
23	Björg Svanberg, Røyken OL	1:44:58		40:55-13	1:04:03-14
24	Anne Berit Eid, Nydalens SK	1:53:37		41:35-15	1:12:02-18
25	Elin Sjødin Drange, Varegg	2:04:37		52:50-25	1:11:47-17
26	Agnes Sikkeland, Fredrikstad SK	2:13:25		53:33-26	1:19:52-22
27	Anne Lise Andreassen,	2:16:22		53:33-26	1:22:49-23
28	Toril Eine, Fossum IF	2:22:27		57:22-28	1:25:05-25
29	Kari Kamstrup Hovind, Raumar	2:26:14		1:01:50-31	1:24:24-24
30	Lena Hammer, Vestre Akers SK	3:08:51		1:04:25-32	2:04:26-26
31	Gunhild Hennum, Lierbygda OL	44:00		44:00-18	DNS
32	Gerd Fossetøl, Nittedal OL	45:08		45:08-20	DNS
33	Turid Gjøll, Rond OL	50:33		50:33-24	DNS
	Heidi Meyer Midtun, Freidig	00:00		DNS	DNS
	Siren Greve, Bergens TF	00:00		DNS	DNS
	Kari Osmoen, Os IL	00:00		DNS	DNS

D 60-

1	Gerd Bjørseth, Krokstadøra IL	1:35:31	14:43-3	36:31-1	44:17-1
2	Unni Strand Karlsen, Fredrikstad	1:35:53	14:28-1	36:47-2	44:38-2
3	Gro Solnørdal, Rudsbygd IL	1:43:35	15:54-6	42:36-8	45:05-3
4	Nina Soligard, Bergens TF	1:45:29	14:33-2	43:22-9	47:34-5
5	Margrete Jørandli, Gjø-Vard OL	1:49:08	18:57-13	40:32-4	49:39-6
6	Lis Dæhli, Løten o-lag	1:49:26	17:28-9	40:45-6	51:13-7
7	Ingrid Strande, Skien OK	1:50:52	16:25-7	40:38-5	53:49-9
8	Berit Hegdal, Bergens TF	1:55:55	17:54-11	45:01-10	53:00-8
9	Lena Jansson, Järfa Orientering	2:00:06	15:20-5	47:21-12	57:25-11
10	Jorunn Sanderud, Nydalens SK	2:00:58	20:49-17	41:26-7	58:43-13
11	Live Joronn Ytrehus, Ringerike OL	2:08:22	20:26-16	50:03-16	57:53-12
12	Inger A Tiltne, IL Tyrving	2:10:09	17:45-10	47:35-13	1:04:49-14
13	Ingrid E Ström, Täby OK	2:15:49	14:50-4	48:50-14	1:12:09-16
14	Bodil Klakegg, Kolbotn og Skimt OL	2:23:57	18:30-12	51:26-17	1:14:01-17
15	Elle M. Melbye, Heming Orientering	2:25:01	16:47-8	51:34-18	1:16:40-20
16	Kari Lillealtern, Freidig	2:42:13	23:53-19	53:43-19	1:24:37-22
17	Aud Kjemperud, Eiker OL	2:42:37	23:30-18	58:42-22	1:20:25-21
18	Inger Nergaard, Stokke IL	1:15:11	20:18-15	54:53-20	DSQ
19	Linda Verde, Sturla, IF	1:24:40		38:36-3	46:04-4
20	Emma Grete Feyling Haare,	1:42:24		46:28-11	55:56-10
21	Elisabeth Rød, Andebu IL	1:51:35	27:38-20	1:23:57-28	DSQ
22	Gro Eia, OL Trollo	2:05:09		49:45-15	1:15:24-19
23	Nina Kolberg, IL Tyrving	2:09:59		1:02:14-25	1:07:45-15
24	Ingerid Angell-Petersen, Freidig	2:15:59		1:01:29-24	1:14:30-18
25	Tove Skiri Wahlgren, Sarpsborg OL	2:25:58		1:01:14-23	1:24:44-23
26	Berit Lund, Sandefjord OK	2:33:47	DSQ	1:02:33-26	1:31:14-24
27	Ingeborg Bakken, Måren OK	57:33		57:33-21	DSQ

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
28	Anne-Berit Rasmussen, OL	1:11:36		1:11:36-27	DSQ
	Stina Elfving, Byåsen IL	00:00		DNS	DNS
	Herdís Alvheim, Fana IL	00:00		DNS	DNS
	Anne-Sofie Gjermstad, OK Nidarøst	00:00		DNS	DNS

D 70-

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1	Katharina Mo Berge, Freidig	1:29:32	17:03-3	31:42-1	40:47-1
2	Torid Kvaal, Freidig	1:42:46	15:53-1	34:07-2	52:46-3
3	Tea Forberg, Rond OL	1:47:02	16:06-2	37:11-5	53:45-4
4	Margith Reppegård, Hedrum OL	1:50:57	21:29-8	36:58-4	52:30-2
5	Birgitte Bekkelund, Røyken OL	1:53:59	20:00-6	38:25-7	55:34-5
6	Elin Dahlen, Ringerike OL	1:56:54	21:49-9	38:41-8	56:24-7
7	Torill Svendsen, Lunds OK	2:00:18	23:39-14	41:03-11	55:36-6
8	Ingrid Lome-Hagman, Kolbotn og	2:01:55	17:03-3	36:02-3	1:08:50-11
9	Anne Lise Øfsthø, Asker Skiklubb	2:05:50	23:07-13	42:40-13	1:00:03-8
10	Odbjørn Nordeng, Rudsbygd IL	2:06:41	21:53-10	37:45-6	1:07:03-10
11	Anne-Britt Nilsen, Kjelsås IL	2:11:26	26:00-17	39:34-9	1:05:52-9
12	Eli Klovning, Porsgrunn OL	2:21:15	22:20-11	43:44-15	1:15:11-15
13	Thorunn Aamodt Ovesen, Lardal	2:30:50	39:06-21	41:31-12	1:10:13-12
14	Ella Bjerketvedt, Trøsken IL	2:33:48	28:12-19	48:55-19	1:16:41-16
15	Inger Lise Bjordal, Oppsal	2:38:53	26:16-18	55:46-22	1:16:51-17
16	Ingvill Vold, Fana IL	2:49:35	25:08-16	1:09:55-25	1:14:32-14
17	Inger Elisabeth Kvaase,	2:55:19	32:13-20	55:59-23	1:27:07-21
18	Hjørdis Egner, Heming Orientering	3:10:33	51:20-22	56:30-24	1:22:43-20
19	Ragnhild Krogvig, Kolbotn og Skimt	1:01:41	18:46-5	42:55-14	DNS
20	Hanne Bræck, Kongsberg OL	1:04:50	24:27-15	40:23-10	DNS
21	Turid Bratland, Fossum IF	1:08:00	20:56-7	47:04-17	DNS
22	Lajla Tidemann, Gjø-Vard OL	1:15:29	22:48-12	52:41-20	DNS
23	Torunn Hege Frøvoll, Sturla, IF	1:59:42		48:11-18	1:11:31-13
24	Eva Aalde, Freidig	2:13:30		52:58-21	1:20:32-19
25	Grete Vestby, Varteig OL	43:46		43:46-16	DNS
26	Onelma Blomhoff, Heming	1:19:31			1:19:31-18
	Inger Døhlen, Raumar Orientering	00:00		DNS	DNS

D 75-

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1	Unni Dirro Bøhlerengen, Måren OK	1:41:28	17:48-1	46:05-2	37:35-1
2	Unni Drage, Haugerud IF	1:50:23	26:26-6	45:11-1	38:46-2
3	Tirill Liby Seip, OK Skeidi	1:51:05	20:19-3	50:12-3	40:34-4
4	Gudveig Jørundland, OK Sør	1:52:14	18:20-2	52:05-6	41:49-6
5	Inger E. Vamnes, Hamar OK	1:52:28	21:53-5	51:17-4	39:18-3
6	Marit Økern Jensen, Bærum	1:54:24	20:53-4	51:43-5	41:48-5
7	Anne-Lise Blomhoff Ronæss,	1:47:45	53:36-7	DSQ	54:09-7
8	Synøve Amundsen, Kolbotn og	1:13:30	DSQ		1:13:30-8

D 80-

				-	
1	Maureen Ogilvie, Uringa Orienteers	2:51:46	26:31-1	1:20:01-1	1:05:14-1

H 11-12

				-	
1	Sondre Ytterbø, Asker Skiklubb	46:05	09:14-1	18:05-1	18:46-1
2	Kornelius Kriszat-Løvfald,	47:27	10:15-5	18:05-1	19:07-2
3	Christopher Engebretsen, OK Moss	53:43	09:57-2	19:40-4	24:06-13
4	Gaute Bergan, Nydalens SK	53:55	10:46-7	20:41-6	22:28-6
5	Sune Raknes Sogstad, Gjø-Vard	54:40	10:41-6	22:00-11	21:59-4

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
6	Vetle Drage, Kongsberg OL	55:52	10:14-4	20:21-5	25:17-19
7	Jonas Myhr, Asker Skiklubb	55:55	10:10-3	21:25-8	24:20-14
8	Henrik Reusch, Heming Orientering	55:58	10:57-9	22:22-12	22:39-7
9	Jørgen Schjølberg, Tynset IF	57:23	11:08-11	21:32-9	24:43-17
10	Johan Eger, Kongsberg OL	1:00:38	13:23-29	25:04-24	22:11-5
11	Johannes Halvorsen, Nydalens SK	1:00:59	12:14-18	22:27-13	26:18-25
12	Mikkel Holt, Freidig	1:01:36	10:50-8	24:41-20	26:05-22
13	Mikkel Berglund, Ringerike OL	1:02:35	12:57-25	25:36-26	24:02-12
14	Adam Conway, Guildford	1:03:04	11:42-14	25:49-28	25:33-20
15	Jørgen Nøkleby Melling, Ringerike	1:03:55	11:11-12	24:18-18	28:26-34
16	Tobias Mikael Espedal, Nydalens	1:04:15	12:22-19	25:43-27	26:10-23
17	August Syrdal Øen, Heming	1:05:43	13:53-33	24:56-22	26:54-27
18	Even Bordal, Ringsaker OK	1:05:59	13:30-30	25:53-29	26:36-26
19	Ådne Skjærstein, IL Tyrving	1:06:13	12:50-24	27:08-36	26:15-24
20	Snorre Sløkvik, Notodden OL	1:06:48	13:21-28	30:33-46	22:54-8
21	Jonas Eikås, Sandefjord OK	1:07:15	12:08-17	25:03-23	30:04-40
22	Einar Eide, Byåsen IL	1:07:35	12:33-22	26:50-32	28:12-33
23	Kasper Bakken Ulseth, Nydalens	1:07:59	12:02-16	21:43-10	34:14-54
24	Atle Nikolai Wøllo, Kongsberg OL	1:09:31	15:59-44	21:21-7	32:11-46
25	Andreas Gjetanger, Måren OK	1:10:05	16:05-45	27:03-34	26:57-28
26	Birk F. Sætnan, Fossum IF	1:12:17	13:49-31	27:08-36	31:20-42
27	Ole Kristian Taksdal, Ganddal IL	1:17:35	14:51-38	31:13-50	31:31-44
28	Matti Rintanen, Kangasala SK	1:19:26	17:10-50	34:23-57	27:53-31
29	Halvor Rudningen, Hemsedal IL	1:20:24	15:50-41	38:38-64	25:56-21
30	Sindre Ulsaker, Hemsedal IL	1:20:33	19:54-58	23:39-17	37:00-63
31	Simen Aure Skogedal, Asker	1:20:40	22:50-63	27:52-38	29:58-39
32	Toke Tillingsøe, CopenhagenO	1:20:56	17:23-51	29:00-40	34:33-58
33	Per Ingvar Tollehaug, Eiker OL	1:21:35	19:37-57	23:31-16	38:27-65
34	Mats Lindaas, Elverum OK	1:22:05	17:31-52	31:08-49	33:26-50
35	Vetle Lysaker Norbom, Konnerud IL	1:22:21	12:29-21	37:48-63	32:04-45
36	Samuel Kleppa, Ålgård Orientering	1:22:56	15:51-42	31:48-51	35:17-60
37	Jakob Høsøien, Tynset IF	1:23:13	22:27-62	26:20-30	34:26-56
38	Sjur Holm Grøneng, Lillehammer OK	1:23:17	14:42-36	39:12-65	29:23-35
38	Olav Lund, Kongsberg OL	1:23:17	16:34-48	31:00-47	35:43-61
40	Tor Erling Gjølshj, OK Moss	1:23:33	23:05-64	27:04-35	33:24-49
41	Eirik Øvstedal, Nydalens SK	1:23:55	16:28-47	33:19-54	34:08-53
42	Martin Ausen, Porsgrunn OL	1:24:30	16:18-46	34:23-57	33:49-52
43	Tage Rosenlund, Varegg Fleridrett	1:25:28	11:50-15	49:10-71	24:28-15
44	Stein Aas Stræte, Ringerike OL	1:27:39	15:54-43	41:57-68	29:48-38
45	Andreas Nybak Urdal, Ganddal IL	1:28:03	13:59-34	39:34-66	34:30-57
46	Ole Henrik Woxholth, Asker	1:28:25	20:44-60	34:05-55	33:36-51
47	Vegard Ulseth Sylte, Freidig	1:30:17	17:41-55	30:28-45	42:08-68
48	Kristoffer Fjære, Hedrum OL	1:31:46	15:32-39	35:57-60	40:17-67
49	Sivert Poppe, Fredrikstad SK	1:38:27	23:51-65	34:32-59	40:04-66
50	Gustav Andresen Skotte, Fossum	1:40:05	14:27-35	39:40-67	45:58-72
51	Sebastian Rød Feragen, Tynset IF	1:48:05	13:49-31	31:03-48	1:03:13-76
52	Jens Husby, Malvik IL	2:03:42	21:56-61	49:24-73	52:22-75
53	Sverre Strand, Lierbygda OL	2:03:50	20:14-59	1:01:20-75	42:16-69
54	Martin Thomassen, Varegg	2:08:59	36:58-67	44:29-70	47:32-73
55	Jon Erik Doppelhofer Ervik, Varegg	2:34:01	25:47-66	1:16:57-76	51:17-74
14	Odin Sæther, Fredrikstad SK	42:53	15:38-40		27:15-30
57	Gaute Fosstveit, Raumar	44:23	14:45-37	DSQ	29:38-36
58	Martin Birkelund, Asker Skiklubb	44:54		23:28-15	21:26-3
59	Viljan van Raaij, Hedrum OL	46:38		23:01-14	23:37-10

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
60	Henrik R Holt, Hedrum OL	47:30	12:24-20	DSQ	35:06-59
61	Ferdinand Fremming, Heming	47:46	DSQ	24:37-19	23:09-9
62	Arthur Brunborg, Nittedal OL	49:16	19:19-56	29:57-43	DNS
63	Vegard Holm Johannesen,	50:33		25:20-25	25:13-18
64	Kristian Østermann, Heming	51:21		26:44-31	24:37-16
65	Nils Tveite, Ås-NMBU Orientering	51:46	DSQ	19:35-3	32:11-46
66	Henrik Sturød, Nydalens SK	52:08	DSQ	28:16-39	23:52-11
67	Simen Gravningen, Stokke IL	52:49		24:45-21	28:04-32
68	Peder Bonden Kjørsvik, Kongsberg	57:00	13:20-27	43:40-69	DNS
69	Sindre Ulven Jørgensen, Asker	59:01	16:38-49	DSQ	42:23-70
70	Felix Finsrud, Asker Skiklubb	59:33		32:22-53	27:11-29
71	Ulrik Hellen, TIF Viking	1:00:28		30:11-44	30:17-41
72	Lars Øderud Vatne, Bækkelagets	1:02:10	12:49-23	49:21-72	DSQ
73	Simen Gammelmo, Hadeland OL	1:05:08		29:02-41	36:06-62
74	Kasper Kjær Jørgensen, Måren OK	1:09:48	17:37-53	52:11-74	DNS
75	Vegard Ranestad, Hamar OK	1:10:22	DSQ	27:02-33	43:20-71
76	Axel Bjørnsgaard Lenndin,	1:10:46		36:22-62	34:24-55
77	Esten S. Kringhaug, Bodø og	13:11	13:11-26	DNF	DNS
78	Åsmund Slokvik, Notodden OL	29:44			29:44-37
79	Peder Aabogen Haugaard,	31:26			31:26-43
16	Sindre Gisholt, Fossum IF	31:52		31:52-52	
81	Sander Dybdahl, Lillomarka OL	32:37			32:37-48
82	Erlend Langeeggen, Kongsberg OL	37:58		DNS	37:58-64
	Vetle Bondhus Often, Tynset IF	00:00		DNS	DNS
	Lauritz Sogn-Larssen, Heming	00:00		DSQ	DNS
	Sondre Robøle Lien, Hamar OK	00:00		DSQ	DNS

H 11-12N

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1	Simen Olsen Kirkevik, Hamar OK	42:41	09:56-1	14:04-3	18:41-3
2	Jonas Hasaas, Fossum IF	52:46	11:58-3	21:39-7	19:09-4
3	Sondre Evensen, OL Tønsberg og	55:06	11:45-2	18:50-6	24:31-12
4	Øyvind Telstø, Etnedal IL	1:03:29	17:32-8	21:52-8	24:05-11
5	Eirik N. Nergård, Nittedal OL	1:04:10	17:46-9	22:29-9	23:55-10
6	Sigurd Paulsen Ask, Lierbygda OL	1:04:35	17:01-7	24:58-11	22:36-8
7	Jostein Lian, Røyken OL	1:25:40	24:06-11	27:48-13	33:46-15
8	Gaute Lindaas, Elverum OK	1:27:35	28:40-13	29:51-14	29:04-14
9	Fabian Nikolai Gjessing, IL Tyrving	30:02		13:33-2	16:29-1
10	Magnus Strømme Lid, TIF Viking	37:38	17:47-10		19:51-5
11	Håvard Røgeberg Magelssen, OL	40:22		17:25-5	22:57-9
12	Sigurd Gano Mønnich, Røyken OL	40:46	15:21-6		25:25-13
13	Vebjørn Blom-Hagen, Fossum IF	40:59	DSQ	22:42-10	18:17-2
14	Odin Sæther, Fredrikstad SK	12:06		12:06-1	
15	Aksel Mjelstad, TIF Viking	21:14			21:14-6
16	Sindre Gisholt, Fossum IF	21:50			21:50-7
17	Thomas Blomkvist, Fredrikstad SK	24:34	24:34-12		
	Sindre Gisholt, Fossum IF	00:00			DNS
	Anders Gylterud Kvålsgard,	00:00		DNS	DNS
	Edvard Ormhaug Tschudi Madsen,	00:00		DNS	DNS

H 13-16C

				-	
1	Tobias R. Hylleseth, Sentrum OK	54:43	13:42-2	18:02-1	22:59-1
2	Santeri Laurila, Saloisten Reipas	1:00:57	14:28-3	19:26-3	27:03-2
3	Nikolai Nordhaug, Konnerud IL	1:19:09	16:42-6	23:27-11	39:00-8

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
4	Anders Horvei, Raumar Orientering	1:21:42	20:34-9	21:51-6	39:17-9
5	Halvor Fahre Ulstein, Hisøy OK	1:24:00	16:40-5	28:25-20	38:55-7
6	Halvor Nærby, Skaukameratene OL	1:27:15	19:07-8	28:24-19	39:44-10
7	Georg S. Andresen, Skien OK	1:30:13	17:57-7	23:44-12	48:32-17
8	Anders Nødland Fuglestad, Ålgård	1:41:06	25:46-12	31:38-23	43:42-14
9	Håvard Fyhn, OL Tønsberg og	1:43:50	26:26-13	27:40-18	49:44-18
10	Sebastian Lono Eriksen, Konnerud	2:27:58	24:33-11	30:06-22	1:33:19-20
11	Emil Bjørnstad Strand, Raumar	37:08	14:34-4	22:34-9	DSQ
12	Hermann Skram Botterud, Fossum	45:14	20:57-10	24:17-13	DNS
13	Andreas Aleksander Gjessing, IL	53:36		22:31-8	31:05-4
14	Fredrik Lillestrand, Trøsken IL	1:00:57		26:25-14	34:32-5
15	Henrik Hvidsten, Fredrikstad SK	1:03:01		22:16-7	40:45-12
16	Sivert Åmodt Amundsen, Lardal OL	1:06:51		26:30-15	40:21-11
17	Lars Gåsvik Narvestad, Halden SK	1:09:40		22:41-10	46:59-16
18	Per Einar Hellenes Andresen, OK	1:12:18		29:22-21	42:56-13
19	Henrik Herø, Eiker OL	1:13:31		27:32-17	45:59-15
20	Endre Rognskog Mella, Oppsal	1:21:08		27:31-16	53:37-19
21	Oscar Melheim, Sturla, IF	20:35		20:35-4	DNS
22	Bernhard Bryhn, Sturla, IF	20:45		20:45-5	DNS
23	Simen Ruud, Konnerud IL	27:58			27:58-3
24	Joakim Eriksrud Karlsen, Oppsal	37:21			37:21-6
	Styrk Almeland Bleie, Varegg	00:00		DNS	DNS

H 13-16N

1	Erik Linvåg Næss, Fossum IF	55:08	10:02-1	20:52-1	24:14-1
2	Benjamin Andersen, Raumar	59:32		27:59-3	31:33-2
3	Martin Kjos Barkenæs, Fet OL	1:02:42		25:15-2	37:27-3

H 17-B

1	Tommy Sæter, Kongsberg OL	1:22:24	15:19-4	26:14-7	40:51-4
2	Tor Idar Lillekroken, Folldal IF	1:23:20	15:53-6	26:55-9	40:32-3
3	Selmer Wathne, Sandnes IL	1:39:19	15:42-5	38:57-29	44:40-5
4	Ole Johannes Nedrebø, OK Moss	1:40:49	16:21-9	36:50-25	47:38-9
5	Ola Håvard Hole, Konnerud IL	1:43:06	18:09-12	32:34-15	52:23-13
6	Bjarte Handeland, BSI - Orientering	1:44:18	22:24-21	33:30-19	48:24-10
7	Øyvind Schibsted, Røyken OL	1:50:01	14:05-1	45:08-36	50:48-11
8	Kjetil Jacobsen, Hamar OK	1:54:45	20:47-18	24:03-5	1:09:55-23
9	Knut Langeeggen, Kongsberg OL	1:55:43	17:46-10	39:11-30	58:46-16
10	Martin Kaspersen, Mo OK	2:01:43	21:22-19	37:13-26	1:03:08-19
11	Kurt Kleppa, Ålgård Orientering	2:37:58	20:02-15	1:01:46-41	1:16:10-26
12	Glenn Ekholdt Hilleren, Eiker OL	2:45:11	28:10-24	1:10:58-42	1:06:03-22
13	Jan Henrik Neuenkirchen, Ganddal	2:47:53	25:08-23	38:54-28	1:43:51-30
14	Arild Svihus, Ganddal IL	2:59:05	22:19-20	55:40-39	1:41:06-29
15	Nils-Henrik Pedersen, Hisøy OK	3:01:11	23:46-22	1:00:06-40	1:37:19-28
16	Simon Simonsen, Sarpsborg OL	52:22	17:59-11	34:23-20	DSQ
17	Jørgen Elisenberg, Hamar OK	53:08		20:05-1	33:03-1
18	Bjørn A Friestad, Kristiansand OK	58:13	20:04-16	38:09-27	DSQ
19	Sverre Wisløff, Asker Skiklubb	1:07:57		28:46-12	39:11-2
20	Per Anders Ytterbø, Asker Skiklubb	1:10:30	19:57-14	50:33-38	DNS
21	Bjørn Sverre Gulheim, Kolbotn og	1:11:06	DSQ	23:58-3	47:08-8
22	Lars Kristian Eidsheim, Askøy OL	1:13:31	14:10-2	DSQ	59:21-17
23	Tor Sverre Gravningen, Stokke IL	1:15:50		28:44-11	47:06-7
24	Vegard Kvisle, Asker Skiklubb	1:21:00		35:20-24	45:40-6

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
25	Jarle Rogndokken, Fet OL	1:27:21		35:10-23	52:11-12
26	Sveinung Ulstein, Hisøy OK	1:27:23		34:34-21	52:49-14
27	Hans Herman Herø, Eiker OL	1:33:51		35:08-22	58:43-15
28	Viggo Eriksen, Fossum IF	1:35:04		24:13-6	1:10:51-24
29	Jørn Christen Johnsen, Fredrikstad	1:35:12	DSQ	33:14-18	1:01:58-18
30	Morten Andresen, OK Skeidi	1:38:32		32:57-16	1:05:35-21
31	Egil Amundsen, Lardal OL	1:47:27		43:45-35	1:03:42-20
32	Svein Andersen, Raumar	2:00:42		43:02-34	1:17:40-27
33	Torbjørn Bogen, Sturla, IF	2:25:06	31:19-25	DSQ	1:53:47-31
34	Nils Skuncke, Røyken OL	15:56	15:56-7	DNS	DNS
35	Robin Larsson, Raumar Orientering	26:23		26:23-8	DSQ
36	Trond Myhre, Fossum IF	27:28		27:28-10	DSQ
37	Tom F. Bryhn, Sturla, IF	33:03		33:03-17	
38	Kenneth Dybvik, Stokke IL	40:51		40:51-31	DSQ
39	Per Anders Ifarness, IL Tyrving	48:02		48:02-37	DSQ
40	Eilef Landsverk, Skien OK	1:12:30		DNS	1:12:30-25

H 17-C

				-	
1	Leif Arne Nytrøen, Tynset IF	1:13:40	15:48-3	22:43-2	35:09-1
2	Henning Flaget, Hemsedal IL	1:34:02	15:24-1	33:41-5	44:57-2
3	Gunnar Sanden, Eiker OL	1:43:07	15:40-2	32:22-3	55:05-4
4	Tor Petter Lunåsmo, Tynset IF	2:18:41	20:26-5	1:05:47-14	52:28-3
5	Audun Langvik-hansen, Sarpsborg	38:40	16:08-4	22:32-1	DSQ
6	Lars-Erik Østerud, Eiker OL	1:30:35	23:14-6	DNS	1:07:21-7
7	Jostein Sivertsen, Tynset IF	1:42:35	DSQ	36:37-7	1:05:58-6
8	Thomas Blomkvist, Fredrikstad SK	1:46:45		36:57-8	1:09:48-9
9	Sondre Østbye, Elverum OK	1:49:28	DSQ	41:30-10	1:07:58-8
10	Halvard Foss, Eiker OL	1:49:41		50:23-12	59:18-5
11	Ivar Mikal Tyse, Eiker OL	2:11:47		43:08-11	1:28:39-10
12	Frank Larsen, Andebu IL	3:24:45	51:45-7	DNS	2:33:00-11
13	Trym Flaget, Hemsedal IL	32:53		32:53-4	DNS
14	Bjørn Carlsen, Notodden OL	35:39		35:39-6	DSQ
	Tom F. Bryhn, Sturla, IF	00:00			DNS

H 17-N

				-	
1	Stian Lillegård, Lillomarka OL	1:14:13	13:18-1	24:14-1	36:41-1
2	Elibariki Martin, Kristiansand OK	1:26:46	DSQ	45:31-2	41:15-2

H 17-20

				-	
1	Erling Hovdenak Sylte, Molde og	2:04:54	14:27-6	41:05-3	1:09:22-1
2	Ole-Kristian Kaspersen, Mo OK	2:07:04	16:25-12	39:29-2	1:11:10-2
3	Lars Bredalen, Nittedal OL	2:16:45	17:58-14	42:21-6	1:16:26-5
4	Håvard Ulsaker, Hemsedal IL	2:17:14	15:51-7	47:55-11	1:13:28-4
5	Vetle Reinhartsen, Kristiansand OK	2:22:54	14:08-4	46:07-9	1:22:39-9
6	Vebjørn Røtvold, Kongsberg OL	2:32:31	16:23-11	50:20-14	1:25:48-10
7	Robin Bergane Jansson, Lillomarka	2:35:52	14:10-5	44:48-8	1:36:54-11
8	Karl Kristen Gjølshø, OK Moss	2:47:41	24:16-17	1:01:18-17	1:22:07-8
9	Peter Martinus Freyborg Uran,	3:05:25	17:55-13	54:19-15	1:53:11-12
10	Bjørnar Smeland Nygårdseter,	54:01	12:18-1	41:43-4	DNS
11	Krister Hovde, Ringsaker OK	54:51	12:25-2	42:26-7	DSQ
12	Jørgen Teigen Søgård, Kongsberg	1:01:48	13:33-3	48:15-12	DNS
13	Erlend Søbye Grønvold, BSI -	1:02:06	19:50-15	42:16-5	DSQ
14	Andreas Marcussen, Asker	1:04:41	16:16-10	48:25-13	DSQ

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
15	Børge Styrvold, Porsgrunn OL	1:20:21	15:58-8	1:04:23-18	DNS
16	Trygve Heggedal, Kongsberg OL	1:52:33		39:09-1	1:13:24-3
17	Sigurd Bonden Kjørsvik,	2:06:22	DSQ	47:22-10	1:19:00-6
18	Helge Nikolai Helmersen, Fet OL	24:37	24:37-18	DSQ	DSQ
19	Toralf Grande, Kongsberg OL	58:22		58:22-16	DSQ
20	Håkon Blågestad, Indre Østfold OK	1:21:15			1:21:15-7
	Ola Singsdal, Gimle IF	00:00		DNS	DNS
	Rein Helle Mårdalen, Freidig	00:00		DNS	DNS

H 21-

1	Ola Magnus Laugaland, Ålgård	2:04:18	12:05-2	42:32-1	1:09:41-1
2	Sigurd R. Oftedal, Ålgård	2:10:51	12:35-4	43:54-2	1:14:22-4
3	Gunnar A Fiskum, IL Tyrving	2:15:47	12:22-3	46:43-3	1:16:42-8
4	Anssi Vesanto, Espoon Suunta	2:18:45	12:04-1	48:32-7	1:18:09-9
5	Jostein Kvakland, Varegg Fleridrett	2:21:21	14:30-12	51:59-12	1:14:52-6
6	Håvard Krey Hansen, OK Silsand	2:21:32	13:09-5	49:23-8	1:19:00-11
7	Lars Øivind Amundsen, Trøsken IL	2:23:11	15:11-17	49:33-9	1:18:27-10
8	Martin Holth Johannessen, Røyken	2:27:41	14:18-11	50:47-10	1:22:36-15
9	Magnus Ombustvedt, Ås-NMBU	2:34:01	15:40-18	53:39-16	1:24:42-18
10	Kristian Frafjord Haarr, Ganddal IL	2:35:13	16:29-21	52:19-13	1:26:25-21
11	Åsulv Birkeland Stormoen,	2:35:16	16:59-23	52:29-14	1:25:48-20
12	Daniel Oliversen, Trøsken IL	2:36:40	14:09-10	58:40-22	1:23:51-17
13	Morten Sundli, Ganddal IL	2:38:13	14:05-9	56:09-20	1:27:59-23
14	Øyvind Steinbekken, Odal OL -	2:41:32	14:30-12	1:01:40-28	1:25:22-19
15	Eirik Holth Johannessen, Røyken	2:42:55	15:01-16	55:12-19	1:32:42-26
16	Jostein Utstumo, IK Grane Arendal	2:45:18	14:50-15	1:00:56-25	1:29:32-24
17	Magnus Kyrkjebø, TIF Viking	2:46:43	13:46-8	58:58-23	1:33:59-27
18	Morten Andreas Nome, BSI -	2:47:46	14:44-14	57:26-21	1:35:36-29
19	Vegard Line, Oslostudentenes IK	2:49:03	17:54-24	1:00:06-24	1:31:03-25
20	Sturla Stokkeland, Ålgård	2:52:06	15:52-19	1:01:24-26	1:34:50-28
21	Robert Fredriksen, Notodden OL	3:22:15	19:53-26	1:13:11-30	1:49:11-30
22	Wouter Talloen, OMEGA	3:33:38	18:39-25	1:21:12-31	1:53:47-31
23	Lars Leiren, Kolbotn og Skimt OL	3:39:56	21:36-27	1:23:22-32	1:54:58-32
24	Njål Helge Vølstad, Ålgård	1:10:04	16:36-22	53:28-15	DSQ
25	Kjetil Molund, IL Tyrving	1:17:40	16:15-20	1:01:25-27	DNS
26	Magnus Skauge Oliversen,	1:29:16	22:02-28	1:07:14-29	DSQ
27	Tallak Olav Gryting, Gjerstad IL	2:01:38		48:31-6	1:13:07-2
28	Marius Lindhom Ackenhausen,	2:13:04		51:50-11	1:21:14-14
29	Sturle Nordeide, Gneist, IL	33:20	33:20-29		DNS
30	Erik Feyling Haare, Konnerud IL	1:13:46			1:13:46-3
31	Damien Renard, Kongsberg OL	1:14:41			1:14:41-5
32	Beat Roth, OLG Biberist SO	1:16:24			1:16:24-7
33	Audun Strandlie, Gjø-Vard OL	1:20:04			1:20:04-12
34	Fredrik Sandal, Ganddal IL	1:20:52			1:20:52-13
35	Henning C Strandhagen, Røyken	1:23:30			1:23:30-16
36	Terje Faugstad Bjertnes, NTNUI	1:26:26			1:26:26-22

H 35-

1	Jostein F. Tellnes, Asker Skiklubb	2:11:48	12:49-1	46:24-1	1:12:35-1
2	Torbjørn Kravdal, Gjø-Vard OL	2:28:29	14:31-2	56:11-4	1:17:47-2
3	Per-Ove Melinder, Tullinge SK	3:03:17	15:28-4	57:56-5	1:49:53-8
4	Kim Richter, Sandnes IL (Rogaland)	3:03:32	16:13-5	59:03-6	1:48:16-7
5	Jon Kjenseth, Heming Orientering	1:29:15	15:21-3	1:13:54-10	DNS

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
6	Ove Ingebrigtsvoll Feragen, Tynset	1:31:30	22:39-8	1:08:51-8	DNS
7	Per-Ivar Nikolaisen, Oppsal	2:06:59		48:21-2	1:18:38-3
8	Stefan Schwarzenberger, LG	2:24:18		54:52-3	1:29:26-5
9	Stefan Kernstock,	2:56:09		1:10:36-9	1:45:33-6
10	Rune Brunborg, Nittedal OL	1:03:57		1:03:57-7	DNS
11	Morten Vilbo Sørum, Raumar	1:20:43		1:20:43-11	DNS
12	Bjørn Gulbrandsen, Asker Skiklubb	1:20:44			1:20:44-4
	Eirik W. Moe, Lierbygda OL	00:00			DNS

H 40-

				-	
1	Pål Kittilsen, Freidig	1:49:13	12:02-3	39:32-11	57:39-1
2	Henrik Ottesen, Fredrikstad SK	1:50:42	12:00-2	39:00-8	59:42-2
3	Johan Michelsen, Fossum IF	1:53:43	11:59-1	37:42-2	1:04:02-6
4	Lars Sigve Oftedal, Ålgård	1:58:50	12:14-4	38:23-4	1:08:13-13
5	Johs Hjelmstad, Bækkelagets SK	2:00:34	14:15-14	38:38-5	1:07:41-11
6	Andreas Sylte, Freidig	2:01:36	12:24-5	43:39-25	1:05:33-8
7	Steinar Lande, Bø OL	2:06:05	18:28-38	40:21-14	1:07:16-10
8	Odd-Ivan Lorentsen, OK Silsand	2:06:12	13:20-9	44:17-29	1:08:35-15
9	Gunnar Vatn, Frol IL	2:07:54	14:44-18	41:44-18	1:11:26-16
10	Torbjørn Blom-hagen, Fossum IF	2:09:44	18:05-37	44:45-30	1:06:54-9
11	Vegard Grønli, Freidig	2:10:04	13:57-11	43:29-23	1:12:38-17
12	Peter Tudén, IK Hakarpspojkarna	2:13:39	14:07-13	42:27-20	1:17:05-22
13	Terje W. Pettersen, Berger og	2:14:23	14:24-17	44:11-26	1:15:48-20
14	Stig Melling, Ringerike OL	2:16:12	14:17-15	44:12-27	1:17:43-23
15	Espen Bergstrøm, Halden SK	2:20:01	16:11-27	46:07-35	1:17:43-23
16	Øyvind Lien, Gjø-Vard OL	2:21:54	15:27-23	46:07-35	1:20:20-25
17	Håvard Nilsen, Vegårshei IL	2:23:41	20:59-43	46:34-38	1:16:08-21
18	Geir Schjølberg, Tynset IF	2:24:00	16:09-26	59:59-54	1:07:52-12
19	Anders Grevstad, Fossum IF	2:25:57	17:09-30	47:40-41	1:21:08-26
20	Lars Berglund, Ringerike OL	2:27:08	16:42-28	47:03-39	1:23:23-29
21	Blair Trewin, Yarra Valley	2:28:21	16:00-25	46:32-37	1:25:49-32
22	Thomas Lie, Fredrikstad SK	2:32:11	16:55-29	47:37-40	1:27:39-34
23	Henning Bratland Carlsen, OK Moss	2:32:29	19:03-40	49:25-44	1:24:01-30
24	Jari Kleemola, Pertelin Peikot	2:34:50	17:15-32	51:10-47	1:26:25-33
25	Torger Høsøien, Tynset IF	2:40:03	15:16-20	48:45-42	1:36:02-37
26	Øystein Husby, Malvik IL	2:47:51	20:06-41	56:07-52	1:31:38-35
27	Trond Flaskerud, OL Toten-Troll	2:48:59	25:22-48	48:56-43	1:34:41-36
28	Ola Bratlie, IL BUL-Tromsø	2:49:00	21:39-45	50:00-45	1:37:21-38
29	Jon-Kåre Hansen, TIF Viking	3:04:09	17:24-33	57:51-53	1:48:54-40
30	Pål Angvoll, Fredrikstad SK	3:11:34	21:40-46	54:06-50	1:55:48-41
31	Alf Inge Lindtner, Haugesund IL	4:26:04	26:03-49	1:33:48-60	2:26:13-43
32	Bjørnar Lynum, Freidig	51:25	12:33-6	38:52-6	DSQ
33	Harald Bakke, Fossum IF	52:24	12:48-8	39:36-12	DSQ
34	Bjørn Hauge, Fet OL	55:24	13:54-10	41:30-17	DNS
35	Rune Abrahamsen, Hemsedal IL	1:01:54	21:22-44	40:32-15	DNF
36	Anders Kristian Holt, Hedrum OL	1:03:10	17:29-35	45:41-33	DNS
37	Pål Thomassen, Varegg Fleridrett	1:05:09	14:19-16	50:50-46	DSQ
38	Olle Malmring, Freidig	1:06:31	15:08-19	51:23-48	DSQ
39	Anders Sollien, OL Toten-Troll	1:07:53	22:06-47	45:47-34	DNS
40	Christian Reusch, Heming	1:11:07	15:20-21	55:47-51	DSQ
41	Dag Strisland, Kolbotn og Skimt OL	1:13:23	20:55-42	52:28-49	DNS
42	Torgeir Nevland, Ålgård Orientering	1:14:22	12:37-7	DSQ	1:01:45-4
43	Magne Sæther, Fredrikstad SK	1:20:30	18:45-39	1:01:45-55	DNS
44	Tom Kristensen, Larvik OK	1:28:16	15:25-22	1:12:51-58	DSQ

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
45	Kjell Reidar Mydske, Fredrikstad SK	1:33:58	27:45-50	1:06:13-56	DNS
46	Knut Jostein Sætнан, Fossum IF	1:39:15	17:28-34	DSQ	1:21:47-27
47	Gisle Nysæter, Skien OK	1:39:53		38:02-3	1:01:51-5
48	Frode Nysæter, Skien OK	1:47:41		42:44-22	1:04:57-7
49	Fredrik Torjusen, Fredrikstad SK	1:52:04	18:01-36	1:34:03-61	DSQ
50	Jan Tore Ludvigsen, Nydalens SK	1:54:00		39:20-10	1:14:40-19
51	Per Kristian Ramstad, Fet OL	2:04:16	15:43-24	DSQ	1:48:33-39
52	Runar Hafskjold, Nydalens SK	2:06:30		43:30-24	1:23:00-28
53	Asgeir Lium, Fet OL	2:08:51		44:16-28	1:24:35-31
54	Ola Beitdokken, Lillehammer OK	3:25:38		1:06:42-57	2:18:56-42
55	Pål Skogedal, Asker Skiklubb	17:10	17:10-31	DSQ	DSQ
56	Tom Bergan, Fet OL	38:59		38:59-7	DSQ
57	Espen Røste, Kongsberg OL	39:49		39:49-13	DSQ
58	Knut Aalde, Nydalens SK	41:44		41:44-18	DNS
59	Pål Sommerhein, OK Horten	44:58		44:58-31	DSQ
60	Håkon Wold, Sturla, IF	45:07		45:07-32	DNS
61	Espen Danevad, Fredrikstad SK	1:00:59		DSQ	1:00:59-3
62	Rolf Pettersen Mo, OL Toten-Troll	1:08:22			1:08:22-14
63	Rune Blågestad, Indre Østfold OK	1:14:36			1:14:36-18
	Knut Ivar Johansen, Sandefjord OK	00:00			DNS
	Kyrre Gran, Fet OL	00:00		DNS	DNS
	Torgeir Skjønhaug, Fet OL	00:00		DNS	DNS

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1	Leif Størmer, Fossum IF	1:41:54	10:05-1	35:18-2	56:31-1
2	Erik Haug, Stokke IL	1:47:16	12:21-24	37:05-5	57:50-2
3	Kjetil Bjørlo, Halden SK	1:48:34	10:40-2	37:41-8	1:00:13-3
4	Tom Eirik Eikanger, IL Gular	1:49:52	12:37-33	36:54-3	1:00:21-4
5	Ståle Sønsterudbråten, Raumar	1:51:14	11:13-6	37:29-6	1:02:32-9
6	Ulrik Olsson, Brattås CK	1:51:25	11:14-7	37:02-4	1:03:09-10
7	Jan Tore Henriksen, Nydalens SK	1:52:29	11:10-4	39:28-16	1:01:51-8
8	Knut Erling Øen, Heming Orientering	1:55:53	12:35-31	38:59-10	1:04:19-11
9	Jon Røstum, OL Gaula	1:56:47	12:08-21	43:15-43	1:01:24-7
10	Odd Fuglestad, Ålgård Orientering	1:59:57	12:34-30	40:08-20	1:07:15-18
11	Sven Arne Gylterud, Fossum IF	2:00:24	12:24-26	40:04-18	1:07:56-22
12	Helge Gisholt, OK Skeidi	2:00:32	13:03-40	40:23-21	1:07:06-17
13	Tore Bredalen, Nittedal OL	2:00:34	11:42-11	43:55-48	1:04:57-13
14	Dag Ausen, Porsgrunn OL	2:00:39	12:03-17	42:55-37	1:05:41-15
15	Per Olav Nærestad, IF Trauma	2:00:59	11:53-13	41:38-29	1:07:28-20
16	Lars Erik Gjein, Sandefjord OK	2:01:09	13:14-44	40:30-22	1:07:25-19
17	Jakob Haugen, Stjørdals-Blink	2:01:31	11:12-5	41:43-31	1:08:36-26
18	Ronny Rykkje, Varegg Fleridrett	2:01:51	11:27-9	39:05-12	1:11:19-35
19	Jon Iver Bakken, Nydalens SK	2:02:49	12:07-20	42:16-36	1:08:26-25
20	Tommy Jauhojärvi, Asker Skiklubb	2:02:53	12:32-29	42:12-34	1:08:09-23
21	Oddvar Taksdal, Ganddal IL	2:03:26	12:19-23	41:18-27	1:09:49-29
22	Tore Nymark, Askøy OL	2:04:21	13:35-55	41:02-24	1:09:44-28
23	Odd Strand, Kongsberg OL	2:04:39	11:19-8	39:04-11	1:14:16-46
24	Per Øivind Eger, Kongsberg OL	2:05:23	12:47-36	44:46-59	1:07:50-21
25	Geir Torgersen, Halden SK	2:06:34	13:20-48	40:58-23	1:12:16-39
26	Frank Løwengreen, Sarpsborg OL	2:07:09	12:29-28	39:21-13	1:15:19-48
27	Are Strandlie, Gjø-Vard OL	2:07:11	12:48-37	42:58-40	1:11:25-36
28	Rolv Anders Systad, Lyn Ski	2:07:12	14:41-78	41:53-32	1:10:38-33
29	Arne Nåtedal, OL Trollo	2:07:14	14:30-71	41:12-25	1:11:32-37
30	Egil Furua, Berger og Svelvik OL	2:08:10	12:05-18	44:16-53	1:11:49-38

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
31	Gjermund Gravir, Asker Skiklubb	2:08:43	11:29-10	44:46-59	1:12:28-40
32	Jan Erik Isaksen, Nydalens SK	2:08:52	15:01-83	43:50-47	1:10:01-30
33	Svein Nygård, Lillomarka OL	2:09:07	13:01-39	47:43-77	1:08:23-24
34	Kjetil Steen, Fossum IF	2:11:10	16:25-102	39:21-13	1:15:24-49
35	Svein Granerud, Asker Skiklubb	2:12:42	13:20-48	42:14-35	1:17:08-53
36	Bjørn Axel Gran, Halden SK	2:12:57	15:38-90	46:11-67	1:11:08-34
37	Jurg Niggli, O'Jura	2:13:10	14:08-64	45:13-65	1:13:49-44
38	Bernt Brynhildsen, Wing OK	2:13:11	11:55-14	47:15-75	1:14:01-45
39	Per Olav Gulbrandsen, Larvik OK	2:14:19	14:12-66	44:10-50	1:15:57-51
40	Trond Lund, IL Tyrving	2:14:24	11:46-12	47:06-74	1:15:32-50
41	Wim Vervoort, Trol	2:14:39	14:13-67	47:04-73	1:13:22-43
42	Erik Saugerud, Konnerud IL	2:15:04	12:38-34	44:36-57	1:17:50-56
43	Arne Dybdahl, Lillomarka OL	2:15:08	11:56-15	53:30-104	1:09:42-27
44	Teemu Korhonen, SK Vuoksi	2:16:06	12:06-19	44:12-51	1:19:48-62
45	Arild Andresen, Fossum IF	2:18:01	12:11-22	49:18-89	1:16:32-52
46	Jan Kjærner-Semb, Varegg	2:18:43	12:01-16	41:53-32	1:24:49-72
47	Espen Wigaard, Oppsal Orientering	2:21:14	14:35-74	53:53-107	1:12:46-41
47	Bent Skatvedt, Raumar Orientering	2:21:14	14:01-61	49:51-90	1:17:22-54
49	Roger Lysnes, Hedrum OL	2:23:17	14:28-70	47:50-80	1:20:59-63
50	Arild H Clausen, Freidig	2:23:20	13:42-59	47:43-77	1:21:55-66
51	Guttorm L Egge, Oslostudentenes	2:23:39	14:45-79	43:34-45	1:25:20-73
52	Per Erik Larsen, Sandefjord OK	2:23:58	14:31-72	50:12-94	1:19:15-60
53	Henning Martinsen, Fredrikstad SK	2:23:59	13:40-57	46:17-68	1:24:02-70
54	Vidar Strand, Lierbygda OL	2:24:54	13:13-43	52:02-100	1:19:39-61
55	Bjørn Martini, Asker Skiklubb	2:25:00	18:48-106	48:27-84	1:17:45-55
56	Hallvard Koren, OK Moss	2:25:37	15:17-85	44:30-55	1:25:50-75
57	Arnt Oluf Eide, Gjø-Vard OL	2:26:25	14:02-62	45:08-63	1:27:15-77
58	Kimme Arnesen, Heming	2:26:30	12:35-31	44:13-52	1:29:42-81
59	Håkon Brynjulfsen, OK Silsand	2:28:47	15:54-94	51:10-98	1:21:43-65
60	Arne Håkon Jørgensen,	2:30:27	15:58-96	48:19-82	1:26:10-76
61	Einar Teslo, Hadeland OL	2:30:34	15:19-87	50:35-96	1:24:40-71
62	Arne Torgersen, Bækkelagets SK	2:30:59	16:24-100	52:21-103	1:22:14-68
63	Gard Antonsen, Fredrikstad SK	2:31:08	13:27-53	50:13-95	1:27:28-78
64	Nils Bergan, Nydalens SK	2:31:41	14:40-77	54:03-108	1:22:58-69
65	Kjetil Damm, TIF Viking	2:33:47	14:33-73	48:23-83	1:30:51-83
66	Jon Terje Ekeland, Oddersjaa SSK	2:36:06	14:51-82	46:42-69	1:34:33-88
67	Ole Petter Vestøl, Vegårshei IL	2:36:29	16:24-100	46:56-70	1:33:09-85
68	Ole Petter Haugen, Nydalens SK	2:37:22	13:40-57	47:47-79	1:35:55-91
69	Peter Carlsen, Røyken OL	2:39:50	13:28-54	52:10-102	1:34:12-87
70	Jon Skriubakken, Porsgrunn OL	2:40:28	15:40-91	49:53-91	1:34:55-90
71	Torkel Irgens, Bodø og Omegn IF	2:40:44	16:15-99	59:05-114	1:25:24-74
72	Geir Bråten, Vegårshei IL	2:41:38	15:41-92	48:01-81	1:37:56-94
73	Lasse Arnesen, Heming Orientering	2:43:29	15:20-88	49:54-92	1:38:15-95
74	Jon Erik Kvarme, Røyken OL	2:44:08	15:49-93	53:41-105	1:34:38-89
75	Christian Grotnes, IL Tyrving	2:50:03	14:50-81	44:47-61	1:50:26-100
76	Jostein Mehammer, Porsgrunn OL	2:50:53	14:45-79	1:07:28-122	1:28:40-79
77	Jørn Moe, Fet OL	2:51:58	17:47-104	1:00:21-116	1:33:50-86
78	Roger Andre Vanebo, Kongsberg	2:52:28	15:17-85	1:00:22-117	1:36:49-92
79	Meeuwssen Marc, Trol	2:52:32	13:16-46	48:38-87	1:50:38-101
80	Harald Storrønning, Byåsen IL	2:54:05	13:05-41	59:26-115	1:41:34-98
81	Egil Kjørsvik, Kongsberg OL	2:59:51	15:06-84	53:41-105	1:51:04-102
82	Kjetil Espedal, Nydalens SK	3:01:24	13:22-50	52:04-101	1:55:58-105
83	Bjørn Richard Kirste, Skien OK	3:10:25	14:04-63	1:16:35-127	1:39:46-97
84	Terje Ulla Eiken, Kongsberg OL	3:19:18	17:12-103	1:05:45-121	1:56:21-106

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
85	Ole Myklemyr, Eiker OL	3:23:49	26:20-114	1:01:56-118	1:55:33-103
86	Koen Meynen, Trol	3:28:06	13:19-47	1:03:21-119	2:11:26-109
87	Rune Nergård, Nittedal OL	3:29:25	22:37-112	1:11:07-126	1:55:41-104
88	Olav Kristian Birkeland, Halden SK	3:34:02	22:09-111	1:10:18-125	2:01:35-108
89	Leiv-Terje Arnevik, Søgne og	51:36	13:38-56	37:58-9	DNS
90	Gudbrand Lien, Hamar OK	55:17	12:22-25	42:55-37	DNS
91	Roar Haug, Hadeland OL	55:36	15:31-89	40:05-19	DSQ
92	Øyvind Schjelderup, Freidig	56:52	12:26-27	44:26-54	DSQ
93	Bjørnar Olsrød, Stokke IL	57:33	14:36-76	42:57-39	DSQ
94	Gunnar Engen Vik, Nydalens SK	58:09	13:26-52	44:43-58	DSQ
95	Wiet Laenen, Trol	58:14	14:26-68	43:48-46	DNS
96	Finn Henry Lillestrand, Trøsken IL	58:32	13:24-51	45:08-63	DSQ
97	Dag Helland-Hansen, IL Tyrving	1:00:02	12:38-34	47:24-76	DNS
98	Bård Øyvind Solberg, Stjærdals-	1:03:05	14:27-69	48:38-87	DNS
99	Vegard Halden, Nydalens SK	1:03:24	13:15-45	50:09-93	DSQ
100	Ole Ingesen, Sarpsborg OL	1:05:05	14:09-65	50:56-97	DSQ
101	Roar Mathisen, OL Tønsberg og	1:10:44	16:05-98	54:39-109	DNS
102	Geir Arne Lodgaard, Byåsen IL	1:13:31	15:56-95	57:35-112	DSQ
103	Atle Wøllo, Kongsberg OL	1:15:50	18:11-105	57:39-113	DSQ
104	Håvard W. Pettersen, Berger og	1:23:32	18:54-107	1:04:38-120	DSQ
105	Ivar Hegbom Smeby, Nydalens SK	1:26:35	19:00-108	1:07:35-123	DNS
106	Bjørn Idar Sætran, IF Trauma	1:31:07	13:11-42	DSQ	1:17:56-57
107	Henning Røberg, Nittedal OL	1:34:42		34:13-1	1:00:29-5
108	Syver Løken, Kongsberg OL	1:38:57		37:37-7	1:01:20-6
109	Per Arne Aadland, Samnanger IL	1:44:19		39:23-15	1:04:56-12
110	Øyvind Flaatten, OK Skeidi	1:49:19		43:04-41	1:06:15-16
111	Håvard Hågård, Stjærdals-Blink	1:51:47		41:39-30	1:10:08-31
112	Per Ola Ulseth, Nydalens SK	1:51:51		41:15-26	1:10:36-32
113	Jon-Anders Bordal, Ringsaker OK	1:53:42		48:29-85	1:05:13-14
114	Håkon Danevad, Ås-NMBU	1:55:48		41:23-28	1:14:25-47
115	Otto Richard Eide, Byåsen IL	1:58:09		45:03-62	1:13:06-42
116	Pål Backstrøm, Halden SK	2:04:17		45:29-66	1:18:48-59
117	Bjart Are Hellen, TIF Viking	2:04:44		43:15-43	1:21:29-64
118	Jan Erik Aalberg, Bækkelaget SK	2:05:22		47:00-72	1:18:22-58
119	Gunnar Brattli, Asker Skiklubb	2:06:26		44:31-56	1:21:55-66
120	Svend Arne Ytterbøl, Halden SK	2:13:54	DSQ	43:12-42	1:30:42-82
121	Geir Nilsen, Viul Orienteringsklubb	2:23:55		46:57-71	1:36:58-93
122	Arnfinn Moe, Fredrikstad SK	2:36:51	DSQ	51:46-99	1:45:05-99
123	Gernot Doppelhofer, Varegg	2:48:28	21:29-110	DSQ	2:26:59-110
124	Johan Ivarsson, Freidig	11:02	11:02-3		DNS
125	Sten Åge Nygårdseter, Vegårshei	12:51	12:51-38	DSQ	DSQ
126	Helge Rosenlund, Varegg Fleridrett	14:35	14:35-74	DSQ	DNS
127	Gisle Paulsen, Fredrikstad SK	21:04	21:04-109		DNS
128	Lars Erik Strømsnes, Malvik IL	25:20	25:20-113		DNS
129	Are Kristiansen, IL Tyrving	40:03		40:03-17	DNS
130	Per Olaussen, Fredrikstad SK	44:09		44:09-49	DSQ
131	Einar Modahl, Fredrikstad SK	55:24		55:24-110	DSQ
132	Trond Frøvoll, Odal OL - Orientering	55:45		55:45-111	DNS
133	Stig Dahle, Molde og Omegn IF	1:09:53		1:09:53-124	DNS
134	Øystein Wiggen, Byåsen IL	1:20:50		1:20:50-128	DNS
135	Gudmund Jenssen, Halden SK	1:28:54		DSQ	1:28:54-80
136	Magne Brekke, Nydalens SK	1:32:38			1:32:38-84
137	Lars Krüger, Nydalens SK	1:38:52		DNS	1:38:52-96
138	Anders Flågen, Heming Orientering	1:58:24			1:58:24-107

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
	Kristian Holm, Lillehammer OK	00:00		DSQ	DNS
	Tomas Eidsmo, Freidig	00:00	DSQ		DNF
	Einar Lunøe, Nydalens SK	00:00		DNS	DNS
	Tommy Olsen, Hamar OK	00:00		DSQ	DNS

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1	Atle Dengerud, Steinkjer OK	1:28:10	11:46-1	30:46-1	45:38-2
2	Erlend Slokvik, Nydalens SK	1:33:38	14:56-15	33:38-5	45:04-1
3	Nils Petter Fremming, Heming	1:34:26	13:51-9	33:44-6	46:51-4
4	Bjørn Hølleland, Fana IL	1:34:47	13:13-4	33:10-3	48:24-7
5	Øyvind Drage, Kongsberg OL	1:34:55	12:20-3	35:09-12	47:26-5
6	Knut Edvard Helland, Ringerike OL	1:38:13	13:32-7	34:54-8	49:47-10
7	Jostein Mårdalen, Freidig	1:39:08	13:23-5	35:39-14	50:06-11
8	Kim Farnes Hansen, Lierbygda OL	1:39:17	16:06-28	34:58-11	48:13-6
9	Thor Mella, Østmarka OK	1:39:43	15:27-19	35:45-15	48:31-8
10	Kristian Kihle, Ringerike OL	1:39:48	15:15-18	33:37-4	50:56-13
11	Sigurd Eikner, Fana IL	1:40:05	14:36-13	32:56-2	52:33-19
12	Martin Johansson, OK Orion	1:41:52	16:20-31	37:00-20	48:32-9
13	Svein-Erik Søgård, Kongsberg OL	1:42:54	13:23-5	36:55-18	52:36-20
14	Bjørnar Gammelsæter, Kolbotn og	1:43:12	15:54-25	35:35-13	51:43-15
15	Frode Robertsen, OL Tønsberg og	1:45:46	13:59-10	38:23-22	53:24-21
16	Njål Svingheim, Konnerud IL	1:50:56	14:53-14	38:24-23	57:39-30
17	Jo Wiklund, Nydalens SK	1:51:16	15:34-21	39:23-26	56:19-26
18	Bjørn Henning Grandal, IL Tyrving	1:51:40	18:55-50	38:26-24	54:19-23
19	Jan-Einar Øvremo, Ålgård	1:52:01	13:48-8	36:56-19	1:01:17-41
20	Roar Grande, Kongsberg OL	1:52:15	15:36-22	36:07-16	1:00:32-36
21	Egil Eide, IL Tyrving	1:52:16	16:52-34	40:00-31	55:24-25
22	Dag Brenås, Varteig OL	1:52:27	18:16-44	41:43-44	52:28-17
23	Harald Kvisli, Notodden OL	1:55:06	14:12-11	40:06-32	1:00:48-38
24	Petter Løe, Notodden OL	1:56:19	16:01-27	41:28-40	58:50-31
25	Øystein Jensen, Sarpsborg OL	1:56:28	15:31-20	43:27-50	57:30-29
26	Rune Karstensen, Stavanger	1:57:14	17:40-41	40:27-34	59:07-32
27	Trond Svanøe-Hafstad, Steinkjer	1:57:37	15:51-24	42:06-45	59:40-33
28	Gisle Wathne, Sandnes IL	1:57:42	21:49-67	41:34-42	54:19-23
29	Terje Melsom, Fossum IF	2:01:16	15:01-16	40:58-36	1:05:17-51
30	Sturle Omdal, Sandnes IL	2:01:18	18:51-49	39:17-25	1:03:10-47
31	Tore Voss Fagervold, Bærums	2:04:03	19:45-58	43:09-48	1:01:09-40
32	Anders Bergset, IL Vetem	2:05:29	15:55-26	44:58-56	1:04:36-50
33	Øyvind Helmersen, Fet OL	2:06:29	19:26-54	46:10-62	1:00:53-39
34	Thor Inge Tollehaug, Eiker OL	2:07:00	17:58-43	48:15-73	1:00:47-37
35	Snorre Frydenlund, Sturla, IF	2:08:03	16:49-33	46:57-69	1:04:17-49
36	Sven Simonsen, Fredrikstad SK	2:08:18	19:46-59	45:58-60	1:02:34-45
37	Rune Teigland, Østmarka OK	2:08:28	16:10-30	41:21-39	1:10:57-62
38	Bjørn Tore Thoresen, Sarpsborg	2:09:52	18:24-45	41:30-41	1:09:58-59
39	Knut Aas, Ringerike OL	2:10:11	17:10-38	55:42-87	57:19-28
40	Terje Næss, Fossum IF	2:10:12	16:56-36	46:20-64	1:06:56-53
41	Stein Markhus, Verdal OK	2:10:27	15:41-23	43:20-49	1:11:26-63
42	Steve Samuelsen, Bodø og Omegn	2:10:37	19:34-57	50:49-78	1:00:14-34
43	Per Sandberg, Nydalens SK	2:12:32	17:13-39	48:04-72	1:07:15-54
44	Terje Henriksen, Asker Skiklubb	2:16:07	21:06-65	48:39-74	1:06:22-52
45	Terje Bråten, Raumar Orientering	2:17:03	16:22-32	47:38-71	1:13:03-66
46	Leif Kåre Besseberg, Eiker OL	2:17:19	24:45-69	44:39-54	1:07:55-56
47	Lars Stuland Larsen, Varegg	2:18:19	18:24-45	45:09-57	1:14:46-68
48	Rune Malmei, Sandnes IL	2:24:58	28:25-72	46:34-66	1:09:59-60

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
49	Bjørn Erik Bergseng, Fredrikstad SK	2:25:30	20:41-63	52:52-84	1:11:57-65
50	Frode Kamsvåg, IL Tyrving	2:27:21	19:28-56	1:03:45-90	1:04:08-48
51	Morten Aamodt, Sandnes IL	2:29:02	27:11-71	51:28-80	1:10:23-61
52	Helge Graffer, Ringerike OL	2:32:43	34:07-76	44:33-53	1:14:03-67
53	Christian Schibsted, Røyken OL	2:32:54	17:57-42	46:25-65	1:28:32-76
54	Erik Blake, Byåsen IL	2:36:43	19:49-60	54:17-86	1:22:37-73
55	Luc Melis, Trol	2:42:35	14:13-12	1:09:31-91	1:18:51-70
56	Svein Helge Høydal, Nydalens SK	2:44:47	19:26-54	1:00:08-88	1:25:13-75
57	Thor Moen, Fredrikstad SK	4:09:14	24:18-68	2:24:54-95	1:20:02-72
58	Jan Richard Eriksen, Asker Skiklubb	46:01	12:15-2	33:46-7	DNS
59	Sturla Sæther, Freidig	52:29	17:32-40	34:57-10	DNS
60	Ole-Arthur Juveli, Lillomarka OL	54:34	15:05-17	39:29-27	DSQ
61	Morten Westbye, Sandefjord OK	57:17	16:08-29	41:09-38	DNS
62	Stig Bratsberg, Molde og Omegn IF	58:58	18:35-48	40:23-33	DSQ
63	Håkon Løvli, Asker Skiklubb	1:01:17	17:00-37	44:17-51	DNS
64	Jarl Øvstedal, Nydalens SK	1:05:14	20:28-61	44:46-55	DNS
65	Geir Sylte, Molde og Omegn IF	1:06:19	16:54-35	49:25-77	DNS
66	Jan Haugland, Årstad IL	1:08:10	19:00-51	49:10-75	DNS
67	Roar Tønnessen, Kongsberg OL	1:09:58	19:00-51	50:58-79	DSQ
68	Roar Nilsen, Sandefjord OK	1:10:46	21:31-66	49:15-76	DNS
69	Sven Myhre, Berger og Svelvik OL	1:11:49	19:07-53	52:42-83	DSQ
70	Åge-Geir Skatter, Notodden OL	1:17:01	25:16-70	51:45-81	DSQ
71	Lars Peder Vaaje, Marnardal IL	1:18:51	18:27-47	DSQ	1:00:24-35
72	Børge Pedersen, Nydalens SK	1:30:00		37:46-21	52:14-16
73	Bjørn Solbergseter, Austmarka IL	1:30:06		36:26-17	53:40-22
74	Johan Lunde, IL Koll	1:36:03	DSQ	39:39-28	56:24-27
75	Jim Olaussen, Halden SK	1:36:39		45:26-58	51:13-14
76	Per-Jacob Ølstad, Fet OL	1:42:25		41:00-37	1:01:25-43
77	Bjørn Bakkevig, Heming Orientering	1:44:13		42:51-47	1:01:22-42
78	Bjørn Victor Larsen, Kongsberg OL	1:46:07	29:07-73	1:17:00-93	DNS
79	Kristian Kalager, Asker Skiklubb	1:48:26		45:54-59	1:02:32-44
80	Trond Baklid, Konnerud IL	1:49:25		46:44-67	1:02:41-46
81	Phil Conway, Guildford Orienteers	1:50:09	20:32-62	DSQ	1:29:37-77
82	Erling Bye, Byåsen IL	1:54:25		47:07-70	1:07:18-55
83	Are Njåstein, IL Tyrving	1:55:11	30:12-74	DSQ	1:24:59-74
84	Ole Johnny Petersen, Eiker OL	1:55:19	DSQ	46:12-63	1:09:07-57
85	Halvor Jutulstad, Bækkelagets SK	1:55:51		46:04-61	1:09:47-58
86	Bjørn Årbu, Varteig OL	2:00:03	32:22-75	1:27:41-94	DNS
87	Mons Kr. Løvfald, Nydalens SK	2:03:40		51:55-82	1:11:45-64
88	Sigbjørn Odden, Østmarka OK	2:49:36		1:01:53-89	1:47:43-78
89	Klaus Horne, IL Tyrving	42:41		42:41-46	DSQ
90	Geir O. Rønning, Nydalens SK	44:25		44:25-52	DNS
91	Yngvar Christiansen, Bækkelagets	45:45			45:45-3
92	Jan Sverre Edstrøm, Oppsal	50:37			50:37-12
93	Per Slungaard, IL Tyrving	52:29			52:29-18
94	Torkjel Nesheim, IL Tyrving	1:17:53		DNS	1:17:53-69
95	Per Kaarby, Fossum IF	1:19:09			1:19:09-71
	Haakon Arnesen, Byåsen IL	00:00		DNS	DNS
	Roy Birkeland, Søgne og	00:00		DNS	DNS
	Geir Jacobsen, Lardal OL	00:00		DNS	DNS

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1	Sigurd Dæhli, Løten o-lag	1:24:45	11:35-1	30:09-3	43:01-1
2	Bjørn Grinde, Oslostudentenes IK	1:26:53	13:10-4	29:37-1	44:06-2

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
3	Tom A. Karlsen, Fredrikstad SK	1:35:41	11:46-2	31:15-4	52:40-8
4	Bjørn Berger, Byåsen IL	1:36:49	13:58-5	34:25-8	48:26-4
5	Svein S Jacobsen, IL Tyrving	1:36:54	13:59-6	33:34-6	49:21-5
6	Ola Brox, OL Toten-Troll	1:38:29	13:09-3	35:52-11	49:28-6
7	Jon Arvid Fossum, Asker Skiklubb	1:39:00	14:40-9	34:10-7	50:10-7
8	Ove Forsström, OK Raseborg	1:45:19	14:37-8	37:46-12	52:56-9
9	Vidar Elvekrok, Eiker OL	1:47:41	14:58-10	37:55-13	54:48-10
10	Dagfinn Torpe, Porsgrunn OL	1:51:50	17:05-20	39:41-15	55:04-11
11	Sveinung Rekaa, Notodden OL	1:55:14	15:59-13	43:56-30	55:19-12
12	Per Chr. Hagen, Bø OL	1:55:19	14:59-11	40:22-16	59:58-19
13	Roy Fransson, Ärla IF	1:55:20	16:22-15	42:35-23	56:23-13
14	Erlend Aamodt, Nydalens SK	1:56:38	16:22-15	41:27-19	58:49-16
15	Morten Johannessen, Røyken OL	1:58:07	16:10-14	42:19-22	59:38-17
16	Øivind Fadum, Sande Sportsklubb	2:00:26	15:15-12	43:04-24	1:02:07-23
17	Hugo Christensen, Notodden OL	2:04:20	20:16-29	43:29-28	1:00:35-20
18	Arne Tiltne, IL Tyrving	2:06:46	16:38-17	42:00-21	1:08:08-28
19	Rolf Lunde, Eiker OL	2:09:39	17:34-22	45:14-33	1:06:51-26
20	Stein Turtumøygard, Måren OK	2:10:18	20:21-30	46:40-37	1:03:17-24
21	Per Øhlckers, IL Tyrving	2:13:16	18:15-23	47:38-38	1:07:23-27
22	Bjarne Gimre, Ganddal IL	2:19:45	21:03-31	48:17-40	1:10:25-30
23	Johnny Fransson, Ärla IF	2:27:51	23:18-35	47:54-39	1:16:39-32
24	Rolf Christensen, Berger og	2:32:17	20:10-28	50:34-42	1:21:33-36
25	Ragnar Niemi Berg, Stokke IL	2:39:12	19:01-25	48:36-41	1:31:35-39
26	Kjell Halvorsen, Berger og Svelvik	2:43:18	24:09-38	59:36-46	1:19:33-34
27	Ole Johansson, Porsgrunn OL	2:57:45	20:05-27	50:44-43	1:46:56-41
28	Rune Halke, Vestre Akers SK	3:14:16	18:37-24	1:11:30-50	1:44:09-40
29	Luc Talloen, OMEGA	3:42:41	32:45-39	1:04:30-47	2:05:26-42
30	Stein Klyve, OK Moss	52:26	17:30-21	34:56-9	DSQ
31	Bjørn Heidenstrøm, Fredrikstad SK	58:06	14:27-7	43:39-29	DSQ
32	Mathias Martinsen, Heming	1:01:23	16:40-18	44:43-31	DNS
33	Petter F. Johannessen, Sturla, IF	1:08:10	21:46-33	46:24-35	DSQ
34	Harald Thon, Sturla, IF	1:14:13		29:50-2	44:23-3
35	Torbjørn Nørbech, Ringerike OL	1:16:36	16:44-19		59:52-18
36	Audun Årøen, Emblem IL	1:32:49	23:38-37	DSQ	1:09:11-29
37	LarsOwe Ström, Täby OK	1:34:57	23:23-36	1:11:34-51	DSQ
38	Bjørn Steinbekken, Odal OL -	1:37:27		39:23-14	58:04-15
39	Lars Klyve, Oppsal Orientering	1:43:25	DSQ	41:49-20	1:01:36-22
40	Helge Sigurd Hansen, Heming	1:45:24	38:39-40	1:06:45-48	DSQ
41	Olav Nipen, IL Tyrving	1:50:01		43:14-25	1:06:47-25
42	Per Øivind Husby, Varegg Fleridrett	2:03:27	DSQ	45:52-34	1:17:35-33
43	Hans Lyder Haare, Konnerud IL	2:06:03		44:53-32	1:21:10-35
44	Elling Aakre, Andebu IL	2:09:32	DSQ	46:26-36	1:23:06-37
45	Kjell Svanberg, Røyken OL	2:14:48		51:05-44	1:23:43-38
46	Harald Aasheim, Oppsal Orientering	40:30	DSQ	40:30-17	DNS
47	Svein Ackenhansen, Konnerud IL	43:15		43:15-27	DNS
48	Magne Vollen, Oslostudentenes IK	56:47			56:47-14
49	Are Eriksen, Oslostudentenes IK	1:00:46		DNS	1:00:46-21
50	Knut Haug, OL Vallset/Stange	1:14:10			1:14:10-31
	Johan Swärd, Hadeland OL	00:00		DNS	DNS
	Einar Kristian Lunde, Varteig OL	00:00	DSQ	DSQ	DNS

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1	Harry Breiland, Ålgård Orientering	1:25:07	11:49-1	30:43-1	42:35-1
2	Finn Ole Jørgensen, IK Grane	1:30:40	13:57-5	32:41-2	44:02-3

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
3	Tor Trøan, Hadeland OL	1:32:01	15:05-10	33:48-3	43:08-2
4	Asgeir Bell, Stavanger	1:41:09	13:17-3	38:12-10	49:40-7
5	Einar Lund, Hamar OK	1:41:57	12:06-2	37:20-7	52:31-11
6	Knut Lillealtern, Freidig	1:42:56	13:22-4	39:12-12	50:22-8
7	Hans R. Bakken, Eiker OL	1:45:08	14:41-7	35:48-4	54:39-14
8	Magnus Natås, Bergens TF	1:50:45	19:42-29	39:14-13	51:49-10
9	John Thomas Petersen, Nittedal OL	1:52:37	16:26-14	37:42-9	58:29-15
10	Jon Færden, Kolbotn og Skimt OL	1:53:01	18:41-23	43:39-25	50:41-9
11	Atle Alvheim, Fana IL	1:53:43	15:31-12	49:34-46	48:38-6
12	Leif Magne Eggestad, Bodø og	1:58:05	17:11-15	41:22-17	59:32-17
13	Paul Martin Berg, Rudsbygd IL	2:00:30	21:31-38	36:42-6	1:02:17-21
14	Helge Revhaug, Ringerike OL	2:00:49	14:33-6	45:10-33	1:01:06-19
15	Atle Remme, Porsgrunn OL	2:03:35	20:23-34	50:23-48	52:49-12
16	Kay Jørgensen, Porsgrunn OL	2:03:40	15:24-11	43:53-27	1:04:23-29
17	Floke Bredland, Søgne og	2:04:14	18:53-25	41:59-20	1:03:22-25
18	Åmund Tonna, Eiker OL	2:04:31	17:38-17	37:22-8	1:09:31-37
19	Hans A. Tingvold, Raufoss IL	2:04:37	18:25-20	42:14-22	1:03:58-27
20	Helge Schei, Førde IL	2:05:08	17:31-16	46:29-35	1:01:08-20
21	John Birger Skansen, Rudsbygd IL	2:05:17	20:11-32	39:32-14	1:05:34-31
22	Geir Trøan, Kolbotn og Skimt OL	2:06:47	22:03-40	44:58-32	59:46-18
23	Torodd Os, Førde IL	2:07:27	21:25-37	38:51-11	1:07:11-32
24	Jan Harald Helmich Pedersen, TIF	2:07:30	19:33-28	44:41-29	1:03:16-23
25	Paul Skjaker, Hadeland OL	2:08:48	20:23-34	49:27-45	58:58-16
26	Egil Repvik, OL Trollelg	2:10:24	18:43-24	47:03-36	1:04:38-30
27	Nils Olav Vennevik, Freidig	2:11:32	18:27-21	48:55-42	1:04:10-28
28	Hasse Bergstrøm, IL Tyrving	2:12:52	18:39-22	44:08-28	1:10:05-38
29	Ragnar Hillestad, Lardal OL	2:14:54	14:47-8	47:53-39	1:12:14-39
30	Roald Tellnes, Torvastad IL	2:15:21	22:37-41	44:47-30	1:07:57-34
31	Odd Egil Frogner, OL Tønsberg og	2:17:37	19:46-30	49:22-44	1:08:29-35
32	Harald Steinsland, Vikebygd IL	2:19:31	20:12-33	56:19-53	1:03:00-22
33	Harald Bakke, Gjø-Vard OL	2:19:46	18:54-26	51:34-49	1:09:18-36
34	Sigurd Vikebø, TIF Viking	2:25:10	21:10-36	47:59-40	1:16:01-40
35	Terje Malm, Hamar OK	2:25:35	18:00-19	41:41-18	1:25:54-44
36	Jos Thys, Trol	2:28:28	19:04-27	51:35-50	1:17:49-41
37	Jiri Urvalek, Porsgrunn OL	2:29:01	15:01-9	48:15-41	1:25:45-43
38	Kjell Sølberg, IL Leik	2:44:18	26:36-45	40:41-15	1:37:01-46
39	Rolf Lye, Porsgrunn OL	2:46:10	25:39-44	56:52-54	1:23:39-42
40	Jakob Kløverød, Porsgrunn OL	1:02:03	19:54-31	42:09-21	DSQ
41	Kjell Svihus, Ganddal IL	1:06:39	21:47-39	44:52-31	DSQ
42	Øyvind Egeskog, Stavanger	1:08:11	22:54-42	45:17-34	DSQ
43	Arne Lande, Bø OL	1:11:02	23:22-43	47:40-38	DSQ
44	Ivar Reinås, Frol IL	1:20:15	16:25-13	DSQ	1:03:50-26
45	Tore Angell-Petersen, Freidig	1:22:23		36:32-5	45:51-5
46	Anders Johan Krosby, Fredrikstad	1:35:17		42:19-23	52:58-13
47	Thore Sundsetvik, OL Trollelg	1:35:24	29:19-46	1:06:05-56	DSQ
48	Svein Glendrange, Stavanger	1:44:23	DSQ	41:02-16	1:03:21-24
49	Ove Gunnar Jacobsen, Stokke IL	1:49:15		41:56-19	1:07:19-33
50	Bjørn Spjelkavik, IL Tyrving	2:23:28		49:15-43	1:34:13-45
51	Tom Wahlgren, Sarpsborg OL	42:47		42:47-24	DSQ
52	Tor Sørensen, Eiker OL	43:41		43:41-26	DNS
53	Eldar Børsum, Bækkelagets SK	45:20		DNS	45:20-4
54	Sigmund Salthaug, Kristiansand OK	47:20		47:20-37	DNS
55	Trond Wettergreen, Driv IL	50:05		50:05-47	DSQ
56	Eystein Weltzien, IL Tyrving	54:43		54:43-51	DNS

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
57	Geir Husdal, TIF Viking	55:43		55:43-52	DNS
	Jacob Hygen, Freidig	00:00		DNS	DNS
	Ole Kristian Steinbekken, Odal OL -	00:00	DSQ	DSQ	DNS

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1	Leidulv Vinje, OK Nidarøst	1:36:12	13:52-1	35:34-3	46:46-4
2	Lars Buttingsrud, Vingelen IL	1:43:40	18:33-16	40:39-10	44:28-2
3	Trond Feiring, Hamar OK	1:44:09	15:28-4	39:31-8	49:10-8
4	Olavi Junttila, Helsingin Suunistajat	1:44:40	17:10-11	35:11-1	52:19-11
5	Tormod Dahlen, Ringerike OL	1:46:09	16:58-10	41:18-11	47:53-5
6	Ingar Håkonsen, Kongsberg OL	1:46:39	17:25-13	40:18-9	48:56-7
7	Ivar Helgesen, Sørreisa OL	1:47:13	17:26-14	38:13-4	51:34-10
8	Sigvald Robberstad, Halsnøy OL	1:48:28	25:17-28	39:13-6	43:58-1
9	Thor Palmgren, Halden SK	1:49:53	21:47-26	39:16-7	48:50-6
10	Helge Bjaaland, Heming Orientering	1:54:01	13:58-2	46:04-19	53:59-12
11	Gunnar J. Alsaker, Årstad IL	1:55:47	15:44-5	44:54-16	55:09-14
12	Benkt Anderson, Lunds OK	1:56:47	19:36-22	41:26-12	55:45-16
13	Per Vold, Fana IL	1:57:11	15:59-7	43:42-14	57:30-19
14	Carl Ove Berg, OK Skeidi	1:57:15	15:52-6	45:49-18	55:34-15
15	Lars Martin Gjein, Stokke IL	2:01:18	14:43-3	47:44-23	58:51-21
16	Dagfinn Hole, Bergens TF	2:02:10	19:21-19	47:00-22	55:49-17
17	Ole Kristoffer Throndsen,	2:02:58	19:03-18	46:56-21	56:59-18
18	Jørn Thomsen, Kolding OK	2:07:08	16:11-8	44:43-15	1:06:14-23
19	Erling Tidemann, Lommedalens IL	2:09:04	17:21-12	54:13-29	57:30-19
20	Henry Sundsetvik, OL Trollelg	2:16:29	18:17-15	45:28-17	1:12:44-29
21	Knut Lindløv, OK Moss	2:18:29	19:50-23	50:02-26	1:08:37-27
22	Steinar Slettemark, Stord	2:25:16	19:34-21	59:15-33	1:06:27-24
23	Lars Magne Klovning, Porsgrunn	2:37:41	16:33-9	1:03:35-36	1:17:33-30
24	Egil Ronæss, Porsgrunn OL	2:45:57	26:26-29	1:11:28-37	1:08:03-26
25	Asbjørn Bræck, Kongsberg OL	1:09:47	18:49-17	50:58-27	DNS
26	Olav Strisland, IL Vindbjart	1:20:40	23:42-27	56:58-32	DSQ
27	Anders Taraldrud, Indre Østfold OK	1:20:46	DSQ	35:16-2	45:30-3
28	Lasse Vråle, Sturla, IF	1:22:17	20:49-25		1:01:28-22
29	Roar Bjordal, Oppsal Orientering	1:29:30	DSQ	38:29-5	51:01-9
30	Henrik Hvoslef, IK Stern	1:35:40		41:32-13	54:08-13
31	Gunnar Riddervold, Heming	2:04:17		56:29-30	1:07:48-25
32	Dick Ogilvie, Uringa Orienteers	2:07:34	DSQ	48:35-24	1:18:59-32
33	Arne Svartedal, Trøsken IL	2:21:42	DSQ	1:03:20-35	1:18:22-31
34	Olav Mo, Røyken OL	2:33:04		56:57-31	1:36:07-33
35	Bjørn W. Ludvigsen, Sturla, IF	19:26	19:26-20	DSQ	DNS
36	Per Haugland, Årstad IL	46:51	DSQ	46:51-20	DSQ
37	Thor Edvardsen, Larvik OK	1:09:09		DNS	1:09:09-28
	Harald Lundhaug, OK Moss	00:00			DNS
	Roar Forbord, Malvik IL	00:00		DNS	DNS

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1	Gunnar Østerbø, Freidig	1:24:09	14:24-2	29:10-1	40:35-1
2	Jon Tyldum, Rudsbygd IL	1:24:21	14:17-1	29:20-2	40:44-2
3	Sveinung Fristad, Askvoll og	1:35:29	16:41-3	32:52-3	45:56-6
4	Svein Solerød, OL Toten-Troll	1:41:09	19:39-8	36:28-7	45:02-5
5	Oddvar Gjelstad, Sandefjord OK	1:47:30	17:50-5	35:41-5	53:59-15
6	Axel Ingvaldsen, TIF Viking	1:49:46	17:10-4	41:35-17	51:01-11
7	Tormod Høimyr, Sturla, IF	1:50:09	20:24-12	40:04-13	49:41-10

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
8	Eigil Kongsfjell, OL Tønsberg og	1:51:56	17:55-6	41:49-19	52:12-13
9	Bjørn Gunnerød, Asker Skiklubb	1:53:13	26:51-14	38:07-10	48:15-8
10	Jon Vegard Lunde, Lillehammer OK	1:55:32	21:37-13	41:08-16	52:47-14
11	Jardar Sandstad, Selbu OK	1:58:11	27:33-15	34:54-4	55:44-16
12	Magnar Reppesgård, Hedrum OL	2:00:03	18:48-7	43:25-23	57:50-17
13	Tor Drage, Haugerud IF	2:03:43	20:01-10	41:40-18	1:02:02-21
14	Harald Haugen, Stord Orientering	2:05:26	20:13-11	41:01-15	1:04:12-22
15	Arild Telstø, IL Vindbjart	1:02:56	19:59-9	42:57-22	DSQ
16	Elling Frøvoll, Sturla, IF	1:19:07		36:34-8	42:33-3
17	Tore S. Rasmussen, TIF Viking	1:21:00	DSQ	37:39-9	43:21-4
18	Bjørn Egner, Heming Orientering	1:22:21	DSQ	35:43-6	46:38-7
19	Lars Ahlström, Västerås SOK	1:24:52	30:50-16	54:02-26	DSQ
20	Ola Aalde, Freidig	1:45:00		43:44-24	1:01:16-20
21	Egil Rygh, OL Tønsberg og omegn	2:13:08		49:27-25	1:23:41-23
22	Helge Halvorsen, Larvik OK	38:47	38:47-17	DSQ	DNS
23	Steinar Ruud, Konnerud IL	39:16	DSQ	39:16-11	DNS
24	Iver Rognstad, Hadeland OL	39:21		39:21-12	DSQ
25	Reidar Slokvik, Notodden OL	49:37	DSQ	DSQ	49:37-9
26	Svein F. Kvalheim, Kolbotn og	51:43			51:43-12
27	Harald Wibye, OK Moss	59:31	DSQ	DSQ	59:31-18
28	Jappe Blomhoff, Heming Orientering	1:00:21			1:00:21-19
	Evgeny Tarantsev, OK Yeisk	00:00		DNS	DNS
	Finn Vestby, Varteig OL	00:00		DSQ	DNS

H 80-

1	Paul Forseth, OL Trollelg	1:28:12	18:19-2	37:54-1	31:59-1
2	Kjell H. Eriksen, Fossum IF	1:41:30	19:40-4	44:22-3	37:28-3
3	Olaf Helgesen, Kongsberg OL	1:51:14	29:43-11	46:05-4	35:26-2
4	Svein Haukaas, Årstad IL	1:53:58	23:29-8	50:39-5	39:50-5
5	Helge Tvedten, Larvik OK	1:55:51	17:51-1	56:39-8	41:21-6
6	Hans Larsen, Raumar Orientering	1:58:57	19:39-3	50:52-6	48:26-8
7	Per Mathismoen, Fana IL	2:23:48	21:37-7	1:05:46-11	56:25-9
8	Helge Kvaase, Bækkelagets SK	3:00:43	38:49-12	1:15:29-13	1:06:25-10
9	Einar Jørundland, OK Sør	1:33:52	DSQ	50:58-7	42:54-7
10	Svein M. Forthun, Kolbotn og Skimt	1:34:11	23:37-9	1:10:34-12	DNS
11	Arne Strandlie, Gjø-Vard OL	2:13:39		57:01-9	1:16:38-12
12	Ivar Christiansen, Sandefjord OK	2:42:56		1:23:18-14	1:19:38-13
13	Leiv Hope, Kongsberg OL	38:03			38:03-4
14	Gunnar Smistad, OL Trollelg	44:01	DSQ	44:01-2	DNS
15	Einar Hoff, IL Tyrving	1:08:08			1:08:08-11
	Kjell Andersen, Varteig OL	00:00		DNS	DNS

H 85-

1	Birger Garberg, Ringerike OL	1:59:47	DSQ	1:05:58-2	53:49-1
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H 55-

1	Knut Wiig Mathisen, Porsgrunn OL	1:33:43	14:14-11	33:08-3	46:21-1
2	Eirik Næss-Ulseth, Nydalens SK	1:34:57	13:00-4	32:45-2	49:12-3
3	Jon Bjørgum, Kristiansand OK	1:36:55	12:52-2	36:26-15	47:37-2
4	Nils Hæstad, Fossum IF	1:38:10	13:46-6	33:44-5	50:40-6
5	Arve Glittum, OK Skeidi	1:38:11	12:40-1	34:35-7	50:56-7
6	Arne Johannesen, IL Gular	1:38:32	16:31-29	32:24-1	49:37-4
7	Harald Hovi, Skien OK	1:41:33	14:22-13	36:05-12	51:06-8

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
8	Jack Bjørnsen, Kristiansand OK	1:42:51	14:22-13	36:50-17	51:39-9
9	Ingar Hals, Sogndal IL	1:43:39	17:20-38	33:58-6	52:21-12
10	Egil Wickstrand Iversen, Heming	1:43:40	13:54-8	38:04-24	51:42-10
11	Martin Granly, Lillomarka OL	1:45:44	14:45-16	36:04-11	54:55-22
12	Inge Glittum, OK Skeidi	1:46:51	14:08-10	36:53-19	55:50-24
13	Øyvind Roger Hansen, Røyken OL	1:47:16	13:45-5	39:05-28	54:26-21
14	Ove Drange, Varegg Fleridrett	1:49:03	16:56-33	39:02-27	53:05-16
15	Ingemar Jansson Haverstad,	1:49:19	18:00-43	37:40-22	53:39-18
16	Jostein Alvestad, Wing OK	1:50:04	15:42-21	39:12-29	55:10-23
17	Einar Jensen, Nydalens SK	1:50:22	15:21-20	42:03-41	52:58-15
18	Jan Bjerketvedt, OK Moss	1:50:47	14:02-9	40:14-36	56:31-26
18	Eilef Kristen Mikkelsplass, Nesbyen	1:50:47	22:39-57	35:59-10	52:09-11
20	Geir Owren, Freidig	1:51:32	17:57-42	39:41-33	53:54-19
21	Svein Harald Hansen, OK Silsand	1:52:03	14:17-12	37:08-20	1:00:38-34
22	Paul Terje Haarr, Ganddal IL	1:54:45	15:00-17	38:51-26	1:00:54-36
23	Ove Martinsen, Hauketo IF	1:56:38	14:44-15	39:44-34	1:02:10-39
24	Øivind Myhre, Kongsberg OL	1:57:44	15:49-23	42:34-44	59:21-32
25	Frode Løset, Ringerike OL	1:57:53	16:53-32	40:26-37	1:00:34-33
26	Sören Jonsson, Nydalens SK	1:58:03	15:19-19	33:23-4	1:09:21-54
27	Knut Engen, Raumar Orientering	1:58:49	16:06-24	41:31-39	1:01:12-37
28	Reidar Heivoll, Søgne og	1:58:52	17:47-40	39:24-31	1:01:41-38
29	Andreas Erichsen, Nydalens SK	2:02:15	17:56-41	45:17-54	59:02-30
30	Kjell Einar Andersen, Varteig OL	2:02:49	16:46-31	39:59-35	1:06:04-49
31	Harald Østbye, Elverum OK	2:05:20	16:10-25	42:00-40	1:07:10-50
32	Tore Sundtjønn, Årvoll IL	2:05:48	17:07-35	43:56-50	1:04:45-45
33	Johan Mattsson, Lillomarka OL	2:06:47	15:48-22	45:05-53	1:05:54-48
34	Torgeir Strand, Fana IL	2:08:46	17:07-35	46:21-58	1:05:18-46
35	Alf Pettersen, IL Tyrving	2:09:40	17:19-37	43:39-49	1:08:42-51
36	Nikolay Krupnov, IL Tyrving	2:10:17	17:04-34	43:20-48	1:09:53-55
37	Geir Holm Gundersen, Sturla, IF	2:10:35	20:54-50	45:37-56	1:04:04-44
38	Morten Dåsnes, Ringerike OL	2:11:10	18:20-44	56:54-77	55:56-25
39	Anton Plaian, Asker Skiklubb	2:12:31	17:46-39	51:02-69	1:03:43-42
40	Tor Strand, Raumar Orientering	2:13:53	23:21-58	44:44-51	1:05:48-47
41	Kjell Rønneberg, Røyken OL	2:17:46	16:25-27	58:59-79	1:02:22-40
42	Pål Woldstad Hanssen, Eiker OL	2:18:32	22:34-56	46:40-59	1:09:18-53
43	Rolf E. Andersen, Lierbygda OL	2:23:40	19:10-47	45:58-57	1:18:32-62
44	Bjarne Tokheim, Lierbygda OL	2:26:08	22:15-54	47:21-63	1:16:32-61
45	Ketil Åstebøl, Oppsal Orientering	2:30:00	22:05-53	56:40-76	1:11:15-56
46	Helge Eriksen, Byåsen IL	2:30:15	23:41-60	42:49-45	1:23:45-65
47	Håkon B. Bø, Bodø og Omegn IF	2:30:30	21:55-51	59:32-80	1:09:03-52
48	John Hofoss, Hadeland OL	2:30:36	18:40-45	55:46-75	1:16:10-58
49	Kristian Leonhardt, OC Fürstenfeld	2:42:21	20:50-49	53:24-72	1:28:07-68
50	Pål Hellerud, Halden SK	3:45:55	24:52-61	1:10:46-82	2:10:17-69
51	Ivar Maalen, Ås-NMBU Orientering	50:19	12:57-3	37:22-21	DSQ
52	Per Kristian Ekeberg, IL Tyrving	50:41	13:49-7	36:52-18	DNS
53	Richard Holmgren, Bergnässets AIK	1:03:49	16:26-28	47:23-64	DNS
54	Per Gunnar Dahl, Ringerike OL	1:04:28	19:33-48	44:55-52	DNS
55	Morten Anker Hoffmann, Lillomarka	1:06:16	19:08-46	47:08-60	DNS
56	Per Osen, Vestre Akers SK	1:16:01	16:42-30		59:19-31
57	Tormod Øvergaard, Vestre Akers	1:16:59	16:11-26	DSQ	1:00:48-35
58	Trond Rønneberg, Asker Skiklubb	1:27:07		34:36-8	52:31-13
59	Herman Bakke, Løten o-lag	1:27:17	23:26-59	1:03:51-81	DNS
60	Hallvard Fjær, Lillomarka OL	1:28:57		36:16-13	52:41-14
61	Torgeir Strandhagen, Røyken OL	1:29:28		36:21-14	53:07-17

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
62	Jan Steineger, Gneist, IL	1:32:28		38:24-25	54:04-20
63	Karl Aasmund Erøy, OK Moss	1:39:44		42:13-42	57:31-28
64	Richard Zeiner-Gundersen,	1:39:48		43:17-47	56:31-26
65	Knut Bjørkelo, Kolbotn og Skimt OL	1:40:36	DSQ	36:41-16	1:03:55-43
66	Donald Skantze, IL Tyrving	1:44:08	21:56-52	DSQ	1:22:12-63
67	Lars-Erik Fiskum, IL Tyrving	1:52:41		49:13-66	1:03:28-41
68	Tron Erik Hovind, Raumar	2:00:09		47:33-65	1:12:36-57
69	Ketil Berge, Vestre Akers SK	2:03:24		47:08-60	1:16:16-59
70	Jan Sveen, Raumar Orientering	2:21:25	DSQ	53:41-73	1:27:44-67
71	Bjørn Åstorp, Sarpsborg OL	2:21:55		58:24-78	1:23:31-64
72	Ørjan Eirik Valestrand, Fana IL	15:08	15:08-18		DNS
73	Stein Ødegård, OL Tønsberg og	22:20	22:20-55		DNS
74	Ivar Lindseth, Ringerike OL	34:29	34:29-63	DSQ	DSQ
75	John Hansen, Kristiansand OK	37:51		37:51-23	DNS
76	Gunnar Veastad, Lillehammer OK	39:21		39:21-30	DNS
77	Morten Due, Måren OK	39:34		39:34-32	DNS
78	Rune Berge, IL Tyrving	40:29		40:29-38	DNS
79	Håvard Nyhus,	42:16		42:16-43	DNS
80	Per Tore Brunaes, Kongsberg OL	43:16		43:16-46	DNS
81	Axel Damgaard, OL Trollo	45:17		45:17-54	DNS
82	Geir Sverre Svingheim, Hadeland	49:31		49:31-67	DNS
83	Jens Olav Kløvrud, Lillomarka OL	50:25		DSQ	50:25-5
84	Fredrik Steiwer, Lillomarka OL	50:30		50:30-68	DNS
85	Harald Hjelldrekk, Førde IL	55:09		55:09-74	DNS
86	Nils Erik Hulbak, Hemsedal IL	57:44	DSQ	DNS	57:44-29
87	Øyvind Gylver, Asker Skiklubb	1:16:29			1:16:29-60
88	Roy Gjerding, OK Moss	1:27:16			1:27:16-66
	Tov Arne Bondal, Notodden OL	00:00			DNS

H 13

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1	Vegard Kittilsen, Freidig	52:14	08:13-1	19:36-4	24:25-1
2	Martin Nevland, Ålgård Orientering	56:43	09:05-2	18:21-1	29:17-4
3	Halvor Tørnqvist Halden, Nydalens	58:57	09:33-4	19:30-3	29:54-5
4	Jo Even Kolstad, Freidig	1:02:25	09:25-3	24:56-14	28:04-2
5	Bendik Eliassen, Fredrikstad SK	1:05:21	10:06-8	21:37-7	33:38-8
6	Lars Young Vik, Nydalens SK	1:07:41	10:19-9	19:29-2	37:53-16
7	Lars Ranheim Brynstad,	1:08:52	11:15-13	22:49-10	34:48-10
8	Runar Saur Modahl, Fredrikstad SK	1:13:12	12:33-18	24:12-12	36:27-13
9	Elias Bergset, IL Vetten	1:13:49	11:41-14	26:37-18	35:31-11
10	Sindre Lysaker Norbom, Konnerud	1:15:58	15:25-29	24:46-13	35:47-12
11	Even Karlsen, Lillehammer OK	1:16:12	15:43-30	29:52-28	30:37-6
12	Jostein Karlsen, Lillehammer OK	1:17:43	13:48-23	26:14-16	37:41-15
13	Gaute Kvittum Nytrøen, Tynset IF	1:18:40	12:31-17	23:48-11	42:21-19
14	Isak Jonsson, Nydalens SK	1:19:32	09:49-5	20:59-6	48:44-26
15	Eivind Berner Myhre, Fossum IF	1:22:58	13:23-22	32:27-29	37:08-14
16	Andreas Bergsland, Trøsken IL	1:24:25	16:14-31	22:30-8	45:41-23
17	Jonas Grønli, Freidig	1:25:23	10:00-6	28:50-25	46:33-24
18	Sondre Ottesen, Fredrikstad SK	1:25:26	14:46-27	27:14-21	43:26-22
19	Nicolai Harvik, Konnerud IL	1:26:23	14:11-25	29:37-26	42:35-20
20	Frikk Dukefoss, Lillehammer OK	1:27:51	10:53-12	26:53-20	50:05-27
21	Lars Sandstad, Freidig	1:28:36	10:34-10	36:22-34	41:40-18
22	Petter Liabakk Eriksen, Byåsen IL	1:29:06	12:07-15	33:59-30	43:00-21
23	Sigurd Grevstad, Fossum IF	1:33:28	17:08-33	27:43-22	48:37-25
24	Anders Vestøl, Vegårshei IL	1:36:47	13:04-19	22:39-9	1:01:04-30

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
25	Atle Nilsen, Vegårshei IL	1:43:33	15:17-28	35:07-33	53:09-28
26	Gard Årøen Lykke, Emblem IL	1:58:03	12:09-16	40:07-36	1:05:47-31
27	Asgeir Espeland, Tynset IF	2:02:40	20:04-35	35:05-32	1:07:31-32
28	Emil Kristoffer Auran, Malvik IL	2:07:07	17:17-34	41:58-37	1:07:52-33
29	Kenneth Kjelaas, Malvik IL	2:25:39	36:00-37	37:06-35	1:12:33-34
30	Mathias Kjærner-Semb, Varegg	36:28	10:41-11	25:47-15	DSQ
31	Kristian Fredrik Thomassen,	40:59	13:07-20	27:52-23	DSQ
32	Jonatan Aune, Halden SK	43:18	14:39-26	28:39-24	DNS
33	Simen Spets Storhov, Freidig	49:42	DSQ	20:41-5	29:01-3
34	Odd-Anton Hermansen,	50:42	16:29-32	34:13-31	DSQ
35	David Runde, Kristiansand OK	1:00:29	DSQ	26:38-19	33:51-9
36	Even Gravningen, Stokke IL	1:02:49		29:43-27	33:06-7
37	Egil Frydenlund, Sturla, IF	1:20:19	DSQ	26:14-16	54:05-29
38	William Hofoss, Hadeland OL	2:11:11	29:18-36	DSQ	1:41:53-35
39	Herman Brunborg, Nittedal OL	10:00	10:00-6		DNS
40	Alexander Smeby, Nydalens SK	13:18	13:18-21		DNS
41	Eirik Blågestad, Indre Østfold OK	40:51			40:51-17
	Tore Markhus, Verdal OK	00:00		DNS	DNS
	Jakob Schia Løe, Notodden OL	00:00		DNS	DNS

H 14

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1	Kristian Rykkje, Varegg Fleridrett	1:07:49	10:05-2	24:42-1	33:02-2
2	Sander Arntzen, Asker Skiklubb	1:09:38	09:32-1	25:40-3	34:26-6
3	Erik Hæstad Bjørnstad, Fossum IF	1:09:54	11:28-9	24:59-2	33:27-3
4	Mats Eidsmo, Freidig	1:13:02	11:02-5	29:38-14	32:22-1
5	Trygve Bø Kongsbakk, Bodø og	1:13:34	11:06-6	28:34-9	33:54-4
6	Audun Uglenes Bergan, Nydalens	1:14:53	12:36-19	27:55-7	34:22-5
7	Eskil Frøisland, Vang OL	1:15:45	11:47-12	29:05-12	34:53-8
8	Mathias Rosenlund, Varegg	1:17:07	11:46-11	29:25-13	35:56-10
9	Håkon Sturød, Nydalens SK	1:17:11	11:38-10	28:15-8	37:18-12
10	Petter Astrup Arnesen, Heming	1:17:31	10:16-3	31:25-18	35:50-9
11	Audun Wanvik Haugen, Stjørdals-	1:17:49	11:51-13	31:26-19	34:32-7
12	Kristian Fredrik Lynum, Freidig	1:19:16	11:15-7	31:55-20	36:06-11
13	Audun Melby Jacobsen, Lardal OL	1:19:29	11:18-8	28:48-11	39:23-14
14	Per Clemet Wisløff, Asker Skiklubb	1:19:55	10:52-4	27:06-6	41:57-16
15	Niels Christian Hellerud, Halden SK	1:24:22	12:00-15	30:14-15	42:08-17
16	Even Lindaas, Elverum OK	1:24:42	14:33-27	32:03-22	38:06-13
17	Trygve Myhr, Asker Skiklubb	1:29:41	12:21-17	31:13-17	46:07-20
18	Andreas Bjørgen, OL	1:29:57	14:29-26	28:37-10	46:51-22
19	Johan Eikanger, IL Gular	1:31:33	12:47-20	34:24-27	44:22-19
20	Sølve Drage, Kongsberg OL	1:31:35	11:55-14	32:18-23	47:22-25
21	Kristian Kammerud, Ringerike OL	1:34:04	15:00-30	37:10-35	41:54-15
22	Kristian Pytten, Kristiansand OK	1:34:33	14:47-29	31:57-21	47:49-26
23	Njaal Ellegaard Melby, Hamar OK	1:39:51	12:35-18	40:01-40	47:15-24
24	Jonas Myhre, Kristiansand OK	1:40:10	15:15-34	33:19-26	51:36-32
25	Sølve Wathne, Sandnes IL	1:40:15	13:40-24	37:38-36	48:57-28
26	Olav Torgersen, Bækkelaget SK	1:41:26	14:40-28	36:39-34	50:07-29
27	Emil Størmer, Fossum IF	1:42:19	13:17-21	36:10-32	52:52-34
28	Are Lodgaard, Byåsen IL	1:42:27	14:24-25	37:41-37	50:22-30
29	Peter Gisholt, Fossum IF	1:42:51	16:12-35	39:25-39	47:14-23
30	Alexander Repstad Storemyr, IL	1:48:41	13:19-22	36:12-33	59:10-35
31	Oliver Hagaseth Mydske,	1:50:33	28:07-45	30:16-16	52:10-33
32	Aune Dørmænen, Varegg Fleridrett	1:56:47	18:58-39	34:36-28	1:03:13-37
33	Vegard Øverli Berg, Kongsberg OL	1:57:20	13:22-23	40:01-40	1:03:57-38

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
34	Johan Storebakken, Hamar OK	1:58:58	18:29-38	32:48-25	1:07:41-40
35	Eirik Nigardsøy Johnsen,	2:05:06	20:05-40	43:02-43	1:01:59-36
36	Sverre Graffer, Ringerike OL	2:32:33	23:59-43	44:05-44	1:24:29-41
37	Bendik Bergseng, Fredrikstad SK	2:46:38	20:48-41	54:48-47	1:31:02-42
38	Henrik Fredriksen Aas, Asker	38:48	12:00-15	26:48-5	DNS
39	Vegard Løvli, Asker Skiklubb	47:36	15:03-32	32:33-24	DNS
40	Eivind Sporaland, Sandnes IL	58:01	15:10-33	42:51-42	DNS
41	Ludvig Williams Strømsnes, Malvik	1:06:41	17:04-36	49:37-45	DSQ
42	Tobias Fremming, Heming	1:07:07	15:01-31	52:06-46	DSQ
43	Aslak Heimdal, Konnerud IL	1:14:05	DSQ	26:15-4	47:50-27
44	Lars Brattli, Asker Skiklubb	1:19:14		35:59-31	43:15-18
45	Even Lunde, Varteig OL	1:21:17	DSQ	34:57-29	46:20-21
46	Eirik Klavestad Moen, Fredrikstad	1:30:45	23:41-42	DSQ	1:07:04-39
47	Biggles Tollefors, Club UAVA	1:32:16	29:53-46	1:02:23-48	DSQ
48	Skjalg Nysæter, Skien OK	35:24		35:24-30	DSQ
49	Tobias Lømo, Nydalens SK	51:08		DSQ	51:08-31
	Sindre V. Paulsen, Kongsberg OL	00:00		DNS	DNS
	Jostein Svaland Dale, OL	00:00		DNS	DNS
	Hallstein Bondhus Often, Tynset IF	00:00		DNS	DNS

D 13

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1	Jenny Baklid, Konnerud IL	1:03:26	09:59-1	23:55-2	29:32-1
2	Tale Strand, Kongsberg OL	1:08:19	11:01-4	25:20-6	31:58-2
3	Ane Sofie Krogh, Oppsal	1:13:20	11:46-6	25:40-7	35:54-4
4	Anna Øfsthus Gravir, Asker	1:14:28	12:28-13	24:58-4	37:02-5
5	Mari Landro Svingheim, Konnerud	1:15:45	11:04-5	30:08-22	34:33-3
6	Inga Sandvold, Tynset IF	1:19:59	18:03-34	24:23-3	37:33-6
7	Elise Ausen, Porsgrunn OL	1:23:23	13:07-15	29:24-19	40:52-9
8	Mari Strømme Lid, TIF Viking	1:23:43	13:04-14	28:03-16	42:36-13
9	Carmen Dirro, Måren OK	1:23:47	17:26-31	23:07-1	43:14-15
10	Kaja Samuelsen Skiri, Bodø og	1:24:15	11:46-6	27:10-10	45:19-16
11	Malin Hauge, Hisøy OK	1:24:53	12:14-11	26:17-9	46:22-17
12	Andrea Ranvik, Konnerud IL	1:25:31	17:31-32	27:38-11	40:22-8
13	Kaisa Antonsen, Fredrikstad SK	1:27:12	15:57-27	31:28-26	39:47-7
14	Marie Liland, Nydalens SK	1:29:54	12:18-12	27:57-14	49:39-25
15	Emma Danevad, Fredrikstad SK	1:31:08	16:07-29	27:43-13	47:18-19
16	Hedda Hoff Hagen, Byåsen IL	1:32:47	13:11-16	27:42-12	51:54-27
17	Natalja Niggli, O'Jura	1:33:20	11:51-8	25:13-5	56:16-33
18	Tomine Lysaker Sanden, Eiker OL	1:34:12	15:50-26	30:30-23	47:52-20
19	Tuva Aas Stræte, Ringerike OL	1:36:26	12:13-10	33:12-28	51:01-26
20	Hanna Johansson, Hedrum OL	1:38:19	14:04-21	37:39-35	46:36-18
21	Johanne Midttun Systad, Nydalens	1:39:07	14:27-22	42:19-37	42:21-12
22	Anna Vangen Lunåsmo, Tynset IF	1:39:49	10:47-2	26:04-8	1:02:58-36
23	Marie Fupeng Lindløv Jensen,	1:40:22	13:42-19	37:02-32	49:38-24
24	Mona Ulseth Sylte, Freidig	1:40:44	15:25-24	36:25-30	48:54-22
25	Ingrid Omdal, Sandnes IL	1:41:12	14:03-20	32:06-27	55:03-30
26	Kamilla Lome, Hamar OK	1:41:36	20:09-35	38:37-36	42:50-14
27	Tuva Eik Haave, Oppsal Orientering	1:41:47	15:36-25	28:35-18	57:36-34
28	Karoline Bjørnerød, OK Moss	1:41:55	12:00-9	48:08-39	41:47-11
29	Amanda Skyttersæter Saugerud,	1:42:18	23:30-37	30:56-25	47:52-20
30	Tora Aasheim Nymark, Askøy OL	1:53:28	17:48-33	36:11-29	59:29-35
31	Silje Berner Myhre, Fossum IF	2:13:45	31:49-38	45:57-38	55:59-32
32	Ingeborg Rognstad, Hadeland OL	2:14:26	20:40-36	36:55-31	1:16:51-38
33	Oda Gjerdahl, Berger og Svelvik OL	2:25:19	16:20-30	37:10-33	1:31:49-39

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
34	Ingvild Snuggerud, Gjø-Vard OL	2:48:28	36:48-39	56:49-40	1:14:51-37
35	Ingvild Langeeggen, Kongsberg OL	38:51	10:52-3	27:59-15	DSQ
36	Silje Kregnes, Kristiansand OK	43:04	13:38-18	29:26-20	DNS
37	Anniken Ranvik, Konnerud IL	45:58	15:58-28	30:00-21	DNS
38	Sigrid Ekeland, Oddersjaa SSK	54:57	13:17-17	DSQ	41:40-10
39	Marie Oen-Sivertsen, TIF Viking	1:19:46	DSQ	30:39-24	49:07-23
40	Silje Morlandstø, Eiker OL	1:23:57		28:12-17	55:45-31
41	Bethina Staulen Fredin, Skien OK	1:29:31		37:36-34	51:55-28
42	Ingeborg Kvarme, Røyken OL	15:20	15:20-23		DNS
43	Stine Rokne Vågen, Nydalens SK	53:54		DSQ	53:54-29
	Ada Wulfsberg, Nydalens SK	00:00		DNS	DNS

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1	Aurora Gjølsjø, OK Moss	1:14:51	11:18-2	27:26-2	36:07-2
2	Hedda Raadal Bjørlo, Halden SK	1:17:17	10:57-1	27:40-3	38:40-5
3	Hanne Vassend, Porsgrunn OL	1:17:33	11:20-3	30:35-9	35:38-1
4	Marlin Haavengen, Kongsberg OL	1:17:39	12:21-6	29:02-5	36:16-3
5	Ragne Wiklund, Nydalens SK	1:19:24	12:59-10	26:51-1	39:34-6
6	Lotte Jauhojärvi Markussen, Asker	1:24:05	13:16-11	29:48-7	41:01-7
7	Anna Cecilie Linløkken, Østmarka	1:27:11	12:16-5	31:49-12	43:06-10
8	Helene Eger, Kongsberg OL	1:29:23	15:24-23	37:18-30	36:41-4
9	Kjersti Tønnessen Bergstøl,	1:30:31	12:08-4	32:51-13	45:32-14
10	Ane Ingeborg Kalbækken, Tynset IF	1:30:38	13:29-13	32:52-14	44:17-12
11	Kathinka Rogstad, Kongsberg OL	1:31:53	15:13-22	35:19-25	41:21-8
12	Åsne Holo, Fossum IF	1:32:10	12:41-8	30:14-8	49:15-19
13	Thea Charlotte Hansen, Asker	1:33:28	16:12-26	34:31-20	42:45-9
14	Ragne Munkeby, Frol IL	1:33:38	14:42-19	35:18-24	43:38-11
15	Lene Berg Hanssen, Byåsen IL	1:33:43	12:26-7	34:38-22	46:39-16
16	Maren Norderud, IL Tyrving	1:35:46	14:40-18	34:37-21	46:29-15
17	Ingrid G. Kvålsgard, Fossum IF	1:35:59	14:19-16	29:10-6	52:30-22
18	Thea Sofie Salvesen, Asker	1:39:11	14:12-15	31:46-11	53:13-25
19	Ingrid Hasaas, Fossum IF	1:41:18	12:49-9	34:06-19	54:23-26
20	Kristine Haanes Strandlie, Gjø-	1:42:31	20:26-37	33:41-16	48:24-18
21	Lotte Myklemyr, Eiker OL	1:44:09	14:22-17	37:14-28	52:33-24
22	Elisabeth Hesselberg, Larvik OK	1:48:25	16:30-29	34:49-23	57:06-27
23	Jorun Bækken, Os IL	1:50:42	18:59-35	39:33-33	52:10-21
24	Andrea Vanebo, Kongsberg OL	1:54:01	16:18-27	46:44-38	50:59-20
25	Guri Hulbak, Hemsedal IL	1:56:46	17:05-30	35:25-26	1:04:16-35
26	Lisa Jenssen, Halden SK	2:07:24	15:09-21	50:13-41	1:02:02-32
27	Hanna Moum, Halden SK	2:09:25	17:17-32	51:37-43	1:00:31-31
28	Johanne Klynderud Sundfør,	2:09:47	17:48-33	46:14-37	1:05:45-37
29	Ida Aabogen Haugaard,	2:14:10	23:00-40	46:53-39	1:04:17-36
30	Sarah Brynhildsen, Wing OK	2:18:23	36:37-43	41:24-34	1:00:22-30
31	Charlotte Eide, Gjø-Vard OL	2:30:13	20:53-38	52:48-44	1:16:32-39
32	Sarah Wøllø, Kongsberg OL	2:30:48	28:45-42	41:30-35	1:20:33-40
33	Marie Helene Hansen, Sarpsborg	2:31:47	19:18-36	38:25-31	1:34:04-43
34	Stine Elene Hole, Konnerud IL	2:46:33	21:31-39	51:17-42	1:33:45-42
35	Kaya Dirksen, Sauda	3:00:17	17:10-31	1:39:56-46	1:03:11-34
36	Andrine Harriet Fremstad, Larvik	46:40	13:28-12	33:12-15	DSQ
37	Ingvild Høydal, Nydalens SK	49:44	13:30-14	36:14-27	DNS
38	Hedda Skatvedt, Raumar	57:18	23:27-41	33:51-17	DSQ
39	Linda Gammelsæter, Kolbotn og	1:00:02	15:53-24	44:09-36	DSQ
40	Ingrid Madslie, Nydalens SK	1:00:56	16:19-28	DSQ	44:37-13
41	Ane Marte Vatn, Frol IL	1:12:50	14:56-20	DSQ	57:54-28

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
42	Ingrid G. Mehammer, Porsgrunn OL	1:18:27	16:11-25	1:02:16-45	DNS
43	Ingrid Tandberg Ryan, Asker	1:18:50		31:38-10	47:12-17
44	Eli Fjellbirkeland Johannesen, IL	1:36:38	DSQ	38:43-32	57:55-29
45	Hanna Nysæter, Skien OK	1:39:34		37:16-29	1:02:18-33
46	Tilde Eine, Fossum IF	1:40:19		47:49-40	52:30-22
47	Tuva Nesheim Flatebakken, IL	1:47:26	DSQ	34:02-18	1:13:24-38
48	Mari Robøle Lien, Hamar OK	1:52:52		28:49-4	1:24:03-41
49	Frida Bakken Ulseth, Nydalens SK	18:22	18:22-34	DSQ	DNS
	Johanne Viken Flaten, Eiker OL	00:00		DNS	DNS

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1	Kari Strande, Ringerike OL	1:33:44	15:15-1	35:00-2	43:29-1
2	Björg Kocbach, Bergens TF	1:47:39	17:01-2	35:30-3	55:08-5
3	Edel Slettemark, Stord Orientering	1:48:37	19:27-7	38:37-4	50:33-2
4	Turid Nystrøm, Stavanger	1:48:40	17:14-3	39:04-5	52:22-3
5	Torill Nebell Mikkelsen, Berger og	1:55:01	18:18-5	40:02-7	56:41-10
6	Marit Vågsnes, Kolbotn og Skimt OL	1:55:08	17:20-4	32:39-1	1:05:09-17
7	Marit Tyldum, Rudsbygd IL	1:56:15	20:01-10	39:42-6	56:32-9
8	Kirsten Bakke, Gjø-Vard OL	1:57:33	19:47-9	42:07-11	55:39-7
9	Inger Lindløv, OK Moss	1:57:34	20:53-11	41:15-10	55:26-6
10	Haldis Glendrange, Stavanger	1:58:28	19:43-8	42:39-13	56:06-8
11	Toril Riddervold, Heming Orientering	1:59:19	26:02-19	40:06-8	53:11-4
12	Signe Heivoll, Søgne og Songdalen	2:02:48	24:27-16	40:31-9	57:50-11
13	Anne Marit Færden, Kolbotn og	2:09:19	22:13-13	42:21-12	1:04:45-16
14	Sissel Olaisen, Kolbotn og Skimt OL	2:11:54	22:05-12	48:06-17	1:01:43-13
15	Gerd Langseth, Larvik OK	2:12:34	24:47-17	45:35-15	1:02:12-14
16	Ingeborg Bøbel, IL Imås	2:21:52	24:54-18	46:42-16	1:10:16-19
17	Else-Margrethe Bredland, Søgne	2:23:25	23:11-14	55:48-24	1:04:26-15
18	Åse Karin Thorsberg,	2:36:59	24:10-15	45:01-14	1:27:48-22
19	Anitha Kolberg Olsen, Kolbotn og	2:52:05	31:12-22	55:22-23	1:25:31-21
20	Astri Ese Hole, Bergens TF	2:53:15	26:33-20	58:46-26	1:27:56-23
21	Astrid Gjelstad, Sandefjord OK	1:22:18	31:44-23	50:34-21	DNS
22	Bodil Berby, Trøsken IL	1:50:34	44:11-24	1:06:23-27	DNS
23	Anne Elvsaas Mo, Røyken OL	1:55:21		54:16-22	1:01:05-12
24	Aud I Spjelkavik, IL Tyrving	1:56:38		49:13-20	1:07:25-18
25	Sigrun Svartedal, Trøsken IL	2:00:43	DSQ	48:47-19	1:11:56-20
26	Liv Feiring, Hamar OK	19:06	19:06-6	DSQ	DSQ
27	Gry Bruland Vråle, Sturla, IF	29:32	29:32-21		DNS
28	Kirsten Salthaug, Kristiansand OK	48:15		48:15-18	DNS
29	Kirsten Repvik, OL Trollelg	58:01		58:01-25	DNS
	Gunn Kari Hygen, Freidig	00:00		DNS	DNS
	Vera Telje Sjølie, Kolbotn og Skimt	00:00		DNS	DNS

D 21AK

1	Bodil Holmström, Halden SK	1:23:39	12:38-1	30:47-1	40:14-2
2	Ingjerd Sommerstad, Kongsberg OL	1:39:23	16:22-12	34:39-4	48:22-7
3	Solveig Sletner, Røyken OL	1:39:57	14:07-6	38:56-8	46:54-6
4	Elisabeth Ingvaldsen, Nydalens SK	1:40:57	13:53-4	41:03-12	46:01-5
5	Marit Wenseth Kure, Bø OL	1:42:14	14:37-9	36:25-6	51:12-9
6	Ane Hansen Kjenseth, Årvoll IL	1:42:31	14:07-6	36:00-5	52:24-10
7	Jannicke Ødegård, OL Tønsberg	1:45:12	13:53-4	38:19-7	53:00-13
8	Astrid Fugleneb Aamand,	1:45:56	13:45-3	39:43-10	52:28-11
9	Tina Hæren, Trøsken IL	1:49:12	17:04-15	39:12-9	52:56-12

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
10	Christine Turtur Sandvold, NTNUI	1:52:01	14:08-8	42:39-15	55:14-15
11	Kristin Åstebøl, Byåsen IL	1:54:28	13:37-2	34:33-3	1:06:18-22
12	Heidi Østli, Raumar Orientering	2:01:41	17:26-16	44:43-17	59:32-16
13	Anita Hanssen, Eiker OL	2:05:33	18:37-18	42:18-14	1:04:38-20
14	Nina Haugen, Eiker OL	2:12:36	23:21-22	47:39-19	1:01:36-17
15	Sari Laurila, Saloisten Reipas	2:13:49	16:43-14	54:43-26	1:02:23-19
16	Lisa Jørandli, Gjø-Vard OL	2:15:07	18:43-19	49:48-23	1:06:36-23
17	Julia Mayer, HSV Großmittel	2:15:35	17:54-17	48:35-20	1:09:06-26
18	Ingrid Tronshaug, Stokke IL	2:15:52	16:41-13	48:58-21	1:10:13-27
19	Anne Marthe Peveri, Eiker OL	2:17:21	21:17-21	49:53-24	1:06:11-21
20	Sunniva Nergaard Berg, NTNUI	2:40:59	19:22-20	1:19:46-29	1:01:51-18
21	Kristin Jæger, BSI - Orientering	2:42:35	26:12-23	1:07:47-27	1:08:36-25
22	Vendula Sramkova, Hemsedal IL	1:27:12	DSQ	41:57-13	45:15-3
23	Vilde Eia Holtung, OL Trollo	1:40:24		45:38-18	54:46-14
24	Hanne D Kihle, Ringerike OL	2:00:23		52:12-25	1:08:11-24
25	Cassie Trewin, IL Tyrving	39:15			39:15-1
26	Synne Baklid, Konnerud IL	45:23			45:23-4
27	Sina Blix Prestmo, Bækkelagets SK	49:05		49:05-22	DSQ
28	Berit-Kristine Lima, Ganddal IL	50:40			50:40-8

H 21 AK

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1	Timo Karppinen, SK Pohjantähti	1:28:08	10:51-1	33:44-3	43:33-2
2	Siggen Ytrehus, NTNUI	1:33:26	12:34-3	33:31-2	47:21-4
3	Rune Rystad, Nydalens SK	1:33:35	16:37-9	34:26-4	42:32-1
4	Neil Marston, Hemsedal IL	1:35:20	12:15-2	35:34-6	47:31-5
5	Erin Schirm, Orienteering USA	1:52:39	13:33-4	46:49-10	52:17-12
6	Morten Tangen, Hamar OK	2:11:07	14:15-5	55:14-19	1:01:38-17
7	Kjetil Svihus, Ganddal IL	2:16:50	15:26-6	51:01-15	1:10:23-20
8	Fredrik Studsrud, Hisøy OK	2:24:11	18:29-10	48:22-12	1:17:20-22
9	Narve J. Brenna, Hemsedal IL	2:31:41	27:10-11	52:59-17	1:11:32-21
10	Vemund Rønneberg, Røyken OL	2:54:03	15:45-7	50:55-14	1:47:23-28
11	Øyvind Glendrange, Årvoll IL	1:09:53	15:59-8	DSQ	53:54-15
12	Nils Albert Aamand, Idrettslaget	1:18:03		32:49-1	45:14-3
13	Vidar Solberg, Fredrikstad SK	1:23:56		35:21-5	48:35-7
14	Frode Øverøyen Balchen,	1:31:56		40:12-7	51:44-11
15	Kristian Bernhard Nilsen, Fossum IF	1:41:13		40:34-8	1:00:39-16
16	Morten Svihus, Ganddal IL	1:53:54		45:41-9	1:08:13-18
17	Håkon Nergaard Berg, Stokke IL	1:56:33		46:55-11	1:09:38-19
18	Sindre Eia Holtung, OL Trollo	2:12:25		51:43-16	1:20:42-24
19	Daniel Andre Kristoffersen,	2:12:40		54:16-18	1:18:24-23
20	Martin Laurantsen, Skien OK	2:17:44		49:04-13	1:28:40-25
21	Ola Lesteberg, Kongsberg OL	48:03			48:03-6
22	Thomas Ruud, Ås-NMBU	48:47			48:47-8
23	Henrik Drange Ruud, Asker	49:44			49:44-9
24	Kristoffer Fiane Pedersen, Ås-	49:47			49:47-10
25	Stian Overskeid, Indre Østfold OK	53:39			53:39-13
26	Anders Beyer Brattli, Ringerike OL	53:49			53:49-14
27	Magnus Barth Gustavsen,	1:30:56			1:30:56-26
28	Bård Engzelius Gylver, Asker	1:37:26			1:37:26-27
	Markus Fredlund, Tulling SK	00:00			DNS
	Hans Trøan, Nydalens SK	00:00			DNS

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Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
1	Marianne Gustafsson, IF Thor	1:44:56	15:51-3	41:13-5	47:52-2
2	Elin Tudén, IK Hakarpspojarna	1:50:19	15:36-1	40:59-3	53:44-5
3	Kari Reppesgård Holt, Hedrum OL	2:05:57	17:30-9	49:20-13	59:07-9
4	Otilie Oftedal, Ålgård Orientering	2:07:31	19:33-12	44:07-7	1:03:51-11
5	Tonje Holm, OK Moss	2:09:34	19:09-11	51:27-14	58:58-8
6	Kari Klynderud Sundfør,	2:10:44	18:14-10	47:40-10	1:04:50-12
7	Tone Hirsch, IF Trauma	2:10:50	15:56-4	49:05-12	1:05:49-14
8	Inger Skjævesland, IF Trauma	2:18:38	20:55-15	48:22-11	1:09:21-17
9	Gunn Elin Rudi, Hadeland OL	2:22:17	17:21-7	54:30-16	1:10:26-18
10	Lovise Nevland, Ålgård Orientering	2:27:20	16:39-6	55:53-17	1:14:48-21
11	Berit Herstad, Bækkelagets SK	2:29:12	20:36-14	1:00:34-21	1:08:02-16
12	Peichi Chuang, Oslostudentenes IK	2:34:36	17:27-8	59:58-20	1:17:11-23
13	Linn Carina Daland, Kristiansand	2:53:12	20:56-16	1:06:42-24	1:25:34-25
14	Maj Lisbet Rønning, Freidig	3:00:14	25:56-18	1:10:48-26	1:23:30-24
15	Tone Fidje Gryting, Gjerstad IL	1:06:33	15:37-2		50:56-4
16	Bodil Nordenström, Fossum IF	1:17:08		33:57-1	43:11-1
17	Svenja Kernstock,	1:27:06	20:13-13		1:06:53-15
18	Guro Kolberg, IL Tyrving	1:31:34		41:01-4	50:33-3
19	Cathrine Lillestrand, Trøsken IL	1:38:40		42:31-6	56:09-6
20	Astrid Wangensteen, Nydalens SK	1:48:40		46:57-8	1:01:43-10
21	Line Sletner, Lillomarka OL	1:49:44		52:32-15	57:12-7
22	Ida Natås, Nydalens SK	1:52:03		47:13-9	1:04:50-12
23	Sigrid Melander Vie, Fossum IF	2:10:09		57:24-18	1:12:45-19
24	May Lene Slettebøe, Søgne og	2:19:41	DSQ	1:06:26-23	1:13:15-20
25	Anikken Gjein Dybvik, Stokke IL	2:34:10		1:08:10-25	1:26:00-26
26	Ann Helen Aabogen Haugaard,	15:58	15:58-5	DNS	DNS
27	Lene Rykkje, Varegg Fleridrett	23:23	23:23-17	DNS	DNS
28	Åse Nysæter, Skien OK	1:02:19		1:02:19-22	DNS
29	Trine Kirkhus, Nydalens SK	1:15:55			1:15:55-22
30	Monica Syrdal, Heming Orientering	1:43:30		DSQ	1:43:30-27
	Inga Morgenlie, Nydalens SK	00:00		DNS	DNS

D 45 AK

1	Marianne Fruseth Christiansen, OL	1:22:30	14:15-5	32:38-1	35:37-1
2	Hege Solerød, Gjø-Vard OL	1:23:57	13:39-2	34:04-2	36:14-2
3	Tove Heimdal, Konnerud IL	1:40:35	14:37-8	43:16-16	42:42-4
4	Anne-Grete Austad, Raumar	1:43:02	16:49-13	39:16-8	46:57-15
5	Kristin Sørensen, Sturla, IF	1:43:09	13:12-1	47:45-23	42:12-3
6	Ina Cecilie Landro, Konnerud IL	1:44:04	17:32-15	42:05-12	44:27-10
7	Inger Reinhartsen, Kristiansand OK	1:50:31	15:27-10	48:07-24	46:57-15
8	Frøy Grøndahl, Lillomarka OL	1:51:33	14:17-6	44:01-18	53:15-18
9	Jannicke Ulrichsen, Hemsedal IL	1:56:21	14:28-7	42:37-14	59:16-26
10	Tone Søndmør, Hemsedal IL	1:58:14	21:50-23	42:29-13	53:55-19
11	Lill-Ann Torp, Sandefjord OK	1:59:52	17:34-16	46:16-21	56:02-22
12	Signe-Lise Jordheim, Hemsedal IL	2:03:46	14:39-9	1:06:15-34	42:52-5
13	Marianne Reusch, Heming	2:08:10	21:04-20	46:44-22	1:00:22-27
14	Ellen Nielsen, Stjørdals-Blink	2:13:23	18:21-18	49:55-25	1:05:07-28
15	Elin Moe Græsli, Hamar OK	2:16:25	18:14-17	51:01-26	1:07:10-29
16	Anne Margrete Hammer, Østmarka	2:31:00	21:09-21	1:00:27-32	1:09:24-31
17	Anna Göhlman, IL Tyrving	2:31:37	18:34-19	51:38-27	1:21:25-35
18	May-lill Damm, TIF Viking	2:33:51	21:13-22	1:00:57-33	1:11:41-33
19	Emma Smeland Nygårdseter,	56:54	13:41-3	43:13-15	DSQ
20	Nina Søndmør, Hamar OK	1:10:39	14:01-4	DSQ	56:38-23
21	Hege Melby, Lardal OL	1:19:52		36:42-4	43:10-6

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
22	Hanne Narvestad, Halden SK	1:20:50		36:37-3	44:13-7
23	Tone Skram, Røyken OL	1:24:24		37:56-5	46:28-14
24	Ingvild Mulen, Kristiansand OK	1:26:05		39:45-10	46:20-13
25	Ingunn Schei, Ås-NMBU Orientering	1:26:39		39:02-7	47:37-17
26	Inger Lise R. Hole, Konnerud IL	1:28:49		44:24-19	44:25-9
27	Liv Bakken Haga, Raumar	1:31:31		45:39-20	45:52-11
28	Tonje Røgeberg, OL Tønsberg og	1:35:42		38:22-6	57:20-24
29	Liv Grete Voll, Haugesund IL	1:38:43		43:45-17	54:58-21
30	Kristine Hjelldup Horne, IL Tyrving	1:51:55		53:08-30	58:47-25
31	Elise Gisholt, Fossum IF	2:01:15		52:24-29	1:08:51-30
32	Irene Felde Olaussen, Halden SK	44:17			44:17-8
33	Gunhild Aamli Sundtjønn, Årvoll IL	45:59			45:59-12
34	Marit Sophie Berger, Raumar	54:31			54:31-20
35	Siw Solstad, IL Tyrving	1:11:07			1:11:07-32
36	Maria Persson, Asker Skiklubb	1:16:21			1:16:21-34
	Inger Svaland, OL Vallset/Stange	00:00		DNS	DNS
	Liv Omdal, Sandnes IL (Rogaland)	00:00		DNS	DNS

H 35 AK

1	Asbjørn Byggland, Høydalsmo IL	1:44:06	11:59-1	41:53-3	50:14-3
2	Eirik Jørgensen, Asker Skiklubb	1:46:36	17:52-15	37:11-1	51:33-5
3	Endre Ulsaker, Hemsedal IL	1:48:28	14:32-3	39:03-2	54:53-6
4	Arild Flaten, Vegårshei IL	1:57:34	14:58-6	42:36-5	1:00:00-11
5	Jørgen Fjære, Hedrum OL	1:58:16	16:50-12	42:34-4	58:52-8
6	Per Olav Andersen, Halden SK	2:00:12	13:12-2	43:35-7	1:03:25-14
7	Kenneth Viken, Tverlandet IL	2:02:56	15:00-7	45:31-12	1:02:25-13
8	Knut Ivar Vestli, Ål IL	2:03:47	20:29-17	44:17-10	59:01-10
9	Olav Hasaas, Fossum IF	2:03:53	14:53-5	42:58-6	1:06:02-16
10	Håkon Gaute Kvamme, Oppsal	2:07:10	17:51-14	43:37-8	1:05:42-15
11	Thorbjørn Værp, Kristiansand OK	2:09:41	15:59-10	44:05-9	1:09:37-19
12	Even Erlien, Gjø-Vard OL	2:14:29	16:06-11	47:59-17	1:10:24-20
13	Håvard Sandvoll Ask, Lierbygda OL	2:21:13	16:55-13	50:42-23	1:13:36-22
14	Tormod Kleppa, Lillehammer OK	2:22:16	14:44-4	48:31-20	1:19:01-27
15	Geir Henrik Hirsch, IF Trauma	2:25:51	15:02-8	48:20-19	1:22:29-29
16	Trond Evensen, OL Tønsberg og	2:37:54	30:02-19	47:17-16	1:20:35-28
17	Lenny Viking Enström,	3:04:12	22:11-18	1:09:25-25	1:32:36-30
18	Oddbjørn Krage, Sarpsborg OL	3:18:08	19:20-16	1:25:14-27	1:33:34-31
19	Erik Rosenvold, Østmarka OK	1:47:13	DSQ	45:14-11	1:01:59-12
20	Lars-Einar Intelhus, Hemsedal IL	1:52:32		45:50-15	1:06:42-17
21	Kim Abel, Røyken OL	1:56:38		49:32-22	1:07:06-18
22	Ernst Pytten, Kristiansand OK	2:00:17		45:49-14	1:14:28-25
23	Helge Tillingsøe, CopenhagenO	2:01:28	DSQ	48:10-18	1:13:18-21
24	Geir Johan Andersen, Raumar	2:02:43		48:55-21	1:13:48-23
25	Tom Arne Andersen, Raumar	2:09:00		55:01-24	1:13:59-24
26	Roger Hagen, Sandefjord OK	2:37:13		1:18:38-26	1:18:35-26
27	Eelco van Raaij, Hedrum OL	3:03:09		1:28:28-28	1:34:41-32
28	Roar Bakken, Eiker OL	45:45		45:45-13	DNS
29	Knut Aalde, Nydalens SK	48:26			48:26-1
30	Håvard Telstø, Etnedal IL	49:04			49:04-2
31	Rune Abrahamsen, Hemsedal IL	50:19			50:19-4
32	Even Angell-Petersen, Nydalens SK	56:01			56:01-7
33	Anders Kristian Holt, Hedrum OL	58:54			58:54-9
	Endre Stokseth, Nydalens SK	00:00			DNS
	Frode Bakkehøi, Østmarka OK	00:00			DNS

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
	Helge Bakkehøi, Østmarka OK	00:00			DNS
	Jan Kristian Lygre, Nydalens SK	00:00			DNS
	Arnstein Dale, OL Vallset/Stange	00:00		DNS	DNS
	Øystein Snuggerud, Gjø-Vard OL	00:00		DNS	DNS
	Ole Petter Ruud, OK Horten	00:00		DNS	DNS

H 45 AK

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1	Svein Terje Kolstad, Freidig	1:23:07	15:33-5	30:43-2	36:51-1
2	Trond Lamark, Ganddal IL	1:33:52	14:20-2	34:23-5	45:09-6
3	Roar Pedersen, Oppsal Orientering	1:34:18	14:24-3	35:10-6	44:44-5
4	Arne Arnesen, Hamar OK	1:45:55	14:33-4	40:55-15	50:27-12
5	Rune Sørensen, Sturla, IF	1:57:50	16:17-8	48:23-26	53:10-13
6	Aksel Slettebøe, Søgne og	2:00:43	19:39-15	41:46-17	59:18-16
7	Jon Kvisli, Bø OL	2:04:21	17:25-11	48:07-25	58:49-15
8	Trond Foss, Sandefjord OK	2:10:49	18:21-13	51:03-27	1:01:25-17
9	Peter Dirksen, Sauda	2:12:37	20:05-16	47:39-24	1:04:53-21
10	Tore Lindaas, Elverum OK	2:14:37	19:31-14	52:07-28	1:02:59-19
11	Trygve Voll, Haugesund IL	2:15:45	32:07-21	45:38-23	58:00-14
12	Inge Hauge, Hisøy OK	2:19:08	22:01-18	43:13-20	1:13:54-23
13	Hermund Ulstein, Hisøy OK	2:20:30	16:48-9	36:06-8	1:27:36-27
14	Vincent Eijsink, Ås-NMBU	2:30:50	17:07-10	55:16-32	1:18:27-25
15	Jens Fyhn, OL Tønsberg og omegn	2:38:18	23:25-19	59:47-35	1:15:06-24
16	Ketil Nummedal, Fana IL	2:41:28	18:00-12	57:29-34	1:25:59-26
17	Oskar Kaaløy, Sandefjord OK	3:03:35	29:50-20	1:00:53-36	1:32:52-29
18	Knut Hagen, Byåsen IL	54:15	16:14-7	38:01-9	DNS
19	Terje Linløkken, Østmarka OK	55:00	16:04-6	38:56-10	DNS
20	Tor Ivar Christiansen, OL Tønsberg	1:10:21		32:04-4	38:17-2
21	Martin Greiner, OK MuenchenDK	1:16:03	20:11-17	55:52-33	DNS
22	Frode Strisland, Fossum IF	1:18:11		30:36-1	47:35-9
23	Bjørn-Willy Arntzen, Lierbygda OL	1:18:29		35:10-6	43:19-4
24	Per Einar Pedersli, OL Trollelg	1:22:10		39:32-12	42:38-3
25	Lars D. Fjeldstad, Ringerike OL	1:25:25		39:07-11	46:18-7
26	Arne Kristensen, Stokke IL	1:32:33		42:36-18	49:57-10
27	Øystein Skjelbred, Kongsberg OL	1:47:44		41:12-16	1:06:32-22
28	Stein Mella, Oppsal Orientering	1:47:57		43:20-21	1:04:37-20
29	Bård Moum, Halden SK	1:54:26		52:36-29	1:01:50-18
30	Stig Mjelstad, TIF Viking	2:15:51		45:31-22	1:30:20-28
31	Timo Rintanen, Kangasala SK	2:34:12	DSQ	54:15-31	1:39:57-30
32	Kåre Halvorsen, Nydalens SK	47:16			47:16-8
33	Øystein Grøvlen, OK Nidarøst	50:18			50:18-11
	Trond Frøvoll, Odal OL - Orientering	00:00			DSQ
	Bjørn Ketil Hansen, Sarpsborg OL	00:00			DSQ
	Ivar Müller Often, Tynset IF	00:00		DNS	DNS

D 35 C

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1	Grete Sivertsen, Tynset IF	1:34:27	12:56-1	37:43-5	43:48-3
2	Cathrine Palmgren, Kolbotn og	1:38:14	18:09-4	34:54-4	45:11-4
3	Sissel Bolstad, Tynset IF	1:41:27	16:10-2	46:31-14	38:46-1
4	Tone Sølie Lysnes, Hedrum OL	1:53:10	18:56-5	38:05-7	56:09-8
5	Kristin Sølberg, IL Leik	1:58:02	21:50-12	41:51-11	54:21-6
6	Linda Rivedal, Sentrum OK	2:02:25	19:30-7	39:55-10	1:03:00-11
7	Linda G. Opheim, Kristiansand OK	2:14:17	21:49-11	47:02-15	1:05:26-12
8	Ping Ouyang, Ringerike OL	2:19:42	20:14-9	1:04:12-24	55:16-7

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
9	Marianne Ness, Røyken OL	2:23:02	23:38-16	38:43-9	1:20:41-20
10	Ingrid Anne Rosshaug, Porsgrunn	2:27:14	24:32-17	49:42-17	1:13:00-15
11	Nora-Marie Sogn Wiik, Lardal OL	2:28:02	34:25-20	43:16-12	1:10:21-14
12	Nanna Bergan, Raumar Orientering	2:28:55	21:12-10	54:02-21	1:13:41-16
13	Trine Sommerfelt Stenberg,	2:29:27	22:54-15	43:46-13	1:22:47-22
14	Astrid Oline Ervik, Varegg Fleridrett	2:38:39	19:59-8	1:13:13-25	1:05:27-13
15	Ingunn Lysaker Norbom, Konnerud	2:42:01	22:06-13	48:40-16	1:31:15-23
16	Helga Peveri, Eiker OL	2:42:02	31:11-19	50:32-19	1:20:19-19
17	Tone Rosenlund, Varegg Fleridrett	53:53	19:00-6	34:53-3	DNS
18	Mariann Rød Feragen, Tynset IF	1:12:22	30:45-18	DNS	41:37-2
19	Marianne Hope Abel, Røyken OL	1:18:32		32:24-2	46:08-5
20	Torild Myrli, TIF Viking	1:35:42		37:51-6	57:51-9
21	Nina Christin Næsheim, TIF Viking	1:39:07		38:05-7	1:01:02-10
22	Hilde Anita Rokkan, Mo OK	2:03:05	45:04-21	1:18:01-26	DNS
23	Solveig Mæland, Ålgård Orientering	2:08:08		50:31-18	1:17:37-18
24	Marit Ufsvatn Flaten, Vegårshei IL	2:14:08		56:44-22	1:17:24-17
25	Aileen Runde, Kristiansand OK	2:23:28		1:01:29-23	1:21:59-21
26	Elisabeth Espeland, Tynset IF	22:32	22:32-14	DSQ	DSQ

H 35 C

				-	
1	Per Jarle Eikeland, OL Tønsberg og	1:31:40	14:34-1	32:18-5	44:48-3
2	Pål Espen Nordhaug, Konnerud IL	1:35:44	25:50-7	30:48-4	39:06-2
3	Stig Stenberg, Lillehammer OK	1:47:01	17:09-3	36:55-7	52:57-5
4	Torbjørn Barikmo, Kongsberg OL	1:54:01	19:26-4	36:50-6	57:45-7
5	Geir Egil Norbom, Konnerud IL	2:20:16	22:43-6	30:22-3	1:27:11-10
6	Magne Mæland, Ålgård Orientering	2:47:34	30:03-8	39:06-9	1:38:25-11
7	Arnfinn Sørum, Skien OK	1:02:59	19:57-5	43:02-10	DNS
8	Ole Asbjørn Haugaard,	1:03:01		26:26-2	36:35-1
9	Svein-Tore Gåsvik Narvestad,	1:45:09		47:51-11	57:18-6
10	Olav Nærby, Skaukameratene OL	1:56:56		1:06:01-14	50:55-4
11	Simen Bratlie, Skaukameratene OL	1:57:16		36:57-8	1:20:19-8
12	Jan Magne Gundersveen, Røyken	2:13:17		51:22-13	1:21:55-9

D 55 AK

				-	
1	Reidunn Hallan, Lillomarka OL	2:03:38	22:21-7	50:37-2	50:40-1
2	Turid Ødegård, OL Tønsberg og	2:11:09	17:18-1	52:05-4	1:01:46-4
3	Tove Bakken, Lillehammer OK	2:12:53	19:40-4	51:38-3	1:01:35-3
4	Enikø Bertalan, Asker Skiklubb	2:24:31	19:02-2	52:32-5	1:12:57-7
5	Trude Klyve, Oppsal Orientering	2:29:35	20:41-6	56:59-6	1:11:55-6
6	Elisabeth Holth Johannessen,	2:34:03	23:05-8	1:01:26-8	1:09:32-5
7	Bente Grøndalen, Hamar OK	2:51:11	25:04-9	1:02:15-9	1:23:52-8
8	Lise Hørtvedt, Kongsberg OL	2:04:11	28:46-10	1:35:25-10	DNS
9	Cathrine Norvik, Røyken OL	1:00:19			1:00:19-2
	Eva Mathisen Søvik, IL Tyrving	00:00		DNS	DNS

H 55 AK

				-	
1	Edvard Dahl, OL Vallset/Stange	1:33:15	13:48-1	37:13-1	42:14-2
2	Kjell Joar Rognstad, Lillehammer OK	1:45:38	15:26-3	44:26-3	45:46-3
3	Erik Grøndalen, Hamar OK	1:51:12	14:01-2	39:41-2	57:30-6
4	Per Olaf Klemsdal, Varteig OL	2:00:35	15:48-4	49:22-5	55:25-5
5	Ole Wiik, Lardal OL	2:03:35	18:04-8	52:02-6	53:29-4
6	Knut Bjerknes, Røyken OL	2:12:34	17:46-7	47:29-4	1:07:19-8
7	Åge Aashamar, Flosta IL	2:21:13	17:36-6	53:46-9	1:09:51-9

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
8	Rolf Gunnar Bredesen, Fossum IF	1:14:25	16:20-5	58:05-10	DSQ
9	Atle Hugo Søvik, IL Tyrving	2:04:17		59:59-11	1:04:18-7
10	John Hansen, Kristiansand OK	31:43			31:43-1
	John Hansen, Kristiansand OK	00:00			DNS
	Jan Blandkjenn, Kristiansand OK	00:00		DNS	DNS
	Rune Kittelsen, Kristiansand OK	00:00		DNS	DNS

DIRA1

				-	
1	Håkon Kindem, Gimle IF	1:41:56	11:12-1	36:26-5	54:18-11
2	Henning Dahlen, Kongsberg OL	2:08:25	14:08-3	46:22-19	1:07:55-23
3	Espen Messel, IL Koll	2:17:54	16:36-9	53:41-27	1:07:37-22
4	Tiina Yirtanen, Perttelin Peikot	3:22:45	21:57-12	1:11:59-35	1:48:49-32
5	Bjørn Sævik, Flyfemkampen	1:15:48	14:14-4		1:01:34-18
6	Einar Gisholt, Fossum IF	1:29:19		35:01-4	54:18-11
7	Annichen Kringstad, OK Kåre	1:35:54		40:18-11	55:36-14
8	Frank Sandberg, Flyfemkampen	2:00:15		53:45-28	1:06:30-21
9	Pål Tore Svendsen, NOTEAM	2:09:36		53:07-26	1:16:29-24
10	Atle Almeland, NOTEAM	2:14:33		56:33-30	1:18:00-26
11	Jorunn Blindheim, Lillomarka OL	2:50:58		1:17:12-36	1:33:46-31
12	Jo Børre Eikås, Sandefjord OK	2:53:33		1:36:05-38	1:17:28-25
13	John Kjell Hoset, Lierbygda OL	3:41:21	1:52:00-15	1:49:21-40	
14	Kari Alexandra Nødland, Ålgård	15:18	15:18-6	DSQ	DNS
15	Adrian Opheim, NTNUI	40:00		40:00-10	DNS
16	Vyacheslav Mukhidinov, Varegg	43:16			43:16-1
17	Leif Svensson, OK Tisaren	48:21			48:21-2
18	Mathias Nipen, IL Tyrving	49:13			49:13-3
19	Bjørnar Almeland, Fana IL	49:17	DSQ	49:17-21	DSQ
20	Dag Jarle Aa, Sogndal IL	50:09			50:09-4
21	Ivar Mølnevik, Fossum IF	52:22			52:22-5
22	Eskil Dahlen, Krødsherad	52:35			52:35-6
23	Juha Viena, Ringerike OL	53:22			53:22-7
24	Øystein Holo, Fossum IF	53:56			53:56-8
25	Lars Fremstad, Larvik OK	54:07			54:07-9
26	Bjørn Solhjem, NOTEAM	54:12			54:12-10
27	Freddy Jensen, Lillehammer OK	54:38		54:38-29	
28	Gudbrand Lien, Hamar OK	55:06			55:06-13
29	Halvor Halden, Nydalens SK	58:42			58:42-15
30	Jon Kjenseth, Heming Orientering	1:00:07			1:00:07-16
31	Roar Mathisen, OL Tønsberg og	1:01:12			1:01:12-17
32	Eirin Disch Mathiesen, Ringerike OL	1:01:20		1:01:20-33	DSQ
33	Aina Viena, Ringerike OL	1:05:18			1:05:18-19
34	Glør Gløersen, OL Tønsberg og	1:05:38			1:05:38-20
35	Sjur Langedal, Nydalens SK	1:21:45			1:21:45-27
36	Pirjo Luchsinger, Kongsberg OL	1:22:57			1:22:57-28
37	Mari Brøndbo Dahl, OL	1:28:31			1:28:31-29
38	Øystein Wiersdalen, Nedre Sigdal IF	1:31:33			1:31:33-30
39	Odd-Harald Nilsen, OL Tønsberg	2:14:35			2:14:35-33
	William Hærter, Hytta IK	00:00			DSQ
	Kjell Reidar Mydske, Fredrikstad SK	00:00			DSQ
	Martin Dalan, FSK	00:00		DNS	DNS

DIRA2

				-	
1	Hege Wang, Lillomarka OL	1:51:57	13:58-1	45:26-12	52:33-17

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
2	Per Gunnar Østeraas, OL Trollelg	1:01:12	15:49-3		45:23-12
3	Sølvi Helene Fossøy, Notodden OL	1:20:57		40:01-8	40:56-8
4	Per Fossler, Indre Østfold OK	1:22:01		40:00-7	42:01-9
5	Harald Volden, Hamar OK	1:23:48		39:27-6	44:21-11
6	Øystein Rønning, Nydalens SK	1:44:22		50:56-17	53:26-18
7	Sindre Bråten, Vegårshei IL	1:50:12		54:35-19	55:37-19
8	Kari Schjølberg Henriksen,	2:22:07		1:03:57-24	1:18:10-27
9	Kåre Halvorsen, Nydalens SK	31:45		31:45-2	
10	Marte Balchen, Bækkelagets SK	31:50		31:50-3	DNS
11	Even Janson, NOTEAM	35:25			35:25-1
12	Toril Hallan, Lillomarka OL	36:02			36:02-2
13	Jan Haugland, Årstad IL	36:32			36:32-3
14	Sigbjørn Modalsli, Fossum IF	38:44			38:44-4
15	Marte Balchen, Bækkelagets SK	39:11			39:11-5
16	Heidi Stokseth, Halden SK	40:23			40:23-6
17	Bertil Alexandersen, Fredrikstad SK	40:37			40:37-7
18	Kristin Ulven Jørgensen, Asker	42:56			42:56-10
19	Kari Øverøyen, IL Tyrving	45:27			45:27-13
20	Helge Rosenlund, Varegg Fleridrett	47:04			47:04-14
21	Astrid Bjørnerød, OK Moss	48:05		DSQ	48:05-15
22	Geir Bottolfs, Krødsherad	50:15			50:15-16
23	Berit Røste, Ringsaker OK	56:42			56:42-20
24	Gunnar S. Kristiansen, Viul	56:57			56:57-21
25	Una Glende Janson, Kristiansand	57:22			57:22-22
26	Siri Jaren, Eiker OL	59:58			59:58-23
27	Eirik Skøyeneie, FHS	1:02:20			1:02:20-24
28	Håvard Bjørgen, OL Vallset/Stange	1:03:10			1:03:10-25
29	Øystein Tandberg, Nydalens SK	1:04:10			1:04:10-26
30	Monica Nordbrøden, Halden SK	1:12:42		1:12:42-27	
31	Siw Kristin Vestengen, Måren OK	1:23:23		1:23:23-29	DNS
32	Assaf Bar-Nathan, Lillomarka OL	1:30:36			1:30:36-28
33	Charlotte Williksen Høiland, Fossum	1:38:01			1:38:01-29
	Harald Wold, Notodden OL	00:00			DSQ
	Ole Christian Bang, Hamar OK	00:00			DSQ
	Olav Omtveit, Telenor	00:00			DSQ
	Anne Berit Bredholt, Sandefjord OK	00:00			DSQ
	Eirik Skøyeneie, NOTEAM	00:00		DNS	DNS

DIRB

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1	Glenn Johansson, Flyfemkampen	1:31:41	16:48-8	31:09-9	43:44-3
2	Idunn Assev, Flyfemkampen	1:34:53	15:49-4	32:08-12	46:56-6
3	Bård Andersen, Varteig OL	1:39:51	15:19-2	31:46-10	52:46-8
4	Magnus Haugen, Fossum IF	1:40:20	15:27-3	31:52-11	53:01-9
5	Sindre Jansson, Siggerud IL	1:41:26	16:07-5	36:21-17	48:58-7
6	Marte Karine Larsen, Kongsberg	2:05:42	16:33-7	28:04-4	1:21:05-27
7	Kjetil Hagen, Eltek BIL	40:46	13:57-1	26:49-3	DSQ
8	Sveinung Røsok, Flyfemkampen	1:11:34	DSQ	25:58-1	45:36-4
9	Merete Rørnill, NOTEAM	1:31:10		29:19-5	1:01:51-14
10	Ine Jensen, Lillehammer OK	1:43:27		33:53-15	1:09:34-19
11	Synne S. Oliversen, Trøskan IL	1:46:24		38:10-18	1:08:14-17
12	Wenche Rydning, Flyfemkampen	1:51:55		55:43-24	56:12-11
13	Gro Ellegaard, Hamar OK	2:58:28		1:42:12-26	1:16:16-26
14	Øystein Rønning, Nydalens SK	21:59	21:59-12		
15	Arild Larsen, Kongsberg OL	37:06			37:06-1

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
16	Kai Funderud, Lillehammer OK	38:44			38:44-2
17	Jorunn Skram Trømborg,	41:04		41:04-20	DNS
18	Freddy Jensen, Lillehammer OK	46:21			46:21-5
19	Anders Finsrud, Asker Skiklubb	56:00		DSQ	56:00-10
20	Elsie Brenne, Varteig OL	57:49			57:49-12
21	John Kjell Hoset, Lierbygda OL	59:08			59:08-13
22	Elise Hafskjold, Nydalens SK	1:02:16			1:02:16-15
23	Hermann Skram Botterud, Fossum	1:05:10			1:05:10-16
24	Arild Bergsland, Trøsken IL	1:08:51			1:08:51-18
25	Kristian Narum, OL Vallset/Stange	1:11:09			1:11:09-20
26	Jonathan Hansen, Trøsken IL	1:11:53			1:11:53-21
27	Monica Nordbrøden, Halden SK	1:12:04			1:12:04-22
28	Line Holm Johannesen, Kongsberg	1:12:47			1:12:47-23
29	Silje Holm Johannesen, Kongsberg	1:13:28			1:13:28-24
30	Magnhild T. Mølnvik, Fossum IF	1:14:42			1:14:42-25
31	Rune M. Holt, Freidig	1:26:05			1:26:05-28
32	Hilde Bellingmo, Gaula	1:45:57			1:45:57-29
33	Berit Nicolaysen, Fredrikstad SK	2:07:56			2:07:56-30
34	Liv Nigardsøy, Fredrikstad SK	2:08:52			2:08:52-31
	Harald Weedon-Fekjær, Måren OK	00:00			DSQ
	Ingvild Brenne Andersen, Varteig	00:00			DSQ
	Hans Gustavsson, IF Thor	00:00			DSQ
	Anne-Berit H. Larsen, Kongsberg	00:00			DSQ
	Lars Henrik Lund, Kongsberg OL	00:00			DSQ
	Øivind Gammelmo, Hadeland OL	00:00			DSQ

DIRC

1	Hege Andersen, IL Koll	3:13:31	32:11-3	1:16:27-37	1:24:53-19
2	Ellen Ruud, Eiker OL	3:39:17	47:33-5	1:13:05-36	1:38:39-24
3	Caroline Eide, Gjø-Vard OL	3:50:15	34:30-4	1:51:13-40	1:24:32-18
4	Henrik Fjelle, Trøsken IL	1:08:20		30:33-8	37:47-2
5	Celine Vik Olsen, Larvik OK	1:29:55		38:49-17	51:06-7
6	Tore Lid, TIF Viking	1:31:27		31:23-10	1:00:04-14
7	Tom Andre Alstadsæther,	1:34:28		40:02-18	54:26-10
8	Tom Erik Ruud, Konnerud IL	1:44:32		45:23-21	59:09-13
9	John Kristian Storemye, IL Hauken	1:59:12	DSQ	1:03:07-32	56:05-12
10	Mona Gammelli, IL Koll	2:15:19	50:16-6		1:25:03-20
11	Ellen Liland, NOTEAM	2:41:50		55:14-31	1:46:36-25
12	Christine Harvik, Konnerud IL	3:08:59		1:09:51-35	1:59:08-26
13	Anne Grethe Pape, Konnerud IL	3:09:23		1:08:54-34	2:00:29-27
14	Aksel Mjelstad, TIF Viking	14:25		14:25-1	
15	Magnus Strømme Lid, TIF Viking	15:36		15:36-2	
16	Even Brøndbo Dahl, OL	29:54			29:54-1
17	Elise Hafskjold, Nydalens SK	33:11		33:11-12	
18	Jonathan Hansen, Trøsken IL	35:00		35:00-13	
19	Oddny Jørgensen, IK Grane	43:41			43:41-3
20	Målfrid Narum, OL Vallset/Stange	46:18			46:18-4
21	Odd-Johan Krage, Sarpsborg OL	48:13			48:13-5
22	Espen Ekholt Berg, Kongsberg OL	49:09			49:09-6
23	Kristin Hjortland, Larvik OK	52:20			52:20-8
24	Rune Andersen, Konnerud IL	53:09			53:09-9
25	Line Nordhaus, Konnerud IL	54:18		54:18-29	DSQ
26	Hilde M. Stenseth, Konnerud IL	54:28		54:28-30	DSQ
27	Trond Morlandstø, Eiker OL	55:36			55:36-11

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
28	Turid Williksen, Fossum IF	1:08:16			1:08:16-15
29	Ellen Ladim, OK Moss	1:10:13			1:10:13-16
30	Line Bar-Nathan, Lillomarka OL	1:15:03			1:15:03-17
31	Mona Nilsen, Vegårshei IL	1:27:08			1:27:08-21
32	Berit Louise Eskerud, Lillehammer	1:28:09			1:28:09-22
33	Birgitte Mayer, HSV Großmittell	1:33:52			1:33:52-23
34	Ida Tandberg, Nydalens SK	3:00:00			3:00:00-28
	Linn-Cathrin Almeland, Varegg	00:00			DNS
	Martin Dalan, Fredrikstad SK	00:00			DSQ
	Trine Rokne Vågen, Nydalens SK	00:00			DSQ
	Anniken Eriksen, Flyfemkampen	00:00			DSQ
	Amalie Amundsen, Konnerud IL	00:00			DSQ

DIRN

1	Mari Anne Dyrli, Varteig OL	1:34:46	16:13-2	34:11-6	44:22-7
2	Helene Birkeli, Fossum IF	55:46		22:55-1	32:51-3
3	Sigrid Opheim, Fossum IF	55:47		22:56-2	32:51-3
4	Emma Ryen Martinsen, Fredrikstad	1:00:02	14:08-1		45:54-8
5	Gunnar Fosstveit, Raumar	28:16			28:16-1
6	Rolf Andreas Berg, Nydalens SK	31:38			31:38-2
7	Fredrik Jensen, Lillehammer OK	38:39			38:39-5
8	Simon Hærter, Viken IK	44:18			44:18-6
9	Torhild Lindhem Ackenhausen,	49:19			49:19-9
10	Lena Henriksson, IL Tyrving	59:24			59:24-10
11	Jakob Lytskjold Bakkeng, Heming	1:01:27			1:01:27-11