

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 17</b>							
<b>1</b>	<b>Raumar Orientering lag 1</b>			<b>1:48:00</b>			<b>3</b>
	1 Eirik Rustad	37:06 1	00:00	37:06 1	00:00		
	2 Håvard Haga	31:03 2	01:30	1:08:09 1	00:00 0		
	3 Anders Vister	39:51 7	04:58	1:48:00 1	00:00 0		
<b>2</b>	<b>Lillomarka OL lag 1</b>			<b>1:49:24</b>	<b>01:24</b>		<b>14</b>
	1 Gaute Hallan Steiwer	38:16 3	01:10	38:16 3	01:10		
	2 Steinar Kollerud	33:34 3	04:01	1:11:50 2	03:41 1		
	3 Matthew Speake	37:34 4	02:41	1:49:24 2	01:24 0		
<b>3</b>	<b>Halden SK lag 1</b>			<b>1:51:59</b>	<b>03:59</b>		<b>6</b>
	1 Tore Sandvik	40:22 9	03:16	40:22 9	03:16		
	2 Bojan Blumenstein	35:23 6	05:50	1:15:45 4	07:36 5		
	3 Mattias Karlsson	36:14 2	01:21	1:51:59 3	03:59 1		
<b>4</b>	<b>Kongsberg OL lag 1</b>			<b>1:52:02</b>	<b>04:02</b>		<b>11</b>
	1 Sindre Sandven	37:55 2	00:49	37:55 2	00:49		
	2 Mathias Drage	34:59 4	05:26	1:12:54 3	04:45 -1		
	3 Sigur Heggedal	39:08 5	04:15	1:52:02 4	04:02 -1		
<b>5</b>	<b>IL Tyrving lag 1</b>			<b>1:54:53</b>	<b>06:53</b>		<b>9</b>
	1 Torbjørn Sagberg	50:27 27	13:21	50:27 27	13:21		
	2 Anders Tiltnes	29:33 1	00:00	1:20:00 12	11:51 15		
	3 Bjørn Ekeberg	34:53 1	00:00	1:54:53 5	06:53 7		
<b>6</b>	<b>IL Tyrving lag 2</b>			<b>1:57:40</b>	<b>09:40</b>		<b>28</b>
	1 Jostein Nørbech	40:15 8	03:09	40:15 8	03:09		
	2 Christian Holmboe	37:48 13	08:15	1:18:03 8	09:54 0		
	3 Thomas Nipen	39:37 6	04:44	1:57:40 6	09:40 2		
<b>7</b>	<b>Nydalens SK lag 2</b>			<b>1:57:55</b>	<b>09:55</b>		<b>36</b>
	1 Halvor Saunes	40:23 10	03:17	40:23 10	03:17		
	2 Haakon Ingvaldsen	35:25 7	05:52	1:15:48 5	07:39 5		
	3 Per Øyvind Stene	42:07 8	07:14	1:57:55 7	09:55 -2		
<b>8</b>	<b>Fossum IF lag 1</b>			<b>1:58:19</b>	<b>10:19</b>		<b>42</b>
	1 Elias Mølnvik	42:43 16	05:37	42:43 16	05:37		
	2 Oskar Størmer	38:25 16	08:52	1:21:08 14	12:59 2		
	3 Borger Melsom	37:11 3	02:18	1:58:19 8	10:19 6		
<b>9</b>	<b>Østmarka OK lag 1</b>			<b>2:01:01</b>	<b>13:01</b>		<b>22</b>
	1 Trond Kortner	41:51 12	04:45	41:51 12	04:45		
	2 Odin Tellesbø	36:39 10	07:06	1:18:30 9	10:21 3		
	3 Thor Mella	42:31 9	07:38	2:01:01 9	13:01 0		
<b>10</b>	<b>Fredrikstad SK lag 1</b>			<b>2:01:17</b>	<b>13:17</b>		<b>5</b>
	1 Kristian Dalby	40:12 6	03:06	40:12 6	03:06		
	2 Kjell Arild Karlsen	35:47 8	06:14	1:15:59 6	07:50 0		
	3 Audun B Nilsen	45:18 14	10:25	2:01:17 10	13:17 -4		
<b>11</b>	<b>Fredrikstad SK lag 2</b>			<b>2:01:28</b>	<b>13:28</b>		<b>24</b>
	1 Henrik Ottesen	40:00 5	02:54	40:00 5	02:54		
	2 Per Olausen	35:59 9	06:26	1:15:59 6	07:50 -1		
	3 Espen Danevad	45:29 15	10:36	2:01:28 11	13:28 -5		
<b>12</b>	<b>Kongsberg OL lag 2</b>			<b>2:02:01</b>	<b>14:01</b>		<b>31</b>
	1 Håvard Myhre	41:55 13	04:49	41:55 13	04:49		
	2 Karl Fremstad	36:59 11	07:26	1:18:54 11	10:45 2		
	3 Bjørn Haavengen	43:07 11	08:14	2:02:01 12	14:01 -1		

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
<b>H 17</b>							
<b>13</b>	<b>Fossum/Oddersjaa lag 2</b>			<b>2:10:19</b>		<b>22:19</b>	<b>43</b>
	1 Olai Stensland Lillevold	39:34 4	02:28	39:34 4	02:28		
	2 Sigurd Melsom	39:06 17	09:33	1:18:40 10	10:31	-6	
	3 Frode Balchen	51:39 21	16:46	2:10:19 13	22:19	-3	
<b>14</b>	<b>Ås-UMB Orientering lag 1</b>			<b>2:13:42</b>		<b>25:42</b>	<b>23</b>
	1 Magnus Ombustvedt	50:38 28	13:32	50:38 28	13:32		
	2 Henrik Eijsink	37:50 14	08:17	1:28:28 21	20:19	7	
	3 Kristoffer Fiane Pedersen	45:14 13	10:21	2:13:42 14	25:42	7	
<b>15</b>	<b>Ringerike OL lag 1</b>			<b>2:13:47</b>		<b>25:47</b>	<b>21</b>
	1 Lars-Inge Arnevik	44:40 18	07:34	44:40 18	07:34		
	2 Stig Melling	40:26 21	10:53	1:25:06 20	16:57	-2	
	3 Anders B. Brattli	48:41 17	13:48	2:13:47 15	25:47	5	
<b>16</b>	<b>Halden SK lag 2</b>			<b>2:13:48</b>		<b>25:48</b>	<b>25</b>
	1 Kjetil Bjørlo	44:46 19	07:40	44:46 19	07:40		
	2 Sander Kirkebøen	46:26 27	16:53	1:31:12 23	23:03	-4	
	3 Kenneth Buch	42:36 10	07:43	2:13:48 16	25:48	7	
<b>17</b>	<b>Asker Skiklubb lag 1</b>			<b>2:16:31</b>		<b>28:31</b>	<b>1</b>
	1 Jostein F. Tellnes	43:10 17	06:04	43:10 17	06:04		
	2 Eirik Jørgensen	39:43 18	10:10	1:22:53 17	14:44	0	
	3 Henrik Drange Ruud	53:38 24	18:45	2:16:31 17	28:31	0	
<b>18</b>	<b>Halden SK lag 3</b>			<b>2:17:39</b>		<b>29:39</b>	<b>26</b>
	1 Øyvind Stokseth	42:17 14	05:11	42:17 14	05:11		
	2 Sindre Saksæther	38:11 15	08:38	1:20:28 13	12:19	1	
	3 Magnus Nordbrøden	57:11 26	22:18	2:17:39 18	29:39	-5	
<b>19</b>	<b>Nydalens SK lag 3</b>			<b>2:21:23</b>		<b>33:23</b>	<b>37</b>
	1 Lars Eid Nielsen	40:13 7	03:07	40:13 7	03:07		
	2 Simen Kjær Haugberg	41:38 22	12:05	1:21:51 15	13:42	-8	
	3 Simen A Bjøringsøy	59:32 27	24:39	2:21:23 19	33:23	-4	
<b>20</b>	<b>Lierbygda OL lag 1</b>			<b>2:22:23</b>		<b>34:23</b>	<b>13</b>
	1 Eirik W. Moe	44:52 20	07:46	44:52 20	07:46		
	2 Bjørn-Willy Arntzen	46:59 28	17:26	1:31:51 24	23:42	-4	
	3 Vidar Strand	50:32 20	15:39	2:22:23 20	34:23	4	
<b>21</b>	<b>Modum OL lag 1</b>			<b>2:22:37</b>		<b>34:37</b>	<b>15</b>
	1 Karsten Alexander Koplund	52:28 31	15:22	52:28 31	15:22		
	2 Lars Grønhovd	41:41 23	12:08	1:34:09 25	26:00	6	
	3 Lars Enerhaugen	48:28 16	13:35	2:22:37 21	34:37	4	
<b>22</b>	<b>Raumar Orientering lag 2</b>			<b>2:24:22</b>		<b>36:22</b>	<b>41</b>
	1 Øyvind Lund	49:08 25	12:02	49:08 25	12:02		
	2 Sondre Ruud Bråten	35:13 5	05:40	1:24:21 18	16:12	7	
	3 Tor-Arve Bjørnstad Strand	1:00:01 28	25:08	2:24:22 22	36:22	-4	
<b>23</b>	<b>Modum OL lag 2</b>			<b>2:27:35</b>		<b>39:35</b>	<b>32</b>
	1 Stian Jelstad	49:17 26	12:11	49:17 26	12:11		
	2 Henrik Mårtensson	49:23 30	19:50	1:38:40 27	30:31	-1	
	3 Leif Eriksson	48:55 18	14:02	2:27:35 23	39:35	4	
<b>24</b>	<b>Østmarka OK lag 2</b>			<b>2:31:38</b>		<b>43:38</b>	<b>39</b>
	1 Steinar Låg	51:30 29	14:24	51:30 29	14:24		
	2 Halvor Hobøl	49:52 31	20:19	1:41:22 30	33:13	-1	
	3 Boye Dirro Bøhlerengen	50:16 19	15:23	2:31:38 24	43:38	6	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
<b>H 17</b>							
<b>25</b>	<b>Bækkelagets SK lag 1</b>			<b>2:32:27</b>		<b>44:27</b>	<b>2</b>
	1 Thomas Schive	42:25 15	05:19	42:25 15	05:19		
	2 Sebastian Torgersen	40:14 20	10:41	1:22:39 16	14:30	-1	
	3 Ove Kristian Jødal	1:09:48 32	34:55	2:32:27 25	44:27	-9	
<b>26</b>	<b>IL Tyrving lag 3</b>			<b>2:35:52</b>		<b>47:52</b>	<b>29</b>
	1 Mathias Nipen	59:27 32	22:21	59:27 32	22:21		
	2 Fredrik Rosenqvist	39:57 19	10:24	1:39:24 28	31:15	4	
	3 Morten Nilstad Pettersen	56:28 25	21:35	2:35:52 26	47:52	2	
<b>27</b>	<b>Oppsal Orientering lag 2</b>			<b>2:40:44</b>		<b>52:44</b>	<b>35</b>
	1 Erik Persson	48:46 24	11:40	48:46 24	11:40		
	2 Anders Emilsson	41:47 24	12:14	1:30:33 22	22:24	2	
	3 Jørund Vala	1:10:11 33	35:18	2:40:44 27	52:44	-5	
<b>28</b>	<b>Eiker OL lag 1</b>			<b>2:44:07</b>		<b>56:07</b>	<b>17</b>
	1 Gjermund Røren	51:34 30	14:28	51:34 30	14:28		
	2 Ole Johnny Petersen	49:01 29	19:28	1:40:35 29	32:26	1	
	3 Severin Berglia	1:03:32 30	28:39	2:44:07 28	56:07	1	
<b>29</b>	<b>Indre Østfold OK lag 1</b>			<b>2:44:17</b>		<b>56:17</b>	<b>10</b>
	1 Sigmund Vister	45:03 21	07:57	45:03 21	07:57		
	2 Odd Kasper Ekre	56:43 33	27:10	1:41:46 31	33:37	-10	
	3 Rune Blågestad	1:02:31 29	27:38	2:44:17 29	56:17	2	
<b>30</b>	<b>Heming Orientering lag 1</b>			<b>2:46:22</b>		<b>58:22</b>	<b>7</b>
	1 Lars Treekrem	48:34 23	11:28	48:34 23	11:28		
	2 Claus Martinsen	50:03 32	20:30	1:38:37 26	30:28	-3	
	3 Kristian Lampe Gjerdal	1:07:45 31	32:52	2:46:22 30	58:22	-4	
<b>31</b>	<b>Konnerud IL lag 1</b>			<b>2:56:51</b>		<b>1:08:51</b>	<b>12</b>
	1 Kristian Kullerud	48:31 22	11:25	48:31 22	11:25		
	2 Henrik Bergman	1:24:42 35	55:09	2:13:13 34	1:05:04	-12	
	3 Erik Feyling Haare	43:38 12	08:45	2:56:51 31	1:08:51	3	
<b>32</b>	<b>Ås-UMB Orientering lag 2</b>			<b>2:58:49</b>		<b>1:10:49</b>	<b>40</b>
	1 Gunnar Tenge	1:02:15 33	25:09	1:02:15 33	25:09		
	2 Ivar Maalen	42:11 25	12:38	1:44:26 32	36:17	1	
	3 Robert Banfi	1:14:23 34	39:30	2:58:49 32	1:10:49	0	
<b>33</b>	<b>Indre Østfold OK lag 2</b>			<b>3:02:12</b>		<b>1:14:12</b>	<b>30</b>
	1 Øyvind Kolstad	1:32:13 34	55:07	1:32:13 34	55:07		
	2 Tore Sandem	37:47 12	08:14	2:10:00 33	1:01:51	1	
	3 Thomas Bedin	52:12 23	17:19	3:02:12 33	1:14:12	0	
<b>34</b>	<b>IF Sturla lag 1</b>			<b>3:02:14</b>		<b>1:14:14</b>	<b>8</b>
	1 Yngvar Høimyr Solberg	41:46 11	04:40	41:46 11	04:40		
	2 Tibor Vari	43:09 26	13:36	1:24:55 19	16:46	-8	
	3 Snorre Frydenlund	1:37:19 35	1:02:26	3:02:14 34	1:14:14	-15	
<b>35</b>	<b>Oslostudentenes IK lag 1</b>			<b>3:37:28</b>		<b>1:49:28</b>	<b>19</b>
	1 Stefan Kernstock	1:36:38 35	59:32	1:36:38 35	59:32		
	2 Magnus Barth Gustavsen	1:08:47 34	39:14	2:45:25 35	1:37:16	0	
	3 Øivind Thorvald Due Trier	52:03 22	17:10	3:37:28 35	1:49:28	0	
<b>DSQ</b>	<b>Nydalens SK lag 4</b>			<b>00:00</b>			<b>45</b>
	1 Sverre Waaler Kaas	37:24	00:18	37:24	00:18		
	2 Petter Kaarby	38:36	09:03	1:16:00	07:51	0	
	3 Øystein Rodem	1:42:54	1:08:01	2:58:54	1:10:54	0	DSQ

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 17</b>							
<b>DSQ</b>	<b>Nydalens SK lag 1</b>			<b>00:00</b>			<b>4</b>
	1 Jostein Andersen	38:12	01:06	38:12	01:06		DSQ
	2 Jonas Madslie Bakken	34:12	04:39	1:12:24	04:15	0	
	3 Øystein Sørensen	35:52	00:59	1:48:16	00:16	0	
<b>DSQ</b>	<b>Oslostudentenes IK lag 2</b>			<b>00:00</b>			<b>38</b>
	1 Joar Klæboe Henriksen	51:50	14:44	51:50	14:44		DSQ
	2 Lars Klintwall	1:11:41	42:08	2:03:31	55:22	0	
	3 Lenny Viking Enström	2:18:29	1:43:36	4:22:00	2:34:00	0	
<b>DSQ</b>	<b>Lillomarka OL lag 2</b>			<b>00:00</b>			<b>33</b>
	1 Mathias Benjaminsen	49:37	12:31	49:37	12:31		
	2 Svein Nygård	37:17	07:44	1:26:54	18:45	0	DSQ
	3 Brynjar Fredheim	45:02	10:09	2:11:56	23:56	0	
<b>DSQ</b>	<b>Oppsal Orientering lag 1</b>			<b>00:00</b>			<b>18</b>
	1 Per-Ivar Nikolaisen	49:43	12:37	49:43	12:37		
	2 Gard-Martin Udnesseter Johnson	52:05	22:32	1:41:48	33:39	0	DSQ
	3 Bent Erik Skaug	53:37	18:44	2:35:25	47:25	0	
<b>DSQ</b>	<b>Fossekallen IL lag 1</b>			<b>00:00</b>			<b>20</b>
	1 Leiv Inge Kjemperud	1:28:41	51:35	1:28:41	51:35		
	2 Ole Nyhagen	1:25:23	55:50	2:54:04	1:45:55	0	DSQ
	3 Olav Høgset	51:45	16:52	3:45:49	1:57:49	0	
<b>DNS</b>	<b>Fossum/Oddersjaa lag 3</b>						<b>44</b>
	1 Frode Balchen						
	2 Emil Ahlbäck						
	3						
<b>DNS</b>	<b>Halden SK lag 4</b>						<b>27</b>
	1						
	2						
	3						
<b>DNF</b>	<b>Nittedal OL lag 1</b>						<b>16</b>
	1 Tore Bredalen	51:41	14:35	51:41	14:35		
	2 Lars Gustav Rogne	1:13:00	43:27	2:04:41	56:32	0	
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>1</b>	<b>Fredrikstad SK lag 1</b>			<b>1:27:32</b>			<b>53</b>
	1 Karin Skedsmo Danevad	33:47 7	03:00	33:47 7	03:00		
	2 Kamilla Olaussen	24:26 4	04:12	58:13 3	02:59	4	
	3 Heidi Østlid Bagstevold	29:19 1	00:00	1:27:32 1	00:00	2	
<b>2</b>	<b>Halden SK lag 1</b>			<b>1:27:44</b>	<b>00:12</b>		<b>54</b>
	1 Ida Marie Næss Bjørgul	35:00 10	04:13	35:00 10	04:13		
	2 Heidi Stokseth	20:14 1	00:00	55:14 1	00:00	9	
	3 Eva Jurenikova	32:30 6	03:11	1:27:44 2	00:12	-1	
<b>3</b>	<b>Fossum IF lag 1</b>			<b>1:29:45</b>	<b>02:13</b>		<b>79</b>
	1 Guro Vassend	34:01 9	03:14	34:01 9	03:14		
	2 Gunvor Hov Høydal	21:52 2	01:38	55:53 2	00:39	7	
	3 Ragnhild Hjørnstad	33:52 7	04:33	1:29:45 3	02:13	-1	
<b>4</b>	<b>Nydalens SK lag 1</b>			<b>1:31:38</b>	<b>04:06</b>		<b>55</b>
	1 Maria Jonsson	33:40 6	02:53	33:40 6	02:53		
	2 Berit Sofie Wiklund	25:50 5	05:36	59:30 4	04:16	2	
	3 Nicole Ragvin	32:08 5	02:49	1:31:38 4	04:06	0	
<b>5</b>	<b>Lillomarka OL lag 1</b>			<b>1:34:08</b>	<b>06:36</b>		<b>60</b>
	1 Helen Palmer	35:30 11	04:43	35:30 11	04:43		
	2 Tone Aamli Sundtjønn	26:38 8	06:24	1:02:08 8	06:54	3	
	3 Andrine Benjaminsen	32:00 4	02:41	1:34:08 5	06:36	3	
<b>6</b>	<b>Bækkelagets SK lag 1</b>			<b>1:34:20</b>	<b>06:48</b>		<b>52</b>
	1 Kine Gulliksen	33:33 2	02:46	33:33 2	02:46		
	2 Jenni Hesselberg Indby	29:19 15	09:05	1:02:52 10	07:38	-8	
	3 Lone Brochmann	31:28 3	02:09	1:34:20 6	06:48	4	
<b>7</b>	<b>Nydalens SK lag 2</b>			<b>1:34:30</b>	<b>06:58</b>		<b>74</b>
	1 Sofie Aarnes	37:41 14	06:54	37:41 14	06:54		
	2 Hilde Slørdahl Conradi	26:08 7	05:54	1:03:49 11	08:35	3	
	3 Elisabeth Ingvaldsen	30:41 2	01:22	1:34:30 7	06:58	4	
<b>8</b>	<b>IL Tyrving lag 1</b>			<b>1:36:21</b>	<b>08:49</b>		<b>56</b>
	1 Birte Riddervold Teigen	33:35 5	02:48	33:35 5	02:48		
	2 Ingrid Helene Skantze	27:09 9	06:55	1:00:44 6	05:30	-1	
	3 Cassie Trewin	35:37 8	06:18	1:36:21 8	08:49	-2	
<b>9</b>	<b>Kongsberg OL lag 1</b>			<b>1:44:10</b>	<b>16:38</b>		<b>59</b>
	1 Åsne Skram Trømborg	37:12 13	06:25	37:12 13	06:25		
	2 Ingrid Kvistad	22:49 3	02:35	1:00:01 5	04:47	8	
	3 Kari Strand	44:09 22	14:50	1:44:10 9	16:38	-4	
<b>10</b>	<b>Røyken OL lag 1</b>			<b>1:45:29</b>	<b>17:57</b>		<b>67</b>
	1 Ane Baldishol Brevig	33:33 2	02:46	33:33 2	02:46		
	2 Marita Weierud	28:46 14	08:32	1:02:19 9	07:05	-7	
	3 Solveig Sletner	43:10 21	13:51	1:45:29 10	17:57	-1	
<b>11</b>	<b>Asker Skiklubb lag 1</b>			<b>1:48:45</b>	<b>21:13</b>		<b>51</b>
	1 Kaja Bråten Løvald	43:20 16	12:33	43:20 16	12:33		
	2 Hilda Øfsthus	25:50 5	05:36	1:09:10 14	13:56	2	
	3 Ingrid Gulbrandsen	39:35 11	10:16	1:48:45 11	21:13	3	
<b>12</b>	<b>Konnerud IL lag 1</b>			<b>1:48:50</b>	<b>21:18</b>		<b>58</b>
	1 Marie Nordbye Nybø	33:33 2	02:46	33:33 2	02:46		
	2 Guro Elisabeth Kolstad	33:52 20	13:38	1:07:25 13	12:11	-11	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 17</b>							
	3 Hege Kullerud	41:25 15	12:06	1:48:50 12	21:18	1	
<b>13</b>	<b>IF Sturla lag 1</b>			<b>1:51:53</b>	<b>24:21</b>		<b>62</b>
	1 Ingunn Egeberg Vári	33:47 7	03:00	33:47 7	03:00		
	2 Helle Egeberg Vári	27:20 10	07:06	1:01:07 7	05:53	0	
	3 Aud Ellen Brevik	50:46 27	21:27	1:51:53 13	24:21	-6	
<b>14</b>	<b>Fossum IF lag 2</b>			<b>1:51:56</b>	<b>24:24</b>		<b>80</b>
	1 Marianne O. Bredesen	40:36 15	09:49	40:36 15	09:49		
	2 Annemarie Aarnes	28:38 13	08:24	1:09:14 15	14:00	0	
	3 Karianne Katla	42:42 18	13:23	1:51:56 14	24:24	1	
<b>15</b>	<b>Halden SK lag 3</b>			<b>1:53:14</b>	<b>25:42</b>		<b>71</b>
	1 Hanne Lerche Raadal	36:42 12	05:55	36:42 12	05:55		
	2 Marit Kahrs	28:04 12	07:50	1:04:46 12	09:32	0	
	3 Frauke Schmitt Gran	48:28 24	19:09	1:53:14 15	25:42	-3	
<b>16</b>	<b>Oslostudentenes IK lag 1</b>			<b>1:57:12</b>	<b>29:40</b>		<b>64</b>
	1 Gunn Camilla Stang	47:47 25	17:00	47:47 25	17:00		
	2 Ida Hope	27:38 11	07:24	1:15:25 16	20:11	9	
	3 Audrun Utskarpen	41:47 16	12:28	1:57:12 16	29:40	0	
<b>17</b>	<b>Asker Skiklubb lag 3</b>			<b>1:57:59</b>	<b>30:27</b>		<b>70</b>
	1 Sigrun Hernes Ytterbø	44:38 20	13:51	44:38 20	13:51		
	2 Karoline Andersen	31:09 16	10:55	1:15:47 17	20:33	3	
	3 Marit Egner	42:12 17	12:53	1:57:59 17	30:27	0	
<b>18</b>	<b>Oppsal Orientering lag 1</b>			<b>2:01:20</b>	<b>33:48</b>		<b>63</b>
	1 Karen Dalby	43:37 18	12:50	43:37 18	12:50		
	2 Mila Zaharinova	40:50 26	20:36	1:24:27 24	29:13	-6	
	3 Vigdis Hobøl	36:53 10	07:34	2:01:20 18	33:48	6	
<b>19</b>	<b>Modum OL lag 1</b>			<b>2:01:23</b>	<b>33:51</b>		<b>61</b>
	1 Maren Koplund	44:43 22	13:56	44:43 22	13:56		
	2 Kine Hansen	39:57 25	19:43	1:24:40 27	29:26	-5	
	3 Tine Hansen	36:43 9	07:24	2:01:23 19	33:51	8	
<b>20</b>	<b>Nydalens SK lag 4</b>			<b>2:01:58</b>	<b>34:26</b>		<b>76</b>
	1 Dana B. Stene	49:39 27	18:52	49:39 27	18:52		
	2 Maren Kaarby	31:55 17	11:41	1:21:34 22	26:20	5	
	3 Cristina Luis	40:24 12	11:05	2:01:58 20	34:26	2	
<b>21</b>	<b>IL Tyrving lag 2</b>			<b>2:02:28</b>	<b>34:56</b>		<b>72</b>
	1 Helene Lund-Johansen	43:24 17	12:37	43:24 17	12:37		
	2 Camilla Stridsklev	36:03 22	15:49	1:19:27 21	24:13	-4	
	3 Åsa Franzen	43:01 19	13:42	2:02:28 21	34:56	0	
<b>22</b>	<b>Lillomarka OL lag 2</b>			<b>2:04:02</b>	<b>36:30</b>		<b>73</b>
	1 Ingvild Wang	44:45 23	13:58	44:45 23	13:58		
	2 Ingvild Brekke	32:22 18	12:08	1:17:07 19	21:53	4	
	3 Hanne Kobernus	46:55 23	17:36	2:04:02 22	36:30	-3	
<b>23</b>	<b>Nydalens SK lag 3</b>			<b>2:05:48</b>	<b>38:16</b>		<b>75</b>
	1 Karen Bjergaard	48:58 26	18:11	48:58 26	18:11		
	2 Stina Johanne Sandberg	35:40 21	15:26	1:24:38 26	29:24	0	
	3 Alix Young Vik	41:10 13	11:51	2:05:48 23	38:16	3	
<b>24</b>	<b>Ringerike OL lag 1</b>			<b>2:05:54</b>	<b>38:22</b>		<b>66</b>
	1 Thea Kleiven	44:52 24	14:05	44:52 24	14:05		
	2 Trine D. Kihle	39:39 24	19:25	1:24:31 25	29:17	-1	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
<b>D 17</b>							
	3 Anne Guro Nøkleby	41:23 14	12:04	2:05:54 24	38:22	1	
<b>25</b>	<b>Raumar/SAIF lag 2</b>			<b>2:06:08</b>	<b>38:36</b>		<b>78</b>
	1 Silje Ekroll Jahren	30:47 1	00:00	30:47 1	00:00		
	2 Ida Brænden	45:13 27	24:59	1:16:00 18	20:46	-17	
	3 Stine Haga Dalberg	50:08 26	20:49	2:06:08 25	38:36	-7	
<b>26</b>	<b>Oslostudentenes IK lag 2</b>			<b>2:06:20</b>	<b>38:48</b>		<b>77</b>
	1 Undis Ellevog	44:41 21	13:54	44:41 21	13:54		
	2 Elisabeth Mork Fjeldvær	38:31 23	18:17	1:23:12 23	27:58	-2	
	3 Anna Westerlund	43:08 20	13:49	2:06:20 26	38:48	-3	
<b>27</b>	<b>Asker Skiklubb lag 2</b>			<b>2:07:41</b>	<b>40:09</b>		<b>68</b>
	1 Selma Øfsthus Gravir	44:26 19	13:39	44:26 19	13:39		
	2 Ragnhild Løvli	33:08 19	12:54	1:17:34 20	22:20	-1	
	3 Silje Arntzen	50:07 25	20:48	2:07:41 27	40:09	-7	
<b>DSQ</b>	<b>Raumar Orientering lag 1</b>			<b>00:00</b>			<b>65</b>
	1 Karoline Sønsterudbråten	34:12	03:25	34:12	03:25		
	2 Marie Hammer Håversen	31:18	11:04	1:05:30	10:16	0	
	3 Anne Kamstrup Hovind	35:04	05:45	1:40:34	13:02	0	
<b>DSQ</b>	<b>Halden SK lag 2</b>			<b>00:00</b>			<b>69</b>
	1 Ingvild Torgersen	43:17	12:30	43:17	12:30		
	2 Nina Asheim Birkeland	29:42	09:28	1:12:59	17:45	0	
	3 Sabine Rothaug	44:36	15:17	1:57:35	30:03	0	DSQ
<b>DNS</b>	<b>Indre Østfold OK lag 1</b>						<b>57</b>
	1						
	2						
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
<b>H 13-16</b>							
<b>1</b>	<b>Raumar Orientering lag 1</b>			<b>52:04</b>			<b>131</b>
	1 Anders Haga	20:57 3	00:02	20:57 3	00:02		
	2 Mads Aanes Haugen	11:17 4	00:20	32:14 3	00:22	0	
	3 Amund Hoel	19:50 3	00:36	52:04 1	00:00	2	
<b>2</b>	<b>Asker Skiklubb lag 1</b>			<b>52:16</b>	<b>00:12</b>		<b>101</b>
	1 Ola Løvald Bråten	20:56 2	00:01	20:56 2	00:01		
	2 Bjørnar Løvli	11:10 3	00:13	32:06 2	00:14	0	
	3 Vegard Gulbrandsen	20:10 5	00:56	52:16 2	00:12	0	
<b>3</b>	<b>Halden SK lag 1</b>			<b>54:22</b>	<b>02:18</b>		<b>108</b>
	1 Peter Nordbrøden	23:51 14	02:56	23:51 14	02:56		
	2 Olav Schmitt Gran	11:17 4	00:20	35:08 10	03:16	4	
	3 Håkon Raadal Bjørlo	19:14 1	00:00	54:22 3	02:18	7	
<b>4</b>	<b>Nydalens SK lag 1</b>			<b>54:36</b>	<b>02:32</b>		<b>124</b>
	1 Gjermund Tørnqvist Halden	24:01 15	03:06	24:01 15	03:06		
	2 Elias Jonsson	10:57 1	00:00	34:58 6	03:06	9	
	3 Eirik Langedal Breivik	19:38 2	00:24	54:36 4	02:32	2	
<b>5</b>	<b>Fossum IF lag 1</b>			<b>54:37</b>	<b>02:33</b>		<b>104</b>
	1 Martin Borge Heir	22:37 10	01:42	22:37 10	01:42		
	2 Erling Hjermstad	12:00 7	01:03	34:37 5	02:45	5	
	3 Einar Melsom	20:00 4	00:46	54:37 5	02:33	0	
<b>6</b>	<b>Konnerud IL lag 1</b>			<b>55:27</b>	<b>03:23</b>		<b>118</b>
	1 Jørgen Baklid	21:40 8	00:45	21:40 8	00:45		
	2 Håvard Landro Svingheim	13:20 13	02:23	35:00 7	03:08	1	
	3 Audun Heimdal	20:27 6	01:13	55:27 6	03:23	1	
<b>7</b>	<b>Oppsal Orientering lag 1</b>			<b>57:33</b>	<b>05:29</b>		<b>129</b>
	1 Are Wigaard	21:43 9	00:48	21:43 9	00:48		
	2 Ludvig Andreas Baugstø Rødnes	12:18 9	01:21	34:01 4	02:09	5	
	3 Knut Aasheim	23:32 10	04:18	57:33 7	05:29	-3	
<b>8</b>	<b>Nydalens SK lag 2</b>			<b>57:52</b>	<b>05:48</b>		<b>125</b>
	1 Jostein Tandberg	21:09 5	00:14	21:09 5	00:14		
	2 Alexander Skeppland Hole	14:09 19	03:12	35:18 11	03:26	-6	
	3 Sam Lunøe	22:34 8	03:20	57:52 8	05:48	3	
<b>9</b>	<b>Heming Orientering lag 1</b>			<b>58:41</b>	<b>06:37</b>		<b>109</b>
	1 Petter Astrup Arnesen	24:10 16	03:15	24:10 16	03:15		
	2 Nikolai Jones Arnesen	12:40 10	01:43	36:50 13	04:58	3	
	3 Ulrik Astrup Arnesen	21:51 7	02:37	58:41 9	06:37	4	
<b>10</b>	<b>Asker Skiklubb lag 2</b>			<b>58:49</b>	<b>06:45</b>		<b>102</b>
	1 Sjur Kvisle	24:16 17	03:21	24:16 17	03:21		
	2 Sander Arntzen	11:40 6	00:43	35:56 12	04:04	5	
	3 Eivind Øfsthus Gravir	22:53 9	03:39	58:49 10	06:45	2	
<b>11</b>	<b>Fossum IF lag 2</b>			<b>1:01:09</b>	<b>09:05</b>		<b>105</b>
	1 Øyvind Hjermstad	23:00 11	02:05	23:00 11	02:05		
	2 Audun Rognerud Bøe	12:00 7	01:03	35:00 7	03:08	4	
	3 Tarjei Holo	26:09 12	06:55	1:01:09 11	09:05	-4	
<b>12</b>	<b>Nydalens SK lag 3</b>			<b>1:02:15</b>	<b>10:11</b>		<b>126</b>
	1 Lukas Liland	23:36 13	02:41	23:36 13	02:41		
	2 Håkon Øvstedal	13:29 16	02:32	37:05 14	05:13	-1	



# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 13-16</b>							
	3 Jørgen Wulfsberg	25:10 11	05:56	1:02:15 12	10:11	2	
<b>13</b>	<b>Kongsberg OL lag 1</b>			<b>1:04:41</b>	<b>12:37</b>		<b>115</b>
	1 Einar Lund	20:55 1	00:00	20:55 1	00:00		
	2 Sigurd Bonden Kjørsvik	10:57 1	00:00	31:52 1	00:00	0	
	3 Trygve Heggedal	32:49 23	13:35	1:04:41 13	12:37	-12	
<b>14</b>	<b>Asker Skiklubb lag 3</b>			<b>1:04:53</b>	<b>12:49</b>		<b>103</b>
	1 Johan Teodor Westly	21:39 7	00:44	21:39 7	00:44		
	2 Vetle Aakre	13:22 14	02:25	35:01 9	03:09	-2	
	3 Vegard Løvli	29:52 18	10:38	1:04:53 14	12:49	-5	
<b>15</b>	<b>Ås-UMB Orientering lag 1</b>			<b>1:05:24</b>	<b>13:20</b>		<b>135</b>
	1 noname Winsnes Nordhagen	25:00 20	04:05	25:00 20	04:05		
	2 Linus Olhans	13:16 11	02:19	38:16 18	06:24	2	
	3 Anders Stiansen Nygaard	27:08 13	07:54	1:05:24 15	13:20	3	
<b>16</b>	<b>Ringerike OL lag 1</b>			<b>1:07:06</b>	<b>15:02</b>		<b>132</b>
	1 Anders Løset	25:04 21	04:09	25:04 21	04:09		
	2 Sander Arnevik	14:03 18	03:06	39:07 20	07:15	1	
	3 Håvard Bakke	27:59 14	08:45	1:07:06 16	15:02	4	
<b>17</b>	<b>IF Sturla lag 1</b>			<b>1:08:15</b>	<b>16:11</b>		<b>112</b>
	1 Sturla Frydenlund	21:18 6	00:23	21:18 6	00:23		
	2 Nicolai Hübschle	18:42 29	07:45	40:00 21	08:08	-15	
	3 Ole Jørgen Bogen Arenth	28:15 15	09:01	1:08:15 17	16:11	4	
<b>18</b>	<b>Kongsberg OL lag 2</b>			<b>1:08:43</b>	<b>16:39</b>		<b>116</b>
	1 Tord Strand	24:56 19	04:01	24:56 19	04:01		
	2 Gard Dahlen	13:23 15	02:26	38:19 19	06:27	0	
	3 Toralf Grande	30:24 19	11:10	1:08:43 18	16:39	1	
<b>19</b>	<b>IL Tyrving lag 1</b>			<b>1:08:46</b>	<b>16:42</b>		<b>113</b>
	1 Styrk Hundseid Kamsvåg	23:07 12	02:12	23:07 12	02:12		
	2 Thea Feiring Haltia	14:15 20	03:18	37:22 16	05:30	-4	
	3 Skjalg Hundseid Kamsvåg	31:24 22	12:10	1:08:46 19	16:42	-3	
<b>20</b>	<b>Fossum IF lag 3</b>			<b>1:12:05</b>	<b>20:01</b>		<b>106</b>
	1 Erik Hæstad Bjørnstad	26:28 24	05:33	26:28 24	05:33		
	2 Knut Selstad	15:13 24	04:16	41:41 23	09:49	1	
	3 Martin Andresen Skotte	30:24 19	11:10	1:12:05 20	20:01	3	
<b>21</b>	<b>Oppsal Orientering lag 2</b>			<b>1:13:26</b>	<b>21:22</b>		<b>130</b>
	1 Anniken Eriksrud Karlsen	30:14 28	09:19	30:14 28	09:19		
	2 William Resvoll Skaug	14:21 21	03:24	44:35 26	12:43	2	
	3 Ole Martin Edstrøm	28:51 16	09:37	1:13:26 21	21:22	5	
<b>22</b>	<b>Indre Østfold OK lag 1</b>			<b>1:13:52</b>	<b>21:48</b>		<b>114</b>
	1 Jørgen Vister	26:13 23	05:18	26:13 23	05:18		
	2 Haakon Johannesen Eirik Blågestad	18:12 27	07:15	44:25 25	12:33	-2	
	3 Guttorm Snemyr Holtet	29:27 17	10:13	1:13:52 22	21:48	3	
<b>23</b>	<b>Halden SK lag 2</b>			<b>1:15:49</b>	<b>23:45</b>		<b>137</b>
	1 Trygve Løvli	21:05 4	00:10	21:05 4	00:10		
	2 Synne og Elisabeth Brække	16:09 26	05:12	37:14 15	05:22	-11	
	3 Niels Christian Hellerud	38:35 25	19:21	1:15:49 23	23:45	-8	
<b>24</b>	<b>Konnerud IL lag 2</b>			<b>1:18:14</b>	<b>26:10</b>		<b>119</b>
	1 Aslak Heimdal	24:22 18	03:27	24:22 18	03:27		
	2 Simen Ruud	13:48 17	02:51	38:10 17	06:18	1	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
	3 Vegard Eek	40:04 27	20:50	1:18:14 24	26:10	-7	
<b>25</b>	<b>Kongsberg OL lag 3</b>			<b>1:19:44</b>	<b>27:40</b>		<b>117</b>
	1 Henrik Haug	30:09 27	09:14	30:09 27	09:14		
	2 Kathinka Rogstad	18:12 27	07:15	48:21 29	16:29	-2	
	3 Sølve Drage	31:23 21	12:09	1:19:44 25	27:40	4	
<b>26</b>	<b>Fossum IF lag 4</b>			<b>1:22:52</b>	<b>30:48</b>		<b>107</b>
	1 Oscar Hæstad Bjørnstad	27:08 25	06:13	27:08 25	06:13		
	2 Truls Wegner Hodt Peter Gisholt	15:04 23	04:07	42:12 24	10:20	1	
	3 Emil Størmer	40:40 28	21:26	1:22:52 26	30:48	-2	
<b>27</b>	<b>Heming Orientering lag 2</b>			<b>1:24:56</b>	<b>32:52</b>		<b>110</b>
	1 Sindre Rolfsen Haugmo	31:08 29	10:13	31:08 29	10:13		
	2 Sølve Nordahl Rolfsen	15:15 25	04:18	46:23 28	14:31	1	
	3 Erik Rolfsen Haugmo	38:33 24	19:19	1:24:56 27	32:52	1	
<b>28</b>	<b>Lillomarka OL lag 1</b>			<b>1:24:59</b>	<b>32:55</b>		<b>120</b>
	1 Eirik Høst Fossgard	32:04 30	11:09	32:04 30	11:09		
	2 Jens Johan Brekke	13:17 12	02:20	45:21 27	13:29	3	
	3 Joar Oldernes	39:38 26	20:24	1:24:59 28	32:55	-1	
<b>29</b>	<b>Eiker OL lag 1</b>			<b>1:33:34</b>	<b>41:30</b>		<b>136</b>
	1 Vegard Myklemyr	26:00 22	05:05	26:00 22	05:05		
	2 Jonas Tronrud	15:01 22	04:04	41:01 22	09:09	0	
	3 Henrik Herø	52:33 30	33:19	1:33:34 29	41:30	-7	
<b>30</b>	<b>Lillomarka/Nittedal lag 2</b>			<b>1:43:03</b>	<b>50:59</b>		<b>121</b>
	1 Elias Skjolden Sørensen	30:00 26	09:05	30:00 26	09:05		
	2 Peder Hornseth Nygaard	29:59 30	19:02	59:59 30	28:07	-4	
	3 Sindre Vestengen Lian	43:04 29	23:50	1:43:03 30	50:59	0	
<b>DSQ</b>	<b>Sarpsborg OL lag 1</b>			<b>00:00</b>			<b>133</b>
	1 Emil Løwengreen	34:09	13:14	34:09	13:14		DSQ
	2 Benjamin Aasen	14:25	03:28	48:34	16:42	0	
	3 Sander Knold	43:27	24:13	1:32:01	39:57	0	
<b>DSQ</b>	<b>Modum OL lag 2</b>			<b>00:00</b>			<b>123</b>
	1 Erlend Andreas Nordbø	25:07	04:12	25:07	04:12		
	2 Petter Stenbro	59:12	48:15	1:24:19	52:27	0	DSQ
	3 Sigurd Rønning	48:14	29:00	2:12:33	1:20:29	0	DSQ
<b>DSQ</b>	<b>Østmarka OK lag 1</b>			<b>00:00</b>			<b>134</b>
	1 Magnus Ramberg	24:34	03:39	24:34	03:39		
	2 Odin Tellesbø Andreas Ramberg	16:50	05:53	41:24	09:32	0	DSQ
	3 Hans Kristian Hygen	38:50	19:36	1:20:14	28:10	0	
<b>DSQ</b>	<b>Nydalens SK lag 4</b>			<b>00:00</b>			<b>127</b>
	1 Audun Uglenes Bergan	23:53	02:58	23:53	02:58		
	2 Anders Langaas	13:04	02:07	36:57	05:05	0	
	3 Håkon Sturød	24:06	04:52	1:01:03	08:59	0	DSQ
<b>DSQ</b>	<b>Moss/Gimle lag 1</b>			<b>00:00</b>			<b>128</b>
	1 Karl Kristen Gjølshjøl	25:45	04:50	25:45	04:50		DSQ
	2 Lukas Emil Rogne	18:12	07:15	43:57	12:05	0	
	3 Peter Martinus Uran	36:20	17:06	1:20:17	28:13	0	
<b>DNS</b>	<b>Heming Orientering lag 3</b>						<b>111</b>
	1						
	2						

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 13-16</b>							
	3						
<b>DNF</b>	<b>Modum OL lag 1</b>						<b>122</b>
	1 Sigurd Rønning	23:37	02:42	23:37	02:42		
	2 Einar Moe Tandberg	12:50	01:53	36:27	04:35	0	
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starrn/ Status
<b>D 13-16</b>							
<b>1</b>	<b>Nydalens SK lag 1</b>			<b>56:57</b>			<b>170</b>
	1 Stine Madslien Bakken	21:53 1	00:00	21:53 1	00:00		
	2 Ragne Wiklund	12:03 1	00:00	33:56 1	00:00	0	
	3 Henriette Smeby	23:01 5	00:46	56:57 1	00:00	0	
<b>2</b>	<b>Fredrikstad SK lag 1</b>			<b>1:00:34</b>	<b>03:37</b>		<b>158</b>
	1 Hanna Torjusen	22:11 3	00:18	22:11 3	00:18		
	2 Alma H. Kvisgaard	13:52 8	01:49	36:03 3	02:07	0	
	3 Kristin Ottesen	24:31 9	02:16	1:00:34 2	03:37	1	
<b>3</b>	<b>Asker Skiklubb lag 1</b>			<b>1:01:03</b>	<b>04:06</b>		<b>151</b>
	1 Synne Strand	24:19 6	02:26	24:19 6	02:26		
	2 Nora Synnøve Woxholt, Lotte Jauhne & Sofie Salvesen	13:04 4	00:00	37:57 6	04:01	0	
	3 Tilla Farnes Hennum	23:06 6	00:51	1:01:03 3	04:06	3	
<b>4</b>	<b>Fossum IF lag 1</b>			<b>1:01:26</b>	<b>04:29</b>		<b>155</b>
	1 Line Wegner Hodt	26:11 10	04:18	26:11 10	04:18		
	2 Ingrid G. Kvålsgard	12:33 2	00:30	38:44 8	04:48	2	
	3 Victoria Hæstad Bjørnstad	22:42 3	00:27	1:01:26 4	04:29	4	
<b>5</b>	<b>Eiker OL lag 1</b>			<b>1:03:14</b>	<b>06:17</b>		<b>153</b>
	1 Ane Dyrkorn	24:23 8	02:30	24:23 8	02:30		
	2 Thea Dyrkorn	13:50 7	01:47	38:13 7	04:17	1	
	3 Hanna E. Andersen	25:01 10	02:46	1:03:14 5	06:17	2	
<b>6</b>	<b>OK Moss lag 1</b>			<b>1:03:23</b>	<b>06:26</b>		<b>172</b>
	1 Tuva Bjerketvedt	22:19 4	00:26	22:19 4	00:26		
	2 Aurora Gjølvsjø	13:38 4	01:35	35:57 2	02:01	2	
	3 Johanne Bratland Tjernshaugen	27:26 13	05:11	1:03:23 6	06:26	-4	
<b>7</b>	<b>Halden SK lag 1</b>			<b>1:03:27</b>	<b>06:30</b>		<b>159</b>
	1 Hedda Raadal Bjørlo	26:28 12	04:35	26:28 12	04:35		
	2 Synne Malene Brække	14:30 13	02:27	40:58 11	07:02	1	
	3 Idun Kristine Felde Olaussen	22:29 2	00:14	1:03:27 7	06:30	4	
<b>8</b>	<b>Kongsberg OL lag 2</b>			<b>1:03:35</b>	<b>06:38</b>		<b>164</b>
	1 Aurora Moholth	24:07 5	02:14	24:07 5	02:14		
	2 Helene Eger	13:44 6	01:41	37:51 5	03:55	0	
	3 Rikke Hjelseth Larsen	25:44 12	03:29	1:03:35 8	06:38	-3	
<b>9</b>	<b>IL Tyrving lag 1</b>			<b>1:05:02</b>	<b>08:05</b>		<b>161</b>
	1 Siri Grandal	27:53 15	06:00	27:53 15	06:00		
	2 Ida Feiring Haltia	14:54 14	02:51	42:47 15	08:51	0	
	3 Astrid Fiskum	22:15 1	00:00	1:05:02 9	08:05	6	
<b>10</b>	<b>Kongsberg OL lag 1</b>			<b>1:05:15</b>	<b>08:18</b>		<b>163</b>
	1 Kristin Smeby	27:32 13	05:39	27:32 13	05:39		
	2 Anne Willkommen Eiken	14:15 10	02:12	41:47 13	07:51	0	
	3 Siri Moholth	23:28 7	01:13	1:05:15 10	08:18	3	
<b>11</b>	<b>Nittedal OL lag 1</b>			<b>1:05:52</b>	<b>08:55</b>		<b>169</b>
	1 Ingrid Nytun Nergård	28:34 17	06:41	28:34 17	06:41		
	2 Emma og Oda Eithun Paulsen	14:25 11	02:22	42:59 16	09:03	1	
	3 Ingvild C. Fleisje	22:53 4	00:38	1:05:52 11	08:55	5	
<b>12</b>	<b>Lillomarka OL lag 1</b>			<b>1:06:45</b>	<b>09:48</b>		<b>167</b>
	1 Kristin Brekke	24:19 6	02:26	24:19 6	02:26		
	2 Mina Haver	16:52 16	04:49	41:11 12	07:15	-6	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 13-16</b>							
	3	Kristin Blindheim	25:34 11	03:19	1:06:45 12	09:48 0	
<b>13</b>	<b>Heming Orientering lag 1</b>			<b>1:08:55</b>	<b>11:58</b>		<b>160</b>
	1	Sofie Skyttersæter Iversen	22:03 2	00:10	22:03 2	00:10	
	2	Martine Sogn Larsen	15:00 15	02:57	37:03 4	03:07 -2	
	3	Louise Bårdsen	31:52 15	09:37	1:08:55 13	11:58 -9	
<b>14</b>	<b>Lillomarka OL lag 2</b>			<b>1:09:53</b>	<b>12:56</b>		<b>168</b>
	1	Maria Rørвик Haver	28:24 16	06:31	28:24 16	06:31	
	2	Kaja Grefsrud	17:30 18	05:27	45:54 17	11:58 -1	
	3	Kristin Brekke	23:59 8	01:44	1:09:53 14	12:56 3	
<b>15</b>	<b>Fossum IF lag 2</b>			<b>1:10:48</b>	<b>13:51</b>		<b>156</b>
	1	Åsne Holo	26:20 11	04:27	26:20 11	04:27	
	2	Pernille Katla	12:35 3	00:32	38:55 9	04:59 2	
	3	Ragne Norrud	31:53 16	09:38	1:10:48 15	13:51 -6	
<b>16</b>	<b>IL Tyrving lag 2</b>			<b>1:11:59</b>	<b>15:02</b>		<b>162</b>
	1	Synne Skjærstein	24:52 9	02:59	24:52 9	02:59	
	2	Stine Njåstein	14:28 12	02:25	39:20 10	05:24 -1	
	3	Synne Nesheim Flatebakken	32:39 17	10:24	1:11:59 16	15:02 -6	
<b>17</b>	<b>Nydalen/Bækkelaget lag 2</b>			<b>1:19:23</b>	<b>22:26</b>		<b>171</b>
	1	Åse Bergan	28:38 18	06:45	28:38 18	06:45	
	2	Ingvild Høydal	14:04 9	02:01	42:42 14	08:46 4	
	3	Johanne Øderud Vatne	36:41 19	14:26	1:19:23 17	22:26 -3	
<b>18</b>	<b>Fossum IF lag 3</b>			<b>1:21:59</b>	<b>25:02</b>		<b>157</b>
	1	Tilde Eine	34:01 19	12:08	34:01 19	12:08	
	2	Julie Bakke	17:25 17	05:22	51:26 19	17:30 0	
	3	Ingrid Hasaas	30:33 14	08:18	1:21:59 18	25:02 1	
<b>19</b>	<b>Kongsberg OL lag 4</b>			<b>1:22:14</b>	<b>25:17</b>		<b>166</b>
	1	Kjersti Tønnessen Bergstøl	27:47 14	05:54	27:47 14	05:54	
	2	Kathinka Rogstad Andrea Eiken	20:35 20	08:32	48:22 18	14:26 -4	
	3	Idunn Haavengen	33:52 18	11:37	1:22:14 19	25:17 -1	
<b>20</b>	<b>Kongsberg OL lag 3</b>			<b>1:31:14</b>	<b>34:17</b>		<b>165</b>
	1	Marlin Haavengen	34:12 20	12:19	34:12 20	12:19	
	2	Ingvild Tronstad Andersen	20:18 19	08:15	54:30 20	20:34 0	
	3	Sarah Wøllo	36:44 20	14:29	1:31:14 20	34:17 0	
<b>DSQ</b>	<b>Østmarka OK lag 1</b>			<b>00:00</b>			<b>175</b>
	1	Maria Olsbø	27:51	05:58	27:51	05:58	
	2	Carmen Dirro	14:58	02:55	42:49	08:53 0	DSQ
	3	Anna Cecilie Linløkken	27:55	05:40	1:10:44	13:47 0	
<b>DNS</b>	<b>Eiker OL lag 2</b>						<b>154</b>
	1	Lotte Myklemyr					
	2						
	3	Ingrid Letmolie					
<b>DNS</b>	<b>Asker Skiklubb lag 2</b>						<b>152</b>
	1						
	2						
	3						
<b>DNS</b>	<b>Oppsal Orientering lag 1</b>						<b>173</b>
	1						
	2						

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 13-16</b>							
	3						
<b>DNF</b>	<b>Raumar Orientering lag 1</b>						<b>174</b>
	1 Synne Eide Rapp	26:46	04:53	26:46	04:53		
	2						
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 135</b>							
<b>1</b>	<b>Kongsberg OL lag 1</b>			<b>1:24:51</b>			<b>202</b>
	1 Odd Strand	28:07 2	00:06	28:07 2	00:06		
	2 Øyvind Drage	28:52 2	01:20	56:59 1	00:00	1	
	3 Svein-Erik Søgård	27:52 2	02:25	1:24:51 1	00:00	0	
<b>2</b>	<b>Modum OL lag 1</b>			<b>1:25:28</b>	<b>00:37</b>		<b>204</b>
	1 Jens Kr Koplund	32:29 6	04:28	32:29 6	04:28		
	2 Leif Eriksson	27:32 1	00:00	1:00:01 3	03:02	3	
	3 Jørgen Mårtensson	25:27 1	00:00	1:25:28 2	00:37	1	
<b>3</b>	<b>Nydalens SK lag 2</b>			<b>1:27:43</b>	<b>02:52</b>		<b>231</b>
	1 Jan Tore Henriksen	28:31 4	00:30	28:31 4	00:30		
	2 Torstein Hole	29:04 3	01:32	57:35 2	00:36	2	
	3 Jo Wiklund	30:08 4	04:41	1:27:43 3	02:52	-1	
<b>4</b>	<b>Ringerike OL lag 1</b>			<b>1:34:40</b>	<b>09:49</b>		<b>206</b>
	1 Knut Edvard Helland	33:56 7	05:55	33:56 7	05:55		
	2 Morten Dåsnes	31:51 4	04:19	1:05:47 7	08:48	0	
	3 Kristian Kihle	28:53 3	03:26	1:34:40 4	09:49	3	
<b>5</b>	<b>Måren/Hauketo lag 1</b>			<b>1:36:00</b>	<b>11:09</b>		<b>205</b>
	1 Audun Bjerknes	28:23 3	00:22	28:23 3	00:22		
	2 Pål Winsents	34:21 6	06:49	1:02:44 4	05:45	-1	
	3 Ove Martinsen	33:16 6	07:49	1:36:00 5	11:09	-1	
<b>6</b>	<b>Asker Skiklubb lag 1</b>			<b>1:36:03</b>	<b>11:12</b>		<b>201</b>
	1 Svein Granerud	28:01 1	00:00	28:01 1	00:00		
	2 Gjermund Gravir	37:16 7	09:44	1:05:17 6	08:18	-5	
	3 Tommy Jauhojärvi	30:46 5	05:19	1:36:03 6	11:12	0	
<b>7</b>	<b>Nydalens SK lag 3</b>			<b>1:53:45</b>	<b>28:54</b>		<b>232</b>
	1 Børge Pedersen	31:57 5	03:56	31:57 5	03:56		
	2 Gaute Langås	32:58 5	05:26	1:04:55 5	07:56	0	
	3 Nils Bergan	48:50 8	23:23	1:53:45 7	28:54	-2	
<b>8</b>	<b>Kongsberg OL lag 2</b>			<b>2:20:32</b>	<b>55:41</b>		<b>203</b>
	1 Roar Grande	34:11 8	06:10	34:11 8	06:10		
	2 Egil Kjørsvik	1:06:55 8	39:23	1:41:06 8	44:07	0	
	3 Bjørn Viktor Larsen	39:26 7	13:59	2:20:32 8	55:41	0	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 150</b>							
<b>1</b>	<b>OK Moss lag 1</b>			<b>1:29:33</b>			<b>233</b>
	1 Jan Bjerketvedt	32:46 8	04:30	32:46 8	04:30		
	2 Hallvard Koren	29:54 3	01:31	1:02:40 3	05:50 5		
	3 Tore Bjørnerød	26:53 2	00:39	1:29:33 1	00:00 2		
<b>2</b>	<b>Nydalens SK lag 1</b>			<b>1:29:38</b>	<b>00:05</b>		<b>230</b>
	1 Terje Wiig Mathisen	28:27 2	00:11	28:27 2	00:11		
	2 Jon Iver Bakken	28:23 1	00:00	56:50 1	00:00 1		
	3 Einar Lunøe	32:48 6	06:34	1:29:38 2	00:05 -1		
<b>3</b>	<b>Lillomarka OL lag 1</b>			<b>1:30:39</b>	<b>01:06</b>		<b>228</b>
	1 Hallvard Fjær	32:24 7	04:08	32:24 7	04:08		
	2 Stein Blomseth	29:05 2	00:42	1:01:29 2	04:39 5		
	3 Vidar Benjaminsen	29:10 3	02:56	1:30:39 3	01:06 -1		
<b>4</b>	<b>Asker Skiklubb lag 1</b>			<b>1:35:15</b>	<b>05:42</b>		<b>221</b>
	1 Jon Arvid Fossum	29:25 3	01:09	29:25 3	01:09		
	2 Håkon Løvli	33:52 7	05:29	1:03:17 5	06:27 -2		
	3 Bjørn Martini	31:58 5	05:44	1:35:15 4	05:42 1		
<b>5</b>	<b>OK Moss lag 2</b>			<b>1:39:57</b>	<b>10:24</b>		<b>234</b>
	1 Stein Klyve	32:03 6	03:47	32:03 6	03:47		
	2 Henning Bratland Carlsen	30:51 4	02:28	1:02:54 4	06:04 2		
	3 Christopher Schive	37:03 8	10:49	1:39:57 5	10:24 -1		
<b>6</b>	<b>Heming Orientering lag 1</b>			<b>1:41:43</b>	<b>12:10</b>		<b>224</b>
	1 Kimme Arnesen	28:16 1	00:00	28:16 1	00:00		
	2 Mathias Martinsen	35:17 8	06:54	1:03:33 6	06:43 -5		
	3 Lasse Arnesen	38:10 11	11:56	1:41:43 6	12:10 0		
<b>7</b>	<b>Lillomarka OL lag 2</b>			<b>1:42:50</b>	<b>13:17</b>		<b>229</b>
	1 Arne Dybdahl	31:48 5	03:32	31:48 5	03:32		
	2 Martin Granly	33:26 6	05:03	1:05:14 7	08:24 -2		
	3 Fredrik Steiwer	37:36 9	11:22	1:42:50 7	13:17 0		
<b>8</b>	<b>Halden SK lag 1</b>			<b>1:49:55</b>	<b>20:22</b>		<b>222</b>
	1 Jarle Herrebrøden	40:00 9	11:44	40:00 9	11:44		
	2 Jens Erik Mjølnerød	35:53 9	07:30	1:15:53 8	19:03 1		
	3 Jon Steinar Mjølnerød	34:02 7	07:48	1:49:55 8	20:22 0		
<b>9</b>	<b>IL Tyrving lag 1</b>			<b>1:54:36</b>	<b>25:03</b>		<b>225</b>
	1 Bjørn Henning Grandal	31:02 4	02:46	31:02 4	02:46		
	2 Frode Kamsvåg	57:20 11	28:57	1:28:22 9	31:32 -5		
	3 Are Kristiansen	26:14 1	00:00	1:54:36 9	25:03 0		
<b>10</b>	<b>IL Tyrving lag 2</b>			<b>2:07:08</b>	<b>37:35</b>		<b>226</b>
	1 Per Øhlckers	52:56 10	24:40	52:56 10	24:40		
	2 Hege Feiring	42:20 10	13:57	1:35:16 11	38:26 -1		
	3 Christian Grotnes	31:52 4	05:38	2:07:08 10	37:35 1		
<b>11</b>	<b>Kolbotn og Skimt OL lag 1</b>			<b>2:07:14</b>	<b>37:41</b>		<b>227</b>
	1 Bjørnar Gammelsæter	56:55 11	28:39	56:55 11	28:39		
	2 Knut Bjørkelo	32:25 5	04:02	1:29:20 10	32:30 1		
	3 Per Arne Arnesen	37:54 10	11:40	2:07:14 11	37:41 -1		
<b>DSQ</b>	<b>Oslostudentenes IK lag 1</b>			<b>00:00</b>			<b>235</b>
	1 Guttorm L Egge	32:09	03:53	32:09	03:53		
	2 Are Eriksen	34:09	05:46	1:06:18	09:28 0		



# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 150</b>							
	3	Magne Vollen	40:12	13:58	1:46:30	16:57 0	DSQ
<b>DNF</b>	<b>Halden SK lag 2</b>						<b>223</b>
	1	Bjørn Axel Gran	34:22	06:06	34:22	06:06	
	2	Jørn Nordbrøden	39:26	11:03	1:13:48	16:58 0	
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 135</b>							
<b>1</b>	<b>Lierbygda OL lag 1</b>			<b>1:33:01</b>			<b>212</b>
	1 Kari Strand	28:20 3	00:57	28:20 3	00:57		
	2 Helga Haverstad	36:10 6	06:00	1:04:30 4	04:07	-1	
	3 Gunhild Hennum	28:31 1	00:00	1:33:01 1	00:00	3	
<b>2</b>	<b>Røyken OL lag 1</b>			<b>1:34:58</b>	<b>01:57</b>		<b>218</b>
	1 Hanne-Kristin Bjerknes Kvarme	27:23 1	00:00	27:23 1	00:00		
	2 Ida Syversen	33:00 3	02:50	1:00:23 1	00:00	0	
	3 Bjørg Svanberg	34:35 2	06:04	1:34:58 2	01:57	-1	
<b>3</b>	<b>Ringerike OL lag 1</b>			<b>1:43:01</b>	<b>10:00</b>		<b>217</b>
	1 Torunn Økern Jensen	28:15 2	00:52	28:15 2	00:52		
	2 Eirin Mathiesen	34:16 4	04:06	1:02:31 2	02:08	0	
	3 Kirsti Kringhaug	40:30 3	11:59	1:43:01 3	10:00	-1	
<b>4</b>	<b>Nittedal OL lag 1</b>			<b>1:47:25</b>	<b>14:24</b>		<b>216</b>
	1 Hilde Tellesbø	35:18 5	07:55	35:18 5	07:55		
	2 Marit B. Eithun	30:30 2	00:20	1:05:48 5	05:25	0	
	3 Kristin Fleisje	41:37 4	13:06	1:47:25 4	14:24	1	
<b>5</b>	<b>Lillomarka OL lag 1</b>			<b>2:02:26</b>	<b>29:25</b>		<b>213</b>
	1 Hege Wang	45:33 6	18:10	45:33 6	18:10		
	2 Trine Oldernes	35:10 5	05:00	1:20:43 6	20:20	0	
	3 Jorunn Blindheim	41:43 5	13:12	2:02:26 5	29:25	1	
<b>6</b>	<b>Modum OL lag 2</b>			<b>2:29:43</b>	<b>56:42</b>		<b>215</b>
	1 Tove Beate Jelstad	46:25 7	19:02	46:25 7	19:02		
	2 Solveig Kongsrud	46:41 7	16:31	1:33:06 7	32:43	0	
	3 Hege Mårtensson	56:37 6	28:06	2:29:43 6	56:42	1	
<b>7</b>	<b>Modum OL lag 1</b>			<b>2:36:21</b>	<b>1:03:20</b>		<b>214</b>
	1 Hilde Hovdenak	33:42 4	06:19	33:42 4	06:19		
	2 Sirpa Lilja	30:10 1	00:00	1:03:52 3	03:29	1	
	3 Lill-Kristin Enger	1:32:29 7	1:03:58	2:36:21 7	1:03:20	-4	
<b>DNF</b>	<b>Kongsberg OL lag 1</b>						<b>211</b>
	1 Beth Nicolaysen	37:27	10:04	37:27	10:04		
	2 Barbara Willkommen Eiken	48:04	17:54	1:25:31	25:08	0	
	3						

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 150</b>							
<b>1</b>	<b>Heming Orientering lag 1</b>			<b>1:26:25</b>			<b>252</b>
	1 Signe Astrup Arnesen	29:21 2	01:09	29:21 2	01:09		
	2 Dagrund Melkild	28:38 1	00:00	57:59 2	00:17	0	
	3 Runa Skyttersæter	28:26 1	00:00	1:26:25 1	00:00	1	
<b>2</b>	<b>IL Tyrving lag 1</b>			<b>1:38:24</b>	<b>11:59</b>		<b>253</b>
	1 Kjersti Skantze	38:49 3	10:37	38:49 3	10:37		
	2 Else Grandal	29:44 3	01:06	1:08:33 3	10:51	0	
	3 Marianne Njåstein	29:51 2	01:25	1:38:24 2	11:59	1	
<b>3</b>	<b>Fredrikstad SK lag 1</b>			<b>1:45:02</b>	<b>18:37</b>		<b>251</b>
	1 Trine Olaussen	28:12 1	00:00	28:12 1	00:00		
	2 Unni Strand Karlsen	29:30 2	00:52	57:42 1	00:00	0	
	3 Gunn Astrid Jakobsen	47:20 3	18:54	1:45:02 3	18:37	-2	

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 165</b>							
<b>1</b>	<b>Ringerike OL lag 1</b>			<b>2:25:14</b>			<b>271</b>
	1 Line Skjevik Arnevik	54:26 1	00:00	54:26 1	00:00		
	2 Live Joronn Ytrehus	57:40 1	00:00	1:52:06 1	00:00	0	
	3 Kari Strande	33:08 1	00:00	2:25:14 1	00:00	0	

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 180</b>							
<b>1</b>	<b>Fredrikstad SK lag 1</b>			<b>1:17:21</b>			<b>261</b>
	1 Bjørn Heidenstrøm	30:00 1	00:00	30:00 1	00:00		
	2 Øystein Ruud	23:54 1	00:00	53:54 1	00:00	0	
	3 Tom A. Karlsen	23:27 1	00:00	1:17:21 1	00:00	0	
<b>2</b>	<b>Modum OL lag 1</b>			<b>1:51:50</b>	<b>34:29</b>		<b>263</b>
	1 Kjell Grønhovd	38:18 2	08:18	38:18 2	08:18		
	2 Svein Grønhovd	39:24 4	15:30	1:17:42 2	23:48	0	
	3 John Ivar Kjellevold	34:08 3	10:41	1:51:50 2	34:29	0	
<b>3</b>	<b>Ringerike OL lag 1</b>			<b>1:53:26</b>	<b>36:05</b>		<b>264</b>
	1 Frode Løset	50:00 3	20:00	50:00 3	20:00		
	2 Helge Revhaug	34:15 3	10:21	1:24:15 3	30:21	0	
	3 Torbjørn Nørbech	29:11 2	05:44	1:53:26 3	36:05	0	
<b>4</b>	<b>IF Sturla lag 1</b>			<b>2:16:47</b>	<b>59:26</b>		<b>262</b>
	1 Elling Frøvoll	52:35 4	22:35	52:35 4	22:35		
	2 Eirik Eriksen	33:37 2	09:43	1:26:12 4	32:18	0	
	3 Bjørn W. Ludvigsen	50:35 4	27:08	2:16:47 4	59:26	0	

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 11-12</b>							
<b>1</b>	<b>Konnerud IL lag 1</b>			<b>24:05</b>			<b>340</b>
	1 Jenny Baklid	10:38 4	00:12	10:38 4	00:12		
	2 Nicolai Harvik	13:27 5	02:01	24:05 1	00:00	3	
<b>2</b>	<b>IF Sturla lag 1</b>			<b>24:25</b>	<b>00:20</b>		<b>338</b>
	1 Jens Normann Eidsten Johan Kristian 10:33 2	10:33 2	00:07	10:33 2	00:07		
	2 Egil Frydenlund Sebastian Hübschler 13:52 6	13:52 6	02:26	24:25 2	00:20	0	
<b>3</b>	<b>Nydalens SK lag 1</b>			<b>24:28</b>	<b>00:23</b>		<b>342</b>
	1 Isak Jonsson	10:36 3	00:10	10:36 3	00:10		
	2 Halvor Tørnqvist Halden	13:52 6	02:26	24:28 3	00:23	0	
<b>4</b>	<b>Nydalens SK lag 2</b>			<b>24:31</b>	<b>00:26</b>		<b>343</b>
	1 Lars Young Vik	10:26 1	00:00	10:26 1	00:00		
	2 Kornelius Kriszat-Løvfald	14:05 8	02:39	24:31 4	00:26	-3	
<b>5</b>	<b>Kongsberg OL lag 1</b>			<b>24:40</b>	<b>00:35</b>		<b>339</b>
	1 Olav Lund	13:14 7	02:48	13:14 7	02:48		
	2 Vetle Drage	11:26 1	00:00	24:40 5	00:35	2	
<b>6</b>	<b>Asker Skiklubb lag 1</b>			<b>25:07</b>	<b>01:02</b>		<b>331</b>
	1 Martin Birkelund Eirik Hella	11:56 5	01:30	11:56 5	01:30		
	2 Sondre Ytterbø Petter Stige	13:11 3	01:45	25:07 6	01:02	-1	
<b>7</b>	<b>Fredrikstad SK lag 1</b>			<b>25:58</b>	<b>01:53</b>		<b>334</b>
	1 Sondre Ottesen	12:57 6	02:31	12:57 6	02:31		
	2 Bendik Eliassen	13:01 2	01:35	25:58 7	01:53	-1	
<b>8</b>	<b>Nydalens SK lag 3</b>			<b>26:41</b>	<b>02:36</b>		<b>344</b>
	1 Eirik Øvstedal	13:21 9	02:55	13:21 9	02:55		
	2 Henrik Sturød	13:20 4	01:54	26:41 8	02:36	1	
<b>9</b>	<b>Heming Orientering lag 1</b>			<b>28:15</b>	<b>04:10</b>		<b>336</b>
	1 Henrik Reusch	13:23 10	02:57	13:23 10	02:57		
	2 Fridtjof Lauritz Sogn Larsen	14:52 9	03:26	28:15 9	04:10	1	
<b>10</b>	<b>Fossum IF lag 1</b>			<b>28:38</b>	<b>04:33</b>		<b>332</b>
	1 Sigurd Grevstad	13:29 11	03:03	13:29 11	03:03		
	2 Mikkel Katla	15:09 10	03:43	28:38 10	04:33	1	
<b>11</b>	<b>Fossum IF lag 2</b>			<b>29:48</b>	<b>05:43</b>		<b>333</b>
	1 Marius Bakke	13:42 12	03:16	13:42 12	03:16		
	2 Birk F. Sætнан Gustav A. Skotte	16:06 11	04:40	29:48 11	05:43	1	
<b>12</b>	<b>Ringerike OL lag 1</b>			<b>30:23</b>	<b>06:18</b>		<b>346</b>
	1 Jørgen Nøkleby Melling	13:16 8	02:50	13:16 8	02:50		
	2 Anders Roum	17:07 13	05:41	30:23 12	06:18	-4	
<b>13</b>	<b>Halden SK lag 1</b>			<b>30:54</b>	<b>06:49</b>		<b>335</b>
	1 Ole Øivind Norsted	14:29 14	04:03	14:29 14	04:03		
	2 Martin Brække	16:25 12	04:59	30:54 13	06:49	1	
<b>14</b>	<b>Raumar Orientering lag 1</b>			<b>31:48</b>	<b>07:43</b>		<b>345</b>
	1 Håkon Kristiansen Framnes	14:16 13	03:50	14:16 13	03:50		
	2 Øistein Fagerli Næss	17:32 14	06:06	31:48 14	07:43	-1	
<b>DNS</b>	<b>Heming Orientering lag 2</b>						<b>337</b>
	1						
	2						

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>H 11-12</b>							
<b>DSQ</b>	<b>Lillomarka OL lag 1</b>						<b>341</b>
	1 Simen Masdal	19:31	09:05	19:31	09:05		DSQ
	2						

# KM stafett AOOK, BUOK, ØOK

01.09.2013  
Resultatliste

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 11-12</b>							
<b>1</b>	<b>Kongsberg OL lag 1</b>			<b>22:20</b>			<b>305</b>
	1 Ingvild Langeppen	13:10 8	02:02	13:10 8	02:02		
	2 Tale Strand	09:10 1	00:00	22:20 1	00:00	7	
<b>2</b>	<b>Raumar Orientering lag 1</b>			<b>23:55</b>	<b>01:35</b>		<b>317</b>
	1 Hanne Eide Rapp	11:21 2	00:13	11:21 2	00:13		
	2 Kristine Eide Rapp	12:34 3	03:24	23:55 2	01:35	0	
<b>3</b>	<b>Konnerud IL lag 3</b>			<b>24:33</b>	<b>02:13</b>		<b>309</b>
	1 Julie Henriette Arnesen	11:52 5	00:44	11:52 5	00:44		
	2 Carolina Hernandez Vråle	12:41 4	03:31	24:33 3	02:13	2	
<b>4</b>	<b>Halden/Moss lag 1</b>			<b>24:45</b>	<b>02:25</b>		<b>315</b>
	1 Marieluisse Schmitt Gran	11:45 3	00:37	11:45 3	00:37		
	2 Karoline Bjørnerød	13:00 6	03:50	24:45 4	02:25	-1	
<b>5</b>	<b>Fossum IF lag 1</b>			<b>24:54</b>	<b>02:34</b>		<b>302</b>
	1 Silje Berner Myhre	11:08 1	00:00	11:08 1	00:00		
	2 Marie Sisjord Nyvoll	13:46 10	04:36	24:54 5	02:34	-4	
<b>6</b>	<b>Asker Skiklubb lag 1</b>			<b>26:08</b>	<b>03:48</b>		<b>301</b>
	1 Ida Kristine Norvik Ina Martini	12:54 7	01:46	12:54 7	01:46		
	2 Anna Øfsthus Gravir	13:14 9	04:04	26:08 6	03:48	1	
<b>7</b>	<b>Kongsberg OL lag 2</b>			<b>26:12</b>	<b>03:52</b>		<b>306</b>
	1 Mathilde Sæter Flesseberg	13:26 9	02:18	13:26 9	02:18		
	2 Åsne Haavengen	12:46 5	03:36	26:12 7	03:52	2	
<b>8</b>	<b>Konnerud IL lag 2</b>			<b>26:52</b>	<b>04:32</b>		<b>308</b>
	1 Tonje Malin Rhrich	15:02 15	03:54	15:02 15	03:54		
	2 Mari Landro Svingheim	11:50 2	02:40	26:52 8	04:32	7	
<b>9</b>	<b>Nydalens SK lag 3</b>			<b>27:11</b>	<b>04:51</b>		<b>314</b>
	1 Theresa Fürstenberg	14:00 11	02:52	14:00 11	02:52		
	2 Marte Madslie Bakken	13:11 8	04:01	27:11 9	04:51	2	
<b>10</b>	<b>Røyken OL lag 1</b>			<b>28:07</b>	<b>05:47</b>		<b>319</b>
	1 Silje Carlsen	15:03 16	03:55	15:03 16	03:55		
	2 Mari Kjelle	13:04 7	03:54	28:07 10	05:47	6	
<b>11</b>	<b>Konnerud IL lag 1</b>			<b>28:22</b>	<b>06:02</b>		<b>307</b>
	1 Andrea Ranvik	11:50 4	00:42	11:50 4	00:42		
	2 Amanda Skyttersæter Saugerud	16:32 14	07:22	28:22 11	06:02	-7	
<b>12</b>	<b>Lillomarka OL lag 1</b>			<b>28:31</b>	<b>06:11</b>		<b>311</b>
	1 Torill Oldernes	13:38 10	02:30	13:38 10	02:30		
	2 Elin Flø	14:53 12	05:43	28:31 12	06:11	-2	
<b>13</b>	<b>Nydalens SK lag 1</b>			<b>28:51</b>	<b>06:31</b>		<b>312</b>
	1 Filippa W Marcussen	14:06 12	02:58	14:06 12	02:58		
	2 Ea Lunøe	14:45 11	05:35	28:51 13	06:31	-1	
<b>14</b>	<b>Østmarka OK lag 1</b>			<b>29:15</b>	<b>06:55</b>		<b>320</b>
	1 Alexandra Linløkken	12:34 6	01:26	12:34 6	01:26		
	2 Ingrid Marie Stubban Hygen	16:41 15	07:31	29:15 14	06:55	-8	
<b>15</b>	<b>Nydalens SK lag 2</b>			<b>30:34</b>	<b>08:14</b>		<b>313</b>
	1 Anna Trindade Eriksen	15:10 17	04:02	15:10 17	04:02		
	2 Ada Wulfsberg	15:24 13	06:14	30:34 15	08:14	2	



# KM stafett AOOK, BUOK, ØOK

01.09.2013  
**Resultatliste**

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
<b>D 11-12</b>							
<b>16</b>	<b>Lillomarka OL lag 3</b>			<b>37:29</b>		<b>15:09</b>	<b>322</b>
	1 Ingrid Blindheim	14:09 13	03:01	14:09 13	03:01		
	2 Sara Svendsby Tuva Opkvitne	23:20 16	14:10	37:29 16	15:09	-3	
<b>17</b>	<b>Heming Orientering lag 1</b>			<b>14:49</b>			<b>303</b>
	1 Rachel Marøy Bårdsen	14:49 14	03:41	14:49 14	03:41		
	2						
<b>DSQ</b>	<b>Oppsal Orientering lag 1</b>			<b>00:00</b>			<b>316</b>
	1 Ane Sofie Krogh	20:43	09:35	20:43	09:35		DSQ
	2 Tuva Eik Haave	13:28	04:18	34:11	11:51	0	
<b>DNS</b>	<b>Ringerike OL lag 1</b>						<b>318</b>
	1 Tuva Aas Stræte						
	2 Ida Bolette Enerhaugen						
<b>DNS</b>	<b>Heming Orientering lag 2</b>						<b>304</b>
	1						
	2						
<b>DNS</b>	<b>Konnerud IL lag 4</b>						<b>310</b>
	1 Anni Saarela						
	2 Andrea Ranvik						
<b>DNS</b>	<b>Lillomarka OL lag 2</b>						<b>321</b>
	1						
	2						

# KM stafett AOOK, BUOK, ØOK

01.09.2013

## Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Starnr/ Status
-------	-----	---------------	-------	--------------	-------	---------	-------------------