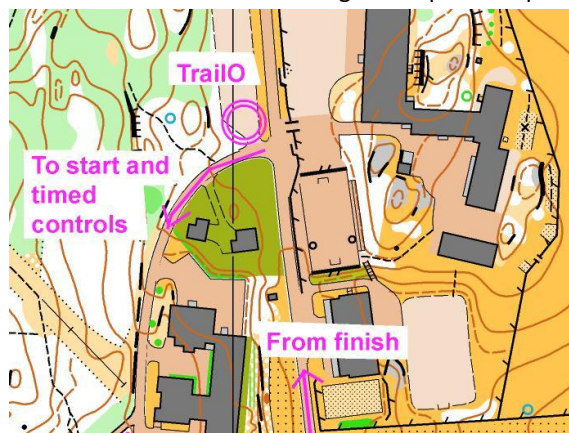




## Event info - Norwegian Spring TrailO Competition 1 and 2 in the European Cup in TrailO 20th of 21th of April 2013

**Norwegian:** Denne engelske versjonen av PM er den gjeldende. Separat info for ungdomskonkurransen i pre-o.

<b>Venue</b>	Day 1: Signposted from the junction of roads RV111/FV627 by Ise. Day 2: Exit from E6 at exit 1, north of the border Norway/Sweden in both directions. Signposted from the junctions after the exit in both directions. See Eventor for the precise location of the arena: <a href="#">day 1</a> and <a href="#">day 2</a> .
<b>Competition</b>	Two-day overall competition in all classes.
<b>Classes</b>	Pre-E, Pre-A and Pre-B (called B/N in the invitation) both days. In the youth competition Saturday there are classes Pre-o DH -12, Pre-o DH 13-16 and Pre-o Open.
<b>Map</b>	Day 1: Only revised along the TrailO route by Bjørn A. Paulsen. Scale 1:4000, 2.5m contours, ISSOM. TrailO revised at the control sites by Martin Jullum 2013. Day 2: New TrailO version of older map made by Morten Dalby in 2012/2013. Scale 1:4000, eq. 2,5m, ISOM. TrailO revised at the control sites by Martin Jullum 2013.
<b>Course lengths</b>	Day 1: Elite+A: 1800m, B: 1400m. Day 2: Elite: 1200m, A+B: 700m.
<b>Time limits</b>	Day 1: Elite 114 min, A: 122min, B 102 min Day 2: Elite 96 min, A: 81 min, B: 76 min.
<b>Start</b>	Day 1: Elite starts with time controls from 10.00 (the starting list is approximate). 300m to the time controls, passing the start after 150m. A and B starts with the course from respectively 11.10 and 11.00. 150m to walk to the start. The route to the start is marked with signs and plastic tapes. See overview map below.



Day 2: Elite start with the course from 11.00. 200m to the start, passing the time controls for A and B (Be careful not to disturb!). A and B starts with time controls, 150m from the arena at 11.05 and 11.00 respectively. The route is marked with signs and plastic tapes.

<b>Timed controls</b>	The TempO method is used both days, all classes. (All maps are given to you at the same time with a cover before the time start. When the marshal says "The time starts now!" you may remove the cover. When the first answer is given you swap the map by yourself and continue with the next one, etc. The time is stopped when the last answer is given. The maximum time is 30 sec per task in the Elite class, 45 in A and 60 in B. The penalty is 60 sec per wrong answer in all classes. Answers are given orally (preferably)
-----------------------	---

using the phonetic alphabet: ALFA – BRAVO – CHARLIE – DELTA – ECHO – (FOXTROT) or by pointing on the letters below the map segment. **No points are awarded for correct answer on the time controls.**

Day 1: Timed controls are before the course in the Elite class and after the course for the A and B class. 6 flags A-F for all classes. There are 2 tasks in Elite, and 1 task in A and B. **The map scale for the time controls are 1:2000 in all classes.** The symbol size is twice as big as on the original 1:4000 map.

Day 2: Before the course in A and B and after the course in the Elite class. 5 flags in the A and B class, and 6 flags in the Elite class. 1 task in B, 2 in A and 3 in Elite. The map scale is 1:4000 for all classes.

#### **Finish**

Day 1: Distance from the finish to the arena: 150m. Elite: After the finish the competitors bring their punching card to the TrailO tent (double circles on the overview map above). A and B: After the finish the competitors goes back up and past the start for the timed controls. After the timed controls A and B brings their punching card to the TrailO tent.

Day 2: Distance from finish to the arena: 700m. All classes walks back to the arena through the course (remember no talking). The Elite class passes the quarantine zone, but stops before the arena for the queue to the timed controls, while the A and B class continues back to the arena and returns the punching card in the TrailO tent. After the timed controls the Elite class returns to the arena and deliver the punching cards in the TrailO tent.

#### **Chasing start**

At day 2 the starting order will be the reversed result list from the first day in all main classes. Those not competing in in day 1 will start first. In the Elite class the 6 best competitors from day 1 will start last in a mass start – these 6 competitors shall also go to the timed controls as the last 6 competitors in the reversed order from the day 1 result list.

#### **Quarantine zone**

At day 2 the Elite class has a quarantine zone, 100m from the arena. **All competitors must be situated at the quarantine zone at the latest 11.30. Those showing up too late will be disqualified.**

#### **Note 1 (day 1)**

For the controls E4, E12 and A5 small map segments in scale 1:2000 is given on the map next to the control sites. The circles and features around those controls are in 50% reduced size for clarity. (I.e. the circle has diameter 3mm on the original map for those controls).

#### **Note 2 (day 1)**

On control 19E there are 2 flags on top of each other on a slightly taller stick.

#### **Note 3 (day 1)**

The venue of the trailo competition coincides with the foot-o event. There will therefore be a lot of people at the arena. On the last part of the course there may also be runners on the same road as the trailo route. Keep focus!

#### **Note 4 (day 2)**

ISOM symbol 409: Undergrowth: Difficult to run is used also for larger bunches of sticks.

#### **Parking**

Day 1: HC competitors may park at the arena. To do so, tell the parking marshals, for others up to 500m from parking to the arena.

Day 2: **Very limited parking possibilities.** Please drive together in the same car. You may park your car at [these locations](#) and drive together.

#### **HC toilet**

At the arena both days. On day 1 the HC toilet is situated in the building signposted "WC damer, Dusj" on the [arena map](#).

#### **Surface**

Day 1: Asphalt

Day 2: Forest roads and tracks. Some muddy sections, mostly between control sites.

#### **Close kites**

Where the kites for other tasks are visible from the decision point, red/white tapes are used to show the angle of view from the decision point.

#### **Forbidden areas**

Paths with a cross is forbidden to use (you are not allowed to use any part of the path). For paths with a line drawn over you are allowed to go as far as the line on the map. When a black/yellow tape is stretched over the path you may go to the tape, but no further.

#### **Zeros**

May occur in classes E and A.

<b>Prizes</b>	Prizes are awarded for the winner each day after the results are ready respectively day 1 and day 2. In the overall competition prizes will be awarded after day 2 in Elite and A, in accordance with the Norwegian Orienteering Federations' regulations. (The B class does not have overall prizes due to few entries.)
<b>Claims/protests</b>	The deadline for claims will be announced on the final result list as this is ready. The time limit will then be 15 minutes. Claims and possibly protests may posted to the event director. In the event of a protest the jury will deal with the protest. The jury will consist of representatives of the organizing club (Halden SK), the Norwegian Orienteering Federation and the Norwegian TrailO commission not participating in the affected class. The jury meeting will be led by event controller Knut Ovesen.
<b>Fair play</b>	We encourage the competitors to show fair play during the competition. Keep your punching card for yourself, solve the controls in the specified order and no talking is allowed at the course. The terrain is forbidden area until the competition and protest deadline has passed. Beware that all competitors may not have started when you return from the course. No results or solutions will be provided before the last competitor has started.
<b>Results</b>	Will be published on the events home page and on Eventor as soon as possible after the event is over.
<b>Event director</b>	Martin Jullum, Halden SK
<b>Course setter</b>	Martin Jullum, Halden SK
<b>Controller</b>	Knut Ovesen, Lardal OL
<b>Event home page</b>	<a href="http://norwegianspring.no">http://norwegianspring.no</a>